

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS



MARCH 2010

ADAR/NISAN 5770

CAMPAIGN NEWS

Super Sunday to be March 21 Help needed to maintain progress

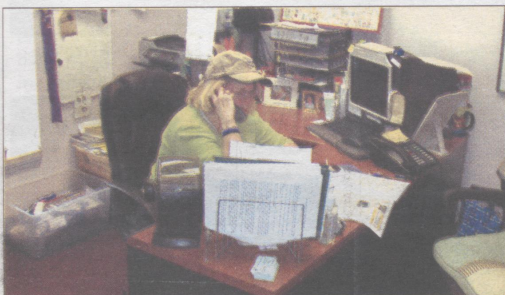
We need your help! Super Sunday will open the 2010 Jewish Federation of the Bluegrass Community Campaign. Please volunteer to phone your friends, to help with filing and sorting, to join us for the Services Auction and pizza lunch, to answer your own phone when we call, and to give with a generous heart.

In spite of difficult economic conditions, the 2009 Campaign was able to remain steady. Help us ensure that we can enhance services in the future by stretching and increasing your contribution. If you pledge now and begin to pay in installments, you will have nine months to complete your pledge. A gift of \$1,800 would be just \$200 a month. A gift of \$180 would be only \$20 a month. Whatever you can give will make a difference in our community and to Jewish communities around the world.

Proceeds from Super Sunday and the Services Auction will help provide our children with wonderful Jewish experiences at Camp *Shalom* and will help provide our parents with support and activities through the Jewish Family Services. We help those in need with camp scholarships and emergency loans. We enhance the lives of troubled Israeli youth through music and horseback riding therapy programs at Ben Yakir. We educate the general community about Jewish and social issues and advocate for Israel through our Community Relations Committee. We come together to commemorate Yom Hashoah, Yom Ha'atzmaut, and Martin Luther King Day. We reach out and educate the community through the publication of *Shalom*, Jewish Weekly, and our website, www.jewishlexington.org.

Without you, none of this would be possible. Thank you for your past support. We know we can count on you in 2010. Our community's future depends on it.

To volunteer or make a gift, please call Judy Wortman at (859) 268-0672 or email her at jfb@jewishlexington.org. ☆



Kathy Feinberg making Super Sunday phone calls.

Celebrate Yom Ha'atzmaut with live music and ethnic cuisine

Event at Natasha's offers good food and entertainment

By Jane LaZur

Jewish Federation of the Bluegrass promises a treat this year for Yom Ha'atzmaut on Sunday, April 18 at 6:00 p.m. at Natasha's Café. Savor a meal while enjoying the music of Fran Moss. For eighteen years, Fran Moss—who has studied with Debbie Friedman, Jeff Klepper, and Theodore Bikel—has been a professional singer and actress in theater, television, films, and commercials. She is also a cantorial soloist as well as a folk singer, puppeteer, and storyteller who has appeared in Carnegie Hall and performed before a former first lady. We are pleased to bring her to Lexington, where you can hear her for the minimal fee of \$10 (in addition to the cost of your meal).

Fran Moss was born and raised in Chicago, Illinois, and earned her bachelor's degree in speech and theater from the University of Wisconsin in Madison. She did post graduate work in elementary education at Northeastern Illinois University and also studied at

the Center for Leadership Design and at the Disney Institute. She has a love for both music and Judaism and says, "When we sing together and share our stories, we share each other's hearts and souls." Fran has worked on an Emmy-award-winning TV show, and has given numerous workshops on public speaking, personal vision, self motivation, and communication. Her enthusiasm is contagious and imbued with the spirit of Judaism.

Yom Ha'atzmaut is a time to recognize the birth of Israel, and a time for the community to come together to celebrate. There is limited seating, so reserve your spot early and don't miss out on this opportunity for enjoyment, education, and camaraderie. Please go to our website at www.jewishlexington.org to sign up now, or call Jana at (859) 268-0672 for more information. Arrive between 6:00 and 6:45 p.m.; the performance begins at 7:00. We hope to see you there! ☆

Federation plans mission to Israel

An organizing meeting for a community mission to Israel was held on February 8. Interested individuals and couples met with Nehemia Dagan, retired brigadier general of the Israel Air Force, who is the trip organizer and will be our scholar in residence. We will leave Lexington in early November and spend a week in Israel. We will use Jerusalem as our base and travel to Tel Aviv and Masada and the Dead Sea area from there. We plan to take a two- or three-day trip north, visiting Caesarea, Tzfat (Safed), Tiberias, and the Golan Heights. We will visit the Ben Yakir Youth Aliyah Village and meet with the boys and staff who are involved in the horseback riding therapy and music therapy programs

that we support. We will celebrate Kabbalat Shabbat at the Kotel (the Western Wall), share a festive Shabbat dinner at our hotel, and have a choice of congregations to visit for Shabbat morning services.

We are trying to develop an itinerary that will be exciting for first timers and veterans alike. We need a minimum of 20 people to attend. Please help us spread the word. Friends and family from other communities are welcome to join us. For further information contact Judy Wortman at (859) 268-0672 or jfb@jewishlexington.org. ☆

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 email: shalom@jewishlexington.org

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Bob Grossman, Danielle Heller, Jeffrey Heyman,
 Betty Nigoff, Jesse Weil, David Wolpe

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Lowell and Betty Nigoff, Paul Tillier

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One World Films 2010 and Lexington Hadassah present *At Home in Utopia*

A home of one's own: that's the American dream. But what happens when the dreamers are immigrants, factory workers, and Communists? In the mid 1920s, thousands of Jewish immigrant garment workers pooled their resources and built four cooperatively owned and run apartment complexes in the Bronx. *At Home in Utopia* tracks the rise and fall of one community from the 1920s into the 1950s, paying close attention to the passions that bound them together and those that tore them apart. To be shown Thursday, March 11, 5:00 and 7:30 p.m. at Kentucky Theatre. A reception sponsored by Hadassah will follow the 7:30 showing.

For more information, visit www.oneworldfilmfestival.org or call (859) 266-6073.



The Jewish Federation
OF THE BLUEGRASS

STEWART HOME SCHOOL

VISITATION SCHEDULE:

April 15 & May 14 (Family Weekend) at 6:30 p.m.

The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike. Please call Jana at (859) 268-0672 or email jana@jewishlexington.org for more information



Members of the Jewish community marching in Martin Luther King, Jr. Day Freedom March.

If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org



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OF THE BLUEGRASS

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Shalom Deadline

Deadline for articles for the April *Shalom* is March 8.

Email articles to jfb.shalom@hughes.net

Personal Reflection

Volunteering in Israel: Mashlach Army Base, December 13 to December 31, 2009

By Betty Nigoff

The purpose of Volunteers for Israel, which is administered in Israel by Sar-El, is to aid Israel through volunteer work on Israeli Defense Force (IDF) bases. Sar-El is about the spark that lies within all of us to achieve one of life's important purposes for Jews, which is to perform mitzvot. Lowell and I accomplished this by volunteering with Sar-El.

The program is available to the young and the young-at-heart, from 17 and up, with some in their 80s. Volunteers perform various civilian, non-combatant duties that would otherwise have to be done by soldiers or reservists.

This was Lowell's and my third trip to Israel as volunteers on an IDF army base. Our volunteer group was smaller this time, with twelve volunteers: three from Canada and the rest from the U.S. We met Sar-El coordinator Pam Lazarus at the airport, and met the other volunteers as they arrived by plane. Our friends from our last volunteer trip, Nancy and Morry Cohen from Pittsburgh, were there as well. Pam divided the volunteers into different groups according to our assigned base. We met our *madricha* (soldiers in charge of volunteers), then were

shown the way to our bus, and were soon on the road to Beersheva and our base, Mashlach. We had wanted to be based in the desert this time, and we got Beersheva. We got to know our group during the two-hour ride to Beersheva, and knew we would like this bunch just as we had the previous two volunteer groups.

We soon settled into our barracks, received our uniforms, and went to lunch, where we had our first of many meals of tomatoes, cucumbers, and hummus, along with many salads, potatoes, orzo, meat, soup, and dessert. This day we had *sufganiot*

(jelly-filled doughnuts) because it was the middle of Hanukkah. After lunch, we toured the logistics base where we would be for the next three weeks. We saw warehouses full of parts to build or repair tanks, and a tank base next to ours with different tanks and armored personnel carriers being readied.

After flag raising and breakfast the next day, Lowell worked with other volunteers sorting containers of parts, and I inventoried parts with my roommate, Janet. We moved from that job to sorting tools, painting tank parts, and packaging parts. After a few days,

Lowell was reassigned to paint location numbers in an outside storage area. Through all this, we met and worked with Israeli civilians. (Our boss was Ori, who did not shake hands with women because he is Orthodox.) A few soldiers worked with us, but not as many as on our previous bases. One day a week, elderly Russian immigrant volunteers joined us.

We had two parties on the base. One was a Hanukkah party. All workers, civilian and military, were invited to create hanukkiot and bring them to the party to be judged. They used whatever they could find on the base, and creativity ran rampant. The smallest one, created by my boss Ori, won the civilian category. He used mechanics' sockets for each of the candle holders, and was very happy to win.

The other party was to honor special soldiers. A most heartwarming program of the IDF affords some special-needs Israelis, aged 18 to 21, the opportunity to serve as soldiers. The program inducted these young adults into army service; they donned their uniforms and proudly stood at attention.

Sar-El also sponsored two field trips for our group. The first trip we spent in Jerusalem, touring Ammunition Hill, Ben Yehuda Street, and the *Kotel*. The second trip was spent close to Beersheva. We went to the Israel Air Force Museum, then to the monument for the soldiers who died in the Siege of the Negev, and to the Beersheva mall for dinner.

The work week on the base ended after lunch on Thursday, and we were free to go wherever we wanted in Israel as long as we were back by Sunday morning. The first weekend Lowell, Morry, Nancy, and I rented a car and drove to Kibbutz Ein Gedi by the Dead Sea. Ein Gedi is a beautiful oasis mentioned in Song of Songs, the place where King David hid from King Saul, who gave chase with an army of 3,000 men in the caves of Ein Gedi. The kibbutz was established in 1956 by a group of young army recruits who dreamt of a home in the Judean Desert. It is located on a plateau, lush with wild beauty overlooking the Dead Sea: the lowest place on earth at 420 meters

below sea level. We hiked across a mountain to David's hidden waterfall, saw ibex and other wildlife.

The second weekend, Lowell and I took a bus to Jerusalem and experienced the magic of that city. We toured the City of David, walked the rampart around the Old City, visited the Tower of David, experienced the vitality of the markets, ate in wonderful restaurants, and lost ourselves in the holiness of Jerusalem.

A Sar-El bus picked up our group on our last day, and we all said our good-byes and were each on our way back to our "real" worlds. Lowell and I had arranged to stay with the host family we met last year, the Urielys, who live on a moshav in Kfar Aviv, not far from Tel Aviv. Our adopted family is so nice and hospitable and treated us like family. They took us to Sderot (half a mile from Gaza), Ashdod, Ashkelon, and

Hebron (in the West Bank). We visited a brewery in Ashdod and a spice market near Yavne. Two of the daughters were pregnant last year and we met the almost-1-year-olds this year, and witnessed one of them taking her first steps.

Our work as Sar-El volunteers lets us express our Zionism. Our volunteer work has been very rewarding, and we are grateful for this unique opportunity. As Sar-El volunteers, we have experienced a sense of purpose,

and a hands-on way to help Israel. Working with Sar-El is an experience like no other.

For more information, visit <http://www.vfi-usa.org/> or <http://www.sar-el.org/>, call Lowell or me at (859) 278-5220, or email me at bnigoff@yahoo.com.

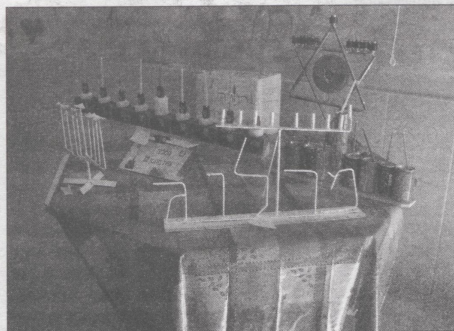
Try something new—you'll be glad you did! ☆



Betty receives her volunteer epaulets.



Lowell's job here is to paint circles on the ground and then number them so that parts can be stored in the appropriate places. This photo was taken on his day off but he stayed to get the job done.



Handmade hanukkiot created by volunteers from available materials and judged at Hanukkah party.



President's Message

Linda Ravvin, JFB (Jewish Federation of the Bluegrass) President

Pesach or Passover symbolizes many different things for each of us. It recog-

nizes the miracle of freedom gained with the assistance of G-d, who is a part of everything we do. It recognizes the elements of a people's yearning for freedom and fighting to gain it. It recognizes the natural forces of nature such as the parting of the Red Sea to allow our ancestors to cross to safety. It is an opportunity to gather with friends and family to celebrate our rich history and retell our story. It is also an opportunity to think about all the ways that we have been passed over when others have suffered more than we, and to offer thanks for joys that surround us.

I would like to look at the concept of "passing over" in terms of our current personal and community lives. As we follow national news and economic signposts, we hear that presumably the economic hardships are waning. Hopefully we are truly in a state of economic recovery. We have been very fortunate in our Campaign efforts this past year and have not had any additional substantive loss, thanks to everyone's continuing support of the Federation and its efforts. However, we have not seen any real growth. My hope is that, although times are still hard and we are all at least a little more cautious about our commitments, this year we will see a marked growth in both Federation Campaign support and participation in Federation events.

As you will read in Judy's From the Director column in this issue, we, like our ancestors before us, are still wandering—looking for a permanent home for Camp Shalom/Camp Geshet. I would truly love to see a concerted effort to raise the necessary funds to obtain and maintain a property site. It would be used not only for our incredible camp, but as a gathering place and central location for all kinds of community events, limited only by our imagination and with participation possible for everyone. It would be the meeting ground for those affiliated with a congregation and those unaffiliated with the structured

religious community who still identify and want to share experiences within the Jewish community. With all of us working together we can end our community's wandering in the desert of Central Kentucky and find our permanent home.

Our annual Campaign for 2010, chaired by Carole Wilson, will begin on Super Sunday, March 21. For the first time, a Services Auction will be offered along with a pizza lunch as part of the Super Sunday festivities. Come and join us! Bring your friends and offer to call others to support the Federation and all the activities and services it provides to our community: locally, in Israel, and worldwide. Come and bid on the wonderful services available through the auction; discover the hidden talents of your friends that they have generously made available to benefit JFB.

To continue with the theme of "Pass-over" and the reference to wandering in the desert, it is now time to talk about the journey home: home to Israel, our ancient homeland and our heart's Jewish home. We are very excited to be planning a community mission to Israel for a week in November. It will be a wonderful combination of activities, touring, education, and connection to the land and to Israelis, geared towards both veteran visitors and first-timers. Come "home" with us! What better way to visit and learn and be with your friends? This is a fantastic opportunity and I hope that you seriously consider joining us. Please contact me for more information.

As we prepare to celebrate and recount the story of our liberation—Passover or Pesach—please keep in mind all the possible ways we can connect and grow within ourselves and as a community. ☆

Thank you, Marcia

By Ruth Poley

If you read the masthead for this issue you will see what appears to be a glaring omission under the "Shalom Editorial Board." After more than ten years, Marcia Blacker's name is missing. Marcia has been a valued and valuable member of this publication for many years. She was instrumental in bringing *Shalom* from the dark ages of a mimeographed broadsheet into the 21st century of color, pages packed with local news and information, and a reputation for being the reliable voice of the community.

Marcia has been a talented editor, a gifted writer, and a willing worker for this publication. She has stepped up to

the plate more times than I can say to write the article no one else wanted to write or edit the article everyone else deemed too tedious to address. She served as editor-in-chief of *Shalom* for two years in the early part of this decade. As such, she made great strides forward in the quality of our product.

She now feels she has earned her rest—and she has. We will miss her talent and dedication, her excellent editing skills, and her witty contributions to the laughter that is always the bright spot of our editing meetings. We'll miss you, Marcia, but we thank you for all you have given us. ☆

TAI Sisterhood March meeting to address genetic counseling

Focus will be Jewish genetic diseases

Did you know that one out of every 40 Jewish individuals of Ashkenazi background carries a mutation in the BRCA1 or BRCA2 gene? Mutations in these genes mean that family members are at increased risk for certain types of cancer. Women in this population have a 50 to 85 percent lifetime risk of developing breast cancer, compared to a 12 percent risk in the general population; men have a 6 percent chance of developing breast cancer, compared to a .1 percent risk in the general population; women have a 40 to 60 percent lifetime risk of developing a second breast tumor; women have a 23 to 54 percent lifetime risk of developing ovarian cancer; and both men and women have an increased risk for several other cancers (pancreatic, prostate, and possibly colon).

Because of these statistics, it behooves us all to understand the importance of early detection, and to have information about the resources available to assist people in the high-risk category with the decision-making process.

Shannon Morrill-Cornelius, a Certified Genetic Counselor with the Genetic Counseling Center and Hereditary Cancer Program at Central Baptist Hospital, will address these issues at the TAI Sisterhood meeting on Wednesday, March 17. She will give an informal presentation on basic genetics, prenatal genetics, and cancer genetics, and will cover the newest discoveries in genetics applicable to the Ashkenazi Jewish population. The meeting will be at 7:00 p.m. in the TAI social hall.

The meeting is open to all Temple members, and refreshments will be served. Please call Sandee at (859) 269-2979 to reserve your place.

Be sure to save the evening of Wednesday, April 21, for our fifth annual joint meeting with the Women's Guild of Christ the King Cathedral. We will be going to Christ the King this year, and our speaker will be from the New Opportunity School in Berea. Watch for more details next month. ☆



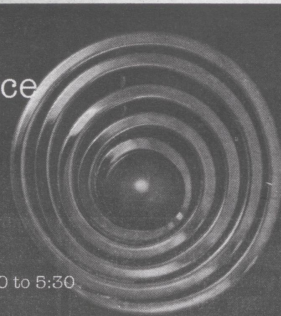
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Third Opinion

Stanley Ned Rosenbaum, PhD

Good-bye, J.D.

I first read *Catcher in the Rye* in 1970 because I had to teach it in a class titled "Western Religion and Contemporary Culture." (That Salinger is the second cousin of my second cousin, Sid Salinger, is coincidental.) *Catcher* gave me a taste for J.D. and I subsequently read just about everything he wrote. Over the years I read about him, too, and found out that he was one strange dude.

Still, we honor him for his contributions to American Jewish literature. Never mind that his mother wasn't Jewish, a fact he himself didn't discover until after his (consequently illegitimate) bar mitzvah, or that neither of his two wives nor the college girl he had an affair with were Jews. If one has enough talent, the Jewish community is inclined to overlook such things.

If you really want to know, I have my own *drash* (explanation) for *Catcher* that I'm willing to share. Early readers

were taken by the direct and often salty language of the protagonist, Holden Caulfield. He said "goddam" a lot and even, finally, the f*** word which got the book banned by many schools and libraries. It is, however, the last line of the book's penultimate chapter that got me. It reads: "God, I wish you could've been there." It's the only time he uses the capital G in identifying the deity.

Like a good Talmudist, I re-accented the line and read it as "God, I wish YOU could have been there." I saw it as concealing a lament over the absence of God in his life. I'm not saying that a standard religious identification would have saved Holden Caulfield—and made *Catcher* unnecessary—any more than it made Salinger more normal. There are plenty of religious people who are just as kooky as Salinger was and a lot more dangerous to society.

The thing is, even the idea of a Universe-creating God conduces to the conclusion that any one of us is simply

a piece of cosmic dust, a molecule, an atom, so that what happens to us is of absolutely no enduring importance. Heck, even our planet is parked at the edge of a lower-middle class solar system in a third-rate galaxy. So if we understand how unimportant any one of us is, it becomes easier to deal with the bumps and lumps that beset us.

Teen-agers, of course, are notoriously self-centered, and that's no surprise considering what changes are taking place within them. Paradoxically, they're also very "other directed," depending on peer approval even more than adults do. Between these two forces it's easy to become confused and lose one's way. Even under the best of circumstances growing up is a rite of passage.

For some reason, a complex of reasons, J. D. never grew up, never got comfortable in the world. He said of himself that he was "in the world, but not of it." Jay Leno quipped that Salinger died at 91, "after a long battle with teen angst." Joking aside, the most

successful grown-ups I know are those who have one foot firmly anchored in childhood even if that

was not a particularly happy place. A firm anchorage can prevent you from taking things, and yourself, too seriously. And it may preserve a sense of wonder at the ponderous proliferation and profligacy within nature. "Forty-three species of parrot..." What was God thinking?

Furthermore, it protects you from concluding that you somehow deserve either the bad or the good things that happen to you so that, finally, you can exult in the gift of life and use it to spread goodness in the world. As I like to say, "Count that day wasted in which you haven't caused a small child to smile." That could make you a catcher of the wry. ... ☆





Yom HaShoah

Holocaust Remembrance Day
Community-wide Commemoration

Sunday, April 11, 2010
4:00 p.m.

at Ohavay Zion Synagogue
2048 Edgewater Court, Lexington 40502

The program will include lighting of memorial candles for the six million Jewish lives lost in the Holocaust and presentation of the annual Emilie Szekeley essay contest awards.

For more details please contact Jeremy D. Popkin at 859-335-6254 or by email to popkin@uky.edu.

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Our keynote speaker will be
Rabbi David Wortman who will
share his thoughts on the topic of
the Shoah and Forgiveness.

Rabbi Wortman has delivered
papers and lectures and is widely
published in both academic
and Jewish contexts.

Camperships and Israel Scholarships

are now available

Want to give your children a special and cherished Jewish experience? Concerned about the cost?

Jewish Federation of the Bluegrass, through the confidentiality of Jewish Family Services, is now accepting applications for Jewish summer camperships and Israel scholarships.




Scholarships are specifically for Israel programs and are not tied to income. Camperships are for not-for-profit Jewish day or overnight camps, including our local day camps Camp Shalom and Camp Gesher. Income is one of the criteria used to evaluate eligibility for camperships.

Deadline for applications is April 1, 2010.
Applications can be requested from JFS or downloaded from the JFS page at <http://www.jewishlexington.org>.

Paula Clancy, Director of Jewish Family Services
(859) 269-8244 • jfs@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS



Reflections on food and family

Thoughts on my vacation in Israel

By Tamara Ohayon

After my first visit to Israel in 2006, I was so inspired, so taken by everything I had seen, so moved by my new-found faith and sense of Zionism, that I felt compelled to share my story and the opportunity of traveling on a Taglit-Birthright Israel trip.

My most recent vacation in Israel, this past November, was different. This time I was wasn't with a tour group; we traveled a lot but also experienced a typical daily schedule in Israel. Israelis travel a lot anyway, so a weekend trip or a couple days at the Dead Sea is nothing unusual for the average person. But by being with family and friends the entire two and a half weeks I felt even more connected to life in Israel than I had before.

One of these new experiences was going grocery shopping. We went to the supermarket several times; there were thousands of food items labeled in Hebrew. There are nearly as many food items produced and packaged in Israel as you would find in the average American supermarket and the same range of variety from one market to the next. For someone who never thought this might be true in such a tiny country, it was a delightful and powerful

discovery.

I learned a lot about food in Israel this time around. I have a big family there, mostly relatives of my father: my Moroccan and Tunisian grandparents' nieces and nephews, and their children and grandchildren. It's a huge network of people I've never known. What a surprise to hear from a second cousin through Facebook, a month before my flight there. I was lucky enough to spend two and half days with his immediate family on a working farm that sits on a moshav northwest of Beersheva. I saw their vast expanse of vegetable rows, their dairy cows, and all the impressive technology they use to make lush crops grow in the middle of the desert. I made fresh Tzafatit cheese with my father's cousin, and ate fresh bell peppers at every meal.

Produce in Israel is amazing. Because they grow 90 percent or more of the produce they consume, everything is fresh. They have a fairly steady climate and nothing needs to travel very far. My father's family sells much of their produce to countries in Europe. The local demand is small because so many others fill the country's needs and certain vegetables make them far more money when sold abroad. Celery is apparently one of their most profitable crops.

I also had some incredible meals this trip. We ate unforgettable falafel in Ra'anana on Ahuza Street, obviously the best place in the neighborhood as indicated by the line of hungry patrons every day. We ate the best shawarma I've ever had at a stand in Qatzrin north of Lake Kinneret, called Shawarma Shemesh. When we arrived it was late at night, we were on our way to a *tzimmer* (guest house) to stay for the weekend, and most places were already closed. We saw the lights and



The chef at Dag Al HaDan restaurant grilling our fish dinners.

see **Reflection**, page 8

From the Director

Judy B. Wortman

Forty Years in the Desert - Part 2

Some time ago, Jana LaZur, the activities director of the Jewish Federation of the Bluegrass, wrote an article in this paper about Camp Shalom wandering in the desert for forty years. Well friends... we will now be approaching our 42nd summer and we are still homeless. Jana has received word from the Bluegrass Christian Camp that this summer only one week would be available at their site, and that the rent would increase dramatically. The Camp Shalom Committee is presently addressing this issue and will ensure that we have a good home for the 2010 season. It is likely that by the time you read this column we will have averted a crisis again.

Even if we are able to squeak by for another year or two, I would love to see our community tackle this issue and find a long-term solution for Camp Shalom. If we were able to secure an appropriate site, we would have endless possibilities for future programming. We might expand the season and provide a teen camp, overnight camping, Shabbatonim, a retreat center for congregations and organizations. We could do interfaith programming and bring people of the other faith communities to learn from one another and do mitzvah work together. We could hold Memorial Day and July 4 picnics and campfires. We could present outdoor concerts, Israeli folkdance, talent shows, and intergenerational programs. There is no limit to what we might create.

To achieve this dream, we must begin serious planning. So many people have been touched by Camp Shalom over these past years. We are founders, parents, grandparents, counselors, and campers. Our very existence as a Federation is rooted in Camp Shalom. Others have

been touched by Jewish camp experiences in other communities. I know that the primary reason I chose to begin my career in Jewish communal service 40 years ago stems directly from my camp experiences. I wanted to help create the kind of community that educates, nurtures, and celebrates Jewish life. Camp Shalom is such a place and it can be more. If we had our own home, the extraordinary work done by camp director Kathy Feinberg, camp chair Eden Myers, and Jana LaZur could focus more on program development and less on securing a new site each season.

Now is the time I would like to ask for your help. We are looking for "angels" who have land available to donate. It might be acreage on someone's farm or land that is appropriate for our purposes. We are also looking for friends who will provide a legacy to the Jewish Federation of the Bluegrass by funding our camp and ensuring its existence for future generations. As we approach Pesach, the season of our liberation, please help us end our wandering.

David and I want to take this opportunity to wish you and your families a *ziessen Pesach*. ☆



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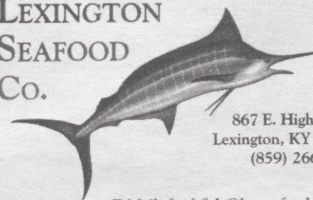
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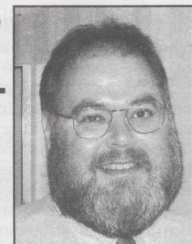


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Ask A Rabbi

Marc A. Kline



There being no questions in the hopper for this month, I thought I would share a few observations on perhaps the biggest threat to our survival: failure of communication.

How we communicate or fail to do so will dictate every piece of human interaction. We seem to place a higher sense of priority on all other matters, making how we communicate an "also ran" on life's race course. There is a midrash that tells the story of a person's body parts debating each other. Each part asserted that it was the most important. The feet argued that the body could not go anywhere without them. The arms retorted that without them, no writing, no holding, no cooking, nor much of anything else could be done with any ease. The eyes took their turn, arguing the value of sight.

They were followed by the ears. The heart spoke up to say that without its beating, nothing would get done. The brain outdid the heart, for without it, the heart would not function. Finally, the mouth had its turn. "I am more important than each of you. Depending on what does or does not come out of me, the world stands or falls; relationships thrive or fail; and lives begin and end." All agreed that the mouth had won.

One more story:

A mother gave her daughter a bag of nails and told her that every time she lost her temper, she must hammer a nail into the back of the fence. The first day the girl drove 37 nails into the fence. Over the next few weeks, as she learned to control her anger, the number of nails hammered daily gradually dwindled. She discovered it was easier to hold her temper than to drive those nails into the fence. Finally the day came when the girl didn't lose her temper at all. She told her mother about it and the mother suggested that the girl now pull out one nail for each day that she was able to hold her temper. The days passed and the young girl was finally able to tell her mother that all the nails were gone. The mother took her daughter by the hand and led her to the fence. She said, "You have done well, my daughter, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave scars just like these."

You can put a knife in a person and draw it out. It won't matter how many times you say "I'm sorry," the wound is still there. A verbal wound is as bad as a physical one. Our tradition teaches that taking someone's dignity is worse than giving a mortal wound. Embarrassed, the person must live in that shame.

Sages have spoken at length about the nature of our speech. The Chofetz Chaim (Rabbi Israel Bar Kagan) is known by the name of his first and most important work, and authored this comment based on Psalms 33:13-14: "Who is the man who desires life?... Guard your tongue from evil and your lips from speaking deceit."

His book is about the power of speech, the blessing it can bring and the destruction it can cause.

Certainly the fence cannot stand at all without nails—the constructive teachings that help us grow and mature. There are some things we have to hear, painful or not, simply because they are essential for our growth. These can be blessings. Where words bring healing and strength, we are all blessed. Bringing blessings into the world should be the goal we hope to attain.

Where the words we utter are intended to cause pain, they are considered the worst of transgressions. These are the nails driven into the fence, from which the fence may never heal. One who sins must face consequences. The Talmud teaches that Rabbi Pinchas said, "They inquired of Wisdom, 'What is the punishment of a sinner?' [From Proverbs we know] Wisdom said, 'Evil pursues the wicked.' They inquired of Prophecy, 'What is the punishment of the sinner?' [From Ezekiel we know] Prophecy said, 'The sinful soul shall die.' They inquired of the Holy One, 'What is the punishment of the sinner?' God said to them, 'Let him repent and he shall be forgiven' (Yerushalmi Makkot, 2:6).

The mother above should have taught a greater lesson. We cannot pretend that the injury never happened, nor can we turn back time. We can and must understand the epiphany that comes when we can see the pain we cause with our own speech. Perhaps we can mend the fence. The commentary from the Talmud teaches that

even while we may want one who causes us pain to pay a price, a higher consequence is in order. Ultimately, to demand an apology or to publicly shame even one who has wronged us is to drive our own nails into another fence, as we embarrass another.

Better than demanding acknowledgment of someone's bad acts it is our hope and work to help the transgressor understand the need to atone. Atonement transcends both intellectual reasoning and prophetic wisdom. It is a matter of the spirit, of the soul. The Chofetz Chaim took this lesson and from it evolved his life's work. He taught that in fact there are two types of atonement. There is the turning one does out of fear. We fear judgment; we fear alienation; we fear consequences. Too often, we atone in order to nullify some bad act. Teenagers want their iPods back. Adults want to get out of trouble with a boss, a partner, or some other important figure. Atonement done out of fear may or may not nullify the bad act, but it does not change the world, or undo the damage caused by the transgression.

The second type of atonement, the sage teaches, is atonement rooted in love.

This intention does more than fix the damage, it transforms the person. We apologize for lots

of things... that we do over and over again. We haven't learned from what we did. We regret it, and if we keep doing it to different people, might even get away with it, but we have not changed. This love-based atonement changes the soul. It is not enough to know we did something wrong; where we have truly learned our lesson, it is as if we are elevated in spirit: some part of us is born anew. In fact, we are taught that this work brings peace into relationships, healing not only the spirit of person but helping to heal the world.

What we say to and about each other does matter. How we go about fixing what we have said matters even more. Let's pay more attention to how we communicate with each other—there is never a good reason to speak badly of another, and even less of a reason for failing and then letting our failure stand unacknowledged. ✱

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Reflections (from page 6)

stopped. It didn't seem very exciting at first as we scouted a patio table, wiped off the crumbs, and looked over the menu. As we were deciding what to order a horde of fit young men, mostly in sweat pants or shorts and probably athletes, descended on the counter. Boisterous and jolly, the guys surrounded us and started ordering their sandwiches. Monstrous soft hoagie rolls, at least a foot long, filled with spicy chicken schnitzel or shawarma, were passed back to them. Each of the guys grabbed a seat, scooted forward in the chair, leaned over, and chowed down. Now we knew what we wanted to order and it was so good!

One of our best meals was in the north, along a bank of the Dan River, at a restaurant called Dag Al HaDan, strategically placed next to a fishery. Because of the fishery, their specialty is trout, served whole and with several options for preparation. We had it grilled. It was absolutely delicious. They also serve an endless selection of Israeli salads, olives, and pita. We ate outside, beneath the forest that surrounds the stream, small canals trickling around us. Brightly feathered chickens, guineas, and a peacock roamed the property along with some cats; ducks and swans swam in the river that runs beneath the restaurant. We could see the cook surrounded by the smoke of his grill behind the building, and smell the aromas of grilled fish and nature all around.

Breakfast in Israel is fun. The signature big breakfast comprises several fresh cheeses, olives, thin omelets, toast, and coffee. At the *tzimmer* our host also

gave us fresh-churned butter, homemade jam, tuna salad with lemon rather than mayonnaise, juice, and one morning even her version of thin pancakes. It is enough food to last you till dinner.

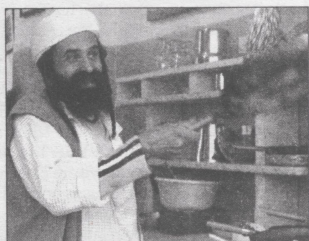
We also spent a lot of time in Aroma Café. It is a little like Starbuck's in that it is a chain, but with a much more extensive food menu, offering nice meals at a reasonable price for breakfast and lunch including that big Israeli breakfast, and the biggest salad with tuna I have ever seen.

The best part about Aroma is that it is all over the country; no matter what city you are in, you know just what you will get. Even if we didn't know the local restaurants or were out too early for most other places, we knew we could stop there in a pinch, or when we wanted coffee

along the road.

Of course, after two weeks of eating mostly dairy and vegetarian meals, we were craving meat. Our family invited us over for a barbecue extravaganza. Our host did an amazing job with the steaks and sausages and we enjoyed our welcome feast.

Meals with family were certainly the highlights of the trip—not just for the food, but the companionship, whether it was just four of us at the *tzimmer* or café, a snack in a student's apartment, everyone piling in to the dining room from morning chores on the moshav, or a big family Shabbat dinner. I feel blessed to have so many loved ones in Israel, and so many caring people in my life. I pray for many more moments like those in our family's future together. ☆



Cook in Tzfat enjoying the crowd while making Yemenite pizza.



Patrons of the Dag Al HaDan restaurant enjoying an early fish dinner on a cool afternoon beside tributary of the Dan River.

JFS: At Your Service

By Paula Clancy, MSW, CSW, Director,
Jewish Family Services

JFS partners with Prevent Child Abuse Kentucky

As a follow-up to the JFS Family Life Education program "Peaceful Homes, Safe Dwellings" held last October, the JFS Committee has allied with Prevent Child Abuse Kentucky as a member of the Partners in Prevention Network. Last year there were 88,292 reports of abuse and neglect in Kentucky.

Prevent Child Abuse Kentucky is a 23-year-old organization headquartered in Lexington that provides statewide programs, services, and outreach efforts to fight child abuse. Prevention activities are conducted in communities throughout the state and rely on volunteers for provision of services. In an effort to join forces with other concerned community organizations (nonprofits, corporations, law enforcement, hospitals, schools, and the like), the Jewish Family Services program of the Jewish Federation of the Bluegrass (JFB) will participate in the Partners in Prevention Network. The network attempts to utilize strengths of local presence to prevent child abuse and neglect.

A member of the JFS committee will be selected to serve as a liaison to the Partners in Prevention Network. In addition to the opportunity of participating to make a difference at the community level, JFS will benefit from many other support materials and ideas that will be helpful in the Jewish community. These include free program-

ming support, training opportunities, resource ideas and materials, literature, and brochures. Prevent Child Abuse Kentucky offers many training programs for both parents and professionals.

As a Partner in Prevention, JFB's Jewish Family Services will have its information included in the directory of services on the Prevent Child Abuse Kentucky/Partners website. This will help increase awareness that JFS is available to assist in Fayette County. In addition to the Partners in Prevention Network there is also a 24-hour, seven-day-per-week statewide helpline. By calling 1-800-CHILDREN, parents and caregivers can speak with a trained volunteer about needs and concerns.

Further information is available at www.pcaky.org. If you are interested in trainings or free brochures please contact Laura Chowning at (859) 225-8879 or the JFS office at (859) 269-8244. ☆





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The Jewish Federation
OF THE BLUEGRASS

Camp Shalom and Gesher planning 2010 season

Activities provide fun, lasting memories for all

By Danielle Heller, EBCE* intern and camp staffer

It's that time of year again: the planning is in progress, the staff is ready to return, and all we need is campers to sign up for Camp Shalom/Camp Gesher 2010. The camp experience varies a bit from year to year, whether in the location of the campsite or the theme of the week. However, the element of fun remains constant each year. From the time campers arrive in the morning and gather for music until the last camper leaves from an extended day's extra activities, everyone is guaranteed a great time. With so many different activities, there is always something to enjoy.

Children 4 to 5 years old can join the *Ofarim* group, doing art projects, playing games, and getting to know one another. The *Tsofim* (ages 6 to 7) and *Chalutzim* (ages 8 to 10) groups are big fans of *chugim* (the Hebrew word for "clubs" or "hobbies"). During *chugim*, campers divide into groups and choose

their favorite activities, including cooking, art, water activities, and the popular *teva*, meaning "nature." Camp Gesher allows campers ages 11 to 13 to be more independent, have a great Jewish day camp experience, and participate in an unforgettable overnight experience.

Whatever your age, whether you are a camper or a counselor, even whether you are Jewish or not, Camp Shalom/Camp Gesher is guaranteed fun. The excitement of camp lasts much longer than two weeks and it grows friendships that can last a lifetime. Hope to see you there this summer! ☆

**Experienced-Based Career Education (EBCE) is an academic internship program that uses the classroom and the community to provide hands-on career exploration.*

Community-wide Yom Hashoah commemoration to be held on April 11

The Yom Hashoah commemoration will be held on Sunday, April 11 at 4:00 p.m. at Ohavay Zion Synagogue. Highlights of the program will be the candle-lighting ceremony by survivors and survivors' families and the reading of winning essays from the Emilie Szekely Holocaust Writing Awareness Writing Project. The guest speaker will be Rabbi David Wortman, who will discuss "The Shoah and Forgiveness."

Rabbi Wortman received degrees from the Hebrew Union College - Jewish Institute of Religion (BHL, MHL, Ordination, and DD) and Yale University (MA and MPhil). In addition to serving as a congregational rabbi and the executive director of the Board of Rabbis/ Jewish

Chaplaincy of Greater Philadelphia and the executive director of the Jewish Community Relations Council of Philadelphia, he has been an adjunct professor in religion at Albertus Magnus College, Yale University, St. Charles Borromeo Catholic Seminary, and St. Joseph's University. He also taught Bible at the Reconstructionist Rabbinical College and Gratz College. While at St. Joseph's, he taught an annual course in the Theology Department, "Jewish and Christian Responses to the Holocaust."

Rabbi Wortman is married to Judy Wortman, executive director of the Jewish Federation of the Bluegrass. ☆

Hadassah Book Club

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JFB budget reflects improving situation

Success still requires support, pledge payments

By Bob Grossman, JFB Treasurer

The JFB Board approved its 2010 budget on January 27, 2010. The numbers tell a story of slowly improving finances.

You may remember that our community reduced its support for JFB (then CKJF) drastically in 2008. Our total Campaign income in 2008 was about \$311,000, down steeply from previous years. The good news is that our 2009 Campaign income increased to almost \$327,000. The community's support is especially gratifying in that nationally, 2009 Campaign income was down ten to twenty percent. Here in Lexington, we saw our Campaign decrease a year earlier than most other communities, but our situation seems to have stabilized now. One interesting statistic: our 2009 pledges were nearly unchanged from 2008, but payments were up substantially. The discrepancy is due to the fact that many pledges from previous years were finally paid in 2009. We understand that circumstances sometimes prevent our members from honoring their pledges immediately, and we are grateful to those members who step forward to honor the commitments they made in years past.

Another piece of good news is that the JFB committees and staff worked assiduously throughout the year to reduce expenses. For example, the staff spent only 73 percent of its office supply budget of \$2,000. As a result, we finished 2009 having spent \$22,700 less than our previous year's total income of \$396,300 (\$311,000 from Campaign plus other income such as Camp Shalom fees, *Shalom* advertising, and the like). No, that wasn't a typo: we spent less in 2009 than we had earned the previous year. I will come back to this matter below.

As I already mentioned, our community contributed nearly \$327,000 to JFB in 2009. Out of caution, the Board has approved a balanced \$320,000 budget for 2010, slightly lower than our 2009 income, but still with somewhat higher spending than in 2009. The greater number includes \$3,000 for an Israel mission; I'm sure you'll be reading and hearing

more about that in months to come. The Board regards this \$3,000 as an investment in future Campaigns. The Board has also approved \$1,500 each in travel expenses for the president and the executive director to attend the General Assembly this year. These trips are important for bringing new ideas back to our Federation and for reinvigorating our staff and volunteers. Our 2010 budget also includes a full twelve months' salary for our wonderful new executive director; our 2009 budget included only eight months of her salary.

We are still paring down expenses wherever possible. For example, the *Shalom* newspaper committee has found a printer who will charge us less than half the production costs that our previous printer charged, allowing us to reduce our *Shalom* budget in 2010 from \$25,000 to \$20,000. Despite increasing costs, our Camp Shalom committee has assembled a budget of \$22,310 that has increased by less than \$700 from 2009 and is operating at a deficit of less than ten percent. (The Camp Shalom committee can set its rates where it likes, but it must always strike a balance between defraying costs and making sure that the Jewish camping experience is available to everyone regardless of income. The JFB Board has never expected Camp Shalom to charge enough to cover its costs completely.)

The Board has decided that we will use \$2,500 of our \$22,700 savings from 2009 to further replenish our endowment funds. We will hold most of the remainder of the savings in reserve for unbudgeted expenses (such as replacing a computer, if one should die) and to help with the cash-flow problems that we experience every September, when pledges have not yet begun arriving in substantial amounts but bills have continued to accumulate steadily.

No article about our budget is complete without a plea for additional support. Even though our Campaign income increased somewhat in 2009, it is still far below the near-\$400,000 levels of previous years. Our budgets are now balanced partly because we have cut our overseas allocations quite a bit, and we would very much like to bring those allocations back to where they were in prior years. These funds do not go to the State of Israel or other government organizations; instead they go directly to nongovernmental organizations that help the needy and preserve Jewish culture throughout the world. Tzedakah has always been an important part of Jewish life, and we can and must always do better in this regard.

Closer to home, our staff members have not received raises in several years, our office computers (may they live long and be well) badly need to be replaced, and we would like to start several new programs that have proven valuable to enhancing Jewish life in other communities. We cannot do it without greater support from you. When pledge time arrives, please consider reaching deeper into your pockets to support all the many activities that your Federation brings to your community. ☆



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Thank you to:

Judy and Rabbi David Wortman for their contribution in honor of Pauline Ravvin, Oscar Haber, and Evelyn Geller, all of whom are celebrating their birthday this month.



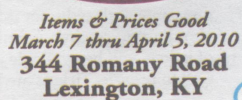
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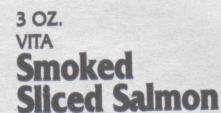
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Dr. Hanan Ashrawi to speak at UK March 23

Palestinian activist part of ongoing dialogue



Palestinian activist Hanan Ashrawi will visit the University of Kentucky to deliver a public lecture the evening of March 23, 2010 at 7:30 p.m. The event will be

free and open to the public. Ashrawi's talk will be the second of two the university will sponsor this academic year as part of a continuing campus and community dialogue on the Middle East.

In mid-October, the university hosted the visit of former Israeli Prime Minister Ehud Olmert. The focus of the presentations by both speakers centers on their views based on their unique experiences on the prospects and preconditions for peace in the Middle East. The goal is to inform the university and Kentucky communities and to facilitate thoughtful dialogue.

Dr. Ashrawi has served as an elected member of the Palestinian Legislative Council, Jerusalem District. In 2009, she was elected a member of the Executive Committee of the Palestine Liberation Organization (PLO), making history as the first woman to hold a seat in this executive body. Ashrawi's academic career spanned several decades in which she served as a faculty member, chair in the department of English and Dean of the Faculty at Birzeit University on the West Bank. She received her bachelor's and master's degrees from American University of Beirut and her doctorate in medieval and comparative literature from the University of Virginia.

From 1991 through 1993, she served as the official spokesperson of the Palestinian Delegation to the Middle East Peace Process and as a member of both the Leadership/Guidance and Executive Committees of the Delegation.

With the signing of the peace accords by Yasser Arafat and Yitzhak Rabin in 1993 and the establishment of Palestinian self-rule, Ashrawi headed the

Preparatory Committee of the Palestinian Independent Commission for Citizens' Rights in Jerusalem and was the founder and commissioner general of that committee until 1995. From 1996 through 1998, she served as minister of higher education and research. In August of 1998, she founded the Palestinian Initiative for the Promotion of Global Dialogue and Democracy (MIFTAH), and has served as the Executive Committee chairperson of that organization since that time.

Tickets are available through the SCFA Ticket Office or online at www.single-tarytickets.com. No phone orders accepted. There is a limit of FOUR tickets per person, whether through the SCFA website or in person. Schools and community groups may contact Richard Greissman, at (859) 257-2471 or richard.greissman@uky.edu, for information about group seating. A limited number of tickets will be available at JFB office. Call to reserve. Tickets are free. ☆

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Israel 21c: Haiti draws aid from Israel

By Jeffrey Heyman

At the earthquake-ravaged city of Port-au-Prince, Haiti struggles to cope with the devastation in the wake of the mass loss of life and destruction, efforts to return a semblance of normalcy to the area is being aided by an Israeli delegation of volunteers.

Members of the Natan Israeli Coalition for International Humanitarian Aid, have been in Haiti for three weeks, and with aid from the local government and from the neighboring Dominican Republic, have managed to open a makeshift school that for the last week has begun teaching some 800 pupils.

"Basically what we did was to identify professionals within the community and established a group of teacher volunteers," said the leader of the six-member Israeli delegation, Dr. Moshe Farhi, a trauma and stress expert at Tel Hai Academic College in Kiryat Shmona. "We've set up two giant tents to house the school and organized the supplies for the students, like notebooks and pens and text books. We currently have two shifts for the school—morning and afternoon, and we have around 40 teachers working with the students," he told ISRAEL21c from Port-au-Prince.

Searching the rubble to find school books

According to Farhi, when the pupils heard that the school was opening, they began searching through the rubble of their homes for their books and supplies, an indication that they were eager to return to their pre-quake routine. Farhi, who has been instrumental in developing programs in Israel to train people to help residents of Israel's north cope with the trauma of katyusha attacks from Lebanon, said that he has been involved with similar efforts in Haiti. "It's important to understand that there can be extreme reactions right after a traumatic event. The first emotional reactions can be hysteria or even catatonia. So some of what I've been doing has been working with victims like that," he said, adding that he has been pleasantly surprised by the spirit of the local population to adversity as reflected by the enthusiasm over

the school. "We found that the resilience of the population is much stronger than we expected. Within a week after the quake, they had started dealing with carrying on with their lives. Parents started sending their children to school—and to not be in control of your child after something like that happens is a big deal," he explained. Like in Kiryat Shmona, Farhi has been organizing groups in Port-Au-Prince and training people to become trauma counselors.

Training teachers in trauma response

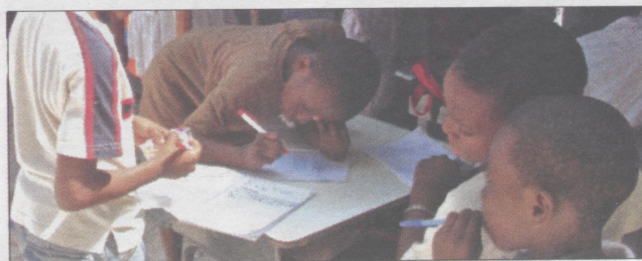
"We've established a small group and picked those teachers we feel are capable of training others to deal with trauma and help the victims cope and go back to the routine they had before," said Farhi. Farhi's delegation was due to leave the day after he spoke with ISRAEL21c, to be replaced by five other members of the Natan coalition, which was named for Israeli peace activist and humanitarian Abie Natan. However, he said that he would be returning before long. "We intend to have a presence here and work with the local population for the next half year," he said, adding that he first became involved with the organization when he led an Israeli team to Sri Lanka in the wake of 2004's tsunami. "It was in Sri Lanka that I met Dr. Mike Naftali, who's the co-chairman of Natan, and we started working together," he said. Naftali is a Fellow Researcher at the Tel Aviv University Interdisciplinary Center for Children and Youth Studies, and also serves as chairperson of Topaz—for the Well Being of Children and Youth, and of Brit Olam—the International Israeli-Jewish Volunteer Movement.

More delegations on their way

Three days after the quake, Natan sent its first humanitarian aid delega-

tion to the area, which helped set up and man the Israeli military hospital. Farhi's delegation left Israel on January 22, and included doctors, paramedics, mental health therapists, community workers, and trauma support staff. According to the organization, another twelve delegations will be sent to Haiti this year to assist with the multidisciplinary rehabilitation needed in Haiti. In another Israeli relief effort in Haiti, IsraAID this week opened a child education center in the Petionville Refugee Camp—the largest refugee camp in Port-au-Prince. Working closely with

other agencies, such as Operation Blessing, JP-HRO, and ProDev, the center will function in tents donated by the IDF which were used for their field hospital. The tents will now become a child friendly space where activities for 250 children at time will take place. The educational programs which were prepared in partnership with all three agencies as well as the local teachers include pedagogical content, music, sports, and training for readiness in case of another earthquake. ✪



Israeli volunteers have opened a makeshift school in Port-au-Prince, providing education and counseling for 800 of the city's traumatized children.

The British Are Coming! Discover the New English Art Club



PETER BROWN, Trinity College, Cambridge From All Saints Green, oil on canvas, private collection

January 24 - April 11, 2010



The Art Museum
AT THE UNIVERSITY OF KENTUCKY

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March 2010 Shalom 13

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*The 2010 Community Campaign of the
Jewish Federation of the Bluegrass*

**When your phone rings,
we invite you to
answer with an open heart.**

Live Services Auction
12:00 noon to 2:00 p.m.

Lunch will be provided.

Super Sunday
9:30 a.m. to 12:00 noon
2:00 p.m. to 4:30 p.m.

*Breakfast will be provided
for volunteers.*

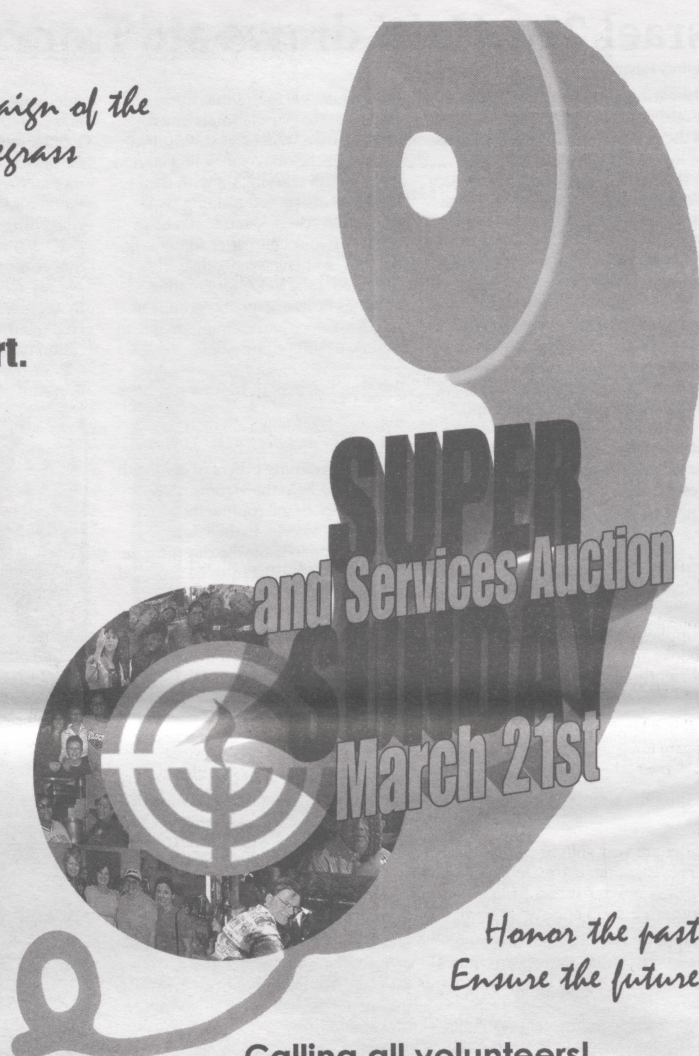
Got talent?

Donate your services for our
auction on Super Sunday.
Examples include tutoring,
preparing meals, house
cleaning, babysitting, giving
tennis lessons, and doing
handyman chores or yard
work. Contact Jana LaZur
at (859) 268-0672 or
jana@jewishlexington.org.



**The Jewish Federation
OF THE BLUEGRASS**

14 | March 2010 Shalom



*Honor the past.
Ensure the future.*

Calling all volunteers!

JFB is in need of volunteers to
help make phone calls and
assist our team during Super
Sunday. Help us reach out to
every Jewish family in the area.
Contact Judy Wortman at
(859) 268-0672 or
jfb@jewishlexington.org.

Our connection. Our voice. Our community.

B'tayavon (Hearty Appetite)

By Ruth Poley

The last blast of winter

As I write this, we are still in winter's icy grasp and expecting yet more snow in the next few days. While I would love to be giving you recipes for warm-weather salads, the truth is we'll still have a bit of cold for the next few weeks. Hence, this great soup recipe. This is a riff on something I saw on the Food Channel a few years ago. It's easy to make and very healthy for you. In fact, if you're a Weight Watcher, there are only nine points in the entire pot; if you're a vegetarian you can substitute vegetable stock for the chicken; and if you're a lover of soups you can add this to your repertoire. We've used this as a main course for dinner with just some hot bread and we've also used it as a first course when we have guests. Most people can't guess what it is, and almost everyone is convinced there's cream in it. Try it—I know you'll add it to your favorites.

Curried Cauliflower Soup

2 tablespoons olive oil (less will do if you're being stringent with calories)
1 large cauliflower (washed and broken into small florets)
1 large onion, cut up any way you like
4 ribs of celery, scrubbed and cut up
2 large carrots, pared and cut up
4 to 6 cups good quality, low fat, low sodium chicken stock
salt, pepper, and curry powder (optional) to taste

Heat oil in a large pot, then add onions and celery. Saute for about five minutes, taking care not to brown. Add carrots and cauliflower, stir all together, cover pot, and cook over a low flame for about 20 minutes, or until all the vegetables are softening.

Add one quart of the stock, cover and continue to cook on low heat until the vegetables are very soft. Remove from heat and use an immersion (stick) blender to puree everything. If you don't have an immersion blender put the soup in a regular blender (cool it somewhat first). Make sure there are no chunks left after blending. If the soup appears to be too thick, add more stock or some water until it's the consistency you want. Add seasonings to taste. ☆

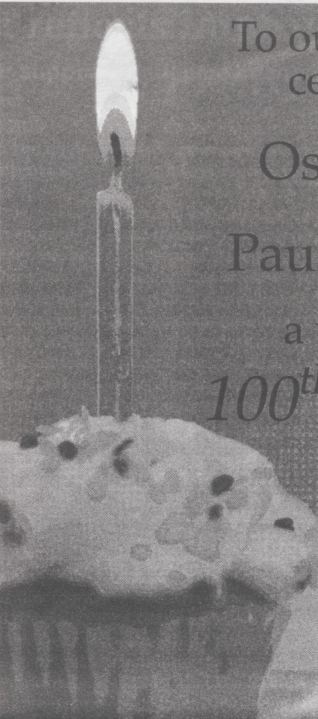
NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com



The Board of Directors and staff of the Jewish Federation of the Bluegrass wish all members of the Jewish community a happy and kosher Passover.

May this Festival of Freedom bring peace to Israel and Jewish communities around the globe.

We look forward to the day when the entire world will be free from slavery and oppression.



To our community centenarians

Oscar Haber
&
Pauline Ravvin

a very happy
100th birthday!

Wishing you
both many
more healthy
years to come.



Flower Power 2010

The Lexington Chapter of Hadassah

*Picked fresh from your garden.... luscious vine-ripened vegetables
Sprigs of fragrant herbs
Lush hanging baskets for your porch
Bouquets of colorful cut flowers to grace your table.*

Select • hanging baskets • patio plants • flowers • herbs • vegetables.
Buy Cash Certificates (\$5 each with no expiration date)
from Hadassah and use them like cash at Proper Plants.

Certificates can be ordered by phone, email or regular mail from:
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Vinnie Dubilier 223-5146 - uig28@qx.net
Pat Marx 361-3886 - patricia.t.marx@smithbarney.com

Sim Shalom settles into new home

By Jesse Weil

Recently, the Sim Shalom board gathered at the new Raday Street premises, said a *Schehecheyanu*, and sat down to the first official use of our new synagogue, even though neither the paint on the walls nor the varnish on the floor is dry. It was such a good feeling to be in our own place, with our own kitchen to make a cup of tea, and our old familiar chairs from the last place we had for congregational activities, four years ago. Board member Eva Rakosi splurged on some new coffee mugs to mark the occasion.

Much of the basic renovation is finished. The three front rooms have been opened up into one big one for the sanctuary, and it looks great. But it still remains: to install new light fixtures to replace the industrial-style fluorescents; some dark built-in cabinets in the sanctuary will be painted white so as not to detract from the Ark when it arrives; and we hope air conditioning will come later in the spring before the hot weather starts. Some of our old furniture (30 chairs, two big tables, some small desks and tables, and some

book shelves) is already there in a store room, but more will come from donations from our members, and some will be bought with whatever money remains from the money we're raising for the renovation and the rent.

Our first service there was slated for Feb. 19, preceded by the installation of the Torah in the Ark, and putting mezzuzas on the doorposts. Maybe it will take place under the glare of the fluorescents, but at least we will have started our migration as a congregation from the JCC quarters in Balint Haz to our own synagogue. A more public celebration will be held in May with local and foreign guests and possibly some TV coverage to announce to Budapest and the greater Jewish community that we have made this big step forward. ☆

Sim Shalom is a Progressive Jewish Congregation in Budapest, Hungary. A member of the World Union of Progressive Judaism, it is led by Jesse Weil a member of TAI and his wife, the community's rabbi.

Cool Facts About Israel

In February 2010, Better Place Israel, the world's leading electric vehicle (EV) services provider, held the grand opening of the company's first EV demonstration center in Israel. The company marked the occasion by announcing the signing of 92 corporate fleet owners to date, as well as a partnership with Dor Alon, one of Israel's leading gas station operators, for the deployment of battery switch stations at Dor Alon's facilities. Leading companies, including Computer Associates and Motorola, joined the ranks of 92 Better Place Vision Partners that have agreed to convert a portion of over 45,000 internal combustion engine cars to electric vehicles from Renault when commercially available in 2011.

The Center is open to the public to come and familiarize themselves with all aspects of the Better Place solution: a fully electric, battery-powered car; a comprehensive infrastructure that includes charge spots and a battery switch station; and a comprehensive suite of in-car services designed to provide drivers with the best possible EV driving experience.

Better Place Israel has already signed agreements with Nir Barkat, Jerusalem's Mayor, Haki Harel, CEO of Israel Railways, and Israel Malls (17 shopping malls in Israel) to begin the deployment of a charging infrastructure for electrical cars in Jerusalem, and in railway station and shopping mall parking lots. Many charging stations have already been placed in these locations around Israel.

[Taken from <http://www.betterplace.com/global-progress/israel/>]



Passover 2010 פסח 5770



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This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in State of Israel bonds.



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Advertise Your Business

The **Shalom Newspaper** is published ten times per year. It is mailed to over 1,200 local businesses and households. **Shalom** is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 11.42" \$200 BW \$300 Color	1/2 Page Vertical 5" x 11.42" \$132 BW \$215 Color	1/2 Page Horizontal 10.167" x 5.645" \$132 BW \$215 Color
1/4 Page 5" x 5.645" \$88 BW \$132 Color	1/8 Page 5" x 2.72" \$60 BW \$105 Color	Business Card 3.277" x 2.15" \$40 BW \$82 Color

Center Spread 21"x11.42" \$440 BW • \$600 Color

*All other ads are billed at \$12 per column inch.

*Ad production is available at \$15 per hour.

Rates for contracted terms (per issue)**

Size	5x	10x	w/Color
Full	210	198	+75
1/2 Vert.	125	121	+75
1/2 Horiz.	125	121	+75
1/4	82	77	+40
1/8	55	50	+40
Bus. Card	38	28	+40
Dbl. Truck	420	396	+40

**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please contact Tamara Ohayon at the JFB office.
(859) 268-0672 or shalom@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS



Temple Adath Israel Preschool

Expanded Quality Program for toddlers and preschoolers

Now enrolling for the 2010-2011 school year.

- Full-day and Half-day programs available (8:00 a.m. - 5:30 p.m.)
- Classes available for children 18 months-5 years of age
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- Foreign language, music and art enrichment programs for all ages
- Nurturing, family environment

CALL: 269-1915
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"25 Years of Excellence"

JFS Jewish Family Services Upcoming Programs

Leisure Club

Wed., March 24
12 noon to 2:00 p.m.
at the Jewish Federation office
Holly Wethall of ITN of the Bluegrass will speak

Lunch will be provided.

JFS Family Life Education Series
April 21 at 7:00 p.m.

Death by Chocolate, a program concerning Jewish beliefs and customs regarding death and funeral logistics. A serious program softened by a chocolate desert buffet.

For more information about these events, to RSVP, or to arrange transportation to the event location, please contact Paula Clancy at (859) 269-8244 or jfs@jewishlexington.org.



The Jewish Federation
OF THE BLUEGRASS

The Lexington Chapter of Hadassah

Lynn Furness, President

By now we're all looking forward to spring and its promises. Spring also brings Passover, the celebration of our people's freedom from slavery and the vision of a return to the Promised Land. Just as the Exodus heralded promise to our ancestors and the Hag-gadah says, "Next year in Jerusalem," Hadassah stands for promise and says, "This year in Jerusalem." Hadassah accomplishes "this year in Jerusalem" by sponsoring missions each year to Israel. These trips enable Hadassah members, friends, and family to go to Israel for sightseeing and visiting Hadassah's projects.

In November 2010, a special mission is planned for Young Women, those members who represent the promise of our future. This mission is open to all Young Women (age 45 and under) and all past mission participants. The age limit will not be strict. Participants will explore Jerusalem, Haifa, Masada, and Beer-sheva and dine under the stars with the Bedouins. They will meet Hadassah's cutting edge doctors and researchers and learn how Hadassah is an integral part of Israel's society and economy. The November mission is unusual because it will include a hands-on community service project. For itinerary details, early bird specials or more information, contact young-women@hadassah.org.

Another opportunity to see Hadassah in action in Israel will occur in 2012. At that time, Hadassah will hold its National Convention in Jerusalem to celebrate its 100th anniversary and the opening of the Sarah Wetsman Davidson Tower at Hadassah Medical Organization (HMO) in Ein Kerem. Start saving your *shekels* now and plan to join us.

Even if you don't go on a mission, you can make arrangements with the Hadassah office in Jerusalem to see the projects in Israel. When you plan a visit to Israel, find time to see for yourself the promise of the Hadassah projects while you're there. You'll wit-

ness that we, the women and men of Hadassah, are keeping our promises, too—to our founder, Henrietta Szold, to carry on her dreams; to complete the Tower so HMO remains a leading medical facility; to our young people through Youth Aliyah and Young Judaea; and to the State of Israel with Hadassah College Jerusalem and support of Jewish National Fund.

For Jewish National Fund blue boxes and tree or water certificates, contact Melanie Shapiro: (859) 523-6166, bluegrassgirl55@aol.com.

For greeting cards and certificates, contact Erin Gold: (859) 523-2586, e.gold@insightbb.com.

For Macy's gift cards: contact Odette Kaplan: (859) 271-8332, omkaplan@aol.com.



*The Lexington Chapter of Hadassah
wishes its members and friends
a joyous Pesach*

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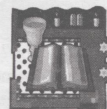
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Mitchell Barnes - Owner



Women's Community Seder *Passover from a Woman's Perspective*

*Women, teenage, and young
girls welcome*

Thursday, March 18, 2010
6:00 p.m.
Temple Adath Israel
124 N. Ashland Avenue
\$10.00 per person

Ritual and symbolic foods
and dessert will be served



Join us for an evening of singing,
learning, spirituality, and freeing ourselves
from the bonds of everyday life.

RSVP by March 11, 2010 to
Tamara Ohayon at
lexhadassah@yahoo.com
or 859-420-3925



The Lexington Havurah

Judy Goldsmith, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at (859) 338-5725, goldsmith@insightbb.com, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdjfm@insightbb.com.

When my atheist friends ask why I am religious, I tend to avoid the real question of why I believe in G-d. Instead, I tend to talk about how the cycle of chags and Shabbats shape time and give meaning to the shifting seasons.

As I write this, it's snowing out, another in a long series of frozen nights. It's hard to imagine spring. My daffodils pushed green spikes up through the ground and then froze. The ground crunches underfoot, and the bike lanes are white with salt. Last year's garden-fattened rabbit allegedly hibernates below our neighbor's porch, thin and hungry.

And yet. And yet, I still have to plan this year's seder. Passover looms, the next big holiday. Eggs the shape of a year. Greens for spring. Charoset made of winter fruits and once-upon-a-time grape juice. On the years we find good wine, we can taste time lingering on the tongue.

I see winter shoppers buying asparagus and I joke, "Spring hopes eternal." To me, asparagus is rooted in April/May/June gardens, just as Passover is set in spring and Sukkot in fall. I don't know whether there will be asparagus in my garden, but I know the holidays will come.

There are other reasons that I am Jewish. There is the community, the fact that my mother is Jewish and her mother before her, and on back. But those reasons don't explain why I observe, why I act. It's not that my celebration of Pesach brings the spring. I don't observe in order to make things happen, but because I can.

The next Havurah service will be Sunday, April 4, the seventh night of Passover: Snacks, social, and Maariv services, 5:00 to 7:00 p.m. We have at least one movie night planned. If you're interested in joining us, give me a call at (859) 338-5725.

"What Israel Means To Me"

Essay Contest

Each contestant is to submit an essay on the topic of "What Israel Means to Me." The Jewish Federation of the Bluegrass hopes that this contest will further strengthen the ties between our students and the State of Israel.

The contest is open to all Jewish middle- and high school students. The high school winner will receive \$250 and the middle school winner \$150. Both winning essays will be published in the June/July issue of Shalom.

Essays submitted by middle school students must be under 500 words while high school submission must be no more than 750 words. All entries must be typed and double-spaced, or legibly hand-written and double-spaced. The name of the writer should not be on the essay; however, the name, school grade level, and the name of the teacher should be written legibly on the outside of the self-addressed submission envelope provided by JFB.

Send your entry to the Jewish Federation of the Bluegrass, c/o Israel Essay Contest at 1050 Chinoe Road, Suite 302, Lexington, Ky 40502 no later than May 2, 2010. Essays may also be handed in to your religious school teacher, and the Federation will pick them up from OZS and TAI.

All award and promotional monies are privately funded.



B'nai B'rith

Lexington's B'nai B'rith chapter invites the Jewish Federation of the Bluegrass and its friends and families to a program of interest to everyone. There is no charge, and light refreshments will be available.

Date: March 16, 2010 (Tuesday)

Time: 7:30 to 9:00 p.m.

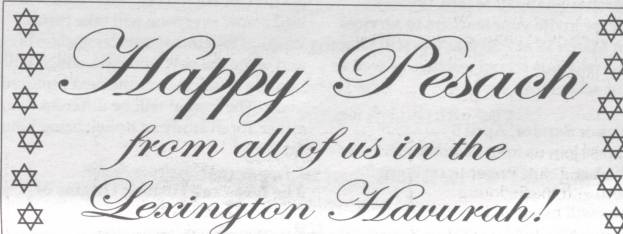
Place: Temple Adath Israel

Speaker: Nina Sundell, ADL Staff

Topic: The Enemy Within: Hate Groups in America

Nina Sundell has worked for the Anti-Defamation League for the past nine years and currently serves as regional director for the Ohio/Kentucky/Allegheny Region. In her previous position with ADL's Mountain States Region, Nina assisted local and federal law enforcement agencies on issues of hate crimes and extremist groups; facilitated training for law enforcement officials; coordinated ADL's Jewish Institutional Security Awareness program; and oversaw the Glass Partners-In-Leadership Institute and Young Leadership Circle, two leadership programs geared toward young professionals.

Before her tenure at ADL, Nina worked at the Holocaust Awareness Institute, CU Denver and at Big Brothers, Big Sisters of Colorado. She is a graduate of the University of Denver, Boulder (B.A. 1998) and is a native of Colorado.



YOM HAATZMAUT Israel Independence Day

Community-wide Celebration
Sunday, April 18, 2010
6:00 pm at Natasha's Bistro



Celebrate the State of Israel's independence at a birthday bash at Natasha's Bistro. Enjoy a special performance by Fran Uditsky Moss, cantorial soloist, guitarist, and storyteller. The music program will follow dinner. \$10 per person cover.

Make your reservations by contacting Jana LaZur at (859) 268-0672 or jana@jewishlexington.org.

Mail checks to the JFB office at 1050 Chinoe Road, Suite 302, Lexington, Kentucky 40502. You can also make reservations and pay online by visiting www.jewishlexington.org

Organized by the Jewish Federation of the Bluegrass in conjunction with B'nai B'rith, Lexington Chapter of Hadassah, The Lexington Havurah, Ohavay Zion Synagogue, and Temple Adath Israel.

Temple Adath Israel

124 N. Ashland Avenue • President, Samye Miller Stith • (859) 269-2979

Meet the board candidates, March 5
Join us for Shabbat Service at 6:30 p.m. on March 5 and meet board nominees Stephen Auer, Debra Booker, Barry Gerall, Anne Graff, Brent Haskell, Mickey Hernandez, Amy Messer, and Pat Shraberg.

Friday night live, March 12
Our March 12 at 6:30 p.m., our pre-K through second graders will sing and our fourth and fifth graders will lead services. After services, stay for pizza and movies for the kids and pizza and conversation for the adults. RSVP to Temple by March 11 if you are staying for pizza, so that we can plan.

Teacher Shabbat, March 19
Please invite your teachers to services on March 19 at 7:30 p.m. We will honor our religious school teachers as well as our school teachers.

Yizkor Service, April 5
Please join us for a Yizkor service on the last day of Passover on April 5, 2010 at 6:30 p.m.

Tutors Needed at Ashland Elementary School
Tutors are needed in various subjects for students at Ashland Elementary School, our adopted school. You can help a child reach his/her potential by volunteering for just a few hours a week. Contact Anne Graff (agraff8@aol) or Austin Cantor (ahcantor@insightbb.com) for more information and to volunteer.

Wanted: Director, TAI Mini University
Ever wanted to be a college dean? Responsibilities include recruiting faculty, scheduling courses, keeping track of enrollments, and doing publicity. The Mini U directorship can also be shared by two or more people. If interested, please contact Ken Slepian at kslepian@transy.edu or (859) 226-9145

Kollel Study Group
Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, biblical and traditional injunctions and laws, Jewish history, principles of the Reform

movement, and the relation of Judaism to Christianity, Islam, and Buddhism. Drop in to the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. **March 6 and 20**

Torah Study
Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the Library. **March 13 and 27.**

Study on the weekly Torah Portion
Join us each Saturday morning at 11:30 a.m. to take a look at the Torah portion for each week. The rabbi will lead some; everyone will take turns. We plan to reintroduce classical texts and write the new midrash, which will become classical over the next hundred years. The format will be different than either Torah study or Kollel; bring your lunch.

The Ideas and Historic Origins of Secular Jewishness
We will meet in the Sisterhood/Brotherhood lounge at 10:00 a.m. on March 14, April 11, and May 9. Please join Peter Schogol then for knowledge and discussion on the origins of secular Judaism.

Chavurat-Chochma (A Friendly Gathering of Wisdom)
We will meet on March 19 to schmooze and enjoy an informative program. The cost is \$6 per person. Please RSVP by March 17.

Would you know what to do in a medical emergency?
Nine Temple members who took the Red Cross CPR/AED course on November 8 feel much better prepared. CPR stands for "cardio pulmonary resuscitation" and AED stands for "au-

tomatic electric defibrillator." All who took part felt that it was a very worthwhile way to spend a few hours on a Sunday afternoon. They learned: How to recognize a medical emergency situation and make appropriate decisions for care until the ambulance arrives.

How to administer CPR.
How to use the automatic defibrillator.
How to deal with someone in stress.
What to do in a breathing or choking emergency.
They also received a helpful illustrated booklet from the Red Cross.
Would you like to take a CPR class? If so, please call the Temple or Judy Engelberg at (859) 266-2653. If there is an adequate response, we will organize another class for a Sunday afternoon this year.

B'nai B'rith Program
A speaker from the Anti Defamation League, Nina Sundell, will present "The Enemy Within: Hate Groups In America" on Tuesday, March 16 from 7:30 to 9:00 p.m. at Temple Adath Israel. There will be drinks and snacks.

Mayor Jim Newberry's visit has been postponed
Mayor Jim Newberry's visit to Temple has been postponed. Watch your weekly email for a future date.

G.U.C.I. Reunion
A group of former OVFTY region residents who attended Union Camp Institute between 1963 and 1969 are having a reunion at Lake Geneva, September 30 to October 3, 2010. We are trying to reach as many campers from this

era as possible. For more info about the reunion, questions, or fees contact Dan Cook at 9016 Anchor Bay Drive, Indianapolis, IN 46236, (317) 823-3456, dancook@babyboomersound.com or go to www.ovftyreunion2010.myevent.com.

Temple Adath Israel Heart Walk 2010 Team

The 2010 Central Kentucky Start! Heart Walk and Tailgate Party is fast approaching: April 24. If you were a team captain in the past, we want you back this year. If you'd like to join us for the first time, please do. If you aren't ready to be a captain, please join the temple team and tell your friends. Join us at the walk if you can, or learn and have fun at the online website. Help us achieve our mission to build healthier lives free of cardiovascular diseases and stroke. It's easy to get started!

1. To sign up as a team captain online, simply visit our website at <http://heartwalk.kintera.org/lexingtonky>;
2. Click on "Register Here" and agree to the waiver;
3. Select "Start a Team" and follow the instructions to register.

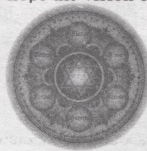
Please contact Jennifer Ebert at jennifer.ebert@heart.org or (859) 977-4614 with any questions, or talk to Sylvia Cerel-Suhl or Jack Joffe.

Brotherhood Program, March 21, 2010
Brotherhood presents Dr. Jonathan Waltman as the guest speaker at 10:00 a.m. on Sunday March 21, 2010 in the Temple Social Hall. Dr. Waltman will speak on improving cardiac health. All are welcome. Please plan to join us.

Bashanah Haba'ah B'yerushalayim! Next Year in Jerusalem!

Each year the Passover seder will end with these words, prompting many to begin telling stories of their trips to Israel. Many speak hopefully of a time when the trip can be made—perhaps even for the holiday. For us at TAI, this is our Jerusalem! This is the place we call home! As important as Israel is in our hearts, it is here that we hope the vision of peace becomes real for us and for the whole world.

May Pesach bring news of joy and peace as our families gather, retell the stories, share in the seder, and commit to making the world that is... into the world we all pray for. *Have a great holiday!*



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Ohavay Zion Synagogue

2048 Edgewater Court • President, Beth Goldstein • (859) 266-8050

Passover is almost here

This year, Passover begins on the evening of Monday, March 29. Come one, come all to the Passover Tish on the evening of Friday, April 2, when we will sing our favorite Passover songs and eat yummy Passover treats.

Yom Tov Services

On the first day of Passover, the morning of Tuesday, March 30, services will begin at 9:30 a.m. (No services are planned for the second day of Passover.) On the seventh day of Passover, the morning of Monday April 5, services will begin at 9:30 a.m. Yizkor will be recited. (No services are planned for the eighth day of Passover.)

A very Happy Passover to everyone.

March Celebrations

Ohavay Zion Synagogue celebrates the bar mitzvah of Zachary Schneider on March 6 and the synagogue's 180th birthday on March 13.

OZS Adult Education

The Writings of the Bible: Wednesday Midday: 12:00
The Writings of Jewish Mysticism: Thursdays, right after minyan (5:45 p.m.).
Jewish Parenting Class: Sunday mornings, after morning minyan (9:45 - 10:15 a.m.)

Come and learn about holidays, rituals, blessings, and stories. Starting date to be announced.

Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m. followed by a light breakfast and study. Newcomers are always welcome.

Weekday Minyan

A minyan is held each Tuesday and Thursday afternoon at 5:45 p.m. in the Sanctuary. Please come and help make a minyan.

D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS Library (or outside when the weather is nice). The brief afternoon/evening minyan follows in the sanctuary. A great way to end your day!

Kids' Shabbat

A monthly Friday evening Shabbat for children ages 4 to 9, with pizza, song, and schmoozing: 5:15 p.m. on March 26.

Tish Gathering with Rabbi Smolkin

Tish, n. (Yiddish, fr. German *Tisch*, table) a gathering around the rabbi's table, usually on Shabbat, often with singing, storytelling, or discussion. Each event will have a different topic to be announced in advance. The next Tish, with fun and Passover songs, is scheduled for April 2 at 8:00 p.m.

Night at the Movies at OZS

We will explore Jewish topics, history, and contemporary film from 7:00 to 9:00 p.m., with free popcorn provided. This month's movie is scheduled for March 24.

March Shabbat Schedule

Celebrate Shabbat! The Friday night schedule for March is:

March 5 - Shabbat service begins at 5:45 p.m. at OZS. Zachary Schneider Bar Mitzvah

March 12 - Family & Friends Shabbat at Home: No service at OZS

March 19 - Shabbat Service begins at 5:45 p.m. at OZS; Stewart Home visit.

March 26 - Kids' Shabbat at 5:15 p.m.

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30 a.m. with Kiddush lunch following in the Social Hall.

Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion, please call Simone Salomon, Membership Chair, at (859) 269-1585.

Attention
proud
grandparents,
parents,
and
students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to jfb.shalom@hughes.net

Here is my contribution to help keep *Shalom* solvent

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☐ \$54 Three Times Chai ☐ \$72 Habono (Builder)
☐ \$90+ Gibor (Hero)

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March 2010 *Shalom* | 21

Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvat, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to jfb.shalom@hughes.net. Remember, we welcome photos, too!

Mazel Tov to...

Jessica Schumacher, a graduate of Tates Creek Senior High School, who has been named to the Dean's List for the fall semester at The College of Wooster. Jessica, a political science major, is the daughter of **Scott and Beth Schumacher**.

Tomer Eres, who has been accepted by Kentucky's All-State Choir.

Max Ain, who won third place in the League of Women Voters annual essay contest.

Bar Mitzvah

Zachary Schneider, son of **Dianne and Mark Schneider**, will begin his journey toward adult Judaism when he is called to the Torah as a bar mitzvah celebrant on March 6, 2010 at Ohavay Zion Synagogue.

Zachary, a seventh grade middle school student at SCAPA, is a band major whose instrument is the trumpet. In addition to playing in SCAPA's band, Zachary plays in its preparatory orchestra and in the seventh grade honor band, which is part of the Fayette Band. His favorite academic subject is science. He says, "There are a lot of mysteries in science; it is always open for development; and every day things in science are different." He also hopes to find time to play basketball this semester.

For his Mitzvah Project, Zachary will participate in the Central Kentucky Riding for Hope program, assisting in a program designed to help disabled kids through therapeutic riding. He will help maintain the horses and hopes also to work directly with the children doing the therapeutic riding.

Condolences to...

Don, Cathy, and Steven Halleck on the death of their father, **Mark Halleck**. His service at Lexington Cemetery Mausoleum on February 15, 2010 included a flag-folding ceremony and the blowing of Taps by the Air Force Honor Guard.

Alan Jacobson of Astor, Florida, and **Michael Jacobson** of Lexington, whose father, **Col. Robert E. "Jake" Jacobson**, died on February 8, 2010. Col. Jacobson was buried with military rites at Camp Nelson Military Cemetery.

Nancy and Randy Redmon and **Alan Sea** on the death of Nancy's mother and Alan's grandmother, **Charlotte Patricia Powell**, on February 5, 2010.

Stephanie Barrett and Greg Davis on the death of Stephanie's stepfather, **George Shipmen**, on February 1, 2010.

Yolanda and Joe Brill on the death of Yolanda's mother, **Yolanda Font Musgrave**, on January 22, 2010.

Mandy and Haley Stein on the death of their grandfather **Saul D. Stein** on January 18, 2010.

Robin and Steven Gall on the death of Robin's grandmother **Elizabeth "Betty" Cloud** on January 17, 2010.

Judy and Leo Weitzman on the death of Judy's mother, **Sara Axelrod**, on January 15, 2010.

Norma Allweiss, Pamela Allweiss, Larry Herman, and Jonathan Herman on the death of **Arthur Allweiss** on February 5, 2010. He was the husband of Norma, father and father-in-law of Pamela and Larry, and grandfather of Jonathan.

TOGETHER.

We can strengthen the Jewish identity of our children and our community.



The Jewish Federation of the Bluegrass, through Jewish Family Services, awards scholarships annually to help young Jewish adults in our community travel to Israel for programs such as Taglit-Birthright Israel, MASA-Israel Journey, Year Course, and Oranim. These programs help nurture and sustain future generations of young Jewish adults by providing a positive and educational Israel experience.

*Honor the past.
Ensure the future.*

Support the 2010 Jewish Federation Community Campaign.



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Gold's	Golan	Flaum's
Koppers	Schmerling	Klein's
Kojel	Les Petites	Morning Select
Osem	J&J	Pepsi
Paske	Mehadrin	Coke
Pereg	Bazooka	Maxwell House
Savion	McCormick	Oxygen
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Grape Juice
64 oz.



Temp Tee Whipped
Cream Cheese
8 oz.



Ungar's Frozen
Gefilte Fish
12 oz.



Bartenura
Moscato D'Asti
750 ml.

Manischewitz Cake Mix

12 oz. 5.99

Manischewitz Macaroons

10 oz. 3.79

Manischewitz Egg Matzo

12 oz. 3.59

Manischewitz Matzo Ball Mix

4.5 to 5 oz. 2.62

Mishpacha Solid White Tuna

6 oz. 3.39

Dr. Brown's Soda

1 liter. 10 for 10

Barricini Fruit Slices

8 oz. 2.69

Morning Select Yogurt

7 oz. 99¢

Klein's Real Kosher Ice Cream

56 oz. 7.99

Batampte Horseradish

8 oz. 2.39

Oberlander's Finger Cookies

5 oz. 4.59

Shabtai Gourmet 7 Layer Cake

16 oz. 8.99

"Let all those who are hungry, come and eat!"

In the spirit of the Holiday, let's work to stamp out hunger this Passover season. Purchase any **Manischewitz** or **Rokeach** item and a portion of the proceeds will be donated to the United Soup Kitchens in Israel.

Applies to purchases made March 1 - April 6, 2010. Some exclusions and limitations may apply.

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March 2010 Shalom | 23



Community Calendar

• **Jewish Federation of the Bluegrass - www.jewishlexington.org**

• 1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President

• **OZS - Ohavay Zion Synagogue - www.ozs.org**

• 2048 Edgewater Court • 266-8050 • Moshe Smolkin, Rabbi; Beth Goldstein, President
• Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday Evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.

• **TAI - Temple Adath Israel - www.lextai.org**

• 124 N. Ashland Avenue • 269-2979 • Marc Kline, Rabbi; Samye Miller Stith, President
• Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

• **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**

• Lynn Furness, President • mamanebs@yahoo.com

• **HAV - The Lexington Havurah - www.lexhavurah.uscjhhost.net**

• 338-5725 • Judy Goldsmith, President • goldsmith@insightbb.com • Shabbat Services monthly, call for schedule

• **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**

• 1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	UK Judaic Studies lecture				Zachary Schneider Bar Mitzvah, OZS	Zachary Schneider Bar Mitzvah, OZS
28	March 1	2	3	4	5	6
Yiddish Class at JFB	Shalom newspaper deadline	Chabad-Rabbi Litvin visits		One World Film Festival <i>At Home in Utopia</i> 5 & 7:30 p.m. Kentucky Theater		
Hadassah Young Women's Coffee/Bagel Get Together		Hadassah Board Meeting				
7	8	9	10	11	12	13
		God's Pantry Night	TAI Sisterhood Program Jewish Genetic Disease	Community Wide Women's Seder	TAI Chavurat Chochma 11:30 a.m.	
		B'nai B'rith Hate Groups in America 7:30 p.m.				
14	15	16	17	18	19	20
Yiddish Class at JFB	Hadassah Book Club special meeting	Dr. Hanan Ashwari at UK	JFB Board Meeting			
JFB Super Sunday & Services Silent Auction			Leisure Club lunch Federation Office noon			
TAI Brotherhood 10 a.m.			OZS Night at the movies 7 p.m.			
21	22	23	24	25	26	27
	Ta'anit Bechorot - Fast of the First Born	JFB office closed	JFB office closed			
	JFB office closed	TAI Congregational Seder				
28	29	30	31	April 1	2	3
Yiddish Class at JFB	JFB office closed	JFB office closed			Shalom newspaper deadline	Maxwell Hirschowitz Bar Mitzvah, TAI
Havurah Service					Maxwell Hirschowitz Bar Mitzvah, TAI	
4	5	6	7	8	9	10