



Shalom

Serving the Central Kentucky Jewish Community Since 1962

March 2002

Adar-Nisan 5762

Camp Shalom Is 35 Years Old!!

Calling Camp Shalom campers, staff, and friends from 1967 to 2002 to a really big rally on March 17, 2002

Central Kentucky Jewish Federation cordially invites the community to celebrate the 35th Anniversary of Camp Shalom.

Please join us for an anniversary party and a 2002 Camp Shalom Rally on Sunday, March 17 at 12:15 PM at the Temple Adath Israel Social Hall. In addition to friendship and fun we will be treated to pizza, drinks and cake.

Camp Shalom began in 1967 when the late Sue Friedman determined that the Jewish children in our community needed a day camp. Sue put together a committee of parents that included Merle Wekstein, Judy Saxe, Judy Levine, Janice Doctrow, Harriet Cooper and Carol Wirtschafter who served as the first camp director. Their efforts evolved into the

vital, exciting, and educational camp we have today. That first summer the camp met at Idle Hour Park near what is now Lexington Mall.

In the years since then the camp and its supporters have seen many changes and much growth in programming, location and facilities, and administration. This rally will be an opportunity to hear campers and staff from throughout these 35 wonderful years share their special Camp Shalom experiences. It would be interesting indeed to compare stories about the camp from the perspectives of second generation campers and their parents.

Our 2002 staff will be at the festivities to answer questions about this year's camp session. Again this year Camp Shalom will be held at the

Lansdowne Club from July 29 through August 9.

We look forward to seeing and hearing from Camp Shalom alumni and to meeting our new 2002 campers.

by Kathy Feinberg, Camp Director

Franklin Moosnick Celebrates 85 Years of Living Life to Its Fullest

by Evelyn Dantzig Geller

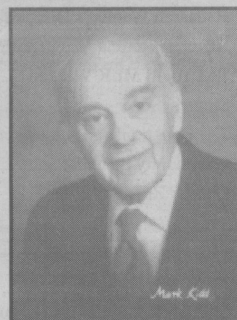
Franklin Bernard Moosnick was born to Rose and Jacob Lazarus Moosnick on February

28, 1917 in Poughkeepsie New York. From that day until this, he has met every challenge of his long and fruitful life head on, with unusual and most often rewarding success. It is for this exemplary life that the Jewish community of Central Kentucky wishes to honor him.

When Franklin was eight years of age, his family moved to Central Kentucky where his father's brother was in business. His family settled in Versailles where his father went into business. Franklin completed public school in Versailles and went on to graduate, magna cum laude, from Transylvania in 1936 - what else would you expect from such an outstanding man. So much for his youth.

Franklin Moosnick then entered the College of Medicine at the University of Cincinnati. Never one to shy away from academic pursuit, while studying for his M.D. (1941), he took summer classes in Bacteriology in the University of Kentucky Graduate School. And, after earning his medical degree, and while in residency at Minneapolis General Hospital, he did further graduate study at the University of Michigan.

Moosnick continued on page 3



2002 Campaign gearing up

Kick-off Event on May 5, 2002

Preparation for our 2002 UJC/CKJF Community Campaign has begun. Every year, the Campaign brings in the financial resources necessary to provide services locally as well as helping our brothers and sisters in Israel and around the world.

Locally, we meet many needs of our community. Isolated seniors, community members in need of financial aid, scholarships to allow children and teenagers to have Jewish experiences in camps and in Israel, a summer camp for our children, programs to bring the community together, as well as programs for singles and for seniors, for young and old, for affiliated and unaffiliated. All benefit from your campaign contributions. We live up to the idea that, "All Israel is responsible for one another."

In addition, we are living in unique times, times when our help is required to aid Israel in a time of

danger, and to assist communities in South America, Ethiopia and Eastern European, many of which are in dire need of financial and social services. With our Campaign we provide the means for the American Joint Distribution Committee (JDC) and the Jewish Agency for Israel (JAFI) to work with communities around the world to serve the needs of our people. Through the Campaign we become bigger than ourselves and part of a larger picture.

Join us, be part of the effort - **SAVE THE DATES:**

Sunday, May 5, 2002 - Kick-off Event at the Makers' Mark Restaurant in the Applebee's Park (Lexington Legends' BallPark)

Sunday, May 19, 2002 - Super Sunday. Volunteer to help us reach as many people as possible.

Let us make 2002 a record year in providing for our people.

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MAZEL TOV TO:

Garry Hoover and Evalyn Block on their marriage.

Lisa Kaplan and Robby Doctrow on their engagement.

Wendy and Jon Waltman on the birth of their son, Benjamin Lev, on February 1, 2002.

Freda Miller on the birth of her grandson, Solomon Levi Luner.

REFUAH SHLEMAH (get well wishes):

Lucille Barnes, Bob Ellsworth, Marvin Frank, Joe Krislov, Pat Shraberg

CONDOLENCES TO:

David Marwil on the death of his father.

Jack Westerman on the death of his mother.

Addendum: We want to recognize Rafi Finkel, author of last month's clever and entertaining Purim spiel.

Please let us know of any news you would like to share with the community. E-mail your Community News to:

shalom@jewishlexington.org

or mail:

Community News
Central Kentucky Jewish Federation
340 Romany Road
Lexington, KY 40502

Shalom Deadline

Deadline for articles for the April Shalom is March 11.

E-mail articles to

shalom@jewishlexington.org
(all lower case letters)

Articles submitted in hard copy should be double-spaced.

President's Message

by
Stan Saxe



Who did this to us?" writes Bernard Lewis, is the question many in the Islamic Middle East asked once Islam was no longer the dominant force it had been in the eighth and ninth centuries. First the Mongols were blamed, then the Turks and, with the rise of French and British influence in the Arab world in the nineteenth and twentieth centuries, the scapegoat was Western Imperialism.

In his most recent book *What Went Wrong? Western Impact and Middle Eastern Response* (Oxford University Press, 2002) Lewis compares the differences between Western and Middle Eastern cultures over the past 200 years. A distinguished historian, Bernard Lewis was educated at the University of London where he received his PhD in the History of Islam and where he taught from 1938 until 1974 when he went to Princeton. He is currently Emeritus Professor of Near Eastern Studies at Princeton. Lewis writes the Anglo-French interlude was brief and ended a half-century ago. Their role as villains was taken over by the United States. "The attempt to transfer the guilt to America has won considerable support, but for similar reasons remains unconvincing. Anglo-French rule and American influence, like the Mongol invasions, were a consequence, not a cause, of the inner weakness of Middle-Eastern states and societies."

This, the latest book of more than two dozen books written by Lewis, provides us with insight and background to what occurs in the world today. It also provides background to recent writings of journalists and political commentators. For example Robert L. Bartley of the Wall Street Journal wrote in April 2001 that "Mr. Arafat has not effectively renounced his ambition to occupy Israel, and never will." In writing of the Arab-Israeli conflict Bartley goes on to say "...the grievance here is much more than a dispute over land."

Ultimately, too, it is also about much more than Israel. It's fed by Muslim resentment at being displaced in history by the West, currently embodied in the United States. Scholars such as Bernard Lewis and Fouad Ajami keep reminding us that to understand the contemporary Islamic mind, you have to remember that at one time Islam was the center of civilization and Europe a barbaric backwater. It is bad enough that Israel is a Jewish state, but even worse that it is an outpost of the West, powerful with industrialization and subversive with democracy.

Following the Sbarro pizzeria bombing in Jerusalem last August, Gush Shalom (Israeli peace movement) stated, "Israeli occupation of the West

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Shalom

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Moosnick Lecture Series

Hannah Liss, PhD, visiting Moosnick Scholar at the Lexington Theological Seminary, will present the annual Moosnick Lecture Series on three dates this year. On March 14, at 11:00 a.m. at the seminary, Dr. Liss will speak on "The Heritage of Their Fathers: Jewish Orthodox Bible Scholars in the 19th and 20th Centuries."

The second lecture in the series will be presented as part of the Central Kentucky Jewish Community Commemoration of Yom HaShoah at 7:30 p.m., Sunday, April 7 at Ohavay Zion Synagogue.

On Thursday, May 8, Dr. Liss will present "The Sins of the Prophets" at Temple Adath Israel.

Keep the Heat On – A City Wide Alert

Over the last two years, the Central Kentucky Jewish Community has made a concerted effort to be part of coalitions with other ethnic and religious communities that promote understanding, and to work together on meeting some of the social needs of our city. Two of these efforts have been the A.M.O.S. (A Meeting of Souls) program with the Catholic community, and participating in the Interfaith Low Income Housing Coalition.

The Low Income Housing Coalition has grown over the last year with a number of projects. They publish *The Homeless Voice*, a newspaper that provides a venue for people in need to network for jobs and to make their voices heard. The newspaper is distributed in almost every house of worship in the county.

There is another project, however, that stands out for its impact on the lives of many residents of Lexington – *Keep the Heat On*. This project was a response to a concrete need. Last year, because of the sharp increases in fuel costs for the winter, it was determined that a large number of low income families were going to be in dire straits having to pay both rent and fuel costs. The worst predictions were, in fact, accurate. That is when our coalition went into action by organizing a special program.

The idea was for some community personalities to voluntarily live the life of homeless people for 24 hours with the double goal of raising the awareness of the general community to the plight of homeless in Lexington, and of raising money through sponsorships to help low income people pay their heating bills. With almost \$70,000 raised, more than 390 families received much needed financial help that allowed them to stay up-to-date with their bills. All thanks to those who volunteered as "homeless," including our own Kathy Stein. *Keep the Heat On* was born.

The 2002 *Keep the Heat On* experience will take place on March 13 and 14. The coalition is looking forward to repeating the success of last year and to helping even more people. We are proud to be part of this effort that helps improve the lives of Lexingtonians, one at a time.

Moosnick continued from front page

The United States had entered World War II while Franklin was in residency. As soon as he had completed two years of this experience, he entered the army and served an additional two years, supposedly in residency, but actually as Chief of Medicine at the Royal Masonic Hospital in London, England. He was then transferred to Korea where he served two years more as Chief of Medicine at the U.S. Army's 29th General Hospital. Not bad for a young physician fresh out of medical school. His service to his country did not stop upon discharge. From 1946 until 1970 he was a consultant to the Veteran's Administration Hospital and the U.S. Public Health Hospital here in Lexington.

Although he had been asked to return to Minnesota, his devotion to his mother directed his decision to return to Lexington. Several months later, Franklin opened his office and remained in the same location until his relatively recent retirement.

Romance and marriage entered Franklin's life late, but with a big bang. He met Marilyn Kilgus in 1952. After five years of off and on dating, they were married on November 24, 1957. Their children are Jeff and his wife Brenda of Kibbutz Keturah, in Israel, Greg and his wife Karen of New York, Mimi and her husband Yoni of Baltimore, and Ross, also of Baltimore. Their five grandchildren are absolutely beautiful - and I speak with no bias whatsoever.

Franklin credits his father with being his role model for community service. Like "Laz", Franklin feels a strong sense of responsibility to the communities of which he is a part. In addition to membership in many civic and professional organizations, Franklin has served on the board of most of them. His commitment to all of the organizations of which he is a member is unflinching. However, he is particularly proud of the accomplishments of the Lexington Rotary Club, the Fayette County Medical Foundation, the Fayette County Chapter of the National Foundation for Infantile Paralysis/March of Dimes, the Lexington-Fayette Urban County Government Emergency Medical Services Committee, The National Conference of Christians and Jews, B'nai Brith, and Ohavay Zion Synagogue during his years of work with each of these groups.

As a result of his contributions to the communities in which he lives, Franklin has received many awards and recognitions. He was reluctant to discuss these honors, but finally expressed gratitude and pride for all of them. Among the numerous awards with which Franklin has been honored are a Laureate Award by the American College of Physicians in 1997, the Optimist Club Award in 1998, being the initial recipient of the Jack Trevey Award for Community Service by the Fayette County Medical Society, being the initial recipient of the Franklin B. Moosnick Service Award, established and given in his honor, by the Kentucky Affiliate of the American Heart Association, the establishment - in his honor - of the Franklin B. Moosnick Lectureship in Judaic Studies by friends and colleagues at the Lexington Theological Seminary, and the Humanitarian Award from the

National Conference of Christians and Jews (now the National Conference for Community and Justice).

Franklin recounted more examples of how his professional services to the community had positive outcome than can possibly be listed here. Among them were his role as initiator and participant in the Cardio-Pulmonary Resuscitation Program for Fayette County, his work with polio victims in "iron lungs" on the isolation unit at St. Joseph Hospital, his role as co-coordinator of the Lexington Polio Vaccination Program, and his founding of the Rotary Club's Worldview program. None of these accomplishments were reported with any thought of self-aggrandizement. Rather, they were detailed with gratitude for the fact that he was able to "...transfer so much of my caring into community service and to the benefit of the community."

When asked what he would say if he were asked to speak to a graduating class of medical students today, Franklin replied that he would tell them that "...medicine is a wonderful vocation. It can give great satisfaction. But you can make of it only what you give to it." He recognizes that the changes in health care are almost unfathomable; that the art of bedside diagnosis has largely been replaced by technology. This does not lessen the quality of care. But this loss of physician-patient involvement may be the reason for many complaints about health care today.

When pressed for some words of wisdom to the Jewish Community, Franklin advised each of us to increase the extent of our involvement with our community. He asked us to embrace newcomers and those who stand tangential to the community and help them become involved and affiliated.

It was a labor of love to interview Franklin Moosnick and to write this totally inadequate tribute to his contributions to the people of central Kentucky and to his family. Each of us who knows him, no matter how well, is richer for having come under the influence of this outstanding human being.

Moosnick is grateful

that he was able to

"...transfer so much

of my caring

into community service

and to the benefit

of the community."

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NOTE:

Lots of people are weighed down by guilt, over things they do every day, or over something they did maybe 30 years ago. We imagine that if we didn't feel guilty, nothing would restrain us from being bad and doing bad things.

In fact most people would be about as decent as they are now, even if they could eschew guilt. True antisocial people, those said to have no conscience, are only 3% of males, 1% of females.

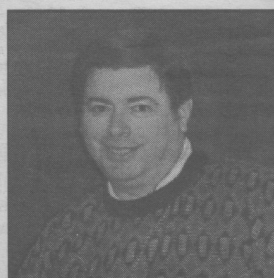
With guilt I excuse myself for doing the bad thing. This leaves me free to go on doing it.

For the most part, anticipating that we'd feel guilty doesn't keep us from doing bad. Rather, it handicaps us afterwards from using our full mental energies on present challenges.

Harwell F. Smith, Ph.D.

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"Power and Leadership"

By Daniel Cheffec, Executive Director
 Central Kentucky Jewish Federation

Recently somebody asked me how many leaders can the community have... and I realized that, of course, the answer is not simple. First we must recognize that the Jewish people is, by definition, a people of the Law. The Torah (Law) not only defines us, but it is the very element that transformed the loose group of tribes at the foot of Mount Sinai into a nation. Without Torah, there is no Judaism. We can argue about the interpretation of the Law and about its adaptation to the times, but not about its very centrality to Judaism.

Since we are defined by the Law, we are also governed by it. According to the Biblical narrative no person is above the Law. In Jewish tradition leaders do not derive their power from thin air, but from their adherence to the Law. Leaders, in Jewish tradition, are administrators of the Law in communal affairs.

The Torah does not belong to power or to those who administer its application, but to the people themselves. During the defining experience in Sinai, God told the people directly, "You shall keep My covenant, you shall be My people and I shall be your God." The covenant is not a covenant with the leadership, the priesthood or the royal house, but with the people themselves. Every time we hold a Torah reading service, we exclaim at some point, "This is the Torah that Moses brought to the people of God." The Torah belongs to the congregation, to the community, to the Jewish people. That is the reason for the Hakafoth in which the Torah is brought

down from the bimah to the congregation.

If leaders are subject to the Torah, and the Torah belongs to the people, it follows that while individual leaders are responsible to God for their personal adherence to the Law, they also are accountable to the people for their actions and their administration of the Torah. That accountability factor is one of the elements that made Jewish leadership different from other historical leaders. That accountability factor has been incorporated into Christian thought and through it into modern democracy. Democratic nations are nations of Law.

Because of this adherence to the Law, a good Jewish leader is one who listens. By listening to the needs of the community, the leader can better administer the law. The same principle applies to any level of organization; a household, an organization, a local community, or an entire people. The concept of "Shalom Bayit" is founded on this principle of accountability. In Jewish tradition, power and authority must go together, for power derives from the Torah and the Torah belongs to the people.

So how many leaders can a community have? My answer is "as many as necessary." If the leaders are true to our heritage, they will listen to the people. And, if they listen to the people, they will probably propose answers to the same needs, so they can come together and pick each other's brains to figure out the best way to meet those needs. But the basic idea is that leadership in Judaism is a process, not a mantle of individual power but a response to the needs around us.

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Organ Donation – Prohibited by Jewish Law or Not?

by Kathie Kroot

Recently, I was speaking with a fellow Jew about organ donation. He said he believed it was against Jewish Law (Halakha). Belief that organ donation is against Halakha is, according to Rabbi Elliot Dorff of the University of Judaism, "a folk belief that runs deep" despite efforts by Orthodox, Conservative, and Reform rabbis to educate us to the truth. Currently, there are about 80,000 people waiting for this lifesaving gift. About 16 people will die today waiting for an organ. A new person is added to the waiting list every 18 minutes. And all this despite the reality that Jewish law allows, even encourages, organ donation.

Life, in Hebrew "Chai," and living are sacred to us as Jews. With the precept, "You shall keep My laws and My rules, by the pursuit of which you shall live..." (Leviticus 18:5), our Sages taught that the mitzvot were given for the sake of life. We are taught further that if a person saves one life, it is as if that individual had saved the world. We carry this ideal into every day life as well. For example, Chai Lifeline is a Jewish cancer support group and Chai-Bo is a Jewish fitness program. And we use the number eighteen, which is written in Hebrew with the same letters that comprise the word "chai," to symbolize our wishes for a long and healthy life.

The sacred obligation to preserve life at all costs is known as "pekuach nefesh." The only exception to this duty is if it would require the performance of one of the three cardinal sins — idolatry, forbidden sexual activities, and murder. The Rabbis further instruct us that not only are we commanded to do all we can to save our own lives, but we also are obligated to save the lives of others. Their reasoning comes from the teaching in the Torah "...Do not stand idly by the blood of your neighbor..." (Leviticus 19:16). The 12th century scholar, Maimonides, emphasizes that "...anyone who is able to save a life, but fails to do so, violates [this mitzvah]." Maimonides made no exceptions to this, stating "...all Israel is commanded to take lifesaving action." We are not even exempt even if we can't save the life directly. In such instances, we must use all the resources available to us to do so. Organ donation is not only life saving, but ensures that our fellow's blood is not lost.

Today, in these United States, an estimated 63 people will receive a transplant from either a living or cadaver donor. Their lives will be transformed because most organ transplants are very successful, either saving lives or greatly improving the quality of life of the recipient. Very few Jews would not avail ourselves of the opportunity to receive an organ if one of ours failed. On the basis of the principle of "pekuach nefesh," scholars would argue that Jewish law would expect us to avail ourselves of this opportunity. On the other hand, we fail in our responsibility to preserve the life of others through organ donation. Statistically, organ donation by Jews is well below the national

average. In Israel, the donation rate is so low that Israelis needing organs often travel to other countries for an organ transplant. This is despite education programs, support from religious institutions, and publicized donations from victims.

What keeps Jews from carrying out this vital mitzvah? Is it the fear of "nival ha-met," desecration of the dead? In Jewish tradition we are taught that a dead person's body is to be treated with the utmost respect. Every part of the body must be buried, which is why you see images of religious Jews dutifully going around after a terrorist bombing scraping up pieces of flesh and blood for burial.

Rabbi Elliot Dorff, noted Jewish ethicist, says

"...saving a person's life is so sacred a value in Judaism that if a person's organs can be used to save someone else's life, it is actually an honor to the dead."

Perhaps, it is concern that if you sign an organ donation card, doctors won't work as hard to save your life? Perhaps, it is simply that an individual's life and death are so personal and that a decision of this magnitude is overwhelming. Do we fear that if we talk or take action about organ donation, we will die? Maybe, it is a little of all of the above.

Jewish law is very specific about the treatment of the body after death. We focus on providing "Kavod ha-met," dignity for the dead. The physical remains are treated with respect and gentleness. Although there are many variations, strict adherence to ritual is very specific. The body undergoes a ritual washing, "taharah," is dressed in a shroud called "tachrichim," and buried as soon as possible after death. By law, we may not desecrate the

body, gain benefit from the body, or unduly delay the burial of the body. If we allow organ donation, do we provide the requisite dignity for the dead?

According to Rabbi Elliot Dorff there is no conflict. He believes that, "...saving a person's life is so sacred a value in Judaism that if a person's organs can be used to save someone else's life, it is actually an honor to the dead." Beyond the theological support for organ donation, we respect the body through the performance of a careful surgical procedure that takes place in an operating room at the hands of a skilled surgeon. When completed, it leaves the deceased donor neither disfigured nor altered in appearance. The body can be washed, dressed, and buried as soon as possible. Donating organs in no way interferes with following Jewish tradition.

The most expedient route to organ donation is to make the decision when you are well and healthy. It is much more complex to obtain permission for donation when the potential donor family must be approached. The first priority of any health care provider is to preserve the life and health of every patient. ONLY

AFTER A PERSON IS DEAD may organ and tissue donation be pursued. Death occurs in two ways - cessation of cardiopulmonary (heart-lung) function or cessation of all brain function (brain death). After either type of death, tissue and bone may be usable. Organs, however, are usable only in the case of brain death. Brain death occurs when a person has an irreversible, catastrophic brain injury that causes ALL brain activity to stop permanently. This definition is accepted medically, ethically, and legally. The standards for determining brain death are strict. Here in Kentucky, the determination of brain death must be made by two physicians, one of whom must not be involved in the care of the patient. Furthermore, neither of these

Organ Donation continued on page 6

Small Federations Executive Institute to be held March 3-6

Executive Directors from Jewish Federations around the country meet annually to discuss a variety of issues affecting the functioning of Federations. Of course, problems and issues are different in places as diverse as New York and Central Kentucky. Therefore, to facilitate the exchange of information and allow communities to have more useful experiences, these meetings are grouped by community size. Last year's Institute, funded by the Fox Foundation, was held in Jerusalem. As this is not something we can do every year, this year the Institute will take place in Palm Springs, CA from March 3 through 6. Our Executive Director, Daniel Chejfec will attend. In fact, he is part of the organizing committee. His specific responsibility is a workshop called "Program Shug" designed for chief executives of small federations in

which they can share their concerns and areas of need and discuss how those needs are met with limited human and financial resources.

In addition to "Program Shug," there will be sessions on Hasbarah (Pro-Israel advocacy) and on volunteer-professional relations and the professional role in Jewish Federation in the twenty-first century. The latter topic will be presented by a Scholar in Residence, Dr. Stephen Windmueller, current Director of the Irwin Daniels School of Jewish Communal Service at the Hebrew Union College, and former Director of Community Relations for the Jewish Federation of Greater Los Angeles.

We look forward to hearing from Daniel about his challenging experience and the new ideas he will bring back with him to enhance our local community activity even further.

physicians can be involved in the transplant procedure itself. All of this must be assured before organ and tissue donation can be pursued.

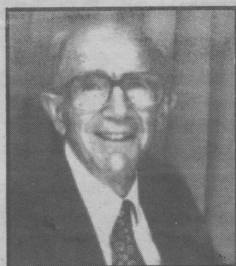
Rabbinic authorities hold that the classic definition of death in Judaism is the absence of spontaneous respiration in a patient with no other signs of life (YOMA 85a). Brain death is a criterion for confirming death in a patient who already has irreversible absence of spontaneous respirations. If the brain cannot support breathing, a person is dead, despite any technology used to provide oxygen and fluids to the body. Reform, Conservative, and most Orthodox scholars agree with these principles and agree to organ donation based on the presence of brain death.

A signed donor card does not affect life-saving treatment in emergency situations. It does not give the consent needed for surgeons to recover organs or tissues; that consent must be obtained from the next of kin. A signed card is a way for others, including the next of kin, to know that organ donation was the deceased's desire.

Some suggest that discussions about end of life issues should occur as early as when one gets a driver's license. People in their teens and twenties believe they are invincible, but statistically they are more likely to be involved in fatal traffic accidents or violence. A discussion of end of life issues is uncomfortable at any age. But talking about it will not hasten death any more than buying insurance will cause accidents. Still, it seems particularly strange, counterintuitive, and even eerie to have this discussion with young people when it seems more appropriate to advise them on how to live life.

From a terrible personal experience, I strongly believe that it is worth the temporary discomfort, should you find yourself having to make decisions in a surreal situation in an emergency room. As his parents, Lou and I knew what our son Joseph's wishes were five years ago, when he was pronounced "brain dead." Previously, we had talked with him about sharing a kidney with a friend. Never did we expect to be in a situation where that discussion would be relevant. Joseph and Lou were talking about a movie they wanted to see, when Joseph collapsed. Four hours later, the neurologist confirmed that Joseph was "brain dead." His body remained on "physiologic support," until it was taken for organ recovery. Joseph's "pikuah nefesh" gifts. We later learned from Kentucky Organ Donor Association, that his gifts helped at least seven people. His kidneys went to two women who had been on dialysis. His liver's hepatocytes were used to prolong a life until a viable liver was found. Two teenagers were given the gift of sight with his corneas. And two children used his heart valves rather than mechanical valves preventing the need for blood thinners.

Donating organs is not against Jewish law. In fact, scholars and rabbis are so much in favor of organ donation that both the Reform and Conservative movements have their own donor card that can be carried. The Orthodox community has not yet



Hail to the Heroes

by Michael E. Adelstein

Heroes are back in style!

Were we ever without them? Yes and no. There were only a few heroes from the recent past like Martin Luther King Jr., President Kennedy, and some pseudo heroes in the athletic world like Michael Jordan and Ali.

Generally speaking, the modern Age of American Heroes began on September 11, 2001, when countless firemen, policemen, and others displayed unbelievable courage in risking their lives to save strangers. For a specific example, think of the three unarmed passengers who attacked the terrorists in the fourth plane, probably headed for the White House, forcing it to land in Pennsylvania.

With our renewed interest in heroes, it is fitting and timely that the Holocaust Museum features the brave men and women who risked their lives by providing food, shelter, and sometimes false identity papers to save thousands of Jews. These individuals are honored by Israel's Yad Vashem's designation of the "Righteous Among the Nations."

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beings, and the world. By talking about organ donation with your family and by signing a donor card, may you be comforted with the knowledge that even in death you are fulfilling God's Will: to sustain a single human life is equivalent to sustaining the entire world. Thus, may you bring pride to yourself and your family, setting an example of care, compassion, and generosity for others in death as in life.

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surviving European Jews attempting to reach Israel after the Holocaust. One of the passengers from the ship will be here in Lexington to share the experience with us.

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Save Sunday, April 21 for this event. It will be held from 1:00 to 5:00 p.m. at the Regal Theater in Hamburg Place. This movie is recommended for children ages ten and older. Look for more information next month.

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Jewish Family Services of the Central Kentucky
Jewish Federation is proud to present...

Jerry Sander

Channel 27-WKYT newscaster

who will speak about health care in the U.S. and
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on Thursday, April 18, 2002

at 12:15 pm



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JFS at 269-8244



President's Message continued from page 2

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physicians can be involved in the transplant procedure itself. All of this must be assured before organ and tissue donation can be pursued.

Rabbinic authorities hold that the classic definition of death in Judaism is the absence of spontaneous respiration in a patient with no other signs of life (YOMA 85a). Brain death is a criterion for confirming death in a patient who already has irreversible absence of spontaneous respirations. If the brain cannot support breathing, a person is dead, despite any technology used to provide oxygen and fluids to the body. Reform, Conservative, and most Orthodox scholars agree with these principles and agree to organ donation based on the presence of brain death.

A signed donor card does not affect life-saving treatment in emergency situations. It does not give the consent needed for surgeons to recover organs or tissues; that consent must be obtained from the next of kin. A signed card is a way for others, including the next of kin, to know that organ donation was the deceased's desire.

Some suggest that discussions about end of life issues should occur as early as when one gets a driver's license. People in their teens and twenties believe they are invincible, but statistically they are more likely to be involved in fatal traffic accidents or violence. A discussion of end of life issues is uncomfortable at any age. But talking about it will not hasten death any more than buying insurance will cause accidents. Still, it seems particularly strange, counterintuitive, and even eerie to have this discussion with young people when it seems more appropriate to advise them on how to live life.

From a terrible personal experience, I strongly believe that it is worth the temporary discomfort, should you find yourself having to make decisions in a surreal situation in an emergency room. As his parents, Lou and I knew what our son Joseph's wishes were five years ago, when he was pronounced "brain dead." Previously, we had talked with him about sharing a kidney with a friend. Never did we expect to be in a situation where that discussion would be relevant. Joseph and Lou were talking about a movie they wanted to see, when Joseph collapsed. Four hours later, the neurologist confirmed that Joseph was "brain dead." His body remained on "physiologic support," until it was taken for organ recovery. Joseph's "pikuah nefesh" gifts. We later learned from Kentucky Organ Donor Association, that his gifts helped at least seven people. His kidneys went to two women who had been on dialysis. His liver's hepatocytes were used to prolong a life until a viable liver was found. Two teenagers were given the gift of sight with his corneas. And two children used his heart valves rather than mechanical valves preventing the need for blood thinners.

Donating organs is not against Jewish law. In fact, scholars and rabbis are so much in favor of organ donation that both the Reform and Conservative movements have their own donor card that can be carried. The Orthodox community has not yet



Hail to the Heroes

by Michael E. Adelstein

Heroes are back in style!

Were we ever without them? Yes and no. There were only a few heroes from the recent past like Martin Luther King Jr., President Kennedy, and some pseudo heroes in the athletic world like Michael Jordan and Ali.

Generally speaking, the modern Age of American Heroes began on September 11, 2001, when countless firemen, policemen, and others displayed unbelievable courage in risking their lives to save strangers. For a specific example, think of the three unarmed passengers who attacked the terrorists in the fourth plane, probably headed for the White House, forcing it to land in Pennsylvania.

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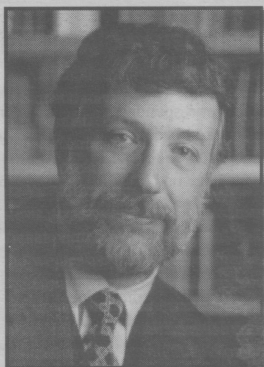
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Rabbi Adland is the spiritual leader of Temple Adath Israel of Lexington.

Going to Israel in December 2001 turned out to be more than just a visit to this special place. Along with 18 other people, aged 12 and beyond, we thought we were just going on a vacation, but it turned out to be a mission of hope and a process of love. We brought hope to every Israeli that we met that they were not abandoned by the Jews of the Diaspora during this continuing period of crisis, and many of us learned not only to appreciate and admire this country, but begin to love it as well.

At the end of March, we begin the celebration of Pesach. About a week after Pesach concludes, we observe Yom HaShoah (memorial day for the victims of the Holocaust.) About a week later, we celebrate Yom Ha'atzmaut or Israel Independence Day. Without question, these days of celebration, memory, and sadness are all tied together in Israel today. Though the country we call Israel was promised to Abraham and to Isaac and to Jacob, it was the exodus from Egypt that began our final journey to Eretz Yisrael. Ever since we entered the land some 40 years after the exodus, there has been a Jewish presence in the land. Sometimes we

Rabbi's Corner *by Rabbi Jon Adland*

ruled over the land. Sometimes we were subjects in the land. Sometimes only a remnant continued to live in Eretz Yisrael. Regardless, through the great times and sad times, Jews always lived somewhere within the boundaries of the land.

Even when it isn't Pesach, you can see why our ancestors desired to get this land. There is beauty everywhere you look. Whether it is in the lushness of vegetation in the Galilee or in the stark barren areas of the deserts, the quiet of the Dead Sea or the mountains of Jerusalem, there is beauty in every direction.

There is also history. The history goes back to the time of Moses and Joshua, to Kings David and Solomon, and to the prophets, judges, and rabbis who continuously tried to light the fire of holiness in the souls of our people. The history of the land is also filled with invaders, wars, destruction, rebuilding, hope, and tomorrow. When we walked out of Egypt at the season of Pesach, we began a journey that lasts until today.

Yom HaShoah not only remembers those who died, but it also reminds us of those who survived the horrors of Europe in WWII. The purpose of the destruction of the 6 million was not that we have a new Israel, but the lesson of the Holocaust told us that we needed an Israel. Whether it is a visit to Yad v'Shem where you painfully experience the horror and trauma of the Holocaust, or going to the Diaspora Museum and seeing what isn't any more because so much was destroyed and obliterated, the memories of the dark days of Europe are ever present in Israel.

But, Yom HaShoah gives way to Yom Ha'atzmaut, to the Phoenix that rose from the ashes. Modern Israel is a testament to the will of a people to survive. It isn't just survival, but building and creating a land, a nation, that feeds itself, educates its young, defends its borders, and is creative and inventive. I remember seeing a picture

of Israel when I was in grade school. The pictures very much reflected a society that seemed to be living on the edge of a desert. Today, the pictures are different. Israel is alive with music, art, poetry, literature, religion, food, and culture. And the desert is alive and blooming. Israel is a modern place, but the feel of the desert and a simpler life still pervades everything.

Because Israel has become so modern and self-

sufficient we, Jews living in the United States today, tend to forget about the fact that Israel is part of who we are in our Jewish lives. I don't believe that Israel is the center of the Jewish world because I believe that Jews living outside of Eretz Yisrael contribute as significantly to Jewish life as do Jews living in the land. But, Israel is a significant part of Jewish life and a part that enriches who we are as Jews and how we live our lives as Jews. Going to Israel you get a sense that your Judaism is part of something greater than Fayette County or North America. You understand what it means to live a Jewish life daily with Jewish reminders everywhere. It isn't just the Hebrew words, but the availability of kosher food, seeing bearded Jews with payot, or the kippah on the head of a soldier, feeling the warmth of the Shabbat candles descend on the country Friday evening, seeing Judaica being sold everywhere, and much more. To many Jews who know about Judaism, being immersed this ever-present Jewish experience is calming, exciting, and beautiful all at the same time.

My prayer is that every Jew will take an opportunity to go to Israel and see the land and meet the people who live there. Since Moses led our people out of Egypt and on the long journey to the Promised Land, Israel has been a part of who we are, what we think, and how we believe. Pesach and the ensuing calendar dates in April only underscore our focus on Eretz Yisrael. Going to the land is what we Jews do. May next year be in Jerusalem for each and every one of you.

Space Still Available at the Kosher Wine Tasting

It's not too late—you can still make it to the Kosher Wine Tasting!

If you're at a loss as to what wines to serve (or to bring your hosts) for seder, or for your kosher table any time of year, this wine tasting will take the mystery out of your selection. You will have the opportunity to try a variety of wines, to distinguish between them, and to decide what feels best on your palate.

The wine tasting will take place at 7:00 p.m. on Thursday, March 7th, at the Hartland Clubhouse on Hartland Parkway. For a fee of \$18, you will be able to taste at least eight different wines, and have your fill of cheese and crackers. A representative of the Liquor Barn will take your orders and the wine will be available before Passover.

This event is brought to you by the Central Kentucky Jewish Federation. Call the Federation office at 268-0672 to reserve your place or to obtain additional information.

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Letters to our Community



Ruth Fertig's Tzedakah Box

Following is an open "Thank You" letter written to Ruth Fertig by an organization called Inter-Cultural Connections. Ruthie, daughter of Sharon Wainshelbaum and Herb Fertig and a student at Ohavay Zion Religious school designated Inter-Cultural Connections' Birobidjan (Jewish Autonomous Republic) as the recipient of the contents of her Tzedakah box.

"Dear Ruth,

On behalf of our nonprofit organization run by the VOLUNTEERS — Inter-Cultural Connections, Inc., I would like to express our gratitude for your generous contribution.

Continuing the age-old Jewish tradition to initiate

care for others, you donated a personal Tzedakah Box full of coins. The box contained 1637 valuable cents that will be used to further the goals of our organization, to support health and education of youth and children, celebrate diverse cultures, to enhance worldwide understanding, to establish connections between the communities, and develop mutual support for each other's children and communities.

Currently, our organization links communities of Appalachian/USA, Uzbekistan, Russia (including Birobidjan, Jewish Autonomous Republic), Guatemala, and Uganda. We provide children in these distressed communities with vitamins, warm clothing, books, art materials, and school supplies.

Ruth, we share the pride of your parents, teachers, and friends for you. We would be glad to see more children involved into the process called Tikkun Olam. Thank you, again Ruth."

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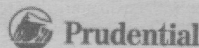
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www.godspantry.org
Marian F. Blanchard
Executive Director

December 31, 2001

Daniel Chejfec
Central KY Jewish Federation
340 Romany Rd
Lexington, KY 40502

Dear Mr. Chejfec,

Thank you for your recent donation of \$100.00 to God's Pantry Food Bank.

This past winter, I had the privilege of visiting a number of our rural Food Bank member agencies across central and eastern Kentucky. On these trips, I met the individuals and families that benefit from your gifts of money and food.

I wish you could have seen the grandmother tear up when she told me how malnourished her young granddaughter was when she took her in, and how different the young child looked after reaping the benefits of balanced meals. With the benefit of regular food boxes and the WIC program, this grandmother brought joy and vitality to the life of an adorable young girl. I wish you could meet the elderly man who explained how he lives off of \$10 a month in food stamps and his food box, stretching a bag of potatoes and dried beans for days.

These people are real, and so is the difference your gifts make in their lives.

As we work throughout this fall, we keep these people in our hearts and minds and thank you for making a place for them in yours. May your season be blessed with the kindness that you have shared with others.

Sincerely yours,

Marian F. Blanchard

Marian F. Blanchard
Executive Director

IRS regulations require us to state that we did not provide any goods or services to you in consideration of your contribution.



Stewart Home School

4200 Lawrenceburg Road
Frankfort, KY 40601
502-227-2557

February 1, 2002

Central Kentucky Jewish Federation
340 Romany Road
Lexington, KY 40502
Re: Shalom Newspaper

Dear Editor:

I would like to take a moment to express our gratitude to the members of Tikkun Lexington for all of their thoughtfulness and willingness to provide programs for the Jewish residents of Stewart Home School.

We at Stewart Home School wish to provide to our residents the fulfillment of all their needs, including spiritual. It is our hope that the Jewish students who reside at Stewart Home School are able to experience the fulfillment of their Faith.

Over the past few years, the programs for our Jewish students have been relatively limited to attending a monthly Shabbat Service at the Temple Adath Israel. Thanks to Tikkun Lexington, over the last year our students have participated in a number of other programs including Holiday Services. These services would not be possible without the caring volunteers who take the time to include our residents in the many traditions of Judaism.

Once again, I would like to say thanks to Tikkun Lexington, the Temple Adath Israel, and the Ohavay Zion Synagogue for allowing our students to be involved with the many services and programs they offer.

Sincerely,

Matt Frizzell
Matt Frizzell
Chaplain

ASK JFS ABOUT...

Helping new families with special needs
get connected

Ask JFS About...is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 340 Romany Road, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at: jfs@jewishlexington.org.

Dear JFS,

We have just moved to Lexington from out-of-state and are unfamiliar with the social service system here. We have an adult daughter who is mentally retarded and we would like to know what is available for her with regard to recreation and socialization, and possibly housing. Thanks for pointing us in the right direction.

Sincerely, Unfamiliar with Lexington

Dear Unfamiliar,

First, welcome to your new home in a great

FIRST JEWISH SINGLES SEDER

at the home of LisaMarie Price

**Saturday, March 30
6:30 pm**

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directions or call 859-269-8244

This will be a contemporary
potluck seder.

Please bring a dairy side dish
suitable for Passover to
share, as well as any ritual
Passover items. Feel free to
bring a reading on the
meaning of peace & freedom.

**RSVP to 269-8244 by
March 28**



city! With regard to getting connected with services, I would suggest first contacting a service called "Access" at 272-7483. It is a non-profit organization that provides information and referral services as well as case management for families in which there has been a determination of MR and/or psychiatric illness. Within two to three weeks of your initial phone call, a social worker will come to your home and record a social history of your situation. She will then enter you in their system and visit with you a second time to draw up a plan for services and to discuss financial planning for the future. Through Access, your family member will be eligible for Medicaid monitoring, free respite services, adult day programs, and referrals to psychiatric care if needed.

For assistance with family members with diagnosed mental illness, you can contact the local chapter of NAMI (North American Association for the Mentally Ill). There are monthly support groups for the family members suffering from mental illness, as well as meetings for the entire family. To contact NAMI, call the office at 272-7891.

In terms of specialized housing for individuals with MR and/or mental illness, there is currently a 6-8 year waiting list. If independent living is not something you need immediately, then it would be wise to get your name on the waiting list. You can do this through your Access social worker/case manager. If your need for housing is immediate, please call the JFS office at 269-8244 so we can discuss further options. Feel free to call JFS of the Central Kentucky Jewish Federation with any further questions about this or any other issues you may have as a new Lexington resident. Again, welcome and good luck!

Jewish Family Services' Shabbat 2002

by Fran Morris, Director
Jewish Family Services

On the weekend of March 22 & 23, Jewish Family Services of the Central Kentucky Jewish Federation will be participating for the first time in the national Jewish Family Services Shabbat program. JFS Shabbat 2002 will be celebrated in synagogues and temples across North America on this Shabbat, as it is the Sabbath immediately preceding the special Sabbath (Shabbat HaGadol) that falls just before Passover.

JFS board members and professional staff will be at Temple Adath Israel on Friday night, March 22, and at Ohavay Zion Synagogue on Saturday, March 23, to give short presentations during services about the mission of Jewish Family Services, and the kinds of services JFS provides in the Lexington Jewish and secular communities. Presentations will focus on the Jewishness of the human service enterprise, its relationship to the Torah portion (Tzav) and Haftarah (from Malachi), and the unique contributions and needs of our local agency and the larger North American Jewish network in which all of this takes place.

JFS Shabbat is sponsored by the Association of Jewish Family and Children's Agencies, the umbrella organization of more than 145 family and specialized human service agencies located throughout the U.S. and Canada. Headquartered in East Brunswick, NJ, AJFCA provides information and consultation services and advocates on behalf of its member agencies in the organized North American Jewish community, in legislative bodies, and in national human service networks. If you would like more information about JFS Shabbat 2002, please call 269-8244.

SCHOLARSHIPS

Central Kentucky Jewish Federation
is now accepting applications for

SUMMER CAMPERSHIPS for Non-Profit Jewish Camps
& **SCHOLARSHIPS** for ISRAEL PROGRAMS

contact Fran at Jewish Family Services 269-8244

deadline is **March 27, 2002**



Zelda Popkin's *Quiet Street* Reissued

First published in 1951, *QUIET STREET* was the earliest American novel about Israel's War of Independence. Out of print for 50 years, it has now been republished by Bison Books.

This novel was written by Jeremy Popkin's grandmother, and Jeremy has written the introduction to the new edition. Jeremy is a member of the University of Kentucky Judaic Studies program faculty, and member of the Lexington Havurah.

Ask for *QUIET STREET* at your local bookstore or library.

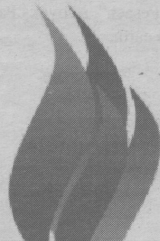
Jewish Help in the Congo

Once again, the Joint Distribution Committee (familiarly called the JDC or the Joint) is helping people in a nation in turmoil. As you may be aware, the Goma populace is suffering untold hardship as a result of internal strife taking place in the Congo. And the "Joint" has been named as one of the few agencies allowed in to assist this needy community.

Over the years, a number of third world nations have experienced upheavals that bring pain and hardship to their inhabitants. It is significant that in many of these situations, the Joint Distribution Committee, funded in great measure by Jews through their contributions to Federation, turns out to be one of the few organizations trusted by all participants in the struggle. As a result, JDC has been a major benefactor to those who suffer the adverse consequences of these wars.

For more information about this effort of the Joint Distribution Committee, go to www.jdc.org/news/0201congo.cfm. For general information about the JDC, go to www.jdc.org.

Join us as we celebrate the 54th birthday of
ISRAEL INDEPENDENCE DAY
with the film



EXODUS

40 ANNIVERSARY WORLD TOUR

'THE DRAMA AND THE PASSION OF ONE OF
THE EPIC EVENTS OF THE TWENTIETH CENTURY'
- LIFE MAGAZINE

SUNDAY, APRIL 21, 2002

AT THE REGAL CINEMA - Hamburg Place

1pm-5pm

\$12 Admission Fee



To reserve your tickets, call Vicki at 859-268-0672

Central Kentucky Jewish Federation Presents--A Kosher Wine Tasting--March 7, 2002

Not sure what to serve this year??? We can help !!

We are having a kosher wine tasting so you can sample your Passover wine before you buy it - you'll never have to drink that same old sweet wine at your seder again!!

The wine tasting will be held at the Hartland Clubhouse on Hartland Parkway on March 7th at 7:00pm. A wine consultant will be on hand to guide our tasting of about eight different wines. We promise you're in for a treat.

The Liquor Barn's Rob Rosenstein offers a wonderful selection of wines, as well as assorted cheeses to complement the wine. We guarantee you'll find one (or more) that's just right for your Passover table. After you decide which wines are most to your liking, you can order them on the spot, either by the bottle or the case, and they will arrive in plenty of time for your seder.

The charge for this event will be \$18 per person!! Space in the Hartland Clubhouse is limited so please call and make your reservation

Name: _____

Address: _____

Send this form with your check for \$18 for each person attending to:



Central Kentucky Jewish Federation
340 Romany Road
Lexington, KY 40502





B'tay Avon

by Evelyn Dantzie Geller

How many times have you wondered what you could make for Pesach that was just a bit different? We are going to try and help you resolve that dilemma this month with a recipe for a breakfast, lunch or snack time goody - Geshmirte Matzo - and a few different recipes for Charoset. We hope you enjoy them. More than that, we wish you a "Frayliche Pesach", a Joyous Passover. May the freedom this holiday celebrates come to all on earth.

Geshmirte Matzo

Adapted from *Simply Elegant* by Pearl S. Gordon

Preheat oven to 400 degrees. Line two cookie sheets with parchment paper. In a large bowl, mix the following ingredients well.
16 ounces of cottage cheese, preferably large curd
3 heaping Tbsp. sour cream
3 heaping tsp. sugar, more or less to taste
1/4 cup raisins, plumped in hot water and drained thoroughly

In a small bowl, beat one egg well and stir in 1 Tbsp. matzo meal until mixture is smooth. Add to cheese mixture.

Brush 5 matzo with milk and spread 1/5 of the cheese mixture on each sheet of matzo.

Place on a parchment lined cookie sheet and bake at 400 degrees for about 30 to 35 minutes.

Remove from oven and sprinkle with a mixture of cinnamon and sugar to taste. Place on a rack to prevent the matzo from becoming too soggy.

Charoset

From an unidentified issue of *Gourmet Magazine*

Charoset is a mixture of chopped fruits and nuts, and symbolizes the mortar Jews used to make bricks for Pharaoh's buildings. The word "charoset" comes from "cheres," the Hebrew word for "clay", a reference to both its use and appearance. This tasty mixture well may be the favorite part of the Seder plate; there seldom are leftovers.

Charoset varies in content according to custom and culture. Ashkenazim tend to favor apples in their charoset. Sephardim prefer dates or figs, with each region boasting its own variations in flavorings and spices. However, the directions for making it are basically the same regardless of the place of origin. Chop or grind the fruits and nuts and mix well. Add spices and mix well. Add enough wine to make a thick paste. Enjoy!

Yemenite Charoset

15 pitted dates, chopped
15 dried figs, chopped
1 teaspoon ground ginger
dash of ground coriander
1 small chili pepper, minced or a pinch of cayenne pepper (optional)
2 Tablespoons sesame seeds (optional)
red wine

Turkish Charoset

1/2 cup pitted dates, finely chopped
1/2 cup dried figs, finely chopped
1/2 cup dried apricots, finely chopped
1/2 cup almonds or walnuts, finely chopped
1 apple, peeled, cored, and grated
red wine if needed for moisture

Rhodes Style Charoset

1/2 cup pitted dates, finely chopped, 1/2 cup raisins
1 orange, peeled, sectioned, seeded, and chopped
1/4 cup honey
1/2 cup almonds, finely chopped, cinnamon
1/4 cup sweet red wine, more or less.

Israeli Charoset

2 apples, peeled, cored, and grated
2 bananas, mashed
14 pitted dates, chopped
1/3 cup blanched almonds, ground
1/4 cup matzo meal
juice and grated rind of 1/2 lemon and 1/2 orange
1/4 cup sweet red wine, more or less
1 teaspoon cinnamon, sugar to taste if desired

Tikkun Lexington

How One Minute of Kindness Can Make a Lifetime of Difference

By Vicki Atha, CKJF Activities Director

Tikkun Lexington, CKJF's organized volunteer effort for mitzvot, is a program which I feel especially honored to coordinate.

As our monthly ad asks the question "Got Time?," I want to explain from my own experience just how much time it takes to make a lifetime of difference.

On February 14, 1999, my whole world changed. That was the day I lost my beautiful, brilliant eight-year-old son Jared. He had been out playing with friends and wandered into a street. A car hit him, and he died in the emergency room.

There is no English word to describe the pain one feels in such a tragedy. It goes far beyond the common usage. The will to live disappears in an instant. Awakening to a new day becomes a disappointment. The mind's eye can envision only horrible pain. The heart literally feels as if broken.

And yet, time and life go on.

Throughout the following days, many friends came by. Many called. Each spent a few minutes with me, when one left, another followed, another phoned, and another, then another. A co-worker, a former boss, the son or daughter of one of my nursing home residents, their grandchildren, coming and going, each spending five minutes, maybe ten - a sea of faces; from many countries, many back-

grounds, many beliefs. At that time, these diverse people united in my mind as a spirit of collective goodness; collective love.

This went on into hours, into days...until finally, some tiny spark of will to live returned.

Slowly, one minute after another, my friends and family had given me my life back. Some inkling of hope they had brought me-in the days to come I would begin to rebuild my life on that tiny spark.

I tell this story so you can know that minutes, just minutes, can truly mean a lifetime.

The Tikkun committee will put together your minutes to make our organized efforts, if each of you will commit to Tikkun service.

For more information about Tikkun Lexington to sign up for service, or to report a need, please contact me at CKJF office or at Vicki@JewishLexington.org.

Hillel Notes

By Beth Bloom, UK Hillel President

JSO/Hillel is the foundation of the campus Jewish community at University of Kentucky and is part of the largest Jewish campus organization in the world.

- All Jewish students on campus are invited to attend a Passover seder on Wednesday evening, March 27, at the home of Hillel associate advisor Susan Goldstein. The Passover seder, rich in ritual and symbolism, is a way for Jewish students to maintain familiarity with tradition as well as form social bonds which are so important during the college years. The event has been held annually for the past five years, and is important to students away from home during the Passover holiday. All students are welcome to attend the seder, and for those who are not members of the Jewish Students Organization/Hillel, this is a good time

to find out more about the organization. If you are planning to attend, please RSVP to Vicki at the Central Kentucky Jewish Federation office, 268-0672 or email Shalomkentucky@aol.com.

- For Purim, JSO/Hillel students joined Tikkun Lexington volunteers for a Purim Party at The Stewart Home School in Frankfort. The Stewart Home School, a residential school for the developmentally disabled, has been the site of several Tikkun Lexington events, but this is the first time for Hillel. Students and volunteers joined in the fun of making Purim masks with the Stewart residents, and provided plenty of enthusiastic cheers & jeers.

Hadassah and JFS Co-Sponsor Breast Self Awareness Program

Jewish Family Services is pleased to join the Lexington Chapter of Hadassah as the local co-sponsor of Hadassah's award winning "Check-it-Out" breast awareness program. The program, which is scheduled for Sunday, March 10 at 1:00 p.m. at Temple Adath Israel, is open to all eleventh and twelfth grade girls and their mothers. Grandmothers are welcome as well.

"Check-it-Out" is part of Hadassah's women's health initiative. In keeping with the initiative's motto, "Your Body is a Beautiful Responsibility," the mission of "Check-it-Out" is to encourage young women in the eleventh and twelfth grades to take responsibility for their own bodies and to teach them the skills needed to detect breast cancer early.

Because breast self-examination is important for women of all ages, we encourage mothers to attend with their daughters. Learning together profits all who are involved.

First and foremost, we hope that all who attend will gain vital knowledge about their bodies and the obligation we have for its health. And there are some added benefits for each participant; a complimentary lunch of Subway sandwiches, the fun of camaraderie, and educational materials. These materials are contained in a Breast Health Awareness Kit, which includes a shower card that outlines the procedure for breast self-examination and a miniature plastic breast model. In addition, all girls

who attend will receive a "Check-it-Out" T-shirt and materials with which they will make a necklace or bracelet. The beads used in making this piece of commemorative jewelry represent the range of sizes of breast lumps that may be discovered on self-examination. Trained "Check-it-Out" volunteers will be on hand to discuss important issues related to breast health and to help attendees use specially constructed breast models to locate lumps.

In order to prepare adequately for all who want to attend, those who are interested need to make a reservation with Jewish Family Services no later than March 8, 2002. You can reach JFS by calling 269-8244 or by email at jfs@jewishlexington.org.

Camp Shalom 2002

Introducing Kathy Feinberg - 2002 Camp Shalom Director

by Eileen Keplinger



Camp Shalom is honored to have Kathy Feinberg as our director this summer. Kathy was born and raised in Bucks County, Pennsylvania and earned her BA in English and MS in Library Science at Penn State and UK. She and her husband, David, moved to Lexington in 1973. They have two children, Jonathan and Matthew, who are avid Camp Shalom campers. Kathy was on the Camp Shalom committee for two years and was the director of the Kinder Camp program last summer. Currently, she works part time as an event planner and is an active volunteer at her sons' school, Maxwell Elementary. Kathy's interests are traveling, photography, gardening, and reading. We know she will bring a lot of great ideas and energy to Camp Shalom this summer and we are very excited to have her as the director.

Welcome to Camp Shalom 2002

by Kathy Feinberg, Camp Director

I am very excited to be the director of Camp Shalom this year. It is a fantastic opportunity and I am honored to serve the community in this capacity. Camp Shalom promises to be an exciting time for our campers. The camp will run for 2 weeks from July 29 until August 9 and, again this year, will be at the Lansdowne Club.

I look forward to seeing our returning campers and meeting our first timers and the families of all our campers. Camp Shalom is a wonderful opportunity for our children to have fun, explore and enhance their creativity, sing, swim and make long-lasting friendships. Our programming for this summer will be a rich and engaging tapestry of Jewish themes.

Camp Shalom provides a loving and nurturing environment for our children, their needs are always a first consideration. The Camp Shalom committee has been meeting since the end of last year to plan and provide an outstanding summer camp for the Jewish community.

We are proud to boast that Jason Heymann and Penina Goldstein, our outstanding senior youth from Temple Adath Israel and Ohavay Zion Synagogue, will lead our kids this summer.

A Camp Shalom rally will be held on Sunday, March 17 at 12:30 PM at the Lansdowne Club for returning and new campers and their families as well as the camp staff. We will be celebrating the 35th Anniversary of Camp Shalom. Last summer we had a third generation camper! Please mark this date on your calendar.

Thank you and I look forward to seeing you at Camp Shalom 2002!

Community Wide Yom Hashoah Commemoration April 7

In a Dangerous World it is Important to Remember

Every year, on the anniversary of the Warsaw Ghetto Uprising, Jewish communities around the world commemorate the women, men, and children who were murdered by the Nazi regime. We also honor those men and women and children who stood up to their oppressors to exclaim "Hineni" - here I am.

We honor the lives of people and communities who are no longer here by recalling their achievements and remembering their names. The Shoah was not only about truncated lives, it was also about destroyed communities and frustrated homes, lives cut short and memories erased.

The Jewish community of Central Kentucky will come together on Sunday, April 7 at 7:00 p.m. at Ohavay Zion Synagogue to offer our own homage to those who perished. The keynote speaker will be Dr. Hannah Liss, the 2002 Moosnick Professor at the Lexington Theological Seminary. Dr. Liss will talk on the events of almost 60 years ago from the perspective of a Jew living in Germany today.

The committee organizing the event includes Dr. Leon Ravvin from Temple Adath Israel, Herbert Fertig from Ohavay Zion Synagogue, Rabbi Uriel-Smith from the The Lexington Havurah, Sharon Wainshilbaum from Hadassah and Daniel Chejfec, Executive Director of the Central Kentucky Jewish Federation.

Join us on April 7 to honor the lives of those who perished and to celebrate the lives of those who survived.



GOT TIME?

Tikkun Lexington NEEDS YOU!! Please call us to volunteer at 268-0672

Join Us for the Third Annual Women's Seder

by Judith Baumann

Rave reviews followed our last two seders, and we look forward to celebrating together again at our third annual Women's Community Seder on Sunday, March 31, at 6:00 p.m. at Temple Adath Israel. *The Journey Continues* is the title of the interactive Haggadah we use, and it denotes the journey we have travelled as women in taking a more active role in the Passover seder. With tambourines and other musical instruments we will celebrate Miriam's role in the Passover story. The evening is fun! Watch your mail for more details and your reservation form. Please call Vicki at the Central Kentucky Jewish Federation office, 268-0672, or email vicki@shalomlexington.org to volunteer to work on one of the seder committees.

Volunteers are needed for:

Food Preparation (can be done at home or at the seder site)

Reservation table at seder (arrive 30 minutes before start of seder)

Set-up (arrive approximately 1 1/2 hours prior to the seder to help in last minute food preparation and set-up)

Clean-up (stay after the seder for 45-60 minutes)

Haggadah Presentation (music, readings, helping to lead the seder)

Please volunteer so we will be able to hold this seder.

One World Film Series Announces Its 2002 Schedule

Again this year, One World Films (OWF) is presenting a film series, free of charge and open to the public. Among the local organizations that sponsor OWF are Central Kentucky Jewish Federation, Lexington Herald Leader, Lexington Public Library, Bank One, James Gray Foundation, Gay and Lesbian Service Organization, Unitarian Universalist Church, J. Holloway Productions, and Sheraton Suites of Lexington.

Although half of the films already have been shown, there are still three to come.

Of the movies still to be shown, the fourth in the series, "Three Seasons," a movie in Vietnamese with English subtitles, will be run at 2:00 p.m. on Saturday, March 2, 2002 at the Library Theater.

"Rage and Glory," a 1985 Israeli film that details the story of a group who were part of the resistance to the British occupation of Palestine in the 1940's, is planned for Sunday, March 10, 2002 at 2:00 p.m., again at the Library Theater.

The date, time, and location for showing of "Kandahar," a film about the turmoil in Afghanistan will be announced later.

The following films have already been shown, but we are listing them to give you an idea of the nature of this program and to encourage you to attend next year.

On Tuesday, February 12, 2002 "Peace of Mind: Coexistence Through the Eyes of Palestinian and Israeli Teens" was shown. This film documents two years in the lives of seven Palestinian and Israeli teenagers, who live in Israel and the West Bank, after they met at a Seeds of Peace Camp in Maine. The second film was shown on Sunday, February 17, 2002. This film "What's Cooking," presented a multicultural view of Thanksgiving. The third film, "Living the Story: The Civil Rights Story in Kentucky," was shown on Thursday.

For more information about any of these films, or about future series, call Annette Mayer at (859) 266-6073.

Organ Donation is a Jewish Imperative

Hear about it on April 11, 2002

A local presentation on organ donation, derived from Hadassah's national initiative established to promote this life saving act, will be held on Thursday, April 11, 2002, at 8:00 p.m. in the U.K. Singletary Center for the Arts.

Speakers will be Rabbi Joseph Prowser, a nationally recognized authority on the Jewish legal and ethical rationale that supports and endorses organ donation, and Tony Yeni, a rabbinic student who is alive only because he

was offered life through a liver transplant. A reception, at which the audience will have the opportunity to converse with the presenters, will follow.

At noon on Thursday, April 11, the speakers will be interviewed by Lisa Kaplan, host of the Channel 18 program "Let's Do Lunch."

All members of the Central Kentucky Jewish community are urged to attend this vital program.

*Is your green thumb
little on the pale side??*

join Hadassah as we get
ready for spring by learning
all the basics we'll need to
know to grow a beautiful garden

GARDENING MADE FUN & EASY !!!

March 12, 2002 7:00 pm

Place: TBA *No Charge

if you need a ride,
OR can provide a ride,
please call Alyssa Levine
at 266-9126



call for more info

Havurah Annual Retreat Featured Jewish Art and Jewish Artists

by Ernie Cohen, President of The Lexington Havurah

The Lexington Havurah's annual educational retreat was held early February at the UK Faculty Club. Professor Samantha Baskind, of the art history department at James Madison

University in Virginia presented the program, "What is Jewish Art? What is a Jewish Artist?"

We had all read two short pieces that were sent out in advance of the retreat: selections from Chaim

Potok's novel, *My Name is Asher Lev*, which deals with the conflict between Jewish orthodoxy and artistic traditions, and a short article by Harold Rosenberg, *Is There a Jewish Art?*

Everyone attending the retreat brought some artwork from their home which they considered to have Jewish significance, either because of its content or because of the identity of the artist. Among the pieces shown were the Torah cover designed and needlepointed by the membership of The Lexington Havurah; a mizrach, to be hung on an eastern wall, letting us know where to find Jerusalem; some graphic designs with Hebrew words and characters with Kabbalistic influences from Safed, Israel; a matzoh cover from Ethiopia; a hanukiah with the model of a modern synagogue on it; a graphic rendering of Noah's Ark; a silver tray from the Bezalel school of Jerusalem, used for serving salt, to be used on Shabbat for one's challah; a photo of a family anticipating leaving Russia for the West; an illuminated, silver bound Haggadah; a personally made needlepoint with "Chai Y'All" inscribed; a print of "Immigrants Wandering in the Desert;" and a print of an early 20th century Jewish American artist, originally found in the holder's grandmother's apartment.

We discussed the readings and showed how the character Asher Lev was modeled after the well-known Jewish artist, Marc Chagall. Torment, passion, family conflict, and love of one's work all came through the cogent analysis presented through the use of slides of the works of many famous artists, Jewish and non-Jewish. We saw elements included in one artist's rendition that were utilized in works by other artists of a prior time. After significant discussion, we came away with the realization that "Jewish Art" and "Jewish Artists" can be defined only in very amorphous fashion. Oftentimes it occurs in the eye of the beholder. There are indeed many interpretations of what constitutes "Jewish Art" or who is a "Jewish Artist."

When we were
slaves in Egypt
Moses
delivered



Now
it's up to
You.

Your State of
Israel Bonds investment
will help Israel make it
through a difficult time.

State of Israel Bonds
wishes you and your
family a Happy Passover.

8th Zero Coupon Bond

6.75%

Effective yield to maturity and current purchase price of \$3,122 per unit for bonds purchased through February 28, 2002. Matures at \$6,000 10 years from issue date (first day of the month following the month in which subscription is accepted by Fiscal Agent).

3rd Jubilee (Series A) Issue Bond

5.35%

Fixed annual interest rate for bonds purchased through February 28, 2002. Matures 10 years from issue date. Minimum Subscription \$25,000.

3rd Jubilee (Series B) Issue Bond

6.55%

Fixed annual interest rate for bonds purchased through February 28, 2002. Matures 10 years from issue date. Minimum Subscription \$25,000.

4th LIBOR Floating Rate Issue (LFRI) Bond

2.75%

Interest rate for bonds purchased through February 2002. Based on 75 basis points (fixed at time of purchase) plus the 6 month LIBOR rate in effect on issue date, and recalculated thereafter on March 1, June 1, September 1 and December 1. Minimum subscription: \$5,000 (\$2,500 or \$2,000 for IRAs only) and multiples of \$2,500. Matures: 10 years from issue date.

Chai Bond

Purchase price: multiples of \$136. Matures in 5 years at \$180. Non-transferable. Not eligible for early redemption. May only be purchased for/registered to an (only one) individual.

7th Development Issue (DI) Bond

Current Income Bond: Annual interest rate is 4.00% per year, payable by check once a year on May 1.
Savings Bond: Matures at 180% of issue amount, resulting in an effective yield to maturity of approximately 4.00%. Matures: 15 years from issue date. Denominations: \$500 and multiples of \$500. Additional Feature: Bonds at least 1 year old may be cashed in Israel, up to \$2,500 a month per person, for Israeli currency, to defray tourist expenses.

MATURED BONDS: After maturity, bonds no longer earn interest. ISSUES SUBJECT TO AVAILABILITY. This is not an offering, which can be made only by prospectus. Read it carefully before investing. Member NASD, SIPC



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March Meeting: Hadassah Women's Discussion Group

Join us for a viewing of "Seeds of Hate," a video which explores the education of Palestinian school children. We will attempt to separate fact from fiction as we take a look at what these children are taught about Judaism and the Jewish people. Daniel Chejfec, Executive Director of Central Kentucky Jewish Federation, will facilitate discussion. The group will meet at the home of Linda Ravvin, 1303 Meganwood Circle, on Thursday, March 21 at 7:30 p.m. Call Linda at 269-4130 or Joan Flashman at 223-8066.

MLK Jr. Weekend Program a Great Success for Temple Adath Israel Youth Group

by Toni Reiss, TAI Program Director

The weekend of the celebration of the birthday of Martin Luther King Junior holds special meaning for the Temple's high school youth group, TRYB. The values that MLK Jr. spoke about so passionately are the very same values that we find in Torah, just spoken of with different language: help those in need, honor the elderly, help the infirm, welcome the stranger in our midst. TRYB took to heart this message and held a weekend long event of social action and education.

The weekend began with the inclusion of the music of Warren Byrd and David Chevan, Avadim Hayinu, in Friday evening's worship service. TRYB chose to invite this duo because of their pioneering work in bringing together Jewish and African American sacred music. The high school youth group from St. Paul's AME church was invited to attend the service and potluck dinner that followed. It was a unique experience to hear the traditional Jewish sacred music played with a jazz twist!

On Saturday, student athlete volunteers from Americorps presented a series of educational programs on values, diversity, and prejudice. Our group of 20 had lively discussions on the many interesting topics raised. Saturday evening, Avadim Hayinu, presented a concert of jazz interpretations of the sacred music of the Jewish and African American traditions. There was an enjoyable post-concert jam session with dancing in the youth lounge.

Sunday was the day for social action. TRYB visited the Homestead Nursing Home, baked cookies for Moveable Feast (an organization that delivers meals to HIV and AIDS patients), and recorded children's books to donate to the UK Children's hospital. TRYB rented the YMCA for a lock-in on Sunday night. Some of the Americorps volunteers joined them for basketball and swimming.

The culmination of the weekend's program was participating in Monday's Martin Luther King Jr. March and listening to the guest speaker, Ossie Davis.

Congratulations to the young adults who worked on planning this weekend and those that participated in the events.

Get 'Em While They're Hot!

Temple Adath Israel cookbook is a winner.

by Ruth Poley

In the B'Tay Avon column this month, Evelyn Geller offers up four different recipes for charoses. In case this isn't enough for you, I know where you can get four more – or three recipes for matzo balls, or a whole slew of Passover dessert recipes including an absolutely killer apricot torte for your seder table.

Temple Adath Israel's newly published cookbook, *Recipes for Life*, is a compilation of dishes submitted by members and friends of the Temple. There's a large section of holiday recipes offering traditional (and some not-so-traditional) foods for Chanukah, Purim, and Passover. Throughout the book are also recipes for Jewish comfort foods such as brisket of beef, stuffed cabbage, kugel, challah, and much more.

Going beyond the typically Jewish foods, the cookbook contains a goodly selection of vegetarian main dishes, refreshing salads, hearty soups, party

punches, easy breads, and tempting desserts – over 400 recipes in all.

Perhaps as good as the recipes are the little comments and family remembrances some people have included. They evoke a time gone by and serve to tell us a little bit about growing up Jewish a half century or more ago. These alone are worth the purchase price.

The cookbooks are \$15 each and can be purchased at the Temple Adath Israel office or Ohavay Zion Gift Shop; all proceeds go to the Temple Religious School.

Everyone in your family should have a copy of this book. It's certainly an enjoyable way to pass on our rich culinary tradition. I've bought one for each of my children and even one for my mother. Mom, God bless her, is 94 years old. She doesn't cook much any more but I bought her a copy because she loves to see my name in print!

JEWISH FAMILY SERVICES & HADASSAH PRESENT....

A workshop for High-school aged girls and their mothers

'Your body is a beautiful thing'

as part of the renowned Hadassah **"Check it out"** program

Sunday, March 10, 2002 at Temple Adath Israel 1-3 pm

As part of this educational breast awareness program each girl will receive:

* t-shirt * health packet * bookmark & more!

* each girl will also get to make a bracelet or necklace during the session.

* the cost is free and a light lunch will be provided



RSVP to 269-8244 by March 8, 2002

jfs
Jewish Family Services



Singles' Group to have its First Seder

On Saturday, March 30, 2002, Jewish singles will meet to share a seder. This is going to be an informal potluck seder, for any singles who want to complement their Passover holiday. For some, this will be only one of several seders they will attend this year, for others this may be their only seder in 2002.

The seder will be held at the home of LisaMarie Price at 6:30 p.m. Everyone attending

is asked to bring a dairy side dish, whether it is traditional Pesach food or not! With food and a short service, we will create our own unique, contemporary Passover experience. Please bring one or more haggadot, and any ritual Passover items you may have, such as wine cups, matzo covers, seder plates, etc. If you would like to, please bring a reading about current world events, or the meaning of peace and freedom in

the 21st century, so we can include it in the seder. Please RSVP to Fran Morris at 269-8244 or to jfs@jewishlexington.org by March 28, and let us know what food(s) you will be bringing. All foods must be suitable for Passover. If you are unsure what is suitable, call Evelyn Geller, 278-3609.

This event is sponsored by Jewish Family Services of the Central Kentucky Jewish Federation.



Around The Community



CKJF - Central Kentucky Jewish Federation (340 Romany Road, 268-0672, Stanley Saxe, President)

OZS - Ohavay Zion Synagogue (2048 Edgewater Court, 266-8050, Bennett Bayer, President)

Daily Minyan Mon.-Thurs. at 6:00 p.m.; Kabbalat Services Friday evening at 8:00 p.m., except the fourth Friday of the month at 6:00 p.m.;
Shabbat services Saturday at 9:45 a.m.

TAI - Temple Adath Israel (124 N. Ashland Ave., 269-2979, Jane Grise, President)

Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - Lexington Chapter of Hadassah (Nancy Menard, President)

HAV - The Lexington Havurah, 272-1459 (Ernie Cohen, President)

Shabbat Services monthly. Call for schedule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Small Federation Executive Institute March 3	Small Federation Executive Institute 4	Small Federation Executive Institute Judaic Studies Lecture 8 p.m. Singletary Center 5	Small Federation Executive Institute 6	Wine Tasting 7-9 p.m. Hartland Club Room 7	B'nai Mitzvot Seth Westerman OZS Jeff Westerman OZS 8	B'nai Mitzvot Seth Westerman OZS Jeff Westerman OZS 9
One World Film <i>Rage & Glory</i> 2:00 p.m. Central Library Theatre Teen program w/ Hadassah 1:30 p.m. TAI 10	Shalom Deadline 11	Hadassah Meeting 7:00 p.m. Chabad Rabbi noon CKJF 12	JFS Meeting 6:30 p.m. TAI CRC Meeting 7:00 p.m. at CKJF office 13	Rosh Hodesh Nisan Keep the Heat On Moosnick Lecture Series 11 a.m. Lexington Theological Seminary 14	Bar Mitzvot Stewart Ross OZS 15	Bar Mitzvot Stewart Ross OZS 16
Camp Shalom 35th Anniversary 12:30 p.m. TAI 17	18	19	CKJF Executive Committee 6:30 p.m. CKJF Board 7:30 p.m. 20	21	JFS Shabbat 7:30 p.m. TAI 22	JFS Shabbat 10:00 a.m. OZS One World Film <i>Kandahar</i> 7:00 p.m. Central Library Theatre 23
24	25	26	Scholarship Deadline Eve of Passover 1st Seder 27	PASSOVER 2nd Seder TAI Seder 6 p.m. OZS Seder 6 p.m. CKJF Office closed 28	PASSOVER CKJF Office closed 29	PASSOVER Singles' Seder 6:30 p.m. at home of LisaMarie Price 30
PASSOVER Women's Seder 5:30 p.m. TAI 31	PASSOVER April 1	PASSOVER 2	PASSOVER (last day, Reform Movement) CKJF Office closed 3	PASSOVER ENDS (last day, Conservative and Orthodox Movements) Tikun Passover CKJF Office closed 4	5	6
Yom HaShoah Community Commemoration Dr. Hannah Liss will speak Daylight Savings Time begins 7	8	Yom Hashoah, Holocaust Remembrance Day Chabad Rabbi noon at CKJF office 9	JFS Committee meeting 6:30 p.m. CKJF Shalom Deadline AIPAC 10	Hadassah/KODA Organ Donation Program 8:00 p.m. U.K. Singletary Center 11	12	13

OHAVAY ZION SYNAGOGUE

2048 Edgewater Court, Lexington
(859) 335-9922

Lend
a
Hand



The Social Action Committee is busy planning ways to lend a hand to people in need. Select the mitzvah of your choice and reap the rewards, while making a difference in people's lives.

Harrison Elementary – Meaningful Mentoring

Do you miss bright and inquisitive young children? Never fear – we have an opportunity for you that will fill your heart with warm memories. Sign up to be a mentor at Harrison Elementary for only 1 hour a week and bring much needed love, attention, and guidance to Ruby Yessin's first graders. You can let a small child read to you, you can listen while they count to 100, or you can help them with an art project. All of these things will make a difference in the lives of Harrison Elementary first grade students. And just think how you'll feel when they come running up to you each week and shout, "My mentor, my mentor!"

To sign up please call Ricki Rosenberg @ 269-2300.

Ronald McDonald House – comforting with food

The Ronald McDonald House provides a "home away from home" for families traveling to Lexington to seek medical care for their children. After a long day at the hospital, these families love to come home to a hot, cooked meal. OZS is committing to provide dinner for the families (generally from 20 - 40 people) on the SECOND SUNDAY of each month. Volunteers would take food for preparation to the Ronald McDonald House (the health department doesn't permit food cooked at home to be brought in, although baked goods may be taken.) The preparation, serving, and putting away of leftovers takes about three hours. The Ronald McDonald House is located right behind KET off Cooper Drive.

To sign up for a Sunday, or if you'd like to go to Ronald's and prepare food to be frozen for a family's later use, please call Alison Caller @ 266-5282.

G-d's Pantry – A family night out

This organization receives donated food and distributes it throughout our community to those in need. G-d's Pantry has set aside the third Thursday of every month from 6:30-7:30 p.m. for our synagogue. There are three tasks that we can do to help. The first task is rebagging cereal, the second task is food sorting and the last is repackaging food. Please bring the whole family and join us to work together for a wonderful cause. G-d's Pantry is located on South Forbes Road in Lexington. To sign up please call Angela Dubilier @ 266-1229.

Hold On To Your Kipot!

Late-breaking news flash for OZS members of ALL AGES!

WHAT? Synagogue Community Retreat

WHEN? Friday Night (6ish) thru Sunday Noon, April 19-21, 2002

WHERE? At the Camp Livingston Facility in beautiful rural Indiana (about a 2 1/2 hour drive)

WHY? Sharing Shabbat and Spring among good friends and family

Some details (more to follow):

- ◆ Kosher food provided by the camp facility (5 meals!)
- ◆ Rustic cabins with bunk beds—detached bath-houses (with hot water).
- ◆ BYO bed linens and towels.
- ◆ Bring weather-wise clothing – no heat or A/C.
- ◆ Shabbat services and Torah study.
- ◆ Hiking trails, campfire, story telling, singing, dancing, games, nature walks, Saturday night movies.
- ◆ Cabin assignments flexible, on first-come, first-serve basis. (at least 1 adult per cabin)
- ◆ Cost: probably \$75 per adult, \$40 for kids 5-12; kids under 5 are free.
- ◆ Possibility of chartering a bus if there is enough interest – this would probably cost another \$30 per person round trip.
- ◆ Payment in full by April 11. Reserve cabin preference with Leanne Zimmerman. Phone: 223-4475.
- ◆ Some financial aid is possible; contact Rabbi Cohen.

WANT TO HELP OZS!

Your donation of that unneeded car, boat, business equipment or estate can help OZS



- Pick up can be arranged.
- Full market value may be a tax deduction if you itemize.

CALL Larry Herman at 269-5229

TEMPLE ADATH ISRAEL

Adult Jewish Growth

Larry Kant Presents: Finding a Jewish path while the ground shifts beneath us

The calendar for the Adult Jewish Growth Programs to be held on Sundays at 10 AM is as follows:

March 10 April 14

Various topics will be discussed. Come join the group for a lively, educational experience.

Everyone is invited to drop in for

LUNCH & TALMUD

on Wednesdays from 12:30-1:30 PM

Bring a sack lunch and we will provide drinks. We will study from the Steinsaltz Talmud a little at a time. No reservation required. The dates are: March 6 & 20, April 10 & 24, May 8 & 22.

Film, Food and Conversation

Video/Film Club

Next Meeting - March 31 - TAI Library

7 PM - Movie (TBA) - Coffee & refreshments

Nosh & Discussion following film

Video/refreshments \$1.00

For more details contact

Fran Bloom/223-8700 • TAI/269-2979

Please join us for a Chili Contest and a Chili Supper March 9, 2002

Appetizers and Chili Tasting at 6:30 p.m.
Chili Supper at 7:00 p.m.

Beer, wine, and soft drinks will be served
Adults \$10 each

Children 12 and under \$5 each

Cook your best chili and enter it in our contest.

A prize will be awarded and your winning recipe will be printed in the Temple Bulletin.

Please show your support of our Temple

RSVP by March 2, 2002

When reserving your spot, don't forget to let us know if you will be entering your chili in our contest! If Kentucky is playing in the SEC Tournament, we will have a television tuned to the game.

Social Action Mitzvah of the Month for March

The Social Action Committee has selected GO Women as the March recipient of \$54 from the Tzedakah/Social Action Fund. TAI members are encouraged to give either to the organization directly or to the Tzedakah/Social Action Fund to help keep this program going.

GO Women (Greater Opportunities for Women) is a community-based non-profit organization dedicated to promoting social and economic change that will especially benefit low-income women in Eastern and Central Kentucky.

GO Women helps women gain the necessary skills and self esteem to procure greater employment opportunities. This is accomplished through a free ten-week program that

- exposes low-income women to a series of 20 workshops to improve their skills and confidence
- links low-income women with professional women mentors who have resources in their areas of interest.

Any woman over age 18 in Central or Eastern Kentucky is eligible to apply for the program. Western Kentucky counties in the Central Time Zone are outside the service area. Participants are chosen for the program based on need and the desire to make positive changes in their lives. Transportation to the meetings is provided for those who need it, as is child care. Women do not have to be unemployed, as long as they can

arrange work schedules to attend most activities.

GO Women exposes low-income women to new ideas and experiences that allow them to bond with one another, gain greater self-confidence, enhance their communication skills, learn innovative ways of approaching problems, shape for themselves career-oriented plans for the future and prepare to take on leadership roles in the community.

The desired end result of these workshops and mentoring activities is that participants will gain challenging, lucrative and lasting employment in Kentucky's workforce. Not only empowering the individual women to raise above poverty and control their own lives, but also contributing to community building, the economic development of the region, and the redistribution of wealth, power and resources.

Contacts:

GO Women, Inc, Offices (859) 737-1955

Frances Figart, Executive Director (859) 351-9939

Diane Loeffler, VP Operations (859) 277-3181

Candance Toole, Clothing Donations Coordinator (859) 744-4421

You can send your donations to GO Women, Inc., P.O. Box 595, Winchester, KY 40392-0595 or make a contribution to the Temple Tzedakah/Social Action Fund.

TEMPLE ADATH ISRAEL SISTERHOOD

Cordially invites you to the March Program

The Women's Hope Center

with special guest

Corbitt Polk, Director of Community Relations

Wednesday, March 20, 2002

6:00 PM TAI Social Hall • \$10.00/person for catered dinner

Deadline for reservations and payment is Monday, March 18th

(Gentlemen are most welcome! Transportation and childcare available upon request. Request for either must be made at time of RSVP)

Special Healing Service Scheduled for Sunday Evening March 17

Rabbi Laura Metzger from Louisville, KY, will lead a special and unique service at TAI on Sunday evening, March 17 at 7 PM. This service of healing helps those who are experiencing pain or loss, or are facing challenges in life, to have a spiritual experience that may ease their struggles. The

service has special music to soothe the soul and creative liturgy, which is meditative and reflective. Our creative liturgy committee is working on some special prayers to add to the service.

Healing services are being held in many Jewish communities throughout North America. This is our

first chance to be a part of this spiritual moment here at Temple Adath Israel. If you feel like this service may be helpful to you at this time or if you want to try a new prayerful experience, come to Temple that evening.

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