

SHALOM

NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

SEPTEMBER 2009

ELUL/TISHREI 5769/5770

Campers and staff reflect on another successful summer at Camp Shalom and Camp Gesher

Final two weeks of summer spent with friends and having fun
♦ ♦ ♦

"I wish life could be like camp," said a father of both campers and staff members. "The difference between day-to-day life and camp is that in this case, for two weeks a year, kids learn to slow down, and not just think about themselves and learn about community." Camper Nathan Foster said, "I enjoy the friends I make with campers and having staff that really care about me." And another parent, who has sent campers to us for many years, said, "Even though I am not Jewish, I am very happy with the new friendships made,

see **Camp**, page 17



Team cachol (blue) in tug o' war during Maccabiah games.

— CAMPAIGN NEWS —

Benefactors Event to be held on Sunday, October 25

On Sunday, October 25 at 6:00 p.m., the Benefactors Event will take place at Portofino restaurant in Lexington. Individuals who contribute \$250 or couples who contribute \$500 to the 2009 Central Kentucky Jewish Federation annual campaign are invited to attend. The cost of the dinner is \$25 per person. The speaker will be Gavriel Azulay, who directs the horseback riding therapy program at the Ben Yakir Youth Aliyah Village in Israel. This program and the music therapy program are funded in part through contributions to the annual campaign.

Gavriel grew up in Sderot, the youngest of seven sisters and one brother. After serving as a paratrooper and

combat medic in the Israeli Army, he studied alternative medicine, specializing in nutrition, vitamins and minerals, and western healing plants. His dream was to start a horseback therapy program in Sderot; then the director of the Ben Yakir village asked him to lead their horseback riding therapy program.

"Many of the teenagers at Ben Yakir have so many failures during their

see **Campaign**, page 3

Collaborative civil rights educational project proposed

Jewish community input sought
♦ ♦ ♦

The Central Kentucky Jewish Federation's Community Relations Committee, in collaboration with the Lexington Fayette Urban County Human Rights Commission, is proposing an educational program to describe the unique relationship between our Jewish community and the African American community in Lexington during the civil rights movement. The goal is to have a memorable exhibit as well as community panel discussion during Black History Month in 2011.

The project needs assistance from you. We are hoping to find information from the Jewish community: oral testimonials from participants or relatives of those who participated, as well as any artifacts from Lexington Civil Rights work during the years 1963 through 1967. Please contact Gloria Rie at The Humanitarium, (859) 254-5055.

Participating partners include The Humanitarium: Center for Culture & Diversity, Isaac Scott Hathaway Museum, Lexington History Museum, and the University of Kentucky African American Studies Department. ☆

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SHALOM

Published ten times per year by the
Central Kentucky Jewish Federation, Inc.
1050 Chinoe Rd., Suite 302, Lexington, KY 40502
Phone (859) 268-0672 • Fax (859) 268-0775
email: shalom@jewishlexington.org

SEPTEMBER 2009, VOLUME XVI, ISSUE 7

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LOCAL DISTRIBUTION SERVICES
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Production Services by Direct Response, Inc.

The editorial staff has the right to edit all articles submitted for publication in *Shalom*. The appearance of any advertising in this publication does not represent a kashruth endorsement on the part of CKJF or any other agency or organization. *Shalom* is partially supported by the advertisements appearing in the paper.

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TAI Holiday Greetings

"On the first day of the seventh month, you shall celebrate a new year."

Rosh Hashanah celebrates beginnings. As each year passes, we remember the miracles of creation we have known and prepare to celebrate those miracles yet to come. Time continues to pass and with each moment we have the opportunity to bless and be blessed in each engagement with each other.

We are God's partners in bringing peace to our world, and we use this spirit of blessing to create and recreate sacred relationships with each other and our environment. May we find ourselves equal to this charge, and may each and every one of us enjoy a happy, healthy, and blessed year to come.

Shanah Tovah Happy New Year!
The Family of Temple Adath Israel

CORRECTION

The picture identified as the Rosenbaum/Shapere family in the August issue was actually the Yelowitz family. *Shalom* regrets the error.

2009 CKJF/UJC Community Campaign



Upcoming Events:

Equine Division - October 20
Benefactors Event - October 25
Thank You Event - November 15

Keep the flame alive. Celebrate our Jewish future.



STEWART HOME SCHOOL VISITATION SCHEDULE:

Oct. 1st & Nov. 24th & Dec. 8th at 6:30 p.m.

The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike.

Please call Jana at (859) 268-0672
or email jana@jewishlexington.org for more information



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Shalom Deadline

Deadline for articles for the October *Shalom* is September 10.

Email articles to di-ifr@bardstown.com.

Hadassah formally installs new president

By Marcia Blacker

On September 13 at 12:30 p.m., the Lexington Chapter of Hadassah will officially install Lynn Furness as its new president. The luncheon will be held at Malone's Banquet Hall (above Sal's). Lynn was elected in June and has been hard at work since then; however, she is looking forward to her official recognition.

Growing up in Cincinnati, Lynn was aware of her mother's strong commitment to Hadassah, and in fact, follows in her mother's footsteps. Her mother, Carolyn Schulzinger, was president of the Cincinnati chapter in the early '60s. Lynn has been a Life Member of Hadassah since 1997, when her father gave Lynn and her sister life memberships in memory of their mother.

Shortly after Lynn arrived in Lexington, she attended a Hadassah meeting where she was recognized as Carolyn's daughter. Lynn recounts, "They made me feel so welcome that I said yes when they asked me to be recording secretary!" Since that time, Lynn has served as fund raising vice president (twice) and as membership VP, has initiated the sale of Macy's cards, and has worked on the cookie sale to help raise awareness of breast cancer. She has been involved in almost every aspect of Hadassah's endeavors.

Lynn and her husband, Jim, have lived in Versailles for more than seventeen years, since a business opportunity presented itself. Versailles appealed to Jim especially since he had lived in the country while growing up. Together they have four children. Geri is a Reform rabbi married to a Reform rabbi; they live in New Jersey and have a son, Jay, who is 3. Scott lives in Rochester, New York, where he is employed as a radio advertising salesman. His wife, Susan, is a clinical psychologist, and they have a son, Sam, who is 2 years old. Clint works for a home and business security company; he lives in Wichita, Kansas. Clint has two children, Isabella, 2 1/2, and Justin, 12. Jennifer is a coffee barista and bartender in Portland, Oregon.

Lynn has a bachelor's degree in history from UCLA, and a law degree from Southwestern law school. She keeps her Kentucky and California law licenses current. In her spare time, Lynn enjoys reading, knitting, cooking, and entertaining. Her favorite pastime, however, is visiting the grandchildren. Lynn and Jim enjoy attending performances of the *Woodsongs Old Time Radio Hour* and have season tickets to the Woodford Theatre. They are members of the Lexington Havurah, and Lynn is familiar to *Shalom* readers through her contributions to the Spotlight series.

Lynn reports that Hadassah has some exciting and interesting programs lined up. She is very much looking forward to two years as the leader of the Lexington Chapter and hopes "new people will become involved, and that associate members will be more involved in fund-raising and programming. My goal is to keep the chapter vibrant." ☆

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Campaign (from page 1)

young lives. They are afraid to trust, afraid to try, and have lost their belief in others. Working with horses gives these kids the chance to open up, to connect, to believe in themselves," said Gavriel. "It is a process that takes time, but when we see the results, it is incredible."

The Ben Yakir Youth Aliyah Village near Hadera provides a normative, residential environment where new immigrants and youth at risk, ages 12 to 18, receive the intervention they need to heal and flourish.

On Tuesday evening, October 20, Gavriel will speak at the Equine Division Event. For information or registration, call Judy Wortman at (859) 268-0672. ☆

President's Message

Linda Ravvin



New beginnings: the start of a new day, dawn, bright colors reflected in the rising sun, and endless possibilities until day's end. This is multiplied by the number of days until the annual cycle of a year passes. We then welcome Rosh Hashanah, the time that we celebrate and acknowledge all of these new beginnings as a people united by tradition, history, and belief. With the onset of Yom Kippur, we also take the opportunity to reflect upon the previous year. How did we conduct ourselves? Were we constructive and helpful to ourselves, our families, and our community? What do we regret, and whom have we hurt?

This time of year presents us with the chance to look at ourselves and do a self-evaluation. In these more difficult economic times, are we doing enough? There are many ways to help, many of them involving no additional monetary commitment. Pay attention to those around you. Should you be giving more assis-

tance to a family member or friend in need? Does someone who is elderly or less able to get around need help shopping or getting to an appointment? Are you able to visit someone who is lonely or in the hospital? Volunteer your time to help our community. CKJF cannot accomplish the wonderful programs and activities it offers without your participation as volunteers. All of our committees need your involvement to succeed. Elsewhere in this issue of *Shalom* is a list of all the CKJF committees with short descriptions of what they do. Please take a few minutes to review them and decide where you would like to focus your efforts. There are so many ways for you to help make our community better and stronger; all it takes is a little time.

Of course, we also need funds to continue and expand the programs and assistance that we offer to our community and to others in need, in Israel and around the world. I know that everyone's purses and

wallets are a little lighter this year (I won't even talk about retirement plans and investments for those lucky enough to still have them). However, the wonderful work done by CKJF cannot flourish without your contributions. We have many opportunities for you to donate to your community. Super Sunday has passed and by the time you read this *Shalom* we will already have had our Pacesetters event aimed toward larger donors. But you are never too late! The Benefactors event is coming up in October for those donors at a level of \$250 and up—we have a fantastic speaker from Ben Yakir (the Youth Aliyah village in Israel that we assist not only with the horseback riding program, but now also with the music enrichment program). We also have our Equine Division event, which takes place during the October Keeneland Meet and will feature the same speaker. The CKJF Campaign continues throughout the year, whether via events to encourage giving or by personal dialogue or letter. Please think about the programs that we accomplish together. Think about Camp Shalom and Camp Gesher and the informal education and leadership training that our youngsters are receiving.

We encourage you to show your appreciation for receiving *Shalom* ten times a year by helping to defray the costs of producing and mailing it. Consider sending an additional gift of at least \$18 to underwrite the costs. Honor someone special in your life by giving a donation to CKJF in that person's name; show your appreciation for a special program or service you have received from CKJF by helping to make sure that, with your support, it continues and grows to better serve the community.

As we reflect during the period of the High Holidays and get ready to welcome a New Year, may we all offer encouragement, assistance, hope, and our efforts to build a stronger and better community for ourselves and those around us.

Wishing everyone a healthy and happy Rosh Hashanah 5770! ✧

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GENEVIEVE WILSON, *Bookmobile Day at the Country Store*, UK HealthCare Collection

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4 | September 2009 *Shalom*

TAI Sisterhood plans for upcoming year

Opening meeting to be September 16
✧ ✧ ✧

The TAI Sisterhood Board has been hard at work planning exciting programs for the 2009-2010 year. The first meeting of the year will be Wednesday, September 16, at 7:00 p.m. at the home of Ruth Poley (call Ruth at 245-5027 for directions). The theme will be Coffee and Kibbitz, and the sole agenda will be to get together, renew acquaintanceships after the summer, and meet our new members. All women of the Temple are encouraged to come to this enjoyable evening; you do not have to be a Sisterhood member to attend.

Programs for later in the year include our paid-up-members dinner in November, our ever-popular Hanukkah luncheon in December, Sisterhood Shabbat in February, and some surprises to be revealed as the year goes on. Watch for information about our October event; it's sure to appeal to mothers of young girls and their daughters.

We're getting set for a busy year and there's always room for YOU in our Sisterhood. Call any Sisterhood Board officer (they're listed on page 8 of your Temple Directory) to get more information and **get involved.** ✧

Third Opinion

Stanley Ned Rosenbaum, PhD

A heart of wisdom

♦ ♦ ♦

The last time a male relative of mine reached his 70th birthday was 1953 and I can only think of two others who did it before then. So when I was told my chances of being alive five years from now were "zero" without major heart surgery, I immediately thought of Psalm 90:10: "The days of a person's life are three score and ten"—and the Yom Kippur liturgy in which we say, "Who will complete their [his] years and who will not complete their years." Moses, the author of Psalm 90, added that we might expect 80 years "given the strength." He said nothing about the positive role that could be played by modern medicine; odd, considering he himself lived till 120.

If you add up the ages of my older brother, father, paternal uncle, and both grandfathers and divide by five, their average age at death was between 65 and 66. They all had heart conditions. At 69-plus, I figured I was about three years past my "sell by" date. Oh well. We bought retirement property in Kentucky in part because of the first-rate medical facilities in Lexington and Louisville.

I fetched up at Jewish Hospital in Louisville, disappointed that they don't offer discounts to real Jews, but unwilling to take a complex "valve job" to Jiffy Lube. Scripture teaches us to "number our days that we may attain a heart of wisdom."

My heart now has a pig valve in it, and why not? The pig is reputed to be the most intelligent of all farmyard creatures. Before the operation I had a heart murmur: "lub-dub-squish"—now my heart goes, "lub-dub-oink."

As I write this it still hurts when I laugh, but I can't help making jokes. Humor helps in so many places, from dysfunctional family situations to life-threatening illnesses. Norman Cousins (editor of the *Saturday Review*) found this out by literally laughing his way clear of ankylosing spondylitis, a degenerative disease with a 99.8 percent fatality rate. (He watched a lot of Marx Brothers films.)

My natural inclination to see humor everywhere was sharpened considerably by reading and teaching Albert Camus' *The Plague*. For Camus, an Existentialist, life is fundamentally absurd, that is, without rhyme or reason. As such he maintains that our best response is to laugh at life's absurdities; the French verb *rire* ("to laugh") is the root of the name of his narrator, Dr. Bernard Rieux.

Camus offers no clue that Dr. Rieux is a crypto-Jew, but I wonder. My wife maintains, "Every one is Jewish until

proved innocent," so I suppose that goes double for doctors. Come to think of it, I'm a Jewish doctor myself, just not the kind that does anyone any good.

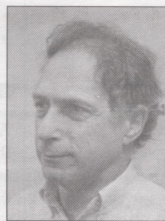
Well, that's not entirely true. Early in my teaching career I spent a lot of time counseling a conservative Christian student who went on to become head of angioplasty at Duke Medical School before scaling back to a career as a cardiologist at North Carolina. He took a keen interest in my situation, telling me at one point that having surgery sooner rather than waiting for something untoward to happen represented "the difference between making a free throw

and a turn-around jumper." I'm a UK basketball fan; it was a convincing argument.

Moses lived to be 120 in part, I think, because he wanted to make his 100th high school reunion. However it is with us, Scripture also teaches, "This is the day the Lord hath made, let us rejoice and be glad in it." (Psalm 118:24) I think I know now, better than I did before, just what that means. May we all be inscribed. ✧

In memory of Ray Kaplan

Stanley Ned Rosenbaum, PhD (Brandeis), is an adjunct professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."



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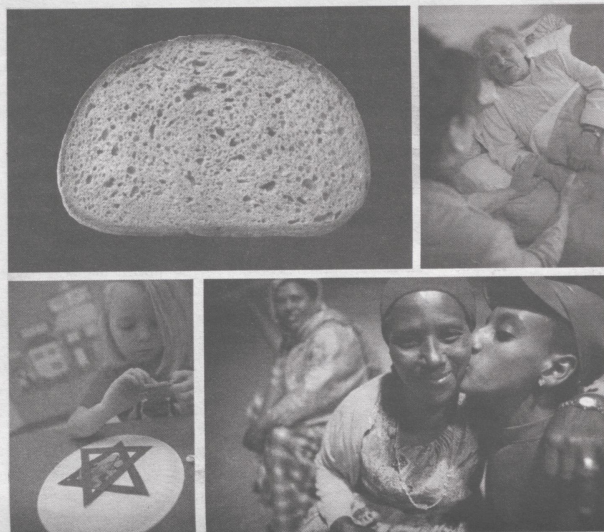
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Support the 2009 CKJF/UJC Community Campaign.

From the Director

Judy B. Wortman



As we approach the High Holidays this year, I—like so many others—am reviewing the events of the last year, putting them into perspective and looking to the future with a renewed sense of direction. Had anyone suggested to me a year ago that I would be celebrating the holidays in Lexington, Kentucky, I probably would have laughed. A year ago I felt relatively settled in suburban Philadelphia, was just about recovered from a fractured femur, and was looking to expand my hours as a fundraising consultant or to look again for a full-time job in the Jewish community. My husband and I expected to stay in the area, and he assumed he would be rabbi at his congregation until retirement, when he would open a practice in marriage and family therapy. (He completed a four-year program of study at the Council for Relationships in May.)

By January, we found that, like many other Americans, we had to change our expectations. His contract was not going to be renewed at the synagogue; in fact, the board decided to save money by going without a rabbi temporarily. I found that full-time positions at my level in the Philadelphia-area Jewish community were non-existent. Because agencies were trying to cut back, most were not looking to hire development consultants or to expand their existing contracts. This meant that David and I would have to consider looking nationwide for positions.

We were facing what so many others in this country have had to endure in this uncertain economy. We would now be in competition with numbers of unemployed people and with professionals many years our junior. At about this time I received a call from Ricki Wasserman from United Jewish Communities asking whether I would be interested in investigating a position in Lexington. Ricki knew that my twin sister, Linda Angelo, was a psychologist who had lived in Lexington for many years and that I was familiar with the area. By the end of February I was here for an interview and in April I was offered the position.

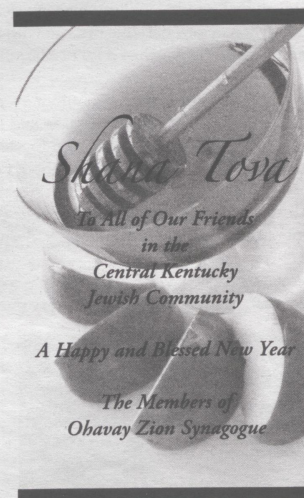
Now that I have been here for three months, it is easy to forget the stress of looming unemployment. I have made wonderful connections here

and have been embraced by so many of you.

Our board and staff, the rabbis of the community, the leaders of the congregations, the Havurah, and Hadassah have all reached out. I have been indeed blessed to have been welcomed as a member of this community.

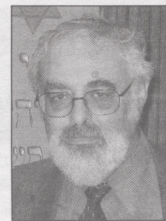
As the holidays approach, I must remind myself that just as David and I had to weather our uncertain future this year, there are many others here and in other communities who have been affected by unexpected circumstances—some by unemployment, some who have had to lose their homes, and some who have experienced illness. We at the Central Kentucky Jewish Federation are in a position to reach out to these people and to contribute our time and our resources. We need your help to do this. Please think carefully about your gift to the 2009 campaign and consider an increase. If each of you would add even \$18 (Chai) for life, our campaign could make a difference to people in need. If you can squeeze out extra time, please call us and consider serving on a committee or being a friendly visitor for those who are ill or homebound. The rewards are infinite.

I send all of you best wishes for a New Year of peace and fulfillment, and I thank you for all you have done to welcome me to this very special community. ☆



Ask a Rabbi

Rabbi H. D. Uriel Smith



Q : What has paradise got to do with interpreting the Hebrew Bible?

A : The Hebrew Bible, the Tanakh, sometimes called the "written Torah," has always been a major foundation of Judaism. There have been many ways of interpreting it, showing various paths to follow in conducting our lives. In the Middle Ages it became customary to identify four levels of interpretation, identified by the anagram PaRDeS.

The word *pardes* is found in the Bible (for instance, Song of Songs 4:13), deriving from a Persian word meaning an enclosed garden or orchard. The ultimate *Pardes* became identified with *Gan Eden*, the Garden of Eden. This was translated into English as Paradise. So, by choosing this anagram, the rabbis implied that if we interpret the Bible correctly, its guidance will help us enter Paradise.

The four consonants of PaRDeS stand respectively for: (a) *p'shat*, "simple, straightforward meaning"; (b) *remez*, "hint," that is, reading between the lines, identifying what is implied by the text; (c) *d'rash*, "exegesis," explanations of the text that give implications for our life activities; and (d) *sod*, "secret," mystical explanations of the text.

The *p'shat* is the fundamental method of understanding the text. In general, the straightforward explanation is the preferred means of understanding what is written. Only if the simple meaning creates too many problems should it be dismissed. Therefore the literal translation of the text (fitting as much as possible the literal meaning of the Hebrew words, while still using good English) is usually more accurate than the idiomatic translation (choosing English idioms to fit what the translator considers is the best original meaning).

For example, "Ten Words" (Decalogue) or "Ten Utterances" (Exodus 34:28 and Deuteronomy 4:13 and 10:4) is a better translation than "Ten Commandments." The common translation was chosen by Christians, who claimed that that the Israelite covenant was one of Law, in contrast with the New Testament covenant of Love.

As a result, the Christian count dismisses the first utterance: "I am the Eternal your God, who brought you out of the Land of Egypt, the house of bondage," (Exodus 20:2; Deuteronomy 5:6), since it does not command anything. This overlooks that the covenant is one of mutual responsibility and love. God has shown his love by freeing the Israelites from slavery; the Israelites should show their love by acting morally. The Sinai covenant is one of tough love, for only so can the Israelites survive in the sacred context of a holy covenant.

Rashi (Rabbi Sh'lomo ben Isaac, 1040-1105 CE) tries to give mainly the *p'shat* in his commentaries. Because

God has shown his love by freeing the Israelites from slavery; the Israelites should show their love by acting morally.

'*im Rashi* (Pentateuch with Rashi's commentary). Still, Rashi brings other levels of commentary, where this helps teach some moral standard.

The *remez* commentary, giving hints based on the text, is very much part of traditional commentaries. Ramban (Nahmanides, Rabbi Moshe ben Nahman, 1195-1270) notes the various levels of commentary, including *remez*, *d'rash*, and *sod*, in his introduction to his commentary on the Torah. He notes that neither he nor the previous commentators could write the full mystical explanation of creation, because the rabbis warned against public teaching of mysticism (Mishnah Hagigah 2:1). Still, some explanation was needed: the fact that God created the universe is funda-

mental to Judaism. So, Ramban gave the *p'shat* with clarifications.

Thus Ramban explains (regarding Gen 1:4-5) that God "seeing" a situation cannot mean seeing like a human, and thus does not involve time dependent causation. Rather, in creating light, and separating light from darkness, God also created time, night, and day. Since each day starts at evening, the darkness before creation (verse 1:2) was timeless, while the darkness of "day one" was timed, separating from the primordial darkness, becoming "night." So, calling light and darkness "day" and "night" was a *remez*, a hint for the upcoming movement of the stars and planets that measure time.

Following Ramban hints, we, who recognize that different cultures perceive the world differently, can find in the description of the first day several hints prefiguring the deepest philosophic arguments conducted today. *Vayomer* ("He said"): That God created the world through ten utterances (Mishnah Avot 5:1) prefigures Martin Buber's argument that the I-Thou relationship is one of dialogue. *Vayavdel* ("He separated"): That God "separated between the light and darkness" prefigures the scientific requirement of clarification, creating distinguishable systems modeling the studied fields and processes. *Vayiqra* (He named"): That God names the light and darkness prefigures the modern existential requirement that the world should have meaning.

Each of these prefigurations is what the rabbis called an *asmakhta*, not a proof but merely a support for that hint. However, they indicate that the Bible was written in a simpler culture, where all the complexities of modern science and philosophy were merely a twinkle in God's eye. If we wish to understand the biblical culture, we need to think in that simpler mode. But, in order to apply the Bible to our culture, we have to introduce these new complexities.

(c) Exegesis, *d'rash*, is a more complex form of interpretation. There are two modes of exegesis, *midrash halachah*, legal exegesis, and *midrash aggadah*, narrative exegesis.

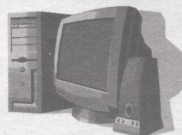
see Ask a rabbi, page 18

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JFS: At Your Service

By Paula Clancy, MSW, CSW, Director, Jewish Family Services



JFS: At Your Service is a monthly column covering a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to JFS: At Your Service, c/o Jewish Family Services, 1050 Chinoe Road, Suite 302, Lexington, KY 40502. You can also call in your confidential questions at (859) 269-8244 or email them to us at JFS@jewishlexington.org.

Where to donate your unneeded items



Stuff. We collect it, are surrounded by it, and sometimes let ourselves be defined by it. Often we even tell ourselves stories about how things that we haven't used for a long time might fit into our own or someone else's future. Take a good look in your closets, drawers, basements, and storage sheds with a fresh eye. What are you holding onto and what are you telling yourself about why you keep things that you haven't used in a long time?

Consider that you can free yourself, recycle, help others, reorganize, and receive a tax deduction all at the same time simply by donating your unneeded items to some of the following nonprofit organizations in Lexington.

AIR CONDITIONERS:

Community Action Council (CAC)
710 W. High Street
(859) 244-2215

Community Action accepts working air conditioners for the Summer Cooling Program, which lends the units to people who are vulnerable or have a medical necessity.

AUTOMOBILES:

ITN Bluegrass (Integrated Transportation Network)
436 Georgetown Street
(859) 252-8665

ITN provides door-to-door rides to those 60 years old and over or visually impaired. Autos can be donated to this program for auction in exchange for credits for rides. The credits given for rides can be applied to the donor's account or transferred to someone else's account.

United Way of the Bluegrass
2480 Fortune Drive, Suite 250
(859) 233-4460

Dollars generated by donated autos are applied to programs and services in Central Kentucky, including 211 Information and Referral Services. By raising funds to operate programs, United Way frees the programs to focus on service delivery.

Volunteers of America
1400 N. Forbes Road, Suite A
(859) 255-4000

Funds from donated (and auctioned) autos are applied to programs supporting homeless and struggling people in our local community.

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Lexington Center
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BOOKS:

International Book Project
1440 Delaware Avenue
(859) 254-6771
1-(888) 999-BOOK

This international non-profit organization promotes education and literacy by sending over 150,000 books to schools, libraries, non-profits, and Peace Corps volunteers in more than 40 developing countries. The types of books needed are classic and contemporary literature, fact books, and educational books copyrighted after 2000. Magazines and encyclopedias are not accepted.

God's Net (Catholic Action Center)
614 E. 7th Street
(859) 514-7210

God's Net "builds a safety net with the Internet for those in need." Your donated books, music, CDs, movies, and games are sold over the world through amazon.com. The proceeds are used locally for inner city ministries who work with the homeless, and for "Keep the Heat On" assistance.

Lexington Public Library
Central Library—Main Street and all branches
(859) 231-5501

Donated books not used for the library's collection are donated to the Friends Book Cellar for resale to support the library. Books, CDs, and movies are needed. Magazines are not accepted.

CLOTHING:

Community Action Council
Clothing Bank
913 Georgetown Street
(859) 244-2215

The Clothing Bank provides garments to low income people of all ages. The "Suited For Success" Program provides professional attire for persons with work-related needs.

FOOD:

God's Pantry Food Bank
1685 Jaggie Fox Way
(859) 255-6592

God's Pantry provides a seven-day supply of food for families who have

been approved by a social service agency for an emergency food box. There are several distribution pantries throughout Fayette County and many blue barrels placed throughout grocery stores, religious organizations, and community centers where donations may be deposited.

FURNITURE:

Furniture Bank through Christians In Community Service

Three-digit phone number: 211 (United Way)

Donated furniture is picked up and delivered by volunteers. Case workers make referrals for people who are in need (homeless, sleeping on the floor, in transition, disaster victims) to aid in recovery.

Generic donations: (Clothing and Household Items)
Goodwill Industries of Kentucky

131 W. New Circle Road
1-800-889-8775

The Goodwill thrift shops provide merchandise at reduced pricing. Goodwill also provides community service and employment programs.

Lexington Rescue Mission

720 Bryan Avenue
(859) 254-1712

Donated clothing and household items become merchandise for the thrift store. Social work referrals provide vouchers for people facing hardship or transition to obtain what they need.

Salvation Army Thrift Store

228 E. New Circle Road
(859) 255-5791

Donated household items and clothing become low-cost merchandise. The Salvation Army assists people to get back on their feet with needed things and social service programs.

HOUSEHOLD/APPLIANCE:

Habitat For Humanity ReStore
1260 Industry Road /420 Southland Drive
(859) 252-2224

Appliances, building materials, home decor items, and furniture are needed. Donated items are sold at a reduced price to benefit Habitat for Humanity.

These are just a few of many nonprofit organizations that need items to support local programs. So if you would like to donate items you no longer need please give one of them a call.

Cool Site of the Month: www.medicare.gov

This site will answer any questions you have concerning Medicare and provides many online services concerning your benefits or questions you might have about Medicare. ☆

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For Your Information

Central Kentucky Jewish Federation Committees

Executive Committee

Linda Ravvin, Chair

The Executive Committee is composed of the CKJF officers and a past at-large members; it is chaired by the president. The immediate past president is an ex-officio member of the Executive Committee and the Board for one year. The committee's function is to evaluate and research ideas related to the Jewish community. It makes recommendations to the Board of Directors. It has the authority to appoint and remove committee chairs and members. It may act upon matters that must be considered before the next regular or special meeting of the board.

Budget Committee

Bob Grossman, Chair

The Budget Committee obtains an estimate of the anticipated expenses and income for the next fiscal year from all committees and divisions of the Federation. It then drafts a tentative budget including projected amounts for contingencies and

reserves. It presents the budget proposal to the Board for approval at the January meeting. It can also recommend budget revisions on matters not included in the current approved budget. The treasurer, who chairs the committee, oversees the budget throughout the year.

Campaign Committee –

Pat Shraberg and Angie Ornstein, Co-chairs

The Campaign Committee organizes and implements the annual fundraising campaign. The campaign is organized through campaign divisions based on gift size and special interests. The committee is responsible for organizing campaign events, including Super Sunday, and for assisting in the individual solicitation of campaign gifts.

Community Relations Committee

David Wekstein and Mike Grossman, Co-chairs

The Community Relations Committee promotes dialogue and

understanding among the diverse populations of Central Kentucky and promotes awareness and social action to improve living conditions for everyone in our area. It promotes efforts to fight anti-Semitism and all forms of racism and discrimination. The committee is also responsible for developing programs related to Israel advocacy and Holocaust commemoration. Upon Board approval, the committee can organize the members of the Federation for unified action on problems of communal concern.

Jewish Family Services Committee

Evelyn Geller, Chair

The Jewish Family Services Committee advises the Jewish Family Services director and reports to the Federation Board about the operations, planning, evaluation, and administration of JFS. Committee members are involved in planning the programs of the Leisure Club and Family Life Education and may serve on a scholarship sub-committee and/or an emergency assistance sub-committee.

Community Activities Committee

Chair to be Appointed

The Community Activities Committee coordinates all programs assigned to it by the Board of Directors and may suggest to the Board new programs which do not duplicate programs which already exist within the Jewish community. The committee also coordinates Federation's participation in joint social, educational, and cultural

communal activities. Volunteer programs such as the Season for Giving and visits to the Stewart Home and School are also the responsibility of the Community Activities Committee.

Camp Shalom Committee

Chair to be Appointed

The Camp Shalom Committee oversees the operations, planning, administration, and evaluation of camps Shalom and Gesher and advises the Board of Directors as to these concerns.

Nominating Committee

Ruth Poley, Chair

The Nominating Committee proposes an annual slate of candidates for the Board of Directors, officers, and at-large members of the Executive Committee. The committee maintains a record of the members and officers of the Federation.

Shalom Editorial Committee

Ruth Poley, Chair

The Shalom Editorial Committee serves as the editorial board for the Shalom newspaper and is responsible for all aspects of the publication. The committee also seeks and encourages community involvement in Shalom.

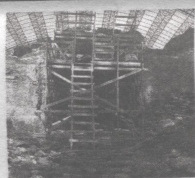
Marketing and Website Committee

Chair to be Appointed

The Marketing and Website Committee is an ad hoc committee that oversees cohesive marketing and outreach strategies for the Central Kentucky Jewish Federation. ☆

COOL FACTS ABOUT ISRAEL

Tel Dan



Tel Dan ("Mound of Dan" in Hebrew "Dan" being "judge"), is an archaeological site in Israel in the upper Galilee next to the Golan Heights. The site is identified with the Biblical city of Dan, the northernmost city in the Kingdom of Israel, which the Book of Judges states was known as Laish prior to its conquest by the Tribe of Dan. Due to its location close to the border with Lebanon and at the far north of the territory which fell under the British Mandate of Palestine, Tel Dan has had a long and often bitterly contested modern history, most recently during the 1967 Six-Day War. Finds at the site date back to the Neolithic era c. 4500 BCE; from the remains found, which include 0.8 m wide walls, and pottery shards, it appears that the site was occupied in Neolithic times for several centuries before being abandoned for up to about 1000 years.

Within the remains of the city wall, close to the entrance of the outer gate, was found a fragment which seemingly was originally from a stele. This basalt fragment, the Tel Dan Stele, contains an Aramaic inscription, referring to one of the Aramaean kings of Damascus; most scholars believe that the king it refers to is Hazael (c 840 BCE), though a minority argue that it instead refers to Ben-Hadad (c 802 BCE). Very little of the inscription remains, but the text contains letters which most archaeologists agree refers to House of David (Beth David in Hebrew). In the line directly above, the text reads 'MLK YSR'L', i.e. "King of Israel" (Hebrew script from the era is vowel-less), which would make the inscription the first time the name David has been found in any archaeological site dating before 500 BCE.

[Taken from http://en.wikipedia.org/wiki/Tel_Dan]

AGAPE Theatre Troupe announces Lexington premiere

Play about generations of women quilters to appear
September 20 only

AGAPE Theatre Troupe will present the Lexington premiere of *Gee's Bend* by Elyzabeth Gregory Wilder for one performance only at the Lexington Opera House at 3:00 p.m. on September 20, 2009.

The play with interwoven music spans 61 years and three generations of women, dramatizing the true history of the quilters of *Gee's Bend*, Alabama, whose remarkable quilts have been exhibited in museums throughout the country.

Deb Shoss directs Cathy Rawlings, best known for her stirring performances in *Yellowman* and *Crowns* at AGL, and Sylvia Howard, featured in *Honky Tonk Angels Christmas*, *Ain't Misbehavin'*, and *Constant Star*, among other local productions. They are joined by Jeremy Gillett, Carolyn Garner, and Samantha Johnson.

Gee's Bend is the official play of this year's Roots and Heritage Festival following its annual street fair September 11 to 13.

For tickets, call the Opera House box office: (859) 233-3535. For more information, visit agapetheatretroupe.com. ☆

Opinion

Secular Jews: Taking Down the Last Mekhitsa*

By Peter Schogol

When I was 40 years younger and had come to the conclusion that I was gay, my well-meaning but dismayed friends announced that I had just not met the right girl. They then proceeded to produce an endless pageant of suitable candidates, some of whom I dutifully dated, until I finally said "enough." Only once it was clear that I, from my own experience, was calling a halt to this charade did people shrug and leave me alone. Not ten years later, when I came to the conclusion that I didn't like tofu, my well-meaning but dismayed vegetarian friends announced that I just hadn't had tofu prepared right. So I was subjected to marinated tofu, barbecued tofu, tofu omelets, tofu cheese, tofu ice cream—more modes of tofu than Bubba Gump has shrimp. Once it was clear that I was not going to like tofu no matter what you did with it—and I had a few good suggestions what you could do with it—I was left alone with the kindly shrug you give to the invincibly stupid.

In the last few years I've come to the conclusion that I could make no good sense of the word "God" and I was better off not using it. This time it was me who filled shelf after shelf with philosophy, theology, exegetics, homiletics (religious omelet-making), and it was me who finally called it quits. I just could not entertain the existence of God nor conscience any uttering of God's name in prayer, public or private. To this self-revelation some of my Jewish friends patted me on the head fondly and declared me invincibly stupid. Others turned away sheepishly as if

to say, "Shh, don't draw attention to us." And one or two brave souls said, "So nu, you're still a Jew. What are you going to do now?"

What, indeed. Could I be the only nontheistic Jew in Central Kentucky who refuses to go gentile into that good night? Am I doomed like the Flying Dutchman to drive endlessly around New Circle for not having given God the three times of day?

I grew up in New York City, a red-diaper baby in a Yiddish-speaking family whose only religious practice was getting dressed to go out for bagels and the Sunday Times. We spent Yom Kippur inside the house with the shades drawn so the neighbors wouldn't see us non-observing. My parents didn't have one good thing to say about religion—any religion—but that didn't stop my own religious quest, which began at the age when my friends were becoming b'nai mitzvah. You name the religion, I sampled it. Sometimes I returned for seconds. Inwardly, though, I always felt like a wedding crasher. So every few years I would attend a synagogue: Conservative, Reconstructionist, Renewal, Reform, Humanistic. With the exception of the last I would invariably walk out mumbling about all the God language. From the last I would walk out intellectually sated but homesick for some God language to mumble about.

The transition from a homesick secular Jew to a principled Secular Jew was both gradual and sudden. I woke up one day and said

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the CKJF office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859)268-0672 or tamara@jewishlexington.org

"Shoyn." ("Enough" already). This is the hand I've been dealt. How am I going to play it?" I decided that I would mine the tradition of Eastern European Jewry from the Haskalah (Enlightenment) to the present for what inspires a life dedicated to the pursuit of peace and justice. I subscribed to all the correct Jewish publications, read all the literary luminaries of Jewish secularism, got out my beat-up copy of *College Yiddish*, fired up the samovar, carved up the halvah, and I was now Purpose Man. And quietly defeated.

I would argue that secular Jews comprise a very large part of the Jewish population. Many attend synagogues, making their own adjustments to halachah and the siddur as necessary, seldom speaking about it to others, drawing the shades so to speak. Many others are one generation away from total anonymity, either through indifference or emulsification in Unitarian Universalism or Ethical Culture. Others though, like me, still find in the legacy of Eastern European Jewry the wherewithal to live as engaged Jews, however eccentric and irrelevant we may appear. But is there a future for us outside the institutions of American Judaism?

Quite possibly not. The folkshules in New York, Philadelphia, and Cleveland are becoming geriatric; as for the young, it's hard to keep 'em down on the farm after they Tel Aviv (couldn't resist). Middle-aged folks like me have to decide not where to end our days but where to engage them. Whether or not we can relate to the religious content of Judaism is not as important as whether we can be inspired to do justice, love mercy, and walk humbly. I may be dead wrong but I think there is room in at least some temples and synagogues for Secular Jews who believe that there is something innately worthwhile to being a Jew, that to be a Jew for oneself is to be a mensch for others. I do so believe.

So rabbis, presidents, education and membership directors, if I may have your ear. Your congregation may behave one way outwardly and believe something else entirely; you simply can't assume. If it's only behavior that matters, that's one thing. But to engage hearts and minds you could offer programs that are Jewish in content (not Mah Jongg) that are not explicitly religious, but neither are they cutesy or patronizing

see Opinion, page 19

September 2009 Shalom | 11

Happy Rosh Hashbanah

from Sonny, Janet, Rob and Eileen

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the world. We
also celebrate the
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Bluegrass Christian Camp staff: Kelly Brandenburg, Bobby Cairell, Adam Tipton

Thank you to Camp Kearney and the Bluegrass Christian Camp for use of their facilities.

**CAMP SHALOM
AND
CAMP GESHER
2009**

CAMP ROCKS!

Let's give a big hug to our staff!

Group Leaders: Lizzie Engel, Nora Simon, Josh Kline and Alex Shapiro

Counselors and Specialists: Ariel Gerall, Dani Heller, Christopher Thompson, Justin Graff, Danny Shapiro, Rachel Swanson, Alex Thompson, Kaitlin Graff, Kendall Levenson, Tyler Nelson, Kayla Bryan and Marshall Roorda

CITs: Katrina Knight, Hannah Gould, Jonathan Feinberg, Jessica Geddes, Chaz Foster, Shayna Clark (CYV), Eleana Thompson, Eli Gould, Tomer Eres and Ryan LaZur.

CKJF: Judy Wortman, Jana LaZur, Paula Clancy, Tamara Ohayon and Gayle Bourne.

Our fearless leaders: Kathy Feinberg, Director and Rachel Heller, Asst. Director

Camp Young Young Judeaea: A valuable summer experience

By Lisa Satin

Camp Young Judeaea Midwest (CYJ) (www.cyj.org) is a residential co-ed summer camp for Jewish children aged 8 to 14. It is set on a beautiful lakefront 80-acre site in Waupaca, Wisconsin, about three and a half hours from Chicago. It is affiliated with Hadassah.

By attending, your child will have fun, make great friends, develop valuable leadership skills, and strengthen his/her Jewish identity. Leaders in the Jewish Community have recognized that a summer camp is the best investment in Jewish continuity.

Jewish camping offers a wonderful setting for children to live around the clock in an environment where they can experience Judaism as fun. Camp is rated highly as a contributor to lifelong involvement in the Jewish community. Jewish campers are twice as likely to be involved in the Jewish community and half as likely to intermarry, according to the Foundation for Jewish Camping (FJC).

There are two sessions at CYJ, each lasting three and a half weeks. First-time campers entering third and fourth grade also have the option of attending a two-week mini-session. Children attending the mini-session may opt to stay the remaining two weeks of the full session if they desire.

The campsite includes a spacious dining hall and kosher kitchen, a modern air-conditioned large recreation hall, and an indoor site for arts and crafts. The 20-acre lake and waterfront includes waterskiing, tubing, kayaking, sailing, canoeing, and swimming. Every cabin has connecting washrooms and showers.

Special activities include Maccabiah (Color War), 4th of July celebrations, Yom Yisrael (Israel Day), and many evening programs. Also, everyone goes on a campout. Each group spends one to two nights camping out and participating in great activities, including biking, canoeing, and tubing.

Camp offers an exciting variety of outdoor activities and sports. Thanks in part to a grant from the Foundation for Jewish Camp, this past summer's activities include a variety of water sports, horseback riding, and field sports. Creative activities such as arts and crafts, drama, and Israeli singing and folk dancing are also offered.

CKJF is pleased to announce that we are now accepting donations for special occasions in honor or memory of important people in your life.

What an excellent way to both celebrate your loved ones and support the Jewish community at home and abroad.

Send us your special contributions with a note specifying the intent of your donation and let us know if you would like your contribution published in *Shalom*.

Thank you for your support of the
2009 CKJF/UJC Community Campaign

Every effort is made to ensure the health and safety of each camper. All of the activity areas are staffed by trained and certified professionals using the most up-to-date safety equipment. Under the skilled supervision of an on-premises registered nurse or doctor, a well equipped infirmary offers full protection and care. Particular attention is given to those campers who require special care or medication while away from home.

At Young Judeaea camps, young people can count on having an experience that develops independence, strong connections with Israel, and lifelong Jewish identity. Young Judeaea camps provide an environment of informal Jewish education where both learning and having fun are high on the agenda.

Camp is kosher and shomer Shabbat. The campers and their counselors plan and lead services. As a result, campers are able to understand the meaning and importance of prayer in Jewish life. Shabbat takes on a whole new meaning as it is observed by the entire community. The celebration includes candle-lighting, services, a special Shabbat meal, singing, and dancing.

There are several opportunities for financial assistance, both needs-based and non-needs-based.

There are only two lasting bequests we can hope to give our children. One of these is roots, the other, wings. How can you give such a gift to your children? Send them to Young Judeaea.

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Much of Jewish ritual, such as keeping kosher or observing Shabbat, is experienced most meaningfully when done with a community of friends. Camp provides a unique setting for your child to have this powerful and life-changing experience.

If you would like more information about Camp Young Judeaea or if you would like to support CYJ with a donation, contact Lisa Satin, LLJSatin@insightbb.com or (859) 338-3740, or Noah Gallagher, director@cyjmid.org, (847) 675-6790.

Thank you to:

The Ravvin Family for their donation in honor of Evelyn Dantzig Geller's birthday.

Ethel and Jack Abramson for their donation in honor of Pauline Ravvin's 99th birthday.

Dr. Leon and Linda Ravvin, wishing a *refuah shlemah* to Phil Hoffman.

Jacquelyn Johnson, wishing a *refuah shlemah* for Rabbi David Wortman, husband of Judy Wortman.

B'tayavon (Hearty Appetite)

By Ruth Poley

Break the fast with butter

Just as I was starting to think about a recipe to publish for the upcoming High Holidays, Mary Rosenbaum offered to share one of hers with you. So here it is; it looks to be very easy and is sure to be delectable.

Mary writes: This is one of my family's favorite desserts, and it's a hit every year at the Havurah break-the-fast meal, too. It works well for the occasion because it's simple and quick to make and it actually improves with keeping, so you don't have to worry about it getting stale during the long Yom Kippur day. Besides, fasting gives the illusion that it's OK to take a big butter hit; you've earned it, right?

Scottish shortbread seedcake

- 1 cup unsalted butter (margarine just doesn't have the right taste)
- 1/2 cup sugar
- 2 1/3 cups all-purpose flour
- (optional) 1/2 cup seeds: poppy, sesame, caraway, or hulled sunflower

Cream butter with sugar until light and fluffy. Add seeds, if using. Stir in flour; mix well. Chill at least an hour. Press into two ungreased 8" cake pans, score into wedges, and bake at 300 for 30 minutes or until lightly browned. Cut along wedge marks while still hot. Cool thoroughly, remove wedges from pans, and store in airtight tin for at least 24 hours so flavors can ripen.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com.



Our 2009 *Shalom* Contributors

Thank you for your generous contributions to keep *Shalom* solvent.

Gibor (Hera)

Evelyn Dantzig Geller
Leon & Linda Ravvin
Sue Wides
1 anonymous

Three Times Chai

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Here is my contribution to help keep *Shalom* solvent

- ☐ \$18 Chai ☐ \$36 Double Chai ☐ \$54 Three Times Chai
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Camp (from page 1)

with the care of the management of the camp, and with the activities learned."

This year of Camp Shalom and Gesher was a little different from all others. Despite the bad economy, multiple campsites, and end-of-summer timing, Camp Shalom and Gesher welcomed a larger percentage of campers than in most years, the largest class of incoming CITs in camp history, and led the first-ever extended Gesher field trip to an overnight camp to celebrate Shabbat. We had week one at Camp Kearney and week two at the Bluegrass Christian Camp. Our staff and campers made the transition beautifully. Many thanks to Kathy Feinberg for her year-round planning of details that ensure campers and staff of a good experience. Kudos also to a great staff, whose efforts were above and beyond expectations.

Both weeks of camp were action packed, and although rain was forecast at least half of the days, weather stopped normal activities for only one day. As luck would have it, that happened to be the same day the curriculum included many indoor activities. The Living Arts and Science Center came out with their indoor mobile Skylab, which taught campers about stars and constellations. Also on that day, a team of reporters came to conduct an interview of our Teva specialist, Tyler Nelson. She will be featured in the University of Kentucky's Entomology/College of Agriculture trade magazine next month. Tyler loves bugs and reptiles. "I handle all the things that no one else wants to," she said. Tyler's knowledge and skills have taken Teva, our nature chug, to new heights—it has quickly become our most popular activity.

The first week, at Camp Kearney, 60 campers and 24 staff filled the site in Jacobson Park. That week focused on recycling, nature, archery, and paddle-boating—which the older kids loved—and a playground the younger kids enjoyed. There was also a large shelter where we could all gather at various times during the day. There was a talent show and carnival on the last day of Camp Shalom, while Camp Gesher took a weekend field trip to Bennington, Indiana to welcome and celebrate Shabbat with Camp Livingston. One Gesher camper said, "I really liked the Camp Livingston field trip because it was a chance to see an overnight camp and experience Shabbat in a different way than we normally do."

The second week, our sixth at the Bluegrass Christian Camp, was like coming home. We usually are in drought conditions by August, but this year could enjoy the flowing waterfall as well as paddle-boating in the rushing creek. The rain also brought out snakes, reptiles, and other creatures we normally don't see, that made our Teva campers as well as their leader, Tyler Nelson, extremely happy. The most popular attraction that week, which people had missed the most during week one, was the swimming pool.

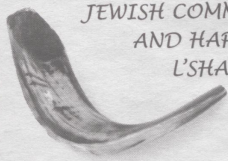
The final day of camp was perhaps the most exciting of the two weeks, with the Maccabiah, or Color Wars, as it has become known. Games took place on land and in water. The day ended with a scavenger hunt which involved getting "muddled" in the Dead Sea (covered with chocolate pudding), making a falafel sandwich and seeing who could eat it fastest, searching for goggles in cold cooked oily spaghetti noodles, and a tug-of-war with a large pit of gelatin for the losing team to fall into. Of course the whole camp got involved in the gelatin-flinging afterwards. Congratulations to the Adom (Red) team on their win. Take a look at the picture spread in this issue of *Shalom* to see how much *ruach* (spirit) campers and staff had.

Week two's group camp picture will be mailed out after camp is over; please call or email if you have not yet ordered one. By now you should be able to view camp pictures at www.jewishlexington.org; call the office if you need any assistance.

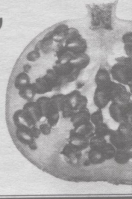
Camp would not be possible without the hard work and dedication of our staff and community volunteers. Certainly, money is not the chief reward of this summer job, so it is important to express our gratitude for what these amazing young men and women did for our campers this summer. If you see them this year, please compliment them for their work. Thanks, too, to our group leaders, counselors, counselors-in-training, and senior staff for another year of safe fun for all the campers. Chaz Foster enjoyed being a CIT (counselor-in-training) for the first time this year after being a camper for many years, and said "I didn't want to miss a minute of camp."

Much credit is due to Kathy Feinberg and Rachel Heller for their tireless efforts and dedication in planning and putting into action the foundation for a great camp season, as well as Tamara Ohayon and Jana LaZur from the CKJF offices. Please call the office if you would like to serve on the committee or have any suggestions for camp. ☆

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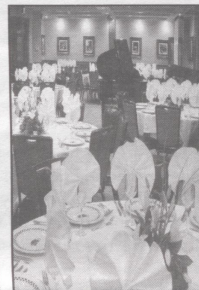
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Ask a rabbi (from page 7)

Rabbi Abraham J. Heschel, in his book *Heavenly Torah, as Refracted through the Generations*, identified two schools of legal *midrash*, originating respectively with Rabbi Ishmael and Rabbi Akiba. The Mishnah and Talmud, and various collections of *midrash halachah*, pick up the work of these schools, developing the legal side of the Oral Torah. Both schools try to interpret the Bible as literally as possible, using a limited number of rules of exegesis.

Midrash aggadah is much freer, often wandering into far-off ideas. As long as the stories help bring people to God, enabling them to live moral lives, these *midrashim* are acceptable. There are many more possible rules of narrative exegesis, including *gematria* (counting the numerical values of letters) and *notarikon* (anagrams). This gallivanting around is forbidden for legal rulings.

(d) The esoteric interpretations, *sod* ("secret"), were developed through a combination of mystical studies and halachah. Unlike today's teaching of Kabbalah Lite ("wrap it with a red

thread"), it always was understood that a person had to be a *shomer mitzvot*, keeping God's commandments, in order to obtain a proper understanding of the higher levels of Torah. Without that, you could only gain glimpses of the truth, and always were in danger of falling by the wayside.

Even when following the Torah, a person not properly prepared, who had not yet gained an inner harmony, was in danger. God's words are a sacred fire. Thus, four rabbinic colleagues "entered Paradise" through mystical activity, but only one came out safely. Shimon ben Azzay "peeked in and died," Shimon ben Zoma "peeked in and went mad," Elisha ben Avuyah "entered and started cutting down the trees" (he became a heretic), and only Rabbi Akiba "entered and left in peace" (Bavli *Hagigah* 14a-15a).

Because of these dangers the Mishnah restrains the public explanation of mystical matters.

One may not explain sexual matters (*arayot*) among three [or more], nor the action of the first creation (*ma'aseh b'reshit*) among two [or more], nor the chariot (*merkavah*, seen by Ezekiel, chap. 1) to one, unless he is wise, and can understand through his own reasoning (Mishnah *Hagigah* 2:1).

Just as the understanding of Creation and the Chariot involved mystical experience, so, according to the rabbis, sexual ecstasy in marriage also was mystical. Thus a marriage is called *qiddushin* ("sanctification"), and the two *cherubim* forming the throne of God on the ark

were considered to be male and female. This is why the Song of Songs was included in the Bible. (Note that this sexual mysticism can also be dangerous. It was misused, both when the followers of Shabtai Tzvi left for pseudo-Islam, and the followers of Jacob Frank left for pseudo-Catholicism.)

Other activities and events could induce sacred experiences, whether harmonious or destructive. Visiting the Holy Land, and especially Jerusalem, the Holy City, can uplift us. (However, occasionally the experience becomes too overwhelming. A visitor may become ecstatic, believing a spirit speaks through him. This problem has appeared so often it was given a special diagnosis, called the "Jerusalem syndrome," with experts giving palliative treatment.) Studying the sacred Scriptures can reflect its revelation to Moses as black fire written on white fire. Thus, several Torah verses are sources for names of God, and the Torah as a whole may be understood to be one long name of God. The sanctification of Sabbaths and festivals can transform our experience of these days. When we recite, *asher qidd'shanu b'mitzvotav* ("Who has sanctified us through His commandments"), we may recognize that fervently fulfilling a mitzvah may raise sacred emotions.

All these sacred experiences may be expressed on the *sod* level of biblical interpretation. The Book of the *Zohar* ("Brilliance") is the "third Bible" of Judaism (following the Written Torah, the Tanakh, and the Oral Torah, the Talmud and Midrash). It was composed as a commentary on the Pentateuch and five Megillot. ✧

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Israel 21c: Israeli study: soda drinks cause liver damage

By Karin Kloosterman

A new Israeli study reveals that too much sweetened soda and fruit juice may cause long-term liver damage. Switching to water is the best preventive measure to contribute to long-term health.

It may be a good idea to replace the juice in your kid's lunch box with a bottle of water. A health conscious Israeli physician has bad news for the beverage industry. According to Dr. Nimer Assy, people who drink more than one liter (about four cups) of sweetened beverages a day have a five times greater risk of developing fatty liver.

"In the long term, this contributes to more diabetes and heart disease," warns the doctor from the Ziv Medical Center in Haifa.

While known culprits like sweetened carbonated soda are on the list of "no-nos," natural and freshly squeezed fruit juices appear there, too. His findings are reported in the *Journal of Hepatology*, where Assy, a specialist in internal medicine, liver disease and liver transplantation and director of the Liver Unit at Ziv, warns that the beverages cited can cause long-term damage.

In his study, Assy followed 90 healthy patients with no perceived risk for fatty liver. He discovered that about 80 percent of the people in the study who were diagnosed with fatty liver drank more than half a liter (about two cups) of sweetened soft drinks (carbonated beverages and sweetened juices) every day, whereas only 17 percent of those in the control group had the condition.

Don't squeeze, chew!

The ingredient in the sodas and juices that causes the damage is a fruit sugar called fructose, which is highly absorbable in the liver. It does

not affect insulin production and goes straight to the liver where it is converted to fat. Fructose ups the chances that you will suffer from a fatty liver, which can lead to cirrhosis of the liver and liver cancer, Assy tells ISRAEL21c.

The father of five, who lives in the Christian Arab village of Fassuta in the Galilee region of Israel, confesses that his own kids drink Coke. However, his advice to other parents is to limit their offsprings' intake of soda or any sweetened beverage—natural or artificial—to not more than about one cup, juice box, or can, a day.

To reap optimal benefits from fruit and avoid the liver damage possibility, Assy suggests eating the fruit whole. "The natural orange has fibers and prevents fructose from being absorbed [in the liver]," he explains. If that's not possible, he recommends drinking fruit juice that has extra pulp in it.

Assy's study was spurred by what he saw at his in-patient clinic. "We have noticed recently that there are many patients coming to the clinic with fatty infiltration of the liver," he tells ISRAEL21c. "Usually the risk factor is for people with obesity, diabetes and alcohol [abuse, but] we noticed some people without these pre-conditions could have fatty liver."

Diet drinks are suspect as well

He started the study by asking his patients to take a questionnaire. As the group of 90 people (with a 50:50 ratio of women to men, ages 40 to 50) filled in the blanks, an explanation began to emerge. They were asked about their level of physical activity, caloric intake on a daily basis and the amount of soft drinks they consume.

"We found people who drink more than two cans of Coke a day have increased their chances for a fatty liver, and if left untreated their chances for heart disease and cirrhosis of the liver also increase," Assy says.

When Assy refers to soft drinks, he's including diet soft drinks in the mix. With inconclusive data on diet drinks, he believes that those containing artificial sweeteners may have a similar effect. While diet drinks do not contain fructose, they do have aspartame and caramel colorants: "Both these can increase insulin resistance and may induce fatty liver," says the doctor.

Assy plans to conduct a more extensive study of the health effects of artificially sweetened drinks and he suspects that his findings may not be to the taste of the world's beverage industry. ☆

Opinion (from page 11)

("Fifteen Yiddish Phrases to Make Your In-laws Kvell"). We are, most of us, descendants of urban German and shtetl Eastern European Jews, and what they lived and died for constitutes our backbone and our vision. Studying Yiddish writers in translation, the history of Labor Zionism, the growth of American seminar-

ies, the career of the Jewish daily newspapers, Yiddish-American theater, the settlement houses, the sweatshops, Jewish peddlers in Appalachia, Jews along the Ohio... the opportunities are endless.

We don't all wear our Judaism the same way, and in my opinion we shouldn't need to.

*Demarcation between men and women in a traditinoal congregation. ☆

The Lexington Chapter of Hadassah

Lynn Furness, President

During late July, a marathon of organ transplant surgeries took place at Hadassah Medical Organization ("HMO"). Two hearts, two livers, and one kidney were transplanted in four patients within 48 hours and all the patients are successfully recovering.

The most dramatic of the operations was a heart transplant in a woman, age 42 and the mother of six, from a moshav near Beit-Shemesh. She originally came to Hadassah a year ago suffering from severe heart failure, which could not be categorized. As an interim measure, doctors replaced her heart with an artificial one. During the transplant marathon, she received a new human heart. On the same day, a 24-year-old man from Tiberias received a new liver after a three-year wait. He suffered from terminal liver disease because of a congenital problem in his bile ducts.

Forty-eight hours later, a 49-year-old man received a new heart. Suffering from myocardial infarction, which damaged his heart severely, he waited for a new heart for a year. During the wait, his condition deteriorated and he was hospitalized a couple of months prior to the successful surgery. At the same time, a woman, age 61 from Kiryat Arba, received a new liver. She suffered from HCV and waited for a new liver for three years. Last, a 28-year-old man from Jerusalem received a new kidney donated by his 35-year-old sister.

This amazing production involved dozens of people. The doctors were the jewels in the crown of a massive team that included nurses, transplant coordinators, social workers, lab technicians, operating room equipment technicians, blood bank employees, secretaries, maintenance staff, and cleaning personnel, each of whom contributed to the successful results.

It is extraordinary episodes like this that fuel the energy of the women and men of Hadassah to continue to raise funds for the cutting edge medicine practiced at HMO. Not only do HMO patients benefit, but also patients around the world benefit because Israeli doctors publish papers and perform research with doctors in other countries, including the United States.

Hadassah also enriches lives in Israel beyond the medical arena. Hadassah Youth Aliyah provides Israeli children at risk in their family environments with a home away from home at one of its three villages. Youth Aliyah also helps young immigrants adjust to life in Israel. Hadassah College Jerusalem educates post-army students in fields such as optometry and graphic design to enable them to enter the work force with skills suited to the Israeli economy. Hadassah's partnership with Jewish National Fund provides trees, parks, and reservoirs to enrich and protect the environment. Hadassah's Young Judea programs offer opportunities for young Jews to spend a year or a summer in Israel, thereby strengthening the commitment

of these young people to Judaism and Israel.

Hadassah also promotes education, children and the future, the environment, and medicine and health through various programs in the U.S. For example, Hadassah stood at the forefront of organizations seeking expansion of stem cell research. For additional information on Hadassah's programs and advocacy opportunities, please contact me at (859) 873-0328 (w) or (859) 873-0593 (h), or, if you prefer, visit Hadassah's website at www.hadassah.org.

Locally, the Lexington Chapter offers programming in many areas. Please join us for the opening meeting on September 13 at 12:30 p.m. at Malone's Banquet Rooms above Sal's in the Lansdowne Shoppes to hear about this year's plans and meet the new board. If you can attend, RSVP to Tamara Ohayon at lexhadassah@yahoo.com or (859) 420-4925. The charge for lunch is \$22. We hope to see you there. ☆

The Lexington Havurah

Judy Goldsmith, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibilities for all services. For additional information about services or membership in the Havurah, please contact me at (859) 269-7218, goldsmith@cs.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdfjm@insightbb.com.

The summer is waning, at least for those of us associated with schools. The High Holidays are beginning to cast a shadow over our plans for the fall. How will we find time to do everything that the secular society expects of us, and still make time to find a place of holiness—or at least make room for a sense of holiness, should we be lucky this year?

This has been, for many of us, an anxious year. The election. The many political crises around the world. The economy. It seems to me that people are more anxious now than they—than we—were a year ago. Some of us have watched our retirement funds and house values shrink, and almost all of us know someone who has lost a job. For me, the end of summer is always an anxious time.

Although I taught my first college-level class (as a teaching assistant) 27 years ago, I still get nervous before the semester starts. Will the students get it this year? Will chaos descend?

But the beginning of the semester is exciting, too. New beginnings. I hope that this is a better year, one where we feel a sense that the world is moving toward peace more than toward war; that we are moving toward a more stable economy. If society isn't becoming more civil on its own, then at least we should find ways to work for tikkun olam.

The Lexington Havurah has several services coming up. Services are led by Havurah members, and most members participate in leading High Holiday services, including Torah readings, shofar blowing, and sermons.

Saturday, Sept. 12: Slichot services at 8:30 at the Shedlofskys'.

High Holiday services—the mornings of both days of Rosh Hashanah at 9:30 a.m., Kol Nidre at 7:00 p.m., Yom Kippur Shacharit at 9:30 a.m., Mincha/Maariv Neilah 5:00 p.m., and the Yom Kippur potluck break-the-fast at 8:00 p.m.—will be at the Lakeshore Village Club House, 543 Laketower Drive. All are welcome.

Tashlich will happen on Sunday afternoon, Sept. 20. For information about time and location, call Judy Goldsmith, (859) 338-5725.

There will be a **Sukkot** event on Sunday, October 4, at 3:00, details to be announced. ☆

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New members of the TAI community

Heaven Leigh Martin and her fiancé, **Brian Casey** Heaven is a medical technician at Saint Joseph East Hospital. She recently converted to Judaism and has taken the Hebrew name Ya'el Hadassah. Heaven regularly attends Kollel and Torah study at Temple on Saturday mornings. Her interests include Judaic studies, history, and learning Hebrew. She also enjoys reading, drawing, creating artwork, and learning new things. Heaven is engaged to Brian Casey, who is from Columbus, Indiana. Brian is currently a student at the University of Kentucky. He is working on his electrical engineering bachelors degree and will graduate in December. Heaven and Brian plan to wed on December 13, 2009.



Heaven Leigh Martin and her fiancé, Brian Casey.

The Savage Family

Becky Savage and her husband, Scott, were born and raised in Lexington. Becky works part-time as a nurse at St. Joseph Hospital in the Cardiothoracic Vascular Unit. She volunteers with the Red Cross, the Wildlife Rescue and Rehabilitation Center at Summerwind Farm, and the PTA at Julius Marks. Scott is an electrical engineer at Cypress Semiconductor. Scott and Becky are huge UK football fans. Their children, Madeline, 10, and Jack, 7, both attend Julius Marks Elementary.



The Savage Family

The family was raised in the Christian faith but Becky, Madeline, and Jack have converted to Judaism. The conversion ceremony took place on August 10.

Chavurat-Chochma (A Friendly Gathering of Wisdom)

We will meet on September 25, 2009 at 11:30 a.m. While invitations are sent to members of the congregation at least 60 years old, all are welcome!

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Drop in the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. **September 5**

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the Library. **September 12 & 26**

God's Pantry Night on Tuesday

Please join representatives from the entire Jewish community at God's Pantry on the **third Tuesday of each month**, from 6:00 to 7:30 p.m. Join us on **September 15, 2009**.

2009-2010 Temple Mini-U Courses

Temple Adath Israel's "Mini-University" is now enrolling for classes for the fall 2009 term. Mini-U courses emphasize discussion and hands-on activity, with short readings to be done in class. No prior knowledge of the subject matter is necessary—just a willingness to participate in conversation about a subject that interests you.

You may take as many Mini-U courses per academic year as you like. The one-time registration fee of \$18.00 covers all courses for the 2009-2010 academic year (though some courses may charge additional fees for class materials). Enrollment is open to the entire Jewish community. Here are the courses offered for the fall 2009 term:

The Jewish Experience in Asia with David Wachtel (Wednesdays, 7:30 pm at TAI, Sept. 9, 16, 23, and 30)

Pre and Post Retirement Planning with Ben Kaufmann (Mondays, 7:00 pm at TAI, Oct. 19, 26, Nov. 2, 9, and 16; enrollment limit: 20).

Pies and Pastries with Eden Myers (Sundays, 6:30 pm at TAI, Nov. 15, Nov. 22, Nov. 29, Dec. 6, Dec. 20, Dec. 27; an additional \$20 per student for ingredients, enrollment limit: 10; childcare can be arranged with advance notice).

To enroll, or if you have any questions, contact Ken Slepyan at kslepyan@transy.edu or (859) 226-9145 (do not call the Temple). You may enroll at any time, but the sooner the better to guarantee your place. Please make checks out to "Temple Adath Israel" and write on the memo line, "Mini-U."

Views expressed by Mini-U instructors are their own and do not necessarily reflect those of Temple Adath Israel. ✧

TAI High Holiday Schedule

September 18

Erev Rosh Hashanah

7:00 p.m.—Child Care

8:45 p.m.—No Child Care

September 19

Rosh Hashanah

8:30 a.m.—Child Care

10:45 a.m.—Child Care

Tashlich, Youth Service and

Picnic 5:00-7:00 p.m.

Jacobson Park Shelter #3

September 20

2nd Day Rosh Hashanah

Torah Study 10:30 a.m.

September 27

Cemetery Memorial Service 1:00 p.m.

Lexington Cemetery

Kol Nidre

7:00 p.m.—Child Care

9:00 p.m.—No Child Care

September 28

Yom Kippur

8:30 a.m.—Early Service—Child Care

10:45 a.m.—Late Service—Child Care

1:30 p.m.—Children's Service—No Child Care

1:30 p.m. Afternoon Study—No Child Care

3:00 p.m.—Afternoon Service—Child Care

4:30 p.m.—Yizkor Service—Child Care

5:15 p.m.—Concluding Service—Child Care

Break-the-fast following services

Ohavay Zion Synagogue

2048 Edgewater Court • President, Art Shechet • (859) 266-8050

Ohavay Zion Synagogue welcomes those new to the community, unaffiliated and students to join us for High Holiday services. Please call the synagogue office at (859) 266-8050 for more information. There is no charge, but donations are welcome.

The members of Ohavay Zion Synagogue invite you to celebrate with us the installation of Rabbi Moshe Smolkin as the new rabbi of our congregation.

The installation is scheduled for 7:00 p.m. on Sunday, August 23. Installation of our new board of directors and the biennial awards presentation will also occur during the evening. A reception follows the installations.

High Holidays At OZS

Schedule of Worship Services & Holiday Programs - 5770

ROSH HASHANAH

First Day

September 18, Friday

Ma'ariv Service

8:00 p.m.

September 19, Saturday

Morning Service

9:15 a.m.

Family Holiday Service (Toddler - Kindergarten)

10:00 a.m.

Junior Congregation (1st - 7th Grade)

10:15 a.m.

Youth Activities Begin (Pre-Registration Required!) Approx. 11:40 a.m.

Ma'ariv

8:00 p.m.

Second Day

September 20, Sunday

Morning Service

9:15 a.m.

Junior Congregation (1st - 7th Grade)

10:15 a.m.

Youth Activities Begin (Pre-Registration Required!)

After Shofar Service in Sanctuary

Approx. 11:40 a.m.

Tashlikh (Following End Of Service)

Approx. 1:30 p.m.

SHABBAT SHUVA

September 25, Friday

Kabalat Shabbat Service

5:45 p.m.

September 26, Saturday

Shabbat Morning Service

9:45 a.m.

Kever Avot Service

September 27, Sunday (At Lexington Cemetery W/TAI)

1:00 p.m.

YOM KIPPUR

September 27, Sunday

Kol Nidre

(Promptly) 7:00 p.m.

September 28, Monday

Morning Service

9:15 a.m.

Family Holiday Service (Toddler - Kindergarten)

10:00 a.m.

Junior Congregation (1st - 7th Grade)

10:15 a.m.

Youth Activities Begin (Pre-Registration Required!)

11:20 a.m.

Yizkor

Approx. 12:30 p.m.

Study Session (Following Break)

4:45 p.m.

Minchah

5:45 p.m.

N'ila

6:50 p.m.

Ma'ariv, Havdala, and Break Fast

8:05 p.m.

Gan Shalom Preschool

The Early Childhood Program for
Toddlers & Preschoolers
at Ohavay Zion Synagogue

Now enrolling for the 2009-2010 school year.

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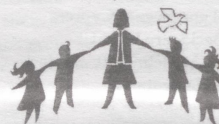
* Flexible Full Day and Part-time Programs

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Quality, Licensed **CHILDCARE** and **PRESCHOOL** Programs
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Real Life Activities, Hands-on Learning, Cultural Awareness
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Deadline for early enrollment
is February 17th

Convenient Location:
On Alumni Dr. just off of
New Circle Rd.
Five Minutes from UK

SUKKOT

First Day

October 2, Friday

Minchah/Erev Sukkot/Kabalat Shabbat Service

5:45 p.m.

October 3, Saturday

Shabbat/Festival Morning Service

9:45 a.m.

Minchah/Festival Evening Service

5:45 p.m.

Second Day

October 4, Sunday

Festival Morning Service

9:45 a.m.

SH'MINI ATZERET/SIMCHAT TORAH

October 9, Friday

Minchah/Festival Evening/Kabbalat Shabbat Service

5:45 p.m.

October 10, Saturday

Shabbat/Festival Morning Service

9:45 a.m.

Yizkor

Approx. 11:30 a.m.

Erev Simchat Torah

Schedule TBA

October 11, Sunday

Simchat Torah

Schedule TBA

Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement, except for b'nai mitzvot; we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to DI-IFR@Bardstow.com. Remember, we welcome photos, too!

Mazel Tov to...

Rabbi Moshe Smolkin and Talia Scharlin on the joyous occasion of their wedding, September 6, 2009.

Beth Levine and Joe Rabinowitz on their marriage at Kol Ami Synagogue, Elkins Park, Pennsylvania on August 16. Beth is the daughter of **Judy and Abe Levine**.

Rachel Swanson, daughter of **Mark Swanson and Nancy Schoenberg**, on being named as the second representative to the High School Democrats of America national committee.

Bnai Mitzvah...

Jack Kaplan
Jack Kaplan, son of **Paul and Carol Kaplan**, began his journey into adult Jewish life when he was called to the Torah as a bar mitzvah at Temple Adath Israel on August 29, 2009. His older sisters, **Caroline and Katie**, also participated in this momentous celebration.

Jack has recently returned from a trip to Israel, which he enthusiastically endorsed as "pretty fun" and "very cool to see everything."

This fall, Jack will enter the eighth grade at Lexington Traditional Magnet School. Last semester, he said, the subject he liked most was social studies because "I enjoy studying about other people and other cultures." Both in school and out, Jack is an ardent participant in sports. At school he plays on the offensive and defensive lines of the football team. Outside of school he plays basketball. Another school activity is playing the alto sax in the band.

For his mitzvah project, Jack volunteered at the Hope Center, where he served meals and did other tasks as needed.

Jack believes that it is "important to be with your family and not to judge people."

Mara Slepyan
Mara Slepyan, daughter of **Dr. Karen Petrone and Dr. Ken Slepyan**, celebrated her entry into Jewish womanhood when she was called to the Torah as a bat mitzvah at Temple Adath Israel on August 22, 2009. Her younger sister, **Anyia**, also participated in this joyous event.

This fall, Mara will be an eighth grade student at Bryan Station Middle School. She will continue her enrollment in the Spanish Immersion Program, in which she has studied since kindergarten. This year the half of her school subjects she will take in Spanish will be math, Spanish language arts, and writing and science. Mara's favorite subject is language arts because "the teacher is nice and a lot of fun." As extracurricular activities at Bryan Station, Mara plays the viola in the school orchestra and is on the soccer team. Outside of school, Mara's enthusiasm turns to horseback riding.

In keeping with this enthusiasm, Mara's mitzvah project focused on volunteering at the Kentucky Equine Humane Society. There she performed such tasks as grooming horses, mucking out stalls, and helping to clean up. An additional undertaking was to decorate used horseshoes to use for fundraising for the center.

Mara wants to say, "Thank you to everybody who helped me get this far in my bat mitzvah."

William Beck
William Beck, son of **Antony and Angela Beck**, will accept the initial obligations of Jewish adulthood when he is called to the Torah as a bar mitzvah at Temple Adath Israel on September 5, 2009. His older sister, **Emma**, and his younger siblings, **Andrew, Henry, and Lily**, will also be part of this joyous celebration.

William will be an eighth grade student at the Lexington School this fall. His favorite subject is physics, because "it is easy and a fun class." William is an avid sportsman both in and out of school. At school he is on the lacrosse and basketball teams. Outside of school he plays serious tennis at the University of Kentucky and plays polo.

His mitzvah project encompasses true tzedaka: he volunteers at a pre-

school for children who are visually impaired. Here he "does everything that needs doing."

Condolences to...

Susan Kaufman of West Newton, Massachusetts, the daughter of **Ada Gail**, who died on August 2, 2009.

Betsy Mickler and Julie Mickler of Lexington and **John Mickler** of Cincinnati on the death of their

mother, **Alice Mickler**, who died on July 30, 2009.

Harris and Jane Friedman, Barry Friedman, Rhonda Friedman, Andrea and Gene Doren, and the extended Friedman family on the death of **Rae Friedman Eldot** in Lexington on August 11, 2009.

John and Sandy Adland on the death of John's mother, **Marilyn**, on June 7, 2009 in Washington, DC.

May this New Year, 5770, be one of joy, happiness, and good health. May we celebrate community and family and strive to strengthen the bonds between us. May we continue to hold Israel dear to our hearts and wish for peace—for her, and for all the world.

*l'Shanah Torah!
The board and staff of C&JF*



Temple Adath Israel Preschool Newly Expanded Quality Program

for toddlers and preschoolers
is now enrolling for the 2009 school year.

- Full-day and Half-day programs available (8:00 a.m. - 5:30 p.m.)
- Classes available for children 18 months - 5 years of age
- Extended care options daily until 5:30 p.m.
- Foreign language, music and art enrichment programs for all ages
- Nurturing, family environment

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Community Calendar

CKJF - Central Kentucky Jewish Federation - www.jewishlexington.org
1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President

OZS - Ohavay Zion Synagogue - www.ozs.org

2048 Edgewater Court • 266-8050 • Beth Goldstein, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday Evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel - www.lextai.org

124 N. Ashland Avenue • 269-2979 • Samye Miller Stith, President
Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org

Lynn Furness, President • mamanews@yahoo.com

HAV - The Lexington Havurah - www.lexhavurah.uscjhost.net

269-7218 • Judy Goldsmith, President • goldsmi@cs.uky.edu • Shabbat Services monthly, call for schedule

BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289

1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CKJF Pacesetters Event Baumann Home 6:30 p.m.		TAI Board Meeting 6:30 p.m.			TAI Bar Mitzvah William Beck	TAI Bar Mitzvah William Beck
30	31	September 1	2	3	4	5
	Labor Day CKJF Office Closed	Chabad Rabbi Litvin visits 12 noon Hadassah Board Meeting	AlPAC Meeting	Shalom Deadline		
6	7	8	9	10	11	12
Hadassah Installation Meeting 12:30 p.m. at Sal's		JFS Leisure Club Tea	TAI Sisterhood Opening Meeting, 7:00 p.m., home of Ruth Poley		Erev Rosh Hashanah	Rosh Hashanah
13	14	15	16	17	18	19
Rosh Hashanah			CKJF Board Meeting 7:30 p.m.		Chavurat Chochma at TAI 11:30 a.m.	
20	21	22	23	24	25	26
Kol Nidre	Yom Kippur CKJF Office Closed					Sukkot
27	28	29	30	October 1	2	3
Sukkot	Sukkot	Sukkot TAI Board Meeting 6:30 p.m.	Sukkot	Sukkot Shalom Deadline	Sukkot Hoshana Rabah	Shmini Atzeret
4	5	6	7	8	9	10