

Shalom

Serving the Central Kentucky Jewish Community Since 1962

Newspaper of the Central
Kentucky Jewish Federation



AUGUST 2004

AV-ELUL 5764

Farewell Central Kentucky Jewish Federation

By Fran Morris, JFS Director

This has been the most difficult Shalom article I have ever written. It is difficult because it will be the last one written as the Director of Jewish Family Services of the Central Kentucky Jewish Federation. This month, I will be leaving my position of four years to pursue graduate work full-time. As I look forward to the new challenges ahead, I am reminded of the many different and wonderful experiences gained through my work at Federation.

As you may know, much of the work of social service agencies, JFS included, is confidential because of clients' right to privacy. This may lead to the misconception that nothing much happens or that there is no need in

our community for a social worker. By contrast, the reality is that there is an ever-present need in the Jewish community, as is the case in the wider community, for helpers and advocates. At some time in all our lives, we can benefit from the use of professional services, whether it is for ourselves, or on behalf of others that we care about.

Over the past four years, it has been my privilege to serve our community in the capacity of: Information Broker, Listener, Advocate, and Collaborator, to name just a few. It has not always been easy, because life is not easy. Life is wonderfully complex, and each situation is very different, each with its own complex set of issues and circumstances. I have learned, along with JFS clients, that there is

usually no single correct answer to any given problem, and that the decision to act ultimately rests with individuals and not professionals. Of course, a professional is obligated to take action to prevent harm or to assure the safety of a client; however, those situations represent one extreme and not the norm. In most cases, free will dictates that individuals consider the options presented, and then make decisions based on all information provided. This represents both the most frustrating and exciting aspects of any social service worker's job. It is frustrating because even though a good solution may seem evident to many others involved, the client may choose not to pursue it and instead continue to struggle. However, when a solution has been presented to someone who

makes use of it, this can be the most exciting and rewarding experience to witness. The Jewish saying "To save one

life is as if you have saved the world" is particularly meaningful for me, because I have realized that even helping one person can represent a huge accomplishment.

Through my work at JFS, I have also had the chance to get to know people in ways other than through clinical experience. I have had the opportu-

see **Farewell**, page 13



Fran Morris

Camp Shalom Opens New Site With Record Attendance

By Jana LaZur

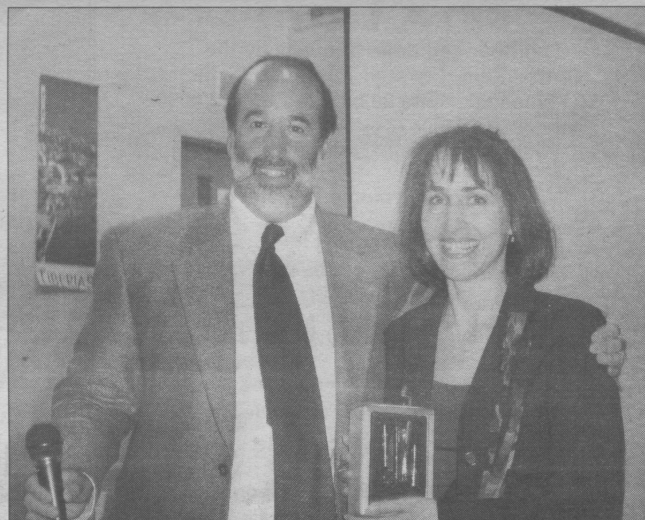
Camp Shalom 2004 is under way and already campers are having fun renewing friendships from previous summers! The Central Kentucky Jewish Federation announces the 37th year of Camp Shalom. Although the camp has been located in various locations, its commitment to Jewish integration, community and quality childcare remains constant.

As in previous years, we were fully prepared for camp; new supplies had been purchased, old supplies sorted, curriculums planned, volunteers assigned, counselors hired, spaces

rented. The list goes on. It takes a year of planning for two weeks of summer day camp. Our valuable committee members not only attend meetings throughout the year, but also come out on weekend mornings to help sort through countless supplies. Without our wonderful camp staff, office staff and committee members, Camp Shalom could never have happened. It is hard to realize the effort necessary to pull off a top notch, Jewish summer day camp. Many thanks go out to Elissa Brown, Daniel Cheffec, Kathy Feinberg, Judy Levey, Mimi Kaufman, Eileen

see **Camp Shalom**, page 11

Annual CKJF Meeting Salutes New Board Members



President David Feinberg presents Young Leadership Award to Rachel Belin.

On June 23, the annual meeting of CKJF was held at Ohavay Zion Synagogue. President David Feinberg conducted the meeting and reported that the Federation was doing well with its many ongoing programs and events. The meeting was largely devoted to honoring outgoing Board members and installing new members.

see **New Board**, page 7

Central Kentucky Jewish Federation
1050 Chinese Road • Suite 203 • Lexington, KY 40502

Change Service Requested

Sandee Wildes
124 N Ashland Ave
Lexington KY 40502-1509



Non-Profit Org.
U.S. Postage
PAID
Lexington, KY
Permit # 719

IN THIS ISSUE:

OZS Fundraiser Honors Coopers	3
Leisure Club News	3
President's Message	4
CKJF Volunteers Help at Humane Society Fundraiser	4
Wine Tasting Social A Success	5
From the Executive Director	6
A Moment In Time	6
Celebrate 350	7
Rabbi's Corner	8
Parents Invited to Visit Camp	8
Hadassah and CKJF Leisure Club Doll Project	9
Tikkun Visits Stewart Home for Shabbat	10
Spellbinders Spread Their Magic at Camp Shalom	10
B'tay Avon	11
Ask JFS About	12
Local Delegation Attends AJFCA Convention	12
Bar/Bat Mitzvahs	13
TAI News	14
Lexington Havurah News	14
OZS News	15
Hadassah News	15
Community Calendar	16

shalom

Published ten times annually by the
Central Kentucky Jewish Federation, Inc.
1050 Chinoe Rd., Suite 203, Lexington, KY 40502
Phone (859) 268-0672 • Fax (859) 268-0775
e-mail: shalom@jewishlexington.org

August 2004, Volume XI, Issue 6

David Feinberg, President
Daniel Chefec, Executive Director
Fran Morris, Director, JFS
Jana LaZur, Activities Director

Editorial Board

Marcia Blacker, Evelyn Dantzie Geller, Judy Levine,
Ruth Poley, and Stan Saxe

Production Services by Direct Response, Inc.

The editorial staff has the right to edit all articles submitted for publication in **shalom**. The appearance of any advertising in this publication does not represent a kashruth endorsement on the part of CKJF or any other agency or organization. **shalom** is supported by the advertisements appearing in the paper.

© 2004 by Central Kentucky Jewish Federation

Condolences to...

- Cynthia Ellsworth and family on the death of her husband, **Robert**, on June 28.
- **James and Dan Liebman** on the death of their great aunt, **Barbara Liebman**, on June 16.
- **Bob and Judy Baumann** on the death of **Bob's** mother, **Evelyn**, on June 20.

Refuah Shlemah (Get Well Wishes) to...

- Lou Shain
- Sonia Moosnick
- Barney Miller
- Jamie Haefele
- David Rose
- Ben Kaufmann
- Neil Poley
- Sally Sherr
- Trudy Landsberger

Mazel Tov to...

- **Gavin and Christy Roth** on the birth of their son, **Teague Hayden**, on June 28.
- **Larry Newman** for receiving the 2004 Kentucky Medal of Honor Award from the Kentucky Association of Insurance and Financial Advisors.
- **Natalie and Stephen Pollack** on the birth of their daughter, **Jenna Laine**, on July 1.
- **Sam Frankel**, grandson of **Harold and Kaye Frankel**, who graduated from high school Cum Laude and received his diploma with Honors and Award of Merit.



shalom deadline

Deadline for articles for
the September Shalom is
August 10.

E-mail articles to:
ckjf@jewishlexington.org

Articles submitted in hard
copy should be double-spaced.

DON'T MISS OUT!

Get this paper delivered
FREE
to your home ten times annually.
Mail your name and address to:

shalom/CKJF
1050 Chinoe, Rd., Suite 203
Lexington, KY 40502
or e-mail at
shalom@jewishlexington.org



Central Kentucky Jewish Federation

CKJF President:
David Feinberg

CKJF Board:

Ray Archer	Odette Kaplan
Rachel Belin	Mimi Kaufman
Phillip Berger	Steve Kesten
Marcia Blacker	Ginger Knight
Allison Caller	Judy Levey
Gail Cohen	Art Lieber
Vicki Doukas	Ruth Poley
Gerald Dubilier	Gloria Rie
David Feinberg	Walter Salomon
Michael Grossman	Pat Shraberg
Stanley Isenstein	Carole Wilson

Ohavay Zion Fundraiser Honors Coopers



Leon and Harriet Cooper share a tender moment.

By Marcia Blacker

Portofino's Restaurant was the scene of a festive event on June 13, which honored Harriet and Leon Cooper for their dedicated service to Ohavay Zion Synagogue. Over 100 contributors attended the dinner, including the Cooper's children, and two of their six grandchildren.

Hors d'oeuvres were served as the Coopers greeted their friends and family. After dinner, Steven Caller acted as master of ceremonies for a "roast and toast." Speakers included Leon's sister Barbara Planer and her husband Dick Planer, from Atlanta; Leon's brother, Arnold (Maishie) Cooper; Ira, Andy, and Lynn Cooper, and Lynn's daughter, Miranda, who

had written a poem to celebrate the occasion. Other roasters and toasters were Cindy Derer, Simone Salomon, and Rabbi Sharon Cohen.

A commemorative booklet, which included greetings and congratulatory remarks from friends of the Cooper's, was given to each guest.

Harriet and Leon spoke of their long commitment to the synagogue and the Jewish community of Lexington. They expressed their gratitude for such an honor. Harriet commented that it was "overwhelming" to be so honored and that "there were many others in the community equally or more deserving." From the comments made that night, their friends and family thought otherwise.

SPARE PARTS & EQUIPMENT

60 Years of Service

346 Richmond Avenue
Lexington, KY 40502-1458

(859) 266-2188 or Fax (859) 268-1877

Mitchell Barnes
Owner

Celebrate a unique life — uniquely.

Personalized Funeral Services Bring Greater Lasting Meaning

The number of ways you can honor the life of a loved one during a visitation and funeral service are numerous.

More and more people have discovered that personalizing a funeral service gives them a more profound and comforting experience.

At Milward Funeral Directors, we understand that each life is unique — and that deep meaning endures when a life is celebrated and remembered in a personal way.

Let us at Milward handle your special requests. We strive to help you experience a funeral that fulfills your wishes and needs — and becomes a lasting, meaningful tribute to your loved one's life.

*Lexington's Family Owned
Independent Funeral Home*

Since 1825

Milward
FUNERAL DIRECTORS

www.milwardfuneral.com

*Lexington's Only
Member by Invitation*



159 North Broadway
252-3411

391 Southland Drive
276-1415

© 2004 BAKER COMMUNICATIONS

Leisure Club News

Late in June, a dozen Leisure Club participants joined together at the Campbell House Inn restaurant, Kilbourn's, for lunch. It has been several years since our members have met at the Campbell House. It was pleasant to get together again in a familiar place that we all agree is still a great place to dine. Although there was no scheduled program this time, members enjoyed talking to one another and catching up on the latest news in the Jewish and wider community. Gatherings like this enable many to stay connected to the Jewish community.

Our next scheduled event will be on August 19, 2004, when members gather at Temple Adath Israel for a Leisure Club favorite: a Bingo and pizza party. A postcard notice will

be mailed prior to the event. Please call 269-8244 if you do not receive notices and would like to attend a Leisure Club event. Due to the high holidays, there will be no Leisure Club event in September. However, plan to attend our first fall program, on Thursday, October 21, 2004, at Bella Notte restaurant when speaker, John Brislin, from Optimed, joins our group to educate us about organizing our medicines. You may have seen John on channel 3 when he was featured on the popular program, "Off our Rockers."

Leisure Club is a program for older adults sponsored by Jewish Family Services of the Central Kentucky Jewish Federation.

President's Message

David Feinberg

Hadassah Made Me Do It

♦ ♦ ♦

Sitting down to write my monthly column, struggling for inspiration, I decided to write what I hoped to be a piece that would persuade people to seek leadership posts in the Jewish community. I was forced to think about how I became involved in CKJF and what has influenced my leadership "style" (though it sounds rather grandiose to label it as such).

Watching the Hadassah women operate has been endlessly intriguing. No, I was not a "Tootsie" clone who went undercover. I am a proud Hadassah Associate Member and was once the "first gentleman" of Hadassah. That is, my wife, Kathy,

was chapter president years ago. As "first gentleman" to the president I was responsible for schlepping heavy objects, chauffeuring the presidential Volvo to far off meetings, and being relentlessly upbeat and supportive. This ancillary role allowed me to be a

I would like to see people move from volunteer positions, to board membership and then, if they wish, to the executive board or other positions of responsibility.

veritable "fly on the wall," a person who could observe some of the inner workings of the organization while being otherwise invisible.

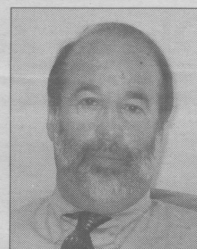
So, what did I learn? I learned that there is an elaborate program of grooming and developing leadership over a period of years. That

individuals were trained, whether they knew it or not, to take increasingly more visible and important roles within the organization. Individuals who might believe they never could be president were made to feel they could be successful and the whole chapter would be behind them. Looking out in the crowd of a Hadassah installation you would see 20 or more ex-presidents who are still involved. You see a steady commitment to growth and development. What is conspicuously absent is a clique of power; instead there is a variety of leaders with very different personal styles but with a shared vision of the mission of the organization. You see support and growth. You see long term strong commitment to the organization. Hadassah, in my opinion, sets the standard in our community in developing leadership.

I would like to copy the Hadassah model and use it with CKJF. I would

like to see people move from volunteer positions, to board membership and then, if they wish, to the executive board or other positions of responsibility.

Whether it is in Federation or any other Jewish communal group, do not shy away from leadership. It will be good for both the community and for your own personal growth. You will be surprised how you can grow into the role. How else can your vision and thoughts be translated into action unless you take an active leadership role? If you want your thoughts represented, step up to the plate. Chances are Hadassah is not ready for a male chapter president (at least I never got the call). However, I want them to know that this associate learned from the best.



The Martin Luther King Neighborhood Association Apologizes For Mistake

The Martin Luther King Neighborhood Association scheduled a fundraising event on Yom Kippur. When they realized the significance of this day, they contacted CKJF and asked that we print the following:

To our friends in the Central Kentucky Jewish community:

We have made a mistake, and we ask your forgiveness. We have scheduled a fund raising event during the Yom Kippur High Holiday in the upcoming fall. We are terribly saddened by our error, particularly because our event, the Urban Challenge, is intended to highlight Lexington's under-recognized racial, cultural, and ethnic diversity, while raising funds for housing and park improvement projects in our downtown neighborhood.

We have entered contractual relationships and used sponsor funds in ways that prevent our changing the date for this event.

Within the spirit of Yom Kippur itself, we are choosing to acknowledge our error in this public way. We intend for our public apology, which we will also disseminate to our Lexington partners in this event, to help others avoid making a similar error. In this small way we hope even an error, in light of our contrite acknowledgment of it, may be understood as an act of tikkun olam.

CKJF Volunteers Help at Humane Society Fundraiser

By Harry Gordon

For the second year, the Central Kentucky Jewish Federation has supplied volunteers to pass out water for the Sheabel Kennel's "4 miles for Paws" race to benefit the Lexington Humane Society, run on the grounds of Keeneland Race Track on Memorial Day. Unfortunately, cloudy weather scared off a few at the last minute, but the light rain didn't stop the serious runners, walkers, and dog lovers from attending.

Almost 20 enthusiastic volunteers, aided by strong coffee and donuts, assisted the runners by standing at water stations placed throughout the course. Additionally, large buckets were available at these stands for the many dogs that ran

their owners around the course, or walked, as the case may be. Some dogs felt the need to take more than a drink of water, and used this opportunity to bathe themselves by diving into the buckets.

We would like to thank the following workers who arrived at 7:30 a.m. to represent CKJF at this fundraiser for the Lexington Humane Society: Daniel Chejfec, David Feinberg, Jonathan Feinberg, Kathy Feinberg, Matthew Feinberg, Allison Garfinkle, Judah Garfinkle, Harry Gordon, David Keown, Lee Keown, Jana LaZur, Kevin LaZur, Ryan LaZur, Dan Taulbee, Lisa Taulbee, Katie Rose Taulbee, and Lori Zimmerman. Thank you for getting up early on your holiday to make a difference for the sake of the Lexington

Humane Society. And for those returning volunteers, we look forward to sharing this Memorial Day tradition with you next year as well.



David Feinberg and Daniel Chejfec revel in Starbucks coffee and a light mist at 7 a.m. Memorial Day morning.

Wine Tasting Social A Success

By Ruth Polcy

Thank you, thank you, Pat and David Shraberg. The wine tasting social you hosted in June was, in a word, wonderful.

For those of you who couldn't make it, you missed a great party. David provided the wine from his extensive cellar and what a nice variety it was. There was a table of Vouvray, Chardonnay, and Reisling; another table of Bordeaux including Margaux, Pomerol, and St. Estephe; still another station contained Kosher reds and whites; and a fourth offered Graham Beck Champagne. Guests tasted freely of all the offerings, but I guess everyone really loved that champagne—they drank an entire case. For those who don't care for wine, there was a variety of soft drinks.

Pat outdid herself with the food. There was smoked salmon, meat-



Ben Kaufmann enjoys a great party.

balls, cheese trays, hummus, artichoke spread, chicken kabobs, spinach puffs and more, and all of it plentiful and delicious.



Hosts of Gala Wine Tasting, David and Pat Shraberg.



Lynn Furness, Rose Rita Wurmser, and Regina Meade partake of elegant hors d'oeuvres.



Tête à tête with Abe Levine, Marty Kaplan, Renee Hymson, and Nancy Kesten.



To Life!

Catering to the Joyful Spirit

Susan Cobin 276-0657
Anne Graff 264-9424
Ilyse Lonsbury 271-3489

Gourmet Vegetarian



Art Shechet, and Sandy and Phil Berger discuss the merits of the wine.

Pat and David, assisted by Aaron, Elizabeth, and Sarah Shraberg, set up tents and tables in their backyard overlooking the lake at Jacobson Park. The weather cooperated by being dry and not too hot, but the tents meant we could sit outside and still avoid any sun-related discomfort. With more than 50 in attendance, it was a great evening of fine wine, tasty food, and lots of socializing with friends both old and new.

The Central Kentucky Jewish Federation was the beneficiary of this event. The Shrabergs absorbed the entire cost of the party and CKJF received a substantial contribution as a result of their generosity.

From the Executive Director

Daniel Chejfec



July 18, 1994

♦ ♦ ♦

On July 18, 1994, I was the Community Relations Director (CRC) of the Jewish Federation of Atlantic and Cape May Counties in New Jersey. I was sitting at my desk when a phone call came through and the voice on the other side, an Argentinean friend who worked at a National Agency, told me "did you hear about the bombing of AMIA?" At first it didn't quite register and I believed that I did not hear correctly, but upon asking my friend, I was given the details. At 9 a.m., Buenos Aires time, a powerful explosive — apparently delivered with a car bomb — exploded at the headquarters of the Jewish community of Buenos Aires, the AMIA. My first thought was for those of my friends who worked at the building — were they safe? Eighty-seven people, including four very good friends, found their graves under the rubble of the AMIA building. This happened barely two years after the Israeli Embassy in Buenos Aires was destroyed by Hamas operatives. Yet as supportive as I am of Israel, the bombing of AMIA touched me in ways the destruction of the Embassy never could.

Growing up, the AMIA building was always part of my "Jewish playground." With an uncle who was

Secretary of AMIA and parents who were deeply involved in community activities, that building was a familiar setting to me. I even performed with an amateur theater crew on the AMIA stage.

As I grew up and became active in the youth Zionist movement, "Dror," AMIA was a place to meet with representatives of other movements and to work with their Youth department to reach out to the "Interior" (the provinces).

That is the age-old question of why people hate other people...Freud went on to explain that we hate that which challenges our control and understanding of our environment.

As I became a professional, I started to notice other things — such as the Social Service Department on the ground floor and the Administration of Cemeteries on the fourth floor. When I became a member of the Board of the Argentinean Association

of Jewish Communal Workers, the AMIA was the place where we met. When I wanted to meet with a friend to talk about nothing, it was at a café half a block down from AMIA.

When I wanted to do research on the Jewish community, it was to the sixth floor of that building that I went for data. If the issue was about political or social advocacy, it was to the fourth floor, the home of DAIA, the Argentinean equivalent of the Jewish Council for Public Affairs (formerly NJCRAC). To learn about the Jewish

communities in the provinces, the best place was the Vaad Hakehilot on the second floor; and for Jewish Education there was the Vaad Hahinuh in the third floor. When my grandfather passed away, I accompanied my mother to the fourth floor for the burial arrangements.

The chief Rabbinate and the Board offices, as well as the Computer Center, were on the fifth floor. The AMIA was always a hub of activity and an integral part of my life.

So on July 18th, 1994, something tore

in my heart and destroyed my world.

I understood that Jewish life in Argentina was never going to be the same. So why would anybody do such a horrible thing? That is the age-old question of why people hate other people.

While no one hundred percent satisfactory answers will probably ever be found, I found Sigmund Freud's explanation interesting. Freud was once asked for his explanation of anti-Semitism. He answered that any kind of hate was basically irrational, and trying to understand it as a rational phenomenon was a mistake. This was, by the way, the same explanation I heard many years ago from a great Argentinean Jewish leader, Sion Cohen Imach.

Freud, however, went on to explain that we hate that which challenges our control and understanding of our environment. He further explained how the German concept of "Heimish" ("Familiar") is connected to the concept of "Unheimish."

"Unheimish" is not just "unfamiliar," but the German concept is of that that having been "heimish" became "unheimish." While some things can

see July 18, 1994, page 10

KESTEN PROPERTIES

REAL ESTATE SALES, LEASING and MGT.

STEVE KESTEN, BROKER

ROBERT KESTEN, REALTOR

3205 TATES CREEK ROAD
LEXINGTON, KENTUCKY 40502

PHONE 859.277.9462

CELL 859.619.9462

CELL 859.619.8988

FAX 859.277.9462

EMAIL: skesten@iglou.com

A Moment In Time

By Marty Barr

It's late 1947 or early 1948, the State of Israel has not yet been established, I am ten years old and my parents are involved in smuggling weapons. Most people are familiar with the stories of how the nascent Israeli government sent people around the world to buy whatever armaments they could find.

For example, they bought military surplus craft in the United States and flew them to Israel. They bought ME 109's in Czechoslovakia and used those same transports to fly them to Israel where they became the basis for the Israeli Air Force.

What my parents and many of their friends were doing, however, was outside the law, particularly for my father who held a position of high responsibility in the Veterans' Administration. It worked like this: Periodically, one of my parents would drive down the street in Washington, DC, where we lived, and would carry a brown bag into the neighborhood delicatessen. There the bag, which I later found out contained pistols, would be handed to one

of the butchers to begin its long journey to Israel. An arrangement had been made with the local police and they looked the other way.

If the weapon being delivered would not fit into a grocery bag, then the delivery was at night and we would be met at the back door. These kind of deliveries normally consisted of rifles, but there was one notable time when our cargo was a machine gun which literally had the rear end of our car dragging on the pavement. The source of weapons was never spelled out, but many of them came from war veterans who had brought them home as souvenirs. This went on for about six months or so until a more regular source of weaponry was established. But for a period of time, my family and many others knowingly broke the law to help in the survival of Israel.

Celebrate 350: Jewish Life In America

The Beginning

♦ ♦ ♦

Think back to your history lessons in the year 1654. The Portuguese retook Recife in the Dutch colony of Pernambuco in Brazil, reestablishing the rule of the Inquisition in an area of the New World with a significant Jewish population. As a result, a group of 24 bedraggled Sephardic Jews, refugees from Pernambuco, landed in the Dutch port of New Amsterdam, where Governor Peter Stuyvesant initially denied them the right to disembark. While other Jews had come before them to North America, these Jews were different in that they intended to establish a Jewish community and live as Jews. It was the beginning of one of the most incredible chapters in Jewish history, the North American Jewish experience.

Eventually, the Board of Trustees of New Amsterdam's parent company in (Old) Amsterdam forced Stuyvesant to allow these Jews to land and limited his power to restrict their economic activity. The reason was two-fold and simple. On the one hand, some Jews were among the trustees

of the colony back in Amsterdam; on the other hand, the living conditions in the colony were such that any help was welcome and any resource was valuable. Yet, it was still a life of subsistence.

One thing Jews were not allowed to do was to serve in the "watch and ward," the colonial militia. Instead they were expected to pay a special tax for their protection. However, these Jews did not accept these limitations. They were the heirs of the proud tradition of Sephardic Jewry, once upon a time fully integrated into Spanish society while remaining distinct. They intended to build upon that tradition.

In April of 1657 a Jew from New Amsterdam, Asser Levy, claimed to be unable to pay the special tax and requested to be allowed to serve in the militia instead. His goal was to open the road for full participation and full burgher rights for himself and other Jews. He was a true hero in the sense that he opened the door for a new idea of Jews as citizens.

While Levy's petition for burgher's rights was denied, it started a struggle through which the Jews of New

Amsterdam wrestled their rights from a reluctant Council and a hostile Governor. Increasingly, different areas of economic activity were opened to Jews.

Asser Levy started the first of many struggles through American Jewish history to ensure that the benefits of full participation were granted to Jews as Jews. These included the right to practice Judaism and to establish their own congregations, the first of which was the Touro Synagogue in Rhode Island.

Let us honor the memory of Asser Levy by seeking full participation in American life while preserving the distinctiveness of being Jewish. I cannot think of a better tribute to the first true American Jewish Hero.

New Board (from page 1)



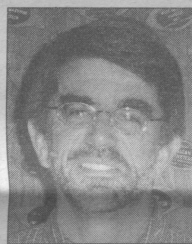
Marty Barr acknowledges President's Award



Pat Shraberg



Odette Kaplan



Michael Grossman



Mimi Kaufman

The new members of the Board are Alison Caller, Gerald Dubilier, Michael Grossman, Odette Kaplan, Mimi Kaufman, and Pat Shraberg.

Outgoing Board members who were recognized for their service were Marty Barr, Aviva Bowling, Zoya Orlov, Stan Saxe, David Sogin, and Merle Wekstein.

Special awards were given to Vinnie Dubilier, honored as

Volunteer of the Year; Rachel Belin received the Young Leadership Award; and Martin Barr received the President's Award.

Members who attended spent time after the meeting chatting and enjoying refreshments, prepared by To Life Catering.



Paula Mertens

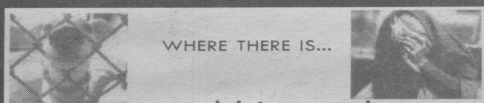
Comfort Keepers

Affordable, Non-Medical In-Home Care

- * Respite Care
- * Meal Preparation
- * Errand Services
- * Transportation Services

- * In-Home Companionship
- * Light Housekeeping
- * Grocery Shopping

Phone 859.224.1124 lexington@comfortkeepers.com
 Fax 859.224.1127 www.comfortkeepers.com



WHERE THERE IS...

a world in need

LEXINGTON HUMANE SOCIETY'S 4 MILES 4 PAWS
 * HABITAT FOR HUMANITY * JEWISH DAY OF GIVING * GOD'S PANTRY
 KEEP THE HEAT ON * HOSPITAL HOSPITALITY HOUSE

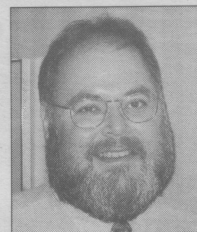
**CENTRAL KENTUCKY'S
 JEWISH COMMUNITY IS THERE.**



THE 2004 CKJF/UJC COMMUNITY CAMPAIGN
 CONTRIBUTE WITH AN OPEN HEART.

Rabbi's Corner

Rabbi Marc Kline



It has been a year since we moved to Lexington. Over the course of that year, we have moved in, become fairly comfortable, and have come to love our new community. People often take their home communities for granted, failing to see the many miracles that exist all around them. It is much like watching children grow up. We do not realize how much they grow, as we see them on a day to day basis. When we part for a time, we are stricken by what seem like dramatic changes. In the same sense, our community continues to change. The number of new homes is outrageous; numerous new stores keep opening; our population keeps turning over and, in the process, many diehard ideas that seemed set in concrete seem to be changing as well. Relationships once thought to be unthinkable now become real. Projects once considered beyond reach are now a routine accomplishment. This is what the evolution of a community is all about. For my family, it is all new, and as we approach Lexington society with eyes wide open in radical amazement, people look at us as though we do not really have a clue.

Ben Bag Bag, a Talmudic Rabbi teaches us to turn Torah over and over

again. We are not allowed to let any verse become mundane. Each time we see the text, it must be read with new eyes — in light of new experiences. So it is with the living verse of Torah. We develop expectations about each other and about each other's circumstances. Too often, we enter an engagement with another, already knowing what we will say

Do we really pay attention to each other, or do we simply hear what we think we are expecting to hear?

and prepared for how we think another will respond. My mother tells me the story of a time when she was young and growing up in the uppercrust society of our nation's capital. After attending a perfectly dreadful dinner party, she went through the "good bye" receiving line. As the hostess thanked each guest for coming, and as each guest attested to having a perfectly wonderful time, my mother grew more and more aggravated. As it became

her turn to greet her hostess, she smiled and told the woman that she had a perfectly miserable time and that she was so sorry she had come. The hostess smiled, thanked her for her kind words and told her to make sure and join them again next time, obviously oblivious to what Mom had really said. Do we really pay attention to each other, or do we simply hear what we think we are expecting to hear? When we travel in our community, do we really pay attention to our surroundings, or are we too focused on our immediate goal to even notice the miracles through which we walk. No matter how beautiful our community may be, we become so used to it that even the sacred becomes mundane.

Here is the truth. I believe that it is not our surroundings that are mundane, it is the way in which we view them. Were we only to learn from the words of Ben Bag Bag, nothing around us would become mundane. Were we to learn to make every encounter with our senses one of intention, rather than one of rote, we would find that even the slightest changes in our world would provide

us monumental opportunities for spiritual growth. We would see, as does the artist, that the same light post under differing light conditions becomes an entirely different object. We would know that a song's value in our lives may have nothing to do with the artist and everything to do with the mood in which we find ourselves when we hear it. The first prayer we recite each morning begins, "Modeh Aneef lefanecha." In waking up, we thank God for the gift of the new day. Our youth camp (Goldman Union Camp Institute) in Indianapolis has a great tradition. Each morning, after reciting the Shema together, we thank God for the wisdom to make good use of our opportunities to change the world. "Baruch Atah Adonai, Eloheinu Melech Ha-olam, sh'natan lanu hisdamnut l'takeen et ha-olam." With this tremendous start to each day, no day could be mundane. As we approach the holiday season, let us try being at least as appreciative of the blessings we enjoy and the opportunities for progress that we are granted, as we are apologetic for the transgressions that set us back.

IF YOU FEEL . . .

Dissatisfied with your relationships
Too often angry and frustrated
Disconnected and depressed
Stressed or Anxious
Displeased with your work situation

I can help you make changes that will improve your relationships and allow you the happiness you deserve. Please contact my office to schedule an appointment.

DAVID L. FEINBERG, Ph.D.

Individual, Marital & Family Counseling
520 E. Maxwell St. • Lexington, KY 40502

(859) 233-3390

Parents Invited to Visit Camp

By Jana LaZur

Fridays Are Always Fun Days at Camp Shalom

♦ ♦ ♦

With the hustle and bustle of camp underway, the Central Kentucky Jewish Federation invites all parents of campers to come out at 2:00 pm each Friday and see what the children have been up to for the week. August 6th and 13th will serve as the camper awards ceremony and parent open house. We are very proud of what goes on at Camp Shalom and want to share this excitement with our campers' family members and the Central Kentucky Jewish Community. These days will be filled with activities, games, arts/crafts, and a festive atmosphere to celebrate the close of camp.

This is a time for parents to come out and meet counselors, other campers and families as well as share in the camp experience with their child. Camp Shalom strives to develop community and lifelong friendships. This year Camp Shalom is very fortunate to have older, college age group leaders, counselors, and CITs all of whom have specialties to share with the campers. Kathy Feinberg and Elissa Brown provide excellent leadership and we hope you all have the opportunity to come out and see the final product of this wonderful community endeavor.

Home is still the best place to be.

It's at home where their quality of life is enhanced without the stress of interrupted routines, and changes in daily habits. Our CAREGivers™ provide help at home that includes:

- Companionship
- Meal Preparation
- Light Housekeeping
- Medication Reminders
- Errands & Shopping
- Personal Care

Call for a Free, No-Obligation Appointment

859-273-0085 Home Instead SENIOR CARE

America's Trusted Source of Affordable, Non-Medical Companionship and Homecare for the Elderly.

Hadassah and CKJF Leisure Club Continue the Doll Project

By Ruth Moser

Twenty more dolls have been delivered to the UKMC Children's Hospital. Over the past five years, Hadassah and the CKJF Leisure Club have cooperated to produce 240 dolls for children in the pediatric units.

A special thank you to everyone who has helped with the doll project. We now have some new participants in this project: Lillian Hirschberger, Marilyn Galls' mom, and Rachel Bashikes. As



always Dawn Moore, Pauline Ravvin, Norma Alweiss, and Susan Cantor can be relied on to help.

In January, Judy Baumann and Judy Saxe took several of the dolls to the Mother-Child Pavillion at Hadassah Hospital. How exciting that some of our dolls are now at home in Israel.

If anyone is interested in helping with the doll project or wants to know more about it, please call me at 278-5191.

Lowell's Toyota Repair Specialists

233-1173

Kosher We have good food in stock.

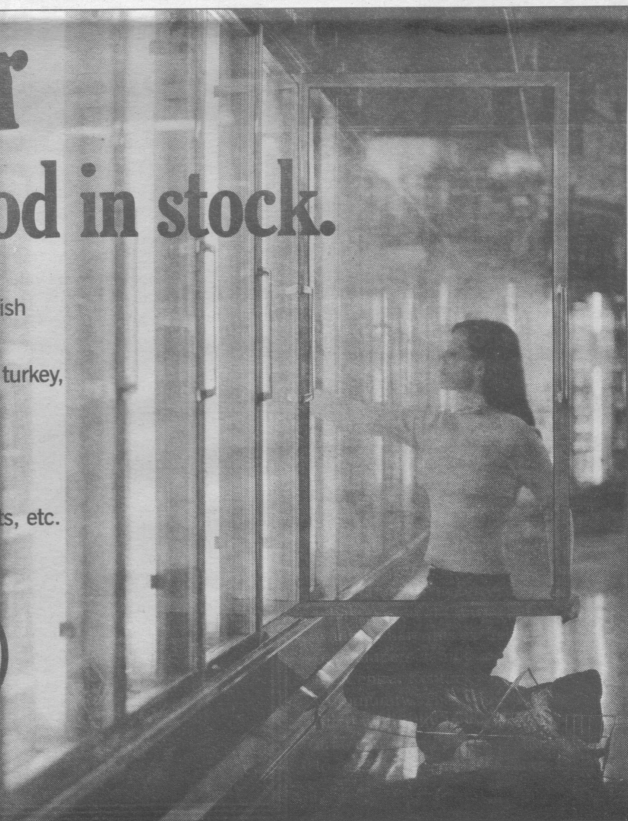
- Empire products authorized by the Union of Orthodox Jewish Congregations of America.
- Freezers stocked with chicken breasts, legs, livers, ground turkey, and turkey breasts.
- Whole turkeys available by special order.
- Mealmart Kosher ground beef and stew beef.
- Many other Kosher products like grape juice, crackers, salts, etc.

455 Southland Drive
Lexington, KY 40503
Phone: (859) 278-1813

www.goodfoods.coop



Everyone Welcome!



Tikkun Lexington Volunteers Visit Stewart Home for Shabbat

Goodbye Party for Resident Moving to Florida

The CKJF Lexington Tikkun Volunteers Corps has made visiting the Stewart home in Frankfort a bi-monthly ritual as fondly anticipated by its volunteers as by the recipients. The Stewart Home is a residential facility housing over 400 individuals of various ages from children to adults to senior citizens with developmental and/or neurological disabilities that prohibit them from functioning independently. Approximately ten percent of this population is Jewish. They regularly visit Temple Adath Israel and Ohavay Zion Synagogue for Shabbat services, which allows them another opportunity to celebrate Shabbat

together in the comfort of their own place of residence.

Our last visit on July 9th was a special occasion. We had to say goodbye to longtime resident Gary Garber. Gary is a wonderful gentleman who has a deep sense of Jewish faith and tradition. He is the resident who helps lead the Shabbat blessings and shares his religious identity as well as pictures of his family with all who come out to visit. Gary has been a member of the Ohavay Zion Synagogue and is moving to Florida to be close to his mother.

Our next visit to the Stewart Home will be Friday, August 20th. This trip will honor Shabbat. Please make plans to come and enjoy the good company, the relaxing nature of the visit, plenty of good challah and grape juice, and the beauty of the Shabbat candles. If you need a ride, contact Jana at 268-0672, extension 4# to make arrangements.



portofino

249 East Main Street • Lexington, KY 40507
859.253.9300

Spellbinders to Spread Their Magic at Camp Shalom

By Lauren Cammack, JFS intern

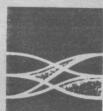
Novice Spellbinders volunteers are getting their feet wet by practicing their storytelling at day care centers and summer camps throughout Lexington this summer. Several volunteers will be telling stories to captivated audiences at Camp Shalom in August. Spellbinders volunteers meet monthly to share information and to practice their storytelling. The last Spellbinders Chapter meeting was held in mid July. It was facilitated by Evelyn Geller, a seasoned Spellbinders volunteer and

active Jewish community member. The highlight of the meeting was a video clip from News Channel 27 showing tellers in action at a local elementary school during the May Spellbinders training session.

Spellbinders volunteers are gearing up for a busy school year, as they are scheduled in several of the elementary schools throughout Lexington starting in August. The Spellbinders

program is currently looking for local sponsorship to assume administrative and financial responsibility with the goal of expanding the program in the Lexington community. In partnership with the public library and other local businesses, Spellbinders hopes to find a permanent home in the near future.

Tomas Milch H.
First Vice President – Investments



WACHOVIA SECURITIES

Wachovia Securities, LLC
Lexington Financial Center
250 West Main Street, Suite 2900
Lexington, KY 40507-9973
Tel 859 243-5010, Fax 859 243-5040
800 354-9066
tomas.milchh@wachoviasec.com

Member NYSE / SIPC

July 18, 1994 (from page 6)

be unfamiliar to us, it is not that lack of familiarity that breeds hatred, but it is the transformation of something familiar into unfamiliar that challenges the way we relate to our environment.

Our daily lives are a collection of assumptions. There are many aspects of our daily interaction which we conduct without giving it a conscious thought. Many areas of our lives we conduct in some sort of "automatic pilot" or "cruise control," and we do so because of the increasing complexity of our environment and our need to simplify it. But this "automatic pilot" is based on our perceptions of our environment, on our sense of the "familiar." When one of the elements we came to take for granted is changed, our understanding of our world is challenged, and we are forced to give it conscious thought. Our assumptions become alienated, the "familiar" becomes "unfamiliar."

But such changes occur very often. When a traffic law changes and we need to adapt to the changes, we don't give it much of a thought. When we switch the city in which we live or the company which provides a service, we just adapt. But if the challenge is to a concept that is very much at the core of the identity we created for ourselves, the change can be more dangerous. How would we deal with the idea of extraterrestrials living among us? It would take more of a deep adjustment than moving from Los Angeles to Chicago, that's for sure. We would be forced to reevaluate many of the things we do to accommodate the new reality.

Yet nothing can be more dangerous than the change to an element of our environment which is at the core of our identity. If I grew up in a slaveholding society and was used to ordering my slaves around, the elimination of slavery by law challenges the very core of what I do and who I am. If the reasons I was given to have the right to lord it over "inferior" people are proven to be wrong or become socially or politically incorrect, much of the building of my identity will rattle. I will come to really hate the change for it sets me back in my understanding and my interaction with my environment. It forces me to reevaluate many of the "autopilot" behaviors.

So you see, for Freud we do not hate people, but we hate change of the kind that hinders our ability to interact with our social environment. Those who act on their hate are indeed trying to set back the clock to a time when they felt in control. Call it Ku-Klux-Klan, Hamas, Osama Bin Laden, or Adolf Hitler. They all tried – or are still trying – to regain control by resetting the rules to something of their liking.

Albert Einstein once said that the only constant in the Universe is change itself. Going through life is a journey of adapting to changing conditions as we grow up or we grow old, as the people around us change and the rules in which we live change, as we change jobs or make new friends, as we grow disappointed with old friends or fall in love. Our ability to adapt is what makes us functional members of society. Denying change is just not an option, and trying to set back change is like trying to contain the flood with an umbrella.

As I think of July 18, 1994, I realize that the solution to hate is the acceptance of the other and of changing conditions. To paraphrase Martin Buber, God is not in the I or the Thou, but in the way we create the We.

B'tay Avon (Hearty Appetite)

Ruth Poley



Challah French Toast Stuffed with Mango and Ginger Maple Syrup

Vacation is drawing to a close and school bells soon will be ringing. While we still have some lazy summer mornings left before the mad rush begins again, it would be nice to do a special breakfast for the family. The following is from a book called *The Gefilte Variations*, a Kosher cookbook by Jayne Cohen. The recipe would be terrific when prepared as written, but for those of you who really don't care

if the syrup is ginger flavored, plain maple syrup will do (but please do indulge yourself with some real maple syrup). And if mangos don't appeal or are too exotic for your kids, fresh blueberries or peaches (you'll have to peel the peaches) would be a good substitution. You can prepare this dish ahead, leave it in your refrigerator overnight, and then cook it in the morning.

Ginger Maple Syrup

1 cup pure maple syrup
1 tablespoon peeled and finely chopped fresh ginger (available in the produce section of most supermarkets)

Combine maple syrup and ginger in a glass jar and cover tightly. Let stand at least one hour or as long as overnight at room temperature. Strain out the ginger before using.

French Toast

serves 4

1 medium-large ripe, fragrant mango
1/8 tsp. nutmeg, preferably freshly grated
4 large eggs
1/2 cup heavy cream, half-and-half, or whole milk
1 tsp. vanilla extract
3 tbsp. pure maple syrup
1/4 tsp. salt
8 slices day-old challah, cut about 1/2 inch thick
2-4 ounces cream cheese, softened
unsalted butter, for frying

Working over a bowl to catch the juices, peel the mango, then cut it into small cubes. Appearance doesn't matter here—the mango will be hidden inside the challah. Stir the nutmeg into the mango, and let the flavor meld for a few minutes.

Beat together the eggs, cream, vanilla, maple syrup, and salt in a shallow bowl until smooth.

Spread a slice of challah with about 1 tablespoon of the cream cheese (use more if your slice is very large). Top with one-quarter of the cubed mango, then cover with a second slice of challah. Gently pat the challah sandwich together so it is neat and compact. Repeat with the remaining challah, cream cheese, and mango.

Place the stuffed challahs in a baking dish just large enough to accommodate them in one layer (a 13 x 9 glass baking dish is a good choice). Pour the egg mixture over them evenly and let soak for about 10 minutes. Using a spatula, carefully turn them and allow the other side to absorb the egg mixture for 10 minutes; at this point you can either cover the pan with foil and refrigerate until the following morning or make them right away.

Preheat the oven to 400°.

In a 10- to 12-inch heavy skillet, fry the stuffed challahs two at a time in sizzling butter until just golden brown on both sides. Transfer to a baking sheet and bake for 12-15 minutes, or until the mango is hot and bubbling.

Serve with the ginger maple syrup, preferably warmed.

Sit back and feel the love.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at poley@prodigy.net.

Looking for a Preschool
for your child?

Gan Shalom

Chabad Zion Synagogue Early Childhood Program
Currently Accepting Applications for Children
Ages 28 months to 5 years (pre-K)

CHILDCARE and PRESCHOOL Programs

Part Time and Full Day



Convenient Location
on Alumi Drive
just off New Circle Rd
5 Minutes from UK

For more information please call

335-9922

or

visit our website at www.GanShalom.com

Camp Shalom (from page 1)

Keplinger, Cindy Kline, Lisa Miller, Debra Reaguer, and Lori Zimmerman who spent countless hours preparing for camp.

In addition to this dedicated group of volunteers and staff members who helped set up the camp, the camp staff will include the Camp Director and Assistant Director, Group Leaders, Counselors and Counselors-in-Training. Every year, this staff is comprised of teens and adults with a deep commitment both to children and Jewish identity. They act as role models for our future generation. And they are the ones who are creating memories every day for the campers because they love being with children. Many thanks go out to Solomon Alkhasov, Jordan Barnhill, Rachel Berger, Alexandra Domatov, Asher Finkel, April Edwards, Ariel Gold-McCoy, Kaitlin Graff, Rachel Heller, Jennifer Jourdan, Robyn Kaplan, Daniel Mandel-Anthony, Aaron McKee, Jared Noffsinger, Tamara Ohayon, Gabi Price, Ellen Reinhard, William Reinhard, Allison Schneider, Ben Shechet, Victor Szwili, Katie Rose Taulbee, Melissa Van Hoose, and Seth Westernman.

If you still want to get involved in the fun, feel free to call the office. There are a couple of slots left in Week 2 which begins on August 9, and we are always happy to include community volunteers to share experiences with the campers, who this year are ages 4-12. The excitement and enthusiasm of camp is contagious, and is also guaranteed to make you feel like a child again. Come out and be a part!

Ask JFS About...Understanding Medicare Changes

Lauren Cammack, JFS Intern

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at: JFS@JewishLexington.org.

The Medicare Drug Discount Card

Recent changes in Medicare Laws are affecting people's access to benefits throughout America, including Lexington.

The new Medicare law, signed by President George W. Bush in December 2003, brought about several changes to Medicare. The most important change was the establishment of a new voluntary drug benefit which helps Medicare beneficiaries pay for their prescription drug costs. The first stage of this assistance, which began in May 2004, provides beneficiaries with a Medicare-approved discount drug card. The second stage of assistance will go into effect January 1, 2006, at which time a new Medicare drug benefit will be implemented.

Medicare is contracting with private companies to offer discount cards, which help beneficiaries save about 10-15% on total prescription drug costs. The discount card is available to all Medicare beneficiaries, except those who already have prescription drug coverage through a state Medicaid or medical assistance program. If you already have prescription drug coverage through your employer or a Medigap plan, or if you already have a discount card, you are still eligible for the Medicare discount card. However, you may not need it. If you are currently enrolled in a Medicare+ Choice plan, your plan may offer a Medicare discount card. If this is the case, you must choose the card offered by your plan. The discount card is optional; your Medicare benefits will not be affected in any way if you decide not to enroll in the program.

The cost of the Medicare discount card is up to \$30 per year. If your income is low, you can get additional

help. Low-income seniors (annual income of \$12,569 for an individual, \$16,862 for a couple) are eligible for a free card and a \$600 credit in both 2004 and 2005. There will be at least 36 cards to choose from nationally, and another 35 will be available regionally. However, you will be able to choose only one card. Discounts will vary from card to card. For instance, some cards can be used only at certain pharmacies; the amount of the discount on specific medications may differ from card to card; medications that you take may not be discounted on some cards; and cards may have different annual fees (up to \$30).

In order to choose the card that best meets your needs, you will need to make a list of all the prescription medications you currently take on a regular basis, noting the dosage of each medication and how often you take each one. Then you may visit Medicare's website at www.medicare.gov and choose

"Prescription Drug and Other Assistance Programs," or you can call Medicare at 1-800-633-4227. With either of these two options, Medicare will assist you in comparing the prices for your drugs that are offered by the different cards. You will learn the names of the sponsor companies, and you will receive explicit instructions in how to enroll in the program. You may use either the enrollment form provided by the company offering the card or the form that is provided by Medicare. The sponsor company will mail the discount card to you once the form has been processed.

If you need more information, visit Medicare's website at www.medicare.gov, or call Medicare's toll-free number at 800-633-4227 or TTY 877-486-2408. You can also visit AARP's website at www.aarp.org, or call toll-free 888-687-2277. And, remember, if you need help completing the process, call JFS at 269-8244.

Local Delegation Attends AJFCA Convention in Cincinnati

By Vinnie Dubilier

The Association of Jewish Family & Children's Agencies (AJFCA) annual conference offers opportunities for learning, sharing, and networking. Dawn Moore and I made our way to Cincinnati on April 18th to attend the 32nd national AJFCA Conference with these goals in mind. The AJFCA is an organization of over 145 Jewish Family and Children's Agencies in the US and Canada that annually serve more than 500,000 people. AJFCA supports the work of Jewish Family Services' (JFS) professional and volunteer leadership in strengthening the quality of life for people throughout North America.

As the JFS delegates from Lexington, our assignment was to find out what other JFS agencies are doing and how these programs might apply to our community. The first challenge was to be in three or four places at the same time. Workshops were held concurrently so smart choices had to be made. Fortunately, there were two of us and we could attend different workshops that we thought might be

good learning experiences.

Some of the highlights included: The Anne Frank Theater Project: An educational theater model that cultivates tolerance, awareness and social responsibility. This unique Theater Project is a tool for outreach and education, and strengthens the presence of the Jewish community while nurturing relationships with youth and adults in the larger non-Jewish communities.

Serving People with Disabilities: The concept and practice of inclusion. There are two ways to approach the inclusion of people with disabilities. One way is to modify the environment, improve accessibility, and solve specific problems. The other is to change our attitudes and the ways we approach individuals with disabilities. Here are more reasons to care: 10%-20% of the population consists of people with disabilities.



Dawn Moore and Vinnie Dubilier at AJFCA Convention.

Thirty percent of families have a member with a disability. During our lifetime, most of us at some point will experience some type of disability.

Meeting Teens on their Own Turf: The session addressed effective ways to reach "at risk" youth and connect them to teen programming, mentors, resources, community service and job and volunteer opportunities. It also covered the issue of teens and their

problems, focusing on personal connection and the need for self-esteem.

Integrating Judaic Content into Program Development and Service Delivery: Collaborative programming with rabbis, social workers, and community organizations is essential.

Innovative Approaches to Serving the Elderly: Some of the issues discussed were, transportation, home delivered kosher meals, and family intervention.

Connecting with Four Generations of Volunteers: Potential volunteers have so many options for donating their time, and so little time available. We must understand what makes each generation tick and how we can encourage and attract new loyal volunteers.

Many of these ideas will be applicable in Lexington, through programming and services, as JFS continues to "strengthen individuals, families and our community."

BAR/BAT MITZVAHS

TAI

BAR MITZVAH

Jeff & Linda Noffsinger and Jerry & Rose Rita Wurmser invite you to share their joy as their son and grandson

JEREMY PHILIPP

is called to the Torah as a Bat Mitzvah

Saturday, the Twenty-First of August
Two Thousand Four
at Ten-Thirty in the Morning

Temple Adath Israel
124 North Ashland Avenue
Lexington, KY

Kiddush luncheon immediately following the morning service

Jeremy will also lead the Shabbat evening service on Friday, August 20, 2004 at 6 p.m. at the Temple
Appetizers at 5:30 p.m.

BAR MITZVAH

Jeff Moscow & Lynn Campbell invite you to share their joy as their son

JOSHUA CAMPBELL

is called to the Torah as a Bat Mitzvah

Saturday, the Twenty-Eighth of August
Two Thousand Four
at Ten-Thirty in the Morning

Temple Adath Israel
124 North Ashland Avenue
Lexington, KY

Kiddush luncheon immediately following the morning service

Joshua will also lead the Shabbat evening service on Friday, August 27, 2004 at 6 p.m. at the Temple

OZS

BAT MITZVAH

Alan and Kathy Stein joyfully invite you to join them as their daughter

HADLEY DARIN

is called to the Torah as a Bat Mitzvah

Saturday, the Fourteenth of August
Two Thousand Four
at Ten in the Morning

Ohavay Zion Synagogue
Lexington, Kentucky

Kiddush luncheon to follow

Hadley will also lead the Friday evening service at 7:30 p.m.

BAT MITZVAH

Debbie Katz and Barry Hunter invite you to share their joy as their daughter

JULIA ROSE

is called to the Torah as a Bat Mitzvah

Saturday, the Twenty-First of August
Two Thousand Four
at Ten in the morning

Ohavay Zion Synagogue
Lexington, Kentucky

Kiddush luncheon will follow the service

Julia will also lead Friday evening services at 6 p.m.

Brief profiles of these Bar and Bat Mitzvah Celebrants will appear in next month's Shalom.

Farewell (from page 1)

nity to work with wonderful groups such as Leisure Club, JewLS, Spellbinders, and Tikkun Lexington. Since 2000, quality Jewish Family Life Educational programs such as The Teen Health and Beauty Fair, The Body Image and Nutrition Workshops, The Parenting Workshops, and The Drug and Alcohol Awareness program have been implemented. All of these were made possible because other like-minded professionals and lay people worked together to provide no-cost educational opportunities for everyone. The success of such programs has made me proud.

Additionally, I have had the opportunity to work with amazing lay professionals in the Jewish community, such as those involved in the JFS Committee, and on the CKJF Board. It is because of the volunteer support of these people and other caring individuals like you, through your donations to CKJF, that my work has been made possible. Over and over I have been amazed by the dedication of volunteers and colleagues, who work very hard to ensure that regular events and activities occur, and that they run smoothly. It has become

apparent to me that alone, none of us is very effective, but by working together, the results can be incredible.

I want to say a special thank-you to the office staff at CKJF — Daniel Chefec, Jana LaZur, and Lori Zimmerman. You have made coming to work so much fun each day! We certainly have become a "mispacha," or family, that has relied upon each other to get our work done and to remain sane. Thank you so much and I hope you will still invite me to "Office Lunches" occasionally. Also, I want to say thank you to the devoted JFS committee members, who have supported the work of JFS and attended monthly meetings, some for years and years. Your input is so important to the goals of JFS, and I know with your support, JFS will be in good hands. Specifically, I want to thank the chairs of JFS: Vinnie Dubilier and Merle Wekstein, 2002-2004; and Cookie Weneker and Vinnie Dubilier, 2000-2002. Thanks for all the advice, support, and assistance you have provided to me over the years. Your professional expertise and compassionate natures made JFS

a natural connection, and it has been a pleasure to work with you.

I also feel it is very important to recognize the four interns I have had the privilege of working with through

It has become apparent to me that alone, none of us is very effective, but by working together, the results can be incredible.

the MSW program at the University of Kentucky. JFS has been fortunate to have benefitted from the talent and skills of students pursuing their advanced education in the field of social work. In the world of non-profits, extra professional help is critical to the work of agencies, and the individuals I have worked with in this capacity, have been welcome collaborators and valuable additions to the JFS team. Special thank you's go to: Amy Thomas, 2001; Janet Powell, 2002; Joan Kast, 2003; and Lauren Cammack, 2004.

Throughout my term at JFS, I have both laughed and cried with people, consoled distraught family members at hospitals, and attended funerals. Through my work, I have attended simchas, such as Bar Mitzvah's and Bris', special Shabbat services, and community-wide celebrations. I have met wonderful people through JFS events and programs, that I might otherwise not have met. I have helped people, and they in turn, have helped me to grow as a professional. I will treasure the experience gained through my association with CKJF, and know it will help me as I prepare to enter a new phase of my life, first in academia, and also in the future world of social work.

I also know that my affiliation with CKJF and the Jewish community will not end once I leave my position as Director of JFS. I plan to volunteer my time to some of the worthy endeavors sponsored by CKJF, as well as continue to make a contribution each year to the annual campaign, with the hope that the work of Federation will continue for many years to come.

TEMPLE ADATH ISRAEL NEWS

124 N. Ashland Avenue • President, Starr Gantz • (859) 269-2979

A Different Kind of Oneg Shabbat

After the August 13th 6 p.m. worship service, everyone is invited to come together for dinner at Portobello's restaurant. The back room has been reserved for our group for 7:30 p.m.. Please call the Temple office to RSVP so that we can give the restaurant an accurate head count. RSVP by August 10.

Watch for These Programs Coming this Fall:

PACKING FOR COLLEGE: Where does Judaism fit?

A workshop series for 11th grade students and their parents that address the criteria parents and their students develop when choosing colleges. This experimental workshop helps guide the process with values clarification exercises and discussion. A panel discussion with community professionals will be held at the first workshop on October 17. To register for this workshop series, contact Toni Reiss at 269-2979 or coordinator@lex-tai.org.

THE RED TENT: A Book Discussion and Tent Party

With the help of the URJ study guide, we will explore the themes in Anita

Diamant's extraordinary book, *The Red Tent*. Diamant uses biblical fragments and midrashic inventions to tell the engrossing tale of Dinah while exploring the relationship between her mothers Leah, Rachel, Bilhah, and Zilpah, their husband, Dinah's father, Jacob, and Laban, her grandfather.

The date for this program will be in the September bulletin.

WANTED:

For permanent display at TAI a copy of the Union Home Prayer Book, 1951 Edition.

If you have one of these prayer books and would like to donate it to the Temple, please call the Temple office at 269-2979.

Jewish Family Education:

"Training Wheels" Group Forming To Provide Jewish Family Education. Hadassah sponsors an exciting program, Al Galgalim (Training Wheels), for parents and grandparents with children ages 2-5. Through songs and fun-filled activities adults and children learn together to celebrate Shabbat and the Jewish Holidays. Al Galgalim gives families the tools and skills to build Jewish identity and

experience the joys of Jewish living. Prior knowledge is not necessary. Led by Elissa Brown and Beth Pitman, Hadassah trained facilitators. Please join us on August 22nd to learn more about our exciting program. For further information, please call Elissa 619-5707 or Beth 268-7656

Torah Study

Rabbi Kline conducts Torah Study in the TAI library, Saturdays at 9 a.m. on alternate weeks. He is joined by a congenial group that brings together members of TAI and others, who following, the ancient tradition of Judaism, love study and matters of the mind. The present study centers on the Book of Deuteronomy. If you enjoy wrestling with problems of life and faith, join this friendly group.

August/September schedule is 8/14, and 8/28; 9/11.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, a critique of Biblical and traditional injunctions and laws, Jewish history, principles of the Reform movement, the relation of Judaism to Christianity, Islam, and Buddhism. The purpose of the Kollel

group's study is not to assert these principals as eternal truth, nor to refute them, but to discover what wisdom there is in them and to expand upon them. Drop in any time and join in the provocative and friendly discussion.

August/September schedule is 8/7 and 8/21; 9/4 and 9/18.

TRYB News

Mary Engel & Nancy Redmon will be our TRYB advisors for 2004-2005.

New TRYB officers are:

President

Jordan Barnhill

Programming Vice President
Alan Sea

Social Action Vice President
Miles Heymann;

Religious & Cultural Vice President
Rachel Heller;

Treasurer

Jared Noffsinger

Journalist

Alex Harrison

Senior Representatives:

Senior Rep. - Leah Martin

Junior Rep. - Joshua Kline

Sophomore Rep. - Danny Engel

THE LEXINGTON HAVURAH NEWS

President, Gail Cohen • (859) 272-1459

The Lexington Havurah celebrated Havdalah under the stars on Saturday evening, July 17. The event took place at the home of Judy and Avram Levine. Prior to the service, the participants enjoyed a delicious pot luck dinner. In the course of the evening, the recently deceased Israeli song-writer, Naomi Shemer, was remembered through the singing of her most well known song, "Jerusalem of Gold."

On August 20th, at a Kabbalat Shabbat service, the Havurah will mark the beginning of a new phase in the lives of two member families, as Penina Goldstein and Becky Grossman prepare to leave for college.

The Lexington Havurah will conduct High Holiday Services for Rosh Hashanah (two days) and Yom Kippur. The details will be announced in the September issue of the *Shalom*.

For more information about The Lexington Havurah please call Gail Cohen at 272-1459.

TAI PRE-SCHOOL OFFERING ROSH HASHANAH GREETING BASKETS AGAIN THIS YEAR

Be on the lookout for your Rosh Hashanah basket order forms. Rosh Hashanah is September 16; the order forms will be mailed in August, and extra forms will be available at the Temple office. This is a lovely way to send New Year's wishes to your friends, neighbors, Rabbis and religious school teachers and at the same time raise funds for the TAI preschool. Thank you again for your support!

Rosh Hashanah

OHAVAY ZION SYNAGOGUE NEWS

2048 Edgewater Court • President, Nancy Hoffman • (859) 266-8050

August will be anything but slow around OZS as we celebrate B'nai Mitzva, start the new school year, and begin preparations for the High Holy Days. We welcome back everyone from your summer activities!

OZS Tribute to Harriet and Leon Cooper

In June, OZS honored Leon and Harriet Cooper for their many years of dedicated service to Ohavay Zion and the wider Jewish community. The special dinner held in their honor included "toasts" (and a few "roasts") to Harriet and Leon in tribute to the many mitzvot they have quietly performed throughout the years. A special tribute book offered additional words of praise and thanksgiving to Leon and Harriet for their hard work and special friendship they have offered to our community. Mazal Tov Harriet and Leon!

Prospective Members' Brunch

A special brunch for prospective members and those interested in learning more about Ohavay Zion will be held at the home of Leon and Harriet Cooper on Sunday, August 8th. For more information or if you are interested in attending, or if you know of someone who would like to learn more about OZS, please call the office or contact our Membership Chair, Ricki Rosenberg.

OZS Religious School News

The school year begins anew with a special Teacher Orientation and Aide session on Sunday, August 15th. The first day of Religious school for students will be Sunday, August 22nd with the first day of Hebrew on August 24th. This year the Religious School will give a special emphasis to

Jewish Storytelling. Several of our OZS members will be visiting the classrooms to share stories with our children as they celebrate this important part of our heritage. For more information about Religious school registration and the school schedule contact Simone Salomon.

Senior Chai, our OZS and TAI Jewish study program for 11th and 12th graders will begin anew this month. Now in its 4th year, Senior Chai offers our Jewish high school juniors and seniors the opportunity for monthly study and socializing in a warm and welcoming atmosphere. Sessions are held generally once a month on Wednesday evenings at 6:30 p.m., beginning with a light dinner and study following. If you are interested in participating, or need more information, please contact Rabbi Cohen at OZS or Rabbi Kline at TAI.

Adult B'nai Mitzva Program

The countdown has begun! The OZS Adult B'nai Mitzva class has been working hard as they prepare to celebrate together this special moment in their lives in June 3-4, 2005. Each participant is learning to read from the Torah, chant a portion of the Haftara, and lead parts of the service. In addition, each of the 8 members of the class will write and present a d'var Torah to the congregation on a Shabbat morning during the next few months. Check upcoming announcements or call the OZS office for a schedule of when each class member will give his/her d'var Torah so you

can come and support them as they guide the congregation in Shabbat study.

Daily Minyan

Our daily minyan continues to meet each afternoon Monday-Thursday at 5:45 p.m. in the Sanctuary. Please come and help make a minyan!

Busy Shabbat at OZS

Celebrating Shabbat is always a focus of our weekly events here at OZS. On the 1st and 3rd Fridays of the month our Friday evening service begins at 6 p.m.. On the 2nd and 4th (and 5th) Fridays the service begins at 7:30 p.m. followed by an Oneg. The Stewart Home will be here for their monthly Shabbat at OZS on Friday, August 27th. Join us for our spirited Shabbat Morning Service each Saturday morning at 9:45 a.m.. Kiddush Lunch follows each week.

This month will be particularly joyful as we celebrate several B'nai Mitzva. On August 13th - 14th we will celebrate with Hadley Stein as she is called to the Torah as a Bat Mitzva. We will

also celebrate with Julia Hunter as she becomes a Bat Mitzva on August 20th - 21st. Itai and Ilan Bear formally celebrated their becoming b'nai mitzva this past June in Israel at both the Kotel and on a Kibbutz. On August 28th, Ilan and Itai will be called to the Torah as B'nai Mitzva at Ohavay Zion. During the morning they will also share with the congregation some of their unique Israel experiences. We are proud of all of our B'nai Mitzva!

Unveiling Schedule

The Unveiling of the gravestone for Ann Stein will take place on Sunday, August 8th, at 2 p.m., at the Lexington Cemetery.

DONATE THAT CAR to OZS!

Help OZS with your donation.

All donations are tax deductible.

Vehicles, Reals Estate, Lots, Boats, RV's & more!



Contact:

Larry Herman 859.269.5229
Jimmy Mischnor 859.269.3783

THE LEXINGTON CHAPTER OF HADASSAH NEWS

Elise Mandel, President

Hadassah's Annual Donor Campaign

♦ ♦ ♦

Coming off a stellar year in which the Lexington Chapter of Hadassah exceeded all its quotas from National, we are striving to repeat our success during the 2004-2005 campaign. Under the leadership of Chair, Judy Hersh, we hope to reach all new and continuing members of Hadassah during the Phonathon in October. Watch for further announcements in August and September and please plan to give generously. Hadassah counts on each of you to further its medical, educational, and social programs in Israel and the U.S.

Donate Extra Toiletries to the U.K. Hospitality House through Hadassah Associates Program

♦ ♦ ♦

Please save and gather all small (or large) bottles of shampoo, soap, lotion, toothpaste, etc. from your summer travels. Ted Friedman will be available by phone at 271-3846 or email at teddihon@yahoo.com to pick up items. Bags of toiletries can also be dropped off at Ohavay Zion, Temple Adath Israel, or CKJF. Please mark bag "Hadassah Associates Toiletries." You can save up your items and bring them to the first fall Hadassah meeting.

The Jewish community has offered its support to the Hospitality House on other occasions. The HH offers

family members of hospital patients or outpatients a free place to sleep, eat, or simply shower. It has hosted more than 20,000 guests for more than 70,000 nights since 1982.

Hadassah Associates sponsors this worthwhile program in keeping with Hadassah's mission of hospitality and service in Israel as well as in our own community.

AUGUST 2004 shalom • 15



AROUND THE COMMUNITY



CKJF - Central Kentucky Jewish Federation • 1050 Chinoe Road • Suite 203 • 268-0672 • David Feinberg, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Nancy Hoffman, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services on the 1st and 3rd Friday evenings at 6:00 p.m.,
on the 2nd and 4th Friday evenings at 7:30 p.m. • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel • 124 N. Ashland Avenue • 269-2979 • Starr Gantz, President
Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah • Elise Mandel • President

HAV - The Lexington Havurah • 269-4493 • Gail Cohen, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 1	Camp Shalom 2004 - week 1 2	• OZS Board Meeting • TAI Board Meeting • Camp Shalom 2004 - week 1 3	Camp Shalom 2004 - week 1 4	Camp Shalom 2004 - week 1 5	Camp Shalom 2004 - week 1 6	7
8	Camp Shalom 2004 - week 2 9	• Shalom Deadline • Chabad-Rabbi Litvin Visits • Camp Shalom 2004 - week 2 10	• JFS Committee Meeting 6:30 p.m. • Camp Shalom 2004 - week 2 11	• Tikkun delivers Moveable Feast • Camp Shalom 2004 - week 2 12	Camp Shalom 2004 - week 2 13	Hadley Darin Stein Bat Mitzvah / OZS 14
15	16	Rosh Chodesh Elul 17	Rosh Chodesh Elul 18	Leisure Club Meeting 12:15 p.m. 19	• Havurah Kabbalat Shabbat & potluck supper • Tikkun visits Stewart Home 20	• Jeremy Philipp Noffsinger Bar Mitzvah / TAI • Julia Rose Hunter Bat Mitzvah / OZS 21
22	23	24	• CKJF Executive Committee Meeting 6:00 p.m. • CKJF Board Meeting 7:30 p.m. 25	26	27	Joshua Campbell Moscow Bar Mitzvah / TAI 28
29	30	31	September 1	2	3	OZS Bar/Bat Mitzvah 4
5	Labor Day 6	• OZS Board Meeting • TAI Board Meeting 7	JFS Committee Meeting 8	Tikkun delivers Moveable Feast 9	Shalom Deadline 10	11
12	13	Chabad-Rabbi Litvin visits 14	15	Rosh Hashanah 16	17	18