

Shalom

April 2013

Newspaper of
The Jewish Federation
OF THE BLUEGRASS



NISAN/IYAR 5773

Come Celebrate Israel at 65!

Yom Ha'Atzmaut is Israel's Independence Day and this year (5773) is unique because Israel declared itself an independent country 65 years ago. In commemoration of this special event, Lexington will be honoring this occasion in two different ways this year.

On the actual day of Yom Ha'Atzmaut, Monday, April 15, 2013, the Jewish Federation of the Bluegrass, The Lexington Chapter of Hadassah, Ohavay Zion Synagogue, and Temple Adath Israel will be hosting a screening of the film *Inside Israel: How a Small Nation Makes a Big Difference*. The movie will be shown at the downtown branch of the Lexington Public Library, 140 E. Main Street, at 7:00pm. *Inside Israel* is a new feature-length documentary that



explores the positive characteristics of Israeli society from a humanistic, psychological, and emotional perspective. This insightful and uplifting documentary sidesteps the usual conversation of politics, conflict and violence, and

see **Come Celebrate Israel**, page 5

Yom HaShoah; A Time to Remember

Yom HaShoah, or Holocaust and Heroism Remembrance Day, was signed and inaugurated in 1953 in Israel by then Prime Minister David Ben-Gurion and President Yitzhak Ben-Zvi. Israelis wanted to designate a day to remember the six million Jews who perished in the Holocaust as well as to remember and honor the Jewish Resistance during that period of time. There is no officially designated memorial service for this day but most services include lighting memorial candles and reciting Kaddish, the traditional mourners' prayer.

This year, Yom Ha'Shoah will be on Sunday, April 14, 2013 at Temple Adath Israel at 10:00 am. The Community Relations Committee's Yom HaShoah committee has been busy planning a moving and educational Yom HaShoah memorial program for the entire Lexington Jewish community. Programming and study are planned for everyone from kindergarten age and older.

see **Yom HaShoah; A Time**, page 19

Jewish Family Life Education

By Mimi Kaufman, MSW
JFS Director

SAVE THE DATE

On May 9th at 7pm, Jewish Family Services and Hadassah will be jointly hosting a program about Organ Donation. We will meet in the foyer of the Chinese office building that houses the Jewish Federation.

For years, the overwhelming perception with the Jewish community regarding organ donation was that it was against *Halakha* - Jewish law. We know as Jews that it is our custom to bury our loved ones quickly and to avoid altering the body. However, even as we recognize these principles as vital to our understanding of death and burial, there is a third principle that plays a role in the end of life decisions; *Pikuah*

Nefesh - the obligation to save people's lives. This principal is deeply embedded in Jewish law.

The perception that organ donation is against Jewish law has changed and still changing. This is much because of education and awareness campaigns like the upcoming May 9th event.

Communication among your family members is key. Families need to talk to each other to fully understand their wishes and beliefs. The program on May 9th will be an excellent opportunity for all of us to bring our hardest questions. Our main speaker, Charlotte Wong, is KODA's (Kentucky Organ Donation Association) educator; and it is quite a treat to hear her speak.

see **Jewish Family Life**, page 4

CAMPAIGN NEWS

Make a gift to Federation through appreciated securities and save on taxes

Now is the time to make your annual donation to Federation by gifting appreciated securities. Gifts of long-term securities (that are held for more than one year) help support the many services that JFB sponsors and provide our donors significant tax advantages. This is also a great opportunity for philanthropic planning. Gifts of appreciated securities offer a two-fold tax savings:

1. If donors itemize deductions, they may receive a charitable deduction for the **full fair market value of the securities** on the date of the gift.

2. The donors do not pay capital gains tax on the increase in the value of the securities.

Please note that the savings does not apply if the donors sell the stock and then transfer the proceeds. Remember to alert the Federation when you transfer stock. Your gift will help change the lives of the many people we serve locally, in Israel, and in endangered Jewish communities throughout the world. ✧

Please call Judy Wortman at 268-0672 with any questions.

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Shalom

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The PJ Library is a national program offered locally, which mails free, high-quality and age appropriate Jewish children's literature and music to families on a monthly basis.

All families raising Jewish children ages six months to eight years are welcome to enroll. JFB is proud to offer your family, through our partnership with local donors and the Harold Grinspoon Foundation, this opportunity to explore the timeless core values of Judaism through books and music.

Enroll your children or grandchildren today! Call us at 859.268.0672 or visit www.pjlibrary.com and visit our Lexington community page.

Do you have the winter blahs?
Do you wish spring was here?
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Flower Power is coming!

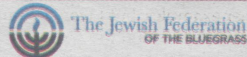
Certificates on Sale Soon
You will be able to buy cash certificates to be redeemed at Proper Plants on Military Pike.

You will find a beautiful selection of hanging baskets, patio plants, flowers, herbs, and vegetables.

Members of the Lexington Chapter of Hadassah will have certificates shortly to help you with your gardening needs.

Start planning now!
Contact Hanna Smith at
859.223-9682 or
hannab.smith@qx.net
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If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org

	
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Shalom Deadline
Deadline for articles for the May *Shalom* is April 10.
Email articles to shalom@jewishlexington.org

President's Message

Bob Grossman, JFB President

This message is my last one to you. In less than two months, I will be passing the reins to the next JFB president. The JFB Nominating Committee, after working long and hard, came to the dubious conclusion that what JFB needs is another two years of a Grossman at the helm, so, unless there is a challenge from the floor at the JFB Annual Meeting, Mike Grossman will be JFB's next president. I'd like to thank him now for agreeing to serve in this capacity. Evalyn Block has agreed to be slated as our next Vice-President, and Hanna Smith and Gary Yarus have agreed to be slated as Secretary and Treasurer, again.

The last two years have seen both challenges and accomplishments for JFB. The difficult economic situation has affected our annual campaigns, but we have managed to hold our fund-raising levels more or less steady, whereas many other Federations have continued to see their campaigns decline. We also saw Camp Shalom participation decline significantly last year, but we hope the decline was a one-time occurrence due to an unusually large number of snow days during the previous school year, which led to an unusually short summer break. On the positive side, we have seen continued growth in the number of families participating in the PJ Library, and our Women's Night Out Campaign event has been a major hit each year. We have also been successful at recruiting more JFB Board members from the 20-40 age set, bringing a new perspective to our Board's deliberations.

We have seen an unusually large amount of change in our JFB staff this year, but we remain in very capable hands. After Talia Smolkin, Director of Jewish Family Services and Informal Jewish Education, left to become a full-time mom, Mimi Kaufmann (as JFS Director) and Lori Bernard (as Director of Informal Jewish Education) joined our staff and have filled Talia's shoes admirably. Gayle Bourne, our part-time Administrator, left recently to take a full-time job, but we were able to recruit the very talented and dedicated Kathie Kroot to take her place. After many years as Camp Shalom Director, Kathy Feinberg chose to retire this year, but we realigned Tamara Ohayon's job description so that she now counts being Camp Shalom Director among her many duties. We continue to be amazed and gratified

at the talent and dedication that Tamara Ohayon continues to bring to her job. Finally, I am very pleased to announce that our wonderful and dedicated JFB Executive Director, Judy Wortman, has recently agreed to a new, four-year contract, so we can count on her talent and experience for a while longer. (Yes, I know I used the word "dedicated" and its variants at least three times in the preceding paragraph, but I can't help it that the word is most appropriate to describe so many of our staff.)

It's traditional for departing leaders to say a few words about the storm clouds that they see gathering on the horizon — think Eisenhower's "military-industrial complex." In my view, our community faces two large challenges, one of which is shared by all Jewish communities around the country, and one of which is local. The challenge faced by all Jewish communities in the US, including our own, is financial and demographic. Not only are our communities getting older, but the most generous contributors to Federation Campaigns tend to be in their 70s and 80s. These community members will not be around forever, but it remains to be seen whether the subsequent generation will be as financially supportive of JFB as its preceding one. The challenge that is unique to our community is the continued resistance of TAI and OZS members to mixing with one another. For example, I attended a wonderful klezmer concert at TAI in early March, and I was disconcerted to see how few OZS members were there. I could cite many other examples, but I won't. I understand the history behind the TAI-OZS divide, but history is not destiny, and we are too small a community to allow this division to continue. I'm sorry that I wasn't able to do more during my time as President to build bridges between the many different components of our community. Nevertheless, I don't want Mike to have a completely empty plate when he begins his term as President, so I pass this task on to him.

Thank you for allowing me to serve as JFB President for the past two years. It has truly been an honor to work with all of you to enrich Jewish life in the Bluegrass. ✧



Editorial

David Wortman

There is a new Pope in Rome, Francis I. He has a good reputation amongst the Jews in Argentina. He was supportive after the bombing of Amia (the JCC of Buenos Aires). Now that he is Pope, what does this portend for the relationship between the Church and the global Jewish community?

Obviously, it is too soon to tell. However the relationship has been slowly over recent decades. Pope John XXIII was the initiator of this change. In 1965, Pope Paul VI issued *nostra aetate* as part of the Vatican II process. This document was the beginning of a new attitude toward Jews. "Since the spiritual patrimony common to Christians and Jews is thus so great, this sacred synod wants to foster and recommend that mutual understanding and respect which is

the fruit, above all, of biblical and theological studies as well as of fraternal dialogues."

These teachings were further elucidated in subsequent paragraphs. More detailed instructions were published in 1975 and 1985.

Pope Paul VI and Pope John Paul II visited Israel. There are few reasons to suspect that Pope Francis I will not carry forward the positive relationship.

This does not mean, however, that all is well between us and the Church. There are still many priests who harbor ill will toward Jews and/or the State of Israel. Some Catholics in the pews hold the same opinions. This behooves us to remain only cautiously optimistic as the new Pope begins his tenure. ✧

ATTENTION Proud Grandparents, Parents, & Students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org.



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JFS: At Your Service

Mimi Kaufman, JFS Director

Spotlight on Prevention

April is nationally known as Child Abuse Prevention month. I would like to

dedicate this month's At Your Service to a discussion about prevention.

Being a parent has many trials and tribulations. Sleepless nights in infancy, toddlers melting down and mouthy teenagers. You name the stage and there is an issue that can be challenging. And now add in a possible problem of poverty, job loss, addiction, social isolation, or limited education, and you may very well be at high risk for abusive behaviors. Any one of these single problems may increase a person's risk for abusive behaviors.

So as we focus on prevention this month of April, let us take a look at prevention strategies.

Let us take a look at what we can call protective factors. Protective factors are conditions in families and communities that, when present, increase the health and well being of children and families. These attributes serve as buffers, helping parents to find resources, supports, or coping strategies. Methods that bolster protective factors include: facilitation friendships and support, strengthening parenting skills, responding to families in crisis, linking families to services and opportunities.

So what can I do as an individual to

help myself as well as other parents? One of the beauties of being involved in a community is that you have an automatic support system thus lowering your risk as well as helping others lower theirs as well. By virtue of getting this newspaper article you are part of the Jewish Community for example. What can you do within your community whether it be your neighborhood, your child's school or wherever you spend time. It is really not so hard. Here are a few examples of pledges you can make to do your part to help out;

- * Offer to babysit a grandchild once in awhile to give parents a needed break.
- * Run an errand or prepare a meal for a new mother in your neighborhood.
- * Let parents know when they are doing a good job.
- * Advocate for programs that provide families with education and support.
- * Take part in activities where you can meet and connect with other parents.
- * Look for good role models.
- * Be a good role model, share ideas.
- * Organize a "moms group" so mothers can share their joys and challenges.

Good prevention programs will increase these protective factors as well as connect families to needed resources. Let us all do what we can to ensure the healthy development of our children. ☆

Jewish Family Life Education (from page 1)

Rabbi Sharon Cohen will also be joining us to help answer our religious questions. Also on the panel are: Linda Angelo and Kathy Kroot whose lives have been affected by organ donation, and Dr. Roberto Gedaly, a transplant surgeon. Our panel will be open for questions.

There will also be a reception afterwards so there will be plenty of opportunity to talk to our guest panel as well as our speakers about any questions or concerns you may have. ☆

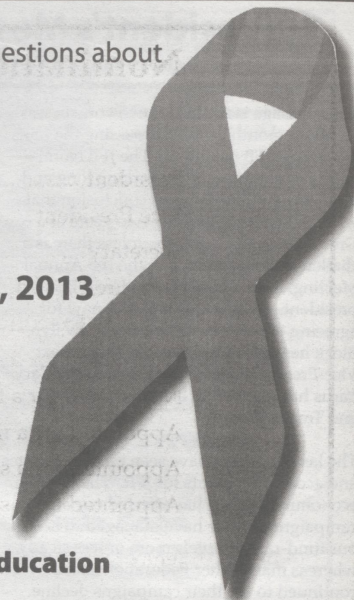
Are you faced with questions about Medical Ethics?

Faith and Values?

Organ Donation?

**Join us on May 9, 2013
at 7:00 pm**

to listen, learn, and ask!



Jewish Family Life Education

co-sponsored by

Jewish Family Services and the Lexington Chapter of Hadassah will present:

**Donate Life
Give Thanks, Give Life**

in the lobby at 1050 Chinoe Road, Lexington

GUEST SPEAKERS:

KODA's Charlotte Wong and Rabbi Sharon Cohen as well as a panel of community members who have personal experience with organ donation.

For more information contact
Mimi Kaufman, JFS Director, at
(859) 269-8244 or
jfs@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Jewish
Family
Services



Nominations for the Officers and Board Members of the Jewish Federation of the Bluegrass

President.....	Michael Grossman
Vice President.....	Evalyn Block
Secretary.....	Hanna Smith
Treasurer.....	Gary Yarus
At Large Executive Committee members.....	Robert Grossman, Seth Salomon
Nominated for a second three-year term.....	Gary Yarus, Hanna Smith, Amy Faust Mayer
Nominated for a first three-year term.....	Pat Shraberg
Appointed for a first three-year term by OZS.....	David Feinberg
Appointed for a second three year term by TAI.....	Evalyn Block
Appointed for a second three-year term by the Havurah.....	Gail Cohen

In February, Jenny Rice and Judy Worell were appointed for a three year term to replace members leaving the board in mid-term.

Thank you to retiring Board members Evelyn Geller, Linda Ravvin and David Wekstein.

The Nominating Committee included Linda Ravvin, Chair, Amy Faust Mayer, Mickey Hernandez, and Robert Grossman, Ex-officio. Elections will take place at the JFB Annual Meeting on Wednesday, May 22 at 7 pm at the Federation, 1050 Chinoe Rd., Suite 112. Additional nominees will be accepted at the Annual Meeting from any member of the Federation as long as the nominee is eligible to serve, has agreed to serve if elected, and the nomination is submitted in writing and seconded by at least four other members of the Federation present at the meeting.

Come Celebrate Israel at 65! (from page 1)

tells the story of the Israeli people – whose resilience has propelled Israel to the forefront of world innovation and progress.

Despite daily challenges ranging from limited resources to security needs, Israeli creativity and inventiveness help make the world a better place. Israel has made significant advancements in the fields of science, environment, medicine, and technology, and has shared these developments with the rest of the world. *Israel Inside* features interviews with leading entrepreneurs, academics, and politicians. *Israel Inside* was produced by JerusalemOnlineU.com. The screening is free and open to the public.

The festivities continue on Sunday,

April 21, 2013, as the Lexington community gathers at Jacobson Park, 4001 Athens-Boonesboro Road, Shelter #4 at 12:30 pm. We will celebrate Yom Ha'Atzmaut outside in typical Israeli style including loads of activities for celebrants of all ages.

As part of our Lexington community observance, we will be participating in *Walk the Land 65* with over 100 other Jewish communities throughout the United States as well as South America, Europe and Asia. The Afikim Foundation, in conjunction with the World Zionist Organization and the Israel Ministry of Public Diplomacy and Diaspora Affairs, organized this global walk, in honor of the State of Israel's 65th birthday. There will be 10 beautiful murals along the sides of the

path, each depicting a different aspect of Israel's contributions to "Life" through the environment, industry, healthcare, agriculture, and more. All participants in the walk will receive a packet of seeds from Israel to plant here as part of spreading Israel's seeds of life throughout the world. T-shirts commemorating the event will also be available to purchase for \$5.

What would Yom Ha'Atzmaut be without Israeli music, Israeli dancing, and of course, Israeli food such as falafel sandwiches and Israeli salad? In keeping with Israel's "Contributions to Life" theme, PJ Library will also sponsor a Kids' Kibbutz Korner featuring various activities like those that are performed on agricultural kibbutzim such as milking cows, picking oranges, gathering eggs, and planting seeds.

As a special feature, we will host a visit from the Consul General of Israel to the Mid-Atlantic region, Mr. Yaron Sideman. He will visit Lexington, Louisville, and Frankfort.

Sign-up for Walk the Land 65 at walktheland65.org and click on "Join the Walk," then find Lexington, Kentucky on the community list, click on it, and complete the online registration form. Don't miss out on this special celebration of Israel's 65th Day of Independence, Lexington style. Be sure to come out and join your family and friends and celebrate Yom Ha'Atzmaut! ☆

If you have any questions, would like additional information, or would like to volunteer to work at the event, call the JFB offices at 859-268-0672 or email Lori Bernard at lori@jewishlexington.org.

April is Child Abuse Prevention Month: COMMIT TO PREVENT

The month of April is devoted to celebrating everything we can do to transform our community into a place that cares about - and actively supports - families and children. The goal of this month is to raise awareness of the issue of child abuse and neglect as well as celebrate families. This is an opportunity for communities to provide information and resources to local citizens.

Maltreatment exists across all economic, racial, ethnic and religious boundaries. It is a myth that abuse is more likely to occur within any particular group, but there are factors which place families at risk, such as untreated mental illness, substance abuse, domestic violence, poverty, etc. Often families face multiple stressors. Of the 21,669 children determined to have been abused and/or neglected in Kentucky during 2012, 75.5% lived in homes with two or more risk factors were present. This means there is work we can do to support and strengthen families in our local community.

The faith community can be a powerful tool when members "Commit to Prevent." Effective strategies to support families and help prevent child abuse include:

- **Facilitate friendships and support.** Offer opportunities for parents in the neighborhood to get to know each other, develop support systems, and take leadership roles. Strategies may include sports teams, potluck gatherings, bible classes, advisory groups, board leadership and volunteer opportunities.
- **Strengthen parenting.** Develop ways for parents to gain

information on parenting issues. Possibilities include parenting classes, support groups, home visits, parenting books and tip sheets in resource libraries.

- **Respond to family crises.** Offer extra support to families when they need it, as in times of illness, job loss, housing problems and other stressors.
- **Link families to services and opportunities.** Provide referrals for job training, education, health care, mental health, and other essential services in the community.

Be sure to become informed of your community's resources, so you are prepared to assist parents and caregivers who are in need. Make positive parenting tips, educational materials on child development, as well as prevention resources readily available in high traffic areas within your neighborhood (community center, place of worship, day care centers, etc.) Resources are available through Prevent Child Abuse Kentucky's online information center at www.pcaky.org, or you may call 859-225-8879 to learn more about how you can "Commit to Prevent." ☆

If you suspect a child is being abused or neglected, you must make a report to 1-877-KYSAFE1 (1-877-597-2331). Prevent Child Abuse Kentucky is Kentucky's only statewide child abuse prevention organization. They can be contacted at 859-225-8879 or www.pcaky.org.

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B'nai B'rith International President to speak at Stanley Rose Lodge Sunday May 19

Since its inception, BBI has been in the forefront in monitoring world activities as they relate to Jewish and human rights issues. BBI maintains a seat at the United Nations and has missions throughout the world keeping up with matters of concern for all of us.

Allan J. Jacobs of Lake Forest, Ill., was re-elected president of B'nai B'rith International last fall. During his first term, Jacobs led numerous B'nai B'rith delegations on global missions that included meetings with Israeli President Shimon Peres, Pope Benedict XVI, and Jordan's King Abdullah II, among others. Jacobs has spoken out against Iran's relentless quest for nuclear weapons as well as the Iranian infiltra-

tion into Latin America. He has called for the fair treatment of Israel at all U.N. venues and spoken out against global human rights abuses.

Mr. Jacobs' address "A Look at Issues Facing the Jewish Community Worldwide" will be at Ohavay Zion Synagogue on Sunday morning, May 19. Join us at 10 AM for an egg, lox, and bagel brunch (\$15 per person), or come at 11 AM at no charge to hear Mr. Jacobs' presentation. ☆

Please reserve a seat for the brunch by emailing a request to bbbrunch@insightbb.com, or by calling Abe Rabiner at 859/263-0039.



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Never Again

By Dr. Misha Galperin
The Jewish Agency for Israel

More than half a century after the Holocaust, world Jewry is strong. We have our own homeland and our own army. We have a collective memory that will not tolerate another attempt to decimate us. We are in a position to say "never again" and mean it.

We say "never again" not only when we as Jews are oppressed by others, but when any nation in our global family is oppressed or vulnerable to injustice. We speak from the heart and from personal experience. We give the anguished a voice. We don't only talk about collective responsibility. We live it. Anything else will not do. Never again. Never, ever again.

Yet, despite the profound sincerity of our words, we are falling short. There actually is a great deal of suffering within the Jewish people. Over 60,000 Holocaust survivors in Israel live at or below the poverty line. Many live in unsafe housing conditions, rely on welfare agencies and can barely make it to the end of the month.

Can we say that they will never again experience pain and oppression? We cannot. We cannot because Jewish law tells us to stand before the dignity of the elderly. To honor those who have profound wisdom to share, especially those who have faced humanity's darkest hour. Instead, we sit passively while our only witnesses to last cen-

tury's devastating losses live out their last days alone and often hungry.

It's true. Twenty-five percent of holocaust survivors in Israel must choose between meals and medication, a choice few of us will ever have to make. Those who eat, often do so alone. They have outlived one of history's greatest dictators only to find themselves without companionship, love and protection of a community that should have never let them down.

But we have.

We have relinquished our responsibility to our own heroes. The Jewish Agency is doing something about it. We are partnering with other agencies and non-profits, including federations, to create new programs to better daily living conditions for aging survivors living in distress.

The Jewish Agency supports the Amigour Sheltered Housing project to provide safe living conditions for low-income seniors who are survivors. The Jewish Agency also sponsors Project HEART, the Holocaust Era Asset Restitution Taskforce, which provides the tools, strategies, and information so that the Government of Israel and its partners can get survivors and their families much needed funding. Last year, we provided more than \$90,000 in emergency cash grants to the neediest survivors. This year, our La'ad program will train 1,800 volunteers to make home visits to survivors. Our Generations project records survivors' stories and shares them with

Yad Vashem so that they will never be forgotten.

While we cannot repay survivors for what they lost, we can and must ensure their dignity, comfort and fair restitution.

In Israel and in our Jewish tradition, our past is our future. We become compassionate by showing compassion. We become more giving by sharing our blessings. We become more sensitive by making sure that those with less can benefit from those who have more. That is what it means to be a Jew.

Join me in saying "never again" this Yom HaShoah. Never again will a Holocaust survivor go without safe housing. Never again will a holocaust survivor live without a friend. Never again will a Holocaust survivor suffer

indignity after suffering the world's worst indignities. Say it with me and mean it. ☆

Dr. Misha Galperin is President and CEO of The Jewish Agency for Israel's International Development. He co-authored "The Case for Jewish Peoplehood: Can We Be One?" and "Reimagining Leadership in Jewish Organizations: Ten Practical Lessons to Help You Implement Change and Achieve Your Goals." Galperin emigrated from the Soviet Union as a teenager. He holds a Ph.D. in clinical psychology and has worked in communal services for over 30 years. Galperin was listed in the "Top Five" of the 2010 Forward 50, a list of North America's most influential Jewish leaders, and speaks widely on issues of peoplehood, Jewish identity and community.

First and third Sundays of the month Yiddish Drop-in!

10:30 a.m. at the JFB office. An hour of Yiddish with Refoyl Finkel (Rafi Finkel). Beginners welcome, fluent speakers welcome, and those who remember "a por verter fun der heyim" also welcome. We'll adjust what we do to the levels of those who come. No long-term commitment necessary. No charge. Worth every cent, at least!



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Moser Performs Shostakovich

Friday, April 12, 2013 | 7:30 pm,
Singletary Center for the Arts | Tickets: \$25-60

Formidable talent, Johannes Moser, illuminates Shostakovich's brilliant **Cello Concerto No. 1** with LexPhil in Moser Plays Shostakovich. The program also features American composer Mason Bates' **Rusty Air in Carolina**, a dynamic piece fusing traditional orchestral sound with contemporary electronic, music and Czech composer Antonin Dvorak's charming and energetic **Symphony No. 8**.

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Resolution on a Comprehensive Approach to Preventing Mass Violence

[ed. note: The following two resolutions were passed at the recent Annual Plenum of the Jewish Council for Public Affairs, the national organization to which our CRC belongs.]

Adopted by JCPA 2013 Plenum

The Jewish community has a deep and abiding concern for public safety, firmly rooted in Jewish tradition, which compels us to uphold the sanctity of life.

In recent years, we have witnessed a profoundly distressing series of mass shootings in schools, shopping malls, theaters, houses of worship, and elsewhere, including the atrocity committed in Newtown, Connecticut in which 20 elementary school children and six educators were murdered. The Jewish community itself has experienced this violence at community centers, Jewish federations, and elsewhere. These violent and horrific acts shock our conscience and country. The pandemic of mass gun violence in America far exceeds that in other Western nations.

The Jewish Council for Public Affairs believes:

- The current spate of mass shootings and the overwhelming carnage is utterly unacceptable. In the context of support for a reasonable balance of interests under the Second Amendment, we recognize and respect the right of Americans to own guns, and we are not seeking to undermine in any respect the right of law abiding Americans to own handguns and rifles for legitimate purposes such as hunting, self-defense, and sport, but

we do not accept the current state of affairs. While we recognize the need to increase security at certain places of public and private gathering, we refuse to accept a dystopian environment where schools, houses of worship, community centers, shopping malls, theaters, and other venues are either in lockdown mode or where more guns are considered the preferred solution for public safety.

- Comprehensive action is needed to restore the safety of our schools, communities and public spaces. While no single solution will prevent all future tragedies, we are committed to supporting reasonable efforts to save lives such as:
 - meaningful legislation to limit access to the most dangerous weapons and high capacity ammunition magazines that have no other purpose than to inflict maximum carnage;
 - registration and tracking for all firearms at the time of sale or subsequent transfer; and periodic licensing of anyone that purchases, owns, carries, and or uses firearms;
 - appropriate waiting periods, volume sales restrictions, and background checks, including criminal and mental health histories, for all firearm sales, including private sales and gun show sales;
 - legislation and regulations requiring the safe storage of firearms;
 - government firearm buy-back programs;
 - diligent enforcement of firearm regulations;
 - robust efforts to ensure that every

person in need has access to quality mental health care; - encouraging a serious national conversation about violence in media and video games.

- The proliferation of open and concealed carry options are not appropriate solutions to gun violence in our society and should be curtailed.
- Laws and regulations alone will not stop the spate of violence. Communities and families must examine the culture of violence that permeates movies, television, and video games which some feel may desensitize troubled individuals to the implications of pulling a trigger.
- A fully funded mental health system and true parity between physical and mental health are vital to ensure the well-being of all those in need. Programs at schools and community-based organizations are needed to help destigmatize mental health issues and provide vehicles for early recognition, prevention, and intervention. The discussion about mental health issues related to mass violence should be done with the utmost sensitivity so as not to characterize those with mental illness as violent, but rather to address all possible causative factors, including the underfunding of mental health services. (See also Resolution on Mental Health, 2002).
- These commitments add to and do not subtract from our ongoing concern about the use of guns in criminal activity and the appalling casualties that result from it, particularly in our cities with a disproportionate impact upon minorities and youth.

The community relations field should:

- Actively participate in broad-based coalitions in a way that seeks to transcend partisan politics including, where possible, working with local, state, and national leaders, first responders, survivors and their families, gun violence prevention advocates, gun owners, and others to find meaningful solutions to stop the outrageous and unacceptable violence that tears at the fabric of our society and endangers the lives and safety of all Americans. This work should be done in the context of support for a reasonable balance of interests under the Second Amendment.
- Call on the Administration and Congress, as well as state and local authorities to take direct, swift and unequivocal action to adopt laws and regulations consistent with this policy and regulate the manufacture, distribution, sale, registration, and possession of firearms and ammunition in a way that comports with Constitutional requirements; and pass budget line items to fund enforcement of these laws and regulations.
- Advocate and work for better access to affordable mental health care for all who are in need.
- Engage in a serious conversation about how to reduce the level of violence in society, including the media and video games, by encouraging responsible exercise of First Amendment rights by all citizens.
- Support allowing and funding the Centers for Disease Control (CDC) to perform research on the effects of gun violence. ☆

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Resolution on Fair Pay

adopted by 2013 JCPA Plenum

The Equal Pay Act of 1963 requires employers to pay employees equal pay for equal work, regardless of the employee's sex. So long as a job requires equal skill, effort, and responsibility, and is performed under similar working conditions, the employer must provide the same rate of pay to men and women who perform jobs that are substantially equal. It is job content—not job titles—that determines whether jobs are substantially equal.

Although this landmark law helped close the pay gap, improvements are necessary to make this civil rights act more effective. Women continue to earn less than their male counterparts. In 2011, the Census Bureau reported that women working full time earned on average 23 percent less than similarly situated men. Thus, for every dollar earned by a man, a woman doing equal work earned only 77 cents. The

gap is substantially worse for women of color, with African American women earning 64 cents and Hispanic women earning 55 cents to every dollar earned by Caucasian men.

Leviticus 19:13 commands: "You shall not defraud your neighbor, nor rob him..." Paying women less money for the same work as men is morally and legally wrong. Eliminating the pay gap not only remedies discrimination, it is good for families and for business. Working families lose \$200 billion in income annually to the wage gap. If the wage gap were eliminated, annual family incomes would increase by \$4,000, cutting the poverty rate by half. According to U.S. Census data, by the age of 65 years, the average working woman would have lost more than \$430,000 over her working lifetime. Unequal pay throughout women's working lives results in lower social security earnings thus contributing to impoverishment for older women. Forward looking employers recognize that eliminating pay differentials makes good business sense. Pay equity can help with competitiveness, worker retention, and productivity.

The Jewish Council for Public Affairs believes that:

- Pay discrimination is wrong.
- Pay disparity based on gender and on race within gender categories persists, generally and in the Jewish community as evidenced by a recent analysis of the 2012 Jewish Communal Professional Compensation Survey.
- The pay gap hurts women individually and it hurts their families by reducing their economic security.
- By institutionalizing inequality the pay gap also hurts our communities and our nation. For reasons of social justice, morality and Jewish law, we should address pay discrimination by ensuring fair pay.
- Measures to strengthen the Equal Pay Act would help achieve fair pay.
- Paycheck fairness legislation not only addresses a civil rights injustice but also a major barrier to women's economic security throughout their lives.

The community relations field should:

- Support strengthening and expanding existing federal laws aimed at

preventing wage discrimination.

- Advocate for legislation and policies that strengthen the Equal Pay Act by taking meaningful steps to create incentives for employers to follow the law, educate, and empower women to negotiate for equal pay, and strengthen federal outreach and enforcement efforts. We support legislation that would deter pay discrimination by strengthening penalties for equal pay violations and by prohibiting retaliation against workers who inquire about employers' pay practices or disclose their own wages.
- Commit to advocating for laws, policies and employment practices that ensure equal pay for work of comparable worth.
- Work to ensure fair pay for women within our own Jewish communal institutions.
- Call on JCPA members to develop or participate in local equivalents of the national Jewish Communal Professional Compensation Survey and to examine their own policies to ensure that they provide fair pay. ☆

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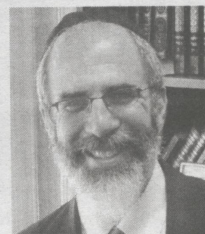
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Henry (Hillel) Abramson currently serves as the Dean of Academic Affairs and Student Services at Touro College South, Miami Beach. He is the author of five books and numerous scholarly articles on Jewish History and thought and is the recipient of the National Education Association's "Excellence in the Academy" Award.



Israel 21c: Reading stimulates white matter in kids

An Israeli researcher has discovered that children's brains undergo sometimes surprising changes as they learn to read.

By Abigail Klein Leichman

Published in the *Proceedings of the National Academy of Science*, the study focuses on "white matter" — a network of pale, myelin-sheathed connections that allows information transfer between distant parts of the brain.

Ben-Shachar and a team from Stanford University — where Ben-Shachar, a professor at Bar Ilan University, conducted her post-doctoral research — used an MRI-based non-invasive technique called diffusion tensor imaging (DTI) to track the development of reading skills and white matter connections in 55 children ages seven to 12 over a three-year period, and how they change over time.

"The nice thing about DTI is that it is really child friendly," said Ben-Shachar, who continues to collaborate with two Stanford labs in researching the development of reading in children born prematurely. "In a 12-minute scan

you can collect high-quality data from the whole brain, while the child is lying still watching a movie."

Counterintuitive findings

The National Institutes of Health-funded study was conducted between 2004 and 2007, and collected so much data that it took years to organize and analyze it.

The results were somewhat surprising. Children who became good readers initially had lower levels of white matter in the areas of the brain associated with reading, but these levels grew rapidly during the three-year test period.

However, children who became below-average readers started out with more white matter in the areas associated with reading, and these levels declined over time — suggesting that these children were not creating and strengthening the neural pathways key to reading ability.



Bar-Ilan's Michal Ben-Shachar

"When we looked at the first year of collected data, in an article published last year in the *Journal of Cognitive Neuroscience*, it really struck us as so surprising to see a reverse correlation between white matter and reading ability," Ben-Shachar tells ISRAEL21c.



Complex changes in brain connections as children learn how to read have been newly revealed in a study initiated by Israeli brain science researcher, Michal Ben-Shachar.

"This [new] paper helps us make sense of it, because we see the weaker readers start with stronger connections that decline over time."

She speculates that this may be because during the first three years of life, children grow many brain connections and then start "pruning" ones they don't use in order to strengthen the more relevant connections. "Perhaps there is not enough pruning in the brains of kids who become poor readers," she suggests.

Sets the tone for future studies

Most developmental imaging studies compare brain measurements in groups of children and adults, while this one was unique in that it followed the same group of children over a long period of time.

"By doing so, we discovered that the changes in brain connections are more informative about reading skill than the measurement at a specific point in time," says Ben-Shachar.

"This is really important if we are ever going to use MRI as a diagnostic tool in education, in addition to standard behavioral tools. It means we will have to assess the child more than once in order to look at dynamic developmental changes, because change is more important than absolute measures at a particular time point."

At her Bar-Ilan lab, Ben-Shachar is working with Ethiopian immigrants for whom Hebrew is their first written language, in the hope of identifying how the adult brain changes as literacy is acquired.

Along with Ofer Amir and Ruth Ezrati from Tel Aviv University, Ben-Shachar recently won a prestigious grant from the Israel Science Foundation to study white matter pathways in the brains of adults who stutter.

Meanwhile, she goes to California each summer to participate in the ongoing child imaging studies at Stanford. ☆

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The Jewish Federation

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Please pardon any inadvertent errors or omissions.

The 2013 Jewish Federation Budget Approved

By Judy B. Wortman

The 2013 budget of the Jewish Federation was passed by the Board in late January. The total budget for 2013 is \$375,500. Federation's budget is calculated on a calendar year. We wait until the end of January to finalize it so that we know the total of the cash collected from the 2012 campaign. The budget is, therefore, based on actual cash in hand and not pledges or promises. The 2012 campaign brought in about \$300,000 in pledges, \$14,000 of which has not yet been paid. The campaign income is a bit less than the prior year, but more income from unpaid pledges of 2011 and earlier was realized than we anticipated, thanks to the cash collection efforts by our volunteers. Our realized and unrealized gains from our endowment funds held at the Blue Grass Community Foundation were also quite a bit higher than anticipated, bringing our total income above budget. Other income includes tribute donations and memorials, program income, Shalom advertising income, event sponsorships, PJ Library

donations, and Camp Shalom tuition. Our expenses were below budget; part of this was due to the fact that there were savings in staff salaries because there was a gap of about 6 weeks between the time a staff member left for maternity leave and when she was replaced. Program costs were somewhat less than budgeted because the staff was very judicious in spending community funds. The total amount of unspent funds was about \$30,000, which was added to the income of the 2013 budget.

The 2013 budget is much the same as 2012 although there are several changes. The staff costs will be the same; there will be no increases in salaries or benefits. We are maintaining the programs that JFB sponsors and adding one new program area; we will be offering new activities for teens on a quarterly basis. Because of the additional income, we have been able to allocate funds to the Jewish Community Center Association (JCCA), and become a member organization. This membership allows us to utilize

unlimited program resources and consultation that is available to communities that have JCCs. This also provides camp director training for Tamara Ohayon, who has added that role to her many responsibilities.

Another added expense is a grant to the Lexington Children's Theatre for a play they will be doing in the 2013-14 season relating to contemporary lessons of the Holocaust. This is the third time we will sponsor a Children's Theatre play related to the Shoah. This play will be taken to schools throughout the state.

About \$10,000 of the unspent funds will be available for emergencies and \$5000 was moved to our endowment funds at the Blue Grass Community Foundation.

Our community allocates \$40,000 to the Jewish Agency for Israel and the American Jewish Joint Distribution Fund for social service programs in Israel and in endangered Jewish communities throughout the world. Part

of this goes to the horseback riding therapy program at the Ben Yakir Youth Aliyah Village. We do not fund the government of Israel and we do not fund programs in the West Bank.

The Federation campaign has not been able to reach the level it had maintained before the recession of 2008. Sadly, a number of our generous donors have passed away or become ill. While we have many new young donors, they do not have the ability to give at the level of those we have lost. If we had additional resources, we would be able to give more to those in need around the world, re-establish the Jewish Family Services director's position to full time from half time, provide additional scholarships for Camp Shalom and Jewish resident camps, and develop more programs for people of all ages. With your help, we can do so much more. Please help us to significantly increase the 2013 campaign and make a difference in the lives of our brother and sisters here in Central Kentucky and around the world. ✧

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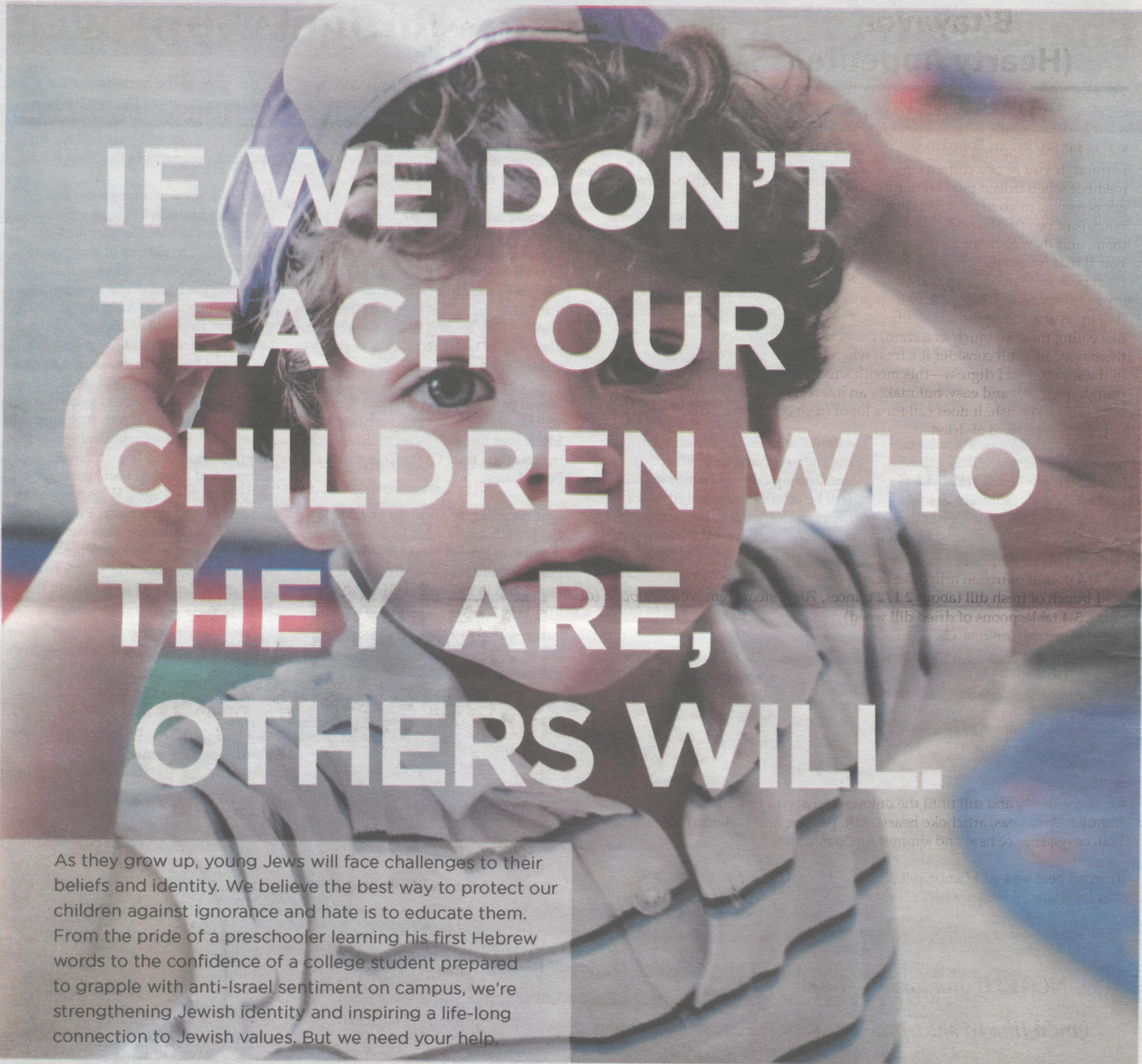
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B'tayavon (Hearty Appetite)

By Ruth Poley

When I think of spring foods, English peas always come to mind. If you're of a certain age, as I surely am, you remember when frozen peas were rare and they way you got peas was to go to the greengrocer and buy several pounds of peas in the pod, take them home and shell them, and then cook them. It wasn't until after World War II that frozen peas were readily available and that fresh peas gradually disappeared from the markets. I can remember sitting with my mother and shelling peas in the springtime—the feel of the plump pod splitting open and the sound of the liberated peas bouncing into the bowl. I didn't like eating them so much as a child; the ones from the can were sweeter. I love them now and still consider it a treat when I can get some at the Farmer's Market in the spring. But I digress—this month's recipe uses frozen peas, available year round. It's quick and easy, but makes an interesting side dish with almost any kind of meat or fish. It does call for a lot of fresh dill; you can use less or just use a tablespoon or two of dried.



Dilled Peas With Artichoke Hearts

(serves 5-6 as a side dish)

Ingredients

- 1 3/4 pounds of frozen peas
- 3/4 pound of frozen artichoke hearts
- 1 bunch of fresh dill (about 2 1/2 ounces, 70g), stems removed, chopped (or 3-4 tablespoons of dried dill weed)
- 3 large green onions, chopped
- 2 medium ripe tomatoes, grated or finely chopped (with juice)
- 1 1/2 teaspoons of salt
- 1/2 teaspoon of pepper
- 3/4 cup of olive oil
- 1 cup of water
- juice of 1-2 lemons

Preparation

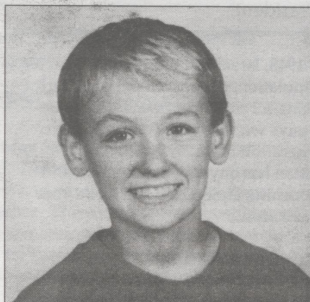
Sauté the onion and dill until the onion softens, add tomatoes and cook for 8-10 minutes. Add peas, artichoke hearts, salt, pepper, and water. Stir well. Bring to a boil, cover, reduce heat and simmer for 30 minutes.

Turn off heat and add lemon juice. Shake the pan to distribute (do not stir), cover, and let sit for 10 minutes before serving.

Yield: serves 5-6 as a side dish

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com

*** B'nai Mitzvah ***



Cole Ferguson

Cole Bernard Ferguson will have his Bar Mitzvah on April 20th, 2013 at Ohavay Zion Synagogue. Cole is the

son of Molly Schwab (Ferguson) and Robert Ferguson, and the big brother of Emily Ferguson. He is also the grandson of the late Rabbi Bernard Schwab and Edith Schwab, the late Robert Ferguson Sr. and Frances Ferguson.

Cole attends West Jessamine Middle School where he is active with the chorus. He enjoys music, skateboarding, riding bikes and fishing. He especially enjoys four-wheeling on his Uncle Larry's farm in Mercer County.

Cole also has a caring love and compassion for animals. He has chosen to collect and donate items for the Humane Society for his Mitzvah Project.

Parents... Please send a photo and information about your bar/bat mitzvah to Shalom for publication.

Questions and submissions may be sent to shalom@jewishlexington.org.

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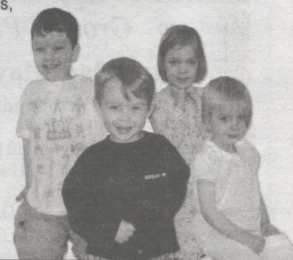
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Yom Hazikaron

Veteran's Day in the U.S. is associated with great mattress sales, no postal service and closed government offices. While many Americans mourn family members lost in the service of our country, most Americans feel removed from the eulogies and tributes paid to fallen heroes. The soldiers are unknown, and have become mere statistics in American history.

In Israel, almost everyone commemorates Yom Hazikaron, which honors those who died in defense of the State of Israel, because everyone has relatives, acquaintances, or friends who have fallen in one of Israel's wars. Visitors crowd cemeteries. All places of entertainment – theaters, concert halls, cinemas, and nightclubs are closed. TV and radio stations broadcast somber programs that portray the lives and heroic feats of the mourned soldiers. Twice during the day, in the morning and in the evening, a siren sounds which announces two-minute standstill as the entire nation observes a cessation of all activity, including traffic. When the memorial siren blasts, the entire nation stands as one. During Israel's War of Independence

in 1948, Israel lost more than 1% of its population, the equivalent of America losing 3.1 million citizens. Each successive war has witnessed another generation of fallen Israeli soldiers. No nation has any day of reflection and mourning equivalent to Israel's Yom Hazikaron.

In the past 150 years, America's wars have been fought on foreign soil, removed from civilian life. In contrast, Israeli wars have been fought on home territory and every soldier and every civilian recognizes that Israel owes its independence and very existence of the Jewish state to the men and women who courageously and willingly sacrificed their lives.

Yom Hazikaron takes place on the 4th of Iyar (April 14, 2013) the day before Yom Haatzmaut (Independence Day). Yom Hazikaron is a fitting day to remember the ambush and slaughter my Arab forces of 79 Hadassah nurses and doctors who were in a medical convoy bringing medical supplies to Hadassah's Mt. Scopus hospital. Our medical personnel were peaceful civilians, yet they too were heroes who died in defense of a Jewish state and Hadassah's principle, "the healing of the daughter of my people." ☆

SAVE THE DATE

"Recent Developments in Israel-An on the Ground Perspective"

Thursday, May 2, 2013 at 6 pm
in the Pavilion A auditorium of UK Hospital

Light refreshments will be served.
Validated parking will be provided.

For further information, contact Melanie Shapiro, 523-6166, bluegrassgirl55@aol.com or Lori Bernard, 967-3833, lori.bernard211@gmail.com, Co-Vice Presidents of Programming.



The Lexington Chapter of Hadassah invites you to hear Barbara Goldstein, Deputy Executive Director of Hadassah in Israel, speak on

iTNBluegrass™
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Have a driving desire to help people? Become a volunteer driver!

Volunteer drivers help people 60+ and adults with visual impairment in Fayette County stay connected to families, friends, and activities! Bring meaning to their lives – and to yours!

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For more information about this program visit www.itnbluegrass.org or call 859-252-8665.

SALES TEAM NEEDED FOR SHALOM NEWSPAPER!

The Jewish Federation is in need of new sales associates to bring in advertising for *Shalom*. Set your own hours—earn your commissions.

Contact Tamara Ohayon at the JFB office if you are interested in joining our team. (859) 268-0672 or tamara@jewishlexington.org



The Jewish Federation OF THE BLUEGRASS

Come Party with us at Soundbar

YOUNG BLUEGRASS JEWS

Wednesday, April 17 at 9:00 pm to Midnight
(Karaoke starts at 10 pm downstairs).

Celebrate Israel's 65th Birthday!

Free Admission, 1 Free Drink, Nosh. RSVP on Facebook or contact Tamara directly.

YBJ GOES TO THE BALLPARK! @MAY



The Jewish Federation OF THE BLUEGRASS

YBJ is a gathering of local Jewish adults, ages 21 to "40-ish", who get together monthly for social events. Join our mailing list. Contact Tamara Ohayon at tamara@jewishlexington.org, (859) 268-0672, or find our group on Facebook.

Ohavay Zion Synagogue

2048 Edgewater Court • President, Jonathan Glixon • (859) 266-8050

HAPPY PASSOVER

A concluding Passover Service will be held at Ohavay Zion Synagogue on April 1st at 9:30am. As part of the service, we will be honoring our loved ones who have passed away with a Yizkor. All are welcome to attend.

KIDS' SHABBAT AND PJ LIBRARY

Please join us for this month's Kids' Shabbat service on Friday, April 26th at 5:30pm.

Kids' Shabbat is our monthly Shabbat Service for younger children. We light candles, drink grape juice, eat pizza, sit together on beautiful carpets, sing songs, and read amazing stories from the PJ Library. Newcomers and friends are always welcome.

This year's Kids' Shabbat services will be held Fridays at 5:30pm at Ohavay Zion Synagogue on the following dates.

April 26
May 17

For more information or to RSVP,
email Rabbi.Smolkin@gmail.com.

YOUTH SHABBAT AND STEWART HOME

Please join us for this month's Youth Shabbat service on Friday, April 12th at 5:30pm.

Youth Shabbat offers our students the opportunity to help lead services, and it allows our community to celebrate Shabbat with our friends from Stewart Home School (www.stewarthome.com).

We begin by welcoming our friends from Stewart Home with a dinner. Then we join together in song as we celebrate Kabbalat Shabbat, with our students helping to lead the service. This is a wonderful service filled with

music and joy. All are welcome.

This year's Youth Shabbat and Stewart Home services will be held Fridays at 5:30pm at Ohavay Zion Synagogue on the following dates.

April 12
May 10

For more information or to RSVP,
email Rabbi.Smolkin@gmail.com.

YOUNG OZS-ERS' SHABBAT

Please join us for this month's Young OZS-ers' Shabbat Service on Friday, April 5th at 6:00pm.

Join in as Jews in their 20's and 30's celebrate Shabbat with Fabulous Friday Nights Filled with Food, Fun and Festivities. This is a great way to meet other young Jews and celebrate Shabbat. Newcomers and friends are always welcome.

This year's Young OZS-ers Shabbat Services will be held Fridays at 6:00pm at Ohavay Zion Synagogue on the following dates.

April 5
May 3

For more information or to RSVP,
email Rabbi.Smolkin@gmail.com.

OHAVAY ZION SYNAGOGUE SHABBAT MORNING SERVICES

Please join us any Saturday morning of the year, as Ohavay Zion Synagogue celebrates Shabbat. We begin at 9:30am, though please feel free to join at any time during the service. Our worship is filled with joyous song and fascinating Torah discussions. The service concludes around noon, and all are invited to schmooze over lunch after the service. This is a wonderful way to celebrate Shabbat and to meet some nice Jewish folks here in Lex-

ington. Newcomers and friends are always welcome.

TUESDAY MINYAN

Tuesday Minyan is a special time at OZS. During this brief service, students and adults both pray and learn together. There is a warm atmosphere and something for everyone. Please join us Tuesday afternoons from 5:45pm to 6:15pm. All are welcome.

INTRODUCTION TO JUDAISM CLASS

On April 7th at 3:00pm, we will begin a 7-session class exploring fundamentals of Judaism. This class is open for anyone seeking a greater connection to Judaism, and it is essential for all considering conversion to Judaism through OZS. The class will meet April 7, May 5, June 2, June 23, July 14, August 4, and August 25 from 3:00pm to 6:00pm. Please email Rabbi Smolkin (Rabbi.Smolkin@gmail.com) for more information or if you know someone who might be interested.

STUDYING THE PROPHETS

Please join us Wednesdays at noon as we explore the book of Isaiah through

the teachings of our Jewish tradition. We will learn about Isaiah's focus on righteousness and justice, and we will hear Isaiah's deep concern for the orphan, the widow, and the underprivileged of society. We have a wonderfully diverse group of learners and terrific conversations. All are welcome.

FRIDAY MORNING TALMUD STUDY

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with a brief Shacharit service at 7:30am, followed by a light breakfast, and then fascinating study of the Talmud. Newcomers are always welcome.

INTERESTED IN OHAVAY ZION SYNAGOGUE?

Ohavay Zion Synagogue is a warm and welcoming Jewish community. If you are interested, or if you know someone who may be interested in learning more about Ohavay Zion Synagogue, please call our membership chair Ricki Rosenberg at 221-2121 or email Rabbi Smolkin at Rabbi.Smolkin@gmail.com. We would love to hear from you.

Lunch and Learn with our
Lexington community rabbis

April 30 with Rabbi David Wortman

At 12 noon on the last Tuesday of each month, in the JFB office, rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest. A dairy lunch is offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.



The Jewish Federation
OF THE BLUEGRASS

The Lexington Havurah

Stan Saxe, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at sabastanley@insightbb.com.

By Judy Goldsmith

What does Jewish smell like? My partner, Andy, will ask, as he clinks glasses at a dinner party, why we do so. "We can smell the wine. We can taste the wine. We can see the wine. We can feel the glass in our fingers, the wine on our tongue." He reaches out his wine glass and clinks it against another. "This way, we can hear the wine."

I know what Jewish looks like, whether it's the shape of a profile, or the sheen of a silver yad, the heavy hang of an old-fashioned tallis or the pointilist painting of kippot from decades of b'nai mitzvah, adorning heads at shul. I know the shape of a Torah, the positioning of a mezuzah on a door frame, the shape of hamentaschen and latkes.

I know what Jewish feels like, in my body and against me. The weight of the Torah in my arms, the motion of

tzitzit as I sway, the texture of charoset and matzah in my mouth. The feeling inside my body as I dance a hora, as I sit and stand at the end of Yom Kippur, the particular chairs and pews in the places that I go to pray. Someday, I will go to a mikvah and know the feel of careful scrubbing and checking, the slide of rainwater on my skin and hair.

The sound of Jewish is a symphony of song and languages, Hebrew, Yiddish, Ladino, English, and Russian. All the languages in which I've prayed or heard other Jews pray. It's the melodies and rhythms of prayers, of discourse, even of argument. Of analysis. It's the sound of small, unconscious sighs at the end of meals, and slightly larger ones at the beginnings of meals for which we had to wait through fasting or prayers and story-telling. It's my mother's voice on the phone and my friends (Jewish or not!) saying, "Oy. So tell me." It's the rhythm of a

joke well told, and the clatter of cloves in a shabbas spice box. Patience and impatience locked together.

I know what Jewish tastes like. Lox and bagels, chicken soup, pomegranate chicken, or vegetarian variants thereof. Latkes and Hamentaschen, noodle kugel and spicy matzah balls. Charoset made from apples and nuts, or from dried fruit, pistachios, and spices. Lamb with mint sauce for Pesach. Gefilte fish and lots of horseradish. Hard boiled eggs dipped in salt water. Manischewitz and "grown up" wine. A great sampling of fruits for Tu B'Shvat. Hunger and empathy for those whose hunger is not by choice, on Yom Kippur.

What does Jewish smell like? The smell of roasting lamb mingling with the sweet and sour taste of Manischewitz wine, or the sting of fresh-ground horseradish lingering in the

air. Old books. The Village Temple, and more recent houses of worship. Rainwater. Old men's bodies and their yellowing tallesim, half-sensed from the women's balcony. Sweet spices, and the tiny caramelization of a lit candle doused in wine. Family.

What is Jewish like? It is being wrapped in family, community, and the arms of G-d. It is scholarship and emotion, music and joy, responsibility, and opportunity. It is observation, celebration, and tikkun olam.

The Havurah observes with prayer, conversation, song, and sometimes argument. We bring food to smell and taste and feel. Come see us! ☆

For information on our Pesach service, please contact Stan Saxe (sabastanley@insightbb.com).

J-SERVE
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Make friends.
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The Jewish Federation
OF THE BLUEGRASS
THE STRENGTH OF A PEOPLE
THE POWER OF COMMUNITY

For more information contact
Tamara Ohayon at 268-0672 or
tamara@jewishlexington.org

Sim Shalom News

By Jesse Weil, from Budapest, Hungary

On the political front, there is potentially very good news. The Constitutional High Court of Hungary last week declared that the Church Law passed a year ago that took away our status as a Registered Church was unconstitutional. According to the Court, the previous law under which we had been registered for many years was still in effect and we can reclaim our registered status by an application to the appropriate Ministry. This we have already done. It is interesting that this decision came out only a day before the Hungarian Government was required to reply to the European Court on Human Rights in Strasbourg as to why their new law was not unconstitutional and in contravention to the European Convention on Human Rights.

This recent and unexpected development may open the path for us to qualify again to have our supporters and friends in Hungary donate to us 1% of the income tax they pay. We have applied for that privilege to be restored to us as soon as possible, since the deadline for filing tax returns for 2012 is May 20, 2013. If the bureaucrats act quickly enough we would then immediately get the word out to our supporters so that they can designate Sim Shalom to receive their 1% donation available to a church.

However, all is not peaches and cream. It is too soon to rejoice, because the government has announced that they continue to want to keep the small churches like us from regaining their registry, and will do everything in their power to prevent that happening. They will pass new laws or even amend the constitution to name only the large churches as valid religious institutions,



and they will amend the constitution to take away from the Constitutional High Court the right to make decisions about constitutionality. It is truly a crazy time here with such irrational leaders who will do anything to enable their prejudices to rule. So it is not at all certain that we won't continue to have a long and costly fight in the European and Hungarian courts to get back our registration in any permanent form. Our lawyers are monitoring the situation day-by-day and keeping us informed. We're not celebrating anything yet!

On a more joyous note, we had a truly glorious Purim celebration. The Sunday school (we call it Talmud Torah) classes put on an original Purim Spiel written by one of their fathers who is a well-known journalist for the Hungarian equivalent of the New York Times. Since there are mostly girls in the classes, there were some casting problems for the male roles, but they coped. The photo above shows a (real!) Catholic Nun, Armin Langer, who goes off to rabbinical seminary next fall, as an "Ethiopian cleric", and the possible next "Pope," Kelemen XV (aka Clement XV). ☆

Any U.S. reader who is inclined to make a donation to Sim Shalom Congregation can do so by going to the web site of our support organization, Friends of Sim Shalom; <http://www.friendsofsimshalom.org/>. Your support will be much appreciated at this difficult time.

Yom HaShoah; A Time (from page 1)

The community will participate in a memorial service and discussion. The memorial service will include the traditional lighting of six memorial candles by survivors and heroes of the Shoah, as well as by local high school students, symbolically representing passing on the responsibility the torch of remembrance to the next generation. Music will be performed by a joint choir consisting of members from OZS and TAI and led by Lorne Dechtenberg and Marilyn Robie. The winners of the Szekeley Essay contest will be recognized and the two first place winners will read their winning entries.

After the service, the movie *Why We Remember the Holocaust*, produced by the United States Holocaust Memorial Museum, will be screened and followed by discussions led by local community members. The theme of the study will be Never Again: Heed-

ing the Warning Signs. We will examine our responsibilities as guardians against this happening again and how we can make a difference.

Religious school students from both Ohavay Zion Synagogue (OZS) and Temple Adath Israel (TAI) in grades K-7 will study together using age appropriate curriculum developed by Torah Aura and adapted for use by both religious school principals, Ilona Szekeley and Jane Grise. Lessons range from teaching about respect, empathy, and upstanders to the youngest students to lessons about the Shoah, being a witness, Jan Karski, and genocide for older students. ☆

For additional information call the Jewish Federation of the Bluegrass office at 859-268-0672 or email Lori Bernard at lori@jewishlexington.org.

Make a donation to the Jewish Federation in honor or memory of someone, or in celebration of a special occasion, and help JFB nurture the values of *tikkun olam* (repairing the world), *tzedakah* (charity and social justice) and *Torah* (Jewish learning) within our Jewish community at home and abroad.

Send us your special contributions with a note specifying its intent. Also, let us know if you would like your contribution published in this box in *Shalom*.

Celebrate your loved ones and support our Jewish community by giving a special contribution.

Thank you for your support.

Thank you to:

Marilyn & Art Lieber for their gift in honor of Talia and Rabbi Moshe Smolkin's daughter, Ashira.

Linda & Leon Ravvin in memory of Lloyd Mayer, Sydelle Meyers, and Irving Rosenstein.

Judy & Rabbi David Wortman in memory of Irving Rosenstein.



The Jewish Federation
OF THE BLUEGRASS



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Temple Adath Israel

124 N. Ashland Avenue | President, Judy Engelberg • (859) 269-2979

WHO WE ARE!

Temple Adath Israel is a Reform Jewish congregation - We celebrate, Torah, Justice, Tradition, and Faith! Our mission is to inspire Jews to ensure a vibrant Jewish present and future by nurturing a multi-generational love for our tradition. Our "Community Center" approach to Judaism gives families a host of unique ways in which to love living relevant, soulful and experiential Jewish lives.

Our Shabbat services for April 5, 12, 19, & 26 and in May 3, 10, 17, 24, & 31 are at 7 PM

FAMILY SHABBAT

Our lively Family Shabbat takes place on the second Friday of each month at 7 PM. Our Children's Choir (Kol Atid) sings and our young Religious School classes participate in leading services. We sing songs and enjoy great stories geared to our youngest children, but with valuable messages for all. This year we will have a Potluck dinner at 6 PM immediately preceding services. Join us!

April 12
May 10

TOT SHABBAT

Our **Tot Shabbat** Friday night service is held on the last Friday of each month. Our youngest children and parents welcome Shabbat together singing songs, creating Jewish craft projects, and eating pizza. Rabbi shares a PJ Library book each month. Dressing for the theme of the featured holiday is always a plus! It is a wonderful way for families with young children to celebrate Shabbat. We begin at 5:45 PM. The upcoming dates are:

April 26 - Shavuot - Let's visit Sinai and make our own 10 Commandment Magnets!
May 31 - Followed by a Bat Mitzvah for Julia Creamer at 6:30 PM (note the earlier time for Shabbat).

TEMPLE TOTS

The **Temple Tots** program is designed to give 2 1/2 and 3-year-old chil-

dren and their parents a positive and nurturing beginning to their Jewish educational experience. We meet about once a month from 10 AM to 11:15 AM and explore Judaism through using each of our five senses. We celebrate holidays together, learn Jewish songs, make crafts, and play Jewish games. Our goal is to show our young families that innovation of our programming and the warmth and joy we provide students and families, as we grow our future leaders. For more details, call our educator Jane Grise.

April 14
May 5

PJ LIBRARY READING TIME

TAI has dedicated space in our Youth Library and our Anita Mersack Outdoor Reading Garden for families to share in our growing collection of PJ Library Books, before, during and after religious school. The collection is in our Youth Library and our Librarian Leona Stern and Rabbi Marc love to share in reading time with many families or even just one. These books provide our young children with wonderful introductions to the magic of Jewish storytelling.

Please call the Temple administrator for more information if you are interested in affiliating with the Temple.

GENERATION TAI DINNER FOR APRIL

Please join us for the monthly Generation TAI Dinner on April 5, 2013 following Shabbat services. The cost is \$12. Please contact Reva Schottenstein at rschott86@hotmail.com or call her at 859-537-1064 to reserve your seat.

MEMBERSHIP & OUTREACH

There was a great turnout for the first ever Kugel Cook-off held on March 2nd. We had an outstanding number of entries (16) and although the sweet noodle category was the most popular, we were pleasantly surprised to have several entries for the less traditional vegetable, non-noodle kugels. The

winners in each category took home a gift card to Trader Joe's, and everyone else took home a satisfied appetite and hopefully some new recipe ideas.

Our next event will be the New Members Brunch on Sunday, April 28, at 10:00 a.m. in the library. If you are a member who has joined within the past calendar year, we urge you to save the date for this event. Watch your mail for your formal invitation.

SISTERHOOD NEWS

Rebecca Young, President

Every grandmother, a mother.
Every mother, a daughter.
And every daughter, a reminder that all our aspirations,
our vows, our victories are not for us.
They are for her.

Women of Reform Judaism Centennial Celebration

UPCOMING EVENTS

April 17 6:30pm at The Children's Advocacy Center North Ashland Ave., just a few doors down from Temple. We will tour the new facility and learn more about the services they provide. Members, please bring a cash donation that we will use to purchase gas cards for families of the center. Most families live outside of Lexington.

April Centennial Collection for April
Please help us collect individual packs of goldfish crackers and juice boxes for the children who use The Children's Advocacy Center's services. A collection box will be in the temple hallway. Thank you!

May 19 at 10:30am temple library
Members brunch.

THANK YOU

Thanks to Mimi Kaufman and Elissa Weinstein for organizing the Valentine's dinner for the residents and staff of the Florence Crittenton Home. Thanks also to Starr Gantz and Debbie Masters for their help throughout the evening. The girls had a wonderful time being pampered.

SISTERHOOD SHABBAT

Thanks to the congregation for attending the service. Our Board Members led a beautiful service. It was made even more special with the participation of future Sisterhood leaders; Maya Creamer, Lily Kaufman, and Rachel Kline. Our WRJ Area Director, Liz McOsker, is looking forward to coming back to Lexington to lead workshops in leadership development and programming.

We are Stronger Together!

Please contact Christy Roth at crickie21@gmail.com or 219-3238 for membership information.

CHAVURAT CHOCHMA PROGRAM

(A Friendly Gathering of Wisdom)
We will meet again on April 26, 2013 at 11:30 AM in the social hall for a delicious lunch and to hear an interesting speaker. Cost is \$6. per person. While this program is designed for those sixty years old and over, all are welcome. Please RSVP to Sandee at 269-2979 by March 19th.

KOLLEL STUDY GROUP

Kollel meets at 9 AM every two weeks in the TAI Library. The group explores cultural, ethical, and historical aspects of our 4000-year tradition. Its emphasis is on dialogue and exploration. Please join us any time. April 6 & 20.

TORAH STUDY

Rabbi Kline conducts the study of the Tanakh (Bible) using the Jewish Study Bible on alternate Saturdays at 9 a.m. in the Library. The discussion is always lively and informative and you can join the group anytime. April 13 & 27.

PARSHA

Join us each Saturday morning at 11 AM to take a look at the Torah portion for each week. Rabbi will lead some discussions and everyone will take turns on April 6, 13, 20, & 27. We will have Parsha with worship on April

see TAI continued, page 21

TAI - continued

124 N. Ashland Avenue | President, Judy Engelberg • (859) 269-2979

20. See you in the library!

MUSSAR CLASSES

In the beautiful tradition of Jewish women gathering in community Shabbat for Women: Spirituality, Mussar, & Relaxation Invites you to join us Saturdays, April 20 at Temple Adath Israel 10:00 AM-12:30 PM and on Friday, May 11 at Ohavay Zion Synagogue 6:00 PM-8:30 PM.

This women's circle, a Jewish Spiritual gathering place created by women just for women, is a sacred space for personal exploration in the context of community and sisterhood. It is open to Jewish women of all ages from Lexington and the surrounding region.

*A one-time fee of \$36 will cover the cost of all take-home materials for the year.

*Dress comfortably for discussion, gentle yoga, and relaxation.

*Bring: a journal, a yoga mat, a pot-luck dish to share and your spirit for heart-full exploration!

*Pre-register for each gathering: Lisa Miller: LisaMMM628@aol.com; 859-227-4101

A SPECIAL THANK YOU FROM THE ROSE RITA VALENTINE DANCE

We wish to thank all the donors who contributed to the Rosie's Valentine Dance on February 16, 2013. Those who were sponsors are:

Spring Bouquet
The Wurmser Family

Rose Bud Vase

Liquor Barn—The Rosenstein Family

Corsage

Ben & Ruth Baker
John & Cynthia Harrison
Brent Haskell & Valerie Nicholson
Leon & Linda Ravvin
Audrey Rooney
Pete and Bonnie Sobel
Turf Catering—Michael Wolken

Single Stem Rose

Dianne Bazell & Larry Kant
Dupree Catering
Mary Engel
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Neil Ruth Poley
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Bobbi Stern
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A THANK YOU FROM JERRY WURMSER

My heartfelt thanks to all who attended and contributed to the Valentines Day Dance honoring my beloved late wife Rose Rita Wurmser.

Here is my contribution to help keep Shalom solvent

☐ \$18 Chai

☐ \$36 Double Chai

☐ \$54 Three Times Chai

☐ \$72 Haboneh (Builder)

☐ \$90+ Gibor (Hero)

Name _____

You ☐ may ☐ may not publish my name

Mail to:

JFB, 1050 Chinoe Rd., Suite 112, Lexington, KY 40502

Make checks payable to JFB and write "Shalom" on the memo line.

Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvah, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos too!

Mazal tov to:

Rabbi David and Judy Wortman on the marriage of their son Noah Wortman to Taryn Kay on March 10.

Betty and Lowell Nigoff on the marriage of their son Brian to Iris Gutierrez on March 17.

Jerry Wurmser on his 90th birthday.

Best wishes to Barbara and Marty Barr on their move to Bethesda, MD.

Condolences to:

The family of Irving Rosenstein, husband of Irma Rosenstein, father

of Rob & Kim Rosenstein, Ann Rosenstein Giles and Bill Giles, and grandfather of Ross, Kyle, and Jamie Rosenstein.

The family of Sydelle Meyer

Ellen Guyer on the death of her mother, Viola Collins (Eta Lambda Chi).

Regina Mizell on the death of her cousin, DeWayne Sparkman.

Ron Hustedde, on the death of his mother, Regina Hustedde.

Elizabeth Watkins, on the death of her grandfather William Vandervort.

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Please support our advertisers.

Our 2013 Shalom Contributors

Thank you for your generous donations to keep Shalom solvent.

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Flora-Lu Guter**
Katherine and John Kane

HABONEH

C.B. Stidham

*In honor of Barbara & Marty Barr

**In honor of Evelyn Geller

Viva Margarita

with Special Guest Elvis & Friends



Our ad sizes have changed
please review the new
dimensions!

Advertise Your Business

The **Shalom Newspaper** is published ten times per year. It is mailed to over 1,200 local businesses and households. **Shalom** is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 9.95" \$220 BW \$300 Color	1/2 Page Vertical 5" x 9.95" \$132 BW \$215 Color	1/2 Page Horizontal 10.167" x 4.9" \$132 BW \$215 Color
1/4 Page 5" x 4.9" \$88 BW \$132 Color	1/8 Page 5" x 2.38" \$60 BW \$105 Color	Business Card 3.277" x 2.15" \$40 BW \$82 Color

Center Spread 21"x11.42" \$440 BW • \$600 Color

*All other ads are billed at \$12 per column inch.

*Ad production is available at \$15 per hour.

Rates for contracted terms (per issue)**

Size	5x	10x	w/Color
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1/2 Vert.	125	121	+75
1/2 Horiz.	125	121	+75
1/4	82	77	+40
1/8	55	50	+40
Bus. Card	38	28	+40
Dbl. Truck	420	396	+160

**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please
contact Tamara Ohayon at the JFB office.
(859) 268 0672 or tamara@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

HOLOCAUST REMEMBRANCE DAY

Y COMMEMORATION

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Sunday, April 14, 2013 at 10:30 a.m.

at Temple Adath Israel

124 N. Ashland Avenue, Lexington

Open to the public.

Program will include:

- Roundtable discussions for adults and teens on contemporary lessons of the Holocaust following a short film on the Shoah • Memorial service and candle lighting • Music performed by the Ohavay Zion Synagogue and Temple Adath Israel choirs, under the direction of Lorne Dechtenberg • Reading of the Emilie Szekely Essay Contest winning submissions • All OZS and TAI religious school classes will be held at TAI that morning

ISRAEL inside

How A Small Nation Makes A Big Difference

FREE screening

Monday, April 15, 2013

7:00 pm

Lexington Public Library

theater, downtown

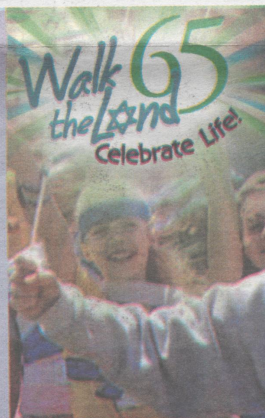
Open to the Public

This 55-minute documentary explores the positive characteristics of Israeli society from a humanistic, psychological, and emotional perspective. This insightful and uplifting documentary sidesteps the usual conversation of politics, conflict and violence, and tells the story of the Israeli people whose resilience has propelled Israel to the forefront of world innovation and progress.

"It does no persuading, arguing or advocacy whatsoever...it's an emotional inspiring look at what accounts for Israel's success."

-The Jerusalem Post

"This is just a remarkable, remarkable film. And it does so much to project not only positively but visibly in ways that make you cry, make you reach out, make you feel it's absolutely amazing." - Professor Alan Dershowitz, Felix Frankfurter Professor of Law, Harvard Law School



JOIN THE WALK! CELEBRATE ISRAEL!

A Global Project of the Afikim Foundation

Sunday, April 21, 2013

Jacobson Park, Shelter #4

(Rain or Shine)

Fun for all ages!

Israeli Food • Israeli Dancing

• Israel Booths • Kids' Kibbutz Korner

• Bounce House • And much more!

Register at

www.walktheland65.org/lexington

These community programs are sponsored in part by



The Jewish Federation
OF THE BLUEGRASS

in conjunction with



B'nai B'rith

Lexington Chapter of Hadassah

Lexington Havurah

Hillel/JSO

Ohavay Zion Synagogue

Temple Adath Israel



Community Calendar

• **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**
 • 1050 Chinoe Road, Suite 112 • 268-0672 • Robert Grossman, President

• **OZS - Ohavay Zion Synagogue - www.ozs.org**

• 2048 Edgewater Court • 266-8050 • Jonathan Glixon, President
 • Minyan Tuesdays and Thursdays, 5:45 p.m. Tuesdays are D'vine Minyan: wine at 5:00 p.m. service follows. Friday evening rotating Kabbalat
 • Shabbat 5:45 p.m., Kids' Shabbat 5:15 p.m., Shabbat dinners 6:00 p.m., Young OZS-ers' Shabbat dinners 6:00 p.m. Check OZS Google calendar for
 • monthly schedules. Shabbat Services Saturdays 9:30 a.m.

• **TAI - Temple Adath Israel - www.lextai.org**

• 124 N. Ashland Avenue • 269-2979 • Judy Engelberg, President
 • Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

• **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**

• Jane Chaput, President • chaput1@windstream.net

• **HAV - The Lexington Havurah - www.lexhavurah.uscjhst.net**

• 338-5725 • Stanley Saxe, President • sabastanley@insightbb.com • Shabbat Services monthly, call for schedule.

• **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**

• 1050 Chinoe Road, Suite 112 • Leon Cooper, President • leon@gedisit.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pesach 6th Day	JFB Office Closed Pesach 7th Day	JFB Office Closed Pesach 8th Day				
31	April 1	2	3	4	5	6
JFB Yiddish Class		Chabad-Rabbi Litvin visits				
		JFS Advisory Committee Meeting (Members only)				
7	8	9	10	11	12	13
Community-wide Yom HaShoah Commemoration	Screening of "Israel Inside"		TAI Sisterhood at Children's Advocacy Cntr.		OZS Bar Mitzvah	OZS Bar Mitzvah
			YBJ Israel Independence Day Celebration			
14	15	16	17	18	19	20
JFB Yiddish Class			JFB Board Mtgs			
JFB Yom Ha'atzmaut Celebration						
21	22	23	24	25	26	27
JServe: Intl Day of Jewish Youth Service		Hadassah events tentative		JFS/JFB and Hadassah Program on Organ Donation		
Hadassah Book Club		JFB Lunch and Learn with our Local Rabbis				
28	29	30	1	2	3	4
JFB Yiddish Class		JFS Advisory Committee Meeting (Members only)				
5	6	7	8	9	10	11