

SHALOM

NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

MARCH 2006

ADAR-NISAN 5766

Local B'nai B'rith chapter revitalized

Good news announced for all past, present, and wannabe members

♦ ♦ ♦

By Ernie Cohen, Leon Cooper, Marty Kaplan, Norman Reiss, and Joel Roitman

On Thursday February 2, five members of our local Stanley Rose Lodge met for lunch and formed an ad-hoc committee to plan the next activity for the lodge. B'nai B'rith in the Bluegrass area has a long and proud history, and the five of us decided it was time to re-energize the group so we can carry on the good works of the past. We are putting out a call for all who are, or were, B'nai B'rith members to contact one of us listed in the byline above to join us in this effort.

We would also like to hear from those of you who are interested in becoming members. B'nai B'rith was started in 1843 as a social service organization for Jewish immigrants to America. It has expanded its scope and is now an international force in furthering Jewish causes around the world. (The Hillel Foundation for Jewish students is one of the major functions of the U.S. efforts.) Join us. (See history of B'nai B'rith, on page 20) ☆

Student finds community, meaning in Israel

Trip made possible by Birthright

♦ ♦ ♦

By Erin Patricia Johnson

Recently I received a gift that made the greatest impact on me of any in my life: a trip to Israel. For ten days I experienced Israel as a part of a Taglit-Birthright group. Until I set foot on the land of my people and felt the taut connection anchoring my spirit to the spirit of the land, a feeling which is truly indescribable, Zionism was only a definition; now it is a part of me. I explored old

Jerusalem, crouched through the tunnels of Ammunition Hill, climbed Masada, swam in the Dead Sea, went out in new Jerusalem, cruised the Kinneret, hiked in Gamla, visited the Golan Heights Winery, slept in a Bedouin camp in the Negev, toured Yad VaShem, met a Kabbalah artist in Tzfat, sat in Independence Hall in Tel Aviv, stayed in a kibbutz, walked the

see **Community**, page 18

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— CAMPAIGN NEWS —

Israeli Journalist to address Central Kentucky Jewish Community

Freda Keet is a former anchorperson for Kol Israel

♦ ♦ ♦

The Central Kentucky Jewish Federation invites the whole community to a presentation by Freda Keet on April 16 at 4:00 in Ohavay Zion Synagogue Social Hall. She will give us her perspective on the current situation in Israel.

In response to the current tense security situation in Israel, Freda has joined a volunteer police unit and participates regularly in night police patrols in the streets of downtown Jerusalem. "Wearing the Israeli police uniform, and the knowledge that I am helping in some small way to keep my city safe, fills me with a deep sense of pride and honor. It's one of the best things I have ever done," she says.

In a long and dramatic career with Kol Israel, the Israel Broadcasting Authority in Jerusalem, Freda Keet has been an anchorperson, interviewer, investigative journalist, and war correspondent reporting from the front lines. Her name and, more particularly, her voice are familiar to listeners throughout the English-speaking world through Kol Israel's overseas broadcasts.

Born in Central Africa, in what is now known as Zimbabwe, Freda grew up in an intensely Jewish and Zionist community with Israel the focal point of a vibrant community life.

She studied theater and drama in England and graduated with honors from London's Royal Academy of Dramatic Art, winning special scholarships to study radio journalism at the famed BBC. She made aliyah to Israel in 1963, fulfilling a lifelong dream, and immediately began working at Kol Israel, determined, as she says, to break into the male-dominated bastion of broadcast journalism.

She quickly won recognition for her in-depth reporting on new immigrant communities and on isolated border settlements, reporting often from kibbutzim under fire in remote areas. She was one of only a handful of journalists given permission to travel to the Suez Canal during the War of Attrition with Egypt in 1970-1971, traveling

see **Campaign**, page 16

Evelyn Dantzic Geller. See page 3 for story.



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SHALOM

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Have a question? Ask a rabbi

The rabbis are now writing their columns in response to questions submitted by the community. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to di-ifr@bardstown.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.



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Articles submitted in hard copy should be double-spaced.

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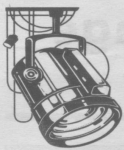
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Shalom Spotlight

By Gail R. Cohen

Evelyn Dantzig Geller: Spellbinder and activist

♦ ♦ ♦

Do you know a "Spellbinder"? You probably do, but perhaps you didn't know that Evelyn Dantzig Geller is one. This is one of the many activities she currently pursues. "Spellbinders" is a group of (mostly) retired adults who serve as storytellers under the auspices of the Lexington Public Library. Spellbinders visit the public schools and weave their tales for children, but there is more to know about this woman who has been an important fixture in the Lexington community scene since she arrived here in August 1968.

Evelyn was born in Manhattan and raised in the Flatbush section of Brooklyn along with her younger brother, Bill. Therefore, like so many other folks in our community, she can claim to be a native New Yorker. But, if you ask her where she is from, she is most likely to answer "Ballmer," as her family relocated to Baltimore, Maryland when she was 8 years old.

She grew up in a very observant home and attended services at a Conservative synagogue. Her parents were both ardent Zionists. They encouraged their daughter to become active in Zionist youth organizations, and Evelyn became quite active in both Habonim and Young Judea. It was in her home and in those youth groups that she developed her great love for Israel.

She attended Forest Park High School, where, she admits, she did not tend to business. As a result, while she wished to become a physician, she was not prepared to go on to medical school. Instead, she attended the Sinai Hospital School of Nursing and obviously found her calling. At that time, academic nursing programs were quite new. Determined to increase her knowledge and credentials she went on to the University of Pennsylvania. Having learned to apply herself to her studies, she earned a Bachelor of Science in Nursing, a rare credential in those days.

After graduation, Evelyn returned to Baltimore to work as an operating room nurse and, for a time, as a private duty nurse. It was during that time that a physician she knew asked her permission to give her phone number to a young man named Jerry Geller.

Now, Evelyn had reached her full height of five feet eight inches by the time she was twelve years old. She always hoped she would meet and marry a tall man. She probably wasn't thinking of a guy who was seven feet two inches tall, but when Jerry called to ask her out, she agreed to see him. It was a whirlwind courtship! They married in a matter of months after they first met. Sadly, they had only five years together before Jerry passed away in 1961.

Determined to become a teacher, she applied for graduate school and received a Federal grant that allowed her to

attend Catholic University in Washington, D.C. During those two and a half years she studied hard, learned much, and educated those around her about what it meant to be a Jew. She graduated with a Master of Science in Nursing.

Not satisfied with that achievement, she entered a doctoral program at Teachers College of Columbia University in New York City. During her three years there, she regularly attended services at the Jewish Theological Seminary with such luminaries as Abraham Joshua Heschel and Louis Finkelstein. Her connection to Judaism was further strengthened during those years.

While she was completing her course work, and with a second master's degree (in Education) in hand, a professor told her about a position that was open at the College of Nursing at the University of Kentucky. She came to Kentucky and

really liked what she saw at the College. Twenty-five years later she retired from UK as an associate professor. Her students can be found working in hospitals all over Lexington. As she goes about town, she frequently meets them as they recognize and greet her.

Professionally, Evelyn became active in the Kentucky Nurses Association. She rose to the office of president, the first Jewish person to serve in that capacity. She continues to be involved in KNA and serves on its by-laws committee.

Like most Easterners, she doubted that there was a Jewish community here in Lexington. She soon learned that was not the case, and she immediately became an active member of Ohavay Zion Synagogue and at one time served as treasurer of the congregation. Evelyn is a regular at Saturday morning services there.

She is also a founding member of the Lexington Havurah. Involvement in the Havurah gave her an opportunity to be a true participant in services. Under the auspices of the Havurah, she became the first adult Bat

see Spotlight, page 15

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Holidays at a glance

14th of Adar: Purim

♦ ♦ ♦

By Mary Rosenbaum

Major

Significance—Commemoration of Queen Esther's foiling of the wicked vizier Haman in his plots against the Jews in Persia (legendary).

References—The Book of Esther.

Religious activities—Synagogue service at which the Book of Esther (*Megillah*) is read. Noisemakers (*graggers*) may be brought along and sounded whenever Haman's name is mentioned.

Traditional Food—Beans and peas, kreplach, turkey, *hamantashen* (Haman's pockets, or in Hebrew, *oznei Haman*, Haman's ears)—tri-cornered pastry folded over poppy, prune, or other sweet filling.

Customs—Dressing in costume, sending children to neighbors with goodies, giving to charity, drinking alcohol "till you can't tell Mordechai from Haman" (the only Jewish holiday on which inebriation is ok).

Requirements—Hear the Megillah read, feast, and be friendly. (Work is permitted.) The observant fast the day before.

From *Celebrating Our Differences: Living Two Faiths in One Marriage*, by Mary Helene Rosenbaum and Stanley Ned Rosenbaum (Ragged Edge Press, 1994); reprinted by permission. ✧



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President's Message

Marty Barr

The other night I got a call from a high school classmate who told me that we were having a 51st reunion in Washington, D. C. next fall. I know most people have 50th reunions, but we just felt like being different. I was thrilled and immediately confirmed that I would attend, offering any help I could provide. He asked me about pictures, and when I looked at them, I was struck by how many of my classmates were Jewish. Out of 25 or so kids in my 6th grade class, about one half were Jewish. The percentage dropped somewhat through junior high, high school, and college, but never below about one third.

when Pesach was. It was truly a different world from the one we live in today.



The other striking thing to me about that time was the constant presence of my extended family. Every Sunday we would gather around the dining room table—an assortment of aunts, uncles, and cousins—to eat and talk.

Some of the discussions were about family problems, although these normally excluded the younger people. Other times it was

Yes, the chorus held a Christmas recital and the school had a tree, but the football coach knew not to schedule games around the High Holidays and the baseball coach understood

As I look at Lexington, where we have made our home for close to 30 years, I am struck by the differences between then and now.

about almost anything. (I was reminded about this when we were in Washington recently and one of my elderly uncles became gravely ill.)

As I look at Lexington, where we have made our home for close to 30 years, I am struck by the differences between then and now. We are a community of around 3,000 people Central Kentucky, or less than one percent of the general population, and the school-age population is probably similar. Secondly, my grown children no longer live here, nor do the children of most of our friends. They have moved to larger communities with larger Jewish populations. Today, it takes a major effort just to get my immediate family together, much less the extended one.

I know this is somewhat rambling, but I think the message is clear. In Central Kentucky it takes extra effort for us to maintain the level of identity that we need both now and in the future. This means that the importance of local organizations working together toward the common goal of maintaining and enhancing the Jewish life experience can't be understated. My pledge is that CKJF will do just that. ☆

Engaging National Social Work Month

By Fran Morris Mandel
Fran Morris is an MSW student at the University of Kentucky

Every year since 1984, the National Association of Social Workers (NASW) has declared March to be Social Work Month. The campaign began as a way to promote the profession and unite social workers as they advocate for their clients and themselves. Often, there is misinformation regarding social work in the community, so Social Work Month is a great time to dispel myths and learn more about the profession.

NASW provides some general facts about social work that you may not know. It takes a bachelor's, master's, or doctoral social work degree with a minimum number of hours in supervised fieldwork to become a social worker. Currently, more than 600,000 people in the U.S. hold social work degrees. More than 60 percent of the nation's mental health treatment is provided by social workers. Social workers work in a variety of settings, including hospitals, schools, police departments, mental health clinics, and military facilities. Social workers engage with all age populations, from the very young to the very old. There are more than 170 social workers in national, state, and local elected office, including two U.S. senators and four U.S. representatives.

Each year a new theme informs activities and an educational campaign during National Social Work Month. This year's national theme focuses on aging, a pertinent issue for many professions, but especially for

social work. According to NASW, 75 percent of social workers currently work with adults age 55 or older, and 24 percent of social workers devote half their time to cases involving older adults. As life spans increase and 27 percent of the population (Baby Boomers) retire in 2011, social workers will be in high demand. The Center for Workforce Studies, the research division of NASW, fears

The University of Kentucky College of Social Work is supporting National Social Work Month this year by hosting a series of educational events and forums highlighting international issues.

that there will not be enough professional social workers to meet the growing needs of our aging population.

As well as promoting issues pertaining to aging during National Social Work Month locally, we are also concerned about global issues affecting diverse populations. The University of Kentucky College of Social Work is supporting National Social Work Month this year by hosting a series of educational events and forums highlighting international issues. The week-long program of activities during March 6 to 10, 2006 is co-sponsored by the Lexington-Fayette Urban County Government, the

see Social work month, page 5

Close-up

By Elissa Brown

Two current CKJF board members bring insights from other communities

♦ ♦ ♦

Mimi Kaufman is originally from Centerville, Ohio (a suburb of Dayton), and has lived in Lexington for the past eighteen years. She and her husband Micah have two children, Max and Lily. Mimi and her family belong to Temple Adath Israel. She is a part-time social worker at Cardinal Hill Rehabilitation Hospital as well as a full-time mom. Mimi has been a board member since 2004. She joined the board to help serve the Jewish community. When asked what she sees for our community, Mimi says she would like one day to see a JCC (Jewish Community Center) with enough space to house Camp Shalom.

Angie Ornstein officially moved to Lexington in 1994. Angie loves visiting her native Marion County, but enjoys the diversity of Lexington from Lebanon, Kentucky. She lives here with her husband Rich and their four "children," Elvis, Priscilla, Colonel Parker, and Gracie (two cats and two dogs). Angie and her husband recently joined Temple Adath Israel. She is a legal secretary in a small law office and says that there is never a dull moment there. This is Angie's first year serving on the board. Angie would like to see more involvement within our community. She says there's more to do in the community than just reaching into our pockets; she hopes to get out into the community as well. ☆



Times change. JFS can help. If you need help changing the batteries in your smoke detector or adjusting the time on your clocks JFS will be there on Sunday, April 2, from 2 - 5 p.m.

To arrange for this service or for more information contact Stacey Heisler at (859) 269-8244 or jfs@jewishlexington.org

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Jewish Family Services



Times change, JFS is there to help

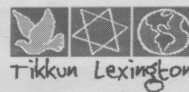
Easy, new volunteer option offered

♦ ♦ ♦

By Stacey Heisler

Are you looking for an easy volunteer project that will help someone in our community? Well, JFS has just the thing. This spring, JFS will be helping elderly and disabled individuals change the batteries in their smoke detectors as well as adjust the times on their clocks for Daylight Savings. The event will take place on April 2, 2006 from 2:00 to 5:00 p.m.

This is a great activity for the whole family. It is a small way to perform a great mitzvah. Why are smoke detectors so important? Statistics show that more than half of all fatal home fires occur at night when people are asleep. The sooner a sleeping person awakens and begins an escape, the greater the chances of surviving the fire. So if you would like to volunteer to be a part of this project or if you are in need of such a service, contact me at (859) 269-8244 or jfs@jewishlexington.org. ☆



Tikkun Lexington's Stewart Home Visitation Schedule

Thursday, March 9th at 6:30 p.m.
Enjoy a Purim celebration with residents

Wednesday, June 7th at 6:30 p.m.
Family Weekend at the Stewart Home

Come celebrate life with Tikkun and the Stewart Home Residents!

Call Jana LaZur, CKJF Activities Director,
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We will ride together and caravan from the
Chinoe Shopping Center 45 minutes
prior to start times.

Social work month (from page 4)

Lexington Commission on Race Relations, and the Lexington Theological Seminary.

All of the College's forums are open to the public and all are free except for the March 9 Community Reconciliation breakfast and Drum Major for Peace awards. Some programs of interest include a lecture by Dr. Maria Yellow Horse Brave Heart, from the University of Denver, on "Models for Healing of Indigenous Survivors of Historical Trauma." Dr. Brave Heart is working to develop clinical models integrating concepts of intergenerational trauma and unresolved grief with findings from Holocaust survivor studies, using these ideas to enable American Indians to improve their parenting skills and family functioning. As co-founder and director of the Takini Network, a group of Native American therapists, she conducts workshops and research among members of the Lakota Tribe and other native communities. This lecture will take place on Tuesday, March 7 from 3:00 to 5:00 p.m. at the Lucille Little Fine Arts Library, Niles Gallery at UK.

Another lecture that promises to be excellent is by University of Massachusetts Professor of Psychology Dr. Ervin Staub. In 2004, Dr. Staub created a Ph.D. program in The Psychology of Peace and the

Prevention of Violence at the University of Massachusetts, and his current work focuses on promoting peace and healing for survivors of the Rwandan genocide. Dr. Staub's lecture will focus on his intervention research with Rwandan survivors, as he has been studying the psychological, cultural, and societal roots of genocide and mass killing for many years. The purpose of his work has always been to use this understanding for the prevention of violence, and he has written several books on the subject, including *The roots of evil: The origins of genocide and other group violence*, 1989; and *The psychology of good and evil: Why children, adults and groups help and harm others*, 2003. Dr. Staub's lecture will be held on Thursday, March 9 from 2:00 to 4:00 p.m. in the King Alumni House.

Local sponsorship of National Social Work Month will be a great tribute to the work of social workers in the United States and abroad. It will also serve as an important opportunity for the Central Kentucky community to learn more about the profession of social work, as well as how we can, together, have an impact on important societal issues. To obtain a full schedule or learn more about the activities during International Social Work Week, please call UK College of Social Work professors Dr. Annette Sossou at (859) 257-6651 or Dr. Patty Cook at (859) 323-7407. ☆

From the Executive Director

Daniel Chejfec



Can we understand the world in which we live without understanding the historical context? There are many today who would say yes and many who would say no. I want to explore the question.

How did I become the person I am today? Obviously, who I am was determined partly by the education I received at home and at school; I was also influenced by people outside my immediate family, some of them members of my extended family (grandparents, uncles, aunts) and others outside it (teachers and friends).

Who I am today has also been shaped by my personal experiences, the triumphs and the disappointments, the jobs I performed and the projects I created. I shaped my life as much as my life shaped me. By responding to the challenges put in front of me, I changed reality and I changed myself along with it. Can this analytical approach be used on something more complex, like the Israeli-Palestinian conflict? Let's see.

If we look at today's reality, it is unmistakable that Israel has the stronger hand and the Palestinians the weaker one. So why do Israelis feel uncomfortable with letting themselves get whatever they want? And why do some Palestinians, against all real expectations, insist on the need to destroy Israel?

Looking at the historical relationship between the two people could give us a context of some kind—or not. So let us look at the first question: Why do Israelis feel so uncomfortable and distrust the Palestinians?

Way before there was a State of Israel or even a Hagganah, the Arabs blew up a bus in West Jerusalem. The year was 1920. During the 1920s, 164 Jews were killed. In 1936, Amin El Hussein, a

Mufti of Jerusalem, embraced the Nazi leader in Berlin and proclaimed his support for the Hitlerian ethnic cleansing program. Upon coming back, he engaged in a wave of Nazi-sponsored terrorism which left 311 Jews dead between 1936 and 1940. After Israel's independence, Arab leaders repeatedly called for Israel's destruction, and Palestinians, with Soviet support, initiated a campaign of attacks on Israeli civilians across the cease-fire borders deceptively known as "green lines." Then came the 70s and the attacks on Jews and

Since Islam in its "Arab" form is meant to be, in this context, the dominant culture that will bring peace to humanity, there is no room for others to gain victory over the Arab people. The more Israel achieves, the more Israel succeeds, the worse the soreness of the wound becomes.

felt dispossessed by the changes in land ownership, so they came to perceive modernity as opposed to justice and they felt it was unfair that they lost what they perceived to be their rights. If justice is part of the natural order and the natural order is dictated by the Wahabbite philosophy, it follows that God's will must prevail at the end with the restoration of their rights, so they have a blind faith in the justice of their cause.

Against this backdrop, the conflict becomes a conflict not only of perceptions but of fundamentally different understandings of reality and helps to explain why dialogue is so difficult.

So can we look at the conflict while ignoring this historical context? I feel we cannot, for without context there can be no understanding of the reasons behind the attitude of both sides.

Jews throughout the history of the Diaspora felt powerless and were subject to discrimination, persecution, expulsion, and even massacres—the worst of which, in many ways, occurred during World War II. And just at the end of one of the darkest moments in Jewish history, hope raised its bright light in the form of a Jewish State. It is clear that the Jewish psyche of the 20th and 21st centuries is shaped by this series of events.

Arabs, on the other hand, come from a proud and rich history with high cultural achievements, but a history which became arrested in its development and displaced by non-Arab Muslims as the most powerful group in Islam. Nevertheless, their self-image is shaped by the glorious past and an idealized perception of those days. For the past 300 years, Arab culture has been trying to recapture the glory of the old days. The past, dominated by Islamic law and an idealized perception of interpersonal relations, becomes the future to look for. Since Islam in its "Arab" form is meant to be, in this context, the dominant culture that will bring peace to humanity, there is no room for others to gain victory over the Arab people. The more

see **Director**, page 7

YOM HA'SHOAH



Join us for the
Central Kentucky
Jewish Community

Holocaust Remembrance Day Observance

Sunday, April 23 at 7 p.m.

at
Ohavay Zion Synagogue
2048 Edgewater Court

Keynote Speaker will be **David Smith**, teacher and co-organizer of the **Whitwell, Tennessee** Middle School **Paperclips** project.

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The Lexington Havurah

Third Opinion

Stanley Ned Rosenbaum, PhD

A Tale of Two Lefties

♦ ♦ ♦

Major League Baseball's spring training begins this month, but you don't have to be a Jew or a baseball fan to know that Sandy Koufax, the great Dodger lefty, would not pitch on Yom Kippur. Or that he lost his very last start, in 1966—originally scheduled for Yom Kippur—on the day after.

You probably don't know, though, that he lost that start, 2-0, to the Cubs and their star lefty, Kenny Holtzman, who had also declined to pitch the day before. I once had lunch with Holtzman, who told me his proudest baseball moment was not beating Koufax in Sandy's last start, or the two no-hitters he threw, but the home run he hit in the World Series as a member of the Oakland (formerly Philadelphia) Athletics in 1972.

There has not been a notable Jewish pitcher since that time, or a Jewish slugger since the days of Hank Greenberg, the first Jew elected to baseball's Hall of Fame. One could, of course, mention batting champ Rod Carew, who converted to Judaism, or catcher Moe Berg, a contemporary of Greenberg who, it later turned out, spied for the U.S. during a tour of Japan in the 1930s, but Jewish players have been a bit thin on the ground. (Cy Young award-winning pitcher Steve Stone—né Stein—might count.)

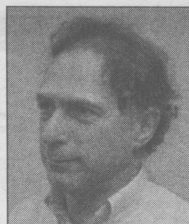
On the other hand, one could say that a Jew made modern baseball possible. Exactly one hundred years before Koufax, the first professional baseball player was one Lipman E. Pike (1845-1893). He was paid \$20.00 a week by the Philadelphia Athletics.

Still, Jewish contributions to the game off the field have been far more important. Barney Dreyfuss, who once owned the Louisville Colonels, founded the World Series in 1903, the same Series now presided over by Commissioner Alan (Bud) Selig. Theo Epstein, who recently re-signed as the Boston Red Sox's General Manager—at 28, he was the youngest person of any faith to serve in that capacity—brought Boston its first Series victory in 86 years.

I don't know who engineered this year's White Sox victory, their first since 1917, unless it was the ghost of my grandfather. I never knew him, but Menz Israel Rosenbaum (1872-1933) was a left-handed pitcher for the University of Michigan in the 1890s. He forsook baseball for law school; despite Pike, baseball was not yet a proper employment for smart Jewish boys.

Still, he was good enough to pitch White Sox spring training games (the *Chicago Tribune* often caricatured him under the nom de baseball "Jerry O'Brien") during the years he worked as a lawyer for Charles Comiskey, then White Sox owner.

When the Sox threw the Series in 1919, the accused players came to Menz and asked him to represent them. Outraged by what they had apparently done, he refused.



If he'd known that Hollywood would someday make a movie of the story, maybe he would have decided differently, but I doubt it. Like many of us Jewish boys who've never grown up, he lived and died baseball—in his case literally.

I don't know who engineered this year's White Sox victory, their first since 1917, unless it was the ghost of my grandfather.

On the way back from spring training in 1933, he was taken off the Sox train at Fulton, Kentucky, and died there from a brain hemorrhage.

More than once I've wished I could have asked him what it was like to watch Walter Johnson or Ty Cobb or Babe Ruth. And what, I wonder, would he make of kids with names like Eckstein, Blum, and Berkman playing in this past year's post-season duels? I have to hope he's got a permanent box seat for all the games and that watching Jewish kids excel at the game he loved so much would make him smile.

Stanley Ned Rosenbaum, PhD (Brandeis), is an adjunct professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions." ☆

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Director (from page 6)

Israel achieves, the more Israel succeeds, the worse the soreness of the wound becomes.

Looking at the world while ignoring how it came to be is like buying a house without inspecting the foundation. Critical intellectual analysis of reality demands that we look at the foundation while remaining open to original solutions. Israel needs to become more comfortable with its own reality as a powerful country, but it will only be able to achieve that when the Arabs accept the reality of a Jewish return to the Middle East and learn to respect their own minorities. Until then, Israel can only expect to be treated as Arabs treat each other—and it doesn't look pretty. ☆

We've made some changes!

Take some time to look at the new updates to the CKJF website.

We are working hard to make our website more interactive, interesting, and fun for everyone!



<http://www.jewishlexington.org>

Ask a Rabbi

Rabbi Sharon Cohen

Question: *Why do Conservative and Orthodox Jews observe Rosh Hashana for two days, but Yom Kippur only one?*

This is a wonderful topic to discuss as we reach the middle of the year 5766. Before we look at Yom Kippur specifically, let's first begin with answering the question: Why are there two days of Rosh Hashana? It is a good question, for the Torah itself stipulates that this holiday is to be celebrated for only one day. We read in Leviticus 23:24-25:

In the seventh month, on the first day of the month, You shall observe a day of rest,
A sacred occasion commemorated with loud blasts.
You shall not work at your occupations; and you shall bring a gift to Adonai.

In order to understand how Rosh Hashana became a two-day holiday we must examine the ancient method of fixing the Jewish calendar. Before the calendar was set, the rabbinic authority, the Sanhedrin, relied on witnesses who would testify to what the moon looked like in order to determine when the new month, or in our case, the New Year, began. Signal fires would then be lit on the tops of the mountains or messengers sent from Jerusalem outward as a sign that Rosh Hodesh, the beginning of the new month, had arrived. Jewish months can either be 29 or 30 days long, depending on when the new moon of the next month was actually sighted. Since it took time for the signals or messengers to reach the communities far from Jerusalem, there could be doubt as to which day was really Rosh Hodesh, the first day of the new month; hence, these far-away communities might be off a day from the exact day a holiday should begin. As a result, the communities would celebrate two days of a festival

instead of one, since at least one of those two days would certainly be the correct day.

Because of this process of using witnesses to determine the arrival of the new month (and by extension, a holiday), it became standard halakhic practice outside of Jerusalem, and later Israel, to add an additional holy day (*yom tov*) to any of the biblically ordained holidays. For instance, in the Bible, Passover is a seven-day festival with the first and last days being deemed holy days. However, outside of Israel, not only the first but also the second day of Passover is observed as a *yom tov*, and an additional day (eighth) day is added to the end of the holiday, with both the seventh and eighth days being *yom tov*. Inside Israel, the practice followed the biblical instructions of single holy days... with one exception: Rosh Hashana.

In Israel, both in the past as well as still today, Rosh Hashana is observed for two days. After some research, I found two very different reasons for this (I'm sure there may be others), one linked to the calendar and tradition, and one more spiritually based. Rosh Hashana is the only biblical holiday that occurs on Rosh Hodesh—on the first day of the new month itself. Since even in Jerusalem

in rabbinic days there could be uncertainty up to the very last moment when the witnesses would testify and whether the court would sanctify that day as the first day of Tishrei, two days of Rosh Hashana would be observed so as not to miss the holiday completely. It is clear from the Talmud that by the first centuries of the Common Era it was the accepted practice to add a second day to Rosh Hashana both inside and outside of Israel (*Yerushalmi Eruvin* 21c):

The observance of Rosh Hashana for two days was set by the earliest prophets.

The Talmud's answer is simply that the practice of observing Rosh Hashana for two days had come about early in our history, possibly pre-dating even the Rabbinic

We understand our early history, but today, the calendar is set and we know quite well precisely when the new month arrives or when holidays, including Rosh Hashana, occur. Nevertheless, we have been observing extra or second days of holidays for literally thousands of years, and so the precedent has great weight.

Period, even long before the process of determining the calendar had been formally enacted.

A second reason may be, as an Israeli website said, Rosh Hashana is, simply, a very important holiday. It is a holiday that marks not just the beginning of a year but a spiritual rebirth. It is Yom ha-Din, a Day of Judgment, during which we examine our deeds in the past year and our dreams for the new one; Yom ha-Zikaron, a Day of Remembrance, of recalling our ancestors, our communal history, and our own personal history; and of course, Yom T'rua, a Day for the Sounding of the Shofar. The Talmud also describes Rosh Hashana as *yoma areekhta*, one extended day, suggesting, perhaps, that our ancestors understood early on the spiritual complexities of the holiday and wanted us to see its time extension not just as a mechanical remedy, but as a spiritual exercise.

We understand our early history, but today, the calendar is set and we know quite well precisely when the new month arrives or when holidays, including Rosh Hashana, occur. Nevertheless, we have been observing extra or second days of holidays for literally thousands of years, and so the precedent has great weight. Orthodox and Conservative communities outside of Israel, thus, continue formally to observe the second days of biblical holidays, including Rosh Hashana. However, there has been discussion on and off for years among Conservative Movement leadership to consider following the Israeli calendar as is done in Israel (yes, there would still then be two days of Rosh Hashana), yet only a small number of individual Conservative congregations and/or rabbis have made that change. The Reform Movement some time ago returned to following the biblical calendar precisely, and thus, the Reform community observes only



Improve Someone's Life

Jewish Family Services helps the local Jewish community by providing programs and assistance for the elderly. Some of these include Noontimers, referrals and assessments, and friendly visitor programs.



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Ask JFS

Stacey Heisler

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at jfs@jewishlexington.org.

Association of Jewish Family and Children's Agencies provides JFS with resources around North America

♦ ♦ ♦

It seems that lately I have been receiving a lot of phone calls from people outside Lexington looking for services for relatives located in the Lexington area. When I ask how people found JFS in Lexington they most often say that they looked it up on the World Wide Web. This got me thinking about people in the Lexington Jewish Community who have relatives in other cities around the U.S. and Canada. Most likely, there are people in Lexington searching for help for loved ones who may live hundreds of miles away.

How can your local JFS help in finding services in other communities? The Association of Jewish Family and Children's Agencies (AJFCA) is an umbrella organization for Jewish social service agencies. Through this network, professionals can share information via listserves and the AJFCA web page. There is also a directory of services accessible to member

agencies. This directory is a database of services in which one can look things up not only by city and state but also by services provided.

Since I started as JFS director nearly a year ago, I have used this directory to help those in the Lexington area link their family members all over the country with Jewish services locally. If you have a relative or friend who needs services in another area, feel free to contact me and I will gladly assist in getting contact information for you. I can be reached at (859) 269-8244 or jfs@jewishlexington.org.

In May I will be going to the annual AJFCA conference. This year it will be in San Jose, California. I look forward to connecting once again with colleagues from all over North America. If you are interested in learning more about AJFCA or in the conference, please contact me or look for future articles discussing the conference. ☆

University of Kentucky Judaic Studies announces spring meeting schedule

By Oliver Leaman

This spring's Judaic Studies program features two outstanding lectures.

The Mark and Ruth Luckens International Prize in Jewish Thought Lecture will be given on March 20 by the winner of the prize, Rebecca Anastaplo Scharbach. Her topic is "To Dwell in Dignity: Moses Maimonides and the Five Senses." It will look at the views of Maimonides on human psychology. Ms. Scharbach made aliyah in 2003 and is currently enrolled as a third year graduate student in Religious Studies at Hebrew University.

On April 3, Judith Page of the University of Florida will present "Reinventing Shylock: Romanticism in the representation of Shakespeare's Jew." She has recently written a book on Jews and Judaism in Romantic literature.

Both talks will take place at 8:00 p.m. in the President's Room, Singletary Center and are free and open to the public. ☆

JFS Needs You!

JFS will be helping older adults change batteries in smoke detectors, and the time on clocks.



April 2, 2006 at 2 p.m.

To volunteer or for more information

contact Stacey Heisler at

(859) 269-8244 or

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Visit to Jerusalem is magical experience

Local couple garners insight, memories

♦ ♦ ♦

By Judy Levey

As I write this in early February, it has been three weeks since we returned from our trip to Israel, where we had the great fortune of spending three months living in Jerusalem during Sandy's sabbatical semester from UK. I was lucky enough to be granted a leave of absence by the board of directors of the nonprofit organization I work for. Now that we are back to our normal lives, our whole trip seems like a dream.

The magic of Jerusalem is hard to explain to anyone who hasn't been there. Jerusalem derives its character from so many different factors—ancient history and contemporary politics, Orthodox Jews of many different types and levels of observance, secular Jews, a growing Reform and Conservative presence, Russian and Ethiopian Jews who are in many instances still in the process of becoming Jews, Arab Israelis, and so many other people who are drawn there as the spiritual center of the world.

I went to museums, took many tours, wandered through neighborhoods, and drank countless cups of cappuccino (when I wasn't hanging the clothes to dry on the line or washing dishes; our Lexington lifestyle is truly cushy in comparison). But it was the people, of course, who made the greatest impression. They are both *meshugana* and charming, resilient yet sensitive, and incredibly hospitable.

There were many random incidents to remember. There was the time when I overheard the security guard at the kids' school bellowing *Shacharit* from his little booth in the morning. When I asked the reason, he explained that he needed to supplement his job as a hazzan with his security job. Or our first visit to Machaneh Yehuda, the big outdoor market in Jerusalem, when the orange seller refused to weigh my oranges, shouting "Od echad! Od echad!" (One more! One more!) until I finally put another orange in my bag, whereupon he happily allowed me to pay. Or Nadia's very serious classically trained Russian gymnastics teacher, who kindly explained to me, in a firm and patient voice, that the only point of gymnastics was to advance, and that unless we took the class seriously we were wasting everyone's time.

We spent a lot of memorable time with friends and family, but those stories are much less succinct. We were reminded, however, that having tea in the afternoon is a wonderful custom. We were tourists, yet we were also living there. We were spectators but also participants. In this respect, we had the best of both worlds. We could be extraordinarily appreciative of our experience without having to deal with the challenges that Israelis face daily.

Despite how difficult the situation is in Israel—between Arabs and Jews, between Jews and Jews—we were decidedly awed and inspired by the miracle of Israel. I am certain that singing "L'Shana HaBa'ah B'Yerushalayim" at our Passover seder will have new meaning for us this year and for many years to come. ☆

March 2006 Shalom • 9

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Mitchell Barnes
Owner

New Jewish community playgroup fills a gap

Time was that after the bris or baby-naming, there was virtually nothing for Jewish tykes until preschool. But those times are officially changing with the launch of Central Kentucky's "Jewish Gymboree."

Despite heavy snow (no small thing when dealing with the daunting task of bundling up the diaper set and stuffing them into car seats), the first Jewish community infant and toddler playgroup was kicked off with much fanfare. Thirteen breathing children—and three more in utero—recently appeared at Ohavay Zion Synagogue, with parents in tow, to participate in a rollicking session of food, song, and free-play.

Elisa Klein, organizer and proud co-parent of 6-month-old Jonah, said the turnout reflected a real need in the community. "The fact that people

came here today from a variety of Jewish affiliations suggests a great desire for parents of young children to form a community and connect with each other," she said. "We need to get the word out that there is a new resource for Jewish parents."

Beginning March 5, the group plans to meet the first Sunday of every month beginning at 10:15 a.m. at OZS, after the synagogue's abridged family service. We hope eventually to include Shabbat and holiday celebrations at the child-proof homes of various members. The Jewish community playgroup is actively recruiting unaffiliated families as well as members of OZS, TAI, Havurah, and other Jewish organizations. For more information contact Elisa Klein (elisaklein@yahoo.com) or Rachel Belin (rachelburg@post.harvard.edu). ✧



The playgroup at play.

CRC seeks local writers and speakers

The Community Relations Committee is looking for a few spirited writers and speakers. Didn't you just want to scream when you recently read about the Governor's prayer breakfast, which did not include Jews and other minority religious groups? Instead of screaming, the CRC would like to invite you to put your feelings down in writing for possible publication in our local print media. Have an idea or two about religiously offensive cartoons and freedom of the press? Get it off your chest and put it in writing for all to read. You'll feel good doing so, and it will be lots of fun. Please call Daniel Chefec at the CKJF office or Mike Grossman at (859) 619-7147.

CRC is also looking for volunteers to participate in a CKJF/CRC Speakers' Bureau. CKJF often gets requests from various groups and organizations to provide speakers for a variety of topics and venues. Sometimes a query comes from a school official looking for someone to speak about Jewish holidays, rituals, and religious customs. Sometimes it is for someone to comment about Jewish cooking, music, or literature. The topics run the gamut, and it would be great if we could put together a group of people who would like to participate in such activities. You can work alone, or in a group of two or three. It would be a valuable outreach from our Jewish community to the community at large, and would be lots of fun. Again, please call Daniel Chefec at the CKJF office or Mike Grossman at (859) 619-7147. ✧

Ask a rabbi (from page 8)

one day of *yom tov* and formally only one day of Rosh Hashana. It is interesting to note, that, nevertheless, some Reform congregations schedule study sessions and other special programs on the second day of Rosh Hashana.

So, now, the answer to the question you have all been waiting for: Given what we know about the calendar, why do we, regardless of where we live and with what movement we may affiliate only observe one day of Yom Kippur?

In the Torah (Leviticus 23:26ff), we are instructed to observe the Day of Atonement for one day, as with Rosh Hashana, so precedent suggests that a day should be added to Yom Kippur. The uncomplicated answer (certainly less complicated than that for Rosh Hashana!) is that Yom Kippur is a fast day. Judaism is a reasonable religion and it would be unreasonable, and no longer meaningful, to add an additional day

of fasting to the one already commanded. Fasting for two days could not only be uncomfortable, but dangerous to one's health. As we find in the *Shulhan Arukh* (16th century legal code), even our ancestors observed only one day because of the fear of danger to life and health a two-day long fast would bring. Interestingly, the *Shulhan Arukh* cites the fact that there were those who were so stringent in their practice of extending the holidays an extra day that they observed two days of Yom Kippur. The *Shulhan Arukh* goes on to declare that one should not follow this stringency because it can be dangerous to one's health and life. I, for one, am very happy that our ancestors saw fit to take the healthy, reasonable, and more meaningful path and limit Yom Kippur to one full day. My guess is that this is one aspect of our calendar and one element of holiday observance that all Jews today could agree upon! ✧

The rabbis are now writing their columns in response to questions submitted by the community. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to di-ifr@bardstown.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbi or readers, nor will you be asked to specify which rabbi should answer.

Camp Shalom & Camp Gesher 2006 – don't miss out!

By David Levine

If your house is like mine, then your kids are already talking about what they will be doing this summer. The Camp Shalom/Gesher committee has been talking about the summer for the past five months – planning for yet another outstanding summer at BGCC (the Bluegrass Christian Camp). The committee has met and much work is already going on behind the scenes to prepare for camp, which will be held for two weeks at the end of the summer, July 31 through August 11, 2006.

Kathy Feinberg is returning as director of Camp Shalom and Camp

Gesher, and Elissa Brown will return as assistant director. Together, they are already working to build on last year's strengths to put together a terrific Jewish day camp experience for the Lexington Jewish Community.

Staff interviews have been completed and we are excited to announce that a great group of young people will be working at Camp Shalom and Camp Gesher this summer. Also, a two-day professional group leadership training workshop has been organized for this year's staff. On March 5 and 26, staff will come together to begin generating new ideas on how to foster a fun, creative, and healthy atmosphere. We are very

excited to be able to offer skills that will help our staff not only with Camp Shalom and Camp Gesher but also with leadership skills that will serve them well outside of camp.

Campers ages 4 through 13 are encouraged to join in the fun. Camp is from 9:00 a.m. to 3:00 p.m. every day, with extended hours on Monday through Thursday of each week until 5:30. Camp Shalom is for campers ages 4 through 10. Camp Gesher functions as a separate camp for children ages 11 through 13 at the same site. *Gesher* means "bridge" in Hebrew, so we use it for the age group that might be too mature for the regular Camp Shalom but is not quite ready for the counselors-in-training program. They will participate in sports and activities along with obstacles courses, an overnight, and a unique Shabbat experience. They will also be occasionally paired with younger campers to develop leadership skills.

The summer themes, which you will read more about in the coming months, include an emphasis on sports, nature, and Jewish pride. Now that the staff is more familiar with the BGCC campus, we anticipate that they will be able to take better advantage of nature hikes, boating, archery, Frisbee, golf, and other amenities that the camp offers.

Camp Shalom is the one place where all of the children from the Lexington Jewish Community can get to know each other. It is the one program during the year that unites our children. In their respective schools, they are few in number, but when they join forces they form a spirited and proud group. If your children haven't ever been to Camp Shalom now is the year to consider sending them. The program is very well-run, educational, interesting, and fun. You won't be disappointed.

Discounts and early registration will be available through June 1, so please send your information in as soon as possible and join the fun. As always, please feel free to call (859) 268-0672 to speak to Jana with any questions or email campshalom@jewishlexington.org. ✧

Camp Shalom and Camp Gesher skate the night away

Nice opportunity for the campers and staff to reunite and have fun

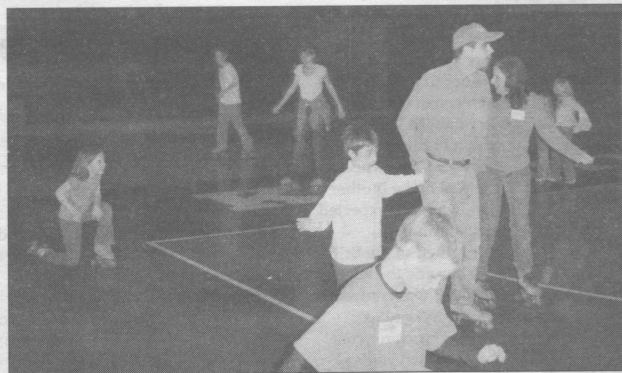
♦ ♦ ♦

By Jana LaZur

On February 19, it might have been cold and dark outside, but inside of Champs RollerDome was a party! Campers, staff, and parents gathered in the spirit of fun and community. Either past memories from camp, or the excitement of the upcoming 2006 sessions of Camp Shalom and Camp Gesher brought everyone out. We hope you came to the Winter Camp Rally and enjoyed the Hokey Pokey and the Chicken Dance, or that you really wish you could have attended. It was a great opportunity to reunite with friends, register for next summer's camp at discounted rates, and enjoy pizza, cake, and a

slideshow of past summers. Many thanks to Tamara Ohayon for the slideshow. You may view it online at www.jewishlexington.org.

Another key component to the evening was the opportunity to sign up for camp early and meet counselors and group leaders before summer. We are very excited about our 2006 staff and want everyone to know how much time, energy, and work go into making camp fun for the kids. This event was just one way to give back and show our thanks for allowing us the responsibility and honor of running Camp Shalom and Camp Gesher. ✧



Champs's night fun.

Want to send your kids to camp this summer but worried about the cost?

Apply for a scholarship or campership through our office by April 30th.

Camperships and scholarships are open to ANY Jewish day or overnight camp, including Camp Shalom and Gesher.

Contact
Stacey Heisler, JFS Director
for more information.
(859) 269-8244
jfs@jewishlexington.org

JFS



History of the Israeli-Palestinian conflict – Part VI

World War I and the early years of British control

By Daniel Chejfec

During World War I, as we saw in an earlier article in this series, Great Britain did everything possible to encourage Arab revolts against the Ottomans. While the areas controlled by the Saudis were for all intents and purposes already out of Ottoman control, the area of the Hedjaz, which includes the two holy cities of Mecca and Medina, was still under Turkish control.

The British sent a liaison officer to work with the Hashemite sharif of Mecca to promote rebellion. This officer, Thomas Edward Lawrence, played a pivotal role in coordinating the actions of the Arab rebels with the troops commanded by General Allenby during the Arab revolt of 1916-1918. T. E. Lawrence became a mythical figure and came to be known as "Lawrence of Arabia."

The Arab rebels expelled the Turks from the Hedjaz and pushed them along the eastern bank of the Jordan River all the way to the Yarmuk River. In the meantime, General Allenby advanced with Imperial troops from Egypt into the Western bank of the Jordan, expelling the Turks all the way to Damascus. This Anglo-Arab coalition was cemented by letters exchanged between Sir Robert McMahon and Sharif Hussein of Mecca. (We reviewed these letters in the December *Shalom*.) The British promise was clear: support for the establishment of an Arab Khalifat, including what is today Saudi Arabia, Iraq, Syria, Jordan, and Lebanon. The Arab interpretation of this promise included the area between the Jordan and the Mediterranean, an area the British had already promised to the Jews.

The British interest in the Arab world stemmed mainly from their oil fields in Iran and their control of the Suez Canal. To ensure the transport of much-needed fuel from Iran to Europe, the British at the same time supported the Saudis, who controlled the Persian Gulf side of the Arabian peninsula, and the Hashemites, who controlled the Red Sea side. Following Turkish defeat, these two families fell into a civil struggle for control of the Arabian Peninsula.

In [the Churchill paper], the British Government claimed that there was never an intention to create a Jewish State in Palestine, but only a culturally autonomous Jewish community, and that the ultimate goal was to create a bi-national state of Palestine where Jews and Arabs would cooperate.

Britain supported them both. As Britain was granted the Mandate over Iraq and France the Mandate over Syria, strategic interest in Arabia declined and the British then decided to terminate their support for both Saudis and Hashemites. The year was 1921.

By that year over 100,000 Jews lived in Palestine among 650,000 Arabs. (Palestine is here defined as comprising what are today Israel, the Palestinian territories, and Jordan.) New cities had been built, most notably Tel-Aviv and Rishon

LeTzion; Jewish populations in cities like Haifa, Ashkelon, and Tiberias were on the rise. Meantime, in 1920, Sharif Hussein's son Feysal signed an agreement with Chaim Weizmann in Paris by which the Arabs were to help the Jews to build their

national home in Palestine (see February issue of *Shalom*), but that promise was subordinated to whether the British were to deliver on their promises for an Arab Khalifat.

It is at this time that some significant geopolitical changes took place. First, upon withdrawal of British support for both sides in the Arabian Civil War, the Saudis, still allied with the Wahabbites, overwhelmed the Hashemites, occupied and destroyed the Kingdom of the Hedjaz, expelled the Hashemites, and declared the establishment of a united monarchy under the Saudi/Wahabbite banner. The name of the new country became "Saudi Arabia."

The British found themselves in an awkward position, because the Hashemites were indeed their main Arab allies. In order to protect their control over the Persian oil routes, they decided to establish Iraq as a protectorate with a Hashemite king, Hussein's son, who was crowned as Feysal I. Now Feysal had a brother named Abdullah, who also expected the British to deliver on their promises to their father, so the British proposed that he become the king of Syria. Syria, however, was controlled by France under the Sykes-Picot agreement, and the French rejected the idea. After almost two years of discussions, the British eventually settled the matter by dividing the

territory of Mandate Palestine along the Jordan-Arava line and awarding the eastern bank to Abdullah, crowning him as emir. The new territorial entity was called the Hashemite Emirate of Transjordan and remained under British protection. The partition was possible without affecting the legal status of Great Britain as a Mandate power because of the many loopholes built into the Balfour Declaration (See December *Shalom*), which was the basis for the League of Nations Mandate over Palestine.

As the Hashemite defeat in Arabia became evident, Hashemite leadership promoted unrest in the European-controlled areas of the Arab world in an attempt to force the British to intervene in their favor. One of the consequences of such incitement was the Arab revolt of 1920-1921 (led by Amin Al' Husseini, future Grand Mufti of Jerusalem) in British Palestine. The revolt consisted mostly of attacks on Jewish individuals and property. Kibbutz Tel-Hai, on the Syrian border, was attacked and eight Jews were killed—among them Yosef Trumpeldor, one of the leaders of the Jewish community at the time. More Arab attacks resulted in the destruction of the Jewish community of B'nai Yehuda in the Golan Heights and the first bus bombing in Jerusalem, which left nine Jews dead. Alarmed about the rise in violence and the British inability or unwillingness to address it, the Jewish leadership organized a Jewish self-defense group, the Hagganah, formally founded in June of 1920 in the Kibbutz Kinneret. The British response was to suspend Jewish immigration in May of 1921. In November of 1921 the Hagganah had its baptism of fire, repelling an attack on the Jewish quarter of the Old City of Jerusalem.

Before partitioning Palestine, the British attempted also to redefine the concept of "Jewish National Home" in an attempt to bring the riots under control. They did so with the Churchill Paper of 1922. In that paper, the British Government claimed that there was never an intention to create a Jewish State in Palestine, but only a culturally autonomous Jewish community, and that the ultimate goal was to create a bi-national state of Palestine where Jews and Arabs would cooperate. They even proposed the formation of a Palestinian Parliament. The Arabs refused to cooperate and the Jews

see Part VI, page 13

**Lowell's
Toyota Repair
Specialists**

233-1173

Emergency Food and Shelter Program provides assistance

Jewish community helps

By Daniel Chefec

The Emergency Food and Shelter National Board Program is a public/private partnership designed to supplement and expand the work of local social service agencies in an effort to help people with emergency non-disaster related emergencies. The partners in this effort are the United Jewish Communities, Catholic Charities, the National Council of the Churches of Christ, the Salvation Army, the American Red Cross, United Way, and the federal government through FEMA. Local boards are set up in individual counties through the country with representatives of the national partners. In our capacity as the local Jewish Federation, we sit at this table representing the United Jewish Communities in three counties: Fayette County, Montgomery County, and Bourbon County.

As a restricted federal grant, the program's money can only be used for food, meals, and shelter, and money cannot be given to the beneficiary but it can only be paid to a service provider. So, for example, financial help for rent cannot be handed to the person in need but only to the landlord on the person's behalf. The local recipient organizations or LROs are accountable to the local board, which in turn must submit periodic reports to the national board to preserve the accountability of the program.

In Fayette County we have been distributing more than \$100,000 annually, and this year we were awarded \$114,000. Unfortunately, requests for grants from this fund amounted to \$199,000. As a result, we were forced to prioritize the disbursement of the grant money based on need. The requests included \$39,000 for food, \$60,000 for basic shelter, and \$110,000 for supplemental help with rent and utilities.

Our priorities were: First, food—the most basic of needs. Second, shelter for those people with no other place to go. Third, supplemental help for rent and utilities, which as important as it is we considered preventive (of homelessness) in nature as opposed to the other services, which meet pre-existing needs.

Decisions on how to disburse the money are never easy because whatever we do, we fall short of covering all the needs. This year's recipients were:

- Lexington Chapter of the American Red Cross
- Bluegrass Catholic Social Services Bureau
- The Black Church Coalition
- God's Pantry
- Lexington Rescue Mission
- The Hope Center
- Salvation Army
- MASH Unit (Formerly Metro Group Home)

This is one more way in which your contributions to the community campaign help us to heal the world, one need at a time. ☆

Join us for Hadassah's 8th Annual Fundraiser for dinner, music, silent auction, and more!

A Taste of Israel



Saturday, March 25, 2006 at 7:00 P.M.

Temple Adath Israel
124 North Ashland Avenue
Lexington, Kentucky 40502

Chai (\$18 individual)
Double Chai (\$36 couple)

Please RSVP to Janice Hensley
at 859-277-8027
or hensley34@insightbb.com

Part VI (from page 12)

accepted it reluctantly. As a consequence the plan was abandoned and the British decided to partition Palestine, as mentioned before. For the Jewish community in Palestine, however, this meant a significant change, for the executive of the Jewish Agency was in some way recognized as the de facto government of the Jewish community. The partition of 1923 effectively put the Eastern Bank of the Jordan off limits for Jewish immigration.

The Churchill Paper and the partition did indeed calm down the situation for a while. The years between 1923 and 1926 were years of relative calm. The discovery of oil in Northern Iraq, in the Kirkuk Region in 1927 and in Kuwait in 1928, made the British even more eager to calm the Arab unrest, lest they jeopardize their access to the much-needed oil reserves. Between 1922 and 1929 the Jewish population in the Mandate grew from 100,000 to 160,000, or about seven percent a year, while the Arab population grew from 650,000 to 800,000, or about three percent a year. With the British still refusing to deliver on their promises for an Arab Khalifat, Arab unrest grew. The conflict between British Imperial interest, Jewish aspirations, and Arab disaffection was going to come to a head in 1929, fueling new conflict which was going to culminate in the 1929 White Paper. I'll continue in the next *Shalom*. ☆

Israeli Society: Study shows Israeli elderberry extract effective against avian flu

By Nicky Blackburn

(January 29, 2006) At first glance, world-renowned Israeli virologist Dr. Madeleine Mumcuoglu does not seem like the sort of person you expect to come up with what could turn out to be a cure for one of humanity's biggest threats today—the avian flu.

She seems comfortable and grandmotherly, not the type you usually associate with the frontline of research into a potential pandemic. On the other hand, however, Mumcuoglu is clearly a very determined woman who has turned a lifetime of research into the health benefits of elderberry, an old folk remedy for influenza, into a clinically proven treatment for regular flu. Now, new in-vitro tests have proved that her remedy, the elderberry-based Sambucol, also appears to be effective against avian flu.

Last week, Retroscreen Virology, a leading British medical research institute associated to Queen Mary College, University of London, announced that Sambucol was at least 99% effective against the avian flu virus, H5N1, and in cell cultures significantly neutralized the infectivity of the virus.

"I think that Sambucol has a great role to play—it really can save lives," Mumcuoglu told ISRAEL21c. "To my knowledge, it's the only product that can cut the flu in half, before complications have a chance of setting in. If we do have a cure for chicken flu, this is a really positive thing for Israel."

Mumcuoglu (pronounced mum-shu-glu) was born in Algeria and immigrated to Israel in 1974. She holds a Doctorate in Virology, and studied bird flu during her Ph.D. In the 1980s, Mumcuoglu began studying the natural healing elements of the elderberry from the black elder tree (*Sambucus nigra*). Her interest in the plant was piqued because it had been used in medicine for many centuries. It was first referred to as a healer in the 5th century BC and received mentions in the writings of Hippocrates, Dioscurides and Plinius.

Elderberry wine was traditionally used for influenza and the ill effects of the chills, and the juice of the

The result was Sambucol, a patented natural formula which contains a potent antiviral compound, AntiVirin, isolated from the black elderberry, and three flavonoids—naturally occurring plant antioxidants. In 1992, Mumcuoglu decided to commercialize her elderberry supplement, and founded Razei Bar Industries to do so.

Mumcuoglu, who is president of Razei Bar, first tested her research on patients in the Southern Israel flu epidemic of 1992/3. The results were extremely encouraging. Within 24 hours, 20% of those patients taking Sambucol had dramatic improvements in symptoms like fever, muscle aches and pains and coughing. By the

second day, 73% were improved and by day three, 90%. In the untreated group, only 16% felt better after two days. The majority of that group took almost a week to begin feeling better.

In 1995, laboratory studies were carried

out at Hadassah, which showed that Sambucol was effective against human, swine, and avian influenza strains.

Shortly afterwards, a further randomized, double blind, placebo-controlled study was conducted in Norway, where Sambucol was shown to significantly reduce the duration of flu by approximately four days. The use of rescue medication (pain relievers, etc.) was significantly less in the group receiving Sambucol than in the placebo group. The study concluded that Sambucol stimulates the healthy immune system by increasing production of inflammatory cytokines.

Today Razei Bar sells a number of different liquid anti-viral treatments including Sambucol Black Elderberry Extract, Sambucol Black Elderberry Syrup, Sambucol Immune System, and Sambucol for Kids. The company also has a number of elderberry flu remedies designed for diabetics.

At the end of last year, Retroscreen Virology in London began laboratory tests on Sambucol to discover whether the natural remedy could also be used to combat the deadly H5N1 strain of bird flu in dog kidney

cells. And their findings last week are an encouraging sign.

While it is too soon to know if Sambucol can cure avian flu in humans, the Retroscreen Virology trial does hold out hope that it may be a possible solution if more studies support the findings. Mumcuoglu admits that clinical research into H5N1 is impossible at this stage, because there have only been 140 or so cases around the world, and the mortality rate is over 50%. Instead, the company is preparing to begin in vivo studies to look at the effect of Sambucol against the disease caused by the avian influenza virus.

If Sambucol does prove effective against H5N1, it will be a major breakthrough. Unlike many of the other remedies being touted as possible treatments to bird flu, this is a tried and tested product, already on sale in 17 countries around the world, including the US, Canada, Britain, Holland, Belgium, Norway, Israel, South Korea, and Singapore.

In the US, Sambucol has been well received and now controls about 80% of the elderberry remedy market. The liquid food supplement is distributed by Nature's Way Products and sold in most health food stores across the country.

A SPINS survey revealed that in the US three of Sambucol's products are among the top 10 out of 662 herbal formulas available for adults, while the children's remedy, Sambucol for Kids, is at the top of the list as the number one formula for kids out of 192 products in different categories.

Another advantage of Sambucol, says Mumcuoglu is that unlike the anti-viral drug Tamiflu, which is the only treatment for bird flu now available that is thought to reduce the length and severity of flu symptoms, Sambucol has no side

see *Israeli Society*, page 16

Upcoming dates for the 2006 CKJF/UJC Community Campaign:

April 16	Community-wide program, Freda Keet
May 7	Super Sunday
May 21	Big Donors Dinner Event
September (t.b.a.)	Pomegranate Dinner - Donor Thank You Event
October (t.b.a.)	Equine Division



Want to keep up to date on **ISRAEL?**

Visit the CKJF website at www.jewishlexington.org

Tikkun Lexington volunteers are appreciated in many places

Thank-you notes received
in behalf of Day of Giving efforts

By Jana LaZur

I want to thank you for organizing the "Day of Giving" and including the Lexington Humane Society. We were so pleased to have the Tikkun Lexington group spend part of their day with us.

The grounds have never looked better and I really enjoyed meeting everyone. Several of the managers and department heads told me that your members did a wonderful job in the adoption area as well as cleaning the grounds and organizing the carriers and crates.

Please see pictures on our website under "Volunteer News."

Thanks again,
Morgan Wells
Lexington Humane Society

Just wanted to send a thank you for the Jewish Federation's assistance delivering Meals on Friday, December 23rd. Your group's help was greatly appreciated!

Sincerely,
Meals on Wheels
2nd Presbyterian Church

We at M.A.S.H. would like to say Thank You for coming out and doing what you did for the residents.

One thing we want to do is provide life skills training for the youth we come across and expose them to the different aspects of life, so that they could have a more positive outlook. What you all did for them gave them more exposure and a memorable holiday season!

Thank You!
M.A.S.H. Services of the Bluegrass

From all of us at Florence Crittenton Home
Merci, hvala, akeva, webaale, uninang, maraba, chezu ba, hway, sayol, sag olun, kano, ta', faleminderit, see', chezu ba, eyalama, kano, thank you for your kindness.

Thank you so much for our holiday lunch and gifts! The girls really appreciated it!

Sincerely,
Amanda
(This note was personally signed by each of the girls from the home.)
Florence Crittenton Home

Thank you so much for arranging such a delightful program on Hanukkah for our residents. It was so well attended. The volunteers were lovely and we would be so happy to have them come back. Again, thank you for your gift of time.

Karen Weckman
Mayfair Village

Thank you for coming to spend time with our kids and play music for them. They really enjoyed it (including the staff). We appreciate you thinking of us during the holiday season.

Thanks again,
Shriner's Hospital ☆

Noontimers Purim Party



March 14, 2006
12 p.m.

at Temple Adath Israel

Lunch will be provided.

Call or email Stacey Heisler for more
information or to RSVP.

859.269.8244

jfs@jewishlexington.org



Spotlight (from page 3)

Mitzvah in Lexington. She also served a term as president of the Havurah. Of these two organizations, OZS and the Havurah, Evelyn says, "I treasure my membership in the Havurah and the Synagogue, especially since I developed my handicap. Everyone has been so supportive. It would seem that the Jewish Community as a whole takes to heart the admonition to 'not put stumbling blocks in the way of the blind'."

While Evelyn has no children of her own, she feels she is blessed with many children. In fact, she has been adopted by generations of children at Ohavay Zion Synagogue. She also demonstrates her love and caring for children by her long-term service on the Committee for Camp Young Judaea Midwest, on which she currently serves as treasurer. She originally came to that committee as a representative of the Central States Region of Hadassah, and continues in that role because of her belief that Jewish camping is an important means to secure the future of the Jewish community.

In 1951, Evelyn made her first visit to Israel. She stayed with cousins in Petah Tikvah and also traveled all over the country on her own. She was "awestruck that a country with so few resources could be growing so." She did not travel to Israel again until 1976, when she went on sabbatical to teach at Tel Aviv University School of Nursing. While in Israel, she struggled to learn Hebrew, but the Israelis wanted to learn English. They won the battle. She has since returned to Israel several times.

In Lexington, she continues to express her devotion to Israel by becoming involved with the Lexington Chapter of Hadassah. She has served in many positions in Hadassah, ultimately becoming president of the chapter. She has been a member of the Central States Region Board for some time.

Evelyn has long been active in CKJF, and served as president from 1997 to 1999. Over the years her primary interest has been Jewish Family Service. She served on that committee for years before we had a professional social worker. She continues active participation on that committee today.

As if "all of the above" weren't enough, she is an active member of Mended Hearts, an organization dedicated to providing support, encouragement, and education to patients who have had heart surgeries. Her love of classical music led her to subscribe to a classical music series at the University of Kentucky. Attending those concerts has been one of her great pleasures. A Yiddish class taught by Raphael Finkel is her latest endeavor at lifelong Jewish learning. And of course, as readers of *Shalom* know, she was on the *Shalom* editorial committee for many years and still keeps her hand in by collecting information about the bar/bat mitzvahs and writing those articles.

And how does Evelyn feel about having moved to Lexington? "I miss real Jewish deli with half sour pickles and hand sliced corned beef." She also says, "I truly enjoy being part of the Lexington Jewish community. I'm proud of what we've accomplished and I think we can accomplish more." ☆

Save the Date!

Sunday
April 30,
2006



Veterans'
Park

Yom Ha'atzmaut

OZS Social Action Committee seeks volunteers

By Bob Grossman

The OZS Social Action Committee solicits your support for the following activities in the month of March.

This month, we are continuing to solicit donations of hygiene supplies for Harrison Elementary School. Such items as Kleenex, liquid soap, and hand sanitizer are most welcome. Also, spring clothing for younger or older children would be very much appreciated. Please place your donations in the treasure chest in the OZS lobby.

Harrison Elementary gratefully welcomes any community members who can work with students during the school day. You can have children read to you, help them with their homework, or, if you have the skills and desire, even help teach lessons. Contact Fran Friedman at (859) 271-3846 if you are interested in helping out.

Together with TAI, we are continuing to provide a work detail at God's Pantry on the third Tuesday of each month from 6:00 to 7:30. God's Pantry is located at 1685 Jaggie Fox Way, off Georgetown Road north off New Circle Road. The work involves sorting donations of food. Contact Mollye Schwab at (859) 881-1686 if you're interested in joining in on this kid- and adult-friendly mitzvah.

Thanks to everyone who donated at our December blood drive. Our spring blood drive will be held at TAI on Sunday, May 7. Mark your calendars, and don't plan to pilot any airplanes that day. ☆

Campaign (from page 1)

regularly to forward positions interviewing troops and compiling programs for broadcast. During this time she also worked as a volunteer with the IDF, organizing groups of entertainers to perform for the troops in isolated and remote front-line positions. She reported from the battlefields of the Sinai and the Golan Heights in the aftermath of the 1973 Yom Kippur War. She was a member of the Israel delegation to the United Nations Conference on the Status of Woman in Nairobi, Kenya.

Her powerful stories and interviews finally brought her to the attention of the organized Jewish world, and she began receiving invitations to lecture to Jewish communities in all the English-speaking countries lecturing on Israel and Israel/Diaspora relations.

Her insights and understanding of Israeli society make her a very appropriate choice to give us a picture of the current situation in Israel.

The program is open to the whole community. During the event you will have the opportunity to make your commitment to the 2006 CKJF/UJC Community Campaign. Look for more details in your mailbox. We look forward to seeing you all on April 16. ☆

16 • March 2006 Shalom

Israeli society (from page 14)

effects. It can also be given safely to children. Tamiflu, in contrast, cannot be given to children under 12.

Recently there has also been doubt cast on the effectiveness of Tamiflu as two patients, including a 13-year-old girl, developed resistance to the anti-viral drug and died. A report on this was published in the New England Journal of Medicine. Commenting on the report in the journal, Prof. Anne Moscona of Cornell University in New York said Tamiflu-resistant H5N1 "is now a reality".

"This frightening report should inspire us to device pandemic strategies that do not favor the development of Tamiflu-resistant strains."

The US, like many nations around the world, has stockpiled supplies of Tamiflu.

Another advantage of Sambucol is that it can treat every type of flu virus.

"Our research has shown that the antiviral effect of Sambucol is not strain-specific," says Mumcuoglu. "It was effective against all influenza viruses tested. The original formulation of Sambucol is the product we have tested in all cases - both in the laboratory and in clinical studies for the common flu. It is what was also used in the recent experiments in London against avian influenza virus thus any Sambucol already on the shelves is the same as any we would produce now."

Traditional vaccines given to prevent flu from developing are often created through guesswork, with scientists simply speculating which strain of flu is likely to hit that year. The three most likely strains are combined into a vaccine, but by the time the flu

season arrives, these strains may have undergone changes, or new strains may have emerged. Despite this, Mamcuoglu insists that those at risk continue to take their flu jabs.

Mamcuoglu insists that use of Sambucol against traditional flu viruses will help reduce the annual death rate. "If you stop the flu virus at the beginning then you stop it going to the lungs, or from creating the additional complications that are normally the cause of death," she explains.

Recently there has also been doubt cast on the effectiveness of Tamiflu as two patients, including a 13-year-old girl, developed resistance to the anti-viral drug and died.

Currently about 30,000 people die of regular flu every year in the US, a figure that could rise alarmingly if avian flu becomes the pandemic experts are predicting. If Sambucol proves effective against bird flu, however, Mamcuoglu believes that figure will be much lower.

The next round of trials into Sambucol's efficacy as a treatment for bird flu are likely to be completed during the year. Mumcuoglu is ready for any upsurge in sales that are likely if the results are positive. "We have additional production facilities on standby," she says.

The company also has another interesting product in the pipeline, called ArteryCare 40 Plus. This is an antioxidant formula containing strong antioxidants from the elderberry, the pomegranate and the persimmon. It helps avoid the formation of plaque in the arteries by preventing the oxidation of LDL (the bad cholesterol), and is thought to also have anti-aging properties. ☆

The 2006 Kenneth Freedman Community Involvement Award is now open for nominations.

Deadline is March 12, 2006.

Nominations are open to Jewish students
at the University of Kentucky.



For more information please contact
Daniel Chefec at (859) 268-0672 or
ckjf@jewishlexington.org

Book Review

By Daniel Chejfec

Novel explores Jewish identity issues

♦ ♦ ♦

Have you ever played the "What If" game? In recent years a new genre is emerging, the historical "What If" or "Alternate History" genre. Among the authors playing in this field, one stands out as the widely acclaimed master of Alternate History—a historian by profession and a writer by choice, Harry Turtledove. He has written a number of novels based on such interesting premises as, "What if the Confederacy won the war?" or "What if the Japanese not only bombed Pearl Harbor, but invaded Hawaii?" But from all his novels, there is one that stands out: *In the Presence of Mine Enemies* (Penguin, 2003).

Just imagine for a second that the United States had remained neutral and out of World War II. What would have happened? Turtledove imagines that Nazi Germany wins the war in Europe, occupying England and Russia; Italy, Germany's ally, occupies the Middle East, and Japan conquers most of Oceania. But Turtledove goes even further and imagines that a generation after the end of World War II, in an alternate 1960s, Germany attacks and occupies the United States. By the year 2000,

Nazi Germany is the undisputed power in the world. All this is background—the novel itself starts in the year 2009 in Berlin, with the family life of Heinrich Gimpel, an analyst for the Nazi government. What makes Gimpel unusual is not his occupation, but the fact that he is a Jew surviving in Berlin by posing as an Aryan. The tableau is tantalizing: Jews surviving as modern-day *marranos* in the heart of the Nazi-Germanic Empire and managing not only to stay alive but to keep alive the flame of Judaism and Jewish identity.

Turtledove does not focus on the "big picture" but on the daily lives of the characters, and it is through their tribulations that we get to learn about the big picture. The story is not about Germany, but about the Gimpels and other families who refuse to die and refuse to give up who they are and what they are. It is a story of fear and hope which explores many aspects of Jewish identity and it is masterfully presented. If you are trying to decide what book to read next, this would be a great choice. ☆

Save the Date

April 16, 2006

4:00 p.m.

at Ohavay Zion Synagogue

Central Kentucky Jewish Federation
invites you to hear



Freda Keet

Former Anchor Person for "Kol Israel"
Investigative Journalist
War Correspondent

She will share with us her perspective
on the current situation in Israel.



You will have the opportunity to make your commitment
to the 2006 CKJF/UJC Community Campaign.

Camp Young Judaea is spiritual home to campers

By Daniel Schnitzer

In the Torah, Nachshon was the first brave Israelite who stepped into the waters of the Red Sea. Last summer, as Jessica arose from her bench draped in her family tallit and approached the Torah, I had to feel that Nachshon was watching proud. Jessica has been a member of the Camp Young Judaea Midwest family for many years and last summer decided to celebrate her Bat Mitzvah at camp. When I asked her why she chose to hold her Bat Mitzvah at camp she looked at me like I was crazy. "Because camp is my real home. Camp is where I am Jewish. Camp is where my family is. A Bat Mitzvah is about becoming an adult and camp has been with me my whole life—I am becoming an adult because of camp."

Camp Young Judaea Midwest is nestled amongst the trees and lakes of central Wisconsin. In the middle of the Midwest, it stands on 80 acres engulfed in Jewish Values and Israel-centric education—a little piece of Israel. CYJ Midwest is best described as a family: a family that challenges our campers to explore beyond their experiences, to learn from each other, to have fun

and to do all of this in the framework of Jewish values.

From rock climbing to dancing, waterskiing to art, singing to sports, CYJ Midwest offers it all. We incorporate within all of our programs a love for Israel and pride for our Judaism. As a pluralist camp, our campers and staff bring their unique backgrounds and experiences to share and learn from. About a quarter of our staff are Israeli and many of our other staff members grew up at camp. At the end of a summer our campers go home with a new appreciation for living Judaism and the importance of Israel in our lives as Jews.

At CYJ Midwest, our campers do not grow passively. They are interactive and hands-on. They learn leadership, self-confidence, overcoming

obstacles, taking responsibility, and how to have fun in a supportive environment. Our campers come back year after year because they have a great time and they can see and feel themselves growing. In the off-season many of our campers complain of being "camp-sick," sad to be far away from camp. For some CYJ Midwest is a home away from home and for many others it is just home.

At CYJ Midwest, your children will find lifelong friends and memories. They will be challenged, they will accomplish amazing feats, and they will grow. They will leave camp as strong and proud Jews prepared to be the leaders of today! Most of all, though, they will leave camp with smiles on their faces, friends in their pictures, and memories in their heads. There truly is no place like Camp Young Judaea Midwest—you have to experience it to believe it!

Camp Young Judaea Midwest is sponsored by Hadassah and is a fully kosher and *shomer Shabbat* facility. For more information please contact Daniel Schnitzer at (847) 328-4942 or email info@cyjmid.org. ☆



Jewish Lexington Singles

Dinner at Siam Restaurant

126 E. New Circle Road

Sunday, March 19, 2006

5:00 p.m.

For more information
or to make reservations contact
Stacey Heisler, JFS Director,
at 859.269.8244 or
jfs@jewishlexington.org



Community (from page 1)

streets of Jaffa, helped on an archaeological dig in the town in which King Herod's family was forced to convert, and celebrated the most beautiful Shabbat I have ever experienced.

I sincerely believe I absorbed more information during the ten days I spent in Israel than I did during my entire last semester. It was as though I took a crash course in Israeli history, politics, culture, and geography, and it was fascinating. Everything I experienced contributed to the overall effect and impact the trip had on me, but one place that was especially striking was the Southern Wall of the Second Temple, where I climbed the very steps on which we ascended the Temple Mount three thousand years ago, and touched the very gates through which we entered the Second Temple in massive numbers three times every year: Pesah, Shavout, and Sukkot. It was at the Southern Wall that I saw something that immensely influenced my thoughts and changed the way I see my responsibilities toward Jewish communities everywhere. The Arabs who control the Temple Mount are using scaffolds to drop down over the side of the wall and make repairs so it appears to be a new, fresh structure. They are trying to take away our connection and claim to the wall by removing the evidence of our past. It is horrifying to look down the side of the wall and see large patches that look brand new and to hear the scraping of the scaffolding and know that it will not be long before there is nothing that resembles anything ancient left of the wall. I know that I must be a witness to the fact that the claims we have to

the Temple do not arise out of myths, as the Arabs are trying to make it appear.

A very positive part of the experience were the interactions I had with the people with me on the trip. I traveled with a group of 36 Jewish youth between the ages of 18 and 26. It was amazing. For ten days I was not the overwhelming minority. For ten days I had people with whom to discuss Torah. I had people with whom to study Torah. I had people with whom to keep Shabbat. I had people with whom to celebrate Judaism. For ten days I was a part of a

I have always loved being Jewish and have been proud of my heritage, but because of my rural Nebraska environment, Judaism was something very individualistic to me. Now I see that it is about something more than just traditions, truly wonderful as they are; it is about a people.

community. Having grown up for the most part in rural Nebraska, I truly have never experienced a tight Jewish community. What made our group even more complete were the six soldiers and group leader who joined us in Israel. The friendships I made truly helped me to learn Israel from a citizen's view, and a couple of those friendships I am sure will be lifelong. I can't think of anyone who was not crying just before we got on the plane to depart, and I was completely taken aback when I realized what I was about to lose. I was definitely not thrilled to leave the only community I have ever known to return to a college in which the Jewish population is somewhere around two—my sister and me. Fortunately, there are a number of people from the trip, both American

and Israeli, with whom I still keep in contact. One of my friends, Mordechai, was in Amona with his sister, brother-in-law, and nephews in their home when the IDF came in to destroy the nine permanent buildings. He was able to tell me on the phone exactly what happened to me because he was there. I love the fact that I have friends all over Israel who can tell me what is really happening in my country, because I do not have great faith in the American news media. Having friends in Israel and in the IDF has also caused me to be much more interested in what is going on in Israel; I keep up with current events to a much greater degree because suddenly it matters. When headlines say "Four Israeli Soldiers Killed in Explosion," or "Three Israelis Dead in Suicide Bombing," they could be talking about Shiran, Mordechai, and Shai. It could be people I know and care about, who are risking their lives fighting for my land, so the least I can do is know what is going on.

The truth is my trip to Israel did teach me Zionism, a deep love for my land, but it taught me something even greater, a love for my people. I have always loved being Jewish and have been proud of my heritage, but

because of my rural Nebraska environment, Judaism was something very individualistic to me. Now I see that it is about something more than just traditions, truly wonderful as they are; it is about a people. It is about my people, whom I have met, befriended, lived with, and learned from, and I really love my people. Love and unity amongst our people is beyond important. While I was in Jerusalem I learned that the destruction of the Second Temple could have been prevented if we had not been fighting among ourselves, Zealots in battle against the wealthy. Current events in Israel today, such as the IDF's brutal actions in Amona, can only lead to a terrifying comparison to those events preceding the destruction 3,000 years ago. I believe the most important concept we Jews can learn right now is love for our people, and I treasure this deepened love most among all of the valuable concepts, insights, and learning I took from my trip. I love Israel, the people and the land, and I am thankful I was given the chance and gift of going, and grateful to the CKJF for helping to provide me with the opportunity.

Erin Patricia Johnson is a student at Berea. ✧

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B'tayavon (Hearty Appetite)

Ruth Poley



Lemon-Ginger Poppy-Seed Cupcakes for Purim

♦ ♦ ♦

Purim begins this year on March 13. Always a fun holiday, it celebrates Queen Esther's triumph in saving the Persian Jews from extinction. As the story goes, Queen Esther became a vegetarian so that she could safely avoid eating non-kosher meats in the palace of King Ahasuerus while keeping her Jewish identity secret. Of course, seeds are a big staple in the vegetarian diet and it's reported that poppy seeds were her very favorite (don't ask me how anyone knows all this). We've all eaten our share of hamantashen with poppy-seed filling. This month I'm offering some other ways to use poppy seeds in celebration of Purim.

Cupcakes are the new big "in" thing. Bakeries that sell only cupcakes have opened in many big cities, and cakes composed entirely of cupcakes are making their way into more and more weddings. You can get on the cupcake bandwagon with the following recipe.

Lemon-Ginger Poppy-Seed Cupcakes

2 1/4 cups cake flour
1 teaspoon baking soda
1/2 teaspoon baking powder
2/3 cup sugar
1/2 cup unsalted butter, softened
1 tablespoon lemon juice
1 tablespoon freshly grated lemon rind
2 tablespoons finely minced candied ginger
5 large egg yolks
1 cup sour cream
1/4 cup poppy seeds
3 large egg whites
1/2 cup granulated sugar

Glaze

1 cup confectioners' sugar
3 tablespoons lemon juice

Preheat oven to 350 degrees. Line the cups of a muffin tin with cupcake papers.

Sift together cake flour, baking soda, and baking powder.

In a separate bowl, beat together 2/3 cup of sugar and butter until light and fluffy. Beat in vanilla and lemon juice. Beat in egg yolks one at a time until very light. Beat in sour cream and then poppy seeds. Stir in flour mixture.

In a separate bowl, beat egg whites until foamy. Gradually, add the 1/2 cup of sugar, beating until stiff and shiny. Take a heaping tablespoon of the beaten eggs and stir that into the batter. Place the remainder of the beaten egg whites on top of the batter and carefully fold (do not beat) into the batter, taking care not to deflate the egg whites.

Fill each muffin cup 2/3 full. Bake about 20 minutes, until a tester inserted in the middle comes out clean. Place muffins on racks over waxed paper.

Beat together the confectioners' sugar and lemon juice. Spoon a little glaze over each cupcake. Cool completely.

Source: *Sutton Place Gourmet* newsletter

Purim Poppy-Seed Treats

Makes about 30
Keeps 1 week in an airtight container
Will keep in the freezer two months

2 1/4 cups cake flour
2 oz. butter or firm margarine, cut into 1-inch chunks
2 oz. caster (superfine) sugar*
2 egg yolks
1 teaspoon vanilla extract
6 oz. self-rising flour

Topping

2 egg whites
pinch of cream of tartar
4 oz. light brown sugar
5 oz. poppy seeds, ground (You can use a Cuisinart mini-prep or a clean coffee grinder to grind the seeds.)

Put the butter or margarine, caster sugar, egg yolks, vanilla extract, and flour into the food processor and process until it resembles moist breadcrumbs. Then press this mixture firmly into a greased 7 x 11 x 2 inch pan.

Whisk the egg whites with the cream of tartar until they form soft peaks, then gradually whisk in the brown sugar until firm peaks are formed.

Fold in the ground poppy seeds, then spread this meringue evenly over the pastry base.

Bake at 350° F for 30 minutes until the surface is firm to the touch and lightly browned. When cool, cut in one-and-a-half inch triangles.

* Caster sugar is not confectioners' sugar. If you can't find superfine sugar, you can process regular white sugar for a few seconds in your food processor.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com.

Hadassah Foundation awards \$670,000 to five U.S. and twelve Israeli programs

**In just five years, endowment of
largest Jewish women's foundation
has grown to \$13 million**

♦ ♦ ♦

(New York, NY—February 2, 2006) The Hadassah Foundation celebrated its fifth anniversary of funding by announcing today the recipients of its 2006 grants, which include five grantees in the United States and 12 in Israel, for a total of \$670,000. Over the last five years, the foundation has developed two areas of primary interest: projects that help low-income Israeli women achieve economic independence and programs in the U.S. Jewish community that help girls enhance their self-esteem and develop leadership skills.

The National Board of Hadassah, the Women's Zionist Organization of America, established The Hadassah Foundation with a \$10 million endowment. Today, the endowment has reached more than \$13 million making The Hadassah Foundation the largest Jewish women's foundation in the U.S. and one of the three largest secular women's funds internationally.

Since its launch, the foundation has awarded more than \$3 million in grants and has become a pacesetter in the world of philanthropy, funding innovative start-ups that leverage the foundation's support to attract other donors. One such example is Rosh Hodesh: It's a Girl Thing!, a program that strengthens self-esteem for girls, ages 12-18, and has grown to 190 groups in 110 Jewish institutions of all affiliations. The Hadassah Foundation provided the seed funds to establish the program and continues to support its national expansion.

"Our fifth anniversary is a time to recognize the success that the foundation, Hadassah, and our partners have achieved in bringing the issues of women and girls from the margins to the center of Jewish concern," said Barbara Dobkin, foundation chair. "We are encouraged that other funders and activists are taking up these causes, and we are energized to reach out even more widely in the years ahead."

see *Hadassah foundation*, page 20

Save the Date

**Camp Shalom staff training for
those hired for 2006 is on
Sunday, March 5 at 2:30 p.m. and
Sunday, March 23, at 1:00 p.m.**

History of B'nai B'rith

Mission Statement

B'nai B'rith is an international Jewish organization committed to the security and continuity of the Jewish people and State of Israel, defending human rights, combating anti-Semitism, bigotry and ignorance, and providing service to the community on the broadest principles of humanity. Its mission is to unite persons of the Jewish faith and to enhance Jewish identity through strengthening Jewish family life and the education and training of youth, broad-based services for the benefit of senior citizens, and advocacy and action on behalf of Jews throughout the world.

About B'nai B'rith

Founded in 1843, B'nai B'rith International is universally recognized as one of the world's largest and oldest Jewish human rights, community action, and humanitarian organizations. A constant source of innovation and charity for populations around the world, B'nai B'rith has founded hospitals, orphanages, senior housing communities, disaster relief campaigns, libraries, anti-hatred programs, and countless other initiatives in the public interest. B'nai B'rith is also a tireless advocate for Israel and the Diaspora in a variety of governmental and political arenas. With more than 180,000 members and affiliates in more than 50 countries, B'nai B'rith truly spans the globe in its efforts to make Jewish communities better for all their inhabitants. ✡



Have a question? Ask a rabbi

The rabbis are now writing their columns in response to questions submitted by the community. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to di-ifr@bardstown.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

THE LEXINGTON HAVURAH

President, Gail Cohen • (859) 272-1459

The Lexington Havurah, founded in 1978, is a diverse network of people dedicated to Jewish learning and renewal, community building, and Tikkun Olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee.

Members plan, conduct, and share responsibilities for all services.

For more information please contact Gail Cohen, President, by telephone at (859) 272-1459, or by e-mail at gernico@prodigy.net.

Purim to be celebrated, Monday, March 13

On Tuesday, March 13, at 8:00 p.m., the Havurah will hold its Purim celebration with a service and the reading of the Megillah of Esther at the Lexington Theological Seminary. In the spirit of the happy holiday, all are invited to appear in costume. The service leaders for the evening will be Gail and Ernie Cohen. The hosts for the evening are Vicki Doukas, Eve Podet, and Hannah and Uri Smith.

Annual Havurah Retreat, Sunday, March 26

The Annual Retreat of the Lexington Havurah will take place on Sunday, March 26, from 10:00 a.m. to 4:00 p.m., at the Firebrook Community Clubhouse. Our Scholar in Residence will be Rabbi Moshe Meirovich, the spiritual leader of Congregation Ohav Shalom in Cincinnati. He is the rabbi of former Havurah members Lois and Ken Germain. The topic will be "Jewish Mysticism: Are You a Kabbalist?" Mid-morning snacks and lunch will be served. This event is for Havurah members only. If you wish to become a member, please call Gail Cohen, (859) 272-1459.

20 • March 2006 Shalom

Hadassah foundation (from page 19)

Of the five grants given in 2006 to American programs promoting leadership and self esteem among Jewish adolescent girls in the U.S., two are new grant recipients: Jewish Women International: Healthy Relationships: Creating a New Paradigm for Young Jewish Women and McLean Hospital: A Jewish Guide to Full of Ourselves. Grant renewals include: Moving Traditions: The Leadership Stage of It's a Girl Thing!; Shalom Bayit: Love Shouldn't Hurt; and the Women's Sports Foundation: GoGirlGo and Women's Coaches Clinic.

Among the 2006 grants to Israeli organizations, all of whom help women of all backgrounds achieve economic independence, six are for organizations not previously recipients of Hadassah Foundation funding: The Adva Center: The Women's Budget Project; Isha l'Isha/Mahut: Changing Women's Lives through Empowerment and Employment; Israel Religious Action Center: Putting Women in the Government-Funded Kitchen; Kayan: Women Demand Mobility; Koret Israel Economic Development Funds: The Israel Microenterprise Initiative; Sidreh: The Lakiya Negev Weaving

Project. Six are grant renewals and include: A Step Forward: Economic Empowerment for Bedouin Women; the Center for Jewish Arab Economic Development: Women in Development; Economic Empowerment for Women; Itach: Access to Justice for Low-Income Working Women; Tel Aviv University Law School: Micro-Business and Economic Justice Clinic; Yedid: Financial Management Training for Women.

The Hadassah Foundation, founded by Hadassah, the Women's Zionist Organization of America, in 2000, is dedicated to refocusing the priorities of the Jewish community through innovative and creative funding for women and girls in the United States and Israel. Its mission is to: improve the status, health and well being of women and girls; bring their contributions, issues and needs from the margins to the center of Jewish concern; and encourage and facilitate their active participation in decision-making and in leadership in all spheres of life. For complete information about the Foundation, visit <http://www.hadassahfoundation.org/>. ✡

Around the Community

Mazel Tovs...

B'nai Mitzvah

Michael Waltman, son of **Jonathan and Wendy Waltman**, will be called to the Torah as a Bar Mitzvah at Temple Adath Israel on March 18, 2006. Joining in this celebration will be his three brothers, **Nicholas**, age 10, **Samuel**, age 8, and **Benjamin**, age 4.



Michael Waltman

Michael, a seventh grade student at Sayre School, says that his favorite subject is science "because I am concerned about the environment." He goes on to say, "My extracurricular activities are my school's academic team and playing trumpet in my school band." Among the activities in which he participates outside of school are taking classical guitar and electric bass.

In describing his mitzvah project, Michael wrote, "My mitzvah project was to start a food drive at my school for the hurricane victims and to serve food at the Hope Center. I chose this because I felt that it would make a difference in the community."

To give the community a better picture of who he is, Michael stated, "One of the most important things in my life is attending Goldman Union Camp in Zionsville, Indiana."

Adam Suhl, son of **Sylvia Cerel-Suhl and Jeremiah Suhl**, will be called to the Torah as a Bar Mitzvah at Temple Adath Israel on March 4, 2006. Joining in the celebration will be his 9-year-old sister, **Sara Rose Cerel-Suhl**.



Adam Suhl

Adam, a seventh grade student at the Lexington School, said that his favorite subjects are math and science. His extracurricular school activities include Math Counts and Speech Team. His activities outside of school include golf, photography, and maintaining his websites.

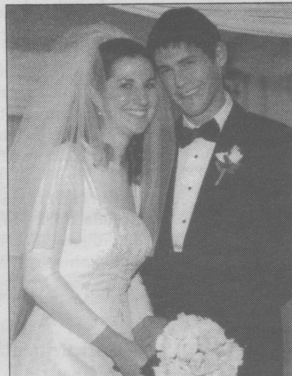
In describing his mitzvah project, Adam wrote that he developed and maintained a website for children about how they can help the environment. "Why? Because I like computers and I care about the environment."



Maria Alkhasov

Maria Alkhasov, daughter of **Shebetey and Svetlana Alkhasov**, will be called to the Torah as a Bat Mitzvah at Ohavay Zion Synagogue on

March 25, 2006. Joining in this celebration will be her brother **Solomon**, age 16.



Rachel Ezrine and Daniel Wasserman
January 1, 2006. (See Feb. Shalom)

Maria is an eighth grade student at the Lexington Traditional Magnet School, where her favorite subject is language arts because it is taught by a good teacher, has open class discussions, and includes some of her friends. At the present time, Maria is not participating in any extracurricular activities at school, but she does play soccer outside of school.

In describing her mitzvah project, Maria wrote, "I am helping the Lexington Humane Society take care of its animals, and donated money to them."

Condolences to...

Malcolm and Carolyn Siegel on the death of Malcolm's brother, **Avrom H. Siegel**, on December 9, 2005.

Eleanor Gordon and the extended Gordon family on the death of **Norman Gordon**.

Jane Hart on the death of her husband, **Kenneth Hart**.

Sydelle Meyers on the death of her sister, **Vivian Hamburg**, on February 4, 2006.

Ken Slepian and Karen Petrone on the death of Ken's uncle, **Stanley Efron**, on February 10, 2006.

Refuah Shlema to...

- Sandy Berger
- Bill Bloom
- Harriet Cooper
- Mayya Dekhtyar
- LisaMarie DeYoung
- Steven Edelstein
- Alice Frankel
- Amy Fugate
- Alberta Gerson
- Dorothy Halleck
- Renee Hymson
- Max Kavinow
- Bobby Lacer
- Ann Levenson
- Jim Levenson, Sr
- Evelyn Levy
- Ada Lee Michalove
- Rachel Plavin
- Isabel Russotto
- Phyllis Scher

THE LEXINGTON CHAPTER OF HADASSAH

President, Odette Kaplan

Recently I attended a performance in Cincinnati of *Golda's Balcony*, the one-woman play about Golda Meir portrayed by Valerie Harper. It brought laughter and tears. Meir is the only woman who has served as Prime Minister of Israel. She has always been an inspiration to me in the mold of Henrietta Szold. Her courage and strength of character helped build the state of Israel against many odds.

I would like to share with you a communication I received from Hadassah Community Education Department. It deals with Jewish women famous and ordinary, serving as inspiration in our lives.

Who Inspires You?

Certainly the holiday of Purim embraces special meaning for Hadassah. Our very beginnings are wrapped around the story of Purim and our early heroines. As we look toward these festivities, we remember our founder Henrietta Szold who reorganized her women's study circle, Daughters of Zion, into the national organization of Hadassah on Purim 1912. And so began our love affair with Henrietta, Queen Esther, and heroines past and present. Their actions resonate as a model to all women for their courage and risk-taking for causes in which they believed.

Who inspires you? Who are your special heroines—a nurturing mother, a loving grandmother, a renowned historical figure, a teacher who opened your eyes to the world, a neighbor who showed kindness beyond your expectations, a friend or colleague who is always there in both good and difficult times?

There are defining events that change people's lives. The stories of Purim and of Hadassah demonstrate the power and determination of two women—Queen Esther and Henrietta Szold. These women dared to take risks for political change and Jewish destiny, each altering the course of history. We find inspiration from heroines—both from our everyday experiences and from our historical past—and we celebrate the timeless impact of the women in our lives.

Our heroines are a source of inspiration and, by their very interaction in moments in our lives, often provide the backdrop against which we develop the framework for our own ideas. It is our hope that by our actions and by the way we live our lives, we will be role models for future generations and that our children and grandchildren will look back and say of us, "She inspired me!"

TEMPLE ADATH ISRAEL

124 N. Ashland Avenue • President, Starr Gantz • (859) 269-2979

OmShalom, a yoga and meditation class, will meet on Wednesday, March 15 at 11:00 a.m. and 5:30 p.m. Our session will focus on joy and merriment. Everyone is welcome and no experience is necessary. Please RSVP to the Temple office by March 14. Bring a mat and/or a large towel for your comfort.

Members of **Chavurat-Chochma** (a friendly gathering of wisdom) were treated to the sounds of the Yiddish language on January 27. UK professor Rafi Finkel delighted us all by reading and singing to us in Yiddish, evoking memories of Yiddish-speaking relatives and reminding us of a wealth of wonderful writings available to us. Chavurat-Chochma's February 24 event featured the music of Stephanie Barrett and Carl Schreiber. The Social Hall was filled with beautiful Israeli, Yiddish, and American folk music. Reserve March 31, when Dianne Bazell will join us to discuss the American education crisis.

TAI bottled water

The Temple now has its own label for bottled water. The water, H2Oy, has been blessed by the rabbi; you can get your bottle(s) at the Temple for \$1 per bottle or 6 bottles for \$5 or \$18 per case (24 bottles to a case). All proceeds benefit the Temple. This is a wonderful refreshing way to support the Temple. Get your bottled water today! Stock up your fridge, your boat, your summer home, and your RV. Bottles can also be personalized and decorated to reflect a theme for Bar or Bat Mitzvahs, weddings, or a Simcha at which you serve refreshments.

Passover Seder will be held Thursday evening, April 13, 2006 at Temple Adath Israel, 6:00 p.m. Reservations required by Monday, April 10 and must be accompanied by a check. Call TAI office for more information, and to find out how you can help.

Save the date for a very special hiddur mitzvah project!

Imagine a pile of glass as the beginning of a unique community project that combines art and tzedakah. Make your own unique mosaic which is fired and attached to a metal base at The Gary Rosenthal Collection Studio. The finished artwork is sent back to you.

Sunday, March 19
Temple Adath Israel Social Hall
9:30 a.m. to 4:00 p.m.

Prices range from \$30 to \$100.
For additional information and to
RSVP by March 1 contact: Rebecca Young,
(859) 271-5597 or rsy2@hotmail.com.
Proceeds benefit TAI Preschool.

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternative Saturdays at 9 a.m. in the library. He is joined by a congenial group that brings together members of TAI and others, who, following the ancient tradition of Judaism, love study and matters of the mind. If you enjoy wrestling with problems of life and faith, join this friendly group. March schedule is 3/4 & 3/18.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, Biblical and traditional injunctions and laws, Jewish history, principles of the Reform movement, the relation of Judaism to Christianity, Islam, and Buddhism. Drop in any time and join in the provocative and friendly discussion. March schedule is 3/11 & 3/25.

Adult Education for 2006

Larry Kant's class, "Finding a Jewish Path While the Ground Shifts Beneath Us," meets monthly on Sundays in the TAI Sisterhood Lounge from 10:00 a.m. to 12:00 noon. Upcoming dates are 3/26, 4/23, & 5/21. We will concentrate our efforts on the traditional Jewish prayer book (siddur) so clearly presented in the wonderful series "My People's Prayer Book," published by Jewish Lights Publishing. This should help us in our Shabbat preparation. An exciting course about continuing our learning and thinking about what it now means to be Jewish.

Book Discussion Group

Open to all, the Book Discussion group will meet on Wednesday, March 22 in the Temple library. The book to be discussed will be *Kaaterskills Falls*, by Allegra Goodman. Everyone is welcome.

God's Pantry Night

Please join representatives from the entire Jewish community at God's Pantry on the second Tuesday of each month, from 6:00 to 7:30. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. Many thanks to the volunteers who made the December volunteer night such a big success! For more information and directions, please contact Karen Petrone at (859) 226-9145 or e-mail petrone@uky.edu

Caring Connections Committee

The Caring Connections Committee is asking Temple members to help perform Random Acts of Mitzvot. Our committee provides meals to members of our congregation who are ill, contacts older/homebound Temple members monthly, aids families who are bereaved, and provides occasional transportation to Temple events. Please call Julie

McKee at (859) 225-5646 or Deb Kratzer at (859) 223-8601 to let us know to what degree you can be involved. No meetings—no pressure—we promise! We'll call you as the need arises.

Knitting Class

Knitters will meet on Mondays at Temple from 1:00 to 2:30 p.m. We continue to look for people to join us for the Handcrafters group. Contact Connie Grobstein if you would like to join this great group of people.

Tuesday Bridge Club

The Tuesday Bridge Group meets in the Temple Library at 11:00 a.m. Bring your lunch and play until 2:00 p.m. You don't have to be an expert to join. This group is going strong, so if you like to play bridge, here's your chance to join and socialize with fellow Temple members. If you wish to join in, please check with other players or the Temple office each week to see if the group is playing.

Monthly Congregational Supper

The TAI Membership Committee is offering a series of suppers for the entire congregation—including old members, new members, and prospective members—the third Sunday of every month. We will provide a (mostly) home-cooked delicious supper (a different theme each month). All you need to provide is your presence plus \$5 for each person in your party over the age of 12. Everyone younger eats free.

What a deal! Where could you do better? Please join us for a tasty and fun interlude each third Sunday of the month at 6:00 p.m. in the TAI social hall. There will be no dinner in February. The next dinner date is March 19, 2006. The only catch is, you must call the Temple at (859) 269-2979 for reservations by 5:00 p.m. on the Thursday before the event.

TRYB

Thank you to Jeff Noffsinger, who organized a very successful TRYB ski trip. Thank you to those who participated in TRYB's chocolate and candy sale. The fundraising aspect of this project underwrites many of TRYB's activities, like the great ski trip we took in February. If you ordered candy from TRYB please be sure to come to the Temple to pick it up.

TRYB elections are April 30. Complete the letter of intent form if you plan to run for the board. This form will be available on the Temple website. Give the completed and signed (by you and your parents) to Toni Reiss, program coordinator.

Save the Date

Sunday, April 30, is the date of this year's combined community picnic and **Yom Ha'Atzmaut** celebration.

We'll celebrate Israel's birthday at Veteran's Park with games, entertainment, fun, and fellowship. Watch for more details in next month's *Shalom*.



OHAVAY ZION SYNAGOGUE

2048 Edgewater Court • President, Sanford Goldberg • (859) 266-8050

Purim at OZS

Join us on Monday March 13 at 6:15 p.m. as we read Megillat Esther—the Scroll of Esther—in celebration of the unique and joyful holiday of Purim. We will begin with Ma'ariv at 6:00 p.m. leading into the Megillah reading, complete with costume parade, singing, and "shtick." Of course, a "nosh" of Hamantaschen baked by our youth group teens will follow the festivities. Be sure to wear a costume or funny hat and bring a sense of humor and smile with you! In case you are coming straight from work, school, or other activities, the Social Hall will be open from 5:30 p.m. to 6:15 p.m. if you wish to bring your own dairy or veggie dinner to enjoy before the Megillah reading. Drinks will be available. Don't miss out on the fun!

Our annual **Purim Carnival**, sponsored by OZS Kadima and USY, will take place before the Purim holiday, on Sunday March 12 from 12:00 till 2:00 p.m. in the OZS Social Hall. Lunch, games, a costume contest, and—new for this year—a Silent Auction are just some of the Carnival activities scheduled. Proceeds support the USY and Kadima programs, so come help this worthy cause and have fun while doing it!

Youth Group News

OZS' Kadima and USY have a very busy March planned. Headlining the month, of course, is the yearly Purim Carnival hosted by our youth. The Stewart Home School students will be making their annual OZS Purim Carnival visit at 2:00 p.m. on Sunday, March 12. This is always a wonderful activity for both the Stewart Home and our Youth Group members. We are thankful, once again, for the opportunity to host the Stewart Home School for this special program.

In late January, sixteen OZS USYers had a fantastic time at the CRUSY specialty *kinnus* in Louisville. Last month, LEXUSY teens took time to learn about Judaism and disabilities and how we as individuals can better understand those who live with disabilities every day. In March, in addition to participating in Purim activities, OZS teens will travel to Cleveland for the CRUSY Regional Convention, and several of our high school seniors will travel to Columbus for a special Senior USY Retreat.

In February, Kadima (5th through 8th grade) hosted a special Souperbowl Sunday lunch. They sold bowls of vegetable soup and borscht as a mitzvah project. The lunch raised \$100 dollars to be donated to God's Pantry. Thanks to Shirley Bryan and Carol Kaplan for all of their hard work on behalf of our kids and God's Pantry.

Adult Education News

Be a part of the OZS adult learning community! Inaugurating a new **Searching and Seeking Series** in February, Rabbi Sharon Cohen and Dr. Art Shechet began a once-a-month course on Sunday evenings, *Looking for God in Everyday Life and Prayer: A Guide for the Uncertain*. The next session is planned for March 12, 7:00 till 8:30 p.m. There is no cost for the class, but there is a \$20 fee for books. If you are interested in participating, please call the OZS office.

Our once-a-month class **Modern Ethical and Social Issues from a Jewish Perspective**, taught by Bennett Bayer and Rabbi Sharon Cohen, will meet on March 19,

7:00 to 8:30 p.m. Call the OZS office for more information. All are welcome.

With Sandy Goldberg back from his time in Israel, the **350 Book Club** began meeting again in February to discuss a book reflecting the Jewish experience in America. For more information on the meeting date/time for March and for the book to be discussed, please contact Sandy Goldberg at scgold@pop.uky.edu.

Don't forget that **Humash Study** with Rabbi Smith continues on Monday evenings. All are also welcome to attend morning minyan, breakfast, and **Talmud Study** with Rafi Finkel every Friday morning beginning at 7:30 a.m.

Social Action News

The OZS Social Action committee invites you to join us on the third Tuesday of each month (March 21 this month) from 6:00 to 7:30 p.m. as we, along with other members of the Jewish community, sort food donations at God's Pantry. Contact Mollye Schwab at (859) 881-1686 if you are interested in participating on this kid- and adult-friendly mitzvah.

OZS Religious School News

In February, our Religious School students participated in a very special Tu b'Shevat Seder organized and conducted by Michelle Rivkin-Fish. We also joined together for a special potluck Shabbat dinner on February 17 before a special "Friday Night Live" Service led by our Religious School students. The students have been working hard on learning their *t'filot* (prayers) and new songs using both traditional melodies and new ones taught by Sharon Katz.

Our **Junior Congregation** program continues on March 11 at 10:30 a.m. in the Music Room. The program is coordinated by Steve Davis-Rosenbaum and led by Heidi Zimmerman and Asher Finkel. We encourage parents to attend with their kids.

We are also happy to be helping with the newly formed "Jewish Gymboree" program for Jewish toddlers (4 and under) and their parents. The idea for the program came from seeing several younger siblings of children in our Religious School running around the building on Sunday morning without a special program of their own, and, simultaneously, parents looking to put together some kind of Jewish enrichment activity for their children. A big thanks to Rachel Belin and Elisa Klein, who worked to make this group a reality. The next "Jewish Gymboree" will be Sunday morning, March 5 at 10:15 a.m. at OZS. For more information, see the article about the program in this month's issue of *Shalom*.

Gan Shalom Preschool

Registration continues for the 2006-2007 school year at Gan Shalom. For more information, contact the Gan Shalom office at (859) 335-9922.

Daily Minyan

Our daily minyan continues to meet each afternoon, Monday through Thursday, at 5:45 p.m. in the Sanctuary. Please come and help make a minyan!

OZS Shabbat and Special Program with Stu Silberman

We welcome in Shabbat during the Kabbalat Shabbat service on Friday evenings at 5:45 p.m. Feel free to come "as-is" from work or other activities and join us for the spirited evening service before heading home for your Shabbat Dinner. On Friday March 10, the 5:45 p.m. service will be a special Gan Shalom (kid friendly) Shabbat service. Families with young children are especially encouraged to attend.

On the last Friday of each month (March 31 this month) the service will be at 7:30 p.m., with a special program and Oneg following the service at 8:30 p.m. This month we will be joined by Fayette County Schools Superintendent Stu Silberman, who will speak on the topic "What's New in the Fayette County Schools." Everyone is invited to join us for this special Friday evening program on March 31. Join us for our Shabbat Morning Service each Saturday morning at 9:45 a.m. Kiddush Lunch follows each week.

DONATE THAT CAR to OZS!

Help OZS with your donation.
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Vehicles, Real Estate, Lots, Boats, RV's & more!



Contact:
Larry Herman 859.269.5229
Jimmy Mischner 859.269.3783





COMMUNITY CALENDAR



CKJF - Central Kentucky Jewish Federation • 1050 Chinoe Road • Suite 203 • 268-0672 • Marty Barr, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Sanford Goldberg, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services on the 1st and 3rd Friday evenings at 6:00 p.m.,
on the 2nd and 4th Friday evenings at 7:30 p.m. • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel • 124 N. Ashland Avenue • 269-2979 • Starr Gantz, President
Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah • Odette Kaplan, President

HAV - The Lexington Havurah • 272-1459 • Gail Cohen, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Rosh Chodesh Adar	"The Divan" One World Film Festival - 5:30 & 7:30 p.m. at the Kentucky Theatre	TAI - Bar Mitzvah Adam Suhl	TAI - Bar Mitzvah Adam Suhl
26	27	28	March 1	2	3	4
• FREE Yiddish Class - TAI 10:30 a.m. • Camp Shalom Leadership Training 2:30 p.m. • "Crash" One World Film Festival - Library • TAI Hebrew Marathon		• OZS Board Meeting • TAI Board Meeting	Tikkun Meeting 7:00 p.m.	• Stewart Home - Purim Party • "Up the Ridge" One World Film Festival	Shalom Deadline	TAI - Religious School Silent Auction
5	6	7	8	9	10	11
• TAI - Religious School Silent Auction • FREE Yiddish Class - TAI 10:30 a.m. • TAI Hebrew Marathon	• Ta'anit Esther - Fast of Esther • Havurah - Erev Purim	• Purim • Chabad-Rabbi Litvin visits • Noontimers Purim Party - TAI • God's Pantry Night	Shushan Purim		TAI - Bar Mitzvah Michael Waltman	TAI - Bar Mitzvah Michael Waltman
12	13	14	15	16	17	18
• FREE Yiddish Class - TAI 10:30 a.m. • JewLS Dinner at Siam Restaurant 5:00 p.m.	CAC Meeting		• CKJF Executive Committee Meeting 7:00 p.m. • CKJF Board Meeting 7:30 p.m.	Scharbach Lecture U.K. 8:00 p.m.	OZS - Bat Mitzvah Maria Alkhasov	• OZS - Bat Mitzvah Maria Alkhasov • A Taste of Israel
19	20	21	22	23	24	25
• Larry Kant's "Finding A Jewish Path..." - TAI 10:00 a.m. • Havurah Retreat "Jewish Mysticism" 10:00 a.m. • Camp Shalom Leadership Training 1:00 p.m.				Rosh Chodesh Nisan		
26	27	28	29	30	31	April 1
FREE Yiddish Class - CKJF 10:30 a.m.		• OZS Board Meeting • TAI Board Meeting			JFS Shabbat at TAI	JFS Shabbat at OZS
2	3	4	5	6	7	8