

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS



HESHVAN/KISLEV 5771

NOVEMBER 2010

Start your engines, clean your closets, and prepare meals

Tzeason of Tzedakah offers volunteer opportunities

By Jana LaZur

It's time for our community to come together again to make a difference. Join us for a few hours to help out as Jewish Federation of the Bluegrass Tikkun Lexington volunteers. We are working with more venues this year than ever before to serve the city's youth, elderly, sick, and needy. You can also buy groceries, prepare meals, or donate unneeded items. Look for sign-up forms in next month's *Shalom*, go to www.jewishlexington.org, answer our Weekly Jewishlexington email, or call the JFB office at (859) 268-0672.

Typically, over 100 volunteers assist more than 300 recipients. The program will run for the entire month of Decem-

ber. The name "Tzeason of Tzedakah" reflects the fact that this effort is more than just a single day's activities. It embraces the Jewish value that tzedakah is a responsibility and it is up to each of us to serve those in our community who are vulnerable. It is an ongoing responsibility that takes many forms.

Drop-Off Bins: From December 1, collection bins for donations will be placed at the Jewish Federation of the Bluegrass, Ohavay Zion Synagogue, and Temple Adath Israel. Useful items include toiletries, disposable razors, disposable cameras, journals, picture frames, pillows, twin sheet sets, bath towels, wash cloths, baby items, Target

see Meals, page 3

What could be better than "Fulin" around?

JFB's Winter Dinner at Fulin's Asian Cuisine not to be missed

The "not to be missed" event happens at 6:00 p.m. on December 5, the fifth day of Hanukkah. Mark your calendars, tell your friends and family, gather up your menorahs, and bring your appetite.

This year the Jewish Federation of the Bluegrass will hold its annual Community Winter Dinner at Fulin's Asian Cuisine, located in the Beaumont Shopping Center. Adults will enjoy a variety of appetizers, soups, entrées, and desserts. Children, who will eat and play in their own supervised area, can eat cheese pizza and ice cream sundaes at a discounted price or choose from the buffet at the regular buffet price.

Make your reservation today to have an evening of fun with family and friends. Show your support for your Federation by making your reservations early. Bring six candles and your hanukiah and meet new people while enjoying delicious vegetarian food in a beautiful atmosphere. Come out and try this new restaurant when you can sample many items on the menu for one low price per person. Register online at www.jewishlexington.org to sign up and also view the details.

Please contact the Federation office at (859) 268-0672 or activities@jewishlexington.org with any questions. We hope to see you there! ☆

CAMPAIGN NEWS

Equine Division Event highlights unique offering

Jewish Federation of the Bluegrass is the only federation in the country that sponsors an Equine Division. Michael and Meg Levy hosted its annual event on October 11 at their farm, Bluewater. The division is co-chaired by Dan Rosenberg and Dan Liebman. Funds raised at this annual event are divided between the Horseback Therapy program at Ben Yakir and the local services provided by JFB. We are grateful to Leon Cooper for his leadership role in organizing this undertaking. Thank you also to Linda Ravvin, Angie Ornstein, and Tamara Ohayon for their diligent work on the event.

The highlight of the evening was Hanna Smith's presentation about the therapy program at Ben Yakir (see article on page 5). Hanna and her husband, Rabbi Uri Smith, visited Ben Yakir in August. They met with Gabi Azulay, who directs the horseback

riding therapy program, and social workers who staff various Ben Yakir services. Gabi visited Lexington a year ago and spoke at both the Equine event and the Benefactors event. Ben Yakir is a residential school and center for 120 disadvantaged Israeli boys ages 12 to 18. Some 70 percent of the children are from Ethiopian Jewish families. They have been removed from their homes because of behavior, developmental or physical problems. The majority of these boys are able to graduate from the high school at Ben Yakir. Most of them were unable to succeed in school before they came to Ben Yakir Youth Village.

Those in attendance were treated to new video about the horseback riding program starring Gabi and several of

see Equine, page 5



Lew and Aviva Bowling (see "Sixth Annual Hanukkah night" on p.16).

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Equine (from page 1)

the children involved. This new video will be available at www.jewishlexington.org.

In the past, the division purchased a horse named Arbel, refurbished the stables, and developed the Warren and Betty Rosenthal Equine library. This year the funds dedicated in memory of Graham Beck will be used for additional hours of training for the children

so that those on the waiting list will be able to participate in the program. We have raised about \$30,000 thus far and expect to raise quite a bit more from those unable to attend the event.

In addition to the horseback riding therapy program, JFB supports the music therapy program at Ben Yakir. We have committed \$25,000 per year to this program, which sponsors a youth choir, keyboard lessons, and an Amharic music workshop. ☆

TAI Sisterhood invites you to an evening with Kentucky Senator Kathy Stein



DINNER MEETING
Tuesday, Nov. 16
at 6:30 p.m.
at Temple Adath Israel

Senator Stein will speak about her experiences as the first Jewish woman senator from Kentucky.

"TAI Has Talent"

4th Annual Brotherhood Dinner/Variety Show

Mark your calendar and plan to attend.

Saturday, November 20
at 6:00 p.m.

Y'all come!

Contact Jack Joffe at (859) 296-2720 to volunteer.

Your talent is needed.

Auditions on November 10, 2010 at Temple at 7:00 p.m.

If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org



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Shalom Deadline

Deadline for articles for the December/January *Shalom* is November 10.
Email articles to jfb.shalom@hughes.net

Jewish Film Festival premieres November 14 at 5:00 p.m. at TAI Acclaimed *Live and Become* to be first film

Thanks to the efforts of many community members, Lexington will join the ranks of larger cities in offering a Jewish Film Series. The Jewish Federation of the Bluegrass has worked with volunteers and sponsors to make this a reality. Sponsors include Schenberger Realty, Inc, Evelyn Geller, Harry Gordon, Susan Cobin, and Randall Roroda. If you or your companies would like to become sponsors, please contact the JFB office at (859) 268-0672. Any contributions are welcome.

In addition to the enjoyment of four fine films, the series will boast state-of-the-art sound and projection equipment and a large screen, ensuring easy reading of subtitles as well as viewing pleasure.

What movie experience is complete without popcorn, soda, and candy? These items will be offered at a reasonable cost. If you purchase tickets to all four movie in advance, you will receive a free bag of popcorn as a thank you.

Please contact the Federation office to order any advance tickets. However, you need not purchase tickets in advance. Contact JFB at (859) 268-0672 or activities@jewishlexington.org, or stop by the office.

The scheduled Festival films:

Live and Become
November 14, 2010 at 5:00 p.m. in the Temple Adath Israel Social Hall
One boy dies, another takes his place. To survive, he must pretend to be what he is not. His mother commands him, "Go. Live. Become." He obeys, though he does not understand. Live how? Become what? This film centers on the plight of Ethiopian Jews forced to flee oppression in their country and is directed by Radu Mihaileanu.

Nora's Will
December 12, 2010 at 5:00 p.m. in the Temple Adath Israel Social Hall
A Jewish family in Mexico is turned upside down when a long-held family secret is uncovered in this comedy-drama from director Mariana Chenillo. The film won Best Direction at the 31st Moscow International Festival and the Ariel Awards, as well as seven other awards including Best Picture of the Year. This dark comedy centers on a woman's suicide just before Passover, which creates many complications for her ex-husband (Fernando Lujan) and his family.

Saviors in the Night
January 9, 2011 at 5:00 p.m. at the Ohavay Zion Synagogue Social Hall
This masterful film from German director Ludi Boeken, based on the incredible story of Menne and his now 97-year-old wife, Marga (Veronica Ferres), is the tense, often harrowing story of how Menne's wartime friend Heinrich Aschoff (Martin Horn), his wife, Maria (Margarita Broich), and later, their gung-ho Nazi sympathizing daughter Anni (Lia Hoensbroech) hid Marga and their young daughter from the Nazis for 27 months during WWII at their Westphalian farm in north-western Germany.

A Matter of Size
February 6, 2011 at 5:00 p.m. at the Ohavay Zion Synagogue Social Hall
This film is an Israeli comedy like nothing you've seen before, a hilarious and heart-warming tale of four overweight guys who learn to love themselves through the Japanese sport of sumo wrestling. Lightly directed by Erez Tadmor and Sharon Maymon from a script Maymon wrote with Danny Cohen-Solal, this is a sweet, enjoyable—if limited and episodic—"when life gives you lemons" sort of movie. The film was awarded three Israeli Oscars and has won eight other awards at film festivals all over the world. ☆

Meals (from page 1)

or Dollar Store gift cards, warm coats, clothing, blankets, gently used toys, and puzzle books (Sudoku or word search and crossword puzzles). The Lexington Humane Society needs towels, pet beds, dog food, and cat toys.

Prepared Meals: We also need pre-packaged meals for the Ronald McDonald House, a nonprofit organization that shelters families who have long-term hospitalized children. We will also bring food to cook meals at MASH (an emergency shelter for children ages 10 to 17) and pizza with the residents at the Florence Crittenton Home. To make this possible we need 25 individual pizza crusts, pizza sauce, cheese and vegetarian toppings, roast beef, fruit, ranch dip with veggies, and soda. The Catholic Action Center feeds our city's homeless and low-income residents three meals a day year-round, and we are happy to help out. They usually have plenty of donations of bread and soup supplies, so we try to provide variety with meats such as roast beef, chicken, and turkey. Please feel free to call Jana at (859) 267-0672 if you have any ideas, donations, or questions.

Hands-on activities:
Catholic Action Center, December 24: Our volunteers will prepare, serve, and clean up after lunch on Friday, December 24. We will bring donated supplies to the shelter, staff their Christmas store, where low income and homeless can drink warm apple cider, and listen to Christmas music. While shopping and taking home wrapped gifts for loved ones.

Florence Crittenton Home, Sunday, December 12 at 1:00 p.m.: We will bring lunch supplies and small gift bags for young teens who are pregnant or have recently given birth learning how to take care of a child and developing job

skills. We stay about two hours—long enough to make dinner with the girls, eat, and visit.

Lexington Humane Society, Date TBA: We will clean around the shelter. This will involve sweeping, laundry, cleaning windows and glass, and perhaps some light grooming of animals.

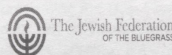
MASH Services of the Bluegrass, December 6 and December 11, 11:00 a.m.: We will bring dinner supplies and small gift bags for the children who live here. Teaching them to make pizzas has always been a great activity. We stay about two hours, long enough to make dinner, eat dessert, and play some games.

Meals on Wheels, December 24: We will deliver food to homebound seniors. It's fun to take the whole family and do this short (less than two hours) act that truly makes an impact. To participate, all you need is a car and a navigator.

Moveable Feast, December 24: Similar to Meals on Wheels, except the recipients are homebound AIDS and hospice patients. This program focuses more on nutrition to help their quality of life and strengthen them as much as possible.

Retirement Centers, Date TBA: A group of volunteers will play music and bingo or other games with residents for about two hours. People who have therapy dogs may bring them for residents to enjoy.

Ronald McDonald House, Date TBA: We will send meals that can either be cooked immediately or kept frozen for later use. Please call ahead to offer to bring a meal for this worthy organization. (Unfortunately, we can no longer bring home-cooked items unless they are made in their kitchen; items brought must be pre-packaged.) ☆



STEWART HOME SCHOOL

Contact Jana LaZur for the fall schedule

The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike. Please call Jana at (859) 268-0672 or email jana@jewishlexington.org for more information

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President's Message

Linda Ravvin, JFB President

Many of us took advantage of the opportunities presented by the World Equestrian Games that

took place recently in Lexington. The event not only showcased the skill and artistry of athletes and their horses, but also clearly showed the enormous trust between the two. Leon and I were at the closing ceremonies, listening to the highlights of our city's and our state's accomplishments. Not only were Lexington and Kentucky up to the challenge presented by this worldwide competition, but it launched both into a whole new level of worldwide focus for the future.

The concept of the trusting relationship—working together as partners to accomplish an immediate goal and looking towards the future—had me making parallels both with our family lives and with our Jewish community and the Federation.

This is the time of year when we focus on relationships without necessarily realizing how big a part they play in our lives. Yes, I know that if you have children in school you feel consumed by their homework and outside activities. I spent years feeling as if I lived in a minivan driving to and from soccer, hockey, ice skating, debate, gymnastics—and, oh yes, school and play dates. One of my children (not to be specifically identified) actually said when they had guaranteed, without checking, that Leon and I would be their drivers and we had other commitments, "But you're my parents; you're not supposed to have a life!"

We all do have busy lives. But somehow in the month of November, we pause, and gather together as families, both core and extended. We celebrate the one American truly non-denominational holiday devoted to the idea of giving thanks for what we have

and what we have accomplished. It is a time when we travel from far and wide to be together, to remember and to appreciate each other, and to build even more connections and plans for the future.

At this time of year, JFB is also starting its annual process of review, re-evaluation, and planning for the future. November is when our committee chairs submit budget proposals for the next year. The Federation is always aware of its community responsibilities and the mutual respect between our donors and our board, director, and committees. After line-by-line intensive scrutiny by the Budget Committee, the preliminary budget will be drawn up in December and presented to the Board for further input and examination. The final budget for 2011 will not be approved until the January, 2011 board meeting. We will only approve a realistic budget for 2011 based on actual monies in hand at the end of December, 2010.

That said, as we all express our thanks for what we have, please think of those who do not have: the less fortunate within

and without our community. JFB is assisting more and more individuals and families with rent, food, elderly support, and the like. Camp Shalom/Gesher is hoping to find permanent or long-term facilities and expand its program offerings. And, of course, the Federation is always looking at ways we can provide better and expanded services and programs locally, in Israel, and to Jewish communities in need around the world.

If you have made a pledge to the JFB annual campaign and paid it—thank you for being the backbone of our community.

If you have made a pledge to the JFB annual campaign and not yet paid it—thank you. I encourage you to pay it as soon as possible.

If you have not yet made a pledge to the JFB annual campaign—I encourage you to do so as soon as possible.

On Saturday, November 6 at 8:00 p.m., please join us for the JFB Comedy Night featuring comedian Caryn Bark at Mike Scanlan's Fleetwood garage, 540 East 2nd Street. We will schmooze a little, eat and drink a little, and laugh a lot. This event, a special thank you for all our donors, is being generously subsidized by the Elizabeth Rosenberg Fund.

We are proud to announce the start of Jewish Film Festival presented by JFB. The first film is *Live and Become*, which will be shown at Temple Adath Israel on Sunday, November 14 at 5:00 p.m. Join us for an evening of film and fun, the first of four being offered over the next few months.

We have so much to be thankful for and so much to work towards. If, when we review our accomplishments, we then become complacent, thinking we have done enough, then

we are doing a disservice. We can and should always strive to improve, whether we are talking about ourselves individually or as a community. As we gather to give thanksgiving this month, also think ahead: what do you want for yourself, your family, and your community, both locally and more broadly? What will you do and give to make sure that those things will happen?

Happy Thanksgiving to all! ✧

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Sun: 11 AM - 6 PM

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Cool Facts About Israel

TEL AVIV PORT REDESIGN PROJECT WINS MAJOR EUROPEAN LANDSCAPE PRIZE

New York - October 18, 2010: The prestigious Rosa Barba European Landscape Prize was awarded to Udi Kassif and Ganit Maislits Kassif, a husband-and-wife team of Israeli landscape artists, this month for their work in the redesign of the public spaces at the Tel Aviv Port.

Reconstruction of the Tel Aviv Port—which was founded in 1936 and fell into disuse in the 1950's—began in 2001, using eco-friendly building guidelines with the objective of being transformed into an easily accessible hot spot for locals and travelers.

The redesign project competed against eight other European finalists selected from a pool of more than 400 applicants. The jury included prominent landscape architect Franco Zagari and Nigel Thorne, President of the European Foundation for Landscape Architecture.

"We feel honored to be recognized with one of the world's most prestigious design awards for such an important project for tourism to Israel," says Haim Gutin, Israel Commissioner for Tourism, North and South America. "The award is a true indicator of our commitment to reinvent the port as a cultural and entertainment epicenter in Tel Aviv."

The restored Tel Aviv Port features a 65,600-square-foot-boardwalk, new seating areas, shops, bars and cafes.

For more information, visit www.goisrael.com.

Ben Yakir Youth Aliyah Village provides support for troubled youth

By Hanna B. Smith

During our Israel trip in August 2010, my husband and I visited Ben Yakir Youth Aliyah Village. Ben Yakir is located near the city of Hadera. The Jewish Federation of the Bluegrass supports Ben Yakir's riding and music therapy programs. As a JFB board member I wanted to see the facility firsthand.

Other members of the Lexington Jewish Community have visited Ben Yakir during the past. In 2009, the Village's riding therapy director, Gavriel 'Gabi' Azulai, visited Lexington. He presented information to the Jewish community, and also met with representatives of the local riding therapy program.

At the Village, Uri and I met with Director Yossi Krothamer, employees Hila Elhayany and Gavriel Azulai, and Youth Aliyah Representative Aliyah Schneider. All expressed their gratitude to JFB for its continued support. We walked around the campus, met with one of the social workers, Hila, and then went to the farm where the animals are kept. As our visit took place during the summer vacations, we did not meet any of the students.

Ben Yakir is based upon religious principles and serves only boys. Youth Aliyah serves girls in another facility. However, both men and women work at Ben Yakir in various capacities. "There is no religious coercion," Mr. Azulai explained. "We provide a spiritual dimension that was missing in the children's lives. Also, religious practices offer much-needed structure and security."

According to Aliyah Schneider, the majority of boys are the children of Ethiopian immigrants, though boys from all backgrounds are accepted. Adjustment to Israeli life has been harder for Ethiopian Jews than for any other immigrant group. Most Ethiopian Jews lived in rural areas, with neither formal education, nor modern technology. Illiteracy was widespread.

Moving from Ethiopia to Israel meant moving from the 10th to the 21st century within a few hours, explained Schneider. Ethiopian immigrants rarely had marketable skills. Urban, technology-dependent, and egalitarian Israeli society was an alien world. As children adapted more quickly role reversal between parents and children occurred, and fathers lost their authority. Many Ethiopians, especially men, could not cope, and families broke apart.

Boys who enter Ben Yakir have experienced poverty, abandonment, and abuse. They lag in education and social development.

Ben Yakir accepts boys from age 12 to 18. From 7th to 9th grade they attend school in the village. The older students attend high-school in the nearby town. According to Aliyah Schneider, 65 percent of Ben Yakir's students graduate with a high-school diploma. This is above the national average. In addition, 90 percent of Ben Yakir's graduates enter the Israeli Army. Army service helps further integration into Israeli society.

Ben Yakir is proud of its alumni. Several serve in elite army units. One student broke the national speed record in the 800-meter run. Ben Yakir graduates stay in touch, and some return to help and serve as role models for current students.

Referral to Ben Yakir is voluntary and does not require a court process. According to Aliyah Schneider, parents often regard a stay at Ben Yakir as a last resort to help a son stay out of trouble. Only rarely do parents remove a son once he is accepted.

Parents are involved as much as possible in the child's progress. They are invited to events and helped with transportation if necessary. The boys return home every other Shabbat, for holidays, and for vacations.

Ben Yakir tailors its programs to the need of each student, according to Schneider. This applies to academic programs, sports, art, therapies, and other activities. Teachers, psychologists, and social workers monitor each child's progress. The boys' caretakers are also trained to listen and to lend support.

Some of the children's caretakers work at Ben Yakir as part of their National Service obligation.



Hanna and Uri with Ben Yakir staff.

Boys come to Ben Yakir with various emotional, social, educational, spiritual, and physical needs. Animal and art therapies, psychodrama, and Elbaum therapy (movement and touch)

are preferred treatments. Ben Yakir also offers sports and music lessons. According to Gabi Azulai, "Whatever a student needs, we try to provide it."

Gabi explained the practical aspects of animal and riding therapies. When a new student is sent to him, he and his assistants observe the child for a while.

They evaluate the student's attention span, maturity, and interest in or fear of animals. The student's peers also vote on whether a student is ready to take on an animal.

Most boys adopt an animal to care for during their stay at Ben Yakir. In addition to the horses, the farm has chickens, rabbits, goats, donkeys, and also more exotic animals such as camels, emus, and peacocks. If a boy cannot relate to animals, he is steered towards art therapy or sports.

Caring for an animal teaches a child responsibility and skills. It also provides emotional satisfaction and attachment, both of which have been lacking in the lives of many of the boys.

In her article on riding therapy, Mary C. Vrtis states that horse therapy is very effective in treating physical, emotional, behavioral, and learning disabilities ("Horse Therapy for Physical, Emotional, and Learning Disabilities," Mary C. Vrtis, May 27, 2007). Gavriel Azulai explained that the swaying motion of the horse has a calming effect upon children with Attention Deficit Disorder. Also, sitting high upon a horse's back gives a child a feeling of control and accomplishment. According to Mr. Azulai, the uses and benefits of riding therapy continue to be researched.

Ben Yakir is funded partly by the Jewish Agency and partly through private donations. With its dedicated staff and positive results this program is worthy of our support. ☆



Some of the local livestock.

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Jewish Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the Federation office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859) 268-0672 or tamara@jewishlexington.org

Are you on the Jewish Federation's email list?

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.

tamara@jewishlexington.org



The Jewish Federation of the Bluegrass

TAI on Rye announces dates for November

Now selling homemade chopped liver by the pound

TAI on Rye, your New York deli in the Bluegrass, will be open to the general public on Sunday afternoon, November 14, from noon to 3:00 p.m. in the Temple Adath Israel social hall. The deli's opening in October was a huge success and we sold out of almost all the food in the first two hours. For those of you who were disappointed, we're planning to have lots more available next time.

In addition, TAI on Rye will cater the Temple Brotherhood's annual variety show on Saturday evening, November 20. Tickets are \$18 and will include admission to the show and dinner from the deli. Dinner will consist of your choice of sandwich, a side of coleslaw or potato salad, a soft drink, and a brownie.

And last, but definitely not least, we will be selling our delicious chopped

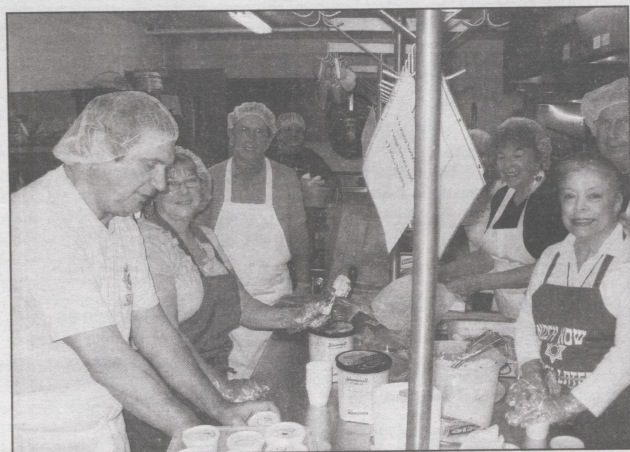
liver for \$10 per pound. You will have to order in advance, no later than noon on Tuesday, November 9, and pick it up at the Temple on Wednesday morning, November 10, at 11:00 a.m. We will have only enough to satisfy advance orders, there will not be any available for walk-ins.

You can view the TAI on Rye menu on the Temple website, www.textai.org. You can become a friend of the deli on Facebook at www.facebook.com/TAIonRye. Comments about the deli (favorable, we hope), as well as orders for the chopped liver, can be put on the Facebook page or emailed to taionrye@yahoo.com. Please include your full name and a phone number.

We're looking forward to seeing all of you at one or another of these events. The food is delicious—you won't be disappointed. ✧



Crowds socializing and enjoying great deli at TAI on Rye opening.



TAI on Rye kitchen crew getting ready for the onslaught.

From the Director

Judy B. Wortman



Why Thanksgiving?

Thanksgiving, with its warm memories of visits with loved ones, is the one secular holiday that most American Jews observe and treasure. We take to the roads and airports to spend the holiday with our families. Our college students come home with stories of their first few months in school and we compete with their friends for more time with them. The holiday weekend, like most of the Jewish holidays we celebrate, centers around an overflowing dinner table with all of our favorite tastes of the season peppered by exuberant, joyful conversation. While it is a very special time for most of us, I wonder about the underlying meaning of the holiday.

How many of us express our gratitude for the blessings we share with our families that day and for the abundant gifts that God has provided? How many of us think about those in our midst who are alone or hungry or oppressed on Thanksgiving Day? Perhaps it is time to consider new rituals to help us express our gratitude and new practices to make a difference in the lives of those in need. If each of us could change the life of just one person in our midst, the world would be transformed.

Often we think that change will come as result of governmental action—whether it is establishing laws to protect human rights, feeding the hungry, or providing health care to the poor and elderly. Now that we are immersed in election season, I admit to feeling exhausted by the negativity of

the process and doubtful that those who will be elected are capable of making a difference. The elections have not yet taken place as I write this piece and therefore my concerns are not as a result of unhappiness with the outcome. My unhappiness is that, rather than being exposed to the strengths and abilities of the candidates, we have seen them viciously criticize and defame their opponents.

Our Jewish tradition teaches that speaking ill of a person is tantamount to killing that person. We are all created in the image of God and as such are entitled to be honored and loved. How difficult, then, is it to live in a world where even our leaders defame one another? How tragic is it to live in a world where children commit suicide because of the hateful words written about them on the Internet. When will we become so outraged by hateful speech that we stand up and refuse to tolerate it?

Let us make our Thanksgiving celebrations a time when we can simultaneously enjoy the love of our family, give thanks for our many blessings, and begin to change the world. Let us teach those at our tables to learn both to honor one another and to use words judiciously. Let our mouths be filled with the sweetness of our feasts and the sweetness of our words. ✧



The Jewish Federation
OF THE BLUEGRASS

"Lunch and learn with our Lexington community rabbis" continues on Tuesday, November 30 with Rabbi David Wortman. Each month at 12 noon in the JFB office the rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week and other topics of interest. A dairy lunch will be offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.

Third Opinion

Stanley Ned Rosenbaum, PhD

Hyman Goldstein, z"l

When I arrived in Carlisle, Pennsylvania in 1970, Hyman Goldstein had been a local legend for over 50 years. He lived another twelve years, dying at age 91, but we never met. Childless and married to a gentile, he never came to Dickinson's Jewish events. The closest we came to each other was when I presided at his funeral.

In subsequent years I often kicked myself for not having invited him to speak in one of my American Jewish History classes. He could easily have talked about the reason for his local fame, namely, that in 1915 he'd been the quarterback on a Dickinson football team that had defeated Jim Thorpe's Carlisle Indians.

I mean, Jewish quarterbacks are a rare species in any era; I can't think of more than a handful. But that's not what interested me.

Being a Jewish student at a small, essentially rural liberal arts college before World War I: what was that like? His graduating class had only 63 kids in it, of whom only three could be said to have "Jewish names." Being

a small-town Jewish lawyer all those years, including the anti-Semitic '30s: what was that like?

When we decided to move to Kentucky, some of my colleagues asked me why. Clearly, they thought that I would seek a more intellectually stimulating environment to retire to. I told one, "Look, Marx was wrong; some of us [Jews] are rootless rural cosmopolites." Cities hum. I've lived in Chicago, Boston, New Orleans, Oxford, Paris, Bremen, and Jerusalem. But for a lot

of reasons I find myself, like Hyman Goldstein, operating on the borders of Jewish life, so to speak.

Yes, I remain the Jewish bowler

with the highest average in any of the four leagues I've bowled in, but I also go to the Merton discussions at Gethsemani every month in order to keep those good people from completely mangling Tanach during their discussions. After one session, a young man I didn't know approached me and said, "I feel as though we ought to be paying tuition." I also taught Hebrew to some of the monks and lectured the chapter on the whole of Jewish history.

What I'm saying is that we cannot all just keep to ourselves, live in New York or Boca, and not interface with the rest of the world. In a way, I guess that's what Hyman Goldstein was doing, though I never availed myself of the opportunity to ask him about his motives.

There is a downside to this, of course. Being out on the margins is, in effect, a "hazardous duty" position. People living out here often can't sustain their ethnic identity. The Carlisle house we lived in was called "the Kronenberg house," after the family who had built it. They descended from a Jewish peddler who'd intermarried and converted before the house was built. I think of the whole Jewish community of Kaifeng in China, which literally intermarried itself to death.

However, lest I appear too one-sided, let me refer to a statement by a colleague and friend, a rabbi, that the future of the American Jewish community depends on its intermarried wing! (Arthur Blecher, *The New American Judaism*, 2007, p. 176)

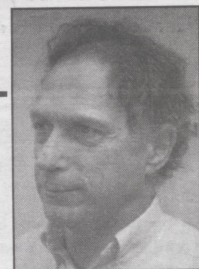
This subject is too large to tackle here, at the end of such brief remarks.

I should maybe write a full piece on it. I'll call it "Immanuel Kant and Inter-marriage."

It was Kant, of course, who proposed you should measure your actions by asking, in effect, what if everybody did that?

Hyman Goldstein, may your memory be for a blessing. ☆

Stanley Ned Rosenbaum, PhD (Brandeis), is a retired professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."



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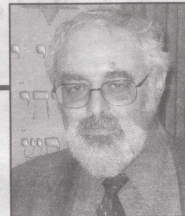
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November 2010 Shalom | 7

Ask A Rabbi

Rabbi H.D. Uriel Smith



Does Judaism demand biblical literalism?

Q: It's hard for modern Jews to believe stories like Adam and Eve being the physical ancestors of all human beings or Methuselah living 969 years or the sun actually standing still during the battle at Gibeon. How does one remain Jewish when the "literal" meaning of Scripture is, literally, unbelievable?

A: The wording of the question tells me that the questioner shares with me a great respect for the Bible. At least he or she has tried to make some sense of the Scriptures. We both recognize the Bible as a foundational text for Judaism.

These stories are literally unbelievable. This should be no problem for a knowledgeable Jew. Jewish scholars would agree with Galileo: "The intention of the Bible is to teach us how to go to heaven, not how heaven goes." (S. Drake, *Discoveries and Opinions of Galileo*, p. 186)

Throughout Jewish history we argued with each other about the Bible. Only a minority of Jews took the Bible completely literally. As Rabbi Moshe ben Nahman (Nahmanides) in the Middle Ages pointed out, we have to differentiate between *halacha* (legislation) and *aggadah* (narrative). *Halacha* was treated more literally, allowing for fewer alternatives, just as today in the secular realm federal and state legislation is carefully delimited, in contrast to the politicians' speeches. Narrative

exegesis always remained open: as long as the explanation helped people to become better persons, an *aggadah* was recognized as a good explanation.

This did not lead to widespread unreliability in our religion. Judaism always recognized the *p'shat*, the "simple" meaning of the text, as a basic way to understand the Bible. But, as Abraham Joshua Heschel showed in his book *Heavenly Torah*, there always were discussions on how literally should the narrative portions be taken. These discussions helped people accept the Bible on the level of sophistication that they had reached, while honoring the feelings of others who had not yet reached that level. (Lawrence Kohlberg developed the theory of stages of moral sophistication, explained in James W. Fowler, *Stages of Faith*, a book I recommend.) This procedure of allowing disagreement without being disagreeable enabled the Jews to remain at the forefront of international cognitive sophistication, thereby ensuring the survival of Judaism in many different cultural environments.

Judaism has traversed all identified stages of cultural development, with written and ritualistic records surviving from these stages. (Ephraim Shmueli noted some of these stages in his *Seven Jewish Cultures*.)

Moses and Joshua started developing religious rites celebrating freedom when most Hebrews were illiterate, belonging to the Primitive level of culture.

As Bible scholars have noted, during the following centuries, after the biblical books were first recited and written, the authors used the best traditions from the surrounding societies, but rewrote them to introduce moral values celebrated by the Hebrews: honour, courage, justice, and straightforward speech. The Bible is the earliest book to declare that all humanity is one family, descendants of the same ancestors. Other traditions tell of different castes deriving from different parts of the gods, or people being created *en masse*, or of mythical heroes sowing dragon teeth in a field, which became the warrior followers of the hero (see the Greek myths of Cadmos and Jason). The Talmud (*Sanhedrin* 35a) spells out some moral effects of the Adam stories:

Adam was created alone to teach that killing one person is equivalent to killing a whole world, and saving one person's life is equivalent to saving a whole world. Furthermore, this serves communal peace, for nobody should say to his neighbor, "My father is greater than yours." Furthermore, this contradicts heretics who claim that there are many divinities in heaven.

The Bible in Genesis and elsewhere repeatedly supports a democratic, rather than an aristocratic, religion: each individual should strive for freedom and self-responsibility. The community had what Talcott Parsons (*The Evolution of Societies*) called an Archaic level of sophistication. But, unlike the neighbouring societies, it developed a culture where every adult was responsible, not just the leaders.

Under King Josiah (ruled Judah 641-609 BCE) the Judean culture and religion were raised another level of sophistication, to where people became conscious that different persons had separate perspectives. It demanded at least two independent witnesses in trials (Deuteronomy 17:6, 19:15). It noted that to understand a stranger's perspective you had to walk in his shoes (compare the difference between Leviticus 19:18 and 19:33-34). It demanded that there should be individual responsibility so that no one should be punished for another's sins (Deuteronomy 24:19; 2 Kings 14:6; Jeremiah 31:29-30;

Ezekiel chap. 18).

In the rabbinic period Jewish culture moved to yet a higher level of sophistication, one I call Ishmaelian, after Rabbi Ishmael's *Baraitha d'R. Ishmael*, used as the introduction to the midrash *Sifra*. This *Baraitha* gives a list of exegetical rules for interpreting the Bible. This level can be divided into two levels of sophistication, a Conformative one, where people believe that truth has to conform to their beliefs, and a Janakan one, where people recognize that different perspectives can be valid. I named this latter level after the Hindu king Janaka, who with his priest advisor, Yajnavalkya, raised the Hindu religion to the Janakan level. The Jewish community was the first to maintain the Janakan level permanently, and it demonstrated this by placing the *Baraitha* list in the preparatory morning prayers, found in the Orthodox prayer book.

Eight centuries later the Jewish community was raised permanently to the Aristotelian level through the work of Moses Maimonides. However, by the time the larger European community rose to the next level, the Galilean one, the Jewish community had slowed down, and since then has been playing catch-up with the surrounding cultures.

As long as the Jewish community recognized that it had to understand not only its own religion, but also the culture of its neighbors, it managed to remain in the forefront of cultural sophistication.

The Bible will continue to give us the highest levels of morality. Just as Nahmanides ordered us to take the *halakha* (legislation) of the Bible seriously, we should take the morality of the *aggadah* (narrative) seriously. Students of the *halakha* will clarify this morality as we move forward through ever more sophisticated levels, partly given by Kohlberg and Fowler, and partly by deeper scientific and philosophic research. ☆

Have a question?

Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to jfb.shalom@hughes.net and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

JFS: At Your Service

By Paula Clancy, MSW, CSW, Director,
Jewish Family Services

Dec. 8 Family Life Program to focus on Jewish aspects of foster care and adoption and parent experiences

The JFS committee is hard at work on part two of the Family Life Education Series, "Moses Was a Foster Child: Foster Care and Adoption for Families and the Jewish Community" to be held on Wednesday, Dec. 8 from 7:00 to 8:00 p.m. at the Fayette County Cooperative Extension Office, 1140 Red Mile Place in Lexington.

The purpose of this program is to promote understanding of the personal journey of fostering and adoption. What is helpful to say to someone waiting for a child? What do others really experience? How long does it take? What Jewish aspects should be considered? We hope that community members will attend to learn how to support others and as a show of support for those who are on this path.

The December 8 program is sponsored as a follow-up to the JFS program presented on October 6, which featured a panel of professional experts who shared information and experiences about fostering and adoption. Both programs are sponsored by the Sue Friedman Memorial Fund. We appreciate the opportunity to work again with

Marian Gibson, director of the SKY Families Program at the Fayette County Extension.

Rabbi Marc Kline will speak about Jewish aspects of fostering, adoption, and community. A parents' panel will include parents who have completed domestic and international adoptions, an adult adoptee, a foster parent, Deputy Commissioner for the KY Cabinet for Health and Family Services Teresa James, and Virginia Sturgeon, National Trainer for the Child Welfare League. Parent panelists who will share their experiences include Laura Ades, Kathy and David Feinberg, Rabbi Marc Kline, and Virginia Sturgeon.

Please join us for a fascinating evening accompanied by a sweet dessert and fruit buffet. It is free and open to anyone who would like to learn more or show support to those involved with fostering and adoption.

To register call (859) 269-8244 (Paula Clancy) or email jfs@jewishlexington.org. ☆



JFB President, Linda Ravvin, presents certificate to Ted Friedman in memory of Sue Friedman. The Sue Friedman Fund is sponsoring the Foster Care and Adoption Program series.

The Domatov family bids farewell to the Bluegrass

We, the Domatov family, are relocating to New York. We assure you that we will never forget your caring response to the call of the families from the former Soviet Union for help. You found the means and fulfilled the plans for sponsoring those families to immigrate, and embraced us with nurturing warmth, offering your reliable shoulder at the moments of challenges and joy. Our family expresses sincere gratitude for your values as a community that have a healing effect on the world. Thank you.

We appreciate the talented leaders and committed officers of the Bluegrass Jewish Federation, Synagogue, and Temple for their insightful leadership marked with a personalized approach. We express our gratitude to professionals in various fields for their generosity to volunteer in assisting the immigrants and we have a deep admiration for the community members whom we view as our extended

family. We realize that the demanding plans of sponsorship were brought to fruition thanks to the many committed volunteers. We do not name individuals because we did not want to inadvertently omit anyone, just know our hearts remember and cherish each and every one of you.

The whole community, including the families sponsored from the former Soviet Union, contributed to our sense of belonging and gave us a chance to live a dignified life, inspired us to grow and to gain confidence. We will treasure the life-enriching memories shared with each of you and you will make us happy if you drop a line at domatov@gmail.com. Part of you is leaving with us, part of us is staying with you. To Life.

Gratefully,
Grigory, Elena, Eugene, and Alexandra
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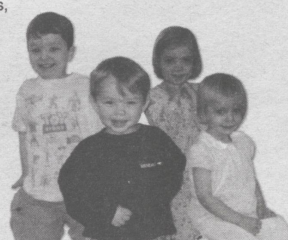
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Opinion

The Civil War

By Bonnie Sobel

I didn't think much about the Civil War until we moved from Naperville, Illinois to Memphis, Tennessee in the 1970s. Quite unexpectedly, we were regarded as Yankees, and when "Dixie" was played at our kids' elementary school right along with the national anthem, I felt like I went back in time. These Southerners still harbored raw wounds more than 100 years after the war's end. So, when we moved to Lexington some eleven years later, I was relieved to find Kentuckians appeared to have moved on. Yet I realize, after reading some first-hand accounts, that the people of Kentucky were perhaps even more affected by the war than some in the deep South. From the Kentucky Historical Society comes this account from a collection of writings compiled by E. Anthony: "The Civil War in Kentucky was a fratricidal conflict that split families, including that of President Abraham Lincoln.... Few families were immune from the divisions of the Civil War."

If you haven't noticed lately, many of our families are once again painfully divided. We are in the midst of a new philosophical civil war that is tearing us apart. Some of the family believes the answers to our country's problems can be solved by bigger government and more taxing and spending while others trust more in the individual's ability to make decisions. To them, it is the private sector that keeps our country strong, and they see big government as the antithesis of the America our founding fathers envisioned. While we aren't dusting off our muskets for battle, we know better than to try and engage in a meaningful political debate in our own homes and with our own family if this kind of division exists.

We used to trust the major news channels to dissect the political rhetoric and present the facts to us in an unbiased and accurate manner. It is no laughing matter that most of the reporters today don't consider this to be part of their job description. So, with the flick of a channel or a click of a mouse, we are

able to obtain news from a multitude of sources that easily reflect any and all of our opinions.

I recently read a book that was on my granddaughter's summer reading list, *Freakonomics*, by Steven D. Levitt and Stephen J. Dubner. It is not a book about economics so much as statistics, and while it doesn't sound like a fun read, it is. Their statistics often lend credence to what we least expect. For example, someone designed an economic experiment on cheating based on data from his bagel business. The bagels were delivered to companies where the employees were expected to pay on the honor system. While most people were honest, we might think that the people making the lowest salaries would be the ones not likely to put their coins in the wooden box every time. Think again: the facts didn't confirm that conclusion. The whole book is really an exercise in critical thinking, and I applaud this teacher for assigning it to her class. She understands that if her students learn to verify

what they read and hear they will not become robotic learners. We should expect no less from all of our teachers, and certainly no less from ourselves.

I always wonder how most German Jews did not see what Hitler was trying to accomplish and why they didn't leave Germany while they could. Did they continue to deny the validity of information warning them of trouble and instead held on to their opinions that nothing bad would happen to them because they were respected Germans?

Hopefully, we as Jews realize that we need to keep our eyes open and not be loyal foot soldiers to any political party's agenda, or we too could be led down the road to a destination that may not be at all what we had expected. It is important for us to make sure our opinions are factually correct so we can discuss our differences in a civil manner, or the divide that is being created between family and friends may once again take decades to repair. ☆

Moses was a Foster Child: Foster Care and Adoption in Families and the Jewish Community

This free workshop series continues on

Wednesday, December 8

Judaic Aspects of Foster Care and a Parent/Family Panel Discussion

7:00 p.m. to 8:30 p.m.

at the Fayette County Cooperative Extension
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The panel will include:

Laura Ades (adoptive mother), Kathy Feinberg (adoptive mother), David Feinberg (adoptive father), Teresa James (Deputy Commissioner of the Kentucky Cabinet for Health and Families), Virginia Sturgeon (adoptive parent and consultant with the National Resource Center for Adoption), and Rabbi Marc Kline (foster parent and panel moderator)

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Reflection

Israel, safe and sound

By Hanna B. Smith

Ephraim Kishon (1924-2005) was known for his ironical yet loving descriptions of Israeli life. I was reminded of his writings on my trip to Israel in August 2010.

On the surface, Israel appeared quite normal. Gone were the patrolling soldiers with their guns. We only saw soldiers waiting at bus stops like other travelers, no guns in sight. No purse checking at small grocery stores. The elderly guard at the Ra'anana mall just waved me through. And yet ...

"Why is she asking for our names and room number? I told her we don't need towels," I said irritably. We were staying at a beach resort near Akko and were about to leave the hotel for a stroll along the Mediterranean. A hotel employee stood near the door, handing out fresh towels to beach-going guests and accepting soiled towels as guests returned.

"She's security," Uri responded, and the shekel dropped. Security guard masquerading as towel lady!

Two hours later we sat in the living room of Uri's cousins in Moshav Ma'ona, in Western Galilee. "During the Lebanon War we saw the rockets fly. It was like the movies," they said. Several of the surrounding villages—Arab as well as Jewish—were hit, and reconstruction continues today.

To show us the area the cousins took us on top of a high hill. Standing under a sun shelter we surveyed the undulating hills and tidy villages. A hiking couple joined us. Looking around, my

eyes fell on a deer blind with a man in it. Security guard masquerading as deer hunter? I did not ask.

The villagers, Arab and Jewish, get along well, Uri's cousins assured us. "We visit shops and restaurants in each other's villages, and there is cooperation at the administrative level." All the villages that we drove through looked prosperous. Had it not been for building styles and mosques we could not have told the difference between Arab and Jewish villages.

The storage room in my in-laws' apartment in Tel-Aviv doubled as a safe-room during the first U.S.-Iraq war, and still has a strong door that keeps out sound and air. Saddam Hussein could not bomb the United States, so he sent rockets to Tel-Aviv instead.

Tel-Aviv's beachfront is a haven for runners and cyclists. Well-toned people, pedometers strapped to arms like modern-day tefillin, purposefully zip along the promenade. At sunset, as bathers head for the showers, religious families come out for picnics, soon followed by Arab families. The beach becomes alive with a multitude of languages, faces, skin colors, costumes (or nearly none), locals and tourists, smartly dressed people, beachcombers, and staid matrons. Religious girls daven ma'ariv while their fathers barbecue the evening meal. Two Arab women converse quietly, sitting on a blanket. A woman walks her designer pooch, and a young man talks intently to the girl sitting next to him.

It is live-and-let-live at sunset on the beach of Tel-Aviv. Let's spread this spirit around. ✧



Mural on the back of a restaurant at the Tel Aviv beach front depicts important Jews of the 19th and 20th centuries. To the left is the invocation of Rabbi Nachman of Bratslav.

TOGETHER.

We will always support our community at home.



Each year during the month of December, the Central Kentucky Jewish community comes together to volunteer for the Jewish Federation's Tzeason of Tzedakah.

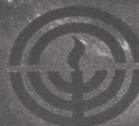
As a team we visit local social service agencies to relieve or assist their staff around Christmas, offering a helping hand and creating a stronger connection with our neighbors in Lexington.

Your donation will help to buy holiday gifts for at-risk teens and young expectant mothers, and buy meals for the homeless.

As a volunteer, your time will bring a little light and warmth this winter.

*Honor the past.
Ensure the future.*

Support the 2010 Jewish Federation Community Campaign.



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Letter to the Editor

When asked whether belief in God is necessary to be Jewish (*Shalom*, October 2010), Rabbi Wortman responded, "...irrespective of the nature of our belief, [Jewish] practice is paramount." He then goes on to say, "Judgment in the afterlife is based on one's adherence to the established practice, not to belief." In other words, belief doesn't matter. But how can one practice a religion without believing in God? Without a sense of the transcendent in our observance, how can we be spiritually renewed? Without belief, our rituals seem hollow.

Apparently, for Rabbi Wortman, that is not an issue. For him, the issue is to fulfill the *mitzvot*. He mentions prayer as one of them, but at the end of his essay, he says, "So long as we seek justice and strive to improve this world, our Jewishness is intact." Those are the "*mitzvot*" he is really talking about—those based on ideology, not theology—the "*mitzvot*" of so-called social and economic justice—utopianism couched as a "*mitzvah*." It looks like the *mitzvot* of the Torah are becoming passé. We have new *mitzvot* to fulfill, and God is not part of the equation.

Rabbi Wortman tells the story of inmates in a concentration camp who put God on trial for allowing the Holocaust to occur. They convict Him, but, in spite of that, they go on to recite the evening prayers. The rabbi interprets: "... the obligation to recite the evening prayers transcends the conviction of God..." But there is another way to look at it. Perhaps it wasn't God they were putting on trial, but their conception of God. It was their conception that was flawed, not God, and upon realizing that, they continued to pray. We are taught as Jews that God is ineffable—beyond human understanding or imagination. That is why we are hesitant to put a name to It, let alone a face. But that doesn't mean we shouldn't keep seeking Him.

There are those who cling to their Jewish identity, but who are not observant or believing Jews. The rabbi I grew up with used to condemn these people, calling them "coronary Jews"—Jews at heart. But there is something important about Jewish identity, even if that is all the Jewishness one can muster. Remember the journalist in Iraq, Daniel Pearl, who, before he was beheaded, proclaimed, "I am a Jew!" Whether

he was a believing or observant Jew didn't matter. It was a powerful statement, resonating around the world with Jew and Gentile alike. Why did he say that? Was he calling upon us to be witnesses? Was he calling out to his murderers in defiance? Or was he calling out to God with his last breath? Whatever the reason, he was telling us that his identity mattered.

The expression of Jewish identity, even in the absence of observance or belief, is important because it brings the Jew forward through history. Some of those Jews are observant, keeping the

Torah alive by living it and learning it. Even if they don't believe in God, their observance is important because they carry the Torah forward through history, just as their ancestors carried it 40 years through the desert. As for Jewish believers, it is they who carry God forward through history.

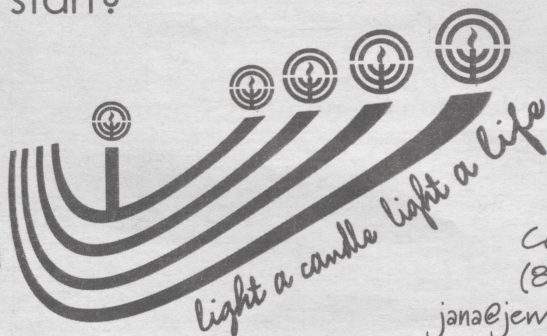
In Deuteronomy 6:5 we read: "You shall love the Lord your God with all your heart and with all your soul and with all your might." What greater *mitzvah* is there than that? ☆

David Marwil

Plan Ahead

December/January is a single issue of *Shalom*. If there is something in January you wish to have publicized, that material must be submitted by November 10.

Will YOU be volunteering again this year? Do you know anyone who would like to start?



Tzeason of Tzedakah

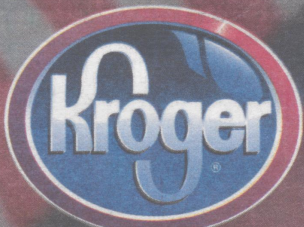
December 2010

Each volunteer will be placed at a specific location or for a particular job based on preference and availability

Contact Jana LaZur at (859) 268-0672 or jana@jewishlexington.org to volunteer.



The Jewish Federation OF THE BLUEGRASS



Celebrating

Chanukah

Items & Prices Good
November 1 thru November 30, 2010

344 Romany Road
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Morton Salt

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Golden Potato Pancakes

10.6 oz,
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Sabbath Candle

72 ct,
Kedem

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With Card

Golden Blintzes

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Frozen

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With Card

Red Delicious Apples

With Card

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lb

Russet Potatoes

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With Card

Egg Noodles

12 oz,
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\$1.99
With Card

Latke Mix

6 oz Manischewitz
Potato Pancake

\$2.99
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Monday 11/1 Jewish Lexington 1040

Hadassah combines Hanukkah party with Mitzvah project

Celebration to take place December 2

This year Hadassah adds a new Mitzvah Project to its traditional Hanukkah Party by asking members to contribute gifts for babies and adolescents who are patients at the Kentucky Children's Hospital. Our chapter has been linked with the Chandler Medical Center since 1962 and with the Kentucky Children's Hospital since it opened. Hadassah volunteers work in the in-patient library at the hospital and provide stuffed dolls that the Child Life staff use with patients.

This Mitzvah Project will enhance the Child Life Program's ability to serve its patients. There is a constant demand

for baby items. Gifts for adolescents are used for special occasions such as birthdays, the end of chemotherapy, or when a child has lost belongings through a traumatic event such as a fire.

The Child Life Staff at Kentucky Children's Hospital has supplied us with a list of items for both babies and adolescents and also one of DVDs needed for the In-Patient Library. The hospital has an ample supply of gifts for young children and those in elementary school, so gifts are not needed for that age group. You may drop your gifts at the home of Jane Chaput or bring them

to chapter board meetings or the annual Hanukkah Party on December 2, 2010. Even a single contribution would be much appreciated. A detailed list of items for the hospital will be mailed to all Hadassah members along with an invitation to the Hanukkah party.

Please stick to this list, contribute new items only, and do not wrap the gifts.

The December 2 Hanukkah party will be at the home of Judy Baumann and will begin promptly at 7:08 p.m. with the lighting of the Hanukkah candles followed by our traditional gift exchange. For the Hadassah exchange, gifts should be wrapped or in a gift bag and have a value of \$10. Please bring a snack or dessert (vegetarian, dairy, or parve). ☆

Hadassah offers members meaningful projects

Life memberships available

Susan G. Komen for the Cure has joined Hadassah and the City of Jerusalem to promote breast cancer research. To support this and many more projects, you are invited to join Hadassah.

Annual membership dues are \$36.00. Current and new members may become life members for \$360. You can also make a gift of Hadassah life membership to a daughter, daughter-in-law, or granddaughter as child life.

You can pay your dues with a credit card in six installments of \$60 each on

the Hadassah website, www.hadassah.org.

The men in your lives—husbands, sons, grandsons—can become Hadassah Associates. A one-time payment of \$300 (can be paid in installments) gives that special guy lifetime Associate status. The Associate payment can also be made in installments on the Hadassah website.

If you have any questions, please feel free to contact Odette Kaplan, Membership VP at omkaplan@aol.com or (859) 271-8332. ☆

Hadassah 2010-2011 Donor Campaign Update

Many members of the Lexington Chapter of Hadassah have already pledged to the current Donor Campaign. We also have commitments for four Perpetual Yahrzeits in Israel. Each yahrzeit represents a \$1,000 contribution from the donor. We thank everyone who has contributed to date.

To make a pledge, please contact Kathie Kroot,

Donor Chair, at Kvk4660@aol.com or (859) 269-8034. ☆



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Relocation Specialists

The Jewish Federation of the Bluegrass accepts donations for special occasions in honor or memory of important people in your life.

What an excellent way to both celebrate your loved ones and support the Jewish community at home and abroad.

Send us your special contributions with a note specifying the intent of your donation and let us know if you would like your contribution published in *Shalom*.

Thank you for your support of the 2010 Jewish Federation Community Campaign.

Thank you to:

Ethel Abramson, Lexington Clinic, Lynn & Jim Furness, Evelyn Dantzic Geller, Krayna Kagan, Carolyn & Calvin Melmed, Mara Mendelsohn, Ruth & Neil Poley, Judith Sandler, and Karyn Simon in memory of Pauline Ravvin.

Linda & Leon Ravvin in honor of Ted Friedman's 90th birthday, and in memory of Ruth Poley's mother and Talia Smolkin's grandmother.

Judy & Rabbi David Wortman and Linda & Leon Ravvin in memory of Art Salomon's mother, Trude Noack.

Edna & M.B. Zale in honor of Emily Falik's birthday and in appreciation of the Stewart Home School.



The Jewish Federation
OF THE BLUEGRASS

Hadassah and JNF: Healing the Land

This past summer, forest fires raged across Israel, destroying more than 500,000 trees and burning over 1,250 acres of forested and open area. Arson is suspected in many cases, but Israel's severe heat wave only worsened conditions.

A Jewish National Fund spokesperson said that it will take 50 years to restore the forests. An emergency relief campaign was launched to help with the reforestation efforts. Prevention of wildfires is also a crucial weapon: building forest roads and firebreaks, removing pruned foliage, organizing educational campaigns, and fire spotting.

It is JNF's direct responsibility to take action and lead the way toward recovery from this terrible crisis. Through the generosity of donors like you, JNF hopes to raise \$1,000,000 to help reverse the damage done by the forest fires and make the forests even larger and more beautiful.

To make a donation, purchase tree or water certificates, or obtain a JNF Blue Box through the Lexington Chapter of Hadassah, please contact Melanie Shapiro at (859) 523-6166, or bluegrass-girl55@aol.com. ☆



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Send your check to Odette Kaplan. Contact her at
omkaplan@aol.com or (859) 271-8332.



Join us for the fifth night of Hanukkah at the Jewish Federation's annual Winter Dinner

Fulin's Asian Cuisine
3030 Lakecrest Way in Beaumont Centre

Sunday, December 5, 2010
6:00 p.m.

Multi-course vegetarian Asian buffet.
(Includes beverages and tip. Cash bar in restaurant.)

Free child care in a separate area. Children will have their own kid-friendly dairy menu and lots of entertainment.

Bring your hanukkah and 6 candles. We'll light them together!

Help us support God's Pantry. We ask that every person bring 2 non-perishable food items or \$2 cash donation.

Please check in at the door upon arrival.

\$20 per adult (ages 13+)

\$5 per child (ages 6-12)

Free for children under 6



The Jewish Federation
OF THE BLUEGRASS

Contact Jana LaZur at (859) 268-0672 or
jana@jewishlexington.org for more information.

RSVP by completing this form and mailing to:
Jewish Federation of the Bluegrass, c/o Winter Dinner
1050 Chinoe Road, Suite 302, Lexington, KY 40502

Name(s) of adult(s): _____

Name(s) of kid(s) 6-12: _____

Name(s) of kids under 6: _____

of adults _____ x \$20 = _____

of kids _____ x \$5 = _____

Total = _____

**Make your reservations
on-line!
jewishlexington.org**

Enclose your check to "JFB" to guarantee your reservation. Seats fill up fast for this event! Send reservations and full payment by Thursday, 12/2/10.

Sixth annual Hanukkah night to be at Natasha's Bistro

On December 1 at 7:30 p.m., Ha-Tizmoret (Aviva and Lew Bowling, along with Harold Sherman, Danny and Tressa Bowling, and Jim Corcoran) will be featured at Natasha's Bistro in their sixth annual celebration of Hanukkah.

Aviva grew up in Israel singing and listening to the music of Israeli artists. Lew, who lived there in the early 1970s, learned to love it as well. Following the past five years' sold-out Hanukkah shows and Israel Independence Day programs in Lexington and Louisville, they will be returning for an evening of holiday and Israeli popular songs.

Pianist Harold Sherman is well known in the Lexington area for his jazz, dance, and show bands, as well as for his solo, teaching, and musical theatre work. Both Lew (synthesizer and electric guitar) and Aviva (guitar, electric

violin, and mandolin) have performed with Harold for several years. Cellist Danny Bowling, Lew and Aviva's older son, have played in Lafayette, CKYO, UK, and Lexington Community orchestras, as well as the Lafayette Strolling Strings and the Capstone Trio. Danny's wife, Tressa, also a veteran of the Strolling Strings, Lafayette, and UK orchestras, plays bass guitar. Filling out the group on drums is Jim Corcoran, associate professor of music at University of the Cumberlands. Jim has played in the UK and Lexington Philharmonic orchestras as well as with several bands in the region.

As at past concerts, Natasha's will feature additional Israeli items on the evening's menu. There will be an \$8.00 cover. Reservations should be made at (859) 259-2754. ☆

Hanukkah stamps this year

Hanukkah stamps should be available at your local post office no later than October 21. The United States Postal Service did not issue a stamp for 2010, so it is the same 2009 Menorah. There is no automatic distribution this year. Post offices will sell left



over stamps from last year if they have any or order more Hanukkah stamps if they, individually, decide to do so.

If Hanukkah stamps are not available at your post office after October 21 and they tell you "It's last year's and we don't have any left" or "We ran out and didn't reorder any more," or any other reason they give you for not having the Hanukkah stamp available, please let me know. It is very important that you send me that information including the town name and Zip Code of the post office. Please send the information to me at hanukkah@att.net. ☆

Thank you,
Ronald Scheiman

Make your bar/bat mitzvah more special

TAI Sisterhood and Religious School invite you to make your own yad (Torah pointer). The first step is done online: go to www.artwithavi.com/yadmaker between November 1 and November 21 to design your yad. Work on your yad, filling up the whole space by clicking the beads you would like to add. When you are done, you must enter your first and last name. Our class ID is 110689. Click the Submit button and print out your receipt.

The materials will be shipped to the Temple. Save this receipt and bring it to Temple Adath Israel on December 12 at 12:00 p.m., when we will get together to actually make the yads. (There are two sample yads on display in the glass cabinet in the Temple hallway.) Contact Rebecca with any questions at rsy2@hotmail.com or (859) 271-5597. Cost of each yad is \$36.00. Please make your check payable to Rebecca Young and send it to her when you submit your yad design. ☆



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ISRAEL 21c: Training girls to narrow the gender gap

By Abigail Klein Leichman

Israeli researchers find girls can be trained to narrow the gender gap separating them from boys in the realm of spatial abilities, holding out hope of better grades in science, math and engineering.

By training girls in spatial abilities, more women could enter the fields of science, math, and engineering.

An educational intervention devised by Israeli researchers can successfully bridge a hard-wired 'gender gap' in spatial abilities between boys and girls.

"Boys are better than girls in spatial abilities and especially in the domain of mental rotation, the ability to rotate some visual aspect in your mind and visualize how it will look when rotated," says Dr. David Tzuriel, professor of psychology and education at Bar-Ilan University.

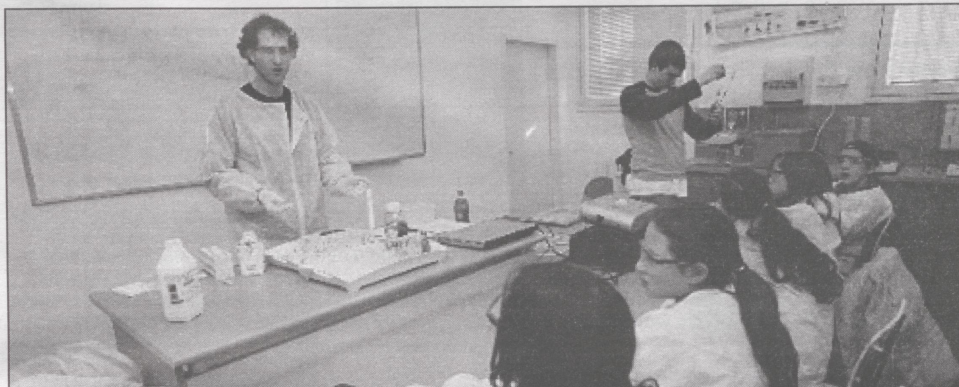
"Mental rotation has been found to be related to many skills in which males perform better than females," he tells ISRAEL21c. "That's why there are so many males in exact sciences like architecture, physics and chemistry, theoretically because they require these spatial abilities."

Differences in the brains of boys and girls are evident even in infancy. By preschool, boys demonstrate a superior ability to perform tasks involving mental rotation, says Tzuriel, a clinical and educational psychologist and a world-wide expert on dynamic assessment of learning potential, adding "We really wanted to see whether it is possible to close this gender gap."

Girls learned skills and closed the gap

Tzuriel and doctoral student Gila Egozi determined from preliminary studies that females find it difficult to gain control over spatial tasks, especially those involving mental rotation. They apparently are genetically programmed to consider details in what Tzuriel terms a "local" way, while males have a more "global" perspective. This may contribute to the general perception that males are better drivers.

"But that doesn't mean it's not possible for females to develop their skills and become equal to males in a particular domain," stresses 64-year-old Tzuriel,



Students in class. Photo by Moshe Shai/Flash90.

the father of five girls and one boy. "What is needed is a way to look at information in a holistic way rather than details. That makes it easier to control the data and manipulate the visual stimuli."

Tzuriel and Egozi then conducted an interventional study on more than 100 randomly selected Israeli first-grade boys and girls. They based their approach on a theory of cognitive modifiability that Tzuriel learned early in his career as an assistant to Israel Prize-winning developmental psychologist Prof. Reuven Feuerstein at Jerusalem's International Center for the Enhancement of Learning Potential.

The results of their study are described in the current issue of *Child Development*.

About half of the first-graders received training to perceive spatial information holistically rather than focusing on particular details, and to think about spatial geometric pictures from different points of view. The other children formed a control group that learned a non-holistic way of grasping information.

"When tested before and after, we found that the girls in the experimental group who had started at a lower level had closed the gap afterwards," Tzuriel reports. "At the end of the program they performed as well as the boys, meaning they made more progress than the boys did."

An attribute considered genetic can be modified

Surprisingly, the spatial abilities of the girls in the experimental group were ultimately superior to those of the boys in the control group.

While the research doesn't yet show that holistic training leads to better achievement in science, math and engineering for girls, it is a promising first step.

"This demonstrates that an attribute considered to be genetic can be modified," Tzuriel maintains. "People with children having any sort of difficulty that might be related to inherited attributes should know that this is not the end of the road. It is possible to improve through cognitive intervention."

The researchers didn't ponder the reason why boys and girls are born with differing strengths. "We don't know the reason," Tzuriel replies. "But just because there are differences doesn't mean the differences are fixed. They can be modified because the brain is very plastic. In realms where boys are inferior to girls, that can be modified as well. How you approach it depends on the domain you want to develop."

Ensuring equal access for girls and boys

Tzuriel is editor of the *Journal of Cognitive Education and Psychology* and is a full professor at Bar-Ilan, where he formerly

chaired the School of Education.

He is regarded as a world leader in the field of dynamic assessment of learning potential, used widely in England, Italy, the Netherlands, Belgium and North America. He has taught 150 international workshops, some under the auspices of the American Psychological Association and also UNICEF in South America.

"I am interested in seeing how a child develops, thinks and changes. Based on the results, we can figure out what kind of intervention will be needed to maximize the potential of the child," he explains. "We are not trying to force something against a child's nature, but ensure equal access. Very often this helps children with learning disabilities to a better life."

Tzuriel hopes his research will lead to widespread training programs like the one used in his study. "Maybe in the future this could be generalized to math, physics, chemistry and architecture. Those who participate would benefit not only in specific tasks but in other school content as well." ☆



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B'tayavon (Hearty Appetite)

By Ruth Poley

Some new flavors for an old favorite

Chicken? Again? Are you and your family starting to cluck? We know it's healthy for us but sometimes we just need a change of pace. The following recipe, from the Food Network (with slight adaptations), gives the dish a nice Mediterranean twist. What's more, you can use shredded rotisserie chicken, which is always available at Sam's Club and at most supermarkets. This will certainly cut prep time. Whole wheat couscous is available at the Good Foods Co-op. And if you never eat chicken because you're a vegetarian, you can substitute a can of garbanzo beans or some roasted tofu for the chicken.

Spiced Couscous and Chicken

¾ teaspoon ground cinnamon
1 teaspoon ground ginger
kosher salt and freshly ground pepper
4 medium carrots, thinly sliced
1 cup couscous, preferably whole wheat
2 cups coarsely shredded rotisserie chicken
3 tablespoons unsalted butter or margarine
½ cup sliced almonds
¼ cup golden raisins
4 scallions, white and light green parts only, roughly chopped
½ cup roughly chopped fresh cilantro, plus more for topping

Bring 2 ½ cups water to a boil in medium saucepan over medium-high heat. Add ½ teaspoon cinnamon, the ginger, 1 teaspoon salt, and ½ teaspoon pepper. Add the carrots and cook until crisp-tender, 3 to 4 minutes. Drain the carrots, reserving the cooking liquid.

Put the couscous and chicken in a medium bowl; pour 1 cup of the hot cooking liquid on top. Stir, then cover tightly with plastic wrap and let sit 5 minutes. Fluff the couscous with a fork.

Meanwhile, melt the butter or margarine in a medium skillet over medium-high heat. Add the almonds, raisins, scallions, and the remaining ¼ teaspoon cinnamon. Cook, stirring, until the nuts are toasted, 2 to 3 minutes. Stir in the cilantro.

Divide the couscous and chicken among bowls. Top with the carrots and more of the cooking liquid. Sprinkle with the almond mixture and more cilantro. ☆

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com

**Attention proud
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We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to jfb.shalom@hughes.net



The Lexington Chapter of Hadassah

Lynn Furness, President

Recently, a delegation from the Lexington Chapter of Hadassah attended the Central States Region Fall Forum in Columbus, Ohio. The members in the delegation were Evalyn Block, Aviva Bowling, Jane Chaput, Lynn Furness, and Melanie Shapiro.

At the forum, our chapter received two national awards. One award recognized the chapter for achieving 100 percent of its membership goal. The other award acknowledged the chapter for achieving its fundraising quota. These goals and quotas are given to the chapters by National Hadassah in New York and pertain to the membership/fundraising year from June 1, 2009 through May 31, 2010.

Each and every one of you helped us achieve these successes and we thank you. And you can feel proud, as a member of our chapter, of all its accomplishments, including those recognized by National Hadassah. Special thanks to Membership VP Odette Kaplan and Fundraising VP Pat Marx for their leadership.

Another highlight of the forum was the beautiful Havdalah conducted by Aviva Bowling and Evalyn Block to end Shabbat for the group. The attendees from all around the region (which includes Ohio, Kentucky, and parts of West Virginia and Michigan) were very impressed by, and appreciative of, our local talent.

In addition, Melanie Shapiro received a Woman of Innovation Award, one of only four presented. Melanie was nominated for her expert leadership of the book club, including the use of new avenues to attract members to the club, as well as her stellar stewardship of Jewish National Fund. Congratulations to Melanie for a well-deserved award.

The Central States Spring Forum is scheduled for April 9-10, 2011, in Columbus, Ohio. We hope you'll consider attending. In the meantime, we look forward to seeing you at Hadassah programs throughout the year. ☆



Join the Central Kentucky
Jewish Community
for a special music program and
lecture with Israeli pianist

Inon Barnatan

**Wed., November 17
3:00 p.m.
Ohavay Zion Synagogue
2048 Edgewater Court**

This program is free and open to the public.

Sponsored by: B'nai B'rith, Lexington Chapter of Hadassah, the Lexington Havurah, Jewish Federation of the Bluegrass, Ohavay Zion Synagogue, Temple Adath Israel, and the Lexington Philharmonic.

More opportunities to see Inon Barnatan perform

Thurs. Nov. 18 at 7 p.m. in the Downtown Arts Center
Kicked Back Classics Series. "The Man, the Music: Mozart"

Fri., Nov. 19 at 8 p.m. at the Singletary Center for the Arts
Overture to Don Giovanni, Piano Concerto No. 22 in E-flat major, and Symphony No. 41, "Jupiter"

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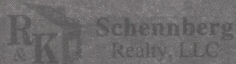
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Harry Gordon



To become a co-sponsor, contact
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November 14 *Live and Become* ("Va, vis et deviens")

Temple Adath Israel (124 N. Ashland Ave)

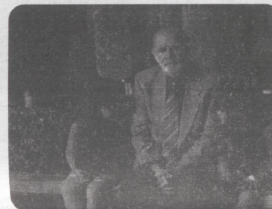
A young Ethiopian boy, Solomon, is swept up in Operation Moses, a joint effort between American and Israeli troops to relocate Jewish refugees from Africa to Israel. Hoping to shield her son from an impoverished life, Solomon's Christian mother forces him to declare himself Jewish and join the exodus. From writer-director Radu Milheleanu, maker of the acclaimed "Train of Life", comes an award-winning film about the mysteries of survival, identity, and the healing force of love. Spoken languages: French, Hebrew, Amharic with English subtitles.



December 12 *Nora's Will* ("Cinco días sin Nora")

Temple Adath Israel (124 N. Ashland Ave.)

Nora had a plan. It would bring her ex-husband, Jose, and the rest of their family together for a magnificent Passover feast. But there is a flaw in her plan—a mysterious photograph from the past, hidden under the bed, which leads Jose to re-examine their relationship and rediscover their undying love for each other. Winner of several international film awards, "Nora's Will" is a warm and entertaining film which reminds us that the biggest love stories are sometimes hidden in the smallest places. Spoken languages: Spanish with English subtitles.



January 9 *Saviors in the Night* ("Unter Bauern")

Ohavay Zion Synagogue (2048 Edgewater Court)

"Saviors in the Night" is based on the memories of Marga Spiegel. In her narrative, published in 1965, she describes how courageous farmers in southern Münsterland hid her, her husband Siegfried (named Menne) and their little daughter Karin from 1943 until 1945, thus saving them from deportation to the extermination camps in the East. The film tells this story of survival with a sense for the absurd in daily life and not without the typical Westphalian humor.

Spoken languages: German, French, English with English subtitles.

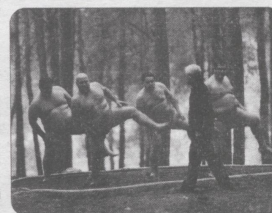


February 6 *A Matter of Size*

Ohavay Zion Synagogue (2048 Edgewater Court)

Four overweight friends from the Israeli city of Ramle are fed up with dieting. When Herzl loses his job as a cook and starts working as a dishwasher in a Japanese restaurant he discovers the world of Sumo where large people such as himself are honored and appreciated. Through Kitano, the restaurant owner and former Sumo coach, he falls in love with the sport. Herzl wants Kitano to be their coach but Kitano's reluctant—they first have to earn their spurs. From directors Sharon Maymon and Erez Tadmor comes a comedy about a 'coming out' of a different kind—overweight people learning to accept themselves.

Spoken languages: Hebrew and Japanese with English subtitles.



www.menemshafilms.org

The Lexington Havurah

Jeremy Popkin, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at popkin@email.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evclynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdajm@insightbb.com.

By Judy Goldsmith

Recently, a friend asked me what ritual—Jewish ritual—means to me. I was startled into silence. So I brought the question to the Havurah, in a break between services on Yom Kippur.

As a group, we feel connected to history, to our families, to other Jews, by the rituals of shul and home. The rituals mark off time in the yearly cycle. They connect us to the natural world that way. They provide a framework for those times, such as sitting shiva, when we don't know how to act. When hunger or other distractions threaten observance at services or elsewhere. (It was Yom Kippur, and hunger was getting to be a distraction.)

Ritual is a doorway through which moments of transcendence can be reached. Transcendence is a rare event. It seems to happen more easily when I am doing something habitual—dancing, praying, bicycling. Beauty, such as beautiful music, helps too. When I think about that feeling of connection to the universe, to G-d, I imagine my hands open. I imagine letting go.

Several decades ago, I had the opportunity to see, and hear played, an 18th century instrument, an armonica. Wikipedia tells me: "The glass harmonica, also known as the glass armonica, bowl organ, hydrocrystalophone, or simply the armonica (derived from "harmonia," the Greek word for harmony), is a type of musical instrument that uses a series of glass bowls or goblets graduated in size to produce musical tones by means of friction...." It was in the Museum of Science in Munich, where I worked one summer. I went back, several weeks

in a row, to hear the armonica played. The clarity of the sound and its sweetness seemed magical to me.

The friend who asked me about ritual also asked whether it was meaningful to me, separate from my religious beliefs. I was sure that the answer was "Yes," but I could not say how. After thinking more about it, my answer has to be that I can imagine the rituals of Jewish observance being meaningful to someone else, divorced from faith, but for me, they are bound together.

The package, faith and ritual, seems quite concrete to me. In my imagination, I hold it in my hands, crystalline as a glass bowl, and as heavy. And once in a while, when I am singularly blessed, it rings out with a sound both pure and sweet that echoes in my body and my soul.

Last month, Jeremy wrote about Havurah members leading services, and about varying the ritual. That could jar you out of rote participation. Perhaps, but it can also be the finger on the glass wheel, that starts it singing. ☆

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Advertise Your Business

The **Shalom Newspaper** is published ten times per year. It is mailed to over 1,200 local businesses and households. **Shalom** is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 11.42"	1/2 Page Vertical 5" x 11.42"	1/2 Page Horizontal 10.167" x 5.645"
\$200 BW \$300 Color	\$132 BW \$215 Color	\$132 BW \$215 Color
1/4 Page 5" x 5.645"	1/8 Page 5" x 2.72"	Business Card 3.277" x 2.15"
\$88 BW \$132 Color	\$60 BW \$105 Color	\$40 BW \$82 Color

Center Spread 21"x11.42" \$440 BW • \$600 Color

*All other ads are billed at \$12 per column inch.

*Ad production is available at \$15 per hour.

Rates for contracted terms (per issue)**

Size	5x	10x	w/Color
Full	210	198	+75
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1/4	82	77	+40
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Bus. Card	38	28	+40
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**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please contact Tamara Ohayon at the JFB office.

(859) 268-0672 or shalom@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Shalom

Temple Adath Israel

124 N. Ashland Avenue • President, Ken Slepman • (859) 269-2979

Recital to be held at Ohavay Zion Synagogue

On November 17 at 3:00 p.m., a free recital by Inon Barnatan, an award-winning Israeli pianist, will be held at Ohavay Zion Synagogue. The event is sponsored by Hadassah, TAI, OZS, JFB, and the Lexington Havurah. Please plan to attend and enjoy this wonderful opportunity.

Tai Mini U Class—Growing Up Humanist

David Sacks, son of founding members of suburban Cincinnati's Congregation Beth Adam, will talk about what it was like growing up as a Humanistic Jew. There will be presentations and discussions on "Growing up in a congregation your parents started!" "Trying to explain Humanistic Judaism to others," "The symbols and rituals of Beth Adam," and a topic to be decided at a later date. Class will held on Sunday, November 7 from 11:00 a.m. to 12:00 noon.

Growing Up Humanist is an offering of the TAI Mini University. As such, admission to any or all of the classes this semester is \$18.00. If you are

interested in this class, please use the sign-up form below.

I/We would like to attend the Growing Up Humanist class beginning on September 26.

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

Enclosed is my/our check in the amount of \$_____ for _____ (number of people) to attend the Growing Up Humanist class

Sisterhood News

Rebecca Young, President
What would we do without our sisters? To Mary Engel, Linda Gerall, and all who cooked, served, and brought food for our congregational break-the-fast, thank you! This is just one of the many Temple events that members of Sisterhood lead.

Are Sisterhood past presidents still involved in Sisterhood? Yes! At our opening program there were seven Sisterhood past presidents in attendance, JoAnn Miller, Leona Stern, Ruth Baker,

Bobbi Fried, Janice Newman, Judy Hersch, and Mimi Kaufman.

How can you be among this elite group of women? Join Sisterhood and come to our monthly programs. We have daytime and nighttime programs, usually held on the third Wednesday of each month. Be sure to check the bulletin, Temple Program Reminders, Sisterhood bulletin board, *Shalom*, and your Evite. If you haven't been receiving the Evites and you would like to, please let me know at rsy2@hotmail.com and I'll be sure to add you to the list.

What is the December program? Make your own yad. For design instructions, see page 16. On December 12, we will meet to put our yads together. Marilyn Lieber and I will have our own yads on display in the glass cabinet in the Temple hallway.

Chavurat-Chochma (A Friendly Gathering of Wisdom)

We will meet again on December 3, 2010 to schmooze and enjoy an informative program. The speaker will be Susan Owens of *Tales for Telling*, who

will present "Save a Life! Tell Your Story." We all have interesting unique life stories. Learn how best to share yours. The cost is \$6 per person. Please RSVP by November 30, 2011.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Drop in to the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. November 6 and 20.

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the library. November 13 and 27.

Parsha

Join us each Saturday morning at 11:00 a.m. to take a look at the Torah portion for each week. The rabbi will lead some, everyone will take turns for others. The format will be different from either Torah study or Kollel. Bring your lunch.

Jewish Family Services Upcoming Programs

The Leisure Club is cordially invited to

Ohavay Zion Synagogue on Wednesday, November 17 at 3:00 p.m. for a special musical program and lecture with Israeli pianist, Inon Barnatan. This program is free thanks to sponsorship from all of our local Jewish organizations.

See the ad on page 18 for more details.

Fulin's Asian Cuisine on Sunday, December 5 at 6:00 p.m. for the Federation's annual Winter Dinner. More details can be found in the article on page 1.

Save the date! Mark Thurs., January 20 on your calendar.

For more information about these events, to RSVP, or to arrange transportation to the event location, please contact Paula Clancy at



The Jewish Federation
OF THE BLUEGRASS

(859) 269-8244 or
jfs@jewishlexington.org.



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269-2979**

124 North Ashland Avenue

"25 Years of Excellence"

Ohavay Zion Synagogue

2048 Edgewater Court • President, Beth Goldstein • (859) 266-8050

Ohavay Zion Synagogue is proud to be the host location for Inon Barnatan's piano recital on Wednesday, November 17 at 3:00 p.m. The program consists of a short piano recital followed by discussion with the Israeli-born artist.

Jewish Short Stories

Jewish Short Stories is a refreshing new program for the seniors of our community. Join us as we munch lunch and read and discuss a short story together. November's session is scheduled for November 4 at noon.

Bible Study

Wednesdays at noon: This month we will continue our exploration of the Book of Judges.

Kids' Shabbat

A monthly Friday evening Shabbat for children ages 4 to 9, with pizza, song, and schmoozing—5:15 p.m. on November 12.

Young Professionals' Shabbat

Young Jewish Professionals in their 20's and 30's get together for Fabulous Friday Nights For Food, Fun and Festivities. Please join us and feel free to bring friends. The next Young Professionals' Shabbat is scheduled for November 19.

Community Shabbat

Join us as our religious school shifts this day from Sunday to Shabbat. Students will join in leading services. Parents will have a chance to learn with the rabbi and the whole community will celebrate Shabbat together. Community Shabbat this month is on November 20.

Friday Morning Talmud Study

The Talmud Study group meets each

Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m., followed by a light breakfast and study. Newcomers are always welcome.

Weekday Minyan

A Minyan is held each Tuesday and Thursday afternoon at 5:45 p.m. in the Sanctuary. Please come and help make a minyan!

D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS Library (or outside when the weather is nice). The brief afternoon/evening minyan follows in the sanctuary. A great way to end your day.

November Shabbat Schedule

Celebrate Shabbat. The Friday night schedule for November:

November 5 – Traditional Service at 5:45 p.m.

November 12 – Kids' Shabbat at 5:15 p.m.

November 19 – Young Professionals' Shabbat at 6:00 p.m.

November 26 – Family & Friends Shabbat at Home. No evening service at OZS

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30 a.m. with Kiddush Lunch following in the Social Hall.

Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion, please call Simone Salomon, Membership Chair, at (859) 269-1585.

11-14-2010
Live and Become

12-12-2010
Nora's Will

1-9-2011
Saviors in the Night

2-6-2011
A Matter of Size

JFB
Film Series



The Jewish Federation
OF THE BLUEGRASS

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Young BLUEGRASS JEW

a gathering of local Jewish adults, ages 21 to
"40ish" (about 45), who get together at least
monthly for social events.

Join our mailing list. Contact Tamara Ohayon
at tamara@jewishlexington.org,
(859) 268-0672, or find us on Facebook!

UPCOMING EVENTS

Thursday, November 11
Latke Fry-off and
pre-Hanukkah Fun

Sunday, December 12
Dinner and a Movie

Thursday, January 13
Dinner and Financial
Planning workshop

THE LEXINGTON PHILHARMONIC

KICKED BACK CLASSICS
presents

The Man, the Music: Mozart
with pianist
INON BARNATAN

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7pm, Downtown Arts Center

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Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvot, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to jfb.shalom@hughes.net. Remember, we welcome photos, too!

Mazel tov to...

Joyce and James Mischner on the marriage of their son, **Jim Mischner**, to **Jill Carson** in Atlanta, Georgia on October 16, 2010. The couple lives in Charlotte, North Carolina.

Condolences to...

Lori Bernard on the death of her mother, **Geri Bernard**, on September 29, 2010. Lori is the fiancée of **Rabbi Marc Kline**.

The family of **Fara Amsalem**, daughter of **Robert and Jeannette Sloat** and cousin to **Jan Cerel** and **Harriet Brazin**, on her death on October 3, 2010.

The **Salomon** family on the death of **Trudi Noack**, **Arthur Salomon's** mother, on September 28, 2010.

Darryl and Samye Stith on the death of Darryl's aunt, **Pauline Hemingway**, on September 26, 2010.

Our 2010 Shalom Contributors

Thank you for your generous contributions to keep *Shalom* solvent.

Chai

Eleanor Benblatt
Jane & Leo Chaput
Lois & Ken Germain
Nina & Izzy Goldis
Joseph Hernandez
Renee Hymson
Eva & Alan Kaplan
Angie & Rich Ornstein
Greta Rothschild
Roberta & Louis Shain
C.B. Stidham

Double Chai

Susan Cabin & Randall Roorda
Lynn & Jim Furness
Cathy Grinstead
Katherine & John Kane

Three Times Chai

Marcia Blacker *
Judy and Rabbi David Wortman**

Habono (builder)

Robert & Sheila Orbach

Gibor (hero)

Ruth & Neil Poley
Becky & Scott Savage
Gene Sittenfeld & Sally Mulholland
3 anonymous

* In honor of Jane Chaput, Ruth Poley, and Mary Rosenbaum.
** In memory of Ruth Poley's mother.

Here is my contribution to help keep *Shalom* solvent

- ☐ \$18 Chai ☐ \$36 Double Chai
☐ \$54 Three Times Chai ☐ \$72 Habono (Builder)
☐ \$90+ Gibor (Hero)

Name _____

You ☐ may ☐ may not publish my name

Mail to:

JFB, 1050 Chinoe Rd., Suite 302, Lexington, KY 40502
Make checks payable to JFB and write "*Shalom*" on the memo line.



Color Analysis

Women Party at

Suppa



Tuesday, Nov. 30 7:00 p.m.

Contact Tamara at 420-3925 or tlohayon@yahoo.com to RSVP or for more info.

Amy Faust Mayer will help us discover how to find colors of clothing and makeup that match our complexion, eye color, and hair color. Learn how to better coordinate outfits and save time and money on your wardrobe. See what your best colors do for you!

FOR WOMEN AGE 21 TO 40-ISH!

If you have not yet pledged to the 2010 Jewish Federation Community Campaign please contact the Federation staff at 859.268.0672.

Honor the past. Ensure the future.





The Jewish Federation OF THE BLUEGRASS

Our connection. Our voice. Our community.



Community Calendar

• **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**

• 1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President

• **OZS - Ohavay Zion Synagogue - www.ozs.org**

• 2048 Edgewater Court • 266-8050 • Moshe Smolkin, Rabbi; Beth Goldstein, President

• Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.

• **TAI - Temple Adath Israel - www.lextai.org**

• 124 N. Ashland Avenue • 269-2979 • Marc Kline, Rabbi; Ken Slepian, President

• Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

• **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**

• Lynn Furness, President • mamanewbs@yahoo.com

• **HAV - The Lexington Havurah - www.lexhavurah.uscjhst.net**

• Jeremy Popkin, President • popkin@email.uky.edu

• **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**

• 1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Jewish short stories at OZS		JFB Comedy Night
31	November 1	2	3	4	5	6
BB Lunch Yiddish Class at JFB Rosh Chadash Kislev	Last Day to Order TAI on Rye Chopped Liver	Chabad-Rabbi Litvin visits Hadassah Board Meeting	Shalom newspaper deadline JFS meeting (members)	Introduction to Judaism HAD Founders and Keepers Young Bluegrass Jews Event		
7	8	9	10	11	12	13
TAI on Rye - Noon - 3:00 p.m. JFB Jewish Film Festival - 5:00 p.m.		TAI Sisterhood Din- ner Program with Kathy Stein	Inon Barnaton Piano Recital JFB Board Meeting		Young Professionals' Shabbat	TAI Brotherhood Dinner and Variety Show
14	15	16	17	18	19	20
Yiddish Class at JFB				Thanksgiving Day JFB office closed	JFB office closed	
21	22	23	24	25	26	27
		Lunch and Learn with our local rabbis Young Women's color party	Hanukkah Party w/the Bowlings at Natasha's	Hadassah Hanukkah Party	Chavurat Chochma at TAI	
28	29	30	December 1	2	3	4
Yiddish Class at JFB Community Winter Dinner at Fulin's			JFS Family Life Education Adoption 2nd Session			
5	6	7	8	9	10	11