

SHALOM

NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

OCTOBER 2005

ELUL 5765 - TISHREI 5766

Memories of childhood High Holidays still sweet

By Ernie Cohen

I vividly recall growing up in the Brownsville Section of Brooklyn, on Amboy Street near Sutter Avenue. Though my family was poor back in the 1940s, we were well grounded spiritually. Living in the big city of New York, we could afford neither a congregation's membership dues nor tickets for seats for High Holiday services. When I started the first grade, I was enrolled in the local

see Memories, page 14



CKJF Executive Director, Daniel Cheifec, becomes a U.S. citizen. Mazel tov, Danny! (See his article on page 6)

— CAMPAIGN NEWS —

CKJF wins national recognition

Sapir Award to be presented

♦ ♦ ♦

At the November 2005 General Assembly of the United Jewish Communities, in Toronto, the work of our local volunteers will be recognized with the Sapir Award for outstanding achievement, the most prestigious fundraising award of the American Jewish community. Federations are divided into categories by size. The award is presented every year to a community in each

category that meets a stringent set of criteria. Our community is recognized for our achievements on the 2004 CKJF/UJC Community Campaign. The following is the notification letter received from UJC:

Congratulations and Yasher Koach! On behalf of the Sapir Award Committee, I am delighted to inform you that your community has been chosen to receive the 2005 Sapir Award. You are one of a select handful of Federations from across the country to be given the honor.

The Sapir Award is designed to both acknowledge and thank communities that have demonstrated outstanding

see Recognition, page 5

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Many heart-wrenching stories have come out of hurricane Katrina's devastation. Below is just one of the many communications we received from the Jewish communities affected by the storm.

Katrina wreaks havoc

Compelling and inspiring stories
arise from the rubble

♦ ♦ ♦

By Lee Wunsch
Director, Jewish Federation of Greater Houston

The week after Katrina was one of reflection, compassion, hope, and yes, rejoicing. Each of us who are involved in the Hurricane Katrina relief effort has stories to tell. And, if we have no stories to tell, then watching the news coverage for even thirty minutes will provide those stories—stories of desperation, heroism, gratefulness, and amazement.

Here is a glimpse of my stories:

Tad and Helene Breaux, a Jewish couple from New Orleans, gave birth to their firstborn son shortly before Hurricane Katrina. Health issues caused their son, Zachary, to be placed into the neonatal intensive care unit at a New Orleans hospital. When the storm came in, the hospital was evacuated. Zachary, then just a few days old, was taken with other patients to a Fort Worth hospital while his parents ended up in Houston. Thanks to the tireless work of Adam Bronstone, the director of community relations for the New Orleans Jewish Federation (working out of the Houston Jewish Federation building), Angel Flight took the Breauxs to Fort Worth to be reunited. This past Friday, while attending Shabbat services at Beth Yeshurun, I met the grandma of Zachary Breaux. The Breauxs are now back in Houston, also courtesy of Angel Flight, and their son Zachary will receive his brit milah in the coming days right here in our community. Mazel tov!

Then there's the story of Roy Decker. Roy is on the maintenance staff of the JCC in New Orleans. Roy decided to ride out the storm in New Orleans. This last Friday, he was plucked off the roof of his house by a rescue helicopter, brought to Houston by bus, and stayed for two nights at a Marriott-affiliated hotel near Tomball, because of some family connections. On Sunday, he was picked up at his hotel by a member of the Houston Jewish Federation staff and brought to the Federation building. He was greeted with lots of embraces by many residents of New Orleans who were at our building. Later Sunday afternoon, Angel Flight flew him to Albuquerque, New

see Katrina, page 10

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SHALOM

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Shalom Deadline for December/January

Please note that December/January is a double issue of *Shalom*; there is no separate January issue. This means if you want to promote something that will take place in January, the deadline for that material is November 10. Please be thinking ahead so that you aren't disappointed.

Have a question?

Ask a rabbi

We will be changing the format of the monthly Rabbi's Corner column beginning with the December/January issue of *Shalom*. We are asking members of the community to submit questions that can be answered by one of the rabbis. As each rabbi's turn comes up in the rotation she or he will refer to the list of questions and choose one for a response.

If you have a question you would like to see addressed by one of our community's rabbis, please email it to di-ifr@bardstown.com. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer. Please choose questions of general interest to the community.



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Deadline for articles for the November *Shalom* is October 10.

email articles to: di-ifr@bardstown.com

Articles submitted in hard copy should be double-spaced.

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Lexington couple has roots deep in community

Hymsons part of local life for many years

By Jerome W. Wurmsier

Sheldon and Renee Hymson are probably thought of by most people in our community as being native Lexingtonians, but surprise, surprise, 'tain't so. "Cokie" was born in Louisville in 1923, the second son and fourth child of Aaron and Kate Hymson. When Cokie was about 4 years old his dad, a salesman-peddler based in Louisville, would travel down river selling his wares to the rural farmers and coal miners in western Kentucky. His ambition was to have his own department store some day, and when he finally accumulated the necessary money, he made the leap. He thought that Providence, a prosperous farming and coal mining town, would be an ideal spot for this venture. There were four other Jewish families in the town, three of them related. Cokie attended school there, graduating from the local high school in 1941.

By the time Cokie finished high school, older brother Maurice was already well established in Lexington, married to Evelyn Baker (Harold Baker's sister), and busy managing his three-year-old Tots and Teens department store in downtown Lexington, which was growing rapidly.

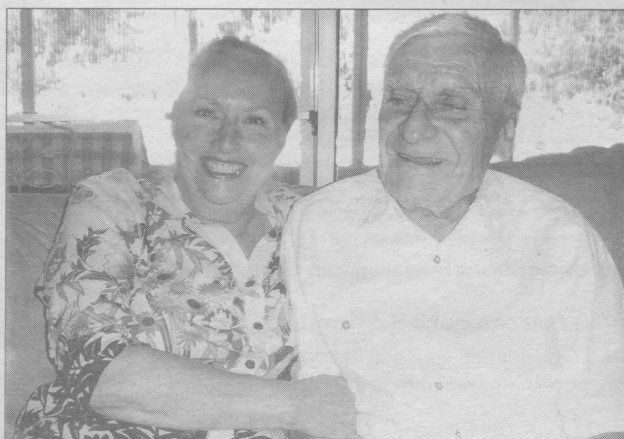
Cokie's first job after high school was in the shoe department of an uncle's store in Brownsville, Tennessee. Then, on December 7, 1941, the "date that will live in infamy," the surprise attack by the Japanese on the U.S. naval base at Pearl Harbor shocked the world. Cokie, a true-blue red-blooded American youngster, was eager, like thousands of others, to answer our country's call. He so informed his brother Maurice, who being older and wiser, suggested he

When Renee was 17, her dad brought her to Lexington with the express purpose of introducing her to man-about-town Cokie, figuring this would be a good match. No luck: as Renee put it, the "chemistry" just wasn't there.

come to Lexington and enlist from here.

After his arrival in Lexington and more discussion about his volunteering for the armed services, it was decided that the wisest route to take would be to enroll at the University of Kentucky and join their V-12 Naval Reserve Officer's training program. Upon successful completion of this course, he would receive a commission as an ensign in the U.S. Navy.

After about eighteen months at the university studying in the V-12 program, he was finally called to active duty in July 1943. His first duty station as a brand new ensign,

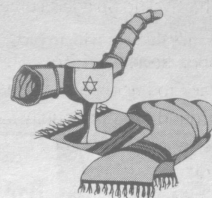


Renee and Cokie Hymson at home.

Holiday Greetings from TAT

This year as we make promises anew, I encourage you to renew your commitment to Judaism by continuing to choose to participate at your temple or synagogue or within the Jewish community. Sometimes, we don't participate because our lives are so full. But choosing a Jewish life happens in small ways as well as large ones. Most of us lead a Jewish life, without even recognizing that the life we lead is a moral, ethical, and Jewish one. When you participate in these activities, with purpose, you will surely be enriched and our tradition will flourish. On behalf of Temple Adath Israel and the Board of Trustees I wish you a New Year filled with sweetness and peace.

L'Shana Tova,
Starr Gantz, President
Temple Adath Israel



believe it or not, was in Berea, Kentucky. He took a lot of good-natured kidding about being in the navy and stationed so far inland, but this ended in August 1944, when he was finally transferred to sea duty on an ARV, a Navy Repair ship converted from an LST, sailing out of Norfolk, Virginia.

Before this assignment, he had spent six weeks at Harvard becoming familiar with the double duties and intricacies of being both a paymaster and supply officer. His first voyage, crossing the Pacific Ocean in this painfully slow-moving craft, was a six-week journey. Upon their arrival, they were assigned to deliver repatriated Korean and Chinese POW's from Japan back to their homelands. This converted ship was no luxury liner, and for the men serving aboard her, this was rough and tough sea duty.

Cokie, along with thousands of other U. S. servicemen, was mustered out of the navy in late 1945. He returned to Lexington and went to work for his brother Maurice. In 1946, he set up a shoe department in Tots and Teens. The young bachelor and man-about-town talked some of his buddies into joining him in renting a bachelor pad in an ante bellum

mansion located at the present site of Turfland Mall. The amazingly high rent of \$150 per month, and another \$150 a month to heat the place in the winter, plus other expenses, made sharing this then enormous outlay of money a necessity.

In the late forties, Renee's parents, Hillard Aberson and Adele Wenneker Aberson, moved to Lexington from St. Louis, joining his brother-in-law in the retail shoe business. Renee, still in high school, remained in St. Louis. The original Wenneker's store in downtown Lexington sold only ladies' shoes, but expanded into a men's shoe store, with Renee's father managing, next door to the ladies' shop.

When Renee was 17, her dad brought her to Lexington with the express purpose of introducing her to man-about-town Cokie, figuring this would be a good match. No luck: as Renee put it, the "chemistry" just wasn't there. Renee returned to St. Louis, and soon met a young man with the right "chemistry" and was swept off her feet. The marriage lasted about five years, ending in divorce. Renee, along with her two

see *Deep roots*, page 19

President's Message

Marty Barr



Hope in time of disaster

♦ ♦ ♦

Like everyone else in Lexington, in the nation, and around the world, I sat in front of the television during early September mesmerized by the scene of destruction unfolding in front of me. Barbara and I then did what most of us have done: contacted a charitable organization and wrote a check. We also made known our willingness to house a displaced family for a period of time.

The housing of people without shelter or belongings is being coordinated by the United Jewish Communities, and Lexington has been put down for six to ten families. (Because of our distance from the disaster and the early timeframe, there is no assurance that we will, in fact, be called upon.)

Beyond this, however, there will exist the need to help in the permanent relocation of families who have decided that the current uncertainty and future risk exceeds their capacity to cope and that they should seek a new life.

Beyond this, however, there will exist the need to help in the permanent relocation of families who have decided that the current uncertainty and future risk exceeds their capacity to cope and that they should seek a new life. It has been suggested to me by a group of our members that we should resurrect the resettlement program that we used so successfully for Russian immigrants, and that we use this to aid people in lower socioeconomic circumstances in their quest for a new life away from New Orleans or the Gulf Coast.

I endorse this concept without reservation and will be polling members of the Executive Committee on the topic. We will then proceed with planning in September, present the concept to the Board at the September meeting, and—assuming no valid objection is presented—proceed to implementation when asked.

On a far happier note, on September 9, I was able to attend the ceremony at which our

Executive Director Danny Cheffec became a citizen of the United States. There were eighty people ranging in age from small children to seniors representing fourteen countries from around the world. To see the faces of people as they take the oath and are declared citizens is something that everyone should do, if they have the opportunity. It reminds us that despite the feelings we may have about our government and its actions, people from around the world view us as a place of hope and security for themselves and their families. ✱



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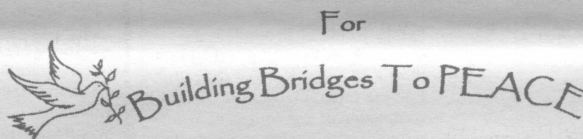
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Recognition (from page 1)

achievement in the Annual Campaign. As you might remember, criteria for the Sapir Award include Campaign growth, donor acquisition and retention, campaign innovations, major gifts upgrades and PACE/LOJE achievements. Your community has accomplished outstanding work in several of these categories and UJC is pleased to recognize your tremendous achievements.

Sapir Award winners will be recognized in a video at a plenary session of the General Assembly. In addition, your community will be invited to accept the actual Sapir Award during the GA. Marc Borish will be in touch with you shortly to coordinate details.

Again, congratulations on receiving this distinguished award. Your commitment to this sacred work helps to build vibrant and caring Jewish communities around the world.

Sincerely,
Joel Alpers, Chairman
2005 Sapir Award Committee

One of the ways in which CKJF serves the community is by running the CKJF/UJC annual community campaign, which provides the funds for all the other activities we organize locally, and for our overseas and national commitments to help other Jewish communities as well as non-Jewish people in need. We work hard, professionals and volunteers alike, to meet the needs of our community. Yet it is not very often that a community like Central Kentucky really gets noticed.

Local delegates to the General Assembly, Marty Barr and Daniel Chejfec, will accept the award on behalf of the community. Mazel Tov to all the Campaign workers and donors to the 2004 CKJF/UJC Community Campaign for this first-ever national recognition of our local efforts. Let's make the 2005 Campaign another landmark achievement! ☆

Holiday Greetings from Havurah

And so we come to the end of another year. So many things have happened in our world, in Israel, in our country and in our community in the past year. Most recently, of course, we witnessed the horrific tragedy on the Gulf Coast. The generosity of Americans has again been tested and we have risen to the occasion.

In Lexington we must continue to work together to generously support our Jewish institutions and organizations. It is our responsibility to build a stronger, richer Jewish life for us, our families, and future generations.

It is my great pleasure to bring you greetings from the Lexington Havurah and all its members for a happy and healthy new year. Let us continue to pray for the peace of Jerusalem and for all who dwell on earth.

Gail Cohen
President
The Lexington Havurah



Tamara Ohayon joins CKJF as office administrator

Tamara Lena Ohayon moved to Lexington from Los Angeles, California three years ago. She has recently completed her Bachelor of Arts degree in studio art at the University of Kentucky.

Tamara teaches various classes at the Temple Adath Israel religious school. She is also a working artist, focusing on three media: ceramics, fiber, and digital art. From a young age, Tamara was actively involved in Jewish Residence camping and other Jewish organizations in Los Angeles and has been involved in the activities of the Lexington community since she moved here in 2002. ☆



Tamara Ohayon

From the Executive Director

Daniel Chejfec



To be or not to be (a citizen)

♦ ♦ ♦

On September 9, in Covington, I took the oath as a citizen of the United States of America after fifteen years of living in this country. Some of you might be surprised I had not become a citizen yet. In fact, I find many parallels between becoming a US citizen and converting to Judaism. In both cases, one is required to invest time and effort to prove oneself worthy of becoming part of the group. Of course, there are not the filing fees or forms nor the need for attorneys when you convert to Judaism as there are when you go through the immigration process, but the expectation that the person entering into the covenant (as a citizen or as a Jew) is fully aware of the commitment it entails is identical.

Since I have been living in this country for fifteen years, the past ten as a permanent resident, why bother becoming a citizen? The answer is simple: it is the right thing to do. Since I pay taxes and worry about American society—and get upset about American politics and blame American politicians—it is time to grow up and accept the responsibility of being part of the decision process, and not just an outside complainer; very much



Waiting to become an American.

the same as becoming affiliated with a local Jewish organization. I could kvetch and complain about how tough it is to be a Jew and not assume any responsibility for the continuity and viability of Judaism and Jewish life; I choose instead to step in. I could continue to kvetch and complain without assuming my responsibility as a citizen, but I choose to step in. There is a downside in both choices: once I accept the responsibility I become part of the blamees rather than the blamers; but I do it gladly.

As for the ceremony itself, it is difficult to explain how I felt. I did not realize how much of an issue it was in the back of my mind until I went through with it. By all rights, you would say that after filing all the paperwork and taking the test a month before the ceremony, the issue was a done deal, and you would be right; I would have even agreed with you intellectually. Emotionally, however, it felt like a graduation ceremony. You already took the courses, you passed the exams and presented the final papers, so you know you graduated, and yet when you are called to receive your diploma, the butterflies

keep moving their wings in your stomach. There is no rational explanation for it—it just is.

During the ceremony, I felt like this was happening to somebody else, and I kept listening to one after another of the prospective citizens proclaim, "I am so and so, from this or that place, and now live in this or that place," and there was this feeling of estrangement. Then it was my turn, and found myself standing and proclaiming, "I am Daniel Chejfec, from Argentina, and now I live in Lexington, Kentucky"—after that, my perception changed. I finally realized that was the last step on a long odyssey that started in March of

I finally realized that was the last step on a long odyssey that started in March of 1989 when I boarded the plane in Buenos Aires not for a visit, but for a life-changing journey.

1989 when I boarded the plane in Buenos Aires not for a visit, but for a life-changing journey. And now that particular journey is completed. I want to thank Marty Barr in particular for coming with me and sharing the moment, as well as taking the pictures.

On a lighthearted note, since you cannot use a flash in a Federal Courtroom during the ceremony, I stood in line to have my picture taken with the judges who presided over the ceremony. As I got to the front of the line, both of the young judges told me, "You look like a friend of ours who is a lawyer, although you are slender." Those of you who know how hard I have been working on my weight loss (70 pounds and counting) don't need an explanation to understand that I felt like a million dollars: for the first time in my life I was the "slender" one.

On a more serious note, the act of taking the oath and sharing the ceremony with immigrants from all over the globe, people of all colors and all kind of societies, from places we are familiar with and from others we never heard of, makes one aware of the generous spirit of

American society and the openness of the American spirit. All of this was happening at a time when a whole city was literally uprooted in Louisiana by the devastation visited upon it by Hurricane Katrina. As I step into this new stage in my life, I can only reflect on the many layers of meaning of the oath of allegiance:

"I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands; one nation, under God, indivisible, with liberty and justice for all."

And in these times of need for so many of our fellow citizens, I pledge to do my best to help making this promise a reality. ☆

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Organizes the Emilie Szekely Holocaust awareness essay contest
Coordinates community observance of Yom Hashoah



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Third Opinion

Stanley Ned Rosenbaum, PhD

Who were, who are the "Ten Lost Tribes"?

♦ ♦ ♦

Remember the rancher in the old Lee Marvin movie *Cat Ballou* who insists on addressing his Indian farmhand, "Shalom aleichem, Jackson Two Bears"? As they might say in a Monty Python sketch, "I'm sorry; it's a trick question. There were no ten lost tribes." If you have Irish, Mexican, or Native American friends who think they are part of the TLT, please give them my regrets. Sure, Jews are scattered all over the world. The Lemba in Africa seem to have Jewish—even priestly—ancestry, the "Falashas" (it's a derogatory word) of Ethiopia seem certainly to have Jewish forebears, and now, most recently, we find the Beni Menasche of India. We've been refugees from Israel too many times to keep track.

If I have a tribe myself, it's probably also Manasseh, the largest of the Northern Kingdom tribes. Here's what happened to them. In 724 b.c.e. Shalmaneser of Assyria overran Israel and laid siege to Samaria, the capital of the Northern Kingdom, Israel. It took three years for the city to fall. Two years later he annexed Israel/Samaria to his kingdom, exiled some of its people to Assyria, and replaced them with other

peoples he'd conquered in other parts of the Ancient Near East. But—and for this we have two copies of the Assyrian written record—he only exiled 27, 270 (or 27, 290) people. (The two accounts don't exactly match, but as we say in Ancient Near Eastern studies, "Close enough for government work.")

Now, the population of the North at the time has been estimated at something like 750,000. So the people taken probably represented less than five percent of the population. Who were these exiles? Those upper-class types who might have been expected to lead revolts against the Assyrian occupiers? In other words, 95 percent of the Northern population, the common folks, never left home. We, descendants of the survivors of the Southern Kingdom, Judah, later decided that the remaining Northerners no longer qualified as Jews. Reason? They were too mixed with other peoples the

Assyrians brought in to Northern Israel.

In Israel today, nearly three thousand years later, a marriage between an Israeli and a Samaritan can't be accomplished without leaving the country. Being Jewish,

it seems, entitles one to a very long historical memory, but that's not my point.

The point is this: the Northern tribes were never lost. For that matter, there weren't ten of them, either. Simeon, a Southern tribe, was early absorbed into Judah, and Reuben—living across the river in what is now Jordan—sort of evaporated. So, at most, there were eight Northern tribes. The story of the lost tribes takes root in Scripture, in I Chronicles 12:2-10, where Benjamin is credited as having stuck by Judah. There were, in fact, originally thirteen tribes. Joseph had a "two-for-one split" into Manasseh and Ephraim, both of whom were "adopted" by Grandpa Jacob. Why? We'll leave that for another time. While the Judean South staggered on independently until 586 and rose again under the Maccabees (164-63

see *Third opinion*, page 10



**The point is this: the Northern tribes
were never lost. For that matter,
there weren't ten of them, either.**

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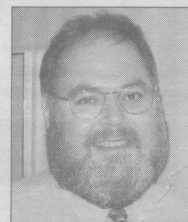
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Rabbi's Corner

Rabbi Marc Kline



Guilt, fear not all that binds us

♦ ♦ ♦

Why do people belong to congregations? This is a tough question. There was a time when Jews felt that if it were not for the congregation, they would have no community. At one time, this fear was absolutely based in fact. I am not sure it is today. There are those who believe that we could not be Jewish without our congregations. There are those who look to the congregational world as a marginal part of their Jewish existence. What I know is simply this: absent a real sense of commitment on the part of the

congregational world to provide meaningful Jewish, communal, social, and educational experiences, membership has little value. The Federation could simply hire a staff rabbi to show up at life cycle events, if this was all that congregational life provided.

In truth we have to provide something special. We have to provide programming and a sense of community that adds to the member's world, and not just the member's financial obligation. People have to know that they matter, and that everyone matters equally. This means that the opportunity for participation needs to be open and egalitarian, as well.

This also means that we have to become more vested in what happens around us, for only when everyone participates is it about us.

The concepts of *t'shuvah*, *t'filah*, and *tzedakah* are really one and the same.

So long as only one does, it is about the one.

What I am not sure about, though, is that as we evolve, it is still necessary for us to wear the communal guilt on our shirt sleeves. We cringe when a Jew is arrested. There were a lot of mixed emotions regarding Joe Lieberman's presidential candidacy had nothing to do with his politics. "If anything goes wrong, they will blame the Jews." I think that we saw that this is not necessarily true any more. There are pockets of people who will do that, but they blame all ethnic groups for the error of one. We saw this truth over the response to Mel Gibson's *The Passion*. In fact, the only people making any noise were the Jews who were upset at the thought that our neighbors would respond with pogroms. I do not know that we need to continue stressing collective guilt, except where it is collectively deserved.

Entering the High Holidays in this spirit, I have to wrestle with the traditional breast beating and self affliction that takes place—the apology for the alphabet of things that we may or may not have done,

but for which we collectively proclaim guilt. The bulk of our liturgies for these days will be painful reminders of all that the world suffers. And, while it really does suffer all we speak of, I think it is time that we spent these ten sacred days going further than beating our chest and apologizing for things we may or may not have done. I think we are due a new paradigm. And I think it becomes essential, for we know that casting blame may have worked in the past, but it does not work anymore. If we want people to become more involved in the community, then we have to stop beating them up when they show up. We know that arm-twisting of the old UJA is outdated, and rather than be inundated with guilt, people will choose not to show up.

While we are, at some level, stuck with the liturgies in our *machzorim* (prayer books), I think we should adhere more to the underlying themes of the holy days. The concepts of *t'shuvah*, *t'filah*, and *tzedakah* are really one and the same. They are commands to be introspective—righteously so. That means we need to reflect with integrity on the transgressions of which we are guilty, the blessings in which we have provided, and the mitzvot we have performed. The moments we spend through Yom Kippur should allow us to build on the blessings, not start all over again.

see Rabbi's corner, page 19

OZS and CKJF present motivational speaker

Storyteller Eva Grayzel to provide weekend's program

♦ ♦ ♦

Over the weekend of October 21-23 the Sisterhood of Ohavay Zion, with support from CKJF, will bring Eva Grayzel to the entire Lexington community. Ms. Grayzel is a founder of the Red Balloon Group, a non-profit organization featuring motivational speakers who often inspire through storytelling.



Eva Grayzel

The weekend begins with a Friday night presentation following a short Shabbat service. Ms. Grayzel has planned storytelling for children of all ages, but parents will also enjoy her "Pajama Party" and "Sundaes in the Sukkot." Everyone will enjoy the Viennese dessert table. This event begins at 7:00 p.m.

On Saturday, October 22, following services and a Kiddush lunch, Ms. Grayzel will speak on finding strength through adversity: "How to Help Yourself through Difficult Times."

A workshop for parents and grandparents is the feature for Sunday, October 23, at 10:15 a.m. It focuses on finding ways to make time with children meaningful and memorable.

At 12:15 p.m. on Sunday, Ms. Grayzel will offer an Educator's Workshop

during which she will present hands-on techniques for reading and telling stories. Lunch will be provided for participants in this workshop.

Babysitters will be available for the programs on Saturday afternoon and for the teacher workshop on Sunday. As this weekend is open to the entire community, it is necessary to make reservations for the teacher workshop and for babysitting. For further information, and to make reservations, contact Simone Salomon at (859) 269-1585 or simonesalomon@mac.com

These events promise to be enlightening, entertaining, and inspirational. Make reservations now and mark your calendars for this unique weekend. ♦

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History of the Israeli-Palestinian Conflict – Part II

Birth and rise of modern Arab nationalism must be understood in context

By Daniel Chejfec

In order to understand a conflict it is necessary to understand both sides. Last month I wrote about the origins of Zionism, a critical part of the Jewish narrative. The Arab side has its own narrative. Understanding that perspective, whether we agree with it or not, is as important.

Background

To understand the birth of modern Arab nationalism, we must look at the nature of the Arabian peninsula. It is a sparsely occupied territory, except for a few demographic concentrations, mostly in Mecca and the coastal areas. In 1517, control over the Arabian peninsula passed to the Ottoman Empire, but Turkish control over it was never strong; the Arabs living there were semi-independent nomadic tribes only nominally subject to the government in Turkey. Enter Abdu-I-Wahhab. Abdu-I-Wahhab, born in 1703, was the founder of an Islamic school of thought called "muwahhidun," but generally referred to in the West as Wahhabism. Wahhabism calls for a strict adherence to Islamic law and advocates a spartan, almost monastic, form of life. Self-deprivation of worldly pleasures for the sake of spiritual elevation is seen as not only desirable but as a model to pursue. In some ways its followers resemble the Nazirites of old, of whom Samson was an archetype. They do not shave their beards or smoke, (considering) those practices to be desecrations of the body. Their mosques are built without minarets or other ornaments, for they believe ornamentations detract from the beauty of the pure worship of Allah. Wahabis call for a renewal of the Muslim spirit and the removal of all innovations to Islam, promoting a return to what they perceive to be the "Prophet's Islam." This perception corresponds to the practice of Islam at the beginning of the Muslim expansion in the 7th century. The term "muwahhidun" means "Unitarian," and it refers to the conviction that all of Islam is a unity and should be uniform in its practice. They believe in a "unity of the believers" and that when Islam will bring the word of Allah and his prophet Muhammad to all the people of the earth, humanity will finally know peace.

The Muwahhidun (Wahhabite) movement received strong support from the Saudi family and established an independent Arab national state in Najd, in the center of the Arabian Peninsula. By 1802 the Wahhabis had

conquered Mecca, only to be expelled ten years later. After being expelled from Mecca, they and their Saudi allies retreated and founded their capital in Riyadh, starting a quest for the forcible unification of Arabia under the Saudi/Wahhabi banner.

By the mid-nineteenth century a civil war raged in Arabia, effectively making Ottoman rule nonexistent, with the exception of the Red Sea coastal area. During these battles, Great Britain gained a foothold in Arabia and took an active part by supporting sometimes one tribal chief and sometimes another. To ensure its own economic control, especially after the opening of the Suez Canal in 1867 and Western

The basic Muslim unitarian philosophy (Muwahhidun) is the belief in the unity of the believers and of Islam itself, thus making dissent within the ranks of Islam a dangerous proposition.

interests in the Mesopotamian oil fields, Britain established protectorates over Yemen and many small emirates on the Indian Ocean and Persian Gulf shores. The Ottomans retained control over the Red Sea coastal area; the Saudis lost Riyadh and most of their central Arabian state in those years.

The close relationship between the Muwahhidun and the Saudis gave birth to the core of modern Arab nationalism. The concept was relatively simple: The ruling house accepts the moral and spiritual authority of the Wahhabi scholars and is thereby recognized as the rightful ruler of the Muslim holy sites and, by extension, Arabia. To this day, when a successor to a dead king is to be named from among his

relatives, the primary consideration is the evaluation of their righteousness and purity of Muslim practice, for the king is considered to be a model of Islam for his subjects. While political considerations are of course very important, support from the clergy is also part of the equation. The recent succession in Saudi Arabia illustrates this relationship. This close interconnection between religious and political authority is in harmony with Arab traditions.

Following the end of the civil war in 1891, there was a lack of central authority in Arabia. Multiple sheikdoms and Emirates sprung up throughout the peninsula. In 1902, the then-ruler of the Saudi family, Abdul Aziz Ibn Saud, retook Riyadh and within a few years recovered control over all of Najd. While the Saudis consolidated their power by conquering Hasa, the region east of Najd, in 1913 the Hashemite family consolidated its power over the Hijaz, the coastal region on the Red Sea. Both ruling families had financial and political support from the British in their drive to defeat the Ottomans.

World War I created a different dynamic in the relationship among the various Arab kingdoms and between the Arabs and the Europeans, marked by alliances, promises, and betrayals. That is the subject of the next article.

A personal commentary

While history in general is a series of events and facts, some sociological processes can be traced back to prior times, and others can be projected to explain more current events. The close alliance between the Muwahhidun (Wahabbites) and the Saudi royal house is so central to the development of Arab nationalism that it deserves analysis.

The basic Muslim unitarian philosophy (Muwahhidun) is the belief in the unity of the believers and of Islam itself, thus making dissent within the ranks of Islam a dangerous proposition. When such religious philosophy is paired with the political power of the ruling royal house, it creates the foundations for a regime that represses dissent and shies away from change. Wahabbite philosophy maintains, indeed, that all changes introduced to Islam since the time of the Prophet need to be eliminated.

This desire for uniformity reinforces the power of the royal house legitimized by the movement, thus transferring the need for uniformity to the political side of the equation and leaving little room for religious or political dissent. In many cases, it leaves no room even for alternative interpretations. This sets the stage for a xenophobic attitude in Arab nationalists. This attitude still forms an undercurrent in Arab discourse today. ✧

SAVE THE DATES...

for the

Winter Dinner on Sunday, December 18th
and

The Day of Giving on Friday, December 23rd



Third opinion (from page 7)

b.c.e.), the North never again had anything like a native government, Jewish or not.

The rest, as they say, is Sunday/Hebrew school history. And after a story is retold a few times, no matter how unlikely it may be, it becomes set in stone. How not? The people who teach it to our children don't know better than those who taught them or the books they read just before coming to class. The problem is worse, of course, for those who know Scripture in only English. Recently, a local minister with whom I play chess asked me for some pointers on Moses' birth, the subject of his upcoming sermon. He could accept what I told him, that is, that Moses' name is Egyptian, not Hebrew, but I'm sure he didn't pass it on to his congregation. Conservatives of all stripes have trouble accepting the results of modern scholarship.

As for me, I've always felt that Friedrich Nietzsche gave sound advice when he said, "What is needed is not the courage of our convictions, but the courage to attack our convictions." And so it is with the not-Ten not-Lost Tribes.

Stanley Ned Rosenbaum, PhD (Brandeis), is an adjunct professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions." ✧

Katrina (from page 1)

Mexico where he was to be reunited with his family. Amazing!

And, here's my favorite; the story reflects the power of email and more important, the connections between two communities.

This past Sunday morning I received an email from someone I did not know telling me that Nettie Thompson was in the Astrodome complex with her two daughters and her four grandchildren. For more than a dozen years, Nettie has been the administrative coordinator of the New Orleans chapter of the National Council of Jewish Women. A proud African American woman, she has deep appreciation and love for the Jewish community. She and her family were stranded in New Orleans, unable to leave and ended up at the SuperDome with the thousands of others as depicted on the news. Once I received this email, I called a couple of people and

within minutes Mandy Selber and Joel Loshak, members of the Houston Jewish community, were on their way to the Astrodome; after several hours, they tracked down Nettie and her family. Within another hour, the entire Thompson Family was standing on the steps of the Jewish Federation building with tears of joy and appreciation. They took showers at the JCC, retrieved some fresh clothes from the newly activated JCC donation site, and were whisked off for a home-cooked meal and an overnight stay at the home of Diane and Steve Brezner. They recently moved into a temporary home in the

"We are living through a devastating but amazing experience—we have the power to rebuild lives; we have a collective responsibility to help those in need."

Heights—rent free, courtesy of another wonderful member of our Houston Jewish community.

We are living through a devastating but amazing experience—we have the power to rebuild lives; we have a collective responsibility to help those in need. ✧

HURRICANE KATRINA DONATION SITES

If you are interested in contributing to the relief efforts for Katrina's victims, the following organizations are accepting donations. You can contribute to most of them online.

United Jewish Communities - www.ujc.org
a link is also on the JCPA website, www.jewishpublicaffairs.org

Association of Jewish Family and Children's Agencies - www.ajfca.org

Union for Reform Judaism - www.urj.org

United Synagogue of Conservative Judaism - www.uscj.org

Orthodox Union - www.ou.org

American Jewish Committee - www.ajc.org

Ask JFS

Stacey Heisler

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at JFS@JewishLexington.org.

Reflecting on our lives

♦ ♦ ♦

Another year has flown by and it is time for us to reflect upon our lives. So much happens in a year's time it is often hard to fathom. As I look back on the past year I cannot believe how much my life has changed: new job, living on a farm, my parents moving out of my childhood home, just to name a few things.

I notice that at times all the daily hassles get in my way of my duty as a Jew to repair the world. I feel that this sometimes affects most, if not all, of us. In today's hectic world, people often don't find the time we once had to help others and get to know our neighbors. Even in my short 30 years, I have seen a steep decline in friendliness and general acts of kindness. It seems that on a daily basis, we don't help out our neighbors. However, in great times of need, like that of Hurricane Katrina, we stand with open arms.

I would like to think that this time next year I will be able to look back and see a noticeable change in the way we show our love for our neighbors. It is my goal not only to continue helping people through the work of Jewish Family Services, but also to extend my arms to those who are in need outside of my reach as director of JFS. If everyone I help made an effort to help someone else, think about what a different world we would live in. I hope that reading this has made at least one person think. If you, too, would like to help fulfill your duty to repair the world, you can contact me for many volunteer opportunities at (859) 269-8244 or jfs@jewishlexington.org. ✧

Have a question?

Ask a rabbi

We will be changing the format of the monthly Rabbi's Corner column beginning with the December/January issue of *Shalom*. We are asking members of the community to submit questions that can be answered by one of the rabbis. As each rabbi's turn comes up in the rotation she or he will refer to the list of questions and choose one for a response.

If you have a question you would like to see addressed by one of our community's rabbis, please email it to di-ifr@bardstown.com. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer. Please choose questions of general interest to the community.

Guidelines offered for choosing a college

Students ask, "What does being Jewish have to do with my college search?"
♦ ♦ ♦

By Jane Shropshire

This question arose in my office recently, as a student's parents began to talk about the importance of Judaism to the family. Until that point, our conversation had focused on the student's academic experiences and interests, her athletic and community service accomplishments, her friends, and her hopes for college. She had not thought to mention religion.

Once the topic was raised, though, we were able to explore the level of importance the family would collectively accord to this (significant, in this case) issue, and weave it in with other important considerations: the right level of academic intensity or support, access to faculty, class sizes, location, availability of majors of interest, extracurricular opportunities, and the right social environment, to name a few.

Is your family embarking on a college search? If so, perhaps these guidelines will be helpful.

Think about what matters

Set aside issues of prestige and determine what matters most academically and personally. Does the student like to be challenged by peers, or does he/she prefer to rise to the top of the class without too much work? What sort of social environment would the student like to be surrounded by? Will easy access to faculty be important? Will an active Jewish community be important? Think carefully about these priorities and keep them in the forefront of your search for the right college.

Keep an open mind about the unknown

As many of the best-known colleges have experienced increasing competition for admission, some students find that the best match turns out to be a college they have not yet heard of. Be prepared to explore unknown options, and wait until you have gathered enough information before forming a reasoned opinion. Many colleges of lesser renown have strong academic programs and are quite welcoming to students of all backgrounds. Some have very active, if small, Jewish student organizations.

Select courses intelligently

Basic graduation requirements may not satisfy rigorous four-year colleges. Plan on four years of each academic solid (English, mathematics, science, history/social science) and at least three years of foreign language study. If your school offers honors, AP, or IB work and you think you can handle the challenge, register for those courses. Colleges are interested in seeing that you've worked to your highest potential.

Make strong commitments to extracurricular and/or community activities

This not only produces new friends, but helps you develop skills and abilities not necessarily tapped in a classroom. Significant depth of involvement in a small number of activities, rather than limited involvement in a larger number, will be more meaningful in your life and to college admission officers.

Don't overreach

The more realistic you and your parents are about your abilities and accomplishments, the more likely your college search will be focused on appropriate choices. If you feel your parents are dreaming of the impossible for you, find a way to give them a reality check by showing them the latest admission statistics in guidebooks (and don't hesitate to enlist another adult to help you with this).

Identify "highly likely" college choices that please you

As a corollary to the previous paragraph, remember that the most competitive college is not necessarily the best match. Research colleges where admission is highly likely, and apply to at least one or two where you could feel excited about enrolling if no other admission offers were to come through.

Special considerations

Many students in central Kentucky have lived highly assimilated lives; Judaism may not enter into their daily social interactions in ways evident to them. Yet, some may feel uncomfortable at times as classmates ask questions and make assumptions, and for this reason finding a college campus actively supportive of Jewish students may be a priority. Additionally, many Jewish parents would like their children to attend a college where the social environment will not be entirely dominated by Christian-oriented organizations, and where discrimination is not tolerated.

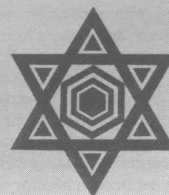
To determine if a college campus is welcoming, students might ask if there is an active Hillel or Jewish Student Union on campus, if the chaplain's office includes a rabbi, or if an active Jewish population lives near the college and fosters connections with the college's students.

Other indicators may appear as students review a college's course offerings and develop a sense of whether multicultural perspectives are valued. A college's list of student organizations may provide similar clues. Even reading past issues of student newspapers can indicate broad- or narrow-minded perspectives on a campus.

Talk openly, search wisely, have fun. Being Jewish won't necessarily have an influence on your family's college

Holiday Greetings from the CKJF Staff

L'Shana tova tikateivu
from the officers and staff
of CKJF.



search, but do find time to talk openly about all the factors that are important to student and parents alike. Work toward consensus regarding your guiding priorities for the search, including whether religious life is a consideration.

Finally, although the college search is serious business, find ways to add levity to the process and enjoy yourself. Depending on your outlook, this may take a lot of work or only a little, but look for lots of opportunities to laugh and ease your stress. Good luck!

Jane Schoenfeld Shropshire, of Shropshire Educational Consulting, LLC in Lexington, Kentucky, helps students with school and college searches of all types. Previously, she served on admission committees at Tufts and Brandeis universities, as assistant provost at Brandeis and as associate dean of admission at Washington University in St. Louis. If you have questions, you can reach her at (859) 396-9508 or by email at jshrop@att.net. ☆

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Shaping a life

How my mother's mentors helped shape mine

♦ ♦ ♦
By Janet Scheeline

When young, one never imagines how different generations influence a person in later life. Two men served as mentors to Alice Rauh Scheeline (who happens to be my mother).

Born and raised in Cincinnati, Alice found one of her father's closest friends and fellow Jewish Cincinnati A. Lincoln Fechheimer (1876 - 1954) fascinating. During Alice's youth, she recalled tagging along on many fishing trips with her father and Lincoln, who was born deaf. She remembered her fascination with how Lincoln led his life, though she found his speech difficult to understand.

Lincoln Fechheimer graduated from Clarke School for the Deaf in Northhampton, Massachusetts. Clarke School was among the first schools for the deaf teaching the oral (or spoken language) method of communication, as opposed to teaching sign language, in addition to regular education courses. Before attending Clarke School, Lincoln had received private educational instruction. A few years before the 19th century ended, headlines identified Lincoln as the first deaf student to graduate from a hearing high school anywhere in the U.S. (He graduated from Technical School of Cincinnati, which is now closed.) After a year in a preparatory school learning two foreign languages (German and French) and math, Lincoln was admitted to, and then graduated with honors from, Columbia University, with a degree in architecture.

Since Lincoln had studied French to fulfill the college's language requirement, he used this skill to enter graduate school overseas, becoming one of only fifteen foreign and 45 French students admitted from a roster of 500 candidates. Lincoln attended this premier school of its time, L' Ecole des Beaux Arts, in Paris.

Lincoln was considered a trailblazer and a role model for the young oral deaf and hard-of-hearing population. His example helped a number of them to achieve similar measures of triumph over their deafness for many years to come.

Upon successfully completing the two-year graduate school program in Paris, and armed with the "Architecte diplome par le Gouvernement Francais," Mr. Fechheimer returned to America to work for a firm in Chicago. About a year and half later, Lincoln decided to move back to his hometown and became a part of the architectural firm of Fechheimer and Ihorst, which primarily designed public buildings. Examples of his work include several buildings at the Clarke School campus, and contributions as one of several architects for the Plum Street Temple (K.K. B'nai Yeshurun) and Hebrew Union College. In addition, Lincoln was one of four architects to work on two large projects for the U.S. Housing Administration. As a member of the American Institute of Architects and Society of Beaux Arts Architects, Lincoln demonstrated his amazing leadership quality through his work in the architectural field of his time. Among Lincoln's passions were travel, history, and spending time with family and friends.

My mother, then a newlywed visiting relatives and friends in Cincinnati, met James S. Frankel (1910-1982) through his new wife, Edie, at a social function. (Edie's

first husband's family had been friends with Mother and her family for many years.)

James, known as Jimmy, was also an alumnus of Clarke School. His father, an architect, encouraged Jimmy's dreams of completing architectural training. With this encouragement,

Those who spent much of their lives in Lexington, Kentucky know about Jimmy Frankel and his contributions to the community. Jimmy not only was an architect, he was also an engineer.

and the example of former Clarke School graduate Lincoln Fechheimer, it is obvious Jimmy had more than just one mentor—he had both his father and Lincoln.

Those who spent much of their lives in Lexington, Kentucky know about Jimmy Frankel and his contributions to the community. Jimmy not only was an architect, he was also an engineer. He received degrees in civil engineering and architecture from the University of Michigan after obtaining his high school diploma from the Massie School (now closed) in Versailles, Kentucky. Jimmy was a partner in Frankel & Curtis, a very successful architectural and engineering firm in Lexington. Jimmy's excellent work is demonstrated in the former Wolf Wile Building, (a city building on Martin Luther King Boulevard unfortunately hit by a wrecking ball), Morton Junior High, and the States building on Iron Works Pike near the Kentucky Horse Park.

Jimmy and Edie (both with hearing impairments) supported one of the National Council for Jewish Women's projects that focused on working with hearing-impaired children in lower grades, during a time when Dr. Kodman was a professor at the University of Kentucky. Jimmy and Edie decided to continue this project by founding a school aiding pre-school kids in the eastern part of the state, now known as the Lexington Speech and Hearing Center.

Among Jimmy's interests was his involvement at Adath Israel Temple, where he served on the board for

years, culminating in a term as the board president (hence a portrait of him can be found in the temple's conference room). He also was on the board of the old National Bank, and a member of the Alexander Graham Bell Association for the Deaf and Hard of Hearing.

When she learned when I was 2 that I was deaf, guess who Mother turned to? These two men, of course! They told Mother about several schools that offered oral

(spoken language) programs along with academic coursework from pre-school through the 8th grade. (Except for one speech therapist who was willing to work with me, my hometown of Hollidaysburg, just outside of Altoona, Pennsylvania, did not have any programs for me in the mid-50s.)

While Jimmy was disappointed that I was denied admission to Clarke School, I was accepted at Central Institute for the Deaf (CID) in St. Louis. Mother, an elementary teacher

and a reading specialist, felt she would benefit from visiting my school once or twice a year and using the tools to teach me when I was at home for vacations. Knowing my parents, I am sure they would have completed extensive research on providing me the best possible education. Fortunately, Mother's exposure to these two extraordinary men allowed my parents to provide me the best training available from the earliest days of my childhood.

For more information, visit the Lexington Speech and Hearing Center on Ashland Avenue, in Lexington, Ky., or check out the following websites:

Clarke School for the Deaf - www.clarkeschool.org
Central Institute for the Deaf - www.cid.wvstl.edu
Alexander G. Bell Association - www.Agbell.org ♦

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Noontimers: Who are they?

Leisure Club takes new name

♦ ♦ ♦
By Ruth Moser

We changed the name. "Leisure Club" is now called "Noontimers." If you have some free time at noon, come and join in the fun. Annette and I are still involved, and Barbara Barr and Marion Jonas are right there with us. We are working along side Stacy Heisler, our JFS social worker.

Not to brag, but fourteen of us Noontimers were at Jennifer's Cafe in August, where we dined on yummy food and listened to Barbara Barr and Etta Pollan tell stories. In September we were at Temple Adath Israel (TAI), where Amelia Brown from County Extension told us how to "Live Smart." And the lasagna for lunch was delicious. As for the rest of 2005, we have scheduled wonderful programs, and most of them come with a free and delicious lunch.

SCAPA's orchestra will entertain us on October 20 at Ohavay Zion (OZS). Everybody loved them last time, so this is our Second Annual performance. It's fun, and we get to spend time eating pizza with the

musicians, their chaperones and their parents, and so on. It's a happy event, and we look forward to seeing everyone there.

In November, Daniel Chejfec, Executive Director of CKJF, will be our host at the CKJF office on Chinoe Rd. If we are lucky, he might even have his pup there to greet us. It should be a lot of fun, and is a good opportunity to see what the Federation office looks like. This time it is a Brown Bagger, with CKJF providing the great dessert and drinks. You all come.

December 8 is our annual Hanukkah party at TAI: latkes, applesauce, sour cream, and other good stuff, including Annette's sugar free kugel. And the entertainment will be great. We just don't know yet who it will be, but if previous years are any indication, it will be great.

Finally, the Coach House should be re-opened just in time for our January get-together.

So, put all these dates on your calendar. Come, bring your friends, be entertained, eat good food, and have a good time. All we ask is that you please try to call Stacey at (859) 269-8244, and let her know that you will be there. ☆

December 18: Save the date for the Winter Dinner

Your Community Activities committee is already busy planning this year's Winter Dinner. Rossi's is reserved for Sunday, December 18 for this always enjoyable annual event. Although we are trying to offer this dinner during Hanukkah, the holiday falls so late this year that we would again be shutting out those folks who travel the last week in December. We have, therefore, scheduled it for the third Sunday in December. And yes, even though it's not actually during Hanukkah, we will have latkes. More details to follow next month. ☆

Mark Your CALENDAR!

10/30/05

TAI and OZS are having a combined Sisterhood program on Sunday, October 30, 2-4 p.m. at the Temple. The presentation will be on a topic concerning women's health; refreshments will be available. Please plan to attend.

Thanks to our community

Rabbis and many community members spread joy and meaning at Camp Shalom

By Eileen Keplinger and Jana LaZur

When a Jewish Community is so small that it only encompasses slightly under 3,500 Jewish people, it is important to find cause to celebrate together. We have been involved with the Central Kentucky Jewish Federation for more than five years now, and it all started with Camp Shalom. Our oldest children started attending camp when they were only 4 years old. They wanted to keep their friends from preschool over the summer, and camp was the logical way. A growing number of parents who feel the same way have since come together to help CKJF plan Camp Shalom and make the experience one that gets better with every passing year.

It is with great pride that we share with you lists of people who contribute to camp in various ways. Last month we published the list of volunteers who worked with the children and made camp a better experience. This month we'd like to thank not only those who donated their time, but those who have made monetary and professional donations as well. We have come to rely upon these people as they continue year after year to answer our requests.

Many people know that we have always had the support and influence of the rabbis of Ohavay Zion Synagogue and Temple Adath Israel. This year was no exception. We felt fortunate to have participation of local and out-of-town grandparents, as well as the community rabbis. Campers came from as far away as New York, while parents—including one from Indiana—and professionals volunteered to read with campers, share their specialties, and just help out with whatever needed to be done. Local women taught the campers how to braid challah. Rabbis talked to the campers and staff about the meaning of Shabbat, enjoyed challah and grape juice with the kids, and above all helped them understand why it is so special to be Jewish, enjoying coming together at camp and going home to family to celebrate life.

This year, the senior staff deserves special praise, since their time is not compensated to even a fraction of their worth. They always pour their hearts and souls into making camp a wonderful experience. Not only the campers, but the counselors and counselors-in-training report having had a great experience as well. The love of children and of the camp experience and feeling of community bring everyone together; a small paycheck is a bonus, but not the total draw. What better way to perform mitzvot can there be? Thank you to Kathy Feinberg and Elissa Brown; to our group leaders Carolyn Barnes, William Reinhard, Ben Schechet, and Laura Marie Troutman; and to our art specialist, Tamara Ohayon, for a job well done.

The Camp Shalom Committee spends several hours a month for about ten months a year planning and listening to the details that need to be combed through before Camp Shalom can function. Many thanks to some long-time and some new committee members: Gerald Dubilier, Mimi Kaufman, David Levine, Judy Levey, and Beth Yelowitz, for all of their time and efforts.

Jeff Sachs, owner of Jeff Sachs Auto Park in Frankfort, Ky., generously donated the use of two minivans during camp. We used them for field trips and to transport the

youngest of children who were too small to hike the half mile between upper camp and the swimming pool on lower camp. His generosity helped our budget tremendously and the vans were top notch.

Jonathan Miller also made many appearances at camp with his guitar. As a previous Camp Shalom camper himself, he often commented as he looked around the room that there were young faces or parents that were familiar to him. It is this type of community we have been aiming for.



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Memories (from page 1)

community-based Hebrew school, run by the Hebrew Educational Society, the H.E.S. I didn't know it then, but I attended on a scholarship. I spent four afternoons a week in this wonderful after-school environment. I also continued my Jewish education at home with my parents and older sisters as my informal teachers.

In the building, which was a community center, there was also a Young Israel congregation. We couldn't afford to join, but we spent many a Saturday morning there; we just couldn't afford to attend their Rosh Hashanah or Yom Kippur services.

One of my uncles was a Hebrew school teacher and administrator who had connections with a shul near where his family lived so, somehow, we were able to attend holiday services (just not in our neighborhood). Some of my aunts and uncles had children who were close to me in age and we often attended services near one of these families. We were all required to be at services for some time, typically at least an hour, before we would be allowed to leave and run around and visit with one another. As these shuls were not familiar to most of us, the most fun was exploring the building to see how Jewish families lived in other neighborhoods.

Some of the best memories of my first decade are of these carefree times and the sumptuous meals held at the home of one or another aunt or uncle following these services.

When I turned 9, we moved out of Brownsville to *yemem veldt* – out to Suffolk County on Long Island. There, we didn't have many shuls to choose from. There was only one synagogue in our town, and we quickly became involved in its activities and services. (Here in the South,

a synagogue with "temple" in its name implies that the synagogue is affiliated with the Reform movement. In the New York City area, non-Reform synagogues frequently have the word "temple" in their names.) The congregation in our town on Long Island was Temple Beth Shalom, affiliated with the Conservative movement, but with an

Orthodox rabbi. My family and I would always close the small store we owned and operated (we sold candy, toys, cigarettes, newspapers, lunch, and the like) and walk the mile and a half to the synagogue for Rosh Hashanah and Yom Kippur.

As we became more established on "the Island" we rarely saw my young cousins, so that a lot of my fun times became special treats whenever we were able to get together again.

Life seemed simpler back then, even though we were a country at war, with limited access to car ownership, with much less gas available because of rationing. It was well before we had TV or the Internet and unlimited news coverage. Somehow, we muddled through. ✧

Some of the best memories of my first decade are of these carefree times and the sumptuous meals held at the home of one or another aunt or uncle following these services.

Gesher camps out

Year finishes with resounding success

By Kathy Feinberg

Gesher campers had a wide range of activities geared just for them during the two weeks of camp this summer. The experience culminated in an overnight camp out on the last day. We campers brought our sleeping bags, overnight bags, and flashlights on the last Friday morning of camp and stored our gear in the clubhouse. During the day we planned the stories we would tell that night and how we would set up the tents and who could stay up the latest.

Camp Shalom committee members David Levine and Gerald Dublier arrived in the late afternoon to help set up the tents and start the campfire. David and Gerald cooked a delicious dinner of hot dogs, corn on the cob, and salmon over the fire on David's grill for campers and staff. S'mores and watermelon finished off the meal. All the campers agreed that food just tastes better when you cook over a fire.

After dinner, we fished and played games. As dusk settled, campers and staff gathered to welcome in Shabbat. Asher Finkel prepared a special Shabbat service with Maria Alkhasov as our service leader. We sang Shabbat songs and shared why Shabbat was special to each of us.

After the service, we told ghost stories. After storytelling, campers went to their tents and settled in for the night with lots of laughter and flashlight beams flashing inside the tents. A few staff members and campers slept out under the stars. We had a village of tents—one side for girls and the other for boys. It was a clear night and the cicadas and bull frogs provided the evening music.

Counselors had told the campers about a meteor shower that would light up the sky at 4:00 a.m., so a few of the staff and campers got up to witness the spectacular light show. Others got up at 6:00 a.m. to fish. Most campers did catch (and release) a fish. Breakfast was served at 8:00 a.m. in the clubhouse dining hall, after which campers and staff played games. Parents arrived at 11:00 a.m. to pick up their campers.

This was a wonderful way to close camp for the summer. Our campers said it was their favorite part of Camp Gesher and they can't wait to camp out next year. A special thanks to staff and committee members Jana Lazur, David Levine, Gerald Dublier, Elissa Brown, Tami Ohayon, William Reinhard, Alexandra Domatov, Asher Finkel, Daniel Mandel Anthony, Ryann Schermer, and Josh Kline for making our first camp overnight such a resounding success. ☆

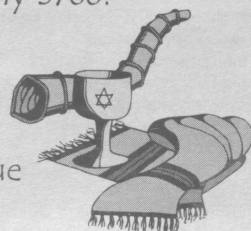


Campers Ryan LaZur, Ryan Foster and group leader, William Reinhard set up their tent.

Holiday Greetings from OZS

We welcome newcomers to the community and wish everyone a Shana Tova u-Metukah—a very happy and healthy 5766.

Sandy Goldberg
President
Ohavay Zion Synagogue



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Kids and kibitzing

Mommies' group to form

Interested in joining a playgroup? Elisa Klein and her 2-month-old son Jonah are looking to start a playgroup with other moms and their children up to 3 years old. Come together to sing songs, celebrate

the holidays, and kibbutz about the joys and challenges of being a mom.

This group will alternate meeting days so that working and non-working moms alike can join in. Please email Elisa Klein at elisaklein@yahoo.com or call (859) 269-1980 for more information. ☆

Israel 21c: Israeli-EU collaboration produces 'green' hydrogen fuel with solar energy

By David Brinn

Hydrogen, the most plentiful element in the universe, has long been viewed as an attractive candidate for becoming the pollution-free fuel of the future.

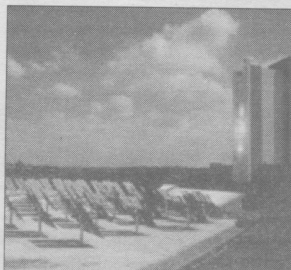
However, nearly all hydrogen fuel used today is produced by means of expensive processes that require combustion of polluting fossil fuels. Moreover, storing and transporting hydrogen is extremely difficult and costly.

In a breakthrough that has dramatic implications for energy use worldwide, Israeli researchers have

shown that hydrogen fuel can be produced with the help of sunlight - propelling the dream forward of using hydrogen as a 'green' fuel.

The innovative solar technology developed at Weizmann Institute of Science that may offer an environmentally sound solution to the production of hydrogen fuel, has been successfully tested on a large scale, and also promises to facilitate the storage and transportation of hydrogen.

The chemical process behind the technology was originally developed at Weizmann on a scale of several kilowatts. It was then scaled up to 300 kilowatts in collaboration with



The Weizmann Institute's Canadian Institute for the Energies and Applied Research, one of the most sophisticated solar research facilities in the world, which has a solar tower, a field of 64 mirrors and unique beam-down optics.

scientists from the Swiss Federal Institute of Technology, Paul Scherrer Institute in Switzerland, Institut de Science et de Genie des Materiaux et Procédes - Centre National de la Recherche Scientifique in France, and the ScanArc Plasma Technologies AB in Sweden. The project is supported by the European Union's FP5 program.

Results of the experiments were presented last month at the 2005 Solar World Congress of the International Solar Energy Society (ISES) in Orlando, Florida.

"After many years of basic research, we are pleased to see the scientific principles developed at the Institute validated by technological development," said Prof. Jacob Karni, Head of the Center for Energy Research at Weizmann.

"Our presentation was very well attended and received. Our colleagues and people involved in this field know our work very well," added Weizmann project leader Michael Epstein in an interview with ISRAEL21c.

The new solar technology developed by the Israelis and their European colleagues creates an easily storable intermediate energy source form from metal ore, such as zinc oxide.

Using Weizmann facilities, the team used sunlight to heat a metal ore, such as zinc oxide, to about 1,200° Celsius in the presence of charcoal. This split the ore, releasing oxygen and creating gaseous zinc, which was then condensed to a powder. The powder was later allowed to react with water, yielding hydrogen to be used as fuel and zinc oxide, which was recycled in the solar plant.

In recent experiments, the 300-kilowatt installation produced 45 kilograms of zinc powder from zinc oxide in one hour, exceeding projected goals.

The process generates no pollution, and the resultant zinc can be easily stored and transported, and converted to hydrogen on demand. In addition, the zinc can be used directly, for example, in zinc-air batteries, which serve as efficient converters of chemical to electrical energy. Thus, the method offers a way of storing solar energy in

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The Cycling SpiegelS come through for MS

By Charles S. Spiegel

For the third year in a row, the Cycling SpiegelS have come in fourth place in the Multiple Sclerosis Bikeathon this past June—this year we even beat the title sponsor team. Our team continues to grow, but still has fewer members than many teams that raised far less.

Arthur Salomon was again our major fundraiser, and the second highest fundraiser in the race. Sam Spiegel was our youngest rider again, at 14, and he completed the event in great style. Mike was undoubtedly our fastest rider. All riders (five of whom had never ridden this event before) had a great time and say they will be back next year with more family and friends. Not only was there great camaraderie among our team, but we all met so many wonderful people to ride, talk, and visit with along the way.

Arthur and Charlie started riding in this event five years ago, feeling it was a great cause, supporting the fight against a debilitating disease and, yes, a good chance for them and their families to bond during a healthy weekend activity. Neither of them had many contacts with people with MS, but some people they knew had the disease and kept it quiet. Since then, they have met many more people who have MS and have learned the many horrible ways MS can manifest itself. We all look



Drew and dad biking.



Sally finishing day one.



Jane finishing day one.

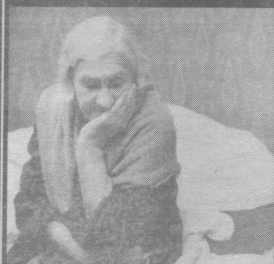


Sam finishing day one.



Mike and Drew.

GRIEF



You don't
have to face
it alone.

Jewish Family Services will begin a "Grief After Loss" group. The group will begin November 7, 2005 and will meet every other Monday at 6:30 p.m. at CKJF. All are welcome and there is no commitment—attend one session or as often as you like.

ALL GROUP DISCUSSIONS AND MEMBERS IDENTITIES WILL BE HELD STRICTLY CONFIDENTIAL.



Please contact Jewish Family Services at 859.269.8244 or email Stacey at jfs@jewishlexington.org if you plan to attend

forward to finding ways to eradicate this disease and make its effects less burdensome on the people who have it. The results of the fundraising are beginning to show themselves in wonderful ways.

We'd love for you to join us on our ride next year and, especially, to donate to this very worthwhile cause. Thanks again to those of you that helped us achieve this outstanding result.

The team members: Dr. David Booth, Sally Evans, Drew Lohoff, Randy Lohoff, Arthur Salomon, Jane Spiegel, Mike Spiegel, Sam Spiegel, Charles Spiegel, Jim Van Meter. ☆

B'tayavon (Hearty Appetite)

Ruth Poley



Treats for Sukkot

♦ ♦ ♦

Sukkot begins on October 18. I know, I know, you're in the midst of the High Holidays and here I am hocking you about Sukkot. Nonetheless, it's a joyous holiday and always fun for the kids. Since this holiday is all about the harvest, I thought I'd give you two recipes that use some of autumn's bounty—butternut squash and cauliflower.

Butternut squash is one of the healthiest vegetables you can eat; it's loaded with beta carotene and vitamin A, it's low in fat, and, while it's a lot like sweet potato, you can do more wonderful things with it that don't involve lots of butter and brown sugar. Cauliflower, a cruciferous vegetable, is also one of the most nutritious and healthful.

This month I'm talking about vegetable soups. Both of these recipes are easy to make (although your family and/or guests will think you've done something really difficult) and delicious. As an added bonus, they contain no dairy products (although that will be hard to believe once you see and taste them), and vegetable broth can be substituted for chicken broth in either of them. And if you're having dinner in your sukkah on one of these chilly October evenings, hot soup is a nice way to start the meal.

Butternut Squash Soup

1 butternut squash, about 3 pounds, peeled, seeded, and cut into 1-inch chunks
1 large onion, diced
2 large carrots, scraped and cut into 1/4-inch coins (optional)
6 cups homemade or good quality low fat, low sodium canned chicken stock
2 tablespoons olive oil
salt and pepper to taste
ground nutmeg (optional)

Heat the oil in a large pot. Add onion and cook until soft and translucent, about 8 minutes. Add squash (and carrots if you're using them) and stock. Bring to a simmer and cook until squash is tender.

That's all the cooking. However, the soup now has to be pureed. My recommendation is to use a stick (or immersion) blender, which is just what it sounds like—a blender blade at the end of a stick that you immerse in the pot. This is a wonderful small appliance as it saves so much time and mess with dishes that have to be pureed. You simply put it in your pot and run it until everything in the pot is blended and smooth. If you don't have a stick blender, you'll have to use a regular blender or a food processor. Certainly acceptable methods but you'll have that many more steps and that much more to clean up.

Once the soup is blended smooth, add seasonings to taste and serve hot.

Cauliflower Soup

2 tablespoons olive oil
1 large cauliflower (washed and broken into small florets)
1 large onion, cut up any way you like
4 ribs of celery, scrubbed and cut up
2 large carrots, pared and cut up
4 to 6 cups good quality chicken stock
salt, pepper, and curry powder to taste

Heat oil in a large pot, then add onions and celery. Sauté for about five minutes, taking care not to brown. Add carrots and cauliflower, stir all together, cover pot, and cook over a low flame for about 20 minutes, or until all the vegetables are softened.

Add one quart of the stock, cover and continue to cook on low heat until the vegetables are very soft. Remove from heat and use an immersion (stick) blender to puree everything. Make sure there are no chunks of veggies left in the pot. If the soup appears to be too thick, add more stock or some water until it's the consistency you want. Add seasonings to taste.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com.

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Rabbi's corner (from page 8)

Amidst the sermons on Disengagement, New Orleans, Presbyterian Divestment, or whatever else we feel the need to share, take some very personal and private time and reflect on your year, your very personal year. Celebrate yourself, and share those moments with us so that, as a community, we can celebrate with you. Make sure that you use this season as a way to build bridges with our community, and find within our community a place to call home. Whether it is the Temple, the Synagogue, the Havurah, or any other Jewish organization in town, it is important to have a community, and each of these communities exists to provide for the needs of its families. ☆



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Book Review

Daniel Chejfec

1776 changes perspective on the Revolution

♦ ♦ ♦

I am an avid reader, as some of you might already know, and my favorite types of readings are adventures and novels. So, you might ask, what am I doing writing about a book of history?

The book *1776*, by David McCullough (NY: Simon & Schuster, 2005), is an unusual narrative, describing in detail the vicissitudes of the Continental Army commanded by George Washington during the year of 1776. That was not a year of success or victories for the American army, but one of defeats and despair. Lesser leaders and lesser men would have given up. The book covers the siege of Boston, the loss of New York, the flight across New Jersey, and toward the end, the first change in the tide: the crossing of the Delaware and the Battle of Trenton. What makes this description different from others is the voice of the protagonists, not the George Washington types so much as the plain foot soldiers. Excerpts from diaries, newspaper stories, and personal correspondence paint a different picture of those days—

not so much of the battles as of the people.

Testimonials and diaries are drawn from both sides of the frontlines, American as well as British, making it also unique in its double perspective. More than a history book, it is a tale of the birth of the United States. It is a tale of bravery, of ingenuity, of heroism, of arrogance, and of faith in the future of the colonies as an independent country. I know that since I read this book, the number 1776 has taken on a different meaning for me, as I am sure it will for you. ☆

Deep roots (from page 3)

children, Marcie and Pattie, then moved to Lexington.

On a shopping trip she again ran into Cokie, who was now enthralled with the more mature and beautiful Renee, and he promptly wanted to date her. But alas, Renee was having no part of this handsome, party-loving bachelor. As was bound to happen in a small town, they continually ran into each other, and his persistence finally won out. Their first date was a luncheon at the famous Campbell House Inn. More dates followed with Cokie romancing the pretty blonde newcomer, and luncheons gave way to dinners and dancing.

Time passed, and the romance blossomed. In 1957, the young couple eloped to Jeffersonville, Indiana, where they were married by a justice of the peace. Then, to really tie the knot, there were married again by Rabbi Joe Rosenblum of Temple Adath Israel with both of their families present. (This writer and his lovely wife followed a similar path ten years earlier, also eloping to Jeffersonville, Indiana and the busy local justice of the peace. Then, to tie the knot really tightly, they went on to Indianapolis to repeat their vows with Rabbi Goldman, then the rabbi of the temple Jon Adland now heads.) After a short honeymoon, Cokie was back

managing his shoe department. Renee also became an integral part of the shoe operation and worked at the store for many years. In the meantime, Renee spent days researching locations and building contractors, having convinced Cokie that this was what they needed to do. In 1958, they built the beautiful house they live in, off Zandale Drive just west of the Lansdowne Club.

Their four grandchildren are a great source of pride for them. Pattie Kahn has two sons, one at a yeshiva in Jerusalem studying to be a rabbi, and the other a geologist in Los Angeles. Marcie also has two children, a daughter just finishing college and a son who is a neonatal pediatrician.

For the past several years, Cokie and Renee have spent their winters in Florida. Cokie likes to fish, and I'll end by telling this story. Several years ago my wife and I dropped in on them at their Long Boat Key condo. Cokie, even though his eyesight was rapidly failing, still occasionally wanted to fish. To do so necessitated his having a guide or aid lend a hand, as he was now legally blind. He could no longer drive himself to the fishing sites, bait hooks, and so forth. During our visit, I (a poor fisherman) was recruited to do the honors. Well, the fish weren't biting that day, and every now and then Cokie would hook some floating debris, an old tire, a deflated rubber raft, and once a water-soaked life jacket. Each time, he'd reel it in, sometimes the weight bending his rod as if he had a monster fish on the line. I'd grab the line and shake it vigorously and say, "You got a big one here Cokie". Knowing the sport fisherman that he was, instead of handing him the "fish" I'd unhook it and tell him I was throwing it back in. We had a great afternoon, caught enough "fish" to make Cokie's day, and I felt the little white lies I told him were like doing a mitzvah. ☆

Israel 21c (from page 16)

chemical form and releasing it as needed.

"Now we can store and transport solar energy efficiently as zinc, and then convert it to hydrogen whenever we need it," team member Christian Wieckert of the Paul Scherrer Institute in Switzerland told New Scientist.

The concept of splitting metal ores with the help of sunlight has been under development over the course of several years at the Weizmann Institute's Canadian Institute for the Energies and Applied Research, one of the most sophisticated solar research facilities in the world, which has a solar tower, a field of 64 mirrors and unique beam-down optics.

"We get 2000 times the normal sunlight concentration," said Wieckert.

Weizmann scientists are currently investigating metal ores other than zinc oxide, as well as additional materials that may be used for efficient conversion of sunlight into storable energy.

"Over the next few months, there'll be a continuation of tests to cover different process parameters, and the project will finish at the end of this year. We'll have a final meeting with all the partners in the project," said project leader Epstein. "The duration of the project was four years, but we're actually planning to submit a continuation proposal to the next EU Commission."

Reaction to the Weizmann breakthrough has been enthusiastic to say the least.

"The Israelis may save the world if this technique for producing hydrogen pans out and proves practical," wrote Professor Juan Cole

of the University of Michigan on his influential blog *Informed Comment*.

According to Epstein, the success of the recent experiments brings the approach closer to industrial use.

"We still need to demonstrate the whole process on a larger scale before it could go to commercialization. That can't be done by us, we've done the largest tests we can with our means. But hopefully, industrialists will take it over and demonstrate it if can work one magnitude larger. If that is shown, and the economics are viable, then I'm sure it could be commercialized," he said, adding that he foresaw the building of a commercial plant in six to eight years. ☼

Race to benefit Lymphoma Society

By Ruth Adams

With only five weeks left before the big race, we are all training really hard—six days a week for the most part; it is my favorite part of the day. Susan, my coach, said to me recently, "Ruth, you might be hooked!" and I am pretty sure she is right.

Nine of us from our Team in Training team (and about another seven or eight from Lexington) ran in the Tom Sawyer Triathlon on August 6 in Louisville. It was another sprint distance race, but this time included an 800-meter swim and a 14-mile bike race with the 5-kilometer run. This was longer than the Long Island race but still only half the distance of the Florida race. I finished in 1:51:07, and since my goal was to finish in under two hours, I am really happy. My swim and run were faster than I achieved at Long Island and my bike and transitions were slower, so it worked out to about the same rate for both races.

It was a lot of fun: great practice, and really exciting to have all my teammates on the course with me. Susan (our fearless leader) won in her age group (over 65 women) and two of my teammates won first and second in their age group. The Lexington contingent also won four other first-place trophies. Lexington always makes a great showing at these events. I can't wait until Florida, when not only our team but a couple hundred other Team in Training members from all over the country will be cheering each other on.

As usual, thanks to digital wonders, I have a web site up of the race, on which you will be able to see not just me but my teammates, coach, and mentors as well. The web site is <http://members.aol.com/RuthTris/tst.html>. (Team members: Audrey, Kristy, Rebecca, Kelly, Angela and Ruth. Mentors: Ken and Treacy. Coach: Susan)

If you would like more information, please contact me. ☼

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Central Kentucky Jewish Federation
Contributing Sponsor

October 21 - 23, 2005

ALL EVENTS OPEN TO THE ENTIRE COMMUNITY!

Friday, October 21
7:00 pm

Shabbat service
Sundae in the Sukkah & Pajama Party
Storytelling for kids of all ages
Viennese dessert table for adults

Saturday, October 22

9:45 Shabbat morning services
Kiddush Lunch

"How to help yourself and others through difficult times"

Sunday, October 23

10:15 Parent/grandparent workshop
Finding ways to make time with your children meaningful & memorable

12:15 Educator's workshop*

Hands-on techniques for reading & telling stories
Lunch provided for teachers



Eva Grayzel, as a founder of Red Balloon Group, a non-profit organization, engages her audiences in finding strength from adversity, weaving inspirational folklore throughout her presentations. She has performed for such organizations as Disney, Shriners Hospital, Canyon Ranch Spa, National Realty, Hadassah and the National Storytelling Conference.

Ohavay Zion Synagogue
2048 Edgewater Court
266-8050

* Teachers must call to register for Educator's workshop
Babysitting available Saturday & Sunday afternoon—call to register

Around the Community

Mazel Tov to...

Fran Morris Mandel for winning the Faye Friedman Scholarship Award of the Kentucky Institute for Mental Health.

Barbara & Mark Rubin on the birth of their daughter, **Abigail Madeline Rubin**. Seth Rubin is the proud big brother. Abigail was born on Tuesday 9/13, weighed in at 7 pounds 2 ounces and was 19 inches long. Mazel Tov to the extended **Cohen and Rubin families**.

Alison Plavin, who was named to the Dean's List at the Indiana University College of Arts and Sciences for the spring semester of 2005, in recognition of outstanding academic achievement. In addition, Alison has been awarded the W. G. Bray Academic Scholarship. Alison is the daughter of **Marc Plavin & Toni Reiss**.

Rosalyn Rozen, a 1950 Transylvania University graduate, who was recently elected to the Transylvania Alumni Executive Board.

Odette Kaplan, who was installed as the new president of Hadassah on September 8, 2005.

Gail & Ernie Cohen, on the Bat Mitzvah of their granddaughter, **Charley Charney Cohen**, in Portland, Oregon October 29. Charley is the daughter of former Lexington residents, **Sara & Alex Charney-Cohen**.

B'nai Mitzvah...

Bryan Gerson
On October 15, 2005, **Bryan Gerson**, son of **Ida & Larry Gerson**, will be called to the Torah as a Bar Mitzvah at Temple Adath Israel. He will be joined in this celebration by his older brother, **David**.

Bryan is a 7th grade student at Southern Middle School, where his favorite subject is math. At school he plays the French horn in the band and he plays soccer on a league team.

For his mitzvah project, Bryan helped the environment by working in a park where he helped thin out trees.

Ari Sogin

On October 29, 2005, **Ari Sogin**, son of **David & Deborah Sogin**, will be called to the Torah as a Bar Mitzvah at Temple Adath Israel. Joining in this celebration will be his older sister, **Celia**.

Ari is a 7th grade student at SCAPA, where he majors in orchestra and minors in art. He plays the violin in the school orchestra. His favorite subject is social studies.

For his mitzvah project, Ari collected books and donated them to the UK children's hospital and the Shriners

Hospital. The books were given to the children and to the libraries.

Condolences to...

Regina Meade, on the death of her aunt, **Zoe Ann Meade**, on August 13, 2005.

David & Pat Shraberg on the death of David's brother, **William Leonard Shraberg**, a victim of hurricane Katrina.

Refuah Shlema to...

- **Steven Edelstein**
- **Alberta Gerson**
- **Jim Levenson, Sr.**
- **Harriett Rose**
- **Harriet Cooper**
- **Sandy Berger**

THE LEXINGTON CHAPTER OF HADASSAH

President, Odette Kaplan

I'm honored and pleased to have the opportunity to lead Hadassah-Lexington in the coming year. Hadassah has been an important presence in Lexington for many years because of the enthusiastic contributions of its members in the past and present.

Although our chapter is relatively small, we are known throughout the Central States Region for our accomplishments and the leadership we have provided to Hadassah on both the regional and national levels. We have three members on the national board, **Judy Saxe**, **Gail Cohen**, and **Marilyn Moosnick**, who are widely recognized for their contributions.

At the recent Hadassah National Convention, which I attended, the Lexington chapter of Hadassah received Certificates of Merit for achievements in fundraising and membership, including the total number of life members.

At the convention we also learned that Hadassah has been nominated for the Nobel Peace Prize because of the work done by our Hadassah Medical Organization—especially the



Hadassah president, Odette Kaplan, addressing the installation meeting.

two Hadassah hospitals in Jerusalem. In accord with humanitarian Jewish values, health care at the hospitals is given to people without regard to religion or ethnic origins. Many of the patients are Arab citizens of Israel and also from the West Bank. This has continued during the years of terrorist violence. The hospitals are among the best in the world, and are at the forefront of medical research and innovative care. Hadassah members can be proud that we are able to help support these incredible institutions.

Our Young Judean youngsters needed larger and better facilities in Israel. Our members are meeting this campaign challenge to build the Judean Youth Hostel and we are well on our way toward completion.

Our communities are in need of dedicated volunteers to make a difference. Our members answer that call daily by acting as tutors in schools, creating dolls for children who are ill, reading to children in

clinics, hospitals, and libraries, and bringing holiday programs to senior residences. In so doing, our members serve their communities and are role models for all to emulate.

The optimists among us look to the future and envision a better world. As we start a new year, let us continue to help one another. We wish you all a happy, healthy, and prosperous New Year.



Marilyn Moosnick (right) with Hadassah honoree, Evelyn Hymson.

TEMPLE ADATH ISRAEL

124 N. Ashland Avenue • President, Starr Gantz • (859) 269-2979

High Holy Day Service Schedule

Monday, October 3
Erev Rosh Hashanah Services
7 p.m.—Child Care
8:45 p.m.—No Child Care

Tuesday, October 4
Rosh Hashanah Services
8:30 a.m.—Child Care
10:45 a.m.—Child Care
Tashlich, Youth Service & Picnic 5-7 p.m.
Jacobson Park Shelter #1

Wednesday, October 5
2nd Day Rosh Hashanah
Study 10:30 a.m.

Sunday, October 9
Cemetery Memorial Service 12:30 p.m.
Lexington Cemetery

Wednesday, October 12
Kol Nidre Services
7 p.m.—Child Care
8:45 p.m.—No Child Care

Thursday, October 13
Yom Kippur Services
8:30 a.m.—*Early Service
10:45 a.m.—*Late Service
1:30 p.m.—*Afternoon Study
3 p.m.—*Afternoon Service
4:30 p.m.—*Yizkor Service
5:15 p.m.—*Concluding Service
* Child care available

Break-the-fast following services

Help with Break-the-Fast

Because a large number of people attend Break-the-Fast, Sisterhood needs several volunteers to help with

this event. In particular, we'll be making kugel on Sunday morning, Oct. 9, and doing last-minute preparations on Yom Kippur, Oct. 13.

If you'd like to help, call Mary Engel at (859) 252-3734 for specifics.

If you plan to attend Break-the-Fast, please bring a salad, vegetable, gelatin mold, or dairy (non-meat) dish for 6 to the temple. It's best to bring it in the afternoon when you attend services because storage space is limited in the kitchen. Also, we want to have ample seating for Break-the-Fast, so RSVP to the Temple office at (869) 269-2979.

Special Shabbat Shuvah blessings to those married 50 years and longer

Continuing a custom started several years ago, those TAI couples celebrating marriages of 50 years and longer are invited to receive a special blessing on Shabbat Shuvah. This year Shabbat Shuvah is Friday, October 7. Everyone is encouraged to attend this special service and celebrate with these couples. Those married 50 years and longer are:

Raymond & Edna Miller ... 2/3/35
Jack & Frances Goldenberg ... 3/9/43
Lester & Ida Waldman ... 9/8/43
Saul & Audrey Rubin ... 1/28/45
John & Paula Frank ... 12/23/45
Irvin & Sybil Stern ... 7/14/46
Warren & Betty Rosenthal ... 8/31/46
Jim & Ann Levenson ... 10/6/46
Bill & Fran Bloom ... 12/29/46
Ken & Jane Hart ... 5/12/47
Gene & Barbara Straus ... 6/14/47
Jerry & Rose Rita Wurmser ... 6/18/47
Mark & Dorothy Halleck ... 8/10/47
Stan & Phyllis Scher ... 6/12/49
Max & Mindy Kavinow ... 6/15/49
Morris & Roz Rozen ... 8/14/49
Norman & Adele Potter ... 6/11/50
Dale & Fran Jarvis ... 1/21/51
Charles & Leona Stern ... 6/17/51
Irving & Irma Rosenstein ... 8/2/51
Abe & Marian Rabiner ... 11/25/51
Joe & Judy Engelberg ... 4/11/54
Arthur & Marilyn Lieber ... 6/27/54
Ken & Alberta Gerson ... 7/4/54
Harold & Kaye Frankel ... 6/19/55

Book Discussion Group open to all

The October book for discussion is *Everything is Illuminated*, by Jonathan Safran Foer. We'll meet in the Temple

library on Wednesday, October 26 at 7:30 p.m. Everyone is welcome.

Consecration/Simchat Torah

On Monday, October 24, 2005 at 7 p.m., children who are entering Kindergarten this year will participate in the Consecration Service, which signifies the beginning of their religious education. The students are:

Rachel Bolar, daughter of Dr. Randy & Sharon Bolar

Aaron Canter, son of Elizabeth Canter

Julia Creamer, daughter of Trevor & Laura Creamer

Leila Abou-Jaoudé, daughter of Dr. Walid Abou-Jaoudé & Jacquelin Sugarman

Blake Dunahue, son of Art & Stacy Dunahue

Lily Kaufman, daughter of Micah & Mimi Kaufman

Rachel Kline, daughter of Rabbi Marc & Cindy Kline

Sarah Potts, daughter of Brian & Elaine Potts

Alex Stern, son of Tom & Eve Stern

New program

Om Shalom, a yoga class with a Jewish twist, will be offered this month to assess the interest in our community in this type of offering. This yoga class will be adapted for all levels, from first timers to regular practitioners, and will be taught by Toni Reiss, a Registered Yoga Teacher (RYT) with over 25 years of experience. Bring a mat or large bath towel and any yoga props you use to class. The class will meet in the Temple library on Wednesday, October 19, at 11 a.m. and again at 5:30 p.m. Come to one class or come to both if you like. After each class, we will take time to eat in our Sukkah, so bring a brown bag meal or snack with you. Please register for the class with the Temple office.

Temple Adath Israel Religious School book fair and open house

October 16, 2005
9:30 a.m.—1 p.m.
New Jewish books, CD's, games for adults and children.

Come, look, enjoy. Do your Hanukkah shopping early.

THE LEXINGTON HAVURAH

President, Gail Cohen • (859) 272-1459

The Lexington Havurah, founded in 1978, is a diverse network of people dedicated to Jewish learning and renewal, community building and Tikkun Olam (repairing the world). It is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct and share responsibilities for all services. For more information, please call Gail Cohen, President, at (859) 272-1459.

The Lexington Hayurah is busy preparing for the start of an exciting new year. By it's very nature, the Havurah is an organization in which members participate in all facets of its activities.

We welcome to membership people who are interested in using the skills they possess, or learning and developing new ones, to lead services, present educational pieces and host events during the course of the year. The full schedule of High Holiday Services is included in this article. Please join us for any or all of these services if you are looking for a participatory experience. Do not hesitate to call for further information.

SELICHOT

Saturday, September 24 - Home of a Lexington Havurah member 9:00 p.m.

ROSH HASHANAH

Tuesday, October 4 - Firebrook Community Clubhouse 10:00 a.m.
Tashlich - Home of a Lexington Havurah member - 5:00 p.m.
Wednesday, October 5 - Firebrook Community Clubhouse - 10:00 a.m.

YOM KIPPUR

Wednesday, October 12 - Firebrook Community Clubhouse
Kol Nidre - 7:00 p.m.
Thursday, October 13 - Firebrook Community Clubhouse
Shacharit - 10 a.m. Yizkor - 12:30 p.m.
Minchah - 6:15 p.m. N'elah - 7:15 p.m.
Break-The-Fast - 8:00 p.m.

SUKKOT

Sunday, October 23 - Home of a Lexington Havurah member
Soup in the Sukkah - 3:00 p.m.

OHAVAY ZION SYNAGOGUE

2048 Edgewater Court • President, Sanford Goldberg • (859) 266-8050

The High Holiday season is upon us, and Ohavay Zion Synagogue will be busy with many worship services, programs, and activities throughout the month.

Rosh Hashana and Yom Kippur Worship

The Erev Rosh Hashana service begins Monday evening, October 3 at 8 p.m. The morning service on Tuesday, October 4, and again on Wednesday, October 5, begins at 9:15 a.m. each day. *Tashlikh*, during which we cast our "sins" into the water as sign of our commitment to change, will take place on Tuesday, October 4 following the service (about 1:30 p.m.). The Kol Nidre Service for Yom Kippur will begin promptly at 6:45 p.m. on Wednesday, October 12. Our full day of Yom Kippur prayer and study begins at 9:15 a.m. on Thursday, October 13. For a complete schedule of High Holiday services and youth activities contact the OZS office. Please note that we do not require tickets for non-members to attend any of the services but ask you to call the office if you plan to attend and to consider making a donation to OZS.

Kever Avot

The community-wide *Kever Avot* service led by Rabbi Cohen and Rabbi Klein will take place at the Lexington Cemetery on Sunday, October 9 at 12:30 p.m. It is a Jewish custom to visit the gravesite of loved ones during the period of the High Holidays. During this brief yet meaningful service, we will pause to remember those who have touched our lives. Even if you don't have relatives buried at the Lexington cemetery, you are welcome to attend as we honor all of our loved ones who have formed our past and given shape to our future.

Celebrating Sukkot and Sh'mini Atzeret

We will welcome in Sukkot this year on Monday evening, October 17 during the 5:45 p.m. afternoon/evening minyan. Worship services for the first and second Days of Sukkot will be Tuesday, October 18 and Wednesday, October 19 at 9:45 a.m. each morning. Join us as we wave the lulav and etrog in celebration of this important and joyous harvest holiday. The festival morning service for Sh'mini Atzeret will be Tuesday, October 25 at 9:45 a.m. Yizkor will be recited.

Scholar-in-Residence Weekend October 21-23 – Eva Grayzel

Eva Grayzel, well-known storyteller, Jewish educator, and motivational speaker will be joining OZS for a wonderful weekend of storytelling and learning for all ages. Utilizing award winning material and a highly interactive style, she has been performing world-wide since 1987. The entire Jewish community is invited to join us for part or all of this special weekend.

The schedule is as follows:

Friday, October 21: Sundaes in the Sukkah – Join us for the brief Shabbat/Sukkot Evening Service at a special time of 7:00 p.m., followed by a special intergenerational storytelling program with Eva Grayzel. Ice cream sundaes and desserts in the Sukkah follow the program.

Saturday, October 22: Bikkur Holim: Comforting the Sick – Following the Shabbat morning service and Kiddush lunch, Eva Grayzel will lead an adult learning session on the topic of *Bikkur Holim* and how we can make a difference for those who need our compassion and care.

Sunday, October 23: Session for Religious School Parents and Grandparents – During the morning, Eva Grayzel will be on hand to help make Jewish storytelling a part of our children's lives. At 12:00 p.m., Ms. Grayzel will conduct a special educational workshop for OZS and TAI teachers.

For more information about this exciting opportunity for learning call or the OZS office.

Simhat Torah Celebration

Everyone is invited to join us for our celebration of Simhat Torah on Tuesday evening, October 25 at 6:45 p.m. During the service we will also celebrate with our students, who are beginning Hebrew and Religious School, during a special Consecration and Alef Ceremony. Come dance with the Torahs and celebrate with our students on this special holiday! On Friday morning, October 26, there will be a special Torah Study at 11:00 a.m. in lieu of the formal festival morning service.

USY Youth Group: Project Isaiah

Once again, our USY youth group members will be facilitating the collection of canned goods for Project

Isaiah, a nationwide program to collect food for the hungry during the High Holidays. When you attend the Kol Nidre or Yom Kippur morning service at OZS, please bring a bag of canned/boxed goods with you to be donated to God's Pantry. If you prefer, you can drop off your donations in the OZS lobby during the week between Rosh Hashana and Yom Kippur. Let's help our teenagers make this year's collection the most successful yet!

Adult Education: Ethics Class

"Modern Ethical and Social Issues from a Jewish Perspective," a new Adult Education class taught by Bennett Bayer and Rabbi Cohen, examines some of the most pressing social and ethical dilemmas and issues facing us as Jews and as Americans. Topics to be studied include Euthanasia, Assisted Suicide, Living Wills, the Treatment of Animals, Stem-Cell Research, Business Ethics, and Abortion. The first class met last month providing an overview of Jewish law and its relationship to American law. This month, the class is scheduled to meet on Sunday, October 9 and October 30, from 7:00 to 8:30 p.m. Call Rabbi Cohen at the OZS office for more information.

Shabbat at OZS

Celebrating Shabbat is always the focus of our weekly events here at OZS. We welcome in Shabbat during the Kabbalat Shabbat service each Friday evening. Please call the office for service times this month as the times will be a bit different due to the Scholar-in-Residence schedule. We hope you will join us for our spirited Shabbat Morning Service Saturday mornings at 9:45 a.m. Kiddush lunch follows each week.

DONATE THAT CAR to OZS!

Help OZS with your donation.

All donations are tax deductible.

Vehicles, Real Estate, Lots, Boats, RV's & more!



Contact:

Larry Herman 859.269.5229

Jimmy Mischner 859.269.3783





AROUND THE COMMUNITY



CKJF - Central Kentucky Jewish Federation • 1050 Chinoo Road • Suite 203 • 268-0672 • Marty Barr, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Sanford Goldberg, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services on the 1st and 3rd Friday evenings at 6:00 p.m.,
on the 2nd and 4th Friday evenings at 7:30 p.m. • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel • 124 N. Ashland Avenue • 269-2979 • Starr Gantz, President
Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah • Odette Kaplan, President

HAV - The Lexington Havurah • 272-1459 • Gail Cohen, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	October 1
2	Erev Rosh Hashanah	Rosh Hashanah • CKJF Closed	Rosh Hashanah • TAI Board Meeting • CKJF Closed during day	6	7	8
9	Columbus Day • CKJF Closed • Shalom Deadline	Chabad-Rabbi Litvin visits • JFS Meeting 6:30 p.m.	Kol Nidre • CKJF Closes early	Yom Kippur • CKJF Closed	TAI - Bar Mitzvah Brian Gerson	TAI - Bar Mitzvah Brian Gerson
16	Basic Judaism with Rabbi Kline - TAI 3:30 - 5:30 p.m.	CKJF Closes early	Sukkot • CKJF Closed	Sukkot • Noon Timers at OZS • CAC Meeting 7:00 p.m.	Sukkot • Eva Grayzel, Scholar-In-Residence at OZS	Sukkot • Eva Grayzel, Scholar-In-Residence at OZS
23	Sukkot • Eva Grayzel, Scholar-In-Residence at OZS • Basic Judaism with Rabbi Kline - TAI 3:30 - 5:30 p.m.	Sukkot • Hoshanah Rabah	Shmini Atzeret • CKJF Closed	Simchat Torah • CKJF Executive Committee Meeting 6:00 p.m. • CKJF Board Meeting 7:30 p.m. • CKJF Closed	TAI - Bar Mitzvah Ari Sogin	TAI - Bar Mitzvah Ari Sogin
30	Basic Judaism with Rabbi Kline - TAI 3:30 - 5:30 p.m.	OZS Board Meeting • TAI Board Meeting	Rosh Chodesh Cheshvan	Rosh Chodesh Cheshvan	TAI - Bar Mitzvah Rachel Swanson	TAI - Bar Mitzvah Rachel Swanson
6	Basic Judaism with Rabbi Kline - TAI 3:30 - 5:30 p.m.	JFS Grief Support	Chabad-Rabbi Litvin visits	Shalom Deadline for December/January Double issue! • Noon Timers at CKJF	Veterans Day • TAI - Bar Mitzvah Joshua Grise	TAI - Bar Mitzvah Joshua Grise