

SHALOM



NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

MAY 2005

NISAN-IYAR 5765

A Double Header—Join Yom Ha'atzmaut Celebration on May 15

and Tour Camp Shalom While You're There

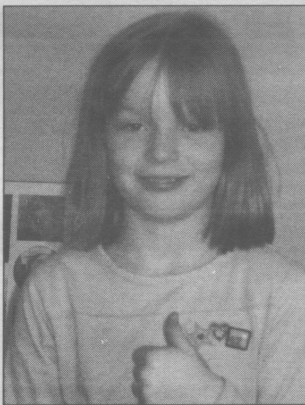
By Pat Shraberg

Bluegrass Christian Campsite will be the setting for this year's celebration of Israel Independence and for Camp Shalom Open House, which will be held on Sunday May 15 from noon until 3:00 p.m. Regardless of age, there will be something for everyone. You will be entertained with traditional Israeli music and if you are moved to dance there will be an opportunity to participate in traditional folk dance. Children may join in and dance or may expend

their energy jumping on the air-filled bouncy rides. Keep your energy levels up for the entire event; there will be plenty of authentic foods to sample. However, if you prefer not try authentic dishes, others will be available: you won't be hungry!

If your interests run more toward crafts, there will be vendors and artisans displaying their goods. The articles for purchase will include pottery, jewelry, furniture, products from Israel such as books, music, and so forth. If you're interested in Camp Shalom, you will be able to tour the campsite during this event.

This is an exciting celebration that will culminate in sharing birthday cake and song to celebrate Israeli Independence Day. Bring your family and friends and join in this celebration. ☆



Jessica Foster

Thumbs Up for Camp Shalom

By Jessica Foster, age 8

I like Camp Shalom because it is fun to go play at. Also I like Camp Shalom because the counselors are nice! I like to go play at the pool because it is fun and it has a neat slide. In the gym we also get to play a game called gaga and a lot of other sports. There is a nice view on the mountain. You get to hike down the mountain. If you have never been to Camp Shalom you need to think about coming. You can have a chance to make new friends. My opinion is that you should try to come if you have never come to Camp Shalom. Also it is very very fun! I can't wait to go to the Camp. It was also very fun last year. Please try to come. ☆

Major Donors Event to be May 22

Alina Spaulding to Speak

♦ ♦ ♦



Alina Spaulding

We all remember how, a number of years ago, the American Jewish Community spearheaded a campaign conceived by Al Chernin, then executive director of the National Jewish Community Relations Advisory Committee (now the JCPA), under the theme "Let my People Go." That campaign, after years of struggle, was instrumental in making freedom of emigration for Soviet Jews a high priority for the American administration, eventually leading to the relaxing of emigration laws and the opening wide of the doors after the fall of the Soviet Union. The faces of famous refuseniks stared at us.

Some Soviet Jews were not so famous, and were not even refuseniks, but they were treated like refuse by the Soviet regime. One of these was a former Soviet ski champion who suffered an accident that rendered him unable to continue on the ski team. That accident was the beginning of a journey that would bring his family, including his daughter Alina, to America and new life. We will hear the story of that journey at the Campaign Event of the Year on May 22 at the home of Avi and Ronit Eres.

The CKJF/UJC community campaign allocates a significant portion of its collections to Jewish communities in Israel and overseas. Part of the money is

see Alina, page 12

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Mazel Tov to...

- Odette and Marty Kaplan on the birth of their new granddaughter, Samantha Disken, on March 16. Samantha is the daughter of Nicole and Tony Disken, Odette's daughter and son-in-law.

Share Your Simchas with Shalom

SEND IN PHOTOS

Have you celebrated a special event lately? Did you take pictures? Would you like to share those pictures? Are you getting where these questions are leading?

The editorial staff of *Shalom* would like to publish pictures of you and your family/friends. We especially want parents to provide the paper with pictures of their bar or bat mitzvah. Photos of other happy events are welcome, too, as are memorial pictures. Either electronic files (send to DI-IFR@Bardstown.com) or prints (bring to CKJF office) will do.

Don't be shy. You will be helping to enhance the look of *Shalom* and helping the community get to know you and your family. The goal of this paper is, in part, to bring the Central Kentucky Jewish community closer together. Getting to know each other through stories and pictures is a good way to reach that goal. Let us hear from you!

Shalom Acquires New Nameplate

The eye-catching new nameplate that identifies our publication was designed by our talented and able CKJF staffer Lori Zimmerman. Lori's creative graphics work and keen eye for design are evident throughout the paper, but this new banner will help assure that the part of *Shalom* that first meets the eye will be as attractive as the rest.



email us at

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shalom

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shalom deadline

Deadline for articles for
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Articles submitted in hard
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Know Your Board

By Phil Berger

Phil Berger

Although Sandy and I have lived in Lexington since 1967, I still think of myself as a New Yorker. You can take the boy out of the Bronx, but you can't take the Bronx out of the boy! I retired from the Martin School of Public Policy at the University of Kentucky but continue to conduct research to evaluate worker health and safety training programs. Off and on over the past 35 years, I have served in and held offices at Ohavay Zion Synagogue, the Lexington Havurah, and CKJF. Under the leadership of Daniel Chefec, the trio of presidents—Marty Barr, Stanley Saxe, and David Feinberg—and with an innovative and active board, this, my second stint on the CKJF board, has been eminently rewarding.

How did it come about? To start with, I attended the country's first modern Orthodox Yeshiva, Ramaz, for ten years. Memory may distort reality, but I remember Ramaz as being supportive of a secular Zionist state.

Second, I spent eight wonderful summers at Camp Massad, in the Pocono Mountains. Massad, a Hebrew-speaking camp, mixed softball and swimming with a distinctly left-leaning Labor Zionist cast. In addition to "Artzah Aleinu,"

one of the songs that propelled us along on our hikes was a marching song of the Lincoln Brigade. Just picture preadolescent Jewish boys and girls hiking along rural Pennsylvania roadways chanting, "Revoluzione will triumph! Revoluzione will triumph!" in mangled Italian cadence. My very first camp counselor—who convinced his 6- and 7-year-old charges that he was part American Indian by walking barefoot—fought and was blinded in the 1948 Israeli War of Independence. Our one reunion was a bittersweet moment.

Finally, Aunt Edna Baer, my mother's older sister, was active in Jewish organizations in Washington, D.C. Meals at her D.C. apartment when I was in college were accompanied by adjurations to "get involved." Twenty years later, I finally did.

A family note. Sandy and I met in the classroom: she an undergraduate student and I a graduate student instructor. We will celebrate our 39th anniversary this August. Jon lives in Alexandria, VA and, yes, you can fix him up. Jeff is married with three adorable daughters and lives in Davidson, NC. He no longer needs to be fixed up. Two Morgan horses round out the Berger household. ☆

Community Picnic to be Held June 26

Veteran's Park will be Site of Activities

♦ ♦ ♦
By Ruth Poley

The Central Kentucky Jewish Federation is sponsoring a community-wide picnic on Sunday, June 26. We will gather at Veteran's Park at 4:00 p.m. to enjoy an afternoon of games, food, and general camaraderie.

This will be the easiest picnic you've ever done. All you have to provide is your own food; you can bring a sandwich, or join with some friends for a spectacular spread, or do anything in between. CKJF will provide everything else. That includes plates, napkins, cutlery, cups, soft drinks, ice, and dessert. It also includes fun and games.

We're planning games, relay races, storytelling, and crafts for the children. For the adults, we're hoping to get enough intrepid souls together for a co-ed softball game.

And, as usual, we're looking for volunteers to help us. Folks, four overworked Community Activities Committee members and one dedicated staff member can NOT do all this stuff alone. If you have ideas for activities, would like to be a storyteller, or organize the softball game, we need your talent. Please call Jana at 268-0672 ext. 4# and offer to help with the event. It won't take a lot of your time and you're sure to have a good time and meet some new people.

Put the date on your calendar now and plan on joining us for a great afternoon. ☆



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KET Airs Specials During Holocaust Remembrance Month including Kentucky Students' Trip to Poland

KET to Present Three Specials in May
Commemorating Holocaust Remembrance Month
♦ ♦ ♦

When allied troops invaded Germany and liberated Nazi death camps at the end of World War II, they made films that captured these atrocities firsthand. The resulting film, directed in part by Alfred Hitchcock but never finished, was discovered by Frontline in 1984 in the archives of the Imperial War Museum. Sixty years after the war ended, KET now broadcasts this powerful memorial in its entirety. *Frontline "Memory of the Camps"* airs Tuesday, May 3 at 9:00 p.m. on KET2 and Monday, May 9 at 10:00 p.m. on KET1.

Next, *Sugihara: Conspiracy of Kindness* tells the story of Japanese diplomat Chiune Sugihara, who, in the face of the Nazi onslaught, set about saving thousands of lives. *Sugihara: Conspiracy of Kindness* airs Thursday, May 5 at 9:00 p.m. on KET2.

Also, in a rebroadcast of *Remembrance: A Journey of Hope*, KET takes a look at a group of Kentucky college students from the University of Kentucky, Berea College, Transylvania University, and Georgetown College, who traveled to Poland to participate in The March of Remembrance and Hope, an educational leadership program that focuses on the Holocaust. Shot on location in Warsaw, Cracow and Lublin, the program airs Thursday, May 5 at 10:00 p.m. on KET1.

These programs contain disturbing images and are not recommended for the very young.

Frontline "Memory of the Camps" and *Sugihara: Conspiracy of Kindness* are produced by WGBI-1/Boston. *Remembrance: A Journey of Hope* is a

see KET Specials, page 9

MAY 2005 shalom • 3

President's Message

David Feinberg

Are You a Born Leader?

♦ ♦ ♦

I've been thinking about recruiting new board members and the need to strengthen leadership. What was on my wish list? A number of board members were about to complete their terms and a new group of board members was being sought. What do we need? We need people with a spirit of adventure—the urge to explore, break new ground, challenge the status quo, stand up for personal beliefs, and innovate. Your leadership style can be loud or quiet, bold or more conservative. You may be blessed with charisma that draws people to want to follow you, or you may be more quiet, and doggedly persist to get things done. As Jews, we are culturally encouraged to question and that is something we need.

I do not think I am a "born leader." I am opinionated and I see some things I think need to be changed about how we conduct ourselves as community members. I do not have much sympathy for whining, but I have a sincere appreciation for doers. I aspire to see a vision that develops our community and then to bring it to fruition. For me, that is the fun part of leadership.

Leadership is also obligation. As a member of the community, and having attained a "certain age," I felt the need to step up to a role of

leadership. It sets an implicit expectation for my children. I want them to take their places in the community and to be able to further advance our communal needs and goals when they are ready.

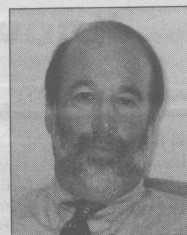
On a very personal note, leadership is a link to my father. My father worked for General Motors for 45 years, on the assembly line. This is what he did to put food on the table for his wife and four sons; it was not who he was. Who he was, was the person who did his part. He was intensely patriotic and extremely proud to be a Jew. He was very active in his home state (Pennsylvania) and in the region in Jewish War Veterans' affairs. When he died in 1993, the name of his JWV post (#697) was changed to include his name. He was the religious school principal for many years. He was always going to a meeting. It

As a member of the community and having attained a "certain age," I felt the need to step up to a role of leadership. It sets an implicit expectation for my children.

was in these communal activities that he was most "himself." My involvement with community activities is also my way to honor him and to honor the work of many other people I admire. Our responsibility is to do our part and to be counted upon to serve our community.

No one is born a leader, just as no one is born a talented artist. However, you can be born with the underlying traits that make you a potential leader given the right stimulus and environment. When the nomination committee reaches out and talks to you (or you identify yourself as someone wanting to join the CKJF board), let your leadership

style express itself. Sign on for a meaningful experience with many wonderful and talented, and equally committed, individuals. ✧



Lag b'Omer: Minor Holiday, Major Mystery

By Stanley Ned Rosenbaum

Lag b'Omer, the 33rd day of the counting of the Omer, is arguably the most obscure of all Jewish holidays. For one thing, it is not mentioned by name until the 13th century; hence, all manner of legends have grown up around its origins and purpose.

There are a number of odd activities associated with the holiday. Such bizarre things as giving children their first haircuts on that day and then throwing the hair into a bonfire, or shooting arrows into the air (not a very safe practice in present-day Israel, but probably better than shooting Kalachnikovs), and allowing marriages that are otherwise not performed during the seven weeks between Passover and Shavuot, have grown up around Lag b'Omer.

Of all the practices associated with Lag b'Omer, it seems to me that the lighting of bonfires has the best chance of a real explanation. Or more than one. Some scholars associate it with the Roman prohibition against Jews lighting fires to signal the beginning of each new month, a consequence of the failed Bar Kochba Revolt of 132 to 135 C.E. It may be so, but I think the origin may lie much deeper in our history than that.

King Josiah (reigned 640 to 632 B.C.E.), Israel's best if not its most famous king, had a plan for reuniting the moribund Northern Kingdom, Israel, with his Judah. This was no merger, however, but a hostile takeover. The newly reunited country would have Jerusalem as its religious capital and a purer monotheism than had been seen previously. Shortly after becoming king, Josiah marched his army north, dug up the bones of Northern

priests—the South considered Northern religion to be apostate—and burned them on their own altars, thus desecrating both.

Northern religion, it seems, had hung on to the bull/bovine accoutrements of our religion—which went back to Aaron and the Golden Calf—longer than the South had done. Ultimately, the South denied ever using such things, which explains Aaron's lame excuse that he didn't know what was going to emerge from the fire into which he threw the Israelites' gold ornaments; he thought it might be a Golden Armadillo, maybe. (For his part in the Golden Calf Incident, Aaron got to be High Priest; for her part, Miriam, his and Moses' sister, got leprosy. Go figure.)

There is, of course, a wide waste of time between Josiah and the 13th century C.E., but my case is strengthened somewhat by noting that the word "bonfire" comes from "bone fire." In any case, extirpating Northerners did not prove a simple task. In the 5th pre-Christian century, Samaritans offered to "help" Ezra with the rebuilding of the Temple in what was an attempt to exercise control in Jerusalem. Later, in the time of Alexander, they got permission to rebuild their own temple, though in fact this was never done.

We know that the North and South remained estranged into early Christian times, with the rabbis of the Talmud finally deciding that Northerners weren't Jews at all. What better way to commemorate all this than by lighting again the bone fires of Josiah?

Enjoy Lag b'Omer, but don't forget to wear your hard hat. ✧

Are you looking for a volunteer opportunity?

JFS and the Federal Medical Center are looking for volunteers to go to the prison once a month to help out.

There is a group of Jewish inmates that would like to meet once a week but they need someone there to help facilitate.

If you are interested in volunteering, please call Stacey Heisler at the JFS Office at 859-269-8244.

Jfs
Jewish Family Services

Purim at the Stewart Home



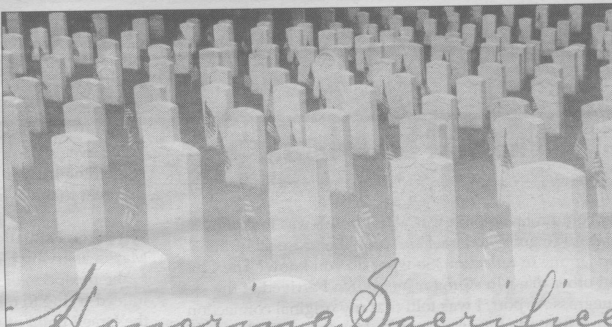
Barbara Barr and Fran Mandel help the residents, Cathy Zeitlin and Julie Ross, make groggers.



Ruth Moser assists Barbara Klein and Liz Polan.



Ruth spends one-on-one time with Allen, resident.



Honoring Sacrifice

Memorial Day Observance
11 am, May 30

Take time to honor men and women who have served their country in one of our armed services, especially those who made the ultimate sacrifice so that we may enjoy freedom.

Join veterans of American Legion, Man O' War Post No. 8 and its Ladies Auxiliary for a patriotic memorial observance including the presentation of colors, a 21-gun salute, brief remarks and "Taps."

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What's New this Summer for Campers Ages 10 to 13? It's *Gesher*!

By Kathy Feinberg

There is a brand new program waiting for campers ages 10 to 13. *Gesher*, sponsored by Camp Shalom and the Central Kentucky Jewish Federation, is an exciting program including sports, art, swimming, a sleepover, and a field trip. *Gesher* is the bridge between being a Camp Shalom camper and a counselor-in-training.

Gesher campers will have their own group leader and cabin. Campers will have a mitzvah project, participate in team building, create unique art pieces, hear and learn Jewish music by guest musicians, participate in a variety of sports, prepare for Shabbat, and more.

Sports Mania is the theme for the first week. Campers will learn about Jewish athletes and participate in sports every day. The World Around

Us is the theme for week two. During this week we will have an inflatable planetarium at our campsite and campers will see a spectacular show of the stars and planets in a summer sky. A theme for both weeks will be Jewish pride. *Gesher* will provide the only opportunity in Lexington this summer for all our youth ages 10 to 13 to come together to bond and learn while having a great time.

Please put May 15 on your calendar and come to the open house at the campsite and meet our staff. We are off on an exciting new adventure. Come and join us this summer and be a part of a group that offers campers daily activities including sports, paddleboating, low ropes course, and much more. Come join us this summer and be a part of the familiar and not so familiar. Hebrew becomes a living language because it is integrated into daily usage. Create

see *Gesher*, page 6

From the Executive Director

Daniel Chejfec



The Best Laid Plans...

♦ ♦ ♦

My column last month was about how I was looking forward to going to Israel and how the prospect of the trip led me to reflection. So what do you know? The Chief had other plans in store for me. When I arrived at the Bluegrass Airport, I was told that my original connection from Atlanta to JFK was cancelled, so they rebooked me on another one. I said fine. On arriving in Atlanta, I found out that the new flight was delayed... fine. Then it was cancelled. At that point, I learned that the only way to get to Israel was to wait out the weather (a full day) and leave for Israel a day and a half later than originally planned, out of a total trip of five days. I decided it was not worth it, in part because I was feeling a bit under the weather. So I headed back for Lexington.

Upon arriving in Lexington, I had a stark reminder of what it means to travel. My luggage was lost. After obtaining the proper paperwork to claim it later on, I headed home. The next morning, I decided to go to the hospital because I was feeling really bad, and after spending four hours waiting at the emergency room of St Joe East, I was diagnosed with walking pneumonia. So I got my prescription, headed for the pharmacy, and then home. A full week at home unable to do anything does have a way of driving you up the walls, especially when you don't even have your pet (if you own one) with you. Not everything was bad; I want to thank all of you who called me and inquired about my wellbeing. It made me feel, in spite of the situation, that I was home.

And yet this whole situation still forced me to think on issues. What can I tell you, I am Jewish and therefore a worrier. We can make the best plans and look at every

detail, we can do everything we need to do to make something happen, and yet the result might be very different than we intended. Some examples:

The current situation in Israel: Mahmoud Abbas, aka Abu Mazen, is trying hard to undo the damage done by Arafat to the prospects of peace and Palestinian statehood. He is indeed trying to rein in the militants and to understand the Israeli point of view; Prime Minister Sharon, much to most people's surprise and in spite of his policy of expanding settlements, is also making a real effort to make this work, handing over the cities reoccupied since 2002, reining in his own fanatics, and preparing for an unprecedented withdrawal from the Gaza strip in coordination with the Palestinian Authority. People on both sides are moving steadily but cautiously to make this opportunity work. Yet all it would take is one crazy thing—it could be an attack on Jewish worshippers at the Western Wall, or the Faithful of the Third Temple holding a prayer session on top of the Temple Mount, or a suicide bomber

Yet all it would take is one crazy thing—it could be an attack on Jewish worshippers at the Western Wall, or the Faithful of the Third Temple holding a prayer session on top of the Temple Mount, or a suicide bomber killing a large number of Israelis in the Israeli heartland....[to] make the plans collapse.

killing a large number of Israelis in the Israeli heartland. In sum, there could be any number of situations which would make the plans collapse.

Another thing I've been pondering is the Social Security deal. Never mind how carefully the plans for a change are laid out, the whole situation has the potential to create a large number of elderly poor in the next couple of decades, and yet not changing it might bring about the same result. When FDR signed the Social Security Act, he did not envision the government borrowing heavily from

the fund, nor did he expect the Baby Boomers to overwhelm the system. Yet that is where we are today.

This is where the wisdom of our forebears comes into place, for it is said that when a Jew comes into a room through the door, he/she is already looking for the window. In plain English, most plans in the Jewish community are full of eventualities in the form of "if this happens..." Maybe this explains why, as a people, we are sometimes neurotic. But it also explains why, as a people and as a community, we get things done—because we think ahead.

Look at our recent history. Nobody predicted something like the *Shoah* happening until it was too late, but somebody thought of the need for a Jewish homeland a hundred years before the *Shoah*. That would be Moses Hess, who wrote the first classical book on political Zionism. Our history as a people is a constant crisscrossing of currents and ideas, because internal dialogue within the Jewish community has always been a priority. May we never lose it. ☆



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Gesher (from page 5)

and strengthen friendships that go beyond the summer experience and last a lifetime. Come to our open house at the campsite and meet and meet our staff. Tours will be given at beautiful and scenic Bluegrass Christian Camp out Richmond Road ten miles past Jacobson Park.

Gesher will be held from August 1 to August 12. Camper drop-off is from 8:30 a.m. till 9:00 a.m.; pick-up is at 3:00 p.m. with an extended-day option of 5:30 p.m. (Camp will end at 3:00 Friday). Camp will be held at the BCCC. For more information call Jana at CKJF at 268-0672 ext. 4#. ☆

Celebrate 350

Stanley Ned Rosenbaum

The Storm Breaks

The Second World War began on September 1, 1939, but the German war against the Jews was already in full swing. What a lot of people don't know is that of the approximately 700,000 Jews living in Germany and Austria before the war, nearly 500,000 fled before its outbreak. Some, like Anne Frank's family, didn't flee far enough and so were caught later. So it was upon the Eastern European Jews, caught between Germany and Soviet Russia, that the hammer blow fell hardest. (Some fled still farther east. The town of Harbin, Manchuria, ultimately boasted a Jewish population of 45,000!)

I mention this because after the war, when the full extent of the horror was known, some Jews uncharitably suggested that the Reform Jews of Germany brought it upon themselves by their unstinting quest for assimilation. More charitably, but equally outrageous, was the suggestion of the former Israeli Chief Rabbi, Ovadiah Yosef, that the six million dead must all have been reincarnated Jewish sinners.

But more than 1,000,000 were only children.

Eli Wiesel is right; there is no rational explanation for the Holocaust, though it can be seen as a logical progression from Christian oppression and persecution of Jews dating back to 300 C.E. and the Council of Elvira (Spain). In 1941, William Montgomery McGovern published a book entitled *From Luther to Hitler*; the title tells it all, if a bit polemically.

Trying to salvage something of value from the flames, later observers opined that the State of Israel would not have come about without the Holocaust. Again, Wiesel disagrees, saying that it would in fact have happened earlier. If there had been no war, the mounting pressure from Zionists, mostly Eastern European, on the governments of Europe would have overridden British pandering to the Arabs.

On the American scene, an unlooked for result of the war was the introduction of so many Bronx and Brooklyn boys—600,000 American Jews served in the Armed Forces—to

you-know-who, the gentile girls they met at USO functions. Some of our boys, like their non-Jewish comrades, brought back gentile "war brides" and it was not long before the intermarriage rate, which had been well under 10 percent, began its well-chronicled climb.

Our American Babylon, with its suddenly burgeoning suburbs (it was a returning Jewish vet, William Levitt, who created Levittown) and a GI Bill that made colleges accessible, kept US citizens from emigrating to Israel in anything like the numbers that had been hoped for. When the State was declared on May 15, 1948, only one American Army officer, the immortal Mickey Marcus, was serving in the Israeli Army. He led and died in the defense of Jerusalem. (Kirk Douglas played him in *Cast A Giant Shadow*, which was not made until 1966.)

Much is made these days of the Palestinians who fled or were forced from their homes. Either way, it's a tragedy. But on the world-scale of such things, it is something like the twelfth largest population movement, and ranks behind the 850,000 Jews who were pressured to leave their homes throughout the Arab world after 1948 and the Suez Campaign of 1956.

This could have been avoided, of course. In 1947, the United Nations produced a Partition Plan that was grossly unfair to the Jews, who accepted it, and favored the Arabs, who rejected it. The late Abba (it was Aubrey in his native South Africa) Eban, Israel's long-time Foreign Minister, put it well when he said, "The Arabs never miss an opportunity to miss an opportunity." Another difference between the two sides was that Israel managed to absorb the bulk of the Jewish refugees, while the Arab world pointedly turned its back on the Palestinian brethren.

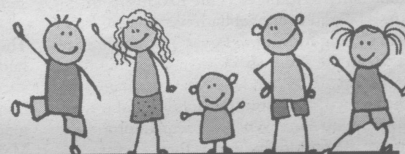
Nineteen forty-seven also saw the publication of Jean-Paul Sartre's *Anti-Semite and Jew*, in which the French Existentialist philosopher said that anti-Semitism is not an opinion to which any one is entitled. After the World War Jews were lionized, for about fifteen minutes.

When the Soviets exploded a nuclear device years before we expected

see *Celebrate 350*, page 15

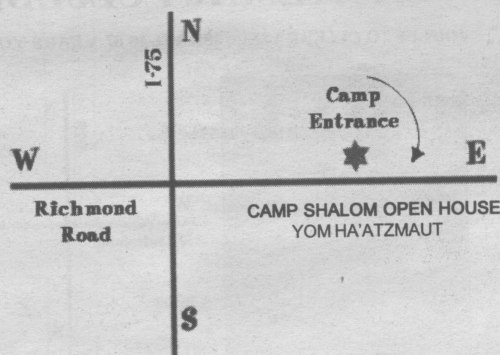
CAMP SHALOM OPEN HOUSE

Sunday, May 15, 2005
12:00 p.m. - 3:00 p.m.



- * Sign up and get your early registration discount.
- * Wear your comfortable shoes and tour Camp Shalom's site.
- * Meet the Camp Shalom 2005 staff.
- * Bring a picnic or buy food on site.
- * Learn more about the Gesher group—new to Camp Shalom
- * This program is in conjunction with the Yom Ha'atzmaut Celebration

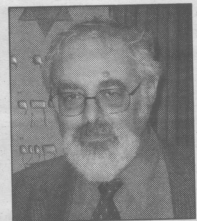
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Rabbi's Corner

Rabbi H. D. Uriel Smith



A Remembrance of the Exodus from Egypt

♦ ♦ ♦

Each major religion has its foundation stories, stories telling of its founders and the events that expound the truths of that religion, enabling generation after generation of the religious believers to continue fulfilling their tasks and reaching out to the goals of their lives. The major foundation story of Judaism is the Exodus from Egypt. Every festival and every Sabbath we refer to *Y'tzi'at Mitzraim* ("going forth from Egypt") as we sanctify the day over wine in the Kiddush.

In our scientific age we have forgotten an essential element of a foundation story. When we search for a scientific truth, we attempt to find terms that express precisely and concisely the exact formulation of that truth. We search for the " $E = mc^2$ " of the Theory of Relativity, and the " $\text{NaOH} + \text{HCl} \rightarrow \text{NaCl} + \text{H}_2\text{O}$ " ("base and acid form salt and water") of chemistry. Concise and precise.

However, a foundation story cannot be dry and concise, and thus it cannot be literally true, even though it should be close enough to the truth to give the listeners confidence that as far as human understanding applies it is trustworthy. The foundation myth is recited in a manner to stir the blood of future generations. Its goal is to take the believers' lives out of the mundane into the holy, and give them strength enough to continue their religious lives till the next time the story is recited. So when we recite the *Haggadah*, the narrative story of the Passover meal, we are told, "In each generation all participants should regard themselves as if they personally had participated in the Exodus from Egypt."

The number "six hundred thousand marching males" (Exodus 12:37) leaving Egypt makes no sense for the actual Exodus. When we add the females and the children we note over a million and a half people with their flocks and goods who would cross the Red Sea at midnight in the midst of a storm. The numbers are so overwhelming

that one split of dry land would not be enough. Even twelve splits, one for each tribe (as later rabbinical elaboration suggested), would be overwhelmed by those numbers. The numbers were enlarged to let everyone in the later generations know that their ancestors could have been among the newly redeemed. They themselves participated in the redemption.

There was a core of Israelites who had been enslaved in Egypt and successfully escaped the "House of Bondage." Egyptian records note many enslaved *Apiru* ("Hebrews"). Many Levites related to Moses and Aaron have Egyptian names: Hor, Merari, Hofni, and Putiel. Pinhas, the

The foundation myth is recited in a manner to stir the blood of future generations.

grandson of Aaron, has a name forming part of an Egyptian city's name, Tahpanhes (Jer. 43:8-9), meaning "Nubian fortress." Pinhas means "Nubian." The Bible records that the Israelites were forced to help build Pithom and Raamses (Exodus 1:11), cities that were built during the Raamseside dynasty. There is enough biblical information consistent with archeology to support this core of truth.

However, the archeological evidence does not support a single short campaign of conquest as described in

the Book of Joshua. It rather shows a combination of local settlement and smaller campaigns, as described in the beginning of Judges. By the time of the Raamseside dynasty many of the local Hebrew and Canaanite people were escaping to the hills and building little homesteads away from the Canaanite kings who, under Egyptian suzerainty, were ruling them harshly. These homesteaders welcomed the community who had fled Egypt, and joined them in the rites commemorating the Exodus and the Covenant at Mount Sinai. They did not join all at once. First Samuel 14:21 indicates that even in King Saul's time various Hebrews hesitated to join the Israelites.

However, the attraction of the celebration of freedom was so great that strange effects occurred. The Kenizzites were not originally an Israelite tribe (see Genesis 15:19). But Caleb the Kenizzite entered with Joshua (Numbers 32:12), and this status was so attractive that he was invited to become a member of the tribe of Judah (Joshua 14:13-14), leading them in the festive rites. Eventually this outsider became the chieftain of Judah (Joshua 14:6). His nephew Othniel was the first judge (Judges 3:9-11).

The members of the tribe of Levi, descendants of those who had escaped from Egypt, were so attractive as ritual leaders that the tribe of Dan kidnapped a grandson of Moses, establishing him as their priest (Judges 18:2-31).

The Book of Joshua describes the Exodus history as recited and reenacted in the pilgrimage rites. The Passover Exodus rites were celebrated in Gilgal and Jericho, the Shavuot Sinai covenant in Shechem, and the Sukkot wanderings to the Holy Land were celebrated first in Shilo, and later in Jerusalem. Members of the twelve tribes would assemble with the Holy Ark in Shittim before Passover (Joshua 3:1), and cross over the Jordan carrying twelve stelae (Joshua 4:3-9) which would be placed in a circle in Gilgal (Joshua 4:20-23). This crossing over "from Shittim to Gilgal" is still noted by Micah (Micah 6:5) in the middle of the First Temple period. During the seven days of Passover they would march to

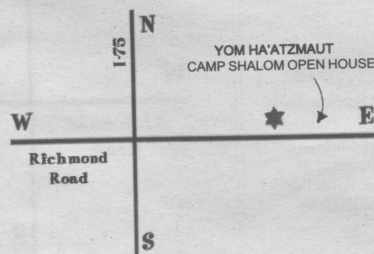
see Exodus, page 9

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Sunday, May 15, 2005
12:00 p.m. - 3:00 p.m.

- * Celebrate Israel Independence Day.
- * Buy merchandise from artisans and vendors.
- * Dance to Israeli music led by Vivian Bowling.
- * Enjoy Birthday Cake and Middle Eastern Food.
- * Play on large inflatables (kids only)
- * This program is in conjunction with Camp Shalom's Open House at The BlueGrass Christian Camp

Hadassah 7th Annual Live and Silent Auction

By Lynn Furness, Fundraising VP

Hadassah hosted the community at Temple Adath Israel on Saturday evening March 5 in the *shuq* (bazaar) with live Israeli music, traditional Middle Eastern foods, and two special auctioneers, Rabbi Cohen and Rabbi Kline, for the live auction. Hadassah welcomed the largest turnout ever for this event for which the co-chairs, Connie Grobstein and Odette Kaplan, worked many long hours and achieved fabulous results.

Thanks to the generosity of Central Kentucky's merchants and talented members of the local Hadassah chapter, the *shuq* featured many unusual and beautiful items. Guests were greeted with hors d'oeuvres as part of the delicious feast catered by Natasha's and with music provided by Aviva Bowling. Rabbi Kline blessed the challah and the wine to officially start the event and when the three stars rose, Rabbi Cohen led a beautiful Havdalah service. All the while the guests were enjoying the atmosphere of the *shuq* and bidding on silent auction items.

Hadassah thanks everyone in the community who contributed to its auction with their presence, their
see **Live Auction**, page 13

Solidarity at Sea

Israeli naval ships came to the rescue of drowning Syrian and Egyptian sailors.

Four Israeli vessels joined the U.S. and French navies Wednesday, April 20, in responding to distress calls from a tanker that sank 35 miles off the Jewish state's coast. Three of the crew were rescued and searches continued for four others. The tanker, carrying grain, was en route from Egypt to Turkey when it foundered. ✧

KET Specials (from page 3)

KET production, produced by Aaron Hutchings and a student production team that includes Melissa Caswell, Bobby Howard, Bryne Jacobs, Heather Langknecht, Jonathan Leggett, Cayce McCamish, Stephanie Meyer, Melissa Rosenblum and Patrick Welch. The programs are closed-captioned for the deaf and hard-of-hearing. Viewers can find out more about programming on KET's six digital channels by visiting the KET Web site at www.ket.org. ✧

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HOLOCAUST MEMORIAL DAY OBSERVANCE

Wednesday, May 4, 2005

7:00 p.m. at Temple Adath Israel



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Ohavay Zion Synagogue
Temple Adath Israel
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Exodus (from page 8)

the ruins of Jericho a couple of miles away, and each day would march around it blowing Jubilee horns. On the seventh day they marched round it seven times, and at the end of the seventh round they rushed straight in and "captured" the ruins (Joshua 6:2-21).

The incoming homesteaders, who had not been circumcised previously, would be circumcised before the Passover at Gilgal (Joshua 5:2-8). This explains the strange claim that Israelites were not circumcised after leaving Egypt (Joshua 5:5).

A complication arose during the reign of Ahab, when Hiel the Bethelite tried to rebuild the town of Jericho, establishing their Canaanite rites (1 Kings 16:34). Several leaders worked out a compromise, whereupon the local priestess was incorporated into the Israelite rites, acting as Rahab the "harlot" who "hid" the advance "spies," then placed a scarlet ribbon in her window so that her family would be spared. (Harlot and priestess were the same thing in the Canaanite rites—compare Genesis 38:15 and 21.) This change in the rites seems to have enraged Elijah and his followers so much that they transferred their Passover rites to the mountains, establishing a new Gilgal there (see 2 Kings 2:1). The story of Elijah splitting the

see **Exodus**, page 16

Spring Concert Highlights Serious Music and Talented Soloists

By Jana LaZur

On a beautiful Sunday afternoon in April, over 200 people, rather than enjoying the weather or Keeneland racetrack activities, chose to stay indoors to hear the Lexington Community Orchestra perform their magic at the Singletary Center for the Arts. The audience was treated to some solo performances in addition to orchestral music. Soprano Joyce Hall Wolf sang during the first half of the performance, and Benjamin Karp played his cello during the second half. The performances were all excellent and those lucky enough to be in attendance received a real treat.

Unlike the concert of show tunes two years ago, this concert featured works of a more serious tone. The program opened with "Hatikvah," the Israeli National Anthem, for which everyone stood and those who knew the words sang along. Next came Symphony No. 1, "Jeremiah," by Leonard Bernstein, featuring Joyce Wolf. Then we heard a suite from *The Prince of Egypt*.

After intermission, Joel Hoffman's "Self-Portrait with Gebirtig" was played to perfection, highlighted by Benjamin Karp's cello solo. Watching the skill and passion flow from Benjamin Karp's hands was truly inspiring. He is professor of cello and director of chamber music at the University of Kentucky School of Music, as well as the principal cellist of the Cincinnati Chamber Orchestra. Mr. Karp has been heard in solo and chamber music recitals on National Public Radio's *Performance Today* and has performed on four continents as a soloist; we feel very fortunate to have him in our very own community. The last piece of the day was "Music from *Exodus*," by Ernest Gold.

Following the performance was a reception in the President's Room, where the audience could meet orchestra members, Conductor Jonathan Roller, and the soloists. This delightful afternoon was entirely underwritten by the Central Kentucky Jewish Federation. ✱



Benjamin Karp performing his solo.



Concertgoers enjoying post-concert reception.

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Leisure Club

Join us for a luncheon.
Thursday, May 19, 2005
12:00 noon
at Guiseppé's Restaurant

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lfs@jewishlexington.org no later than May 16, 2005

Stem Cells: The Dream and the Promise

By Jonathan Satin

Hadassah is promoting a nationwide program entitled "The Promise of Stem Cell Research." This past February in Lexington I spoke to Hadassah to offer a stem cell scientist's perspective on the promise of stem cell research. This information is drawn from professional experience, including my work over the past two years involving human embryonic stem cell research at the Technion in Haifa. My work is focused on the dream of ultimately being able to grow replacement heart cells.

Personally and professionally, I am grateful that Hadassah is moving this issue to the forefront. Many of my colleagues and I dream about the long-term benefits of this line of investigation. As Jews we can express great pride that Israeli institutions, especially the Technion and the Hadassah Hospital Research Organization, are recognized as the

world leaders in numerous aspects of stem cell research. The prospects for cures and new therapies are tantalizing. I caution, however, that this field is still in its infancy (in more ways than one).

What is the origin of the term stem cell? One metaphor that has a rich Jewish tradition is that of the tree of life. Imagine that stem cells are one of the branches—ok, one of the stems. Each stem can then ramify into multiple stems and each progeny can hold many leaves.

We all as unique individuals began as a single cell—the fusion of egg and sperm. This single cell, the fertilized egg, then undergoes a geometric progression. One cell becomes two, two four, four eight, and so on. The result after two days is a solid mass of cells that we call a morula. After a couple of more days the blastocyst hollows. The blastocyst measures less than 1 mm and it resembles a hollow

see **Stem Cells**, page 12

Camp Shalom is a day camp sponsored by the Central Kentucky Jewish Federation. Activities are geared to encourage unity, fun, and learning for children 4 through 13 years of age. Jewish themes are incorporated into the daily program through music, games, drama, and arts and crafts. At the end of each fun-filled week we will welcome the Sabbath together with candles, blessings, songs, and Shabbat observance. Children of all denominations are invited to attend. Our camp is led by a group of experienced and talented individuals dedicated to Judaism and the care of Camp Shalom campers.

New to Camp Shalom 2005 is **Gesher** (meaning bridge). This is a program for campers ages 10-13, and offers an exciting array of activities geared to this age group. Campers aged 4-13 attend from 9:00 a.m. to 3:00 p.m., Monday through Friday. Extended day is available Monday through Thursday from 3:00 p.m. to 5:30 p.m. STAFF WILL BE AVAILABLE FOR EARLY DROP-OFF AT 8:30 a.m.

TUITION (4-13 yrs. old)

Early Registration - Before June 1, 2005

Camp Shalom (4-13ys. old) \$130.00 per week
 Additional Sibling tuition \$100.00 per week
 Extended day M-Th. (3:00-5:30) \$ 30.00 per week
 *No extended day on Friday

After June 1, 2005

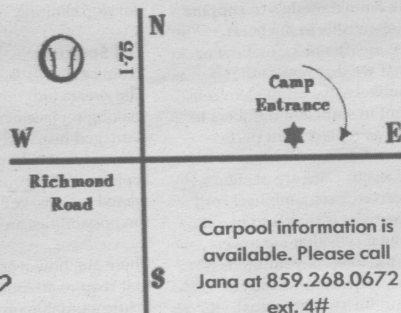
Camp Shalom (4-13ys. old) \$145.00 per week
 Additional Sibling tuition \$110.00 per week
 Extended day M-Th. (3:00-5:30) \$ 30.00 per week
 *No extended day on Friday

Enrollment is on a first come, first served basis.
 Early registration is suggested.



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CAMP SHALOM 2005 APPLICATION

August 1-12, 2005

Parent's Name _____ Home Phone _____ Cell Phone _____
 Address _____ Business Phone _____
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 2. Camper's Name _____ Age _____ Birthday _____
 3. Camper's Name _____ Age _____ Birthday _____

Camp Shalom 2005 * WEEK 1 * 8/1 - 8/5

Camper 1 (9:00-3:00) _____ X \$145 = _____
 Extended day M-TH (3:00-5:30) _____ X \$ 30 = _____
 Number of additional campers _____ X \$ 110 = _____
 additional campers extended day _____ X \$ 30 = _____
 Early registration Discounts (before June 1, 2005):
 Camper 1 discount deduct \$15 = _____
 Additional camper discount deduct \$10 = _____
 Total Week 1 = _____

Total Week 1 = _____ Total Week 2 = _____

Camp Shalom 2005 * WEEK 2 * 8/8 - 8/12

Camper 1 (9:00-3:00) _____ X \$145 = _____
 Extended day M-TH (3:00-5:30) _____ X \$ 30 = _____
 Number of additional campers _____ X \$ 110 = _____
 additional campers extended day _____ X \$ 30 = _____
 Early registration Discounts (before June 1, 2005):
 Camper 1 discount deduct \$15 = _____
 Additional camper discount deduct \$10 = _____
 Total Week 2 = _____

Camp Shalom 2005 TOTAL = _____

Please make checks payable & mail to :
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A non-refundable \$50 registration fee, per camper, must accompany complete application. This deposit will be applied toward tuition. Balance due by July 15, 2005.

Stem Cells (from page 10)

beach ball. One notable exception is that one tiny area has a clump of cells – sort of like the inflation-nipple tucked into the ball. This clump of cells is called the inner cell mass (ICM).

Stem cells come in several varieties. As with the tree, there are branches low down and branches higher up. Let's first discuss the branches that are high—the adult stem cells. The stem cells that are already useful for clinical trials are adult stem cells. The dream is to grow replacement cells/tissues/organs in a dish and essentially make replacement parts. The caution, and it's a very big caution, is that these studies are preliminary and consider only a very small patient population. Stay tuned. There are animal models to support resident stem cells in the heart. However, we do not know how or why. What we do know is that is highly unlikely that adult stem cells are present in sufficient numbers to ever serve as replacement parts.

A second major category of stem cells is derived from umbilical cord blood. The twist is that cord blood contains fetal cells that are lower down on the tree. As your biotech stock analyst I would not advise investing in the cottage industry of companies banking cord cells for later use. Nonetheless, the major potential of cord cells is that you can bank your own cells (ok, mommy and/or daddy needs to sign off) and thus possibly avoid immune rejection.

The third major category comprises cells derived from embryos and includes embryonic germ cells and embryonic stem (ES) cells. Embryonic germ cells are derived from aborted fetuses. Germ cells are primordial eggs and sperm in the embryo. Although these were the first human stem cells derived and cultured, the procurement of embryonic germ cells requires abortions. This crosses sufficient bioethical red-lines, coupled with the fact that other stem cell types are potentially equally (or perhaps more) useful, that I will not discuss this issue any further.

I will discuss potential future uses of these cells.

Human ES cells are obtained from *in vitro* fertilized (IVF) eggs. The most common source of these IVF eggs is discarded materials from IVF clinics. In the course of the IVF process for the purpose of procreation, many more IVF eggs are made than will be used. Four days after IVF, the ICM is removed and cultured in a dish. Once the ICM cells are removed,

dispersed, and cultured they cannot form an embryo.

Somatic cell nuclear transfer (SCNT) is commonly called cloning (cloned only with respect to DNA content). SCNT is the process in which the unfertilized egg is enucleated and replaced with a nucleus from any cell in your body. No sperm needed. *This means men are expendable!!* Think of the possibilities. For so-called reproductive cloning, you can take your egg and a cell from your body and re-use an exact copy of genes ad infinitum. If you don't want a bunch of clones of yourself, you might want to consider therapeutic cloning. But the technology is in very formative stages and we have much more to learn before we can control each stage of the process to efficiently develop clinically applicable therapies.

Cell Sourcing: Promise, Perils & Pitfalls

The dream and the hope are of making replacement parts for sick or damaged hearts, dysfunctional brain neurons for Parkinson's patients, or replacement neurons in spinal cord injured patients. With a little imagination the possibilities are limitless.

There are, however, many problems that require attention—not insurmountable problems, though not at all trivial.

It is difficult for me express what a privilege it is to work in Israel with such talented, energetic colleagues. Those of you who travel often, and those of you with deeper ties to Israel, know that the most remarkable natural resource is the pool of talent: highly educated people. I may be overly idealistic, but I firmly believe that the best researchers will be drawn to the most important, pressing problems. Israel, because of its scientists' remarkable early advances, is already a magnet for international visiting scientists. This said, stem cell research involves expensive reagents and expensive equipment to maintain state-of-the-art progress. Moreover, new cell lines are desperately needed for a variety of scientific reasons. The NIH moratorium on funding stem cell research is having a chilling effect on progress. Israeli scientists, including stem cell scientists, can directly benefit from NIH funding. Perhaps more troubling, though, is the anti-intellectual atmosphere that so often accompanies the banning of promising research directions.

Scientific progress thrives on unfettered competition. This does not mean scientists are asking to work outside moral and ethical boundaries—these are set by society. Rabbi Cohen

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already wrote lucidly on the Jewish perspective regarding stem cell research. I remind you that as long as the goal of the research is to heal the sick we have an obligation to fight those who seek to band the limits of our understanding of basic body function.

Editor's Note: This article was abridged owing to space limitations ✧

Book Review

By Daniel Chejfec

The Trouble with Islam

A Different Approach to
Understanding the
Muslim World

✧ ✧ ✧

Irshad Manji is a Muslim woman, born in Uganda, raised in Canada, and currently a successful journalist in Toronto. If you add to this mix the fact that she is openly lesbian, it comes as no surprise that she questions the rigidly patriarchal structure of traditional Islam. It does come as a surprise, however, that she remains a Muslim at all—until you read her book, that is.

Manji starts with an acceptance of being a Muslim as part of her personal identity, but questions the direction Islam has taken in the latter part of the twentieth century. She believes it is that direction which has alienated so many people in the West and also provided the ideological support for Islamist extremists such as Osama Bin Laden.

She skillfully describes the rise of what she terms "desert Islam" in the Arab world and its use as a form of cultural imperialism by the Arab nations within the Muslim world. She also explores how this "desert Islam" makes an effective use of prejudice and racism in the form of anti-Western and anti-Jewish rhetoric to reassert its control of the so-called mainstream Islam. Manji calls for a different kind of revolution in the Muslim world: one oriented to allow alternative interpretations of tradition, and one in which the individual should be free in mind as well as body.

This book is a must-read for anybody interested in understanding the internal dynamics of the Muslim world and for anybody who wishes to gain a better understanding of Islamic extremism.

The Trouble with Islam, by Irshad Manji. (St Martin Press: NY, 2003), 230 pages. Author's website: www.muslim-refusenik.com ✧

Alina (from page 1)

spent locally to provide services for the local community, such as Jewish Family Services, Camp Shalom, *Shalom* newspaper, the CKJF website, Community Relations Committee, Community Activities Committee, Tikkun Lexington, and to provide staff support for the Jewish Student Union/Hillel at the University of Kentucky. Every gift counts, every dollar helps. Join the Campaign and be proud of our accomplishments, for YOU are the Federation. ✧

UK Judaic Studies Head Steps Down

Program Ending
Ninth Year

By Daniel H. Frank

I'll be stepping down as director of the Judaic Studies Program at the end of the academic year. I have accepted a post at Purdue similar to the one I currently hold here, as professor of philosophy and director of the Jewish Studies Program.

I take pride in the Judaic Studies Program we have created here at UK, and I am confident that it will flourish in the future. A search committee is hard at work selecting the next director.

In the interim, I wish you and yours a joyous Pesach, libationary and liberating. And I extend to you an invitation to Joey's bar mitzvah on June 25 at OZS, shortly before our departure for Indiana. ✧

Lexington Museum Opens Kentucky Holocaust Survivors Exhibit

Beginning on May 12, 2005, and continuing through January 12, 2006, the Lexington History Museum will feature an exhibit of special interest to the Central Kentucky Jewish community. If you have not yet visited the museum, located in the old courthouse on Main Street, this exhibit is the perfect opportunity for you to become acquainted with it.

There are nine known Holocaust survivors now living in Kentucky, and the exhibit features their stories in their own words. Plan to attend the opening of this special exhibit on May 12, from 5:30 p.m. to 9:00 p.m. At 7:00 p.m. there will be a special program featuring survivors' reflections on their lives in Kentucky. Refreshments will be served, and the event is free and open to the public.

For further information, contact Arwen Donahue, (859) 289-2562. ✧

Live Auction (from page 9)

buying power, and their donations. Your support enables us to continue the many worthwhile projects Hadassah supports both in Israel and in the United States, including projects at the University of Kentucky Children's Hospital.

If you were unable to attend the auction, and perhaps do not receive the Hadassah Bulletin, there are still two special items for which you can bid by email at hensley34@insightbb.com. The first item is four Disney World Hopper tickets that do not expire until March 24, 2006. These tickets enable the user to "hop" among the Disney Parks on one day. They include the park admission plus the "hopper charge." Valued at \$97 each, the four tickets carry a minimum bid of \$300. The second item is Life Adventure Camp, a customized training on a challenge course for a

group to improve problem-solving, communication, listening, and negotiating skills for more effective teamwork. The group can be as large as twenty and there are never fewer than two trainers. Among groups that have used this unique experience are boards of directors, youth groups, and civic groups. The training is held in Woodford County. The course is valued at \$1,500; the minimum bid is \$1,000.

Bidding will remain open until May 31. If you have questions on bids for the items or need more information on either one, please call Lynn Furness at (859) 873-0328 (work) or 873-0593 (home) or email her at mamanewbs@yahoo.com. Hadassah thanks you in advance for bidding on these two special items. ✧

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Passover and Creation

By David Marwil

As I sit at the Passover seder, dipping my little finger into a cup of wine and spilling the drops onto my plate, I dutifully call out the ten plagues: *dam, tzaradeya, kinim...* My mind wanders: Blood? Frogs? Vermin? These are all part of the natural world, created by God. When they are in balance with nature, they serve us well. But when they are out of balance, they become plagues.

For example, blood is necessary for life when it courses through our veins, or when it is transfused to one who has lost it. But a river of blood pollutes the water and makes it undrinkable. Frogs in their habitat keep the mosquito population under control, but frogs in our bathrooms are out of control. And so it is with the plagues. Even death has its place in the scheme of things, but certainly not in firstborn children.

Just as there is physical balance in the world, there is moral balance as well. We try to weigh our moral decisions with the right balance of justice and mercy and faith. The rabbis refer to humanity's moral nature as comprising both good (*yetzer ha'tov*) and evil (*yetzer ha'rah*) inclinations. How are these inclinations balanced? Are they equal, or is there some sort of asymmetry to them? One who believes in *tikkun olam* (our part in arranging the world in its proper order) might argue that if *tikkun olam* were to be realized, it would require that people, on balance, possess more good than evil in their moral nature.

But in Egypt, things were very much out of balance. The Egyptians perpetrated a great injustice upon the Children of Israel by enslaving them and not allowing them the freedom to exercise their better instincts. A world out of balance is far from the

ideal of *tikkun olam*. Egypt had caused creation to become like a plague to God. God, in turn, brings to Egypt its own set of plagues so that Egypt can experience for itself a world out of balance.

After the Children of Israel cross the Sea of Reeds, having witnessed the destruction of the Egyptian army, they sing a song of praise (*Shirat Ha'yam*) to God. In it, they evoke images reminiscent of the creation story in Genesis. There are references to "the deeps" (*t'homot*) that covered the Egyptian army, similar to the darkness on the face of "the deep" (*t'hom*) in Genesis. In the *Shirat Ha'yam*, we read, "... with the wind (*ruach*) of your nostrils the waters (*mayim*) piled up." In Genesis, we read, "... a wind (*ruach*) from God hovering over the waters (*mayim*)."
One might say that the parting of the waters of the Sea of Reeds is a metaphor of God separating the waters on the second day of creation. One might also say that the waters coming back together to drown the Egyptians is a powerful reminder of the Great Flood in Noah's time, when the waters above merged with the waters below to end the world.

In the creation story, God brought forth light (*or*) on the first day and saw that it was good (*tov*). On the second day, God created an expanse or firmament (*rakia*) to separate the waters, but there was no mention of the result being good. It wasn't until the third day, when God separated the waters below the *rakia* into dry land and seas, that God saw it as *tov*. Two questions arise from this: 1) What is the meaning of *tov*? and 2) Why was the *rakia* not *tov*?

In the first chapter of Genesis, *tov* is translated as "good," but it probably doesn't mean "good" in the usual sense, as in "well done" or "morally

see *Passover & Creation*, page 17

Ask JFS

Stacey Heisler

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at JFS@JewishLexington.org.

Spring Cleaning: Where to Start?

♦ ♦ ♦

Spring is finally here. Most people have started, or at least thought about starting, cleaning and getting organized. Although this seems like such a simple task, many of us get lost in this process and do not get rid of anything as we had planned. So this month, I have decided to share a few tips.

The first step is to de-clutter. How can you get organized if everything is cluttered? Take fifteen minutes each day and before you know it your house won't be nearly as cluttered as it once was. Once you start to work, often you can get sucked into cleaning mode and go nuts. In order not to get burned out, get yourself a timer and make sure you only work for fifteen minutes to an hour. Remember, your house didn't get cluttered overnight, so it won't be de-cluttered overnight. You are also going to need some tools: garbage bags, boxes, markers, and a dust cloth. You will need to label your boxes or bags with "give away," "throw away," and "put away." Once you pick a room to start on, begin at the entrance to the room and work your way around clockwise. Do not skip a spot. As you move around the room, put things into those boxes and bags. When you are thinking about what to keep, ask yourself: Do I love this item? Have I used it in the past year? Do I have another one that is better? Should I really keep two? Does it have sentimental value that causes me to love it? Or does it give me guilt and make me sad when I see the item? Once your throw-away and give-away boxes/bags are filled, seal them and put them in the trash or donate them. Once your box of put-away things is filled, go around the house and place the items in their proper places. When the timer goes off you're done, unless you have not put the items in your put-away box back in their places. To avoid even more clutter, always empty the put-away box before you're done for the day.

Now the big question is, how do I keep the space uncluttered? Divide up your home into Zones. Zone 1:

the next Sunday: Entrance/front porch/dining room. Zone 2: First full week of the month: Kitchen/back porch/laundry room/pantry. Zone 3: Second full week of the month: Main bathroom/extra bedroom/kids' rooms. Zone 4: Third full week of the month: Master bedroom/bath/closet. And finally Zone 5: last few days of the month from Monday until the First: Living room/den/TV room. Remember, don't get overwhelmed. Spend fifteen minutes a day in the zone. Set your timer and don't tackle something that you can't finish in fifteen minutes.

If you're like me, you tend to get sidetracked when cleaning. Here are a few tips to help minimize getting off task. Try to keep your kitchen, often the activity center of the house, clean. If the kitchen stays clean, so will the rest of your home. Always empty the dishwasher as soon as it's done. Keep the sink clean. If it is clean you are less likely to let your dirty dishes pile up. As soon as you start to cook, fill your sink with hot soapy water. That way, you can dunk your dirties in the sink and place them in the dishwasher right away, helping to keep your sinks empty and your counters clean. To help your family get

into the cleaning habit, make clearing the table everyone's job. Everyone should take their own plates, rinse them, and place them into the dishwasher. This will also help teach the kids good cleaning habits.

Mail pile-up can also be a big problem. This is something that is always a battle in my house. As soon as you bring in the mail, sort it, open it, and either trash it or put it into the bill-paying pile. Setting aside a certain day every month to pay your bills will also help.

To keep the laundry ready to wash, have separate bins for different colors, washing cycles, and so forth. Only do a load of laundry if you have the time to do it all: wash, dry, fold, and put away. In order to save time later, take your clothes out of the dryer the moment it stops. This will help cut down on ironing.

These are just a few tips to help you get started organizing and cleaning your house and life. Remember to stay with the system—if you lag behind, your house will be cluttered again before you know it. ✧

JFS Needs Your Help

Jewish Family Services is going to begin offering educational and support groups. We want to know what programs you want. Please fill out the survey and send it back to JFS at 1050 Chinoe Rd. Suite 203, Lexington, KY 40502

What kinds of groups would you like JFS to run?

Grief	___ yes	___ no
Caring for the Elderly Support	___ yes	___ no
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Blended Families	___ yes	___ no
Blended Families for Kids	___ yes	___ no
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Surviving Abuse Support	___ yes	___ no
Self-esteem for Teens	___ yes	___ no
Drugs & Alcohol for Teens	___ yes	___ no

Other: _____

B'tayavon (Hearty Appetite)

Ruth Poley

A New Look at an Old Favorite

♦ ♦ ♦

Hummus—some folks love it, some not so much. And some are just plain tired of it, as it seems to have become something of a cliché. I guess there's a reason, though, why so many people serve it; it's easy to make, it goes with both meat and dairy, and it's actually quite nutritious. Personally, I love it and would be happy to (and have been known to) eat it for breakfast, lunch, or dinner. If you've grown a bit jaded, I'm about to wake up a new interest in this Middle Eastern staple for you. The following recipe, from *The New York Times Jewish Cookbook*, is a kicked-up (sorry, Emeril) version of an old classic.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com.

Spiced Gingered Hummus

2 garlic cloves
1 tablespoon coarsely chopped fresh ginger
juice of 2 lemons
1 1/4 cups cooked chickpeas (can use canned, just drain and rinse them)
1/4 cup smooth unseasoned peanut butter
1/2 teaspoon crushed hot red pepper flakes, or to taste salt to taste

With the machine running, drop the garlic and ginger through the feed tube of a food processor and process until minced. Scrape the sides of the bowl, then add the lemon juice. Process briefly, then add the chickpeas and process until the mixture is smooth.

Add the peanut butter a little at a time and process until the mixture is smooth and has a creamy consistency. If it is too stiff, add a little water.

Add the hot red pepper flakes and salt to taste. Transfer to a dish and serve with chips, pita, or vegetables for dipping.



Celebrate 350 (from page 7)

them to (1948), it was understood that they had had outside help, and not just from their share of Nazi rocket scientists. Jews, it was said, were as they had been: Communist sympathizers. Robert Oppenheimer, our own "father of the A-bomb" eventually lost his security clearance.

Eli Wiesel writes that any Jew is entitled to see him/herself as a survivor of the Holocaust. To this I would add that any sensitive Jew may have about him/herself a touch of post-traumatic shock syndrome. Or in the less somber words of the poet Delmore Schwartz, "Even paranoids have enemies." ☆



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Israel's Consul for Media and Public Affairs Addresses Bonds Supporters in Lexington

By Sam Lobar

On February 25, 2005 (16 Adar I, 5765) a group of Israel Bonds supporters from the Lexington Jewish Community gathered at Buddy's Restaurant for good food, education, and thanks for their support of the State of Israel and the State of Israel Bonds program. They were treated to a briefing by Ido Aharoni, Consul for Media and Public Affairs, The Consulate General of Israel, New York. Mr. Aharoni, who directs the Media Relations and Community Affairs operations for the Consulate, has been a member of the Israeli Foreign Services since 1991. He previously served as a Policy Assistant to the Director-General of the Ministry of Foreign Affairs in Jerusalem. He later became the Consul for Communications and Public Affairs in Los Angeles and the Southwestern United States. As Policy Assistant to the Director-General of Israel's Foreign Ministry and Chief Negotiator with the Palestinians, he was involved in the initial negotiations that led to the "Declaration of Principles" between Israel and the PLO. Mr. Aharoni, who earned a Master's Degree in Mass Communications at Emerson College in Boston, enjoyed a successful career in News Production before joining the Foreign Service. Ido Aharoni is a clarion voice of Israel.

Before Mr. Aharoni spoke he presented Leon Cooper with a gift from the State of Israel and State of Israel Bonds in recognition of Mr. Cooper's devotion to both. A beautifully framed print of the new Great American Ballpark, personally signed by owner, Carl Lindner, was handed to a stunned Cooper. (One of Cooper's favorite pastimes is following professional baseball.) Cooper has been instrumental in promoting the State of Israel Financeable Note program in Lexington. His efforts, along with others' in the Lexington area, have sent \$1.5 million in capital to the State of Israel for infrastructure programs during the past six years.

Mr. Aharoni spoke eloquently regarding the Security Fence; Mahmud Abbas (popularly known as Abu Mazen), newly elected Chairman of the Palestinian Authority; the fight on terror in Israel; and disengagement from Gaza. Aharoni was very positive that

a time of non-belligerence between the Israelis and the Palestinians was at hand. He also felt that one of the best ways to show support to the State of Israel was through investment in Israel Bonds.

Sam Lobar, Area Director for State of Israel Bonds, educated the group on the different types of bonds available and who might invest in them.

State of Israel Bonds would like to thank Leon Cooper; Lowell Nigoff; Bret Caller; and Daniel Chefec, Executive Director of the Central Kentucky Jewish Federation for all of their assistance in helping set up this Educational Luncheon Program.

Since its inception in 1951, Israel Bonds proceeds have been used to develop Israel from an infant state into a flourishing nation. The bonds program has been the most constant and dependable source of investment capital, securing more than \$25 billion to build every aspect of Israel's economic infrastructure. Bond proceeds have helped Israel create new jobs and new industries, turn salt water into fresh, and absorb and resettle over one million immigrants in the past decade alone.

For more information about and to obtain a prospectus from State of Israel Bonds please call 1-888-852-3195. ☆



Ido Aharoni (R) presents recognition gift to Leon Cooper.

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Exodus (from page 9)

Jordan and walking across (2 Kings 2:8) is a claim by Elijah's followers that he did not need to use the more public Passover crossing.

These threefold (Gilgal, Shechem, and Jerusalem) pilgrimage rites held the twelve tribes together even when the confederacy was split into two kingdoms, Israel and Judah. Various psalms by Asaph indicate that some were sung after the Jordan crossing in Gilgal (for example Psalms 74, 77, 80), some in Shechem (Psalms 75, 78), and some in Jerusalem (Psalms 76, 79), late in the First Temple period. However, King Josiah in his eighteenth reigning year (621 BCE) ended the pilgrimage rounds, and centered all the festival rites in one place, Jerusalem, closing up the other temple centers (2 Kings 22:3-25). In the Chronicles tradition the author specifically states that Josiah blocked the further transfer of the Holy Ark among the religious centers (2 Chron. 35:3).

Most of the memories of the escape from Egypt have gone through so many story and song repetitions that very little is secure as deriving from the actual crossing of the Red Sea. However, it seems that we can find a memory of how the escaping mothers tried to comfort their children in the dark night. Till the crossing they had told the children to follow the pillar of cloud by day and of fire by night (Exodus 13:21-22), so the children would not get lost in the confusion of the march. However, when they left to cross the sea in the dark the tribes decided to confuse the pursuing Egyptians into thinking that they still remained in the camp by having a rear-guard keep the camp-fires burning, and showing no light in front of them. When the children asked why they were no longer following the fire, the mothers must have explained that the fiery angel that had preceded them was now guarding them from behind. This entered into the folklore of the Exodus, as we still see in the Biblical story (Exodus 14:19-20).

The call to freedom and the protection of parents are still part of the Jewish foundation story. ☆

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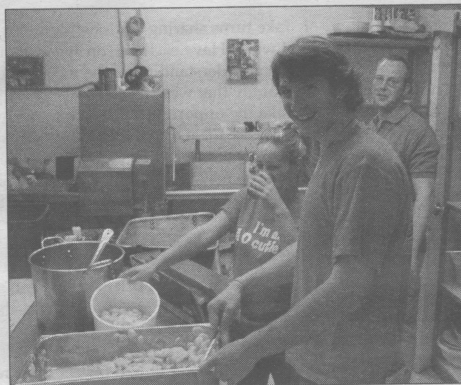
By Joe Pollock

At the end of the school year, I am happy to report that our Jewish Student Organization/Hillel is in full swing. We have between ten and fifteen students meeting regularly each week on Shabbat. We enjoy the company, and we look forward to our group growing even more with time. We either meet at a restaurant or are invited to someone's house for a nice Shabbat meal and discussion of current events, social action projects, or just fun college topics entertain us.

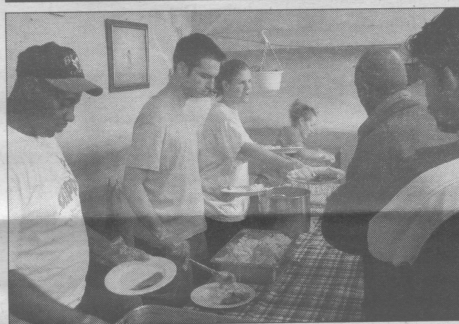
We just completed our second round of serving food at the Catholic Action Center, which was very satisfying. There was not a huge turnout, but the place was small and there would not have been enough for a larger group to do. The people we served were very polite and appreciative. Overall, it was a great experience for all of us.

I would like to ask you all to help find a new faculty advisor for our group. With Dr. Austin Cantor stepping down, we find that we may lose our status on campus as a religious organization unless we find a faculty replacement for him. We are willing to do the majority of the work and scheduling, but just need someone who is faculty to help us with the paperwork. Dr. Cantor is willing to meet with any qualified candidates to explain exactly what is involved. If you want to help us stay

legitimate, please come forward. For more information, call Jana at the Central Kentucky Jewish Federation at (869) 268-0672 extension 4#. ☆



Joe Pollock serves food at Catholic Action Center.



Hillel members donate their time to the homeless.

Our B'Nai Mitzvah

Evelyn Dantzic Geller

Rachel Trontz - TAI

Rachel Trontz, daughter of Elizabeth and Richard Trontz, will be called to the Torah as a Bat Mitzvah on May 14, 2005 at Temple Adath Israel. Joining her in this celebration will be her older brothers, Adam and Jim, and her older sister, Brittany.

Rachel is a seventh grade student at The Lexington School, where her favorite subject is science. As an extracurricular activity, she plays on the school soccer team. Studies and soccer take up most of her time.

For her mitzvah project, Rachel is recording books on tape for Ashland Elementary School and conducting a Red Cross class in adult CPR. These are joint activities with Katie Kaplan.



Kathryn "Katie" Kaplan - TAI

Katie Kaplan, daughter of Paul and Carol Kaplan, will be called to the Torah as a Bat Mitzvah on May 21, 2005 at Temple Adath Israel. Joining her in this celebration will be her younger sister, Caroline, and her younger brother, Jack.

Katie is a seventh grade student at Morton Middle School where her favorite subject is science. She plays French horn in the school band and is an active member of the school's dance team, where the emphasis is on jazz, funk, and hip-hop.

For her mitzvah project, Katie is recording books on tape at Ashland Elementary School and organizing an adult CPR class at the Temple along with Rachel Trontz.

Passover & Creation (from page 13)

upright." I would submit that, in this context, *tov* means "balanced." That would explain why the *rakiya* in itself was not *tov*, because although the *rakiya* separated the waters, it did not balance them. True enough, there were waters above and waters below the *rakiya*, but other than that, they were indistinguishable. It wasn't until the waters below separated into seas and dry land, creating a distinction from the waters above, that a balance was created. So to achieve balance, it would require both separation and distinction. Light (*or*) was *tov* because it was separate and distinct from darkness (*choshech*). Seas and dry land were *tov* because they were separate and distinct from each other and from the waters on the other side of the *rakiya*. The *rakiya* was not *tov* because it created separation, but not distinction.

Now, back to Passover. The *rakiya* did not bring balance at the dawn of creation. Nor did Egypt in its time. Both were involved in a separation of waters: the *rakiya* in their parting, Egypt (*Mizraim*) in their convergence. Interestingly, if we were to take the Hebrew words *rakiya* and *Mizraim*, and add up the numerical value of each of their letters, they would each equal 380! Coincidence? Perhaps. But look how wonderfully interwoven the stories in the Torah can be, both in word and in cipher. ☆

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Shabbat Service For Home

Traditionally, families gather around the dinner table and light candles to begin a Sabbath experience. We begin with the lighting of Shabbat candles, a symbol of the gift of light.

We join together this evening to celebrate life, love, and God's gift of Shabbat. During this past week we have enjoyed time at play and at work. This week, we have laughed and cried. This week saw us heal and hurt. This week brought news of love and pain. But as we welcome Shabbat, whatever the news of the week, we celebrate our time together. We put the week behind us and begin resting. We rest in order to prepare for all that next week has yet to bring.

As we light our candles, we pray, "May our hearts be warm with love. May our days be bright and our dreams be fulfilled. May our lives be filled with peace and vision."

ברוך אתה, יי אלהינו מלך העולם, אשר קדשנו במצותיו וצונו להדליק נר של שבת.

(Baruch Atah Adonai, Eloheinu, Melech Ha-olam, asher kideshanu b'mitzvotav, v'tzivanu l'hadlik neur shel Shabbat.)

Praised are you, Ruler eternal, who has sanctified us with mitzvot, and allowed us the blessing of kindling Shabbat lights.

Kiddush

The seventh day is consecrated to God, as a day to be made different from all others. It is a day of rest, a day for study, a day to give thanks for the many blessings we have enjoyed throughout the week, and a day to heal from the trauma that may have invaded our peace. For this respite from the norm, for this day of joy, this taste of the world to come, we raise the cup and praise the Sovereign of the Universe:

ברוך אתה, יי אלהינו מלך העולם, בורא פרי הגפן. ברוך אתה, יי אלהינו מלך העולם, אשר קדשנו במצותיו וצונו להקריב בננו ושבטנו קדש באהבה ובקצון הנחלתנו וזכרון למעשה בראשית. כי הוא יום תחילה למקראי קדש וזכר ליציאת מצרים. פי-בנו בחרת ואתנו קדשת מפל העצמים ושבט קדשך באהבה ובקצון הנחלתנו. ברוך אתה, יי מקדש השבת.

(Baruch Atah Adonai, Eloheinu, Melech ha-olam, Borei p'ri ha-gafen. Baruch Atah Adonai, Eloheinu, Melech ha-olam, asher kid'shanu b'mitzvotav v'ratzah vanu. V'Shabbat kodsho, b'ahava uvratzon hinchilanu zicaron l'ma-aseh v'reishit. Ki hoo yom techilah l'mikrah-ei kodesh zeichair litziat Mitzra-yim. Ki vanu vacharta v'otanu kidashta mi-kol ha-amim, v'Shabbat kodsecha b'ahava uv'ratzon hinchaltanu. Baruch Atah, Adonai, M'kadeish ha-Shabbat.)

Praised are you, Adonai, Our God, Ruler eternal, Who creates the fruit of the vine. Praised are you Adonai, Our God, Ruler Eternal, Who sanctifies us with mitzvot and takes delight in us. With love and favor God makes Shabbat's holiness our heritage, reminding us of the work of creation. It is the first among our sacred days; also a remembrance of the Exodus from Egypt. God, you have acknowledged your children, and in love and favor have given us the Sabbath Day as a sacred inheritance. Praised is Adonai, for Shabbat and its holiness.

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| 3. A Host of Study Opportunities! | 9. Engaging Families (Yes, this merits two mentions)! |
| 4. A Commitment to Social Justice! | 10. A Commitment On the Part of Our Congregation to Creating an Extended Family for All Who Enter Our Doors! |
| 5. Lots of Youth Who Enjoy Their Time Here! | |
| 6. Bagels on Sunday Mornings! | |

HaMotzi

The Shabbat Meal is a joyous one. It is a time for laughter, for song, and for sharing the events of the past week with those at the table. Try one of the following exercises:

1. Take turns sharing the most significant thing that happened to each person that week. Have each person speak about himself/herself and also about his/her understanding of the most important things that have happened to the family that week.
2. Take the opportunity to teach a text from *Pirke Avot* to everyone there. The lessons are great for children and adults and can be discussed through games, stories, or use of drama. Let the imagination run wild with this one.
3. Learn a new Jewish song to sing for Shabbat. There are great and extensive collections of tapes and sheet music for Shabbat—just ask your rabbi, but don't ask this rabbi to sing it.

Hamotzi is the traditional prayer before eating. So long as there is bread on the table, this is the appropriate blessing to say. After all, challah is the traditional bread for Shabbat. If you don't have a challah recipe, here's an easy one even the kids can have fun with:

Thaw frozen bread dough (or get three refrigerated cans of Pillsbury or other brand bread loaves), divide it into three strands, and braid them to form the challah. Let the bread rise to desired size and then brush with eggs, oil, and/or honey. Dip in sesame seeds, poppy seeds, or other desired topping. Bake until done.

ברוך אתה, יי אלהינו מלך העולם, המוציא לחם מן הארץ.

(Baruch Atah Adonai, Eloheinu, Melech ha-olam, hamotzi lechem min ha-aretz.)

Praised are you Adonai, our God, Ruler eternal, Who brings forth bread from the Earth.

THE LEXINGTON HAVURAH

President, Gail Cohen • (859) 272-1459

The Lexington Havurah, founded in 1978, is a diverse network of people dedicated to Jewish learning and renewal, community building and Tikkun Olam (repairing the world). It is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct and share responsibilities for all services. For more information, please call Gail Cohen, President, at (859) 272-1459.

Joyful Purim Pot-Luck & Kabbalat Shabbat Service Held

On Friday, March 25, the Havurah celebrated Purim with a pot-luck feast and Kabbalat Shabbat service. The congregation participated in the reading of the *Megilla*. In the spirit of the happy holiday, many members appeared in costume (or parts thereof). As a special feature of the evening, the Havurah was delighted to celebrate Evelyn Geller's 75th birthday. The service leaders for the evening were Judy Baumann and Eve Podet. The event took place at the Lexington Theological Seminary. The hosts for the evening were Ann Baker, Francie Chassen-Lopez, Beth Goldstein, and Rafi Finkel.

Pesach Morning Service held Sunday, May 1

On Sunday morning, May 1, the Lexington Havurah conducted a holiday morning service in celebration of Passover at the Lexington Theological Seminary, including Yizkor, led by Judy and Stanley Saxe. The Kiddush Luncheon honored Jenny Wilson and Kiki Freedman, Terry Wilson's mother and aunt. Jenny and Kiki are longstanding and very supportive members of the Lexington Havurah. Carole and Terry Wilson, Jenny Wilson, Kiki Freedman, and Evelyn Geller hosted.

OHAVAY ZION SYNAGOGUE

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Spring has sprung and with the warmer weather and May comes the culmination of many of our regular school and youth programs here at Ohavay Zion Synagogue. We look forward to the late summer and fall as we begin anew.

OZS Religious School News

It has been a year of fun and learning for our Hebrew and Religious School students. Our children and youth had a fantastic educational experience thanks to the hard work of Director of Education Simone Salomon and her dedicated group of teachers. We will celebrate the culmination of the school year and give thanks to our teachers and aides during a Shabbaton on Friday evening, May 20. Following Shabbat dinner at 6:15 p.m., our special Teacher Appreciation Shabbat Service at 7:30 p.m. will honor our teachers and aides. We will also celebrate with our 10th graders, who have completed the Midrasha Program and will be moving onto Senior Chai next year. Religious School students will lead the Kabbalat Shabbat/Ma'ariv service as well. Contact the OZS office for dinner reservations and payment. The last day of Religious School, better known as Fun Day, will be on Sunday, May 22.

Our Shabbat morning Junior Congregation program has been a wonderful part of our Religious Education Program here at OZS. We thank Heidi Zimmerman for her dedication and enthusiasm in helping to facilitate this meaningful opportunity for our youth during the past year. Kudos also go to Steve Davis-Rosenbaum, who continues to make sure the details are in place. The last Junior Congregation for this school year will be May 14 at 10:30 a.m. Parents are encouraged to attend with their children.

Our Midrasha concluded another very successful and meaningful year this month as well. Our students have discussed a variety of topics including Jewish philosophy and thought with Prof. Dan Frank. The final topic for the year concentrated on Jewish identity and being Jewish in

a non-Jewish world. A big *todah raba* goes Marilyn Robie, who has put so many hours into developing curriculum, coordinating, and teaching Midrasha. Thanks as well to Terri Harper for all her time and support.

Senior Chai, our OZS and TAI study program for 11th and 12th graders now concluding its fourth year, will have its last session in late May. Senior Chai will begin again in the fall with those continuing and with a new batch of 11th graders as well.

Gan Shalom Preschool

Gan Shalom Preschool, now completing its fifth year, will hold its 5th Annual Preschool Graduation Program on Wednesday, May 18 at 6:30 p.m. at OZS. It is always a bittersweet occasion as we say goodbye to those moving up to kindergarten and welcome in those moving up from the toddler program into the preschool rooms. Mazal Tov to all our young graduates.

Youth Group News

Congratulations LEXUSY! The OZS chapter of United Synagogue Youth (LEXUSY) was awarded "Chapter of the Year" honors at the CRUSY

(Central States Region) Convention in April. LEXUSY was then nominated to receive the International Chapter of the Year Award. Only one chapter from each region is nominated for this special recognition. The winning International Chapter will be selected in September. Also, in April, Heidi Zimmerman was re-elected for a second term on the CRUSY Regional Board as Membership/Kadima vice president. Congratulations to Heidi and Mazel Tov to the entire chapter on their special award.

Give Mom a flower! USY will once again be selling roses for Mother's Day. The flowers will be available for pick-up at OZS on Mother's Day, May 8. All proceeds go to support LEXUSY programs. Call Mike Mayer or the OZS office for more information on placing your order.

Daily Minyan

Our daily minyan continues to meet each afternoon Monday through Thursday at 5:45 p.m. in the Sanctuary. Please come and help make a minyan.

Shabbat at OZS

Celebrating Shabbat is always the focus of our weekly events here at OZS. We have an alternating Friday evening schedule. On the first and third Fridays of the month, the service is at 6:00 p.m., while on the second and fourth Fridays, the service is at 7:30 p.m. Friday May 20 will be a special Education Appreciation Shabbaton with dinner followed by the service led by our Religious School students. Call the office for more information on dinner reservations. Join us for our spirited Shabbat Morning Service each Saturday morning at 9:45 a.m. Kiddush Lunch follows the service each week.

THE LEXINGTON CHAPTER OF HADASSAH

Elise Mandel, President

May usually marks the end of the formal Hadassah year. This has been a busy and productive one. We continued such projects as the Doll Project and Flower Power, which have been going on for years. We had another successful and fun auction. The new *Mahon* group for younger women is continuing to deepen and to grow. There have been meetings on stem cell research, movies, and lectures on Jews in Mexico.

Through such stimulating and exciting programming, we have engaged inactive members and attracted new members as well. The Lexington Chapter of Hadassah continues to be an active force in our community on a local level.

In addition, many of our members are regular travelers to Israel and contribute to Hadassah's presence there. With increased demands for more funds to support the growing needs for our projects in Israel, in particular the Center for Emergency Medicine, our members have responded with enthusiasm and passion. We will be able

to make a significant contribution to Hadassah's many projects in Israel, thanks to your generous support.

We have changed the lives of so many people through our Hadassah programs. But what of our own lives? How have we been touched because of our work in Hadassah? We are changed by the new friends we make, by the shared experiences, by the camaraderie, and by the sense of accomplishment of an enthusiastic group of women working together.

Please join me in welcoming Odette Kaplan as our new president. We are very excited and know that Odette will be capable and inspiring. Look for announcements about the installation program coming soon. I have enjoyed being president of Hadassah—first as co-president with Di Sobel, then solo this year. I will continue to be involved on an ex officio basis and hope to be especially active in programming, which is my favorite "portfolio."

Thank you to all the wonderful women who have supported, encouraged, nagged, and stood by me this year. To all who have contributed to our success this year, I offer my personal thanks, the appreciation and gratitude of the chapter, and hope that your life is more meaningful and rewarding because of our work together.

May we continue to go from strength to strength.



AROUND THE COMMUNITY



CKJF - Central Kentucky Jewish Federation • 1050 Chinoe Road • Suite 203 • 268-0672 • David Feinberg, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Nancy Hoffman, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services on the 1st and 3rd Friday evenings at 6:00 p.m.,
on the 2nd and 4th Friday evenings at 7:30 p.m. • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel • 124 N. Ashland Avenue • 269-2979 • Starr Gantz, President
Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah • Elise Mandel • President

HAV - The Lexington Havurah • 272-1459 • Gail Cohen, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• Passover Ends • Havurah Services/ JFS Shabbat • TAI Annual Congregational Meeting 1:15 p.m. May 1	2	• OZS Board Meeting • TAI Board Meeting 3	Yom HaShoah Community Observance - TAI 7:00 p.m. 4	Yom HaShoah - Holocaust Memorial Day 5	6	7
8	Rosh Chodesh Iyar	• Rosh Chodesh Iyar • Shalom Deadline • Chabad-Rabbi Litvin visits • Camp Shalom Meeting 8:00 p.m. 10	Yom HaZikaron 11	Yom HaAtzmaut - Israel Independence Day 12	Rachel Trontz Bat Mitzvah - TAI 13	Rachel Trontz Bat Mitzvah - TAI 14
• Yom HaAtzmaut Celebration • Camp Shalom Open House 15	16	17	JFS Meeting 6:30 p.m. 18	Leisure Club Noon - Guiseppe 19	Katie Kaplan Bat Mitzvah - TAI 20	Katie Kaplan Bat Mitzvah - TAI 21
• Havurah Services • Major Donors Event 6:00 p.m. 22	23	24	• CKJF Executive Committee Meeting 6:00 p.m. • CKJF Board Meeting 7:30 p.m. 25	26	Lag B'omer 27	28
29	30	31	June 1	2	Adult B'nai Mitzvah - OZS 3	Adult B'nai Mitzvah - OZS 4
Annual Congregational Meeting & Dessert - OZS 5	Yom Yerushalayim - Jerusalem Reunification Day 6	• OZS Board Meeting • TAI Board Meeting 7	Rosh Chodesh Sivan 8	9	Shalom Deadline 10	OZS Service Honoring Hevra Kadisha 11
• Havurah Services • All-night Study - OZS 12	Shavuot 13	• Shavuot • Chabad-Rabbi Litvin visits • Camp Shalom Meeting 8:00 p.m. 14	JFS Meeting 6:30 p.m. 15	16	17	18