

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS

October 2012



TISHRI/CHESHVAN 5774

My Trip to Israel

By Abby Miller

This summer I embarked on a life changing journey: spending a month in Israel. I joined a youth program through the organization B'YO (B'nai Brith Youth Organization) that was focused on the theme of social justice. What I expected to get out of my summer was a bunch of community service hours and a couple of new Jewish friends, but what I learned was much beyond my expectations.

In the first week of the 3-week program, we visited a lot of non-profit organizations. Some were to help children in need, like Save a Child's Heart, where they fly children in from developing countries to operate on congenital heart defects, free of charge. We also visited organizations that focused on recruiting people to be advocates for social justice and social change. They stressed the point that we are the generation that can change what we think is wrong in the world.

While I enjoyed visiting those places, my favorite part of the trip was when we got to be immersed in Israel's community. We spent four days painting and fixing up houses in Bet Shemesh, where there were many run down houses of Jewish Ethiopian immigrants. Although I can hardly speak a word of Hebrew, I was still able to communicate with the children living in the apartments that we worked on.



This is a house we painted in Bet Shemesh. I am with one of the Ethiopian immigrants, Ezra.

You would be amazed by how fluent we can all be in a common language, one involving laughing and smiling. I easily befriended a nine-year-old boy named Ezra, by just letting him paint for a few minutes with my brush. I realized how little contact those kids living there must have with Americans like us, and how much of a novelty we must've seemed to them. I believe that both of our cultures learned so much about each other in just a few days of interaction.

see Israel, page 5

John And Jo Mink: Friends Of Israel

By Hanna B. Smith

This year, Dr. John and Jo Mink celebrate two significant events: their 60th wedding anniversary and John's, a pediatric dentist, 50 years as a faculty member of the University of Kentucky.

The couple came to Lexington in 1962, when John was hired by the newly established department of pediatric dentistry at U.K. John was attracted to U.K. by the challenge of developing a pediatric dentistry program. He recalls fondly interviewing and hiring new faculty and training students. Faculty members brought their individual talents to the program, yet were unified in their philosophic approach to treating children, recalls John.



John enjoyed balancing teaching and research with treating patients. In addition to routine dental care John

see Mink, page 5

CAMPAIGN NEWS

Your campaign gift supports Jewish Family Services

Campaign dollars contributed by our generous community members are utilized to fund services in our own community as well as those in Israel and around the world. Many are somewhat familiar with Jewish Family Services, but may not know the range of programs provided. JFS is on the front lines providing help to those who need it due to illness, trauma, unemployment, financial crisis, aging, and emotional stress. Through short-term counseling and information and referral services, clients are assisted in dealing with these issues as they arise. JFS also provides emergency loans and grants, transportation stipends to the elderly or disabled, and admin-

isters Federation's camp and Israel scholarships. The Leisure Club is the JFS social program for those over 60. Each month participants are treated to lunch and enjoy a talk by local professional – rabbis, professors, physicians, social workers and psychologists, etc. on a variety of topics. The Leisure Club members celebrate Jewish holidays together as well.

As you contemplate your gift for 2012, please consider those in our community who need help – whether it is funds for food, housing or transportation or emotional support to those who are in need – and give generously.

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The PJ Library is a national program offered locally, which mails free, high-quality and age appropriate Jewish children's literature

and music to families on a monthly basis.

All families raising Jewish children ages six months to eight years are welcome to enroll. JFB is proud to offer your family, through our partnership with local donors and the Harold Grinspoon Foundation, this opportunity to explore the timeless core values of Judaism through books and music.

Enroll your children or grandchildren today! Call us at 859.268.0672 or visit www.pjlibrary.com and visit our Lexington community page.

WHAT DOES IT MEAN TO BE JEWISH IN THE 21ST CENTURY?

FIND OUT!
SAT., OCT. 20 @ 8:30 PM
(RSVP for location info)

Join us for a private documentary screening & discussion. We'll challenge our own ideas about what "Jewish identity" should mean and what it actually is for each of us.

YBJ is a gathering of local Jewish adults, ages 21 to "40-ish" (about 45), who get together monthly for social events. Join our mailing list. Contact Tamara Ohayon at tamara@jewishlexington.org, (859) 268-0672, or find us on Facebook!

If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org



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Shalom Deadline

Deadline for articles for the November *Shalom* is October 10.

Email articles to shalom@jewishlexington.org

Director's Message

Judy Wortman, JFB Executive

One of the greatest benefits of my position is the joy of working with a wonderful staff, several of whom I was fortunate to inherit and one of whom I was able to hire myself. Beginning this month, there will be several changes in our office.

Talia Smolkin, who has been Director of Jewish Family Services and Coordinator of Informal Jewish Education, is expecting her first child in early November. She will be staying at home to care for her baby. Her last day at JFB will be October 12th. We wish Talia the very best and are grateful for the time she spent with us both as a social work intern and later as our director, and for the significant impact she has had on our Jewish community. We are currently looking for one or possibly two people to fill this position. Candidates must have an MSW or graduate degree in a related field and experience in Jewish education, Jewish Communal Service and/or Jewish programming.

Kathy Feinberg, the director of Camp Shalom and Camp Gesher, has resigned after 12 years in the position. Kathy has done an amazing job and has influenced hundreds of children during her tenure at camp. We wish her well and hope that she will be a frequent guest at camp in future summers.

Tamara Ohayon has been promoted to Director of Marketing, Outreach, and Engagement. Tami has worked at the Federation for the past 7 years as Com-

munications Director.

In her new position she will be responsible for Federation's marketing efforts as well as outreach and programming for young adults and families including Young Bluegrass Jews. She will also become director of Camp Shalom and Camp Gesher. Tamara has an extensive background in Jewish camping and will bring an exciting new dimension to the camp program. She has been the liaison to Camp Shalom for many years and has established wonderful relationships with the camp families.

We are looking for an assistant camp director to work with Tamara. This person needs to be available during the camp season and for several hours a week for about 6 months leading up to the summer and must attend monthly camp committee meetings. Candidates must have camp experience and good Jewish programming skills.

Working for our Jewish community is rewarding and challenging. I salute our staff members for all they have accomplished and for their commitment to Jewish life. I encourage those who would like to join our exceptional staff team to call me at 268-0672 or to send me an email at jfb@jewishleixngton.org. ☆



Attacks On U.S. Diplomats

The Jewish Federation and Hadasah join the Jewish Council for Public Affairs and the greater Jewish community in condemning the attacks on U.S. diplomats in Egypt and Libya and praying for the year 5773 to be one of cooperation and peace. A statement from JCPA President Rabbi Steve Gutow can be found below.

JCPA DEPLORES MURDER IN LIBYA OF U.S. AMBASSADOR AND OTHER DIPLOMATS

In response to the attack on the American consulate in Benghazi that resulted in the deaths of four Americans today, including the U.S. Ambassador to Libya, Chris Stevens, JCPA President Rabbi Steve Gutow issued the following statement:

"As a rabbi, American, and human being, I am shocked and heartbro-

ken by this heinous attack. People of goodwill everywhere should stand up and unequivocally condemn these cold blooded murders. Such violence is unacceptable, and the taking of innocent lives for any reason is deplorable. That those diplomats killed had come to Libya in peace in order to foster closer U.S.-Libyan relations and a better future for the people of that country only highlights the barbarism of these acts.

Circumstances surrounding the events in Libya remain unclear. Some assert that the attackers were motivated by an anti-Muslim movie, a YouTube video which we condemn and wish had never been produced. Other reports suggest that the attack was planned well in advance and had nothing to do with the movie. In any event, nothing can justify this horrific violence, and we pray that calm in the region will be restored quickly."

Make a donation to the Jewish Federation in honor or memory of someone, or in celebration of a special occasion, and help JFB nurture the values of *tikkun olam* (repairing the world), *tzedakah* (charity and social justice) and *Torah* (Jewish learning) within our Jewish community at home and abroad.

Send us your special contributions with a note specifying its intent. Also, let us know if you would like your contribution published in this box in *Shalom*.

Celebrate your loved ones and support our Jewish community by giving a special contribution.

Thank you for your support.

Thank you to:

Judy & Rabbi David Wortman in honor of the birth of Amy & Jeb Messer's son, Ari Ben.

Linda & Leon Ravvin in memory of Stanley Isenstein.



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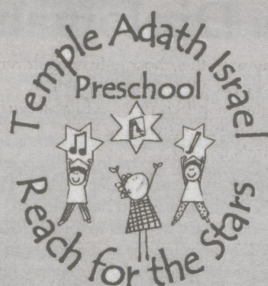
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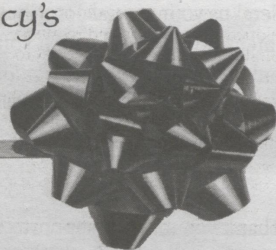
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JFS: At Your Service

Talia Smolkin, JFS Director

A New Year, Gratitude and Change (and Medicare!)

The new year recently began with much honey, celebrating in the sukkah, and

time together with the community. It's a wonderful time for reflecting and reconnecting with ourselves, our loved ones, as well as reconnecting Jewishly.

With all this sweetness, I must announce a bittersweet change. As many in the community know, I am expecting, God-willing, to have a baby this November. After a great amount of deliberation, I have decided to stay home to care for the baby.

This was an incredibly tough decision. It is remarkable to be part of the Jewish Federation of the Bluegrass (JFB). It has been an honor to work on our Jewish Family Services program and a number of other informal Jewish education programs. The way this organization serves the community through these programs is an inspiration. It is clear that the people involved care greatly for the well-being of our community and the individuals who make up the community.

Plans are certainly under way to ensure the continuity of this great work at JFB. My last day of work will be Friday, October 12. Until another Director of Jewish Family Services is hired, Judy Wortman is available to discuss particularly critical matters with those in need of JFS services. Judy can be reached at (859) 268-0672. Additionally, those looking for ideas for resources may want to call 2-1-1, which is an information line of the United Way. This is a great way to locate services

regarding finances, health issues, and numerous other issues.

On Sunday, November 18, we will take part in our second Global Day of Jewish Learning. The theme for this year is gratitude and blessings (please see the ad on page 22 of this issue for more details). JFS will again host a Jewish Family Life Education workshop as part of Global Day. This is a wonderful opportunity to be grateful for the learning and passion in our community.

I am personally very grateful for this community, for its caring and support. And, though my role will shift, I am very grateful to remain part of this incredible community. I'm certainly excited for my future child to be a recipient of PJ Library!

Finally, I cannot finish this article without providing one more piece of information (below) regarding services in our Lexington community. Thank you again for allowing me to be, as they say, at your service.

Medicare Part D

Open Enrollment begins October 15 and ends December 7. If you need assistance reviewing and/or changing your plan please call Shannon Gordon at the Lexington Senior Center at 859-278-6072 to schedule an appointment or you can contact SHIP (State Health Insurance Assistance Program) at 859-233-4556 or 877-293-7447. ☆

To contact Talia Smolkin, JFS Director, for information, referrals, or other needs, e-mail jfs@jewishlexington.org or call (859) 269-8244.

ATTENTION proud grandparents, parents, and students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org

Israel (from page 1)

After we finished our days of painting, we learned even more about Ethiopian immigrants at an absorption center. There, Jewish immigrants can live for a year or two so that they can learn about Israeli culture and transition smoothly into society. Israel's dedication for encouraging and helping immigrants is what really struck me as amazing when we visited the center. I was surprised but also inspired by how well the government takes care of people living there.

Although we were exposed to many wondrous and beautiful aspects of Israel, we were also exposed to the less endearing side of the country. One day we took a socio-economic tour through the poorer parts of Tel Aviv. We saw numerous homeless Sudanese immigrants, and although they weren't legally allowed to be living there, I was shocked at the stories we learned of how they were treated by legal Israelis. One article we read was of some Israeli's who were angry because illegal immigrants were living in their neighborhood. The result of their anger was bombing houses, cars, and even a

kindergarten where illegal immigrants resided. Sadly, the government took no action in trying to prevent more attacks, and more attacks happened. My reaction to this news was pure horror, because weren't we as Jews discriminated against many times in history? After learning this information, I vowed to try to stop this injustice happening in such a progressive and loving country.

My month-long stay in Israel enlightened me in ways that I could've never have come across in America. I learned about all the measures Israel is taking to ensure the prosperity of every one of their citizens. I also learned that Israel isn't perfect, and it's up to us to learn about the injustice happening there, and the injustice happening in our own communities. My main hope at the end of the trip was to be able to bring what I learned in Israel back to my own home, and to use those ideas to make BOTH our countries the best that they can be - in the context of the environment, the government, and especially social justice. ☆



Here we are picking onions that are distributed to families in need, along with other food grown on the farm.



My group and I planting a tree near Jerusalem.

Mink (from page 1)

treated babies and children with severe conditions, such as cleft palate, and he served the Commission for Children with Special Health Care Needs as a consultant.

Asked about changes in dentistry over the years, John says that today's pediatric dentists use sedation more than in the past. Otherwise, basic care has essentially remained the same. Fluoridation has made teeth stronger, but candy wins out in the end, John observes wistfully.

Jo and John, who are not Jewish, discovered their love for Israel quite by chance. In the early 1970s John volunteered for a six weeks medical mission in Greece, treating patients in underserved areas of the country. Jo and their six children accompanied him. Arriving in Athens, the family was aghast to discover that the mobile unit carrying the dental equipment was still in the States and would not be available in time.

A second mobile dental unit had been sent to Israel by the same program. Dr. Robert Spedding, John's colleague at UK, worked on this mission. He invited John to join him, and the family went to Israel.

While in Israel, nine-year-old son Jim developed appendicitis and required hospitalization. Jim was admitted to Hadassah Hospital for surgery and convalescence. As parents, Jo and John were impressed with the care that Jim and the other patients received from Hadassah's well-trained staff. Also, Hadassah Hospital encouraged parents

to stay with their hospitalized children. This was at a time when American hospitals required parents to observe strictly regulated visiting hours. During Jim's recovery, the nurses located another English-speaking patient to be company for Jim.

John emphasized that Hadassah staff provided the same quality care to all patients, regardless of their religion or ethnicity. There was no discrimination, according to John.

Once back in Lexington, John was instrumental in acquiring a mobile dental unit for U.K., for use in Eastern Kentucky.

John and Jo already had Jewish co-workers and friends in Lexington. Their experiences during their stay in Israel prompted them to support this country once they were back in the States. Jo, a weaver and member of the Kentucky Arts Guild, joined Hadassah. She chaired various programs in the Lexington chapter and she became an active fundraiser. She is a Keeper of the Gate.

The couple also supports Israel through the Jewish Federation of the Bluegrass. JFB Director Judy Wortman states: "The leadership of the Jewish Federation of the Bluegrass salutes the Minks for their generosity and commitment to the Federation as well as their commitment to Hadassah and to the State of Israel. We are grateful to have such supportive friends."

Mazal Tov to Jo and John on their achievements. ☆



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Ask A Rabbi

Rabbi Marc Kline



Q: Someone told me that one could be Jewish and not believe in God. Is that true?

A: I was once asked what the most stereotypical Jewish answer was to any given question. I responded, "It depends." The asker replied, "On what?" I responded, "It depends."

The first difficulty I find with this question is that it presumes that there is an answer. I cannot fathom, with my human limitations, how to answer this question in any finite way. Here is what I can offer. Rabbi Rifat Sonsino and Rabbi Daniel Syme published a book, "Finding God." The purpose of the book is to demonstrate many different ways in which Jews define God. The second edition of the work includes over a dozen different Jewish understandings of God's nature, God's process, and God's influence. Implicit in each of these diverse understandings are differing takes on what the nature of God might be. The takes on God in the book are equally divergent. What we know is that Maimonides taught us that to say what God is, is blasphemy. To say what God is not borders on blasphemy. We also know that one's belief in a certain aspect of God is not tied to one's religious faith or observance. Rabbi Sol Freehoff wrote that if the world has 6 million

Jews, it has 6 million Judaisms. Martin Buber spoke at length about the "I and Thou" relationship we have with God and with tradition. So, we know that there is not a Jewish catechism about what God is or how we relate to God.

I do know that we have saddled "God" with a lot of baggage over time. We have put God on a pedestal and then spent centuries knocking God off of it. We blame God for illnesses that strike good people, as if God causes some of us to have cancer, diabetes, or heart attacks. We blame God for the evils of war, hate, and degradation for which we are guilty, and divest ourselves of any credit for the blessings that we bring each other. We "leave in God's hands" matters that are absolutely under our control. God cannot feed a starving person, no matter how hard that person prays, if one of us does not go out there with food/sustenance. Of course, there are the great many people who try to tell us that God likes only people who think the way in which the speakers think. For too many of these voices, I have to argue that if this is what God likes, I want no part. There are a lot of spiritual people in this world who cannot use the word "God," because of all the things we have thrust upon this word.

Faith comes in all shapes and sizes, some are traditional and some not so much. Included in the book "Finding God" is a conversation on Humanism. Humanists think of themselves as either "God-optional Jews" or atheist Jews." This calls into question the existence of God. If we begin with the premise that there are no set answers and that everything depends, then we have to discern whether it is even for us to decide whether or not there is a God any more than it is for the person trying to ignore parents to decide that they simply do not exist. I think that the word "God" has a lot of baggage. We have misused "God" for centuries. In the Humanist world the term is used to describe the individual, if it were possible who would possess and exhibit all of the finest qualities known to humanity. That paradigmatic perfection would be the closes thing to divinity to which they would reach. Is this Atheism? I think saying that this is not God is also limiting. I taught a class at Centre College last semester. I made the statement that there are no atheists. Several students challenged me. I asked if they set alarm clocks, to which they responded affirmatively. I asked why they did so. They said they needed to make sure that they were in class on time. I asked what made them sure that there would be a today never mind this class? They did home-

work, took showers, set alarms and went to sleep, believing that something other than them would make sure that today would happen and that class would meet. They believed it enough that they prepared for it as if they knew it would be so. One student said that he realized that I was defining faith for him, and that he knew everybody believed in something beyond themselves. I admitted that this faith may not always fit within a defined religious boundary, but it was faith, none the less. All agreed. This said, I think that the best way for me to answer the original question would be to say that I believe that there are lots of Jews, and most likely lots of people in the world who have real issues with traditional notions of the word "God," and the baggage we have historically attached to it, but people are no less spiritual. Jews who reject any traditional notion of God still believe that being part of the peoplehood matters; that ritual (in some form or fashion) matters. So, yes, there are lots of Jews who reject the existence of the "God" who we blame for so much, but I do not think that anyone is without faith. ☆

Have a question? Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis. If you have an issue you would like to see addressed, please email it to shalom@jewishlexington.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

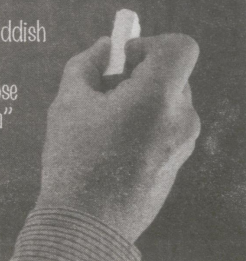
First and third Sundays of the month

Yiddish Drop-in!

10:30 a.m. at the JFB office. An hour of Yiddish with Refoyl Finkel (Rafi Finkel). Beginners welcome, fluent speakers welcome, and those who remember "a por verter fun der heyim" also welcome. We'll adjust what we do to the levels of those who come. No long-term commitment necessary. No charge. Worth every cent, at least!



The Jewish Federation
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The Jewish Federation
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Lunch and Learn with our
Lexington community rabbis

October 30 with Rabbi Uri Smith

At 12 noon on the last Tuesday of each month, in the JFB office, rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest. A dairy lunch is offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.

Cuba's Jews Need Our Help

In the September 2012 edition of *Shalom* we reported about the plight of Cuba's Jews who are in dire need of medical and other supplies. The Jewish Federation of the Bluegrass is collecting needed supplies and monetary donations to aid the Jewish community in Cuba. Lori Bernard, wife of Rabbi Marc Kline, will travel to Cuba in October on a mission trip, sponsored by the Fairmount Temple of Cleveland, Ohio, to transport supplies.

Below is a list of needed items. You can also write a check, marked "Cuban assistance" on the memo line, to the

Jewish Federation of the Bluegrass, phone 859-268-0672. Your check will be used to purchase supplies and to pay for shipping. We must pay for anything over 40 pounds.

All donations must be received by October 20, 2012. The Federation office is located at 1050 Chinese Road, Suite 112, Lexington, Kentucky 40502. Please remember that this does not count for your annual Federation donation but is in addition, so that we can help the Jews of Cuba. Thank you for your generosity. ☆

- Omega 3
- Antibiotic creams, antifungal creams
- Anti-inflammatory creams
- Antibiotic tablets and powder for children
- Vitamin C
- Zyrtec
- Ranitidine
- Chondroitin sulfate plus glucosamine
- Ibuprofen
- Low strength aspirin (No regular aspirin)
- Children's Tylenol
- Children's ibuprofen
- Vitamin drops
- Vitamin tabs
- Thermometers
- Toothpaste
- Alcohol pads
- Cotton swabs
- Latex gloves
- Toothbrushes
- Denture creams
- Body wipes
- Baby wipes
- Prescription medication: (All medicines must be current. Expired medications are not allowed into Cuba. Half-used bottles of pills are OK.)
- Metformin
- Loratidine
- Zithromax
- Cipro
- Advair
- Enalapril
- Diclofenac
- Singulair
- Beclomethasone spray
- Other:
 - Band-aids, etc.
 - Thermometers
 - Hand sanitizer
 - Reading glasses
 - Sanitary napkins
 - Deodorant
 - Shabbat candles
 - Hanukkah candles

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Jewish Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the Federation office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859) 268-0672, or tamara@jewishlexington.org

Are you on the Jewish Federation's email list?

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.

tamara@jewishlexington.org



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Rasheda Ali, Stem Cell Advocate And Muhammad Ali's Daughter, Visits Hadassah's Neurology Experts

Hadassah National Newsletter reports the following:

Rasheda Ali, daughter of the legendary boxer, Muhammad Ali and member of the advisory board of BrainStorm, the Israeli company that works on innovative treatments for Parkinson's and Multiple Sclerosis with Hadassah Senior Neurologist Prof. Dimitrios Karussis, will now focus her efforts on behalf of the BrainStorm/Hadassah methodology.

Ms. Ali visited the Hadassah Medical Center this summer with the managers of BrainStorm, where she met with Prof. Dimitrios Karussis, Director of Hadassah's Multiple Sclerosis Center, and Prof. Tamir Ben-Hur, head of Neurology.

The two professors described their work involving the autologous transplant of mesenchymal stem cells to treat degenerative brain diseases. They

explained the importance of collaborating with the bio-tech industry – BrainStorm specifically – and what their next steps will be. Ms. Ali, an internationally known advocate for research into degenerative brain diseases, has personal experience with this debilitating decline of brain function, since her father, Muhammad, suffers from Parkinson's.

During her visit to Hadassah, Chaim Lebovitz, President of BrainStorm, and Adrian Harel, Chief Executive Officer, took Ms. Ali to see Hadassah's GMP (Good Manufacturing Product) research laboratory, where the collaborative work of BrainStorm and Hadassah is performed. Highly impressed with what she witnessed, Ms. Ali was glad to be able to meet the physicians behind the names she had come to know.

For more information, please contact <http://www.hadassah.org/site/c.keJN1W0vEIH/b.557> ☆



8 | October 2012 Shalom

Gan Shalom Preschool

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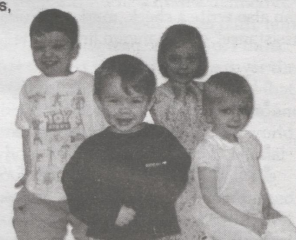
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For more information 335-9922 or visit www.ganshalom.com

JFS Jewish Family Services Upcoming Programs



Chag Sameach from JFS

Leisure Club Lunch



Lunch and discussion with Rabbi Sharon Cohen
Wed., Oct. 17
12 noon at JFB
Lunch provided.

For more information about these events, to RSVP, or to arrange transportation to the event location, please contact the office at (859) 269-8244 or jfs@jewishlexington.org.



The Jewish Federation OF THE BLUEGRASS

A Manifesto Of Jewish Education, Part 1

Posted on July 30, 2012 on eJewish-Philanthropy.org
By Aryeh Ben David

We've hit a wall in our delivery of Jewish Education. We have made great strides in teaching basic Jewish literacy – in explaining Jewish texts, educating the mind and disseminating information. Jewish educators have excelled at this during the last 25 years.

But preserving the past will not get us to a better future.

The time has come for the next phase of Jewish Education: Personalizing Jewish wisdom. Bringing Jewish wisdom into our hearts and into our lives. Allowing Jewish wisdom to make us better Jews and transforming us into our best selves. This is the key to our future.

25 years ago Jewish knowledge was restricted to a tiny fraternity of rabbis and scholars. Today, we have witnessed an explosion of access to Jewish information and texts: Israel study programs, Limmud programs, vast online resources, Melton Mini-Schools and adult education classes. People joke about consulting Rabbi Google. Plus just about everything has been translated. The battle for disseminating and acquiring information about Judaism is over. We have won. We know how to preserve the wisdom of our past.

As educators, we've become so expert in the way that we deliver Jewish education that we're afraid to move out of our comfort zone of teaching information and into the vital task of fostering transformation. We're stuck in our success.

Today – it's not about information – it's about transformation

Today – it's not about knowledge – it's about wisdom.

Today – our educational goal should be not only to preserve our voices of the past, but to enable and encourage our own authentic voices to be heard.

Today – it's about personal and spiritual growth

Today, we must ask:

- How can we use the explosion of information to teach for transformation?
- How can we bring this mass of Jewish wisdom into our hearts and lives?
- How can Jewish education enable us to become better, kinder, more compassionate, idealistic, and authentic Jews?

We need not forego our past successes, but we must wake up to the need for a different model of Jewish education. The Jewish world, like the general world, has evolved over the last 25 years.

We must understand that education for transformation is a wholly different paradigm than education for information.

We know how to convey information. Learn the material, present it in a clear and interesting fashion, with sincerity and caring for the students, toss in a few jokes and some personal charisma and voila – strong chance of having a successful class. We can test and evaluate to see how well we've done.

But how do we educate for transformation? How do we evoke the soul and foster a student's unique path? How do we elicit a response, rather than thrust data? How do we enable people to find their own authentic inner voice and to share it?

There are five core components to transformative education. Five elements that foster personalizing

wisdom, that allow it to make us better people and discover our own authentic best selves.

The Components:

1. A learning environment of safe space with supportive kindred spirits
2. Sources of Jewish wisdom
3. Time for reflection and processing
4. An opportunity to personally verbalize the learning experience
5. Self-prescribed small steps of integration and application of the learned subject.

Our past improvements in Jewish education were necessary to preserve Jewish continuity. Now, we must move ahead and make the improvements necessary to create a vibrant Jewish future.

If we want to become a Holy nation, a light unto other nations, then continuity is not enough. Information alone will not transform us into our better selves. To fulfill our destiny and centuries of dreams, we must find the resolve and courage to open the door to the next level of Jewish education ... and then walk boldly in.

Aryeh Ben David is the Founder and Director of Ayeka: Center for Soulful Education. Ayeka developed a unique educational approach and curriculum to enable adults to personalize Jewish wisdom and enhance their lives. A

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Jewish Federation is Now Hiring!

See the Job Listings on page 16 for details or contact
Judy Wortman, Executive Director for more information
at jfb@jewishlexington.org or 859-268-0672.

PJ Library at Woodland Art Fair

By Talia Smolkin

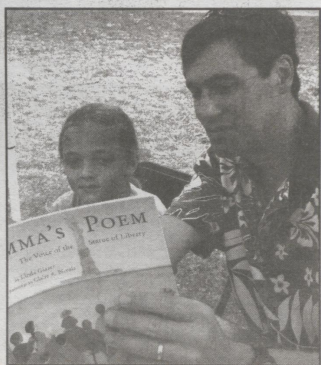
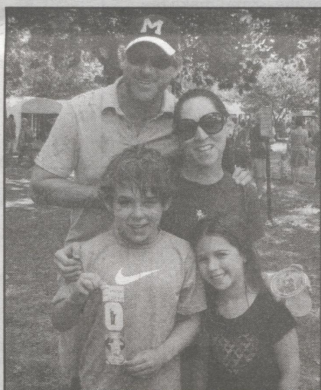
This year, we had the remarkable opportunity to have a booth in the Kid-Zone of the Woodland Art Fair. For a few hours on a thankfully not-too-humid day, we were able to provide families a craft that used art as a medium for storytelling. Children decorated bookmark templates with pictures, foam shapes and other art supplies. They were given the opportunity to create their bookmark using the theme of cultural pluralism, family histories, and freedom. The project was inspired by the PJ Library book *Emma's Poem: The Voice of the Statue of Liberty*, by Linda Glaser, which is about Emma Lazarus, the author of the poem "The New Colossus" on the Statue of Liberty. We also had a special display of a Summer Olympics flag art project made by Camp Shalom campers.

The families who came to our table were from all around Lexington. The

families ranged from our wider Lexington community to our PJ Library families, and we were thrilled that many others from our Jewish community stopped by to visit and give their support. It was a wonderful opportunity to connect, serve our community, and share about PJ Library and the Jewish Federation.

This was a community-driven project, with volunteers at every level. Volunteers helped us apply to Lexington Art League, and helped with set-up, clean up, talking with the children and families, and working with them on the craft.

This was a wonderful PJ Library and JFB gathering. Please note our next PJ Library program will be one of the workshops taking place during Global Day of Jewish Learning on Sunday, November 18 (see the ad on page 22 for more details!) ☆



Curtain Call

By Hanna B. Smith

Previously published in a prior issue of Shalom.

At the Shiv'a for Rae Eldot – may her memory be for a blessing - Marilyn Moosnick reminisced about her term as Sisterhood President at Ohavay Zion Synagogue in the early 1960s, with Rae as her vice-president. Due to Rae's fund-raising efforts Sisterhood was able to replace the worn-out stage curtain in the social hall of the old synagogue building on Maxwell Street with a new curtain in a beautiful patterned fabric.

Not everyone was happy, though, with the new curtain, Andrea Doren, Rae's daughter, reminded Marilyn. Apparently there was a whole faction who wanted to have the former red curtain restored. According to Andrea this faction got its wish on the hundredth birthday of Liz Levy, of blessed memory.

Now I am a relative newcomer to Lexington, having moved here in 1985. I remember the one-hundredth birthday of the late Mrs. Levy, though. She was a family friend whose sister, Babe Gertzman, had been our landlady in Cincinnati. Mrs. Levy's centennial occurred during my husband's tenure as rabbi of Ohavay Zion in the mid-1980s. It was celebrated in the new building on Edgewater Court.

When my husband and I first arrived at OZS the congregation was still in the Maxwell Street building, and I should have known something about the curtain. Certainly nothing was mentioned at Mrs. Levy's birthday. Not wanting to start an argument at so solemn an

occasion as a shiv'a I kept silent. In the car on our way home the thought suddenly hit me. If I was ready to argue over shul furnishings with long-time members then I must feel at home in Lexington!

Fewer and fewer people in our mobile society are staying long enough in one location to feel at home. For good mental health people need a place where they belong, where they feel accepted. We Jews perforce developed an expertise at resettling by seeking out and contributing to the Jewish communities wherever we found ourselves. When I interviewed David Wekstein and his late wife Merle in 2007, Merle gave a modern spin to the old problem.

Coming to Lexington as a young wife and mother, Merle wanted her family to develop roots in their new home. Merle first sought out Hadassah, and then became active at Ohavay Zion Synagogue and within the wider Jewish community. Helping to found Jewish Family Services and Camp Shalom are among her many services to the Lexington Jewish community.

Merle advised people pressed for time to become involved in the Jewish community anyway. Even a few hours of service a month leads to meeting people and to becoming anchored in the community.

I felt good that evening, even as I left a house of mourning. The good feeling continued as my husband and I ran into an acquaintance at the Sahara Restaurant, Gary Yarus from Temple Adath Israel. Gary introduced us to his dinner guest, a Catholic priest who is serving a parish in this area. A rabbi and a priest met in an Arab restaurant..., but that is another story!

Stewart Home Visits -Volunteers Welcome!

Jewish Family Services of JFB welcomes volunteers who wish to visit Jewish residents at the Stewart Home School in Frankfort, Kentucky. Stewart Home visits are both meaningful and fun for both volunteers and residents. Volunteers typically carpool from Lexington.

This year's schedule:

AUGUST 21 (TUES)

Fun program and pre-Rosh Hashanah celebration.

OCTOBER 4 (THURS)

Special program and Sukkot celebration.

DECEMBER

Chanukah party.

To find out more or volunteer, contact Talia Smolkin at jfs@jewishlexington.org or 859-269-8244.



The Jewish Federation OF THE BLUEGRASS Jewish Family Services



Help make a difference in the lives of others. Volunteer now!



Save the Date!

November 3, 2012

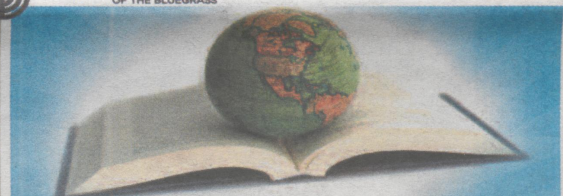
Progressive Dinner Fundraiser



Everyone will meet at 6 p.m. for schmoozing and appetizers, then drive/carpool to your dinner destination for an elegant meal. After dinner, we will meet for Havdalah, desserts, door prizes & coffee. Tickets will be \$50 per person. Dinner choices will feature vegetarian or fish, including gluten-free options. RSVP by October 24th to Gayle at lexhadassah@yahoo.com or call 312-0359.



The Jewish Federation OF THE BLUEGRASS



Connect. Learn. Belong. Take a Step Ahead.

The Global Day of Jewish Learning—November 18, 2012



On November 18th Jews around the world will share a day of Jewish learning, dialogue and exploration, joining together in celebration of all that unites us.

Join us this year at Ohavay Zion Synagogue for an afternoon of learning, led by your peers, and community celebration.

Thousands of lives touched through our sacred texts.



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1 WORLD. 1 PEOPLE. 1 DAY.
www.theglobaljewishlearning.com

Sponsored by JFB in conjunction with all of Lexington's Jewish community organizations.

A little Summer fun with Young Bluegrass Jews: *tasting at West Sixth Brewery, a Kosher BBQ picnic and Color*



Events included a canoe trip through Frankfort, a tour and War, and a cooking class and bourbon tasting at Wild Thyme.



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2012 LEXINGTON JEWISH FILM SERIES

Sunday, September 23



Restoration (Boker Tov Adon Fidelman) A Film By Joseph Madmony

70 year old Yaakov Fidelman (Sasson Gabai, The Band's Visit) hangs on with all his might to the antique restoration workshop which has been his life's work. After his long-time business partner passes away, Fidelman rejects his son Noah's idea to close the business and build an apartment complex on the site. He believes that with the help of his new apprentice Anton, he'll find a way to save his workshop, his world and his solitary way of life. When Anton falls in love with Hava, Noah's pregnant wife, the two young men compete not only over a father, but also over a woman and the baby she carries. Will the old man understand that his only hope for redemption is to learn to let go, admit and accept his weaknesses and the dictate of time? Country of origin: Israel. Spoken language: Hebrew with English subtitles. Runtime: 105 minutes.

Sunday, October 14



Father's Footsteps (Comme ton Père) A Film By Marco Carmel

In the early 1970s, the Maimons, a rambunctious but tight knit Tunisian-Israeli family, settle in Paris seeking adventure and fortune. Felix (Gad Elmaleh), Mireille (Yael Abecassis) and their two young sons rely on each other, especially when Felix's minor crimes escalate to bank robbery after he meets Serge (Richard Berry), a local Jewish gangster. Eleven-year-old Michael, who always thought of his father as a "super hero," discovers that maybe his definition of hero needs to change. Drawing on events and characters from his own childhood in this unusual coming of age story, Israeli-French filmmaker Marco Carmel offers a tender and emotional portrait of a son whose allegiance to his father is tested and a fiercely protective mother trying to shield her children from the truth. Country of origin: France. Spoken languages: French and Hebrew with English subtitles. Runtime: 95 minutes.

Sunday, October 28



My Dad is Baryshnikov (Мой Папа Барышников) A Film By Dmitry Povolotsky & Mark Drugoi

Russia in the time of Perestroika the borders are opening up and rock music is hitting the alleyways of Moscow. It's 1986 and blackmarket jeans are the quickest way to get you into the cool crowd. For Borya, the clumsiest pupil at the infamous Bolshoi Theater Ballet Academy, supplying these jeans to his classmates is his ticket into popularity, along with his claim to be the son of Russia's most famous ballet dancer, Mikhail Baryshnikov, an idea fed to him by his mother. It is only a matter of time before these claims catch-up to Borya. In a place where decorum and conformity rule, Borya's dreams are met head on in a hilarious and heart-warming way, that takes us back to the 80s when the world was starting to rumble under the headphones of the portable walkman. Country of origin: Russia. Spoken language: Russian with English subtitles. Runtime: 88 minutes.

Sunday, November 11



Gruber's Journey (Călătoria lui Gruber) A Film By Radu Gabrea

In June 1941, Curzio Malaparte, an Italian journalist and member of the Fascist party, arrives in the Romanian city of Iasi on the way to cover the Russian front for an Italian newspaper. Suffering from severe allergies, he is referred to Josef Gruber, a local Jewish doctor. Desperate to find the missing doctor, Malaparte must navigate the outrageous and increasingly sinister bureaucracy of Nazi-occupied Romania. What begins as an absurdist wild goose chase leads directly to the heart of the final solution, and the disastrous fate of the local Jews. This film is the first Romanian fiction feature to explore the Holocaust and the murder of the Romanian Jews. Based on Curzio Malaparte's real wartime experiences chronicled in his 1944 novel *Kaputt*. Country of origin: Romania. Spoken languages: Romanian, German, and Italian with English subtitles. Runtime: 100 minutes.

**Free to all
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 Contact Tamara at the JFB office to learn more.
 859.268.0672 or tamara@jewishlexington.org



The Jewish Federation
 OF THE BLUEGRASS

Learn more or pay by credit card at <http://www.jewishlexington.org/lexington-jewish-film-series.aspx>

On Leaving The Sukkah

By H.D. Uriel Smith

These leafy branches
With old withered leaves,
These posts and wafer boards
Bolted together as walls
Soon to be pulled apart.
I sat in your wavering shade to eat my meals,
Shivering through early mornings before
Driving to work,
Sweltering in sultry afternoons
Under a burning sun,
Peering up at night
Through rustling patches
At the far twinkling stars.

I am leaving you now
To eat again in my house.
Your temporary shelter
Gave me a glimpse of eternity.
Thus your frail frame will now
Hold together my more permanent home,
Giving strength and security
When I sense that it also
Is not permanent. ☆

Our 2012 Shalom Contributors

Thank you for your generous donations to keep *Shalom* solvent.

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**In honor of her father, Ernest Guter.
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*All other ads are billed at \$12 per column inch.

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Bus. Card	38	28	+40
Dbl. Truck	420	396	+160

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The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please
contact Tamara Ohayon at the JFB office.
(859) 268-0672 or tamara@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

B'tayavon (Hearty Appetite)

By Ruth Poley

Something for the cooler weather

As soon as I feel a chill in the air, I start to think of heartier fare. Chili and meat loaf are two of my favorite things, and the following recipe combines both of them in one dish. Although the recipe calls for making twelve individual loaves, you could certainly make one large loaf; just be aware that you'll have to bake it for about one and one-half hours. If you do make it in individual loaf pans (you can buy disposable foil pans for this), you can get the whole family in on the fun. Kids will enjoy filling their own pans and maybe decorating them with some ketchup or carrot sticks or a mashed potato "frosting." Since this does make twelve servings, you can freeze the leftovers for another chilly day. This just happens to be a Weight Watcher recipe (4 points per loaf), but your family will never know if you don't tell them.

Individual Chili Meat Loaves

4 sprays cooking spray
1 tbsp. olive oil
3 medium garlic cloves, minced
2 cups sliced onion
2 large poblano peppers, deveined and seeded, chopped
29 oz. can diced fire roasted tomatoes, about 3 cups
2 tbsp. fresh lime juice
2 tbsp. chili powder
1 tbsp. smoked paprika
1 tsp ground cumin
1 tsp. table salt
15 oz. can kidney beans, rinsed and drained
15 oz. can black beans, rinsed and drained
½ cup fresh cilantro, minced
2 lbs. uncooked lean (7% fat) ground beef
½ cup chopped scallion

Preheat oven to 350. Coat 12 mini loaf pans with cooking spray. Heat oil in a large skillet over medium high heat, add garlic and sauté until fragrant, about 30 seconds (do not allow garlic to burn). Add peppers and onions and cook stirring occasionally, about 10 minutes. Stir in tomatoes, lime juice, chili powder, paprika, cumin, salt, kidney beans, black beans, and cilantro. Reduce heat to medium and cook, stirring mixture to incorporate flavors from bottom and sides of pan, about 10 minutes. Allow mixture to cool.

Place beef in a large bowl and add chili mixture; mix to combine thoroughly. Place about 1 cup of meatloaf mixture in each prepared loaf pan. Bake until juices run clear, about 35 to 45 minutes, let stand for 10 minutes before turning out of pans. Top each meatloaf with chopped scallions.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com



Job Openings at JFB

The Jewish Federation has an opening for director of Jewish Family Services and Coordinator of Informal Jewish Education. It is possible that this opening can be divided into two different positions:

1) Director of Jewish Family Services

The director is responsible for providing short term counseling and information and referral services to JFS clients, administering emergency loans and grants to those in financial crisis, providing social and educational programs to seniors through the Leisure Club program, providing several Jewish Family Life Education programs to the community each year, administering camp and Israel scholarship programs, staffing the JFS Advisory Committee, the Scholarship Committee and the Leisure Club Committee. This position is half time. The director must have an MSW or related graduate degree and prior experience in the field, preferably working in a non-profit social agency. While the director does not have to be Jewish, knowledge of Jewish culture and community is required.

2) Coordinator of Informal Jewish Education

The coordinator is responsible for a number of programs of the Jewish Federation including PJ Library, volunteer programs including Tzeason of Tzedakah and working with the students of the Stewart Home School, The Global Day of Jewish Learning, and other Jewish programs for adults, children and teens. The coordinator will staff the PJ Advisory Committee and work closely with community rabbis and Jewish educators. The position is 10 hours per week. The coordinator must have at least a Bachelor of Arts Degree and experience in Jewish education and/or programming.

Send cover letter and resume to Judy Wortman, Executive Director at jfb@jewishlexington.org or by mail to the JFB office.

Assistant Director for Camp Shalom and Camp Geshet

College graduate with minimum bachelor's degree needed. Applicants must have experience with Jewish programming and/or Jewish youth programming as well as Jewish camp experience, preferably in Jewish overnight camps. Applicant must be motivated, creative, organized and available at a minimum for daytime meetings once a month, increasing to a approximately 16 hours per week in the eight weeks leading up to camp. Send cover letter and resume to Tamara Ohayon, Camp Director, at camp@jewishlexington.org. Please apply no later than Monday, October 26 for consideration.

Graphic Designer

JFB is seeking creative and disciplined individual(s) to work on marketing materials including, but not limited to, flyers, web graphics, html emails, invitations, and brochures. Applicants must have access to, and experience using, Adobe Creative Suite 5.0 or newer software. Work will be compensated by hourly wages. Submit resume and a portfolio of your work to Tamara Ohayon at tamara@jewishlexington.org, in person by appointment, or by mail to the JFB office. In addition to portfolio and resume, applicants are asked to submit a test project which is outlined on the Jewish Federation website.

The Lexington Havurah

Stan Saxe, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at sabastanley@insightbb.com.

Can Sitting for Hours Help Your Physical and Emotional Well-Being?

Can sitting for hours in High Holiday services, as most of us have recently experienced, help not only one's spiritual but physical and emotional well-being as well? Certainly one has a long time to consider other matters during the recitation of prayers and commentary.

A recent article in the University of California Berkeley Wellness Letter, published by the School of Public Health, cited studies in the medical literature using mindfulness meditation. Meditation, they note, helps you draw attention inward and calm the mind.

Transcendental Meditation focuses on a word, phrase or sound, a mantra, repeated with every slow breath. Zen Buddhist meditation involves sitting in special positions, directing awareness to posture and breathing. Mindfulness meditation, another form, has been promoted by a group from the University of Massachusetts. It emphasizes being aware of the present without allowing one to think about the past or worry about the future. A course of instruction includes "gentle stretching" and "Group dialogue and discussions aimed at enhancing awareness in everyday life".

In the Wellness Letter article, several recent findings published in varying

medical journals are cited dealing with improvement in depression, pain, immunity, and cognitive function. While prayer and participation in Rosh Hashanah and Yom Kippur services is not a meditation exercise, participation is similar in some aspects, such as certain movements and word repetition.

The shorter confessional, Ashamnu, recited on Yom Kippur, has a custom of striking our hearts while confessing our sins. The liturgical list of sins is alphabetical and recited slowly. The longer confessional, Al Chet, repeats the first four words in each line of the prayer detailing some 22 sins. We have a paced recitation, not too unlike a mantra recitation, practiced for 15-20 minutes a day in Transcendental Meditation.

For repetition, we have the example of Avinu Malkeinu. The Hebrew words alone have a soothing sound as well as the reference to a protecting parent and powerful eminence, as in "Our father, our sovereign".

Perhaps the more lengthy services of Rosh Hashanah and Yom Kippur also serve and may be recognized as another form of relaxation training. Let's see how we improve our overall health this coming year!

For information about upcoming events, contact Stan Saxe at sabastanley@insightbb.com.

Lexington Havurah Adopts New Mahzor

Determined to be in the vanguard of Conservative liturgy and observance, the Lexington Havurah adopted a new mahzor for last year's High Holidays. As part of this effort, two years ago a committee was established and charged to review and critique existing prayer books. Last year 'Mahzor Lev Shalem' became available for the High Holidays, and we were able to obtain it in time for use in 2011.

The four main elements of 'Mahzor Lev Shalem', which was years in development, are the liturgical text, translation, commentary, and the meditative readings. Published by The Rabbinical Assembly, the international association of conservative rabbis, the mahzor was produced by an editorial committee chaired by Rabbi Edward Feld. This text is based on the most recent mahzor edited by Rabbi Jules Harlow in 1972 for the Conservative movement. The committee also used selections from 'Siddur Sim Shalom'.

Rabbi Feld describes the Hebrew text as following the form customarily used by Ashkenazic Jewry. Jews descended from Central and Eastern Europe. He notes the basic texts, which have been fairly consistent for the last several centuries, have been added to in 'Mahzor Lev Shalem' with some prayers used only by Sephardic Jewry, Jews descended from those living in the Iberian peninsula and Arab lands, and by Italian Jewry.

Rabbi Feld currently serves as rabbi-in-residence at The Rabbinical School of The Jewish Theological Seminary. He has been described by his editorial committee as "a creative and a masterful editor, scholar, team-builder, and mensch."

An element which has been appreciated and utilized by the individual Havurah members who led the component sections of the services these past two years are the running commentaries. Described as a modern commentary "to accompany the ancient texts to inform the reader of their history, to explain unusual vocabulary, to comment on different ideas and key concepts, and to explain why a particular prayer appears in a certain context and is recited at a particular moment in the service."

Commentaries appear on the right hand margin of the right hand page. It thus appears as a running commentary. This is a somewhat different format than I am used to seeing, namely commentaries placed at the bottom of the page below a line. On the opposing left hand margin of the left page in similar style are the readings and meditations, some old, some new.

I am happy to say that we are progressing towards a wider and deeper understanding and appreciation of the High Holiday liturgy. And it's only year two!

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The Lexington Chapter of Hadassah

Jane Chaput, President

This year, in honor of Hadassah's 100th Anniversary, the annual Hadassah convention will take place in Jerusalem from October 15-18, 2012. The Centennial Torch will be in Jerusalem after traveling throughout the US. The torch will be accompanied by 2,000 Hadassah members, Associates, doctors, nurses, Young Judea Year course participants, Hadassah Academic College students, and youngsters from Youth Aliyah.

Hadassah International participants will be coming from Panama, Mexico, the UK, France, Germany, Australia, New Zealand, Belgium, Holland, Switzerland, Luxembourg, and Cuba.

We are proud that 11 participants from the Lexington Chapter will attend the Convention. I am certain they will enthusiastically return to Lexington with stories and information we can all use.

Even if you are not going, you can still share in the excitement from Israel. There will be real-time streaming opportunities available on www.hadassah.org/centennial:

Safra Square Celebration - October 16, from 8:45 to 10:15 am Eastern Daylight Time. The official convention begins with a short, joyous march through downtown Jerusalem. There will be flags, entertainment, and fun as delegates enter Safra Square for the opening program with Nir Bakat,

Mayor of Jerusalem, Hadassah National President Marcie Natan, Centennial Torch Lighting, and a flash mob!

Sarah Wetsman Davidson Hospital Tower Dedication - October 16, from 2:15 to 4:15 pm Eastern Daylight Time.

Join your colleagues and friends to share in the pride we all feel in this momentous occasion, the dedication of the hospital Tower, Hadassah's Centennial gift to Israel and the people of Israel, when we announce to the world that Hadassah continues on the path of outstanding medical care and research as we embark on our second century of healing, teaching and research. The Hadassah Medical Organization (HMO) is a pacesetter in the world of medicine and continues to be respected and regarded as one of the world's leading healthcare institutions. The honored guest will be the President of the State of Israel, Shimon Peres.

Gala Centennial Reception and Henrietta Szold Award Presentation to Prime Minister Netanyahu - October 18, from 12:30 to 2:30 pm Eastern Daylight Time.

The spectacular Centennial Celebration Gala program will tell the story of Hadassah, which is the story of Israel, in music and dance. We are thrilled to be able to honor Prime Minister Benjamin Netanyahu with the Henrietta Szold Award.

*** B'nai Mitzvah ***

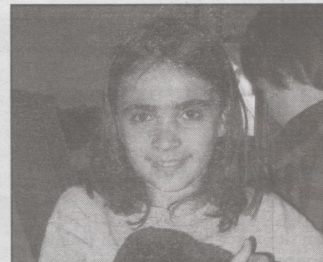
Isabelle Anne Booker

Lily Kaufman



Isabelle Anne Booker will have her bat mitzvah on Saturday, October 20, 2012, at Temple Adath Israel. Isabelle is the daughter of Bill and Debra Booker, and the granddaughter of Rose Garden and of Lucy and Bill Booker.

Isabelle attends Bryan Station Middle School where she is vice president of the student council and an honor student. For her mitzvah project Isabelle has helped at God's Pantry sorting food, and raising funds through having a lemonade stand, and through selling friendship bracelets. In addition to her schoolwork, Isabelle enjoys playing tennis and dancing.



Lily Kaufman will have her bat mitzvah on Saturday, November 10, 2012, at Temple Adath Israel. Lily is the daughter of Micah and Mimi Kaufman and the sister of Max.

Lily who loves all animals has been helping at the Jessamine County Humane Society for her mitzvah project. Her task there has been to socialize the stray cats and to walk the dogs. Lily attends Edythe J. Hayes Middle School where she plays French horn in the band, and where she is a member of the Beta Club. In addition, Lily is a member of the Kiddie Kappers Dance Attack competitive dance team through Lexington Parks and Recreation. Lily enjoys the outdoors and bike rides with her friends.

Parents... Please send a photo and information about your bar/bat mitzvah to Shalom for publication.

Questions and submissions may be sent to shalom@jewishlexington.org.

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Ohavay Zion Synagogue

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SHANAH TOVAH!

Please join us at OZS for our High Holiday Services (see www.ozs.org for additional details).

SUKKOT

First Day Service: Monday, October 1 at 9:30am

KIDS' SHABBAT AND PJ LIBRARY

Please join us for this month's Kids' Shabbat service on Friday, October 19th at 5:30pm.

Kids' Shabbat is our monthly Shabbat Service for children. We light candles, drink grape juice, eat pizza, sit together on beautiful carpets, sing songs, and read amazing stories from the PJ Library. Newcomers and friends are always welcome.

This year's Kids' Shabbat services will be held Fridays at 5:30pm at Ohavay Zion Synagogue on the following dates.

October 19
November 16
December 14
January 4
March 15
April 26
May 17

For more information or to RSVP, email Rabbi.Smolkin@gmail.com.

YOUTH SHABBAT AND STEWART HOME

Youth Shabbat is geared for ages 8 through 18. We begin by welcoming our friends from Stewart Home with

a pizza dinner. Then we all celebrate Shabbat with our students helping to lead services. This is a wonderful Shabbat Program filled with music and joy.

Please join us for another exciting year of Youth Shabbat and Stewart Home Services, Fridays at 5:30pm at Ohavay Zion Synagogue!

October 12
November 2
December 14
January 11
February 1
March 8
April 12
May 10

For more information or to RSVP, email Rabbi.Smolkin@gmail.com.

YOUNG OZS-ERS' SHABBAT

Join in as Jews in their 20's and 30's celebrate Shabbat with Fabulous Friday Nights Filled with Food, Fun and Festivities. This is a great way to meet other young Jews and celebrate Shabbat. Newcomers and friends are always welcome!

Please join us for another exciting year of Young OZS-ers, Fridays at 6:00pm at Ohavay Zion Synagogue!

October 26
November 30
December 21
January 25
February 15
March 22
April 5
May 3

For more information or to RSVP, email Rabbi.Smolkin@gmail.com.

OHAVAY ZION SYNAGOGUE SHABBAT MORNING SERVICES

Services start at 9:45 AM. Please join us any Saturday morning of the year, as Ohavay Zion Synagogue celebrates Shabbat. Our worship is filled with joyous song and fascinating Torah discussions. All are invited to schmooze over lunch after the service. This is a wonderful way to celebrate Shabbat and to meet some nice Jewish folks here in Lexington. Newcomers and friends are always welcome!

TUESDAY MINYAN

Tuesday Minyan is a special time at OZS. During this brief service, students and adults both pray and learn together. There is a warm atmosphere and something for everyone. Please join us Tuesday afternoons from 5:45pm to 6:15pm.

A JEWISH EXPLORATION OF THE CHRISTIAN BIBLE: PAUL'S EPISTLES

Last year, Ohavay Zion Synagogue's adult education committee surveyed the congregation and discovered that there was a great interest in a Jewish exploration of world religions. Ohavay Zion Synagogue began its study with a mini-series on the figure of Jesus as portrayed by Paul and the authors of the Gospels. These classes were well attended, and demonstrated a desire

to learn more. This year, we continue our study of Christianity by exploring the core writings of the Christian Bible itself. We begin with a mini-series on the epistles of Paul, focusing on First Corinthians, Galatians, and Romans. The final class will be held at Ohavay Zion Synagogue on Wednesday, September 5, from 7:00 to 8:30pm. All are welcome!

STUDYING THE PROPHETS

Join us at noon on Wednesdays as we explore the book of Kings through the teachings of our Jewish tradition. All are welcome!

FRIDAY MORNING TALMUD STUDY

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with a brief Shacharit service at 7:30am followed by a light breakfast and study. Newcomers are always welcome!

INTERESTED IN OHAVAY ZION SYNAGOGUE?

Ohavay Zion Synagogue is a warm and welcoming Jewish community. If you are interested, or if you know someone who may be interested in learning more about Ohavay Zion Synagogue, please call our membership chairs Ricki Rosenberg at 221-2121 or Harriet Cooper at 269-1136, or email Rabbi Smolkin at Rabbi.Smolkin@gmail.com. We would love to hear from you!



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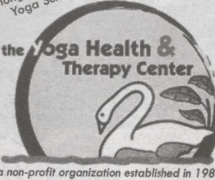



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Who we are.

Temple Adath Israel is a Reform Jewish congregation. Our mission is to inspire our congregants' Jewish engagement, and to ensure a vibrant Jewish present and future by nurturing the many generations of our community. We are the community center through which our families can celebrate faith, justice, and the blessings of family lives, past, present, and future. Please call the Temple administrator, John McDonald, for more information if you are interested in becoming a member.

Shabbat Services.

Shabbat services for October 2012:

- October 5
- October 12, Consecration/Simchat Torah, a potluck dinner precedes this service at 5:45 PM. Please check the Temple newsletter for details.
- October 19
- October 20, bat mitzvah Isabelle Anne Booker
- The above services start at 6:30 PM.
- October 26, Tot Shabbat, starts at 6:00 PM

Our lively **Family Shabbat** takes place on the second Friday of each month, at 6:30 PM. Our youth choir (Kol Adit) sings, our religious school classes participate in services. We sing songs and enjoy great stories. This year we will

have a potluck dinner at 5:45 PM, immediately preceding services. Join us!

Future services:

- November 9, no potluck
- November 10, bat mitzvah Lily Kaufman
- December 14, Hanukkah potluck and service around the table

Our **Tot Shabbat** Friday night service is held on the last Friday of each month. It is a wonderful way for families with young children to celebrate Shabbat with song, stories, and dancing. Service at 6:00 PM. Upcoming dates are:
October 26, November 30, and December 28.

Chavurat Chochmah Program

Next meeting: October 12, 2012 at 11:30 AM in the social hall. Cost is \$6.00 per person. Please RSVP to Sandee at 269-2979 by October 10. While this program is designed for those 60 years and over, anyone may attend.

Kolel Study Group

Dates: October 6 and 20, at 9:00 AM in the TAI library. This group explores cultural, ethical, and historical aspects of our tradition. The emphasis is on dialogue and exploration. Please join us any time.

Torah Study

Dates: October 13 and 27, at 9:00 AM in the TAI library. Rabbi Kline conducts the study of the Tanakh, using the "Jewish Study Bible".

Parsha

Join us each Saturday at 11:00 AM to study the weekly Torah portion. Location is TAI library.

Sisterhood News

Rebecca Young, President
October 27, 2012, Murder Mystery dinner. Please check out upcoming events on the Temple website: www.lextai.org.

Body Recall Classes

Body Recall classes will resume October 1, 2012, and continue through December 3. Hours are 10:30 to 11:30 AM. Cost is \$54 for 30 classes. Please contact Anne at 351-8729 or AGraff8@aol.com.

Sim Shalom News

By Jesse Weil, from Budapest, Hungary

During August in Budapest, one really understands the phrase "the dog days of summer". Everything slows down, almost everyone is out of town, at least

on the weekends, gone to Lake Balaton or some smaller lake to cool off in the water and bask in the sun. Attendance at services drops to a yearly low, and most other programs are curtailed if not completely cancelled. When the temperature reaches into the 90's and 100's day after day with no rain, the Hungarian name for the weather is "canicula", from the Latin for dogs. So there just isn't much to write about, and I won't even try. Except to say that we had a very nice group of 20-something visitors for services last Friday night from Israel, the U.S., and Hungary. They were in Budapest for a conclave of young leaders meeting under the auspices of the Jewish Agency, to bond and plan for events that eventually would entice other youngsters to make Aliyah to Israel. After their time in Budapest, they all went to Israel for further programs.

In the name of Sim Shalom Congregation, I send holiday greetings and best wishes to all of you for the High Holidays and for the New Year, which is almost upon us. Already we are gearing up for our own celebrations which start with the Erev Rosh Hashanah services, followed by our traditional community supper. It's especially meaningful for me, since this is the event that introduced me to Sim Shalom and to my present wife, Kati Kelemen, 15 years ago. So it's an anniversary of sorts.



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Israel 21c: August festival showcases Israeli puppeteers

Posted By Viva Sarah Press On August 2, 2012

Just about every week somewhere around the world a new puppet festival kicks off. With so much competition, one might think the Jerusalem International Festival of Puppet Theater would have a hard time selling itself.

Think again.

Known for their creativity and innovation in the art style, Israeli puppetry artists and object theater practitioners are a big draw for international fans and sought after by festival organizers from across the globe.

"We don't have a tradition of this art form in Israel. We didn't grow up on Punch & Judy. And because there is no tradition, Israelis can create a new language in puppetry," Dalia Yaffe-Maayan, director of the Train Theater, tells ISRAEL21c. "Israeli puppeteers are known as being very independent, creative and sophisticated with lots of surprises. We are invited abroad a lot."

The Train Theater initiated the International Festival of Puppet Theater in 1983. Since 2001, it has become an annual event, taking place every August in Jerusalem.

The 2012 line-up for the August 5-10 happening includes Israeli productions alongside shows from Belgium, England, France, Spain, Switzerland, Italy, Hungary and The Netherlands. Festival directors from the Czech Republic, Germany, Scotland, Slovenia, India, Latvia and Denmark will also be in town as part of the festival's International Exposure Program.

"The world is very excited by our young artists," says Yaffe-Maayan. The festival usually attracts some 10,000 paying audience members.

Spotlight on the puppeteer

Puppeteers usually take second seat to their puppets. But like all ancient arts, puppetry has changed over the years as it has become more modernized and the latest trend is to see the Strombolis of the world.

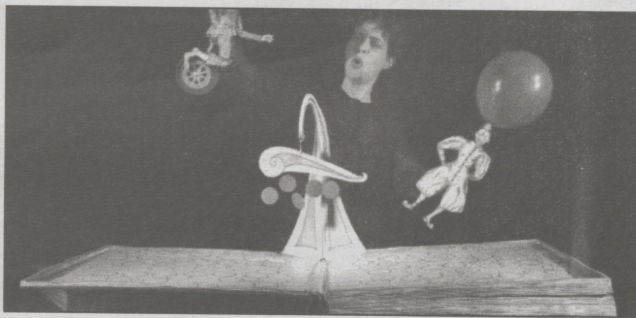
"In the last few festivals, the puppeteer has come into the frame of the show. The relationship between the puppet and the puppeteer is no less important; it's part of what is going on in the show," explains Yaffe-Maayan.

The language of puppet theater has also changed.

In the Israeli production, 9 Dreaming Animals, Nathalia Rosenthal combines actors, puppets and shadow theater.

"It used to be a puppet or marionette or a shadow or glove puppet. Today it can be an image or an object. Something that gets life from the puppeteer that is not necessarily a puppet. It can be a book or a piece of paper," Yaffe-Maayan says. "Puppetry is about animating inanimate performing objects. It's a visual art and Israelis are very strong in visual performance."

In fact, this isn't the only puppet festival in Israel. The Holon Puppet Theater Center has hosted an International Puppet Theater and Film Festival every July since 1995.



Adults, too

There are 38 original productions taking the stage at the upcoming festival. Whereas other puppetry festivals earmark their shows for either the family audience or for adults, the International Festival of Puppet Theater in Jerusalem is unique in that its repertoire is aimed at both.

"This is our specialty," says Yaffe-Maayan, "we do one festival for both categories of audiences."

Yaffe-Maayan says the outdoor shows known as SABRA give audiences a window on the young original local creation being cultivated here. These free-of-charge performances will take place in the yard of the nearby Khan Theater every evening throughout the festival, and typically attract a few thousand people.

"The uniqueness of the festival lies in the exposure of challenging, intriguing and diverse creations, with a rich visual language, a true celebration to the soul and a feast for the eyes," said

Israeli Sports and Culture Minister Limor Livnat.

And while the stigma that puppetry is only for kids is still prevalent in Israel, Yaffe-Maayan says the field is maturing and gaining better acceptance for adults.

The Israeli/Swiss co-production, Savanna, is one example of the adult-oriented performances at this year's event. The show takes the form of a series of episodes: the chaos of an angry monkey, the sophisticated and intimate culture of elephants and the ecstasy of a flock of birds in flight. The performance uses objects, live sound and video manipulation.

"If you create shows for adults, then every year more people will look for the experience," says Yaffe-Maayan.

Moreover, many of the shows are solely visual so as to transcend language barriers. From Yaffe-Maayan's point of view, it's more than a puppet festival — it's "another way of seeing Israel."

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October 2012 Shalom | 21

Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvah, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos too!

Mazal tov to:

Jack and Susan S. Miller on the birth of their grandson **Leo Kaleb** on September 8, 2012. The proud parents are **Adam and Carrie Miller** of NYC.

Amy and Jeb Messer, on the birth of their son, **Ari Ben**. Grandparents are **Betty and Lowell Nigoff**, and great-grandfather is **Jack Nigoff**.

Jill Rappaport and Michael Genovese, on the birth of their son, **Max Asher**.

Ken and Janet Taff, on the birth of their twin grandsons, **Marion Cole Sims** and **Samuel Cole Sims**. Parents are **Jenny and Travis Sims**.

Morris Rozen, on the marriage of his daughter, **Alycia** to **Jeffrey Kasting**.

Steve and Judy Craft, on the engagement of their daughter, **Leah Michal**, to **Matt Braffman**. The wedding is planned for September 2013.

Judy Worrell, on the graduation with high distinction from the University of Toronto of her grandson, **Alexander Pryse**. Alexander completed a dual major in political science and Spanish, and will continue on to graduate school.

Becky Epstein and Matt Polluck, on their wedding.

Condolences to:

Jack Joffe and Debbie Masters, on the death of Jack's brother and Debbie's uncle, **David Joffe**.

Alan and Elissa Weinstein, on the death of Alan's grandfather, **Meyer Weinstein**.

Rhoda Eldot, on the death of her mother, **Rosalyn Eldot**.



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Afternoon will include:

- JFS Jewish Family Life Education program
- PJ Library program
- Special activities for teens
- Text studies
- and much more!

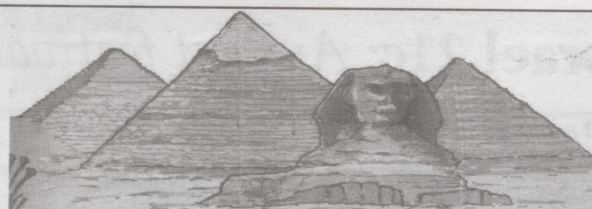
All programs and activities will be led by community members. Child care will be available during some of the program times.

Check emails and next month's *Shalom* for more details!

Contact Talia or Judy for additional information.
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EGYPTIAN FESTIVAL

Lexington, KY

October 27 & 28

11 am-6pm

at The Red Mile Race Track

Join us as we share our culture with the diverse community of Lexington, KY.

Egyptian food, music, souvenirs, and entertainment for the whole family.

Attractions:

The Zip Line Course
Mechanical Bull
Euro Bungee
Joust
Sponge Bob Bounce House
Obstacle Course
Giant Slide
Twister
Camel Rides

More Fun:

Petting zoo, pony rides, KY reptile zoo, animal balloons, face painting, and henna tattoos.

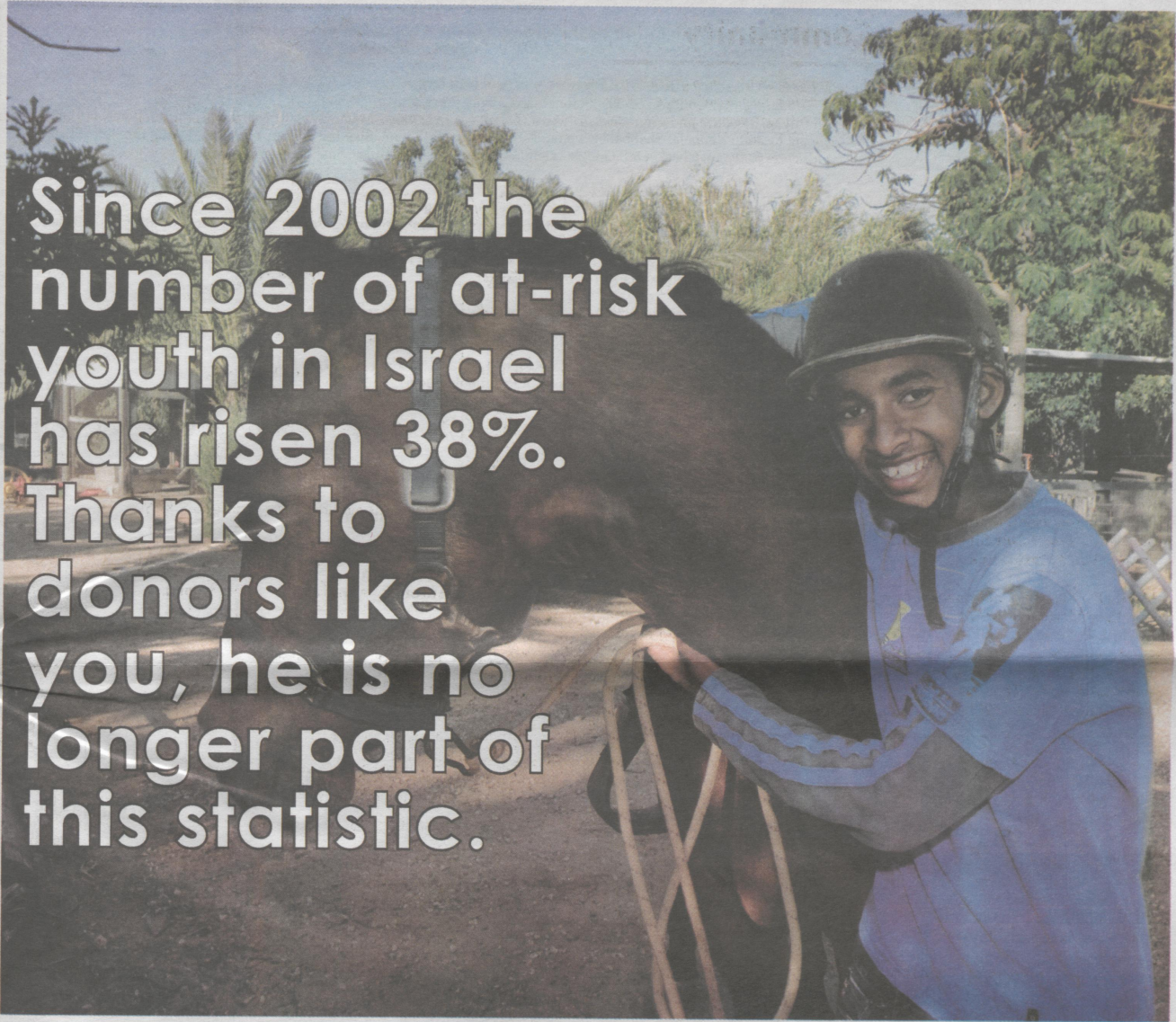
Food:

Koshari, roasted lamb, grilled chicken, kebda sandwiches, and baklava.

This event is presented by
King Tut's Mediterranean Grill

Visit our website for pictures & details

EgyptianFestivalLex.com



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At the Jewish Agency for Israel's (JAFI) Ben Yakir Youth Village, over 120 youth from disadvantaged communities and troubled homes across Israel come to live and study. Thanks to contributions from the Jewish Federation of the Bluegrass (JFB) Equine Division donors, Ben Yakir's therapeutic horse-back riding and animal therapy program continues to cultivate and improve the children's social and emotional development. **Donate. Volunteer. Make a difference.**



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Community Calendar

• **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**
 1050 Chinoe Road, Suite 112 • 268-0672 • Robert Grossman, President

• **OZS - Ohavay Zion Synagogue - www.ozs.org**
 2048 Edgewater Court • 266-8050 • Jonathan Glixon, President
 Minyan Tuesdays and Thursdays, 5:45 p.m. Tuesdays are D'vine Minyan: wine at 5:00 p.m., service follows. Friday evening rotating Kabbalat Shabbat 5:45 p.m., Kids' Shabbat 5:15 p.m., Shabbat dinners 6:00 p.m., Young OZS-ers' Shabbat dinners 6:00 p.m. Check OZS Google calendar for monthly schedules. Shabbat Services Saturdays 9:30 a.m.

• **TAI - Temple Adath Israel - www.lextai.org**
 124 N. Ashland Avenue • 269-2979 • Judy Engelberg, President
 Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

• **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**
 Jane Chaput, President • chaput1@windstream.net

• **HAV - The Lexington Havurah - www.lexhavurah.uscjhst.net**
 338-5725 • Stanley Saxe, President • sabastanley@insightbb.com • Shabbat Services monthly, call for schedule.

• **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**
 1050 Chinoe Road, Suite 112 • Leon Cooper, President • leon@gedisit.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hadassah Book Club	Sukkot JFB Office Closed	Sukkot JFB Office Closed		JFB Stewart Home Visit Hadassah Phonathon Chabad of Kentucky visits in Sukkah Mobile		
30	October 1	2	3	4	5	6
JFB Yiddish Class	Sh'mini Atzeret JFB Office Closes at Noon	Simchat Torah JFB Office Closed				
7	8	9	10	11	12	13
Lexington Jewish Film Series			JFS Leisure Club		TAI Bat Mitzvah	OZS Bar Mitzvah TAI Bat Mitzvah YBJ Movie Night
14	15	16	17	18	19	20
		JFB Board Mtgs				TAI Sisterhood Fund Raiser
21	22	23	24	25	26	27
Hadassah Book Club Lexington Jewish Film Series		Lunch and Learn with our local rabbis				Hadassah Progressive Dinner
28	29	30	31	November 1	2	3
B'nai B'rith Brunch JFB Yiddish Class		JFS Advisory Committee Meeting (Members only)			TAI Bat Mitzvah	TAI Bat Mitzvah
4	5	6	7	8	9	10