

SHALOM

NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

FEBRUARY 2006

SHEVAT 5766

The General Assembly of the United Jewish Communities brings new insights

Broad issues of concern addressed

♦ ♦ ♦
By Barbara Barr

For three days in November, Marty and I attended the General Assembly of the UJC, which was held in Toronto, Canada. It is difficult to describe the feeling one gets when attending meetings with more than 3,000 Jews from the United States and Canada. There were young and old, men and women, students and professionals: in other words, people from every walk of life united only by their concern for the future of Judaism around the world.

The main theme of the Assembly was "live generously," and emphasized the continuing needs of Jewish groups

around the world. The drive continues to bring the remaining 15,000-20,000 Jews out of Ethiopia and to continue their integration into Israeli society. In the Former Soviet Union, there is still a large group of elderly people dependent upon the services provided by the contributions we make. Finally, there continues to be the services required in Israel itself plus the ongoing needs that the Federations are meeting in their own communities.

Each day consisted of a series of one- to two-hour meetings on topics of concern to all federations. There were few that directly targeted the problems of small federations such as Lexington. Topics included The Next Generation: How to Involve Them, Pushing Jewish

see **General Assembly**, page 16



Jerry and Rose Rita Wurmser, circa 1945.
See page 3 for story.

— CAMPAIGN NEWS —

Campaign 2006 offers exciting opportunities

By Linda Ravvin, 2006 CKJF/UJC
Community Campaign Chair

Over the course of the year, you will be hearing about many of the CKJF programs and accomplishments and the people we help at home and around the world with the CKJF/UJC Community Campaign. In this article, however, we want to share one of the changes we are introducing, and the many ways in which you can join the effort. In the

last issue of *Shalom*, our president, Marty Barr, outlined the exciting opportunity we have to designate part of our overseas allocation for a specific project in Israel. This will allow us to connect more closely with our Israeli friends.

Starting March 1, our website (<http://www.jewishlexington.org>) will also offer you the opportunity to make your contribution online, and

see **Campaign**, page 18

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Film Festival to feature Hasidic woman's journey

Series is free, open to public

♦ ♦ ♦

The One World Film Festival will show Pearl Gluck's documentary, *The Divan*, on Thursday, March 2 at the Kentucky Theater as part of the festival's 2006 series.

The Divan, in Hungarian, Yiddish, and English, with English subtitles, is 77 minutes long. It documents Pearl Gluck's travels from her Hasidic community in Brooklyn to her roots in Hungary seeking an ancestral couch upon which esteemed rabbis slept. The viewer will meet some interesting characters along the way, including the couch exporter, Ms. Gluck's ex-communist cousin in Budapest, even a pair of matchmakers.

The Divan was screened at the 2001 Sundance Film Festival as a work in progress, and is supported in part by the National Foundation for Jewish Culture's Fund for Documentary Film as well as by the Fulbright Scholar Program.

As *Shalom* goes to press, the One World Film committee is in the process of arranging to bring Ms. Gluck to Lexington on the night of her film to further discuss her "complex relationship with [her] Hasidic legacy." There will be two showings of the film, at 5:30 p.m. and 7:30 p.m. A reception hosted by Hadassah will follow the 7:30 p.m. showing. Both showings are free and open to the public.

One World Films opens its 2006 series on Sunday, February 12, in the theater in the Lexington Public Library with two showings of the Iranian film *Children of Heaven*. Showings will be at 2:00 and 4:30 p.m. The film is in Farsi with English subtitles, and is being shown as part of the Lexington Arts & Cultural Council's LexArts Weekend Cultural Celebration.

see **Film Festival**, page 10

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SHALOM

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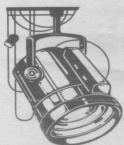
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Shalom Spotlight

By Holly Barnhill

Jerry and Rose Rita Wurmser keep busy in the community

♦ ♦ ♦

Surviving a plane crash, dealing with the ups and downs of owning a business, parenting four children, cooking hundreds of briskets, and nurturing friends and acquaintances—that should make for a very full life. Indeed it has for Jerry and Rose Rita Wurmser. Married for 58 years, Jerry and “Rosie” are perennial volunteer fixtures in the Jewish community. If you’ve eaten at a Temple seder, resettled from the former Soviet Union, or attended a bar or bat mitzvah, chances are Jerry and Rose Rita have had a hand in making it happen.

It all began in 1945. As Jerry recounts, “I had a date and went to a dance at Iroquois Gardens in Louisville. I was on a 30-day leave prior to being discharged from the Air Corps, and still in uniform. This is where I first laid eyes on my future wife. I can still picture her in a white strapless formal gown, a beautiful blonde 17-year-old, dancing every dance with a different fellow. Someone asked my date for a dance, and this gave me the opportunity to dance with Rose Rita, so I tapped her partner on the shoulder, introduced myself, and cut in. (I don’t know if this ‘cutting in’ is still in vogue, but it was back then.) For me, it was love at first sight!”

A few weeks later they met again, on a streetcar. Rosie didn’t even recognize Jerry. Unbeknownst to a devastated Jerry, this was solely due to the fact that Rosie didn’t wear her glasses when she went out on dates. She didn’t recognize him, because she never really saw him clearly the first time. Eventually, Jerry bought a car (1941 blue Chevy) and made arrangements to pick up Rosie each morning for their ride to college.

Even then, there were other obstacles for this determined suitor. “Rose Rita was very popular back then,” remembers Jerry, “and to get a date with her required a call a week or so in advance. She wasn’t ‘stricken’ with me right off the bat, but I guess I just grew on her. Maybe it was that old blue Chevy, I don’t know. The competition was keen. There were thousands of sailors at U of L and hundreds and hundreds of returning GIs. One of our early dates turned out to be a disaster. It was on a boat ride sponsored by the university as a ‘get acquainted’ dance on the old river boat *Avalon* (the current name of this old boat is the *Belle of Louisville*). I took her to the boat, and I took her off the boat. In between I hardly got to spend any time with her, due to the hundreds of naval students on board. Every time we started to dance, a sailor would cut in, and then another and another. When we docked, I was so mad that I walked her the two or three blocks to the streetcar line, put her on the streetcar, handed her the fare, and said goodbye. I soon cooled down, called her again, and asked her if I could pick her up for the ride to school. By springtime, she had accepted my Sammy fraternity pin, and we were going steady.”

A year later, Jerry proposed. By now Rosie was on board, but her Mom (Lillian) was not. Lillian wanted to stick

with tradition and have Rosie’s older sister married first. Rosie thinks maybe Jerry’s having been a man of the world (several years older and more experienced than she) and just getting out of college may have been the actual traditional reason. They eloped, and were married by a rabbi the very next day. Lillian welcomed them back with open arms, and the couple thrived.

When asked what qualities they value in each other, Jerry says, “Rose Rita has great empathy for others, people, dogs, cats, bugs, whatever. She has the rare talent of being a great cook, great homemaker, and an excellent business manager.” Rosie loves that Jerry is “honest and honorable, both in business and in his personal life.” And she adores that “Peck’s Bad Boy” part of him.

Outside of family life, Jerry describes their biggest accomplishment as moving to Lexington with four children, a beat-up worn out car, and flat broke. “[Yet] we somehow recovered. It appeared as if the harder we worked, the luckier we

Rosie highlights the resettlement of families from the former Soviet Union (through the Central Kentucky Jewish Federation) as one of the most meaningful experiences of her life.

got! When we moved to Lexington in 1961, we started the J W Wurmser Co., wholesale distributors of toys. Rosie and I had a deal: she’d run the office and warehouse, if you could call it that, and would see to it that everything I sold would get shipped out in a timely manner. The only help we had to start with was one warehouse man and my dad (we moved my parents here from Louisville a few months after we came). When the sales began to overwhelm Rosie and Dad, she hired more help for the warehouse. Then I hired a salesman to take over some of my accounts, and then she had to hire more inside help to keep up. We were doing something right, as we rapidly outgrew the garage. At our

see **Spotlight**, page 10



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Holidays at a glance

**15th of Shevat: Tu b'Shevat
(short for the “15th of Shevat”)**

♦ ♦ ♦

By Mary Rosenbaum

Minor

Significance—New year of the trees, a legal standardization for commercial practices. You could combine it with Arbor Day or with Martin Luther King Day, which it often falls near (though not this year).

References—Talmudic.

Religious activities—None out of the ordinary in the synagogue, except that penitential prayers are omitted.

Food—Carob, almonds, or anything that grows on trees native to Israel. Some people celebrate a mini-seder, featuring courses with such symbolic foods as coconuts or walnuts (which with their hard shells and soft insides symbolize Earth) and winter-white wine, soft pitted fruit like cherries (symbolizing Water) and spring-blush wine, fruits soft throughout such as grapes or strawberries (symbolizing Air) and summer-light red wine, and full red fall wine (symbolizing Fire) with no fruit—the wine is the essence.

Customs—Planting trees (start one in a pot, if you live in snowy climes) or sending money to Israel for tree-planting; exploring mystical symbolism regarding trees. Talk to the kids about conservation.

Requirements—None.

From *Celebrating Our Differences: Living Two Faiths in One Marriage*, by Mary Helene Rosenbaum and Stanley Ned Rosenbaum (Ragged Edge Press, 1994); reprinted by permission. ☆



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February 2006 Shalom • 3

Have a heart: quash those myths

Misunderstandings can increase
danger of heart disease

♦ ♦ ♦
By Stephen G. Edelstein, M.D., F.A.C.C.

"Funny how it can take years for solid research information to improve patient care while questionable medical advice often travels with lightning speed over back fences, at parties and via email." This quote from the Cleveland Clinic Heart Advisor begins an article about heart myths, some of which are summarized here.

Myth: For example, there's the one about how if you suffer cardiac arrest, coughing can save your life. A news story several years ago allegedly said that a Swedish doctor had taught people prone to fainting to cough forcefully when they felt woozy. Many of them reported that coughing kept them conscious.

Truth: There's a grain of it in this urban legend. During heart catheterization procedures abnormal heart rhythms can develop, some of which can be stopped by a hard cough. But in daily life, cardiac arrest patients usually pass out within seconds after their heart rhythms become chaotic. If you feel faint and can talk, the best advice is to call for help or dial 911.

Here are four other examples of fallacious folklore.

Myth: High-dose antioxidant vitamins can protect your heart.

Truth: Large, randomized clinical trials conducted with beta-carotene and vitamin E show that the risk of total mortality, cardiovascular death, or stroke are not improved by these two antioxidant vitamins. Indeed, while vitamin E merely failed to show a benefit, the incidence of total mortality and cardiovascular death was actually increased with beta-carotene.

Myth: Women have a lower risk of heart disease than men.

Truth: That was true in the late 1970s, but each year since 1984, more U.S. women than men have died of cardiovascular disease (CVD) and the sex gap in mortality continues to widen. Almost every minute, a U.S. woman dies of cardiovascular disease. Despite these figures some physicians still seem reluctant to diagnose coronary disease in women with vague chest symptoms, whereas they would be more likely to consider it in a man of the same age. We also notice that many women with symptoms delay calling for help because they think, "This can't be happening to me."

Myth: Any diet that helps me lose weight is a good thing.

Truth: It's true that obesity is a known risk factor for heart disease and diabetes. But the "miracle" crash diets can be dangerous to your heart. There's no such magic in recently released dietary recommendations from the U.S. Department of Health and Human Services (Dietary Guidelines for Americans 2005). Rein in calories, the guidelines urge. Increase activity. To prevent gradual weight gain over time, slightly decrease food and beverage calories while increasing physical activity.

Myth: Sex will trigger a second heart attack.

Truth: For the vast majority of patients, it's safe to resume sexual intimacy after recovery. As a general rule, if a patient can climb up two flights of stairs without shortness of breath, then having sex (with one's own spouse), which requires about the same level of exertion, won't put an excessive strain on the heart.

Now, you can pass all this information along to a friend or keep it to yourself to keep these urban myths alive. February is American Heart Month. ☆

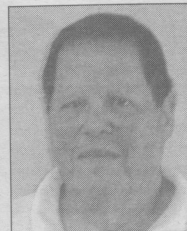
President's Message

Marty Barr

An active community could get still more involved

♦ ♦ ♦

One of the nicest things about my second term as president of the Federation is seeing the growth and vitality that exists in the organization. The Board is full of bright young people who represent the future leadership of our community. Additionally, we have a great mix of both men and women. Of course, there is still a core of seasoned veterans to provide advice and counsel.



Our programs have also changed. Mitzvah Day and the Winter Dinner have become major events where we find ourselves searching for additional mitzvah venues for the volunteers and extra seating for all those who want to attend the dinner. Every other year, we sponsor a concert featuring Jewish composers which fills the small auditorium at the University arts center. Last summer featured the introduction of a summer picnic at Veterans Park that was enjoyed by all who attended.

We still have many unfilled needs, however, within our community. The Stewart Home School visitations need more volunteers, as does our program for visiting and providing emotional support to the elderly. These are not things that take up much time compared to the immense value they deliver to the recipient, and the feelings of reward they bring to the volunteers are beyond count.

Seventy-five people—out of around 3,000 in our Jewish community—took part in the Day of Giving. The vision of what we could accomplish with this much potential stretches on beyond sight. If you can spare several hours a month, please call; we promise that you will enjoy the result. ☆

These are not things that take up much
time compared to the immense value
they deliver to the recipient, and the
feelings of reward they bring to the
volunteers are beyond count.

Improve Someone's Life

To date, Jewish renewal programs in the Former Soviet Union have helped to create hundreds of Jewish community centers, libraries, kindergartens, and day schools affecting the more than one million Jews still living there.



Take Pride
YOU Make a Difference

Support the 2006 CKJF/UJC Community Campaign



Thank You to Our 2005 Contributors

Thank you for your support of the 2005 CKJF/UJC Community Campaign. The 2005 Community Campaign raised \$360,000 from 400 contributors, a significant increase from five years ago.

The money raised supports a number of critical endeavors in Israel, around the globe, and here in the Bluegrass. Whether the help is for Aliyah and Resettlement, disadvantaged Israelis, elderly in the former Soviet Union, or the Falas Mura in Ethiopia, we are there, making a difference for the Global Jewish community.

We participate here in our own community through the Day of Giving and with the Emergency Food and Shelter Program in partnership with FEMA. We distributed almost \$130,000 to Social Service Agencies in two counties to help care for the needy and support those at risk.

Within our own Jewish community, we continue to offer support through Jewish Family Services. Our own Tikun Lexington coordinates community-wide efforts where needed and we provide support for the Jewish Student Union/Hillel on college campuses in Central Kentucky.

Take pride—whether it is in Addis Abbaba, Jerusalem, Delhi, Buenos Aires, or Lexington, YOU make a difference.

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From the Executive Director

Daniel Chejfec



Living on the fence

Some days you go through experiences that force upon you some kind of revelation, and the experiences make it clear to you that something you were not focusing on is indeed important. On January 10, I went through one such day.

The day started in Lawrenceburg, Kentucky, where I was asked to address a group of middle school students about what it means to be a Jew—not from a religious perspective but from a cultural point of view. The experience by itself was not surprising, nor was it different from other such occasions. And yet it was. My accumulated experience made me very aware during the encounter that, as Jews, we are simply not on the radar screen of many Kentuckians. Scratch that—we are on their radar screen, not as who we really are, but as who they, as Christians, believe that we should be.

Their idea is that we are pretty much "like Christians, but who do not believe Jesus was the Messiah." On the one hand, this is a great step up from the belief that we have horns and forked tails and go around with

pitchforks kidnapping Christian children to make matzot for Passover. On the other hand, it is a long way from understanding us and accepting us as who we are.

The second experience was my participation at the FEMA Emergency Food and Shelter Committee of Anderson County in Mount Sterling, Kentucky, early that same afternoon. I participate in this committee and its Fayette County equivalent as representative of the Federation System, one of the financial partners in this national program. When I put this experience together with the one in the morning, I started asking myself questions.

Why is it that even after 350 years of Jewish sojourning in America, American society still has difficulty understanding who we really are?

It is clear to me that as Jews we are compelled to be active in the general community in which we live, so our participation as a Jewish community in the FEMA program is a no-brainer from our point of view. Yet some people at the meeting were surprised at our willingness to participate. Why is this so?

And then there were the kids in Lawrenceburg, who were surprised to find out that being Jewish is not only about religion; that you can be Jewish and not be observant. They have difficulty grasping the fact that as Jews we are part of a proud people and that religion is but one aspect, important as it is, of who we are.

Why is it that even after 350 years of Jewish sojourning in America, American society still has difficulty understanding who we really are? I believe it is to a large extent our own fault. Like Jews in ages past living in societies where acceptance was but a dream, we still live straddling the fence between the outsider and the insider.

In spite of the far wider acceptance Jews receive in America when compared with any other Diaspora community, we still feel like outsiders. We are of America and devoted to it; we care for America's social problems and strive to solve them in partnership with other Americans; we are proud members and citizens of American society and active participants in the political system. So why do I say that we still feel like outsiders?

We still play the "don't rock the boat" game. If Christians are happy with their perception of Jews, and that perception is not only better than before, but is actually benign—why upset the game? Why make any effort to get them to understand that Judaism is not just a "Jesus-less Christianity," but a rich and unique tradition in its own right, different from yet akin to Christianity? If we do so, would they still like us?

Yes, even as American Jews, we are still preoccupied with whether people will like us if we are different from them. We want to preserve who we are but we want to be like everybody else. We don't want to be perceived as different but we want people to respect our differences; we are comfortable with Christians looking at us as "Americans of the Jewish faith," even when deep down we know that being Jewish is more than that. We are indeed, like Moses, "strangers in a strange land," but we call that strange land "home." If anything defines the Jewish condition, it is this contradiction and ambivalence and the way we address it.

Living "on the fence" has defined Jewish identity since the beginning

of modernity and the fall of the ghetto walls, and I believe it has been that tension between being an outsider and an insider at the same time that has made Jews strive for excellence more than other groups. On the other hand, I also believe that by refusing to take a stand and define ourselves in the context of an accepting society, we are allowing others to define who we are. This is true not only for American Jews but even for Israelis, since Israel is there to stay in the land of our ancestors, but it is still not accepted in its own neighborhood, and is defined more by its relationship with its neighbors than its own achievements.

An anecdote about Groucho Marx, "the funniest man in America," embodies this ambivalence. On one occasion, he wanted to sign up for a country club where Jews were not welcome and was told so. He then asked, "My son is only half Jewish—can he go into the pool up to his waist?"—thus reflecting the yearning for some kind of acceptance. Yet he also said once that he would never associate with a club that had him as a member, thus reflecting the need to remain separate and an outsider.

I don't believe there is a resolution to this tension, nor do I believe that resolving it is desirable. I am convinced that being Jewish is not about the answers or the definitions, but about enjoying the ride and asking the questions. Sigmund Freud, the father of psychoanalysis, said it better than I ever could. A student of his once pointed out that many academic venues were closed to him because he was Jewish, and that if he only converted he would be more accepted and recognized. Freud, the quintessential "secular Jew" of his time, answered in a very Jewish way by pointing out that converting was "too complicated."

May this new calendar year of 2006 allow us to remain "on the fence," feeding off the tension of being in and out at the same time, and let us allow the recognition of that tension to keep us honest and flexible in our own understanding of who we are as American Jews. ✱

Noontimers

Purim Party

March 14, 2006
12 p.m.

at Temple Adath Israel

Lunch will be provided.



Call or email Stacey Heisler for more information or to RSVP.

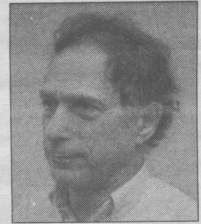
859.269.8244

jfs@jewishlexington.org



Third Opinion

Stanley Ned Rosenbaum, PhD



The Iraqi Elections and the Jews

♦ ♦ ♦

I am rooting hard for the Iraqis to succeed in making their artificial country into a real, democratic nation. So I follow closely their elections and the constitutional wrangling that is trying to balance the needs, desires, and legitimate rights of Sunnis, two kinds of Shi'ites, Christians, and Kurds (I hope they get their way).

No one, however, is talking about the needs and rights of Iraqi Jews, but that's okay; there are no Iraqi Jews to speak of. However, if you know anything about our history, you'll know that Baghdad was the number

one seat of Judaism for centuries. Famous Talmudic schools flourished there; it was the home of Sa'adia ben Joseph (Gaon), whose arguments successfully turned back Karaism, our first major schismatic movement in the Muslim period.

Even after the center of things Jewish moved to Spain, Baghdad remained an active, vital community. In 1948, most of Iraq's 115,000 Jews lived in

Baghdad, but after the War of Independence in 1948—to which Iraq contributed troops—the Iraqi government became very oppressive. First decreeing that Jews could not leave and making "Zionism" a crime, the government then allowed Jews out as long as they left most of their money behind. All but 6,000 left and more than \$200,000,000 in 1948 dollars escheated to the government. The same was true, by the way,

throughout the Arab world; one Egyptian family I read about left assets there worth \$100,000,000, which they are still trying to recover in Egyptian courts.

compensate those who were forced out. (Don't hold your breath until that happens.)

When Jews were expelled from Christian Spain and Portugal in the late fifteenth century, many found refuge in Muslim Turkey, which consequently became, for a time, a world power. Modern Muslim countries must have very short historical memories or else they would see their own interests are best served by having active, vibrant Jewish communities among their populations. (And no, I haven't been smoking anything illegal.)

When we consider the plight of the Palestinians, which is real enough, we should remember that more Jews (850,000) were forced out of Arab lands than Palestinians (650,000) who left Israel.

Calling All Parents of Jewish Infants and Toddlers

We are in the process of forming a community-wide playgroup for the Jewish under four set and their parents.

Expected activities include bagel-eating, music, crafts, free play, and parent discussion.

Our first meeting (with children) will be held on Sunday, February 5, from 11:15 a.m. to noon in OZS' music room.

Dads strongly encouraged to attend as well.

Please contact Elisa Klein (elisaklein@yahoo.com) or Rachel Belin (rachelburg@post.harvard.edu) for more information.

When we consider the plight of the Palestinians, which is real enough, we should remember that more Jews (850,000) were forced out of Arab lands than Palestinians (650,000) who left Israel. Like the Palestinians, not all Jews were forced out. In 1968 we met some Kurdish Jews in Lachish whose neighbors, they said, had "cried like the rain" when they left in 1948. (These Israeli Kurds grow flowers as a cash crop: roses and tulips, some of which are exported to Holland!)

Still, there are almost no Jews in most Arab countries and those who remain have no political voice. Contrast this with the Israeli Arabs who vote in elections and sit in the Knesset. If the organizations that are trying to boycott Israel had a "fair and balanced" view of the area and its history, they would be using every legitimate tactic to persuade Muslim governments to extend equal treatment to resident Jews and

Failing that, Muslim countries might want to send students and observers to Israel to observe and study how a democracy works. For example, when Prime Minister and General Ariel Sharon became dissatisfied with the party he founded, he didn't bring in his tanks and dissolve the Knesset; he quit the Likud party and founded another one. When Israel reached the painful decision to remove its settlers from the Gaza Strip, neither side fired on the other and no one was killed. For the process of establishing democracy in the Middle East, the State of Israel is and remains part of the solution and not part of the problem.

Stanley Ned Rosenbaum, PhD (Brandeis), is an adjunct professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions." ☆

Leisure Club becomes Noontimers.

By Ruth Moser

We used to be the Leisure Club. Now we are the Noontimers. Why the change? Why not?

Our annual Hanukkah Party was held early in December. We had a good time: we had good food, Hanukkah gelt, dreidels, and everybody went home with a Hanukkah goblet from the Dollar Tree.

Yes, the Dollar Tree had all kinds of Hanukkah stuff this year—goblets,

candles, dreidels, wrapping paper, stuffed animals, big fancy candles. Why they had it, who knows? But it sure was nice.

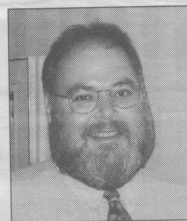
We look forward to seeing some new faces at Noontimer get-togethers. Come and enjoy, and if you don't come, maybe your parents can come. There are lots of older and retired parents coming to Lexington, so tell them about the Noontimers, and let them know that they are welcome. It's a good way to make some new friends. ☆

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233-1173

Ask a Rabbi

Rabbi Marc Kline



Who's a Jew?

♦ ♦ ♦

Question: I identify very strongly as a Jew. I'm active in the Jewish community and involved in community activities. However, I rarely attend services, and I don't believe in God. I believe in the moral and ethical precepts of Judaism and try to live my life by them but, given that I am missing that key piece of the belief system, what kind of Jew (if any) does that make me?

As I see our tradition, your self description makes you... a Jew. There is no one dogma to Judaism. Moses Mendelssohn said that the only dogma of Judaism is that there is no dogma. Martin Buber acknowledged for all of us that each of us has our very own unique "I-Thou" relationship with God. Not believing in God is a form of that relationship.

Having said this, I do not believe there are atheists in the world. I believe there are many people who cannot buy into the traditional descriptions of God that have been passed through the generations. But not accepting these traditional views does not preclude a belief in some creative force, whether it be nature or even the random creation of matter.

We have put, in my opinion, far too much of a burden on God, blaming, expecting, manipulating, and limiting God—all based on our own limited human vision. It is as if we really believe that God exists within our own limited frame of reference. On a personal note, I left Judaism after my bar mitzvah, as the God I learned about in temple made no sense. As an adult, I reinvested myself in the Jewish community in a need for identity. Getting involved in the community taught me that the predispositions of my youth that led me away from God needed to be re-examined.

I recommend a book by Rabbi Rifat Sonsino and Rabbi Daniel Syme, *Finding God*. In it you will find twenty-plus different Jewish understandings of what God is. In any event, our tradition speaks of people from all ranges of theology who stand as giants in our communities. Righteousness is found in how you treat your surroundings (people and environment) more than in what dogma you espouse.

So the question is not about what you do not do, but what you do. You say that you identify Jewishly and with the ethical standards that Judaism demands. Further, you are active in the Jewish community. While I am not sure at what level you are "active," these are strong affirmations of Judaism's core values. The temple/synagogue is not just a house of prayer. Even Jews who do not feel a relationship with God need to be involved in a Jewish community.

I think I speak for the Synagogue, as well as the Temple, in saying that we offer Jews and their Jewish/non-Jewish families a community center. We socialize, we learn, we teach, we perform acts of social justice, observe holidays, and celebrate our commitment to each other through participation in the joyous and saddening events in our life cycles. Belief in God is not a prerequisite to these commitments, but making the commitment to take care of each other and support the Jewish community is essential. A Jew who remains outside the Jewish community may be godly in the sense of being a wonderfully ethical humanitarian, but I do not think that one can be a "good Jew" and ignore the Jewish community. So, the piece that you fear may call into question what kind of Jew you might be is but

one of the many pieces of Jewish life, and as I said earlier, perhaps one that is subject to re-examination as years continue to pass.

That you would ask the question makes me concerned, if your question comes from someone's judgment of your theology. I do not think a Jewish community can say it fulfills its mission for Jews when it

We have put, in my opinion, far too much of a burden on God, blaming, expecting, manipulating, and limiting God—all based on our own limited human vision.

judges a Jew's value on how often one shows up for worship. I do know that there is a stereotype that exists in many minds that causes us to determine how religious we are by how much of the "tradition" we observe. The spectrum of Judaism is so broad, intentionally so, to allow for so many methods of Jewish expression. The rabbis of our heritage do not agree on much of tradition, yet most respect that each answer is a valid Jewish one. All this is to say I can tell you that in wrestling with this question, you show concern for your place in our midst, and our relevance to your life. That ongoing struggle is what has kept Judaism alive long after the many societies that have sought our destruction. In my book, it makes you a "good Jew."

I am sure that past this, I know that Rabbi Sharon Cohen, Rabbi Uriel Smith, and I are always available to carry this conversation forward with you. ✧



For all the celebrations in life!

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www.dupreecatering.com

The rabbis are now writing their columns in response to questions submitted by the community. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to di-ivr@bardstown.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

Ask JFS

Stacey Heisler

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at JFS@jewishlexington.org.

Poverty among American Jews is higher than thought

♦ ♦ ♦

Poverty in the United States is at a 30-year high. Many people probably assume this demographic is primarily made up of African-Americans, Hispanics, and other minority populations. If you are one of those individuals you are correct. But remember, we as Jews are a minority.

According to the United Jewish Communities (UJC) report in the National Jewish Population Survey, approximately 7 percent of American Jewish households fall below the federal government's official poverty line, and a whopping 14 percent of Jewish households can be categorized as "low income." One might ask, what does this have to do with me? Well, it has plenty to do with the Jewish Community as a whole.

The economically vulnerable segment of the Jewish community tends to be in poorer health, need more social services, and have fewer connections to Jewish institutions—which often means less connection to the Jewish community as a whole. This has tremendous negative implications for the future of Jews in America.

According to the UJC report, it is estimated that 190,000 children are low income or living in poverty. Parents of these children reported that this situation has prevented them from sending their children to many Jewish-related activities. For instance, 40 percent say that lack of money prevented them from sending their child to a Jewish sleep-away camp, 31 percent said that they couldn't send their children to a Jewish day school, and another 34 percent said that lack of money prevented sending their children to any other Jewish education program, such as religious school. When reading these statistics, one can understand the impact poverty will have on the future of Judaism in this country. If children are not able to attend

religious school or even camp, they will naturally feel disenfranchised from their Jewish heritage.

We must look not only at the effects this epidemic has on our youth, but also its effects on the rest of the population. UJC reported that only 30 percent of those who can be characterized as low income belong to a synagogue, compared to 40 percent of the rest of the population. The same trends hold true to other Jewish involvement (see chart below).

We as a community need to help make services more readily available to these individuals, especially since those who are low income tend to require more social services. These individuals are getting help either through JFS or other, non-Jewish, agencies. At the micro level, we need to increase awareness of the services that are available through JFS, CKJE, and the congregations. At the macro level, we need to help maintain funding for social service agencies: religious, secular, governmental, or otherwise. If you would like more information on the subject contact me at (859) 269-8244 or jfs@jewishlexington.org. ☆

Communal affiliation and participation	Below low income threshold	Above low income threshold
	percent	percent
Synagogue member	30	46
JCC member	16	20
Other Jewish organization member	20	28
Volunteer for Jewish organization	15	26
Participate in adult Jewish education	15	25
Contribute to Federation	8	32
Contribute to other Jewish causes	29	48

WANTED

GROUP LEADERS FOR CAMP 2006



Camp Shalom and Camp Geshet are now accepting applications for Group Leader positions. Camp Shalom and Camp Geshet will be in session July 31 to August 11, 2006.

Group leaders are responsible for overseeing their group including the supervision of their staff of counselors and machon (counselors-in-training), and running programming for their campers.

We have four group leader positions open.

Camp Shalom:
Ofarim - campers ages 4-5
Tsafim - campers ages 6-7
Chalutzim - campers ages 8-10

Camp Geshet: campers ages 11-13



All applicants must be high school graduates entering or attending college or have graduated college.

To receive an application by mail please call Jana LaZur at 268-0672.
OR

To access an application online go to www.jewishlexington.org and follow the prompts.

Camp Shalom
2006

Jewish Federation
Central Kentucky

Geshet
גשתי

Have a question?

Ask a rabbi

The rabbis are now writing their columns in response to questions submitted by the community. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to di-ifr@bardstown.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

Community offered a "Taste of Israel"

Hadassah event to reprise success

♦ ♦ ♦

Delicious Middle-Eastern style cuisine including falafel and other regional delicacies, live Israeli music, and a silent auction—what more could one want? How about shopping in an assortment of kiosks designed to look and feel like a Middle Eastern marketplace?

The Lexington Chapter of Hadassah, the world's largest non-profit women's Zionist organization, will hold its annual fundraiser, "A Taste of Israel," at 7:00 p.m. Saturday, March 25 at Temple Adath Israel, 124 North

Ashland Avenue. The cost to attend is \$18 per person and includes all food and beverages.

"A Taste of Israel" is completely volunteer-run and all profits will benefit the local chapter of Hadassah. If you would like to volunteer or have an item to donate or information about a donation, please contact Auction Chairperson Rebecca Craft at rebecca.craft@uky.edu or Silent Auction Chairperson Ruth Poley at rgp@insightbb.com. ☆

*Join us for Hadassah's 8th
Annual Fundraiser for dinner,
music, silent auction, and more!*

A Taste of Israel



Saturday, March 25, 2006 at 7:00 P.M.

Temple Adath Israel
124 North Ashland Avenue
Lexington, Kentucky 40502

Chai (\$18 individual)
Double Chai (\$36 couple)

Please RSVP to Janice Hensley
at 859-277-8027
or hensley34@insightbb.com

Spotlight (from page 3)

peak we had about fourteen people on the payroll, and everything was going well. Then Boom! in 1976, open heart surgery for me. I was off for almost a year, and really never did get back to full time. It was all up to Rosie then, and she carried on beautifully. Finally I had to quit working because of health problems, and in December of '84 we sold the business. Since that time, Rosie has been an active member of SCORE, a volunteer group that advises and aids prospective business entrepreneurs."

Rosie highlights the resettlement of families from the former Soviet Union (through the Central Kentucky Jewish Federation) as one of the most meaningful experiences of her life. When she speaks of these families, it's as if she is speaking of her very own. When reminiscing on raising her family, Rosie proclaims the importance of always sitting down to dinner together and keeping a unified front as parents. "We never argued in front of the children, but that doesn't mean we didn't disagree," says Rosie. "We would go in our bedroom, then into our bathroom, run water, and then have our discussions. When we came out we had reached our decision on what to say to the children."

As for now, Jerry says, "At this stage of our life, we enjoy our children, grandchildren, and great grandson. Rose Rita enjoys her regular bridge games, having lunch with her lady friends, reading the latest fashion magazines. Traveling is big on her lists of 'to do's' (Alaska is Rosie's next desired destination). She doesn't sew much anymore, but in past years this was also a passion of hers. We've given up the boat and the lake place. I sold the motorcycle. Rose Rita said she'd rather I take up flying again than to keep riding that bike! The Shopsmith for woodworking was the main item in our garage sale a couple of years ago and it now has a new owner. After all, I am now considered a 'senior citizen,' have survived heart by-pass surgery twice, so try not to keep up the hectic pace of my youth. Rose Rita also has had more than her share of surgeries, and is now recovering from her recent hip replacement. We still do volunteer work, and try and stay active in our Temple. I like to do as much of our home maintenance as I can, love the yard work and taking care of the garden. Our hope for the future is peace on earth and 'make war no more.'" By the way, the aforementioned plane crash survivor is Jerry. As an instructor in the Air Corps, it seems he took a turn a little too fast—somewhere near Mach 1—and had to eject from the plane.

The Wurmsers' advice on having a successful marriage, "We both agree on this: Forget the 50-50 stuff, and each try and give 75 percent to your partner's 25 percent. And after the now-and-then inevitable arguments or disagreements that all couples have on occasion (like get rid of the bike, or, which movie shall we go to), never go to bed mad. And one other great lesson I've learned in these almost 60 years is for the husband to learn to say these two gracious words: 'Yes, Dear.' You may laugh, but it works for me." ☆

Film Festival (from page 1)

Lexington's One World Film Festival receives support from the Central Kentucky Jewish Federation. All showings of One World Films are free and open to the public. For up-to-the-minute details, check the festival's website, www.oneworldfilmfestival.com, or call Annette Mayer, (859) 266-6073. ☆

Community Hanukkah Celebrations

Winter Dinner



Noontimers



JewLS



Havurah





Annette Milch and Judy Bauman serving at the Catholic Action Center.



Ruth Moser, Justin Graff, Anne Graff, and Pat Shraberg serve a nutritious meal at the Catholic Action Center.



Caitlin Graff watches as Robert and Jan Holczer prepare food for the homeless at the Catholic Action Center.



Barbara and Bob Grossman clean up at the Lexington Humane Society. Nice weather allows volunteers to work outside.

2005 Day of Giving

Jewish community volunteers spread good will throughout the city

♦ ♦ ♦

By Jana LaZur, Activity Director

Some comments from volunteers

It was an honor to be a part of Tikkun Lexington. Giving of one's time and talent is a beautiful way to express our compassion for our fellow man and our community. By designating a special day for giving, the commitment to Tikkun Olam and all that it stands for becomes real. Healing begins as we reach out to others. **Linda Rose**

Because I had to work, I still felt that with baking for the Ronald McDonald House and collecting odds and ends for the Humane Society, I did some small part in participating. **Dawn Moore**

What a great job you did of organizing the Day of Giving. The growing response of volunteers, both individuals as well as families (young and old) from one year to the next, is a tribute to your efforts. The Lexington community reaps the benefits. Thanks for making this happen! **Vinnie Dubilier**

Each year Tikkun Lexington, under the auspices of the Central Kentucky Jewish Federation, has the Annual Day of Giving. This year was no different, unless you consider the fact that we helped more people and had more volunteers. With nine locations this year, we had over 75 volunteers to help more than 250 people!

Our volunteers, marched out to help children, animals, troubled youth, elderly, sick, and the homeless. Many thank go out to our sponsors, volunteers, and recipients for making the day so special. Please see the ad on page 15 of *Shalom* for individual recognitions. Evidently there is some question as to who benefits more from this day—the volunteers or the recipients. It is this attitude that makes the planning of such an event even more enjoyable.

Giving Tent

A tent is set up outside the Central Kentucky Jewish Federation offices in front of the Chinoe Shopping Center to act as a hub for volunteers and media and as the final drop point for collections. The workers here sort supplies, load cars, and hand out T-shirts, CKJF hats, and refreshments to anyone who comes. They also speak to any media representatives who arrive and point them in the direction of the main stories and activities of the day. Most volunteers come to the Giving Tent before reporting to their activities so that they can meet the other volunteers, form caravans to their sites, and enjoy treats from Panera's, Mondelli's, and Fauntleroy's. They may also collect the items donated throughout the month of December for recipients such as the Humane Societies, Catholic Action Center, and Ronald McDonald House. Overall, this is a popular gathering spot throughout the day. Thanks go out to the dedicated volunteers who help keep everyone organized.

The Catholic Action Center

For the second year, our volunteers have helped to prepare, serve, and clean up the meal served to homeless and low-income families. This year, Tikkun Lexington also provided a healthful meal of vegetable soup, turkey sandwiches, vegetables with dip, assorted fresh fruits, and brownies made by the Graff Family. Other volunteers were eager to help in other ways. Charles Goldstein was so moved by the center and what it represented that he has promised his services to come back and fix their water pipes. (On the Day of Giving they did not have

even enough hot water to wash the dishes.) Another volunteer, Jan Holczer, noticed that there were at least a dozen bananas that were going to spoil over the holiday, and she offered to take them all home, make banana bread, and bring it back to the shelter.

At the Catholic Action Center, before the meal everyone gives thanks, removes their hats, and lines up in an orderly fashion. The meal is served on real plates or bowls, not paper products. Many people stopped our volunteers and wished them a happy holiday, and one gentleman even said to me, "I just wanted to thank you for sharing your love." That was a moment I will not soon forget.

This year we also helped the Catholic Action Center with their Christmas Store, which allowed homeless or low income families to shop for up to three presents per child to take home to their families, along with stocking stuffers, stuffed animals, and books which were unlimited. People who came to the store in the cafeteria of the Saints Peter and Paul School conferred with a personal shopper for up to twenty minutes a session, ate food and cookies, drank warm beverages, and left the store with their gifts wrapped in holiday paper. According to Barbara Barr, "We [herself, and Judy and Joe Engelberg] felt this to be a very worthwhile morning and we all enjoyed the experience."

Meals on Wheels

Once again, Tikkun Lexington took over two locations of the program and delivered ten routes' worth of Meals on Wheels. This service helps elderly or other shut-ins to have a healthy diet during the week. This was actually the most popular venue, as many families signed up and brought their children to help as well. The Second Presbyterian Church and the Trinity Hill Church have both expressed their gratitude for our volunteers and asked that anyone interested in doing this project year-round contact them directly. Please call Jana at the CKJF office, (859) 268-0672, for more information on this area of service.

Lexington and Woodford Humane Societies

On December 23, several volunteers went to the Lexington Humane Society and helped clean and sanitize the adoption areas as well as raking, mending fences, and cleaning old cages outside the building in the mild weather. Volunteer Lee Keown said, "Working at the Lexington

see Day of Giving, page 13

Day of Giving (from page 12)

Humane Society was just as rewarding as I knew it would be. It could have been more fulfilling if we'd worked more than just the two hours. There is something about working with group that seems to take all of the labor out of the activity. I'm looking forward to it next year. Oh, yeah—and we got to play with the animals after!”

This year, other volunteers ventured to the Woodford Humane Society on Christmas Day so some of the regular Woodford Humane Society workers could be home to enjoy their families on the holiday. Many volunteers have expressed interest in making this particular project one that can be done several times a year.

Mayfair Retirement Community

With so many Jewish community members living at this facility, Rabbi Sharon Cohen of Ohavay Zion Synagogue is a regular visitor. For many months, Activity Director Karen Weckman has wanted to call upon the rabbi for an educational program to share with all of her residents. It happened with the Day of Giving. Rabbi Cohen spoke of the history and significance of Hanukkah, as well as directing the OZS youth group in a Hanukkah skit to entertain the residents, staff, and volunteers. The Mayfair facility generously provided a personal chef to create potato latkes and a light lunch for all who attended. After lunch, volunteers taught and led the residents in a rousing game of dreidel, which was featured in the *Herald Leader* in color photos on the front of the CITY/REGION section on December 24. Many thanks to the Mayfair Retirement Community and Rabbi Cohen for sharing Hanukkah, and for all of the special touches including latkes, sufganyot, and gelt for all to enjoy.

MASH Services of the Bluegrass

This facility, in an historic house downtown, caters to troubled youth who need a safe place to live between more permanent homes. At the time of our visit, there were only four teens, three girls and one boy, who came from Lexington and elsewhere in Kentucky. Tikkun Lexington volunteers Jon Satin and Babara Barr and staff brought ingredients to make dinner and dessert with the residents. Together they made homemade pizza, salad, and chocolate chip cookies. Between dinner and dessert, everyone played dreidel and learned more about Judaism. They were a very inquisitive group who wanted to know why there could be no meat on their pizzas, thus sparking a lively discussion of

kashrut. We brought a gift bag filled with personal items, which they appreciated along with our time, energy, and positive attention.

Ronald McDonald House

For the second year, Tikkun Lexington collected new and gently used toys at the CKJF offices and congregations during the month of December. These and home baked goods were delivered on December 23 to the Ronald McDonald House, which is where families stay when they have children being treated in the University of Kentucky hospital. The items were very well received and very much appreciated.

Florence Crittenden Home

Our volunteers hosted a delicious lunch of lasagna, bread, cookies, and brownies for seven young ladies at the Florence Crittenden Home. As we prepared the table, the girls kept peeking into the dining area, asking if lunch was ready. They enjoyed the tablecloth and burning candles. One of the girls commented, “It isn’t often we get a home-cooked meal.” As we ate and talked with the girls another asked, “Why can’t we do this every day?” The girls were welcoming and eager to talk about themselves. The gifts—which included car seats, diapers, wipes, and other items—were greatly appreciated and will certainly be put to good use. After lunch we gathered in the living room to visit some more. One of the staff shared the history of the Florence Crittenden Home and its rich legacy. Only too soon it was time to leave. We now look forward to the next Day of Giving in 2006. Thanks to the Florence Crittenden Home for allowing us to come and visit on this special day.

Shriner’s Children Hospital

What a lovely time we had at Shriner’s Children Hospital. The music was absolutely beautiful and the talent amazing. Never has a recital been more appreciated. The children’s faces filled with delight and joy as the music resounded throughout the room. They listened intently to each note. For a moment the cares of the world were far removed. Music is such a beautiful language, and our audience was so grateful. The staff at Shriner’s Children Hospital is already making plans for our 2006 Day of Giving.

A special thanks to Svetlana Alkhasova and her talented colleague and students for making this such a special day with their piano recital. Music is truly a beautiful language and a wonderful way to share and begin healing.

We came to U.S. with a very sick child—Solomon. He was 5 years old. He had problems with his neck and with the help, enthusiasm, energy, and organizational skills of our Program Director from Jewish Federation, Kathy Grossman, within a week after our arrival Solomon was admitted to the hospital. Shriners Hospital became the very first place in this country that right after our immigration was hosting our family for over three months. We basically lived there on the daily basis because Solomon did not know language and was scared to be without us. I can not express enough words of appreciation to staff administration, all nurses and doctors of the hospital for their not only excellent professional job they did to save Solomon’s life but also for their compassionate understanding of tough times we were going through at those first months in a new country. Back that time we were with two little children (Maria was not 2 years old yet) and did not have any language skills or employment. I remember one episode very well. After probably a month since Solomon was in the hospital, his doctor decided to make surgery on his neck and one of the nurses came to the room to talk to me about it. I started to cry because I was very scared. After a little while social worker of the Shriners Hospital came to the room and offered to move a piano to Solomon’s room so I can practice there. I try to come to the hospital and visit kids or play for them because I would never



The Feinberg and Orbach families ready themselves to deliver Meals On Wheels.



Becca Knight reads part of a skit the OZS youth group performed for the seniors at Mayfair Village.



Mayfair Village was one of the largest volunteer sites of the day, with 17 volunteers and about 30 residents.

forget the kindness of people who warmed our hearts at the moment of desperation. Svetlana Alkhasova

With so many wonderful ways to give, there is no excuse not to help out. Planning is done year round, so call the office and let me know any ideas you have for any future projects, or if you are interested in becoming a Tikkun Lexington committee member. The next Tikkun meeting will take place on Wednesday, February 8 at 7:00 p.m. Please come and share your thoughts. ☆

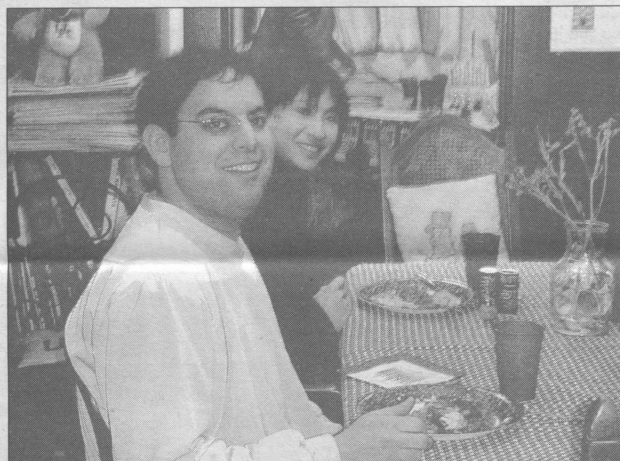
JewLS Hanukkah party provides fun for all

By Stacey Heisler

On December 17, 2005, JewLS (Jewish Lexington Singles) held its annual Hanukkah Party. This year's event was graciously hosted by Chas Hite at his home. Some new faces joined the group: two from Lexington, as well as several people who traveled from the Louisville area to attend, and some even coming from as far away as Southern Indiana.

Often singles feel isolated from Jewish celebrations; it's times like these that bring them together to enjoy holiday celebrations that they otherwise might not feel a part of. With the increasing numbers of interfaith marriages, it is nice to see a group that helps to bring Jewish singles together. For these reasons, it is important that Jewish singles come together to enjoy each other's company.

We are trying to get JewLS off and running. In a program new this year, JewLS will host a monthly dinner at various restaurants around town. If you are single, between 23 and 55, and would like to join JewLS, please call or email me at (859) 269-8244 or jfs@jewishlexington.org. ☆



JewLS Hanukkah party.

Midwest Camp Young Judea alumni sought

By Susan Wilkof, President, Central States Region

Have you ever wondered what ever happened to your bunkmates from CYJ - Midwest? Are you thinking about sending your child to camp and want to know if any of your camp pals are doing the same? Are you just generally curious about what is new with CYJ Midwest these days? We want to know what is happening with you, too! You're invited to join the growing network of CYJ Midwest alumni by filling out the information below and providing us with your current contact information. Many of our records are outdated and we'd love to get in touch with you to share some of the exciting plans we have for the CYJ Midwest alumni. By updating your contact information you will receive the CYJ Alumni electronic newsletter and information regarding the upcoming CYJ Midwest reunion, learn about what is new and exciting at camp this summer, and of course, get in touch with long-lost friends. For many of us, being part of Camp Young Judea-Midwest was one of the most influential experiences of our lives. It is critical that we develop and sustain our alumni network to ensure that CYJ continues to flourish for future generations of campers.

Please take the time to send us your contact information and ask your friends and family to do the same. Feel free to call or email with any questions or let us know if you'd like to volunteer to help with our alumni activities. CYJ Midwest Camp Committee (773) 885-9567, cyjalumni@gmail.com or margo_alpert@hotmail.com CYJ. ☆

Alumni Contact Information:

Name: _____

Maiden Name: _____

Spouse: _____

Is your spouse a CYJ Alum? _____

Children (Names & Ages): _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Years attended you attended CYJ (ex. 1985-1993): _____

☐ As a camper:

☐ As a counselor:

☐ As a unit head:

☐ As support staff:

Sponsors help to make the Day of Giving better

The Annual Day of Giving continues to grow. This year we had more locations and more recipients. We collected not only donations of clothing, toiletries and pet supplies, but food for the Catholic Action Center, Florence Crittenden Home, and MASH Unit of the Bluegrass. This was possible thanks to the generosity of some businesses and individuals within the community. This project is more than just working in the hospitals and delivering meals; it is literally an opportunity for everyone to perform some type of mitzvah.

The Central Kentucky Jewish Federation would like to publicly acknowledge the generosity of and thank the following businesses and people for making cash donations to help with the expenses of the Day of Giving. Please consider their generosity in the future when you are in need of these types of services and repay their kindness by your patronage.

Barney Miller's 232 East Main Street Electronics is their specialty (televisions, home stereos and in-home theaters for starters). They have been in the business longer than any of their competitors and are showcased in downtown Lexington.

Lowell's of the Bluegrass 111 Mechanic Street Automotive Repair Shop that repairs only Toyota vehicles. They have also been around for a long time and have been featured in several Lexington polls as not only a very reliable, but honest business.

Interplex Plastics 1086 Brentwood Ct. This business, owned by Stan Isenstein, was our largest donor this year. They are a custom injection molder for mainly medical and automotive fields.

Martha Rosenberg, Attorney at Law 183 North Upper St. Her specialty is family law.

Subway's Crossroads, Eastland, Hamburg, Richmond Road Wal-Mart, and Brannon Crossing. Owned by the Kaplan family, who have also been very generous with supplying food for events and Camp Shalom. ☆

Tikkun Lexington would like to thank the following volunteers who made the 2005 Annual Day of Giving a complete Success! All events took place on Friday, December 23 unless otherwise noted.

Catholic Action Center
Shelter: Feeding the Homeless
Anne, Caitlin, Justin, and Wayne Graff;
Judy Baumann; Jan and Robert Holzer; Annette Milch;
Ruth Moser; Pat Shraberg; Paul Tillier

Christmas Store: Shopping for Gifts
Barbara Barr, Judy and Paul Engelberg

Shriner's Hospital
Svetlana Alkhasov and students performing
Phil Berger, Felicia Goldstein, Tamara Ohayon, Linda Rose

Meals on Wheels
Vinnie and Gerald Dubilier
Bobbi and Drew Fried
Fran Morris-Mandel and Clark Mandel
Shelia and Bob Orbach
David, Kathy, Jonathan, and Matthew Feinberg
Ruth and Neil Poley
Adele and Norman Potter
Leigh Shapiro-Don Walton and family
Jon, Michael and Sam Waltman
Rose Rita, Terri (from Baltimore),
and Jerry Wurmser

Florence Crittenden Home
Luncheon December 11, 2005
Linda Rose and Linda Angelo

MASH Services of the Bluegrass
Dinner December 22nd
Barbara Barr
Stacey Heisler
Tamara Ohayon
Jonathan Satin

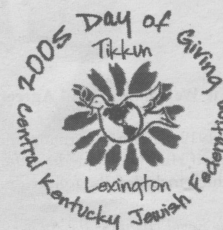
Many Thanks to the
Temple Adath Israel and Ohavay Zion
Synagogue for the use of facilities as a drop-off point for collections during the entire month of December

The Giving Tent
Angie and Rich Ornstein
Marian Jonas
Eve Podet
Robyn Tremblay

Lexington Humane Society
Ray Archer, Daniel Cheffee, Diana Clewett, Barbara and Bob Grossman, Lee and David Keown
Woodford Humane Society
Sunday, December 25th
Daniel Cheffee, Darcie Jarman, and Joseph Marks

Mayfair Village Retirement Community
Rabbi Cohen
Solomon Alkhasov; April Edwards; Asher Finkel; Samantha, Robyn, and Carol Kaplan; Becca Knight; Julia Kroot (visiting from Germany); Teri Harper; Jonathan Hiernan; Jacob Marwil; Elizabeth O'Dell; Michelle and Itai Rivkin-Fish; Jacob, Elizabeth and Ricki Rosenberg; Simone Salomon

Thank You to all who donated items to the Catholic Action Center, Lexington and Woodford Humane Societies, and Ronald McDonald House.



"Memory Mastery" is memory magic!

You really don't have a bad memory... just an untrained one. Memory Mastery will be offered at Temple Adath-Israel Thursday, February 9, from 5:45 p.m. through 9:00 p.m. This night of education (and entertainment) will improve your memory two- to ten-fold on the spot! Satisfaction is guaranteed. This course is offered to adult learners 18 and older.

Discount The cost is normally \$69.95. It will be provided for the entire Jewish community at \$18.00. For more info contact Robin Tremblay, rtlexington@aol.com or (859) 492-2530.

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Mitchell Barnes
Owner

History of the Israeli-Palestinian conflict – Part V

World War I and the British promises

♦ ♦ ♦

By Daniel Cheffec

The Weizmann-Feisal Agreement

In 1919, Chaim Weizmann and Emir Feisal (the son of Sharif Hussein) signed a letter of agreement in Paris, which included the following:

His Royal Highness the Amir Faisal, representing and acting on behalf of the Arab Kingdom of Hejaz, and Dr. Chaim Weizmann, representing and acting on behalf of the Zionist Organization, mindful of the racial kinship and ancient bonds existing between the Arabs and the Jewish people, and realizing that the surest means of working out the consummation of their national aspirations, is through the closest possible collaboration in the development of the Arab State and Palestine, and being desirous further of confirming the good understanding which exists between them, have agreed upon the following Articles...

Article I

The Arab State and Palestine in all their relations and undertakings shall be controlled by the most cordial goodwill

and understanding and to this end Arab and Jewish duly accredited agents shall be established and maintained in their respective territories.

Article III

In the establishment of the Constitution and Administration of Palestine all such measures shall be adopted as will afford the fullest guarantees for carrying into effect the British Government's Declaration of the 2nd of November, 1917.

Article IV

All necessary measures shall be taken to encourage and stimulate immigration of Jews in Palestine on a large scale, and as quickly as possible to settle Jewish immigrants upon the land through closer settlement and intensive cultivation of the soil. In taking such measures the Arab peasant and tenant farmers

With all these contradictory promises, it is no wonder that the British generated a very negative climate in the region because of the frustration and the feeling of betrayal of all the groups involved.

shall be protected in their rights, and shall be assisted in forwarding their economic development.

Proviso handwritten by Faisal at the end of the document in Arabic:

(Translation)

Provided the Arabs obtain their independence as demanded in my Memorandum dated the 4th January, 1919, to the Foreign Office of the Government of Great Britain, I shall concur in the above articles. But if the slightest modification or departure were to be made (in relation to the demands in the Memorandum) I shall not then be bound by a single word of the present Agreement which shall be deemed void and of no accountable validity, and I shall not be answerable in any way whatsoever.

The agreement was signed in London in January of 1919, and used as part of the evidence for the British mandate of Palestine.

With all these contradictory promises, it is no wonder that the British generated a very negative climate in the region because of the frustration and the feeling of betrayal of all the groups involved. When General Allenby, aided by Arab troops led by a British officer known as "Lawrence

of Arabia," expelled the Turks from their Middle East provinces, it was time to deliver—and the real problems started.

First of all, the Hashemite family, which had been promised a country by the British, found themselves with none after their defeat at the hands of the Saudis in the Hedjaz. They came to the British demanding their payback. Since the British did not want to antagonize the Saudis, they offered the Hashemites Syria. The small difficulty with this was that, according to the Sykes-Picot agreement, Syria was under French jurisdiction, and the French did not take kindly to the British gambit. The British then decided, in their infinite wisdom, to give the Hashemites not one but two countries: one was what we know today as Iraq. For the second country they had to draw from the areas under their jurisdiction, so they decided in 1923 to divide the British Mandate of Palestine along the Jordan River-Arava fault, setting aside the eastern part for the Hashemites and closing it to Jewish immigration. This was the origin of the Hashemite Emirate of Transjordan, which would become today's Jordan. Of course, this move was perceived by the Zionists as violating the British promises to them. To complicate things even further, the Saudis perceived the move as an open insult. Just think about it: not only did the British renege on their promises for the Arab Khalifat, but they carved two countries out of the "stolen" areas and gave them to the age-old enemies of the Saudis, the Hashemites. So we now have a very involved political conundrum of growing proportions, and the price is going to be paid by Arabs and Jews. The next article will be devoted specifically to the British Mandate period and their colonial policies. ✧

IF YOU FEEL . . .

Dissatisfied with your relationships
Too often angry and frustrated
Disconnected and depressed
Stressed or Anxious
Displeased with your work situation

I can help you make changes that will improve your relationships and allow you the happiness you deserve. Please contact my office to schedule an appointment.

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or email her at jburcett@myclic.com

General Assembly (from page 1)

Poverty Out of the Closet, Creating a Campaign Plan, and The Rising Cost of Jewish Continuity.

There was also a plenary session every day. Canada's Attorney General Irwin Cotler spoke eloquently on the application of Jewish principles to global and national issues and challenged us to find new and engaging ways to translate traditional values into relevant social action and advocacy. In a second session, "Building Community: A Challenge for Americans, a Challenge for Jews," Robert Putnam of Harvard University discussed the historical decline of community and organizational involvement and possible ways of reversing the trend.

Attending the Assembly increased my understanding of where our efforts go and turned our dollars into a connection with real people. I wish everyone had the opportunity to attend this kind of event. It would bring home the importance of seeking out a way to contribute to the Jewish community with not only our checkbooks but with our time and our hearts.

As Hillel said, "If I am not for myself, who will be for me? But, if I am for myself alone, of what good am I?" ✧



Compiled By Elissa Brown

Winter Word Search

Search the puzzle for the words listed alongside it. As you find each word, circle it or draw a line through it. The words may be spelled forward or backward and may appear horizontally, vertically, diagonally, or even around the outer corners of the puzzle. (answer on page 18)



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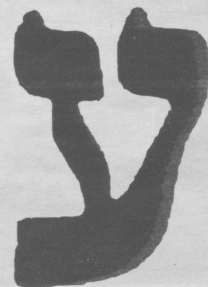
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b h k c v v i w d e
h a t s k a t e s g
m y w j r e t n i w
e e o s s l e d k o
f r o s t h n k s n
l j f r a c s x t s
d b p l o w b f o t
x e c i c e d l o c
m k v n v k s b b q
  
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boots	plow
coat	scarf
cold	skates
frost	skis
hat	sled
ice	snow
mittens	winter

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Letter of the month



AYIN

This month is sponsored by the letter AYIN. Ayin is the twenty-first letter in the Hebrew alphabet. Ayin is the first letter in *aits*, which means tree, and the first letter in *ahvohdah*, which means work. Ayin is also the first letter in the word *eevreet*, which means Hebrew. Here's one way that you can make an ayin with your body: Lie on your left side with your head propped up with your left elbow and hand. Take a deep breath and raise your straight right leg high into the air. Let your breath out and raise your right arm up straight to the ceiling. Try grabbing your right big toe with your right pointer finger and then straightening your leg. Smile and take three to five deep breaths. When you lower your leg, roll onto your right side and repeat the motions (This excerpt was taken from *Aleph-Bet Yoga*.)

Did you know...

Did you know ... that the week begins on Sunday in Israel rather than on Monday as it does elsewhere? This is because Shabbat, the seventh day, marks the end of the Jewish week.

Crafts

Melted Snowman

Spring is coming soon; here's what happens to your snowmen in warm weather.

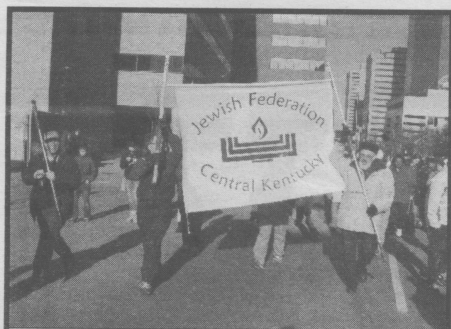
What you need:

- Glue
- 1 orange pipe cleaner
- 1 brown pipe cleaner
- silver glitter
- scissors
- 1 piece of red yarn
- 1 piece of wax paper
- 7 small beans
- 2 wiggly eyes

Directions

Begin by squirting a large amount of glue onto the piece of wax paper. Then sprinkle the glitter onto the glue. Next tie the piece of yarn into a circle and lay it near the top of the wax paper in the glue. Then place the eyes where you want them, put the beans in the shape of a smile and cut a piece of the orange pipe cleaner off and place it on the glue for the nose. Finally cut the brown pipe cleaner into two pieces and place them on each side for arms. Let the glue dry on a flat surface and once it has, peel it off of the wax paper. Tada, you've got a wonderful melted snowman!

If you know of a good mensch out there, please contact Elissa Brown at elislexky@yahoo.com. ☆



Jewish community joins in Martin Luther King Day march.

Gan Shalom Preschool

The Early Childhood Program for
Toddlers & Preschoolers
at Ohavay Zion Synagogue

Now enrolling for the 2006-2007 school year.

"Creativity & Learning through Diversity"

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Quality, Licensed **CHILDCARE** and **PRESCHOOL** Programs
Part Time and Full Day

Real Life Activities, Hands-on Learning, Cultural Awareness
Highly Qualified Teachers, Small Child/Adult Ratios



For more information please
call 335-9922
Deadline for early enrollment
is February 28th

Convenient Location:
On Alumni Dr. just off of
New Circle Rd.
Five Minutes from UK

Campaign (from page 1)

to register for all programs and events requiring pre-registration (such as Camp Shalom, Winter Dinner, and the like).

Additionally, our website will feature articles about the different projects we help fund and will spotlight people whose lives we help to improve. Whether it is in Ethiopia, Russia, Israel, or locally in the Bluegrass Region, we, as a Federation and community, try to enhance peoples' lives. With a combined effort (all volunteers and donors accepted) no goal is impossible to reach. There are, however, many more projects and accomplishments that would not happen without our support.

Keep an eye on this column for more exciting changes to and updates on the CKJF/UJC Community Campaign in the months to come. ✧

18 • February 2006 Shalom

Book Review

By Janet Scheeline

Eva's Story touches on Frank family

♦ ♦ ♦

Eva's Story, by Eva Schloss with Evelyn Julia Kent (St. Martin's Press, 1988), is a compelling autobiographical sketch of the author's memories of her youth. She had suppressed that horrible part of her life until mid-life, when she decided to share it. When Hitler rose in power, Eva's businessman father, Erich Geiringer, moved the family to Amsterdam. Some time before the Germans invaded the Netherlands, Eva briefly met Anne Frank while playing outside.

Eva's life turned upside down when she was about to celebrate her fifteenth birthday. The Geiringer family joined other families waiting for a train to take them to Auschwitz. Of course, these families were clueless about where they would end up. Part of the story vividly details Eva's experiences in the concentration camp. Fritz, her mother, was with her in the same camp almost the entire time. Father Erich and Oscar, Eva's brother, were at a camp adjoining Eva's and Fritz's. Thanks to Mina, a friend of the family, Eva and her mother survived some deadly diseases.

During one of Eva's rare visits with her father over the fence, she saw Otto Frank.

When the camp was liberated nine months later by the Russian Army, several women including Eva explored the camp and found bountiful amounts of food, which they shared with survivors and several Russian soldiers. Once the survivors, including Eva and her mother, boarded a train to Odessa, they began to slowly sense the taste of freedom. However, they did not know the fate of Erich and Oscar until shortly after returning to Amsterdam, where they learned both had expired in the camps. Oscar had died several days before the war ended, while Erich had died a few days after it ended.

They also discovered their apartment had been virtually untouched. Their lives slowly returned to normal, and after several years they moved to London. The book concludes with a brief epilogue about what Eva's family was doing as of 1988. ✧

Play Review

By Janet Scheeline

Featured Holocaust survivor to visit Louisville

♦ ♦ ♦

The play *And Then They Came For Me: Remembering the World of Anne Frank* was written by James Still about a decade ago. While the story is sadly familiar, comparable to what Holocaust survivors have shared with friends, Jewish audiences, and academic classes at schools and colleges, this one had a significant difference: the two survivors it features had actually known Anne Frank. The stage set of the current production is a black box design, with the front platform slightly sloped, a cobblestone surface, and a door and windows in the back. The audience was seated on three sides the stage at the recent Indianapolis production. Strewn around the stage were broken furniture, bricks, and clothing, reflecting the ruins of the Holocaust and World War II. This simple setting, dark and harrowing, was used effectively throughout the play, intensifying the austerity of the action while adapting to a multitude of scenes.

Each scene depicting a new period of the war was initiated by projecting taped conversations of two Holocaust survivors, Eva Schloss and Ed Silverberg, on three screens suspended from the ceiling. Since both had briefly met Anne Frank while they lived in the Netherlands before the German invasion, their comments provided the perfect introduction to the related scenes performed by actors. The pace of the show became much faster as the war intensified, then slowed down for a happier ending mixed with sadness.

Sound staging became louder when emotions, screams, and bombings increased in intensity. While several actors

played at least two roles, the audience stayed immersed in the storyline. Timing was vital and was executed as flawlessly as possible.

Just before the show began, there was an announcement that Eva Schloss would make an Indianapolis visit to speak and sign her book about two weeks after my husband, Bill Spickard, and I were there. That led me to contact the Kentucky Center for the Arts to arrange for Ms. Schloss to make a Louisville stop. She will visit Louisville at the end of February. Contact the Kentucky Center for the Arts for specifics.

The play will be performed at the Kentucky Center for the Arts the first two weekends in March. Call (502) 562-0100 for details. ✧

CROSSWORD
ANSWER

e	m	q	j	q	i	m	j	i	s
b	h	k	c	v	i	w	d	e	
h	a	t	s	k	a	t	e	s	a
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d	b	p	i	o	w	b	f	o	t
x	e	c	t	e	d	i	o	c	
m	k	v	n	v	k	s	b	b	a

B'tayavon (Hearty Appetite)

Ruth Poley



Almond Bark

♦ ♦ ♦

Tu B'Shevat, or the fifteenth of Shevat, falls on February 13 this year. This holiday is the New Year for Trees, more commonly known in this country as "Jewish Arbor Day." This is not a major holiday, and its traditional seder with a prescribed array of fruits is not widely observed in the U.S. However (and I'm really reaching here), since this holiday revolves around trees, and trees have bark, I'm offering some almond bark candy recipes. OK, I said I'm reaching.

The following two recipes are variations on the same theme. One is straight chocolate and almonds, the other is white chocolate and almonds with a few more add-ins. And there's no reason why you couldn't put the add-ins into the recipe with the dark chocolate. You could even use pecans if you don't like almonds. The point here is they're both incredibly easy to make. If you have kids, they can help you with this. If you know some kids, they'll be glad to help you eat your product. Either way you can't lose.

Almond Bark (for the purists)

- 1 lb. semi-sweet chocolate (can use chocolate chips)
- 1 cup toasted almonds, slivered or whole*

Line a baking sheet with waxed paper or parchment paper and set aside. Heat chocolate in a microwave (follow instructions on chocolate chip package) or in double boiler over low heat until all is melted.

Stir in the almonds and pour immediately onto the baking sheet, spreading the mixture evenly.

Let the almond bark cool and break it into pieces. Store in an airtight container lined with waxed paper, separating the layers with waxed paper.

White Chocolate Almond Bark (for the junk food lovers)

- 2 lbs. white chocolate (or white chocolate chips)
- 2 cups almonds, toasted*
- 1 cup chunky peanut butter (do not use natural or store ground)
- 2 cups Rice Krispies
- 2 cups lightly salted dry roasted peanuts
- 2 cups miniature marshmallows

Line a baking sheet with waxed paper or parchment paper and set aside.

Melt white chocolate on low in microwave or in double boiler over low heat until all is melted.

Add peanut butter and stir well. Stir in the rest of ingredients and pour immediately onto the baking sheet, spreading the mixture evenly.

Let the almond bark cool and break it into pieces. Store in an airtight container lined with waxed paper, separating the layers with waxed paper.

* To toast almonds, spread them in a single layer on a cookie sheet and place in a 350 oven for about five to eight minutes, stirring once during the baking. Cool before using.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com.

Save the date!

for a very special hiddur mitzvah project
at Temple Adath Israel

Imagine a pile of glass as the beginning of
a unique community project that combines
art and tzedukah.

Here's how it works:

- Make your own unique mosaic
- The mosaic is fired and attached to a
metal base at The Gary Rosenthal
Collection studio
- The finished artwork is sent back to you!

**Come create the glass that
will adorn your piece of
Judaica!**



- ♦ Sunday, March 19
- ♦ Temple Adath Israel Social Hall
- ♦ 9:30AM - 4:00PM
- ♦ Prices range from \$30-\$100
- ♦ For additional information and to
RSVP by March 1st Contact:
Rebecca Young at 271- 5597 or
rsy2@hotmail.com
- ♦ Proceeds benefit TAI Preschool



Israeli Society

Israel—the world's leading technological state

♦ ♦ ♦

New international report reveals Israel has become country with most promising economic future. According to the research, Israel, which has already achieved a worldwide reputation of a high-tech superpower, has become the leading country in the areas of science and technology. The Ministry of Industry and Trade recently conducted a "State intellectual capital balance" survey in order to examine Israel's global ranking among developed countries. Israel's leading newspaper Yedioth Ahronoth obtained the document, which reveals that the number of engineers in Israel is the highest in the world: 135 engineers for every 10,000 workers. The United States is ranked second with only 70 engineers, followed by Japan (65), Holland (53), and Switzerland (38). Israel is also ranked first in the world in the number of scientists and technicians, with 140 for every 10,000 workers. The U.S. is way behind with 83 scientists and technicians, followed by Japan (80), Germany (60) and Switzerland (55).

The study also reveals that Israel provides a supporting business environment and a developed banking and financial infrastructure, and encourages investment in technological initiatives. According to the same study, Israel also leads the national expenditure on research and development in relation to its national product. The Industry Ministry's chief scientist, Dr. Eli Ofer, was satisfied with the findings and explained how Israel became a technological super power. "If not for the Russian immigration, the number of engineers in Israel would be smaller. A decade ago we absorbed a million people, a huge percentage of whom had academic-technological education," he said. According to Elisha Yanai, chairman of the Association of electronics, Israel has become a silicon valley. "We should not be compared to all of the U.S., but to certain high-tech areas, such as California's Silicon Valley, Boston's high-tech area and Texas' high-tech area. Such a comparison, which is more natural to us, ranks Israel at the third absolute spot, and not just at the relative spot of engineers and technological manpower," he said. ♦

It's that time again

Jewish summer camp application deadline is set

♦ ♦ ♦
By Stacey Heisler

All information was taken from The Foundation for Jewish Camping. You can visit their web site at: <http://www.jewishcamping.org> for information on Jewish camps across the U.S. and Canada. Remember, the application for scholarships from JFS are due on April 30, 2006. Call or email me for an application: (859) 269-8244 or jfs@jewishlexington.org

URJ Myron S. Goldman Union Camp Institute (GUCI), Zionsville, IN
Summer Phone: (317) 873-3361
Off-Season Phone: (317) 873-3361
Director: Rabbi Ronald Klotz
Sponsor Information: URJ
Affiliation: Reform
Dietary Laws: Kosher style; vegetarian menu available
ACA/CCA: Y

Tour Information: Y; Summer
Session Information: 3rd & 4th graders 2 week, 4-10 graders 4 week
Description: Goldman Camp Institute offers friendships that last a lifetime; a sense of Jewish belonging instilled in our young people, role models and mentors, a second home where staff and campers alike are insulated from the pressures and stress of everyday life. The program director, unit heads, counselors, and rabbinic faculty create a warm, friendly environment that includes Jewish education, arts programs, and sports and swimming. Activities include alpine tower, softball, volleyball, camp Olympics, aerobics, drama, Israeli dancing, singing, tennis, kickball, camping out, arts and crafts, photography, radio, ceramics, soccer, Machanayim, basketball, gymnastics, modern dance, music, and canoeing.

Camp Livingston, Bennington, IN
Summer Phone: (812) 427-2202
Off-Season Phone: (513) 793-5554
Director: Mr. Andy Brown
Sponsor Information: Cincinnati JCC
Affiliation: Non-denominational
Dietary Laws: Jewish Dietary Laws observed
ACA/CCA: Y

Tour Information: Y; By appointment
Session Information: 8 week, 4 week, and 2 week, for 1st time campers only grades 2-4
Description: Nestled in the wooded hills of beautiful southeastern Indiana, the Robert Krohn Livingston Memorial Camp offer a "magical" summer experience for children and teens. Camp Livingston provides a safe and nurturing environment where campers gain self esteem and confidence and form lasting friendships within an exciting Jewish atmosphere. Camp is designed with fun in mind. Livingston offers that special spirit that is difficult to find anywhere else. Campers come to know and love our Jewish heritage through singing Hebrew songs, experiencing cultural arts, observing kashrut, and celebrating Shabbat as a camp community. Campers live and learn with Jewish youth from Ohio, Indiana, Kentucky, and beyond. Ask any camper

Capital Camps, Waynesboro, PA
Summer Phone: (717) 794-2177
Director: Rebecca Glass
Sponsor Information: JCCA / Jewish Federation of Greater Washington
Affiliation: Non-denominational
Dietary Laws: Glatt Kosher under supervision
ACA/CCA: Y

Tour Information: Y; By appointment
Session Information: 2, 4, 6, and 8 weeks
Description: Capital Camps is a special place where campers can play, grow, and learn, developing close bonds with their Jewish heritage. With three separate sites that meet the specific needs of their age groups--Benjamin for elementary school children, Reich for middle school campers, and our Teen Leadership Camp for rising

sophomores and juniors, the programs are developed to nurture individual talents, develop new skills, and increase self-confidence in a close-knit community of peers. The staff are chosen for their love and the enthusiasm as well as their appropriateness as Jewish role models.

Camp Ramah in Wisconsin, Conover, WI
Summer Phone: (715) 479-4400
Off-Season Phone: (312) 606-9316
Director: Rabbi David Z. Soloff
Sponsor Information: Ramah
National Commission
Affiliation: Conservative
Dietary Laws: Kosher
ACA/CCA: Y
Tour Information: Y; In season
Session Information: 8 week; 4 week for new campers only (6th grade)
Description: This is the Midwest co-ed camp for the Conservative movement. We have an 8-week session for kids entering 7th-11th grades, and two, 4-week sessions for campers entering 6th grade. Full range of camp activities integrates Jewish values and observances into the daily life, from speaking Hebrew on the sports fields to davening on overnight hikes. Swimming, boating, music, dance, nature, arts and crafts, sports, drama, and a camp radio station are offered. Shabbat observed. We offer a (a) Tikkvah program for Jewish teens 13-17 with special needs, i.e., Aspergers Syndrome that include learning problems and social difficulties, (b) Family Camp for families with elementary age children. Camp is 15 mi. north of Eagle River. ♣

Around the Community

Mazel Tov to...

Pat and David Shraberg, on the birth of their granddaughter, **Kara Lee**, on January 6. Kara's parents are **Jennifer and Bill Welch**.

Amy Nigoff, who received her Master's Degree in Clinical Psychology from Ohio University. She is currently working for Eckerd Youth Alternatives at a facility in McArthur, Ohio. The Eckerd Girls' Challenge Program is a therapeutic residential program for at-risk girls ages 12 through 18. Amy is the daughter of **Lowell and Betty Nigoff**, sister of **Brian Nigoff**, and granddaughter of **Jack Nigoff**.

John and Connie Loventhal on the marriage of their daughter, **Barbara, to Darryl Bressack** on November 13 at TAL. The newlyweds are living in Detroit, where Darryl is an attorney

and Barbara is working for Henry Ford Health.

Sidney Scher on her engagement to **Shawn Daniel Blumenthal** of Indianapolis, Indiana. Her parents are **Bob and Libby Scher**; **Stan and Phyllis Scher** are her grandparents.

Susan and Steve Caller on the birth of their grandson, **Meir Aaron**, in Los Angeles on December 14. Meir's parents are **Jill and Jimmy Kapenstein**.

David and Laura Loventhal Ades on the birth of their daughter, **Rachel Diamond Ades**, on January 10, 2006, and to grandparents **Michael and Harriet Ades** and **John and Connie Loventhal**.

Barry and Sue Ezrine on the marriage of their daughter, **Rachel**, to **Daniel Wasserman**, on January 1, 2006.

Condolences to...

The **Gordon family** on the death of **Norman S. Gordon**, on January 17, 2006. Norman was **Eleanor's** husband, **Tinya Norris'** brother, and **Ruth Baker's** uncle.

The family of **Evelyn Baker Hymson**, who died on December 26, 2005. She was the mother of **Barbara Hymson Frommer**, sister of **Harold Baker**, sister-in-law of **Cokie Hymson**, and aunt of **Ben Baker**.

Cindy and Marc Kline and family, on the death of **Cindy's** grandmother, **Betty Jumper**, on November 24, 2005.

Dan, James, and Ben Liebman, on the death of **Dan's** and **James'** sister, and **Ben's** aunt, **Ellen Liebman Koch**, on December 26, 2005.

The family of **Faith Miller Cole**, wife of **John Cole**, mother of

Catherine Cole, **Aaron Ann Cole Johnson**, and **John Hart Cole**, and sister of **Samye Miller Stith**, **Joe Miller**, and **Freda Miller**. Faith died on December 18, 2005.

Refuah Shlema to...

- Bill Bloom
- Steve Craft
- LisaMarie DeYoung
- Stephen Edelstein
- Alice Frankel
- Amy Fugate
- Oscar Haber
- Dorothy Halleck
- Renee Hymson
- Max Kavinow
- Bobby Lacer
- Ann Levenson
- Jim Levenson, Jr.
- Ada Lee Michalove
- Evelyn Levy
- Rachel Plavin
- Phyllis Scher
- Bill Spickard

THE LEXINGTON CHAPTER OF HADASSAH

President, Odette Kaplan

Hadassah College Jerusalem

We know that it is impossible to underestimate the impact of the education we offer to the students of Hadassah College Jerusalem. The HCJ experience is often the catalyst that allows students who want to become the teachers, researchers, scientists, visual communicators, and engineers of tomorrow to find their dreams. These are the young men and women who will help Israel continue to lead the world in innovation and discovery. Hadassah College Jerusalem, with the wisdom of our mission and the passion of our leaders, is dedicated to providing a strong foundation to support this present generation and future generations of students, so that they and Israel will continue to be strong.

Hadassah College Jerusalem's unique student population will make a difference in the building of the

city of Jerusalem and the State of Israel. More than half of the members of the student population are women, many of whom take advantage of the state-of-the art curriculum taught by exciting demanding educators. The college is contributing to the building of the state, as each class of up to 30 percent *olim* graduates and joins the work force. HCJ is a true partner for peace, as the students, who are drawn from native Jewish Israelis, the foreign-born, and Israeli Arabs, work together to study and learn how to contribute their share towards a stronger Israeli economy.

Facts about Hadassah College Jerusalem

- The Henrietta Szold Challenge Center is available to all students with disabilities who need help to better meet their own challenges within the academic setting of college.
- Communication Disorders students tutor children with hearing and speech disorders.
- HCJ students practice in the college's own optometry and communication disorders clinics.
- Industrial Design students design handicapped-friendly prototype products, such as refrigerators/freezers, ergonomic pots and pans, hearing aids for the impaired, and a product that will develop the navigational skills for

sight-impaired children, in addition to other creative work.

- Retaining programs and career development courses are offered at the Tachlit Center for Continuing Education.
- HCJ students aid children with their homework at a battered women's shelter.
- College seniors assist freshmen in student-to-student mentoring in the Pre-Academic Mechina program, giving them academic and personal support.

When we make our annual Hadassah donor pledge, we support many Hadassah programs and institutions, among which Hadassah College Jerusalem is one of the most vital.

Hadassah members who will be visiting Israel can take a VIP tour of the College. For more information contact Trisha Margulies at (212) 303-8171 or tmargulies@hadassah.org.

THE LEXINGTON HAVURAH

President, Gail Cohen • (859) 272-1459

The Lexington Havurah, founded in 1978, is a diverse network of people dedicated to Jewish learning and renewal, community building, and Tikkun Olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibilities for all services.

Hanukkah party

The members of the Lexington Havurah celebrated the beginning of Hanukkah with a lively party on Sunday, December 25, 2005. Each family lit its own Hanukkah. It is always a joy to see all the candles burning brightly together.

Tu b'Shevat to be celebrated

A Kabbalat Shabbat and Tu b'Shevat Seder will be held on Friday, February 10 at the Lexington Theological Seminary at 7:30 p.m. Participants will enjoy tasting fruits and nuts from a variety of trees, as a way of celebrating "the new year of the trees." All are welcome to attend, but in order to prepare properly for the event, the committee needs to know the number of non-members who will be attending. If you plan to attend, please contact President Gail Cohen at (859) 272-1459, or Gernieco@prodigy.net

Annual Havurah retreat

The much anticipated annual retreat is in the final planning stages. It will be held at the end of March. This event is for Havurah members only. Details will appear in the next issue of *Shalom*.

For more information please contact Gail Cohen, President, at (859) 272-1459 or gernieco@prodigy.net.

Jewish Lexington Singles will meet at

Golden Buffet

2907 Richmond Road

5:00 p.m. Sunday, February 19

enjoy chinese food and mongolian BBQ and mingle with other singles from the area.

RSVP to Stacey Heisler
859-269-8244 or jfs@jewishlexington.org



Jewish Family Services offers the following:

- Service Coordination
- Information and Referral
- Family Life Education
- Assessment / Counseling Referral
- Singles Programming
- Senior Support / Programs
- Integration / Immigration / Citizenship
- Volunteer Opportunities
- Camperships / Scholarships
- Limited Financial Assistance



Contact Stacey Heisler,
JFS Director, for more information.
(859) 269-8244
jfs@jewishlexington.org



TEMPLE ADATH ISRAEL

124 N. Ashland Avenue • President, Starr Gantz • (859) 269-2979

Chavurat-Chochma (A Friendly Gathering of Wisdom)

On November 28, The Donovan Scholars Readers' Theatre, following a luncheon highlighted by Rabbi Kline's delicious soup, performed *A Thurber Carnival*. We applaud the troupe for bravely following the rabbi's "Everything You Wanted to Know about Israel and Now Have the Opportunity to Ask" presentation in October. He's a hard act to follow. Plan to join us for the February luncheon on February 24, 2006 at 11:30 a.m. Watch the weekly email news for more information on the program.

Tuesday Bridge Club

The Tuesday Bridge Group meets in the Temple Library beginning at 11:00 a.m. Bring your lunch and play until 2:00 p.m. You don't have to be an expert to join. This group is going strong, so if you like to play bridge, here's your chance to join and socialize with fellow Temple members. If you wish to join in, please check with other players or the Temple office each week to see if the group is playing.

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternative Saturdays at 9:00 a.m. in the library. He is joined by a congenial group that brings together members of TAI and others, who, following the ancient tradition of Judaism, love study and matters of the mind. If you enjoy wrestling with problems of life and faith, join this friendly group. February schedule is 2/4 & 2/18.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, Biblical and traditional injunctions and laws, Jewish history, principles of the Reform movement, and the relation of Judaism to Christianity, Islam, and Buddhism. Drop in any time and join in the provocative and friendly discussion. February schedule is 2/11 & 2/25.

Adult Education for 2005-2006 - Larry Kant's class

"Finding a Jewish Path While the Ground Shifts Beneath Us" meets monthly on Sundays in the TAI

Sisterhood Lounge from 10:00 am to 12:00 noon. Upcoming dates are 2/26, 3/26, 4/23, & 5/21. We will concentrate our efforts on the traditional Jewish prayer book (siddur) so clearly presented in the wonderful series, *My People's Prayer Book*, published by Jewish Lights Publishing. This should help us in our Shabbat preparation. An exciting course about continuing our learning and thinking about what it now means to be Jewish.

Israeli folk music and dancing Sundays at TAI 4:30-5:30 p.m.

Folk music enthusiasts, learn Israeli folk dances and songs for adults and teens 13 years and older. Instructor: Aviva Bowling Fee: \$7.50/lesson (\$30 a month).

God's Pantry night on Tuesdays

Please join representatives from the entire Jewish community at God's Pantry on the second Tuesday of each month, from 6:00 to 7:30 p.m. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. Many thanks to the volunteers who made the December volunteer night such a big success! For more information and directions, please contact Karen Petrone at (859) 226-9145 or email petrone@uky.edu.



Karen Petrone, Lisa Satin, and Mollye Schwab help out at God's Pantry.

Om Shalom

Our next yoga and meditation session will be at 11:00 a.m. and 5:30 p.m. on February 15, around the time of Tu B'shevat, to explore our connection and responsibilities to the earth. Feel free to bring any quotations or readings that you would like to share on this subject. Everyone is welcome and no prior experience is necessary. Bring a mat and/or a large towel for your comfort.

University of Kentucky Donovan Scholars

The following programs will be held from 3:30 to 4:30 p.m. at the Sr. Citizens Center on the corner of Alumni Dr. and Nicholasville Road. Ample parking is available.

Tuesday, March 7, 2006 - Bob Orbach will introduce Rabbi Marc Aaron Kline, who will speak on "An English Egalitarian Look at the Israeli Situation." Learn more about Israel and the current political scene from Rabbi Kline's viewpoint as one who works on both sides of the issue.

Thursday, April 27, 2006: Mr. Bob Orbach and Friends will present "Memorial Day: A Time for Remembering." Speakers will trace the evolution of this unique American holiday and its important place in our history.

Legacy Heritage internship

Does your son or daughter excel in their science and math work? Are they looking to explore science or engineering as a career? Are you eager to expose them to other Jewish teenagers who share their passions? Do you know that Israel offers numerous elite scientific and medical institutions that are a source of great pride, and perhaps an underutilized educational resource for our youth? Announcing the Legacy Heritage Internship for Young Scientists (LHIYS), which offers full scholarships for a six-week summer research internship in Israel to Jewish high school juniors and seniors possessing outstanding scientific aptitude who wish to explore a career in the natural or applied sciences. This comprehensive program brings students to the Belmonte Laboratories of Hebrew University for guided research under the tutelage of doctoral students and professors, and introduces participants to some of the firms that comprise the Israeli technology sector. The uniqueness of this program is that the academic and professional growth of participants is valued equally to their personal growth within the Jewish community. Participants will discover the processes of scientific research through hands-on investigation, weekly scientific lectures, visits to the Bloomfield Science Museum and other scientific collections at Hebrew University, as well as customized trips. Personal growth will come from experiential learning. We aim to include teenagers of all denominations within our community, in a pluralistic way, and to build connections to various Israeli peers through social action projects, recreation, and broad cultural exposure. Consequently, as students develop confidence and competence in their science and engineering skills, they will also develop a greater appreciation for their Jewish heritage and expand their affinity with the Jewish world. Social activities, tours, and workshops are included within the internship. This program is intended for teenagers with varying levels of exposure—for example, in a Day School or supplementary Hebrew School. Previous travel to Israel is not a factor in selection. For more information or to receive an application, please contact dolinsky@lhfl.net.

Temple Adath Israel Bottled Water

The Temple now has its own label for bottled water. The water H₂Oy has been blessed by the rabbi and you can get your bottle(s) at the Temple. The cost is \$1 per bottle or 6 bottles for \$5 or \$18 per case (24 bottles to a case). All proceeds benefit the Temple. This is a wonderful refreshing way to support the Temple. Get your bottled water today! Stock up your fridge, your boat, your summer home, and your RV. It can also be personalized and decorated to reflect a theme for bar or bat mitzvahs, weddings, or any simcha at which you may serve refreshments.

OHAVAY ZION SYNAGOGUE

2048 Edgewater Court • President, Sanford Goldberg • (859) 266-8050

OZS Musical Soiree

In celebration of Shabbat Shira, the Shabbat of Song, everyone is invited to join us for our Biennial Musical Soiree, Saturday evening, February 4. Members of the community will show off their musical and singing talent while the rest of us appreciate their performance and some yummy refreshments! If you are interested in performing, contact Marilyn Robie at MBRobie@aol.com. Call the office for more information and to let us know you are coming.

New and Prospective Member Get-Together

All new and prospective OZS members are welcome to join us for a special Tu b'Shevat get-together on Sunday afternoon, February 12, from 4:00 p.m. to 6:00 p.m., at the home of Lisa and Jon Satin. If you are new to the community and/or are interested in learning more about Ohavay Zion (or if you know of others who are!), please contact Membership Committee Chair, Lisa Satin at (859) 338-3740 or call the OZS office.

Adult Education News

Be a part of the OZS adult learning community! Inaugurating a new **Searching and Seeking Series**, Rabbi Cohen and Art Shechet will lead a once a month course on Sunday evenings beginning in late February, "Looking for God in Everyday Life and Prayer: A Guide for the Uncertain." If you are interested in participating please call the OZS office.

Our once-a-month **Modern Ethical and Social Issues from a Jewish Perspective**, taught by Bennett Bayer and Rabbi Sharon Cohen will meet on February 12, 7:00-8:30 p.m. In observance of the holiday of Tu b'Shevat, the topic will be "Judaism and the Environment." All are welcome.

Now that our fearless leader and 350 reader, Sandy Goldberg, has returned from Israel, the **350 Book Club** will begin meeting again once a month on Sunday evenings to discuss a book reflecting the Jewish experience in America. For more information on the meeting date/time and for the upcoming book to be discussed, please contact Sandy Goldberg at scgold@pop.uky.edu.

Don't forget that **Humash Study** with Rabbi Smith continues on Monday evenings. All are also welcome to attend morning minyan, breakfast, and **Talmud Study** with Rafi Finkel every Friday morning beginning at 7:30 a.m.

Social Action News

The OZS Social Action committee invites you to join us on the third Tuesday of each month (February 21) from 6:00 to 7:30 p.m. as we sort food donations at God's Pantry. Contact Molly Schwab at (859) 881-1686 if you are interested in participating on this kid- and adult-friendly mitzvah. Also, we thank everyone who participated in the Give Blood, Get Bagels Blood Drive in support of the Central Kentucky Blood Center. Over 20 people fulfilled the mitzvah of Pikuah Nefesh (Saving a Life) by donating blood. The next blood drive will take place at TAI in the late spring.

Gan Shalom Preschool

Registration has begun for the 2006-2007 school year at Gan Shalom! For more information, contact the Gan Shalom office at (859) 335-9922.

Youth Group News

The last couple of months have been busy for our youth. In December, several USYers helped out at Mayfair Village serving latkes and playing dreidel with the residents as part of the CKJF Day of Giving. In addition, Heidi Zimmerman and Daniel Archer attended the International USY Convention (along with USY Advisor, Mike Mayer). At the end of January, our teens had a fabulous experience at the USY Specialty Kinnus in Louisville. This month, February 10 - 12, members of Kadima will attend the CRUSY Kadima Kinnus in Cleveland. Kadima will also be going on their annual President's Day Weekend Ski Trip to Perfect North on Sunday, February 19. We hope we will get some fresh snow in time for the trip!

Both Kadima and USY participated in the Martin Luther King, Jr. march downtown on January 16. Prior to the march, Kadima and TAI youth joined together for a quick breakfast and made a banner for the march. Following the march, they returned to OZS to defrost (can anyone say, "Hot chocolate"?), took part in a special discussion on civil rights, equality, and tolerance in America

and enjoyed some social time and lunch. USY joined the TAI youth for a lock-in at the Temple Sunday evening before joining the march in the morning. We are proud of all of our Jewish youth in Lexington as they accept the role of creating a world based on the values of justice and peace.

Shabbat at OZS

We welcome in Shabbat during the Kabbalat Shabbat service on Friday evenings at 5:45 p.m. Feel free to come "as-is" from work or other activities and join us for the spirited evening service before heading home for your Shabbat Dinner. On the last Friday of each month (February 24) the service will be at 7:30 p.m. with a special program and Oneg. Stewart Home will be here for their monthly Shabbat at OZS on Friday, February 3. On Friday, February 17 there will be a special Pot Luck Dinner at 6:15 p.m. (no 5:45 p.m. service) followed by "Friday Night Live," a special singing service led by our Religious School students at 7:30 p.m. Join us for our Shabbat Morning Service each Saturday morning at 9:45 a.m. Kiddush Lunch follows each week.

OZS Religious School News

In celebration of Tu b'Shevat, Religious School students and parents will participate in a special Tu b'Shevat Seder on Sunday, February 12, during Sunday School as we acknowledge our special relationship with nature and our obligation to take care of the world. All are welcome to join our students. Call Simone Salomon for more information. Also, everyone is invited to join us for "Friday Night Live" a creative musical service led by our Religious School students on Friday evening, February 17, at 7:30 p.m.

Our **Junior Congregation** program continues on February 11 at 10:45 a.m. in the Music Room. The program is coordinated by Steve Davis-Rosenbaum and led by Heidi Zimmerman and Asher Finkel. We encourage parents to attend with their kids.

DONATE THAT CAR to OZS!

Help OZS with your donation.

All donations are tax deductible.

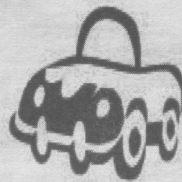
Vehicles, Real Estate, Lots, Boats, RV's & more!



Contact:

Larry Herman 859.269.5229

Jimmy Mischner 859.269.3783





COMMUNITY CALENDAR



CKJF - Central Kentucky Jewish Federation • 1050 Chinoe Road • Suite 203 • 268-0672 • Marty Barr, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Sanford Goldberg, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services on the 1st and 3rd Friday evenings at 6:00 p.m.,
on the 2nd and 4th Friday evenings at 7:30 p.m. • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel • 124 N. Ashland Avenue • 269-2979 • Starr Gantz, President
Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah • Odette Kaplan, President

HAV - The Lexington Havurah • 272-1459 • Gail Cohen, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• FREE Yiddish Class - CKJF 10:30 a.m. • Golda's Balcony, trip to Cincinnati 10:30 a.m. 29	Rosh Chodesh Shvat 30	31	February 1	2	3	4
FREE Yiddish Class - CKJF 10:30 a.m. 5	6	• OZS Board Meeting • TAI Board Meeting 7	8	9	• Shalom Deadline • Havurah Kabbalat Shabbat and Tu B'Shevat Seder - Lexington Theological Seminary 7:30 p.m. 10	11
FREE Yiddish Class - CKJF 10:30 a.m. 12	Tu B'Shevat - Jewish Arbor Day 13	Chabad-Rabbi Litvin visits 14	15	16	17	18
• FREE Yiddish Class - TAI 10:30 a.m. • Camp Shalom Winter Rally at Champ's - 6-8:00 p.m. • Jewels Dinner at Golden Buffet 5:00 p.m. 19	• Washington's Birthday • CKJF Office closed 20	God's Pantry Night 21	• CKJF Executive Committee Meeting 6:00 p.m. • CKJF Board Meeting 7:30 p.m. 22	23	24	25
• FREE Yiddish Class - TAI 10:30 a.m. • Larry Kant's "Finding A Jewish Path..." - TAI 10:00 a.m. 26	27	28	Rosh Chodesh Adar March 1	2	TAI - Bar Mitzvah Adam Suhl 3	TAI - Bar Mitzvah Adam Suhl 4
FREE Yiddish Class - CKJF 10:30 a.m. 5	6	• OZS Board Meeting • TAI Board Meeting 7	8	9	Shalom Deadline 10	11
FREE Yiddish Class - CKJF 10:30 a.m. 12	Ta'anit Esther - Fast of Esther 13	• Purim • Chabad-Rabbi Litvin visits • Noontimers Purim Party - TAI • God's Pantry Night 14	Shushan Purim 15	16	17	18