

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS

Kentucky
UNBROKEN SPIRIT

TISHREI/HESHVAN 5771

OCTOBER 2010

Community Film Series slated for next four months

Top quality foreign movies to be presented by OZS and TAI

Lexington is about to realize a long-term dream and join many larger cities in offering a regular Jewish Film Festival. Gary Yarus proposed the series to the Jewish Federation of the Bluegrass board and formed a committee to handle film selection, technical details, and sponsorship. Kae Schennberg has worked diligently as chair of the film selection committee and recruited sponsors for the festival. We are also grateful to Annette Mayer for her wise counsel, and to others too numerous to mention.

If you are interested in sponsoring a film, the cost is \$150 and your name will be publicized if you desire. The first two sponsors are Schennberg Realty and Evelyn Geller. In addition to sponsors, we need people willing to help with concessions, seating, set up, and the like. Please help spread the word. As audience size increases, so will the quantity and quality of films available to us.

Tickets will cost \$6 per person; refreshments will be available for purchase. The film series is meant to be family oriented, but please be aware that some movies will have subtitles and some might have minor content that should be supervised by parents.

All four slated movies are being shown in film festivals of larger cities. The Jewish Federation of the Bluegrass is excited to show them to our community.

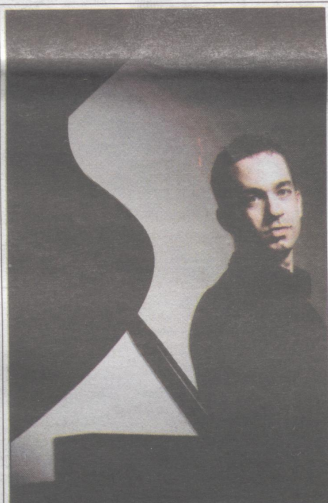
Film Festival Schedule

Live and Become, Temple Adath Israel, Sunday, November 14, 5:00 p.m.

Nora's Will, Temple Adath Israel, Sunday, December 12, 5:00 p.m.

Saviors in the Night, Ohavay Zion Synagogue, Sunday, January 9, 5:00 p.m.

Matter of Size, Ohavay Zion Synagogue, Sunday, February 6, 5:00 p.m. ☆



Israeli pianist Inon Barnaton to perform in Lexington on November 17; see p. 4 for story.

Hadassah launches 2010-2011 Donor Campaign

Hadassah's annual Donor Campaign began recently when members and associates of Hadassah received their donor letters. The letter describes two close-to-home examples of Hadassah's ongoing work in the United States, in Israel, and around the world:

- Israel was among the first responders to the Haitian earthquake of January 12, 2010. Specifically, Hadassah Medical Organization personnel were on the IDF team supporting a field hospital that was up and working by January 17. During its stay in Haiti, the team treated more than 1,100 patients, performed 319 surgeries, and delivered 16 babies.

- In July 2009, Jessa Perin, 16, from Cincinnati, became ill while on an Israel Experience Summer Program. She was brought to Hadassah Medical

Center at Ein Kerem where her condition continued to deteriorate. The Hadassah doctors were able to administer a breath test, designed by Hadassah Medical Organization researchers, which determined Jessa had a genetic disorder that was attacking her liver, and she would need an immediate liver transplant. Since no organ match was available in Israel, a Hadassah doctor contacted a hospital in New York City to help in the race to save Jessa's life. Then he, along with a nurse and an anesthesiologist from Hadassah, traveled with Jessa to the United States. They traveled on an El Al plane where some seats were adapted to create a medical ICU. After arriving in New York City, she received her life-saving liver transplant. Today Jessa is

see Donor Campaign, page 3

CAMPAIGN NEWS

Comedian Caryn Bark to entertain on Saturday, November 6



Caryn Bark

As a thank-you to our generous donors, the Jewish Federation of the Bluegrass is sponsoring an evening of comedy with Caryn Bark on Saturday, November 6 at 8:00 p.m. at Mike Scanlan's Fleetwood garage. Caryn is an author, comedian, and actress from Chicago who has entertained at Jewish venues throughout the United States and Canada. Judy Wortman engaged Caryn a number of years ago for a campaign event sponsored by the Jewish Federation of Delaware, which was a great success. Caryn was a hit with the audience there and has received wonderful reviews wherever she has performed.

The program, subsidized by the Elizabeth Rosenberg Fund, will be co-chaired by Pat Shraberg and Teri Solomon. Reservations will be accepted on a first-come, first-served basis, since the garage will seat only 225 people. There is no charge for the event; refreshments will be served. Please call the office at (859) 268-0672 to reserve your place. A waiting list will be developed if we reach the maximum number of guests. If for some reason you have to cancel, please call so that we can invite others from the list to attend.

For those who have not yet made your gift to the 2010 community campaign, it is not too late to pledge. If you have not yet paid, please consider paying before the end of the year. Needs do not wait until December. Thank you for giving with such generous hearts. ☆

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IN THIS ISSUE

TAI on Rye to open October 10.....	3
No Foolin': Winter Dinner to be at Fulin's Asian Cuisine December 5 at 6:00 p.m.	3
President's Message.....	4
Letter to the Jewish Community.....	4
Israeli pianist Inon Barnaton to perform November 17.....	4
Letter to the Editor.....	5
Budapest Jewish community thriving.....	5
From the Director.....	6
B'nai B'rith cookout a hit.....	6
Third Opinion.....	7
Ask a Rabbi.....	8
JFS: At Your Service.....	9
ISRAEL 21c: Killing cancer, without killing healthy cells.....	10
Solar energy from the pea on your plate.....	11
Book Excerpt: <i>Teach Them Diligently</i>	12
Interfaith Alliance offers carbon reduction opportunity.....	13
Peres Center marks Int'l Day of Peace.....	13
B'tayavon.....	14
The Lexington Chapter of Hadassah.....	14
The Lexington Havurah.....	15
Temple Adath Israel.....	16
Ohavay Zion Synagogue.....	17
Around the Community.....	18
Calender.....	19

Shalom

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October 2010 *Shalom*



Lexington Legacy: grandchildren of former Young Judaeans and Lexington Chapter of Hadassah presidents Carole Wilson, Evelyn Krislov, Judy Baumann, and Gail Cohen.



Counselor Itai Eres with campers.

If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org



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Shalom Deadline

Deadline for articles for the November *Shalom* is October 8.

Email articles to jfb.shalom@hughes.net

TAI on Rye to open October 10

Temple Adath Israel brings New York-style deli to the Bluegrass:
Rummage sale to be rescheduled

Come one, come all, to Temple Adath Israel's TAI on Rye deli on Sunday October 10, from noon to 3:00 p.m. We will be offering New York-style deli sandwiches and salads and we're working hard to make this as authentic as possible. The menu will be somewhat limited, but you can look forward to brisket pastrami and corned beef, all-beef hot dogs, homemade chopped liver, real Russian dressing, and more. We'll also have a few veggie options.

"TAI on Rye" was the winning entry in the "Name This Deli" contest. The winner of the contest chooses to remain anonymous but asked that we provide a vegetarian choice, which we will do.

In the interest of bringing you the best food possible, we have decided to postpone the rummage sale for a month or two so that we can concentrate on the deli. Please join us for a mouth-watering experience on October 10. We are open to the public—all are welcome. ☆

Donor Campaign (from page 1)

doing well and enjoying normal teenage activities, including returning to high school for her senior year.

Enclosed with the letter was a pledge card for the 2010-2011 Donor Campaign to return to Kathie Kroot. If a pledge card is not received prior to the Phone-a-thon on Thursday, October 14, a call will be made to the member or associate to follow up.

Anyone can contribute to the Donor Campaign and all donor contributions

of any amount, large or small, are appreciated in order that Hadassah may continue world class health care and research as well as educating the Israeli populace, aiding at-risk youth in Israel, and connecting Jewish youth to their heritage and to Israel.

Remember also to check whether your employer will match your gift to the Donor Campaign. Many companies are already registered with Hadassah; yours might be one of them. Contact Kathie Kroot at kvk6440@aol.com for further information on matching gifts. ☆

No Foolin': Winter Dinner to be at Fulin's Asian Cuisine December 5 at 6:00 p.m.

The Jewish Federation of the Bluegrass is pleased to announce this year's site for the Winter Dinner: one of the newest and hottest places in town, Fulin's Asian Cuisine in the Beaumont Shopping Center—in the old Max and Erma's spot. Thanks to our committee: Evalyn Block, Lisa Satin, Susannah Roitman (and family), Aviva Bowling, and Jana LaZur for their work in selecting the menu and site for the event. Please reserve December 5 and plan to attend this year's community Hanukkah gathering to light candles with family and friends and enjoy an evening together.

Bring your hannukiah and candles, and your family including the kids. As always, there will be something for

everyone. Kids will have their own area and babysitters and their own menu as well as activities and the annual dreidel game. We hope to have a consortium of local rabbis to lead the blessings together before the meal begins.

If you have never made it or it has been a while since you came to a Winter Dinner, please make plans to attend this year. Bring your appetite, as there will be multiple courses of appetizer, soup, entrée, and dessert. Spread the word and make your reservations early to ensure your seat. Please contact the Federation office at (859) 268-0672 or activities@jewishlexington.org to RSVP. ☆



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STEWART HOME SCHOOL

Contact Jana LaZur for the fall schedule

The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike. Please call Jana at (859) 268-0672 or email jana@jewishlexington.org for more information



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President's Message

Linda Ravvin
JFB President

Ten Virtues

Adapted from "Thoughts Shared," in honor of
Bubbe Pauline, by Heather Ravvin Mckee.

1. Love: Especially show a deep love for family. Use your life as an example of the strong bond that family members have with each other. Be forgiving and understanding, reach out to include an ever-widening circle of people within your family.

2. Courage: Never turn down the opportunity to challenge yourself to do better and more. Try new things. Become a leader. Speak out when you see injustice and work to correct it.

3. Laughter: Never take yourself too seriously. The best times in your life may be some of the silliest and most mundane. However, make sure that your laughter is not at the cost of hurting someone else.

4. Wit: Goes together with the laughter. Sharpen your brain and always be open to new ideas. Talk to people at every opportunity, especially those younger than you; they will shape the future, based on your foundation.

5. Strength: Be strong from the soul out. Have the strength of character to form your thoughts and convictions and to uphold them. Do not be a complainer; instead look around and see those around you who are in greater pain and need. Work to alleviate their suffering.

6. Zest: Have an insatiable thirst for life and take advantage of every moment; live life to the fullest. Share your enthusiasm with others and encourage them to participate in life's journey with at least the same gusto as you.

7. Indulge: Be good to yourself; take care of your health and appreciate your own strengths as well as your own foibles. Forgive yourself for your human weaknesses; none of us is perfect, nor will we ever be perfect. Take the time to enjoy life's pleasures when you can: chocolate, ice cream, a

white Russian drink or whatever your special treat is to yourself.

8. Joy: Express your joy with life. Happiness is contagious; it ripples through your contact with everyone you interact with, as the ripples of a stone in water, spreading ever larger circles of joyfulness and a sense of wholeness and peace.

9. Etiquette: Establish your rules of conduct and behavior to others. Show consideration and kindness to others at all times and do not expect others to treat you in like manner unless you have consistently demonstrated your own caring.

10. Humility: Be humble and modest about your accomplishments throughout your life. There will be many people who accomplish both more and less than you. Be a person who lives and functions with a strong moral principle: to work to uplift others, set a good example for future generations to follow and surpass you, and be an inspiration to others—in attitude, kindness, and love.

To our great regret, our beloved Bubbe Pauline, Leon's mother, passed away at age 100 in her sleep on the night of August 28, 2010. Her funeral, held in Montreal, was conducted by her grandson, Hillel Abramson, dean of Touro College, Miami. Leon gave the eulogy and each of our children—Michael, Heather, and David—shared their thoughts about their grandmother. She was truly a woman of valor. ☆

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Letter to the Jewish Community

Please accept my apology for the oversight of scheduling the UK School of Music's Moonlight Gala at Donamire on the eve of Yom Kippur. I am very disappointed we did not catch the conflict earlier in planning this event. With the World Equestrian Games taking the times we normally hold our gala, we were looking for earlier times that did not conflict with many of the other scheduled events. Unfortunately we found one of the few available dates and failed to do our homework of possible religious conflicts.

One positive note that may come from this mistake is that the university is looking into ways to avoid such problems in the future. Again, please accept my apology, and we will make every effort to insure we do not make such an error in the future.

Sincerely,
Ben Arnold, Director
School of Music, University of
Kentucky ☆

Israeli pianist Inon Barnaton to perform November 17

Pianist Inon Barnaton will present a special program on Wednesday, November 17, 2010 at 3:00 p.m. at Ohavay Zion Synagogue.

Born in Tel Aviv, Barnaton has earned acclaim in a repertoire ranging from Beethoven to Messiaen to Schubert. He will make his debut with the Lexington Philharmonic on November 19 under the baton of conductor Scott Terrell.

"This is a unique opportunity for our community to come together to support an Israeli-born artist," says Lynn Furness, president of the Lexington Chapter of Hadassah.

The program will consist of a short piano recital followed by Q and A.

Inon Barnaton, who received a prestigious Avery Fisher Career Grant in 2009, is a significant emerging artist in his own right, displaying seemingly limitless facility, infectious gusto, and no shortage of interpretative maturity.

-Denver Post

The real revelation of this concert was young Israeli pianist Inon Barnaton... a talent we should follow closely. ... He emerged as a real master of the keyboard.

-Jerusalem Post

The sponsors of this program are the Jewish Federation of the Bluegrass, the Lexington Chapter of Hadassah, Ohavay Zion Synagogue, Temple Adath Israel, and the Lexington Havurah. ☆

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Jewish Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the Federation office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859) 268-0672 or tamara@jewishlexington.org

Are you on the Jewish Federation's email list?

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.

tamara@jewishlexington.org



The Jewish Federation
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Letter to the Editor

Don't worry folks, Fox News is guarding the henhouse

Like Bonnie Sobel, I have my problems with politically correct language, especially when it violates George Orwell's sixth and last rule of proper writing which is, "Break any of the above rules rather than say something outright barbarous" (from "Politics and the English Language"). We differ on one point, however, and that seems to be our appreciation—or lack thereof—for Fox News. And so I offer the following observations.

Waiting for my car at the local Chrysler dealership one morning last month, I found myself watching Fox News. This is something I don't usually do, as I'll explain shortly. Anyway, it didn't take me long to realize that Fox is to news as Pro Wrestling is to sport: choreographed. The three reporters put me in mind of learning the waltz in seventh grade dancing class: one, two, slight Obama; one, two, slight Obama.

Not that this was all that surprising. I'd seen pieces from the old Hannity & Colmes show and that reminded me of when the Harlem Globetrotters used to schlep around a patsy team, the Washington Generals, whom they would invariably beat up on, albeit in a nice sort of way.

But, you may be asking, if I don't watch this stuff, how do I see it? I see pieces of it lampooned on Comedy Central by Stewart and Colbert and on MSNBC by Keith Olbermann. Olbermann is my favorite talking head—who, even though he's not Jewish—shares my Jewish sense of outrage at the frankly outrageous things that politicians, most of them Republicans, say and do. Not that he doesn't take hard swipes at Democrats, too. He's fair, if not balanced. The thing is, Fox News says that it is "fair and balanced" when it is in fact neither. The pieces that are excerpted by the comedy news shows provide their own context, for example, showing the Fox broadcasters touting one thing one week and the exact opposite the next. (I have to wonder if most Fox watchers have ADHD or short-term memory problems.)

This is the current Republican strategy, as we can see from Republican politicians who vote against legislation that they themselves or their party have previously proposed in order

to stop Democrats from achieving any sort of legislative victory. I have to hand it to our own Mitch McConnell, though. This is the best use of the "scorched earth" policy since Czarist Russia used it to defeat Napoleon.

Rupert Murdoch's policy agenda seems to be in line with that of Andrew Breitbart, the blogger (can I move to revoke his Jewishness?) who famously first showed the heavily edited Shirley Sherrod tape. If I recall, it was Fox that first showed the doctored anti-Acorn tapes. Their agenda is to "get" the Left by any and all means. Smear, jeer, and fear seem to be their principal weapons. I make no distinction between Fox's alleged news and the opinion shows of O'Reilly, Hannity, and Beck because, in my opinion, neither does Fox.

Like Ms. Sobel, though, I am a little concerned that our president should so lower himself as to advise people to avoid Fox. On the other hand, I don't remember any effective German opposition to Joseph Goebbels, the Rush Limbaugh of Nazi Germany....

I grew up in the era of reasonable Republicans like Robert Taft—my parents' choice—and Eisenhower and wonder what has happened to the GOP. Is it that first the McCarthyites, then the Birchers, and now birthers and home-grown "militias" and people like them have finally driven it from the field? Even pre-Watergate Nixon looks good by comparison.

For what it's worth, Olbermann reported that the second biggest stockholder in Murdoch's empire is a prince of Saudi Arabia. Maybe the answer is to review our immigration policy with an eye toward deporting Murdoch and Mel Gibson back to Australia. And to tell the truth, I'm not that fond of Russell Crowe. ☆

Stanley Ned Rosenbaum

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Budapest Jewish community thriving

By Jesse Weil

Many recent events showcase how lively Jewish life and culture are in Budapest now.

There was a big street fair in the main Jewish residential area of central Pest, called New Leopold City after the similar district of Vienna also peopled largely by Jews. On Pozsonyi Street in New Leopold City are Jewish bookshops, wine stores specializing in kosher wine, and various boutiques and restaurants. The shop owners have organized an annual street fair called Pozsonyi Picnic for several years now. It was wall-to-wall Jews, mingling and talking and eating and drinking. There was a stage with some musical entertainment, a Klezmer band, and some one performing songs from *Fiddler on the Roof*. There were tables and chairs set up all along the street in front of the restaurants, and more food stalls besides. The shops were all open and I found a book by Anna Perczel, one of our Sim Shalom members, on the architectural beauties to be seen and

preserved in the old Jewish Quarter. Even though it was an unseasonably chilly night, everyone seemed to be there.

The other big happening was a ten-day Jewish Music Festival that is now in its thirteenth year. There were classical, pop, and classic/pop fusion music, and even Hasidic hip-hop, if you can believe it. And of course there was the annual concert by four famous cantors, different ones each year, in the Dohany, the older Jewish district. There were ballet and other stage productions, and a performance in French about Edith Piaf by a group from Israel. On some days there were two or three performances simultaneously. The place was really hopping and the concerts were usually sold out. It's a big deal and a significant part of the Budapest cultural scene. And perhaps even more important, it's a sign that Jewish life is thriving again in a place where it was pretty beaten down 65 years ago. So Budapest is not such a bad place to be growing a Reform Jewish congregation. ☆



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From the Director

Judy B. Wortman

A lifetime of tzedakah

Most of us have just spent hour after hour in our congregations reading heavy liturgy, confessing our collective transgressions, and beseeching God for forgiveness and for life. While we are all hopeful that the new year will bring not only life but health and peace, we know that our lives on this earth are temporary and, this year as every year, we will lose some incredible people from our midst. While we may be reluctant to confront death when our lives are going smoothly and we and our loved ones are healthy, it is precisely those times when we need to think about the future and make plans for ourselves, for our families, and for the Jewish community.

Some of those plans deal with immediate things such as choosing a cemetery plot and pre-planning a funeral. Other decisions may be more difficult, particularly for young people. I remember contemplating these issues when my husband and I first left our children at home and traveled by plane without them. Who should be given the responsibility of raising our children in the event of our untimely deaths? How did we want the children to be raised and what Jewish and universal values should they be taught?

As we get older and have the joy of seeing our children and grandchildren grow up and become independent, there are other questions to be asked. How do we want to be remembered? How can we perpetuate those values and institutions that enriched our years? How can our lives, even once they are over, continue to make a difference in the world?

Many of us have been givers all of our adult lives. We have devoted our time and passion as well as our dollars to contributing to the community. For some it is our congregations, for some it is to political processes, and for many of you who are our readers it is our Jewish Federation. A gift to the Federation funds many programs and services to diverse populations. We provide for older people needing rent subsidies in Lexington as well as for troubled Israeli boys from Ethiopia who learn to ride and care for horses in a therapeutic program at the Ben Yakir Youth Village.

How many of us have thought about how these programs and others will survive us? We have done very little locally to encourage people to leave bequests to the Federation. It is hard enough to solicit annual gifts for the campaign and our volunteer pool gets smaller each year. How much harder, then, is it to ask people to remember Federation in their wills?

There are many special features to an endowment or a bequest. Rather than leaving funds to the general pot to be distributed by the Federation board, these gifts can be earmarked for special programs or projects significant to the person making the gift. We have been blessed to remember several people in the community through gifts they or their families have made in their memory. This fall, Jewish Family Services will sponsor two programs on adoption made possible by the Sue Friedman Fund, which supports family life education. In November the Elizabeth Rosenberg Fund will sponsor a night of comedy as a thank-you to our contributors. Every year for Yom HaShoah, the Emilie Szekely Fund sponsors an essay contest for middle and high school youth. Ken Freedman's family has provided a scholarship fund in his memory. Earlier this year an elderly gentleman came to the office to meet with me. He plans to leave his entire estate to the Federation so that we can develop a college scholarship program for young Jewish people who are either from single-parent homes or are in need of financial help.

I invite any of you who would like to consider either an endowment fund or a testamentary gift to call me so that we can set up a meeting. I would be glad to meet with you and your attorney, accountant, or financial advisor, if that is your wish. You will find that not only will you do a world of good for the community, you will be rewarded with the pleasure of giving—as well as a nice tax deduction. Please remember us in your will and ensure that a lifetime of tzedakah lives on. ✽



B'nai B'rith cookout a hit

Other activities planned

By Leon Cooper

On August 25, the Stanley Rose Lodge of B'nai B'rith sponsored the 2010 edition of its annual steak and salmon cookout at TAI. Executive chefs David Rose and Jeff Kaplan and their splendid crew outdid themselves in preparing the grilled steaks, salmon, and all the fixin's. After the meal, the attendees were treated to a most enjoyable recounting of life with the Big Red Machine by Lexington's own Doug Flynn. He was introduced by Alan Stein, a long time friend. We got a glimpse of what it was like to live and "work" with Pete Rose, Joe Morgan, Johnnie Bench, and the rest of that talented group.

The next order of business for the lodge is a Shabbat dinner for the UK Hillel students on October 15. After that there will be a Sunday morning brunch in November, when a special committee will present suggestions to the members for a community project.

B'nai B'rith International is active in many areas of the world where help is needed. Locally, our lodge is working to be an influence for good. If you would like to join us, contact any member of the executive committee: Bruce Broudy, Jack Miller, David Rose, Leon Cooper, Abe Rabiner, Marty Kaplan. ✽

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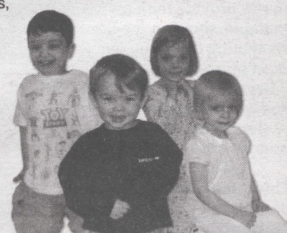
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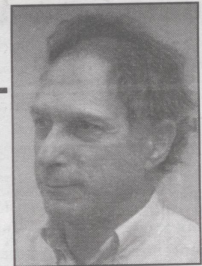
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Third Opinion

Stanley Ned Rosenbaum, PhD



Ethnogenesis

Despite what Jewish tradition says, we're not all or even mainly descendants of three Patriarchs and four Matriarchs. Were that the case, we'd be a "family" much like the ibn Sauds of Saudi Arabia, but, I would hope, nicer and more egalitarian.

Jews are close. A recent study

suggests that, genetically, most Jews are as close as fourth or fifth cousins. That's ten times closer than two people picked at random would be. However, that's not my point. Self-styled

"Palestinians," the neighbors who would like to chip away more than the 78 percent of Palestine that Jordan has occupied since 1922, say that they deserve their own state because they are a "people," too. This is bogus.

The best one can say is that Palestinians are on their way to becoming a people, because they've only been involved in the process of ethnogenesis since 1964. That's when the Palestine Liberation Or-

ganization was founded. Curiously, nothing of the sort was attempted, or even thought of, under Ottoman Turkish rule that ended in 1918. After 1948, when Israel attempted to refer to the Arabs living west of the Jordan as "Palestinians," other Arab nations set up a howl that we were trying to splinter Arab "brotherhood." In other words, they denied that there were recognizably different Arabs in Israel. And you

know something? They were right.

The culture, language, and religion of Palestinian Arabs are not significantly different from those of

other Arabs. They don't even have their own word for the country they claim, instead accepting the Greek designation that derives from the name "Philistine." This name derives from non-Semitic European invaders who settled in Canaan (one of the area's other names) about the same time that Moses was leading a ragtag bunch of Semites out of Egypt.

The Bible refers to Israel as a "people" (*am*) some 550 times: as a

nation (*goi*) only seven times and mostly in negative contexts. My research convinces me that biblical Israel became a people between 1200 and 1000 before the common era largely as a result of a power vacuum in the surrounding empires in Egypt, southwestern Anatolia, and Mesopotamia.

Maybe Palestinians can come together for statehood, but Muslims today often retain more loyalty to family, tribe, and religious denomination than to any state. How many Pashtun even recognize Afghanistan, although they live within its borders? And Iraq remains an example of the old saw, "A camel is a horse put together by a committee."

Having said that, I still wish to see a "two-state" solution to our problems with Arab neighbors. After all, there are fewer than two million Slovenes and they have a place of their own. On the other hand, there are 20 million Kurds, at least three times more than the wildest of Palestinian population claims, and they ain't never going to get an independent Kurdistan. Life isn't always fair.

But here's the thing. We cannot agree to a separate Palestinian

state (much less one in Judea/Samaria and one in Gaza) unless Israel has ironclad security

guarantees and the power to enforce them.

I didn't think this was going to transpire. In fact, after Dr. Hanan Ashrawi's intemperate talk in Lexington, I was more pessimistic about the prospect than ever. It's ironic, too, that Ashrawi had to play for "street cred" with Muslims, many of whom would rather see her wearing a burka.

But now, suddenly, here are Netanyahu and Abbas, backed by Mubarak and King Abdullah, meeting in Washington. Obviously, all four recognize that Iran is a greater threat to all than Israel and the Palestinians are to each other. Maybe, just maybe, something good is going to come of this. ☆

Stanley Ned Rosenbaum, PhD (Brandeis), is a retired professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."

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October 2010 *Shalom* | 7

Ask A Rabbi

Rabbi David A. Wortman

Q: Is belief in God necessary to be Jewish?

A: Karen Armstrong, in her provocative book *A History of God*, repeats the story of inmates in a concentration camp putting God on trial for the horrors of the Shoah. He is convicted. Then the judge stops the proceedings because it is time to *daven maariv*.

The story illustrates that traditional belief in an omniscient, omnipresent, and all-good God is not required in order to feel connected to the fulfillment of *mitzvot*. Clearly, the obligation of reciting the evening prayers transcends the conviction of God—even though *maariv* begins with “And He is merciful....” Thus, irrespective of the nature of our belief, practice is paramount.

This is one of the factors that differentiates Judaism from Christianity, especially in the early days of the Church. Belief replaced observance, thereby establishing a marked distinction between the “new covenant” and the “old.” It separates orthodoxy (small “o”: established belief) from orthopraxis (established practice).

There are some theologians who posit that the unity of God (*Sh'ma*) or Maimonides' thirteen principles constitute Jewish belief requirements. However, while central to liturgy (services), they do not rise to the same level of necessity as fulfillment of *mitzvot*. Judgment in the afterlife is based on one's adherence to the established practice, not to belief. God Himself is said to have asserted, “I would rather that they follow my ways than believe in Me.”

There were some Jewish philosophers who, following in Greek footsteps, tried to “prove” the existence of God. It is difficult to know whether

these rabbis (especially from Maimonides—12th century—forward) were concerned about proof or were merely following the precedents of Muslim and

Christian philosophers before them. One might infer, however, that they were faced with Jewish non-believers, or at least with the concept of non-belief.

Another aspect: From the 19th century through today, with the advent of the scientific revolution, atheism has become almost a new religion. Many speak of science and religion as

being incompatible. Often we argue that knowledge must be empirically established and factually based; the universe is governed by the laws of physics, not the laws of Moses.

Moreover, God has lost His place in our everyday language. We might say, “God bless you” when someone sneezes. I would argue that more often we say, “Bless you,” leaving God out of the sentence. We feel hokey or tongue-tied when we use His name. Even rabbis' sermons rarely concern themselves with God. Even to speak of God aloud labels us as religious zealots or, worse, irrational.

We have just completed the High Holidays. We spoke of and to God for ten days. If confronted with the true meaning of the words we spoke, how many of us would say we believe them? Yet

we felt compelled to fulfill the *mitzvah* of prayer and repentance.

Do any of these doubts, or even disbelief, make us any less Jewish? So long as we seek justice and strive to improve this world, our Jewishness is intact.

*Rabbi David A. Wortman has degrees or certificates in non-profit management, web design, and marriage and family counseling in addition to his ordination from Hebrew Union College and MA and M.Phil degrees from Yale. He has served as a rabbi and in a number of executive and academic positions, primarily in the Philadelphia area. He has delivered papers and lectures and is widely published in both academic and Jewish contexts. He is married to Judy Wortman, executive director of the Jewish Federation of the Bluegrass. He and Judy have four children and four grandchildren. He moved to Lexington in August 2009. **

From the 19th century through today, with the advent of the scientific revolution, atheism has become almost a new religion.

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Evelyn Geller in honor of the births of Yoshi Bardach and Myer McKee.



The Jewish Federation
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Have a question?

Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to jfb.shalom@hughes.net and put “Ask a Rabbi” in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

JFS: At Your Service

By Paula Clancy, MSW, CSW, Director,
Jewish Family Services

Preventive services covered by Medicare

Often people wonder whether preventive services are covered under Medicare. Medicare does pay for many screenings and tests and for some health management education programs, depending on certain criteria for each service.

The "Welcome to Medicare Onetime Physical Exam": This is a one-time review of your health that includes screenings, shots, educational counseling, and referrals for other care if needed. This exam is covered within the first twelve months of your having Part B Medicare. Your cost will be 20 percent of the approved Medicare amount.

Flu Shots: There is no charge for flu shots if your doctor accepts Medicare assignment. This is covered once each flu season in fall or winter.

Pneumococcal Shot: If your doctor feels you need this shot and accepts Medicare assignment, there is no cost. This is a once-in-a-lifetime shot.

Pap Test and Pelvic Exams: Medicare covers these services to screen for cervical and vaginal cancer once every 24 months or once every twelve months for women who have had abnormalities within the past three years. You pay 20 percent of the Medicare-approved amount for the test and exams and Medicare pays the Pap lab fees.

Mammograms: These are covered once every twelve months and you pay 20 percent of the Medicare-approved amount.

Prostate Screening: A PSA (Prostate Specific Antigen) test and exam is covered for men every twelve months. There is no charge for the PSA test; you pay 20 percent of the Medicare-approved amount and the part B deductible applies for the visit to the doctor.

Bone Mass Measurement: This service is generally covered once every 24 months for people who have certain medical conditions or meet related criteria. Your

cost will be 20 percent of the Medicare approved amount and the Part B deductible applies.

Diabetes Screenings: If you have high blood pressure, cholesterol or triglyceride problems, are overweight, and have a history of high blood sugar or family history of diabetes, up to two screenings are covered each year.

Colorectal Cancer Screening: These screenings are covered because treatment works best in the early stages and risk increases with age.

In summary, it is a good idea to consider taking the "Welcome to Medicare" physical exam. It is always important to ask if your doctor accepts Medicare assignment. This means that the physician is willing to accept the amount Medicare has approved for the service, and your payment cost for the visit will be about 20 percent of that.

Physicians who don't accept assignment may charge up to fifteen percent more than the Medicare assignment amount for the service. You may be asked to pay the full bill and accept a partial reimbursement from Medicare later. For many people it is worth the extra cost to be cared for by a particular physician. It is helpful to ask and know in advance.

For further information: www.medicare.gov. Please call me at (859) 269-8244 if I can assist with questions or resources. ☆



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ISRAEL 21c: Killing cancer, without killing healthy cells

By Llana Teitelbaum

A new molecular-level imaging technology from Israel can detect diseases in the cells themselves, and target cancer cells directly, without harming healthy ones.

Apoptosis in the brain

The majority of diseases begin the same way—with the process of cell death, otherwise known as apoptosis. While most imaging techniques seek to reveal abnormalities in the shape and appearance of the body's organs, Israel's Aposense, a clinical stage drug development company, has developed a molecular imaging technology to detect apoptosis in the cells themselves, at the earliest phase of a disease.

This technology has multiple uses. It can detect diseases before the symptoms manifest themselves; track the day-to-day progress of cancer treatment; and significantly, it can target and treat cancer cells via injection, without harming healthy cells and obviating the need for invasive procedures.



Aposense CEO Yoram Asheri

Founded originally by neurologist Ilan Ziv in 1997 and chaired today by Eli Horovitz—the former CEO of Teva Pharmaceuticals, Aposense takes a two pronged approach, says CEO Yoram Asheri—diagnostic and therapeutic platforms.

"The technology is manifest in a family of small molecules, which when injected into the body can identify cells in apoptosis," Asheri tells ISRAEL21c. "These molecules carry a load or compound with which to identify the cells with a PET scan. The other application area consists of a load that is capable of

therapeutic function, but localized in these cells."

Identifying dying cells

On the diagnostic side, Aposense technology is broadly applicable to many diseases, whether they are inflammatory, cardiovascular, neurodegenerative, infectious or genetic. "If tissue is lost or damaged, apoptosis is probably the culprit," says Asheri.

In the treatment of cancer, where the death of tumor cells is the desired result, the Aposense diagnostic technology can provide clinicians with quick and early treatment results. Too often results are only available after a period of months, by which time the knowledge that a treatment is not successful may arrive too late for the patient's recovery.

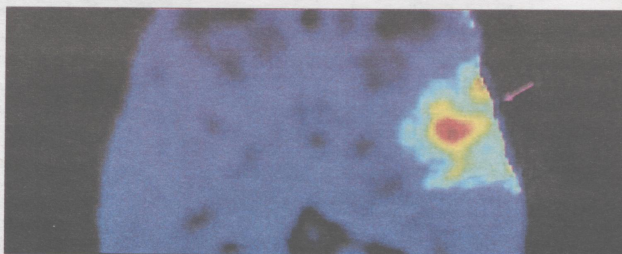
Every individual responds differently to treatment, and it's the oncologist's challenge to find the optimal combination for each patient. This challenge is exacerbated by the extended waiting period for treatment results, Asheri explains.

"One of the biggest problems in oncology is that it takes months to identify a response, to see if the treatment is working," Asheri tells ISRAEL21c. "Clinicians now rely on anatomical imaging to see the size of a tumor. In contrast, molecular imaging shows the response very early—

within a day or week—far beyond any means of diagnosis that are in use today.

"By allowing clinicians to know early if a treatment is working, we are opening a new paradigm of tailoring treatments to the patients, within the framework of personalized medicine," he explains.

In several clinical trials with patients being treated for brain tumors at the Rabin Medical Center in Petah Tikva, Aposense diagnostic technology predicted the shrinkage of tumors with 90



Apoptosis (cell death) occurring in the brain.

percent accuracy, by comparing initial predictions based on molecular imaging with the MRI results two months later.

Yoram Asheri, CEO of Aposense: "By allowing clinicians to know early if a treatment is working, we are opening a new paradigm of tailoring treatments to the patients."

Targeting cancer cells directly

An additional benefit of molecular imaging diagnostics is its non-invasive approach, in contrast to the current means of diagnosis which involve taking tissue samples.

Aposense's latest move, in collaboration with Teva, is to treat cancer with the same technology, by loading the molecules injected into the cancerous cells with a therapeutic compound. If successful, this approach would both increase the effectiveness of cancer treatment, while dramatically reducing the dosage and side effects of chemotherapy.

With the aim of beginning clinical trials in 12 to 18 months, so far Aposense has

seen significant success with this new form of targeted cancer treatment.

"We take compounds which are currently not targeted, and make them a targeted drug with our probes," explains Asheri. Relating specifically to chemotherapy, he says, "We know the drug works—the limitation is that it's nonspecific, and has significant side effects. By linking it with our probe we can turn it into a specifically targeted treatment, and achieve a superior result using 20% of the current dose."

In June, Petah-Tikva based Aposense completed an IPO on the Tel Aviv Stock Exchange with resounding success. The company, which has a staff of just 25, raised a gross \$25 m. at a company value of about \$238 m., after money.

It's no surprise to investors. Depending on market penetration, Asheri concludes, "A technology that can do as we describe—identify very early in treatment responders or non-responders—has a potential worldwide market of about \$3 billion." ☆

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Solar energy from the pea on your plate

Solar energy is often inefficient and difficult to utilize in cloudier climates. Now a Tel Aviv University (TAU) scientist is suggesting that the solution to these difficulties may lie on your dinner plate.

A nano-machine found in the common pea plant might be harnessed to change light into an energy source to provide electric power, according to research by Prof. Nathan Nelson of TAU's Department of Biochemistry.

"My research aims to come close to achieving the energy production plants obtain when they convert sun to sugars in their green leaves," Nelson explains.

The Israeli scientist and his team have created a solar energy device from a plant protein structure. "Looking at the most complicated membrane structure found in a plant, we deciphered a

complex membrane protein structure which is the core of our new proposed model for developing 'green' energy," says Nelson, a structural biologist.

"One can imagine our amazement and joy when, upon illumination of those crystals placed on gold-covered plates, we were able to generate a voltage of 10 volts. This won't solve our world's energy problem, but this could be assembled in power switches for low-power solar needs, for example," Nelson concludes. ★



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Jewish Family Services

October 2010 Shalom | 11

Book Excerpt

Teach Them Diligently, by Bonnie K. Stevens

Simhat Torah: Ending, Beginning, Rejoicing

If any holiday can be singled out as the one that best defines the Jewish teacher's work and purpose, perhaps it is Simhat Torah. Its themes and symbols embody, precisely and beautifully, what we do, and why we do it.

Simhat Torah reminds us to rejoice in our work. The study of Judaism, and the teaching of Judaism, are indeed obligations, but they're ones we embrace lovingly and gratefully. As we dance about the sanctuary, we wait eagerly for the moment when the Torah is passed to us; when we feel that familiar weight in our arms, we know we've been entrusted not with a burden but with a treasure, and our hearts thrill to the honor given us. We rejoice in our turn to lead the congregation in following the Torah; we rejoice equally in the privilege of passing the Torah to the next leader.

When we return to our classrooms in September, we feel that same thrill. Once again, the congregation has entrusted its greatest treasures to us. And despite all the difficulties, all the frustrations, we know our students are indeed treasures, not burdens. In our bitterest moments we may complain that some parents see us as babysitters, but we never see ourselves that way. We know much more goes on in our classrooms. We know we're holding the Torah up before our students, teaching them to recognize how precious it is, preparing them for the day when they'll take it in their own arms, press it to their own hearts, and lead others in the never-ending renewal of the Jewish people. We are teaching the next teachers. Despite all the difficulties, all the frustrations, we rejoice in this sacred task.

And Simhat Torah teaches us vital lessons about the nature of our joy. These days, we hear much about the yearning for spirituality, about the need for an emotional dimension to religion. Simhat Torah reminds us of the true foundation of spirituality. On Simhat Torah, we dance, yes, and we sing. But we also read. We read a double portion of the Torah, and that is the basis for

our joy. Simhat Torah tells us spirituality is grounded in more than a vague desire to feel good or connected; rather, spirituality is grounded in study, in careful attention to the words of our sacred texts.

On Simhat Torah and in our classrooms, intellect and emotion come together, each fueling and supporting the other. Our study leads us to rejoice; our joy compels us to study. Which is more important – the joy that leads to further study, or the study that leads to greater joy? Simhat Torah reminds us both are part of an eternal cycle. As teachers, we help that cycle endure.

Simhat Torah also reminds us that Jewish education never ends – not for our students, not for us. We've heard the speeches at bar and bat mitzvah services and at confirmation ceremonies; we've probably made such speeches ourselves. This is not an end, we say, but a beginning; and when we say this, we speak the truth. The end of each stage in Jewish education is the beginning of the next. What holiday embodies that truth more explicitly than Simhat Torah? We end the reading of the Torah by retelling the death of our greatest prophet. Then we immediately begin again, with the birth of a fresh, new world. The words of the text and the ritual of the holiday lead us to the same truth – every end is a new beginning.

As Jewish teachers, we are living symbols of that truth. We end one school year only to begin another. Through our example, we prove to our students that Jewish education never ends. Year after year, we return to our classrooms. We return to our people's texts and, with our students, study them once again, knowing that this study can never truly be completed – that each year we will learn something new, teach something new. Each year, we become partners in the process of creating new life. Each year, we become partners in the process of creating new life. This is our obligation, our sacred privilege, our unending joy. ☆

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Our Jewish Federation has not yet reached its 2010 community campaign goal. We're here to provide a lifeline to those in need whether they be in our central Kentucky community, in Israel, or in the world at large—we're here to work for a vibrant Jewish community for all.

If you have not yet made your 2010 campaign pledge, please contact the JFB office or send your gift in now.

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Interfaith Alliance offers carbon reduction opportunity

The Interfaith Alliance offers you the opportunity to join an interfaith eco-team. You will be able to work with people of other faiths to learn how you can make simple changes at home to lower your household's carbon footprint by at least 5,000 pounds. By participating in this effort, you will be promoting not only the value of caring for the earth and each other, but also diversity, tolerance, and peace in our community by working with people of different faiths on shared goals.

The Interfaith Eco-team will meet four times over two to three months. Each participant will commit to actions that reduce household greenhouse gas

emissions. Each meeting will last about an hour. Team members will use the easy-to-follow Low Carbon Diet workbook, which will be purchased for you. Last year, participants in Lighten Up Frankfort! used this simple and attractive guidebook, which is being employed successfully to reduce greenhouse gas emissions in communities around the country. Participating households gathered in small groups to calculate their household's carbon footprint, set a target for reduction, and plan or implement changes that would reduce their emissions to meet their target.

The Interfaith Alliance endeavors to promote respect and mutual understanding among different faiths by scheduling discussion groups and by planning community activities. Working with people of different faiths to learn how we can reduce our carbon footprint is a great way to get to know each other while doing community service.

Addressing climate change is truly a moral issue because it is essentially a human rights issue. Whatever we do, the planet will still be here. Working on a climate solution is about protecting the life forms on the planet and ensuring that in 50, 100, or 200 years,

every human being on the planet has enough food, enough water, and a stable enough place to live for a safe and peaceful life. Climate change presents serious risks to human health and safety, but fortunately, it's a problem we can do something about.

Lisa Satin, the team leader, will contact team members to determine convenient meeting times. If you would like to join a team or if you would like more information, please contact Lisa Satin at (859) 270-6947 or JLIFSatin@insightbb.com. ✧

Peres Center marks International Day of Peace

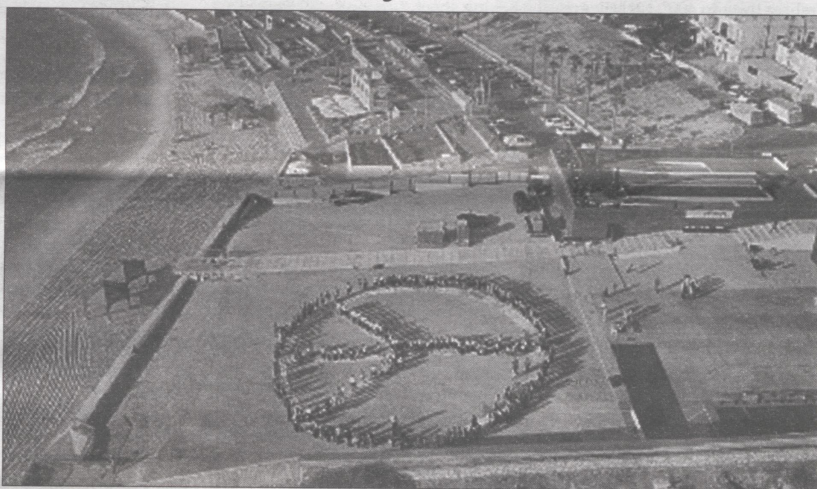
Jewish, Arab and Palestinian children form a peace sign together to mark the International Day of Peace outside the Peres Center for Peace on Jaffa beach, on September 21.

The Peres Center for Peace marked the International Day of Peace with events at the Peres Peace House on Jaffa beach.

The UN declared International Day of Peace in 1981 and it is marked annually around the world with activities and ceremonies.

The Peres Center marks the day by promoting its work with its partnering Palestinian organizations. Hundreds of Israeli Jewish and Arab families, children and young people, as well as Palestinian families and children involved in Peres Center projects and initiatives attended this year's event, which was open to the general public, free of charge.

Activities for families and children included drumming circles, arts and crafts activities, sports games, a show entitled New Beginnings that has both a Jewish and Arab cast, planting 'peace trees,' and a break-dance workshop. In addition there were performances by leading Israeli bands including Hadag Nahash, Groove Redemption, Daniella Spektor and others, an arts fair of Palestinian artists, olive oil tastings, an 'inner-peace' area, discussion circle, a photography exhibition entitled Frames of Reality



by Palestinian and Israeli documentary photographers, and more.

All participants in the day's events were volunteers, committed to the message: We are united for peace. ✧

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B'tayavon (Hearty Appetite)

By Ruth Poley



Appetizers — Quick and Delicious

Now that there's a chill in the air, and football season is upon us, we start to think of maybe having a few friends over to visit or watch a game. Or perhaps we get invited out and need to bring a little something. The following few recipes are super simple and quick to make but they are delicious and mostly look as if you've made a great effort. Try one or two, or all of them, the next time you need a little bite of something.

Puff Pastry Sticks

1 (17.3-ounce) package frozen puff pastry sheets, thawed according to directions
1 cup freshly grated Parmesan or pecorino Romano cheese
1 teaspoon dried basil
¼ teaspoon garlic powder
¼ cup butter, melted

Preheat oven to 400°. Lightly grease a baking sheet.

On a lightly floured surface, unfold pastry sheets. Cut each sheet into 13 strips, about ¾ by 10 inches apiece.

In a shallow dish, combine cheese, basil, and garlic. Brush pastry sticks with melted butter. Press pastry into cheese mixture, lightly coating each side. Gently twist pastry sticks, and place on a prepared baking sheet. Bake for 12 minutes. Remove to wire racks to cool. Can be made a day or two ahead and stored in an airtight container. Can recrisp in a 350° oven for a few minutes, if necessary.

Lomi Lomi Salmon Spread

8 ounces of cream cheese at room temperature
3 ounces of smoked salmon, chopped
1 tablespoon finely minced onion
1 teaspoon lemon juice (or more, to taste)
1 tablespoon green scallion tops, thinly sliced
crackers or Melba toast

Combine the first four ingredients, mixing well. Sprinkle with sliced green onions. Serve with crackers or Melba toast.

Frico Snacks

1 ½ cups grated Parmesan cheese, or more, depending on how much you want to make.

Preheat the oven to 375°.

Using a silpat mat or a lightly greased baking sheet, place mounds of 2 tablespoons of Parmesan cheese on the mat and gently tap down until each mound is flat and about 2 inches in diameter. Bake for 7 to 8 minutes, until golden and bubbly. Working quickly, use a thin spatula to transfer the Frico to a wire rack to cool. Store in an airtight container for up to two days.

I intended to give you a few more recipes this month, but I've run out of space. Maybe in a couple of months...☆

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com

The Lexington Chapter of Hadassah

Lynn Furness, President

Hadassah is about people, about changing lives, about tikkun olam, making the world a better place. Focused on health, education, youth, and the environment, Hadassah changes lives, one person at a time. Hadassah is able to bring about change because each member of Hadassah brings her own unique talents, abilities, and energy to the organization to help keep Hadassah programs and projects vital and meaningful.

Perhaps this inspiring piece about the strengths of our foremothers from Ritualwell.org will resonate with each Lexington member. Reflecting on the qualities of the women who were leaders in their times strengthens us to continue, renew, and extend our efforts on behalf of Hadassah, a leader in Israel and America in many areas.

From Eve the hope to choose life and sustain it after Paradise was lost;

From Noah's wife the nurturing qualities and patience to be a steward for earth's creatures;

From Sarah the faith to follow a dream into wilderness and to believe the impossible is possible;

From Rebecca the wisdom to overcome the dead hand of custom;

From Leah endurance and perseverance in the face of loneliness;

From Rachel the compassion and love for her sister that spared Leah pain and anguish;

From Dina the ability to take risks to break out of confinement to seek friendship with other women;

From the midwives Shifrah and Puah the courage to defy death to rescue the next generation;

From Miriam the ability to be out spoken in her views even when they are unpopular;

From Deborah the self-esteem that enabled her to rally and lead resistance and to take pride in her achievements;

And from Ya'el the courage to do what she knows she must do.

Find your heroine(s) among our foremothers and please join us as we share friendship and endeavor to make the world a better place. ☆



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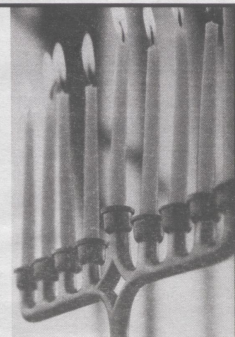
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Save the date
for JFB's annual
**Community
Winter Dinner**
on the 5th night of Hanukkah
December 5, 2010

More details coming soon...



The Lexington Havurah

Jeremy Popkin, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at popkin@email.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdffm@insightbb.com.

By the time this column appears, the Lexington Havurah, along with the rest of the Jewish community, will have completed our celebration of the High Holidays. Like other Jews around the world, we will have tried to confront our personal shortcomings, thrilled to the solemn cadence of the Kol Nidre, and vowed to strive to be better people in the coming year. We will have listened to the piercing sound of the shofar, taken our turns to be called up for the reading of the Torah, and contemplated the story of Jonah. We will have eaten apple slices dipped in honey, enjoyed the sense of clarity that comes from fasting, and tried not to overeat during our communal break-the-fast dinner.

What makes the Havurah's celebration of the High Holidays different from those in larger congregations? It is the fact that the members of our group take turns leading the services. This can be a daunting prospect. Shachrit, Torah service, Musaf, Yizkor, Minchah, Ne'ilah, when to stand and when to sit, how to handle the Torah scroll properly, and did we remember the handouts with the egalitarian language for the Amidah that isn't in our prayerbook? It is one thing to sit in synagogue and follow a rabbi who received extensive training and knows what he or she is doing; it is quite another to stand in front of several dozen people to try to do it yourself.

The members of the Havurah deeply respect our religious tradition. We want to hold services that incorporate the essential features of Jewish ritual; we want to "do things right." At the same time, however, we want to put our special stamp on our observances. Members are encouraged to vary the services they lead by

adding personal comments or readings. We tolerate the occasional moments of confusion that overtake our fellow *haverim*, and we cheer for our hard-working shofar blower when he gives us an especially successful *tekiah gedolah*.

For me, at least, there is a special feeling when the annual cycle of the High Holidays is completed (no, it's not just the pleasant fatigue that follows the break-the-fast meal). It's the feeling of truly having shared the observances with my fellow congregation members. I like the memory of their distinctive voices as we took turns doing the readings and leading the singing, the sense of mutual support as we completed our assignments at the *bimah*—excuse me, the humble folding table at the front of the room—and the feeling that we worked together to bring these awesome rituals to life. The Havurah's way of celebrating the new year is certainly not the only meaningful way of observing the High Holidays, but for me—and for my fellow *haverim*—there could not be a better way to pray for the blessing of a good year. ✽

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Advertise Your Business

The **Shalom Newspaper** is published ten times per year. It is mailed to over 1,200 local businesses and households. **Shalom** is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 11.42"	1/2 Page Vertical 5" x 11.42"	1/2 Page Horizontal 10.167" x 5.645"
\$200 BW \$300 Color	\$132 BW \$215 Color	\$132 BW \$215 Color
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*Ad production is available at \$15 per hour.

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Size	5x	10x	w/Color
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**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please
contact Tamara Ohayon at the JFB office.
(859) 268-0672 or shalom@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Temple Adath Israel

124 N. Ashland Avenue • President, Ken Slepian • (859) 269-2979

Temple Choir re-forming

The adult choir is re-forming. New Temple member Lorne Dechtenberg will be our conductor. Lorne is an active singer, composer, and private teacher in the community, as well as artistic director and conductor of the Bluegrass Opera. If you like to sing, join the choir. Our first meeting is Sunday, September 26 at 11:00 a.m. in the Temple Social Hall near the stage. You don't have to audition or read music. Whether you're male or female, 18 or 80, if you can carry a tune, then we want you! For more information, contact Lorne Dechtenberg at (859) 940-9379.

New prayer books purchased

Copies of *Mishkan T'Filah* have arrived at Temple. This prayer book has been adopted by over two-thirds of Reform synagogues, so liturgically we should feel at home at most Reform worship services. The book has English translations truer to the Hebrew text and the transliterations are easy to read. It is also gender neutral and there are more choices in prayers to create more varied services. The Temple is not using any General Fund money to pay for these books. Funding is coming from the Prayer Book Fund, The Memorial Fund, and—we hope—from congregants who would like to memorialize or honor loved ones by purchasing a copy or two to donate to the Temple. A copy is \$30; a bookplate will be put in the donated book. Copies for home use will be available in the gift shop.

B'nai Mitzvah class

At the age of maturity, a young adult is able to stand to count as part of congregational life and worship. In our tradition, one studies for a year to prepare for the day when he or she will ascend the bimah and publicly accept his/her new role in society. Bar/bat mitzvah is a matter of being 13 years old; there are many who have not had the opportunity to publicly express their acceptance of their new status. Rabbi Kline and others will present a long-term class series to provide the educational opportunities for adults.

The study will culminate in the class jointly leading a worship experience, much as our children do as they become bar/bat mitzvah. Study will include the familiarity with our worship and ritual, an opportunity to argue with rabbis who have been dead for thousands of years in Tal-

mud study, and the chance to design a class-wide service project. No Hebrew is required—we can learn it together. The cost of the class is \$54 per student. Classes will be held on Wednesdays at 6:00 p.m. on November 3, 10, 17, 24; December 1, 8, 15, 22, 29; January 5, 12, 19, 26; February 2, 9, 16, 23; March 2, 9, 16, 23, 30; April 6, 13. On April 15, the class will conduct the Shabbat service. Please send in the registration form at the end of this article along with the enrollment fee of \$54 per person.

TAI Mini U Class—Growing Up Humanist

David Sacks, son of founding members of suburban Cincinnati's Congregation Beth Adam, will talk about what it was like growing up as a Humanistic Jew. There will be presentations and discussions on "Growing up in a congregation your parents started!" "Trying to explain Humanistic Judaism to others," "The symbols and rituals of Beth Adam," and a topic to be decided on at a later date. Classes will be held on Sundays, September 26, October 10, October 24, and November 7 from 11:00 a.m. to noon. "Growing Up Humanist" is an offering of the TAI Mini University. As such, admission to any or all of the classes this semester is \$18.00. If you are interested in this class please send in the registration form at the end of this article along with the enrollment fee.

An evening with Imam Dr. Ihsan Bagby

Temple Adath Israel is proud to present an evening with Imam Dr. Ihsan Bagby, associate professor of Islamic Studies at the University of Kentucky, on Tuesday, October 19 from 7:00 to 9:00 p.m. Imam Bagby will speak on Muslims in America, a topic he has addressed extensively in his talks and publications. There will be a Q & A period following the imam's remarks. All are welcome.

Introduction to Judaism

Rabbi Kline's Introduction to Judaism class is open to the Lexington Community as well as the Temple family. If you are interested in learning about Judaism, plan to sign up for this class and meet new friends and expand your knowledge. The classes are Sundays, October 10, 17, 24, and 31, beginning at 3:00 p.m. In order for us to prepare the materials for the class, please send in your application with your check no later than September 27,

2010 so we can order the books that will be used for the class. The cost for Temple members is \$18 and for non-members \$36. If you have any questions please call the Temple office at (859)269-2979.

Please send in the registration form at the end of this article with enrollment fee. The class size is limited so mail your registration in today.

God's Pantry Night on Tuesdays

Please join representatives from the entire Jewish community at God's Pantry on the third Tuesday of each month from 6:00 to 7:30 p.m. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. For more information and directions, please contact Karen Petrone at (859) 226-9145 or Petrone@uky.edu. Join us on October 19.

Chavurat-Chochma (A Friendly Gathering of Wisdom)

We will meet again on October 29 to schmooze and enjoy an informative program. The cost is \$6 per person. Please RSVP by October 27.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Drop in the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. October 9 and 23.

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the library, October 2, 16, and 30.

Parsha

Join us each Saturday morning at 11:00 a.m. to take a look at the Torah portion for each week. The rabbi will lead some, everyone will take turns for others. The format will be different from either Torah study or Kollel. It is brown bag, so bring your lunch.

Registration form

NAME _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

Enclosed is my check in the amount of \$_____ for

_____ (number of people) B'nai Mitzvah class

_____ (number of people) Mini U

_____ (number of people) "Introduction to Judaism"

Mail to Temple Adath Israel, 124 N. Ashland Ave., Lexington, KY 40502.

Ohavay Zion Synagogue

2048 Edgewater Court • President, Beth Goldstein • (859) 266-8050

Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m. followed by a light breakfast and study. Newcomers are always welcome.

Weekday Minyan

A Minyan is held each Tuesday and Thursday afternoon at 5:45 p.m. in the Sanctuary. Please come and help make a minyan.

D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS Library (or outside when the weather is nice.). The brief afternoon/evening minyan follows in the sanctuary. A great way to end your day.

Jewish Short Stories

Jewish Short Stories is a refreshing new program for the seniors of our community. Join us as we munch on lunch and read and discuss a short story together. October's session is scheduled for October 14 at noon.

Kids' Shabbat

A monthly Friday evening Shabbat for children ages 4-9, with pizza, song, and schmoozing - 5:15 p.m. on October 22.

Tish Gathering With Rabbi Smolkin

Tish, n. (Yiddish, fr. German Tisch, table) a gathering around the rabbi's table, usually on Shabbat, often with singing, story telling, or discussion. Each event will have a different topic to be announced in advance. The Octo-

ber Tish is scheduled for October 29 at 8:00 p.m.

Young Professionals' Shabbat

Young Jewish Professionals in their 20's and 30's get together Fabulous Friday Nights For Food, Fun, and Festivities. Please join us and feel free to bring friends. The next Young Professionals' Shabbat is scheduled for October 15.

Community Shabbat

Join us as our religious school shifts this day from Sunday to Shabbat. Students will join in leading services. Parents will have a chance to learn with the rabbi. And the whole community will celebrate Shabbat together. Community Shabbat this month is on October 16.

October Shabbat Schedule

Celebrate *Shabbat*. The Friday night schedule for October is:

October 1 - Family & Friends Shabbat at Home. No evening service at OZS.
October 8 - Traditional Service at 5:45 p.m.
October 15 - Young Professionals' Shabbat at 6:00 p.m.
October 22 - Kids' Shabbat at 5:15 p.m.
October 29 - Rabbi Tish at 8:00 p.m.

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30 a.m. with Kiddush Lunch following in the Social Hall.

Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion please call Membership Chair Simone Salomon at (859) 269-1585.

Attention proud grandparents, parents, and students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to jfb.shalom@hughes.net

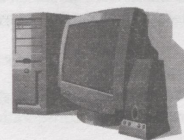
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128 Southland Drive - Lex., KY 40503 - (859)275-1228



a gathering of local Jewish adults, ages 21 to "40ish" (about 45), who get together at least monthly for social events.

Join our mailing list. Contact Tamara Ohayon at tamara@jewishlexington.org, (859) 268-0672, or find us on Facebook!

UPCOMING EVENTS

Thursday, October 21

Men's/Women's Night out

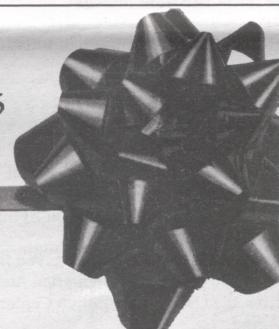
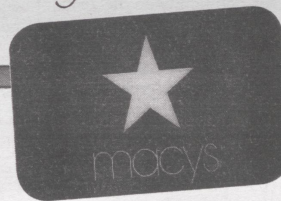
Thursday, November 11

Latke Fry-off, maybe

Sunday, December 12

Dinner and a Movie

Hadassah selling Macy's Gift Cards



Make your gift giving easy, save gas and time, and help the Lexington Chapter of Hadassah raise funds for its valuable programs here in the U.S. and in Israel by purchasing Macy's Gift Cards.

Send a check payable to Hadassah. Macy's Gift Cards are available in \$25, \$50, or \$100 denominations and are usable at any of the over 400 Macy's nationwide stores. They can be used as gifts for any and all occasions or for yourself for shopping you'll do anyway. No expiration date.

Send your check to Odette Kaplan. Contact her at omkaplan@aol.com or (859) 271-8332.



Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvot, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to jfb.shalom@hughes.net. Remember, we welcome photos, too!

Mazel tov to...
Students and parents honored at TAI's Simchat Torah consecration:

Jacob Aaron Doctrow and Daniel Phillip Doctrow, sons of **Robert and Lisa Doctrow**

Gloria Tehila Carroll Falach, daughter of **Yaniv and Julia Falach**

Laine Simone Fine, daughter of **Brad and Jamie Fine**

Kenneth James Hesselson, son of **Aaron and Heather Hesselson**

Joseph Lee Myers, son of **Mark and Eden Myers**

Nathan Clinton Palley, son of **Kevin and Clair Palley**

Mallory Elizabeth Pitman, daughter of **Jason and Beth Pitman**

Hunter Arron Smith, son of **Jonathan and Angie Smith**

Wexler Harry Yelowitz, son of **Aaron and Beth Yelowitz**

Vivian Weil, who was named a Dr. William Marksberry Senior Star by the UK Sanders Brown Center on Aging.

Gershon Shulman, who received the David R. Wekstein Centenarian Award from the UK Sanders Brown Center on Aging.

Janice Crane, on earning a national certification in leadership from the Leadership Excellence Academy. The training is an initiative between the National Adult Education Professional Development Consortium and ProLiteracy with the support and encouragement of KYAE (Kentucky Adult Education).

Elissa and Alan Weinstein on the birth of their daughter, **Arly Caroline**, on September 9, 2010.

Condolences to...

Matthew Feigenbaum on the death of **Ruth Feigenbaum** in Florida on August 11, 2010.

Freda Miller, Joe Miller, and Samye Stith on the death of their cousin **Judith Gayle Waisblum Plotkin** on August 20, 2010.

Bill McCoy and Erin Gold on the death of Bill's mother, **Chernesta Lorraine Raymond**, on August 24, 2010.

Leon and Linda Ravvin and the extended family on the death of Leon's mother, **Pauline Ravvin**, on August 27, 2010.

Robert and Meryl Shapiro on the death of their son, **Keith**, on August 5, 2010.

Calling all volunteers!

Our "Tzeason of Tzedakah" is approaching and volunteers will be needed to help throughout the month of December.

Contact **Jana LaZur** to have your name added to our "Tikkun Lexington Mensch Corps" list this year.
(859) 268-0672 or jana@jewishlexington.org

Together, we can make a difference!



Our 2010 Shalom Contributors

Thank you for your generous contributions to keep Shalom solvent.

Chai

Eleanor Benblatt
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Three Times Chai

Judy and Rabbi David Wortman*

*In memory of Ruth Poley's mother.

Habono (builder)

Robert & Sheila Orbach

Gibor (hero)

Ruth & Neil Poley
Becky & Scott Savage
Gene Sittenfeld & Sally Mulholland
3 anonymous

Here is my contribution to help keep Shalom solvent

☐ \$18 Chai

☐ \$36 Double Chai

☐ \$54 Three Times Chai

☐ \$72 Habono (Builder)

☐ \$90+ Gibor (Hero)

Name _____

You ☐ may ☐ may not publish my name

Mail to:

JFB, 1050 Chinoe Rd., Suite 302, Lexington, KY 40502

Make checks payable to JFB and write "Shalom" on the memo line.

Two new programs at the Federation office!



Last Tuesday of the month:

"Lunch and learn with our Lexington community rabbis" continues on Tuesday, October 26 with Rabbi Uri Smith. Each month at 12 noon in the JFB office the rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week and other topics of interest. A dairy lunch will be offered at

a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.

Every Monday and Wednesday:

Get fit and have fun with the Federation staff for a midday exercise session. Bring in exercise videos or lead a class for the group. All ages and abilities welcome!

Call Jana LaZur at 859-269-0672 for more information or to volunteer.



The Jewish Federation
OF THE BLUEGRASS



Community Calendar

JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org

1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President

OZS - Ohavay Zion Synagogue - www.ozs.org

2048 Edgewater Court • 266-8050 • Moshe Smolkin, Rabbi; Beth Goldstein, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.

TAI - Temple Adath Israel - www.lextai.org

124 N. Ashland Avenue • 269-2979 • Marc Kline, Rabbi; Ken Slepyan, President
Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org

Lynn Furness, President • mamanewbs@yahoo.com

HAV - The Lexington Havurah - www.lexhavurah.uscjhst.net

Jeremy Popkin • popkin@email.uky.edu

BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289

1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Lunch and Learn with local rabbis		JFB office closed	JFB office closed	
26 Yiddish Class at JFB	27	28	29 JFS Family Life Education "Adoption"	30	October 1	2
3 Shalom newspaper deadline Opening of TAI on Rye Deli - Noon at TAI	4 JFB Equine Division Event Columbus Day showing of "Out of Cordoba" at UK, 7:00 p.m.	5 Chabad-Rabbi Litvin visits Hadassah Board Meeting	6	7 Hadassah Phone-a-thon Jewish short stories luncheon discussion at OZS	8 Hillel Shabbat dinner for UK students	9
10 Hadassah Breast Cancer Awareness Cookie Sale Yiddish Class at JFB	11	12 Imam Dr. Ihsan Bagby speaks at TAI 7:00 p.m. God's Pantry Night 6:00 - 7:30 p.m.	13	14 Young Bluegrass Jews night out	15	16
17 Hadassah Breast Cancer Awareness Cookie Sale	18	19 Lunch and Learn with our local rabbis	20 JFB Board Meeting	21	22 Chavurat Chochma at TAI	23
24	25	26	27 B'nai Mitzvah class starts at TAI	28	29	30 JFB Comedy Night
31	November 1	2	3	4	5	6

COMEDY NIGHT

a thank you to our donors

SAT NOV 6 2010



The Jewish Federation &
Elisabeth Rosenberg Fund
invite you to a night with

Caryn Bark

comedian, writer, novelist, and playwright

8:00 p.m.

Mike Scanlan's Fleetwood Garage
540 East 2nd Street

Light refreshments will be served.
No charge. By reservation only.



The Jewish Federation
OF THE BLUEGRASS

To make reservations
contact the JFB staff at
(859) 268-0672 or
jfb@jewishlexington.org