

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS

April 2012

Kentucky
UNBROKEN SPIRIT

NISAN/IYAR 5772

Ohavay Zion Synagogue to celebrate 100 years



OZS congregants get ready to move to new building.

Ohavay Zion Synagogue will celebrate its 100th anniversary on the weekend of April 27 - 29. The celebration begins on Friday night with a Shabbat evening service followed by a wine and cheese meet and greet. There will be a special Shabbat Service on Saturday morning followed by a Kiddush lunch at the synagogue. A Gala Centennial Celebration will be held at the historic Lyric Theatre in downtown Lexington on Saturday night.

On Sunday there will be a farewell brunch at the former home of OZS, which is now Joe Bologna's Italian restaurant. The brunch will be followed by a memorial service at the Lexington Cemetery to honor former members.

Come celebrate with old and new friends on this special weekend. Please make reservations for any of these events that you would like to attend. For reservations and further information contact Simone Salomon at 269-1585 or simonesalomon@mac.com. ☆



Leon Cooper and Barbara Derer in an OZS show.



Rabbi Schwab leading Torah Service.

CAMPAIGN NEWS

Super Sunday 2012 – a great success



Bob Orbach takes a donation from one of our donors over the phone.

On Sunday, February 26th the Jewish community came together to launch the 2012 community campaign with our Annual Super Sunday fundraiser. On that day hundreds of calls were made and about 100 gifts were confirmed totaling just over \$20,000. This represents an increase of about 8% over what these donors contributed last year.

Thank you to our wonderful volunteers: Mike Ades, Eleanor Benblatt, Evalyn Block, Bruce Broudy, Jane Chaput, Diana Clewett, Susan Cobin, Gail Cohen, Vinnie Dubilier, Lynn Furness, Jenn Garlin, Bob Grossman, Bill Lucas, Betty Nigoff, Bob Orbach, Ricki Rosenberg, Hanna Smith, Terri Solomon, Paul Tillier, David Wortman, and Gary Yarus. ☆

Yom HaShoah Commemoration to be held on April 22

The community wide Yom HaShoah, Holocaust Remembrance Day Commemoration, will take place on Sunday, April 22 at 10:30 am at the Ohavay Zion Synagogue social hall. This year's program will be similar to the one last year, which was a departure from the usual lecture. There will be roundtable discussions for adults and teens about the contemporary messages of the Holocaust in addition to the memorial service, candle lighting, and reading

of the Emilie Szekeley essay contest winning submissions. Music will be provided by the choirs of Ohavay Zion Synagogue and Temple Adath Israel under the direction of Anat Rubinstein and Lorne Dechtenberg. All TAI and OZS religious school classes will be held at OZS that morning. The Yom HaShoah Commemoration is open to the public and sponsored by JFB in conjunction with all of the Lexington community Jewish organizations. ☆

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The PJ Library is a national program offered locally which mails free, high-quality and age appropriate Jewish children's literature

and music to families on a monthly basis.

All families raising Jewish children ages six months to eight years are welcome to enroll. JFB is proud to offer your family, through our partnership with local donors and the Harold Grinspoon Foundation, this opportunity to explore the timeless core values of Judaism through books and music.

Enroll your children or grandchildren today! Call us at 859.268.0672 or visit www.pjlibrary.com and visit our Lexington community page.



Want to give your children a cherished Jewish experience? Looking for your next adventure in Israel? Worried about the cost?

JFB's Jewish Family Services is now accepting confidential applications for camps to not-for-profit Jewish summer camps in the region (including our local Camp Shalom and Camp Geshen) and scholarships toward not-for-profit Israel educational programs. Income is one of the criteria used to evaluate eligibility for camps.

DEADLINE FOR APPLICATIONS IS APRIL 15, 2012.

They can be requested from JFS or downloaded from the Jewish Family Services page at www.jewishlexington.org. For more information, contact Talia Smolkin, Director of Jewish Family Services, at (859) 269-8244 or via email at jfs@jewishlexington.org.



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Shalom Deadline

Deadline for articles for the April *Shalom* is April 10.
Email articles to shalom@jewishlexington.org

President's Message

Bob Grossman, JFB President

Barbara, Bear, Scruffy, and I spent the evening of Friday March 2 in our basement, waiting out the tornado warnings. We were fortunate; we saw no more than some pea-sized hail. Others, of course, were not so fortunate as we were. Our thoughts and prayers go out to our neighbors here in Kentucky and other states that lost so much during the storms.

It's at times like these that the importance of community organizations becomes so evident. Groups such as the Red Cross and the Christian Appalachian Project (CAP) were on the ground in places such as West Liberty as soon as the storms had passed, helping to find survivors, comfort those who lost loved ones, and providing victims with shelter and supplies. Other organizations in central Kentucky have also stepped up. Here at JFB, we are encouraging people who wish to help with the rebuilding effort to contribute to the Bluegrass Community Foundation's Eastern Kentucky Tornado Rebuilding Fund (www.bgc.org), which will focus on longer-term rebuilding efforts. The Red Cross (www.redcrosslexky.org) and CAP (www.christianapp.org) are also worthy organizations that will make wise and efficient use of your donations.

Community is what JFB is about. We are here for all Jews, no matter whether they affiliate with Temple Adath Israel, Ohavay Zion Synagogue, the Havurah, or no religious institution at all. We have programs for Jews of all ages — from PJ Library and Camp Shalom, through Young Bluegrass Jews, to the Leisure Club. We bring Jews across the community together to remember our people lost in the Holocaust and to celebrate the birth of the State of Israel. And through the Tzeason of Tzedakah and our visits to the Stewart Home in Frankfort, we facilitate rewarding opportunities for Jews of all political and religious persuasions to fulfill the mitzvah of tzedakah. We also provide some of the few venues, such as the Winter Dinner and For Women Only, where Jewish adults who belong to different religious organizations or none at all can come together to meet one another and socialize.

You are JFB, and JFB is you. Volunteer to help out on a committee or at an event, and help our Jewish community grow stronger. ☆



Editorial

By David Wortman

Sometimes it is hard to come up with new topics for editorials each month. There are many things that are happening in the news, for instance, tornado relief, terrorism in Israel, Republican primaries, the economy, and the coming of Passover. The news items have long been covered on CNN and Fox news, as well as various newspapers. An opinion about Passover will be found in Rabbi Kline's "Ask a Rabbi" column in this issue.

I suppose I could write about taxes since the deadline looms near. However, what is there to say? Who was it that said, "there is nothing permanent other than death and taxes." We pay them each year like clockwork. Sometimes we get a refund; sometimes we owe. Our taxes fund government programs as well as a large government bureaucracy. Taxes are necessary for our country to survive. While there have been many proposals to change the tax code or even the tax structure, the concept of paying taxes remains constant.

As April 15 gets ever nearer, we become acutely aware of our tax system. The preparations for tax payment are tedious. Receipts and records have disappeared. We expend a great deal of time searching for every nickel that will reduce our obligations. Nobody likes taxes. Nobody is excited about taxes (unless one is due a refund).

Why even mention taxes? I'm glad you asked. Recently, on Super Sunday, we

all had a chance to commit ourselves to a Jewish tax. That is one way to understand our contributions to the Federation campaign. It is a Jewish tax. It is our opportunity to rise to our obligations that will support community programs, here and in Israel.

From medieval times through the 19th century, there was actually a Jewish tax in many European countries. This tax supported synagogues and other Jewish institutions and services. It was administered by the government and it was incumbent for every Jew to pay this tax. We no longer have this system. We have replaced it with a voluntary contribution to the Jewish community and to many Jewish causes. This method of collecting the "Jewish tax" has frequently left the community's ability to function on the brink of extinction.

Another form of what I consider to be an obligation, like taxes, is support of our congregations that provide religious, educational, social justice, and community services. This is no less vital than our commitment to Federation programming.

I, therefore, propose that we change our idea of voluntary giving to one of paying our Jewish tax. If we take this as seriously as we do the payment of our federal, state, and local taxes, our community will be better able to meet our needs. In 2012, may all of us, whenever asked, make a commitment to submit our tax to Federation and communal institutions. ☆

Here is my contribution to help keep *Shalom* solvent

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Supporting Our Children and Families:

April is Child Abuse Prevention Month



**Prevent Child Abuse
Kentucky**

www.pcak.org

We love our children. Obviously. We celebrate births. We argue over who gets to hold each baby. Many formally bring them into the Jewish community with a bris or a baby naming. We have schools for them and special services for them, and programs revolving around Jewish children's books. We celebrate B'nai Mitzvah and graduations and visits when they get older. We love the children in the wider community and beyond.

Because we love our children, we want to protect them, support our families, and create spaces in which they may flourish. Jewish Federation of the Bluegrass/Jewish Family Services (JFB/JFS) has a partnership with Prevent Child Abuse Kentucky (PCAK). As part of JFS's Family Life Education, we are celebrating child abuse prevention month, which takes place in April.

PCAK, an organization that creates programming, community education and advocacy to prevent child abuse, explains Child Abuse Prevention Month: The month of April is devoted to celebrating ways in which individuals and communities can actively support families and children. By ensuring all parents in the community have access to quality childcare, affordable health services, parenting education and resources, the Commonwealth makes progress toward ensuring no child is subjected to abuse or neglect.

Preventing child abuse, as evidenced by the goals of Child Abuse Prevention Month, is more than reporting suspected child abuse and neglect. While responding to child abuse is critical, it is equally critical to strengthen families, educate about child development and discipline, support social networks for parents, and provide information about resources.

April is Child Abuse Prevention Month, and therefore the perfect moment to kickoff opportunities for creating awareness in the community, and to network as a community and as individuals in support of our families, children and safe spaces. Representatives from JFS are beginning to speak with leaders in our commu-

nity to strengthen the work we all do for our families. At the writing of this article, discussions with Rabbi Kline and Rabbi Smolkin have taken place regarding additional steps we can take to support our children and families. In addition to what organizations in the community are doing, there are numerous ideas to share regarding what we can do as individuals (read on for steps everyone can take, and see "At Your Service" in this paper for some of PCAK's parenting tips).

This community already does a great deal. As individuals, we strive to be sensitive to the needs of community members. Numerous programs bring us together, creating social support and networking for our families. Religious programs, religious schools and preschools, community wide programs such as *Yom Haatzmaut*, and PJ Library are just a few examples. While the initial goals of these programs revolve around Jewish identity and community, they also serve to support families generally.

Our readers may be asking what else they can do as individuals to support families and prevent child abuse. The PCAK lists numerous ideas at www.pcak.org/what_everyone_can_do.html.

Here is a sample: "(1) Stop and see a struggling parent. Smile, offer words of encouragement or lend a hand (hold the door, help with the grocery bags)... (2) Offer to assist with seeking resources or seeking appropriate child-care resources... (3) Offer homework assistance or tutoring... (4) Encourage parents to remove themselves from situations that become volatile and to take a time out before confronting difficult situations. Let them know it is OK to feel frustrated and it is OK to ask for help... (5) Tell parents about 1-800-CHILDREN and other local resources (parenting classes, mothers morning out)."

1-800-CHILDREN is a great resource. Trained volunteers at this PCAK program offer support to parents and caregivers by providing support and resources.

If you suspect child abuse or neglect, report it by calling 1-877-597-2331.

This is a remarkable community that has always demonstrated care and respect for its members and the wider community. We love our children. And as we strive to demonstrate this again and again, we can further deepen support for our children and families. ☆

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JFS: At Your Service

Talia Smolkin, JFS Director

Supporting our families and the well-being of our children begins with care giving. As parents or guardians, we can

always learn more about resources and best practices for caring for children physically and emotionally. Prevent Child Abuse Kentucky (PCAK) has in its tool belt numerous ideas and tips. Anyone can call 1-800-CHILDREN for support and resources. The following tip sheet by PCAK offers some of these concepts:

"Tips on Being a Nurturing Parent: A healthy, nurturing relationship with your child requires a lot of energy and work, but the rewards are well worth it and will last a lifetime! Below are some easy tips.

"Help Your Child Feel Loved and Secure: a) Make sure your children know you love them, even when they do something wrong. (b) Encourage your children. Praise their achievements and talents. Recognize the skills they are developing. (c) Spend time with your children. Do things together you both enjoy. Listen to them. Share your opinions and ask for theirs. (d) Learn how to use non-physical discipline. Depending on your child's age and level of development, alternatives may include simple redirecting your child's attention, offering choices, using "time-out," or withdrawal of privileges."

"Take Care of Your Children: (a) Provide nutritious foods. Try to make mealtime a fun, learning experience. Regular meal times help you ensure your children are getting the right amount of nutrition. (b) Health care begins before babies are born. Get

prenatal care for yourself and your unborn child. After birth, regular medical visits allow the doctor to monitor the baby's development, immunize against various diseases and address any questions, concerns, or frustrations you have about your child's health or behavior. (c) Healthy, happy children need regular sleep. As babies grow, they need less sleep. Soon, their routines include regular awake and nap times. Children feel best if they have a regular bedtime and a regular bedtime routine. (d) Keep children safe. Infants should never be out of a parent or caregiver's sight unless they are in a crib or another safe place. As soon as children begin to crawl, it is important to child-proof your home. Toddlers need constant supervision and frequent reminders about behaviors that are a danger to them. (e) When you cannot be with them, choose caregivers carefully to be sure your children are safe. When possible, use licensed or certified childcare providers. Never leave your children with anyone- even friends and relatives- unless you are confident they have the skills and experience necessary to provide safe care."

For more tips on parenting and information about Prevent Child Abuse Kentucky, take a look at their website: <http://www.pcaky.org>, especially their parent education and fatherhood programs for ideas and resources. April is Child Abuse Prevention Month. This is a great opportunity for us to take the time to learn and celebrate the steps we can take to support children and families. (See "Supporting Our Children and Families" in this paper).

And of course, to contact Talia Smolkin, JFS Director, for information, referrals, or other needs, e-mail jfs@jewishlexington.org or call (859) 269-8244. Feel free to ask Talia to send you even more care giving tips from PCAK.

ATTENTION proud grandparents, parents, and students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org

Letter to the Editor

No Peace for Israel

By Donald A. Moskowitz

Some Arab countries have made peace with Israel and others might enter into peace agreements, but these agreements are worthless. They are pieces of paper to be burned by the Arabs at an opportune time. A supposedly peaceful Palestinian country may be formed next door, but the Israeli Jews will never be accepted as citizens of the Middle East.

Israel has to maintain a large, high quality military force that is readily maneuverable and equipped with the latest high technology weapons, including defensive and offensive missile systems and nuclear weapons. An important element of Israel's

national security posture is the success of its intelligence services. It is based on electronic and human intelligence sources.

Security requires the Golan Heights and the West bank area be retained as buffer zones.

The impediments to peace in the Middle East are overwhelming. The Arabs hate the Israeli Jews and want to destroy them. The Israeli Jews continue to envision the specter of the Holocaust hanging over their country, and they do not trust the Arabs.

Peace in the Middle East will just be interludes between wars. Preparedness and vigilance should be the watchwords for the Israeli Jews. ☆

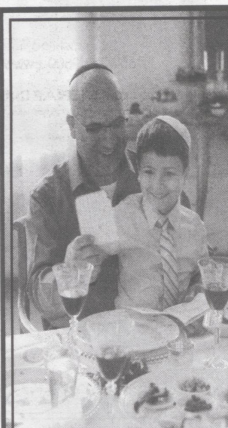
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For more information about this program visit www.itnbluegrass.org or call 859-252-8665.



The Board and Staff of the
Jewish Federation of the Bluegrass
wish all members of the Jewish community
a happy and kosher Passover.

May this Festival of Freedom bring peace to Israel
and Jewish communities around the globe. We look
forward to the day when the entire world will be
free from slavery and oppression.



The Jewish Federation
OF THE BLUEGRASS

Our connection. Our voice. Our community.

Yom Ha Atzmaut Celebration to be held on May 6



The Jewish community will celebrate the 64th anniversary of Israel's birth on Sunday, May 6 at 12 noon at Temple Adath Israel. The program begins at 12 noon in the social hall with a lunch from King Tut's Mediterranean restaurant available for purchase. The celebration will be highlighted by two performances. The first will be a performance by a Children's Choir directed by Anat Rubinstein. This will be followed by a performance by Ha-Tizmoret, featuring Aviva and Lew Bowling with Harold Sherman, Danny

and Tressa Bowling, and Jim Corcoran. For the past seven years, Ha-Tizmoret has been performing at Hanukkah concerts, Israel Independence Day programs and Hadassah events in Lexington and Louisville. Their program will include songs made popular by Israeli musicians and several traditional pieces.

This is an event for the entire family. There will be no admission charge. For information, call Judy Wortman at the Federation at 268-0672. ☆

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Ask A Rabbi

Rabbi Marc Kline



Q: We are approaching Passover, and as we are preparing to sit down to our tables to celebrate the end of slavery to Pharaoh, I am struck at how despite several thousand years of this celebration, we still have not figured out how to bring people to freedom in this world. What are we missing?

A: Wow! At first blush, I wanted to tackle this question by pointing out that if the greatest minds of the world have not solved this dilemma over thousands of years, I do not know that I can answer it in even a thousand words. I wanted to accept this more as a letter to the editor than a question seeking a rabbinic answer. As I thought about the question, though, I was struck by the realization that many have answered this over time, and that the tools to solve this problem are available to us. The problem is not that we have not found the answers; it is that we do not want to pay attention and hear them.

We need to first understand that whatever slavery was in the Torah, it is not the same slavery that we experienced in our own American history, nor that of what we have witnessed all over the world throughout recorded history. The word in the Torah is *eved*, which gets translated as slave. The problem with this idea is that while we may have been slaves to Pharaoh, we become each an *eved Adonai*, and I am not sure how one can be a slave to God, certainly not a loving nurturing God. *Eved* must mean something along the lines of servant. The word *Avodah* (a form of the word *eved*) has several meanings in colloquial speech. It can refer to one's employment. *Avodah* can refer to worship, or to the service one brings to an endeavor. For each of

these meanings, one receives a reward for one's effort. This reality certainly puts the status of the *eved* over that of any slave in our understanding of United States History. Additionally, the *avdim* (plural) in the Bible were able to borrow the gold and silver from their neighbors before leaving.

Certainly, slavery still exists in this world. Human trafficking is rampant. People are oppressed into serving dictators as slaves serve masters in far too many places in the world for any of us to think that human bondage is a matter of history. But the slavery we speak of at Passover is not rooted in the slavery that a taskmaster holds over another. The entire episode of Moses killing the taskmaster to free a slave from the whip is not even in the Haggadah. In fact, there is no mention of Moses in the traditional Haggadah. This holiday is really not about the slavery of Israel to Egypt. The holiday seeks to free the soul of humanity from its slavery to its own limitations - its ego and the seduction of power, its insecurity, and its self-debasement.

In this respect, even comparing servitude in the bible to what we normally think of as slavery does not help. In our own American history, even while slavery destroyed lives, slaves still felt free before God. The black spiritual demonstrated that the eyes and hearts of even those enslaved were bent on freedom before God. The Earthly master could not get in the way of this intimate relationship with God. We know that this same faithful devotion existed in the hearts of many through the Shoah, and through every attempted destruction of humanity that the world has witnessed.

We also know of the stories of people

who have unfettered freedom and opportunity, who succumb to the slavery of addiction, of ego, and of power.

The number of celebrities, who had the world in their hands and then lost it enslaved to alcohol and drugs, is countless. The wars that wage because one person or group feels the need to dominate another, fill our history books and our news pages. The bullying in our schools, our streets and our workplaces ... even our houses of worship keep us from experiencing the freedoms that our country's founders declared to be inalienable: life, liberty, and the pursuit of justice. The way in which people proposing to have faith bludgeon others who believe differently is certainly not freedom; rather, an enslavement to a fear of their own spiritual inauthenticity. The problem does not begin because people hold others back from freedom. The problems begin when people do not feel free themselves, and need to oppress others to feel any sense of self worth. We cannot be free until we feel free, and when we can support each other in this freedom, no oppressor can come to power. As I see it, slavery ends when we truly feel free.

On that day, there is no need to take from another. On that day, there is no need to prove a hierarchy of human value. On that day, we will realize that being right can never be as important as being caring and cared for. On that day, we will feel free to take care of those in need ... feeling no need to hide behind our own fear or baggage. OK, the answer is simple. The implementation is, of course, much more difficult to imagine. Reaching for this goal, we find the true value of this holiday.

For the holiday of Pesach, we are commanded to invite the stranger to

our table, and to share the miracle of freedom with our guests. The purpose of the seder is to take each participant on the journey from slavery to freedom. Even as we recite the words of the seder service, we speak of the obstacles in the our paths towards spiritual freedom. We begin the story with the words, "We were slaves to Pharaoh in Egypt." This is not a story about something that happened thousands of years ago. Even while we are the beneficiaries of the morals and values of the story ... and of history, we still have a lot of work to do. Certainly there are those oppressed in nations where they are not permitted to celebrate their faith, but for the many of us living in lands where we have the freedom to do so, we need to remember that the Seder is an act of prayer, more than it is a lesson of history. Rabbi Abraham Joshua Heschel *zt"l* taught us that prayer has to be subversive, if it is to have value. "Prayer is meaningless unless it is subversive, unless it seeks to overthrow and to ruin the pyramids of callousness, hatred, opportunism and falsehood." As a form of prayer, the purpose of the Seder is to be subversive, undercutting and diminishing the spiritual obstacles in each of our way. You and I, we can change the world if we can gain the strength to cast off the shackles that we impose upon ourselves, and no longer have the need to prove ourselves by oppressing others. Then, and only then, will the hope rooted in your question come to fruition. ☆



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Mitchell Barnes - Owner

B'tayavon (Hearty Appetite)

By Ruth Poley



A vegetarian delight

Although we are omnivores in our house, we do not eschew vegetarian meals and quite enjoy eating them several times a month. The following recipe is very satisfying; you'll hardly miss the meat. Although I use regular barley, the original recipe recommended the quick-cooking variety. I've made it both ways, and prefer cooking the barley myself. It's a bit faster if you take the convenience option and it will taste almost as good that way. I use the liquid from the tomatoes as part of the cooking liquid for the barley as it imparts some flavor. I generally make this with spinach but you can use any fresh greens. You can also add a can of black beans or chickpeas to make this dish even heartier. You can make this dish ahead and then bake it before eating; it's great with a salad and bread.

Vegetable-Barley Casserole

- 2 tsp. canola oil
- 1 small onion, chopped
- 1 medium clove garlic, minced
- 2 cups corn kernels, drained (can use canned, frozen, or fresh)
- 3 cups Swiss chard, thick stems removed, coarsely chopped (can use spinach, kale, any other green, or a combination)
- 1 14 1/2 oz. can diced tomatoes with chilies, well-drained (save the liquid for cooking the barley)
- 2 cups cooked barley (follow package directions)
- 1/2 tsp cumin seeds
- 1/4 tsp. dried oregano, crushed
- 1/2 tsp. kosher salt
- 1/4 tsp. freshly ground black pepper
- cooking spray
- 1/2 cup low-fat sharp cheddar cheese, shredded

Preheat oven to 350°F.

Cook barley, using the liquid drained from the tomatoes as part of the cooking liquid. Heat oil in very large nonstick skillet over medium heat. Add onion, garlic, corn, and Swiss chard (or other greens); cook, stirring frequently, until onion is translucent and Swiss chard is tender, about 5 minutes. Stir in tomatoes, barley, cumin, oregano, salt and pepper; heat through.

Coat a 2 1/2- to 3-quart baking dish with cooking spray. Spoon barley mixture into prepared dish in an even layer; sprinkle with cheese. Bake until cheese melts and mixture is hot, about 25 to 30 minutes. Remove from oven and let stand for 5 minutes. Serves 6.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com

From the Lexington Senior Center Newsletter:

Senior Health & Information Fair!

Friday, May 11, 2012 • 9 am to 2 pm • Free!
at the Lexington Senior Center

- Health & Information Fair
- Health & Wellness resources and information
- Senior Services (such as housing, transportation)
- Volunteer Opportunities and Much More!!!

For more information, call the Lexington Senior Center:
1530 Nicholasville Rd., Lexington, KY 40503, 859-278-6072



The healing power of art - from Israel to Kentucky

You are invited to join
the Lexington Chapter of Hadassah
and University of Kentucky Healthcare
for a special docent tour of the
University of Kentucky Hospital's
fabulous new art collection.

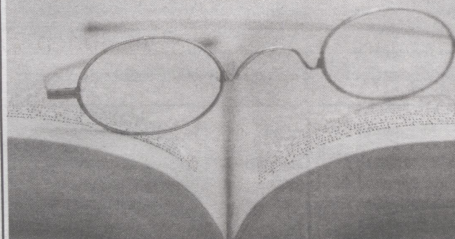
Thursday, May 17, 2012
5:00 - 7:00 p.m.

Light refreshments will be served.

*jfs Jewish Family Services Upcoming Programs

Join us in the café at Joseph Beth for lunch
and a review of what's new and popular in
the book-world by a fantastic member of
the Joseph Beth Booksellers staff.

*We will each purchase lunch on our own
from the café's menu during this event.*



**Leisure
Club**

Wednesday,
April 18
12 noon
at
Joseph Beth
Booksellers

For more information about these events, to RSVP, or
to arrange transportation to the event location, please
contact Talia Smolkin at
(859) 269-8244 or
jfs@jewishlexington.org.



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Shalom 4/2012

New blood test offers early cancer detection

By Nicky Blackburn

The simple new check shows a 90 percent detection rate in clinical tests for multiple types of cancers.

Israeli researchers have developed a simple and cheap blood test that was found to provide early detection for many types of cancer in clinical trials.

The promising new blood test, developed by scientists at Ben-Gurion University of the Negev (BGU) and Soroka University Medical Center in Beer-sheva, can detect minuscule changes in the blood of a person with a cancerous growth somewhere in the body, even before the disease has spread.

Early diagnosis of cancer could save thousands of lives. Every day in the United States alone, 1,500 people die of cancer, according to the American Cancer Society. Cancer is the second most common cause of death in the US after heart disease, accounting for one in four deaths.

Medical specialists believe that earlier detection greatly increases the chances for successful treatment. It also prevents the need for long, painful and costly treatments when the cancer reaches a more advanced stage.

Illuminating cancer cells in the blood

The researchers, led by Prof. Joseph Kapelushnik of BGU's Faculty of Health Sciences, have developed a device that illuminates cancer cells within less than a teaspoonful of blood. The test uses infrared light to detect tiny changes that indicate cancer, because the light is absorbed slightly differently due to various molecules released into the bloodstream.

In a clinical trial involving 200 patients and a control group, the test identified specific common cancers such as lung and ovarian cancer in 90 percent of the patients and found other types of cancer, as well.

"This is still research in the early stages of clinical trials," said Kapelushnik, who is also head of the department of pediatric hemato-oncology at Soroka hospital.

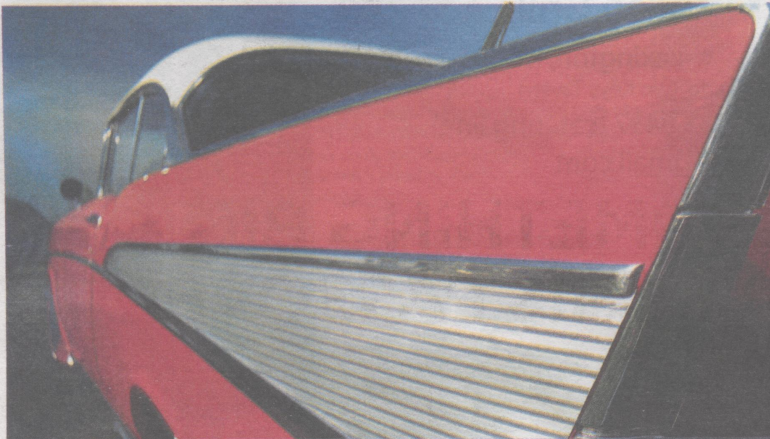


PHOTO BY CHEN LEOPOLD/FLASH90

A woman undergoes chemotherapy treatment at the Chaim Sheba Medical Center at Tel Hashomer.

"But the purpose is to develop an efficient, cheap and simple method to detect as many types of cancers as possible. We want to be able to detect cancer while a patient is still feeling good, before it has a chance to metastasize, meaning fewer treatments, less suffering and many more lives saved."

More clinical trials will be conducted in the next 18 months. ☆



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The Jewish Federation helps countless people overcome poverty, hunger and despair, and helps support programs that sustain Jewish identity and enrich our community. Together, we can make a world of difference this Passover and throughout the year.



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COMMUNITY-WIDE EVENTS



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HOLOCAUST REMEMBRANCE DAY

YOM COMMEMORATION

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Sunday, April 22, 2012
10:30 a.m.

at
Ohavay Zion Synagogue
2048 Edgewater Court, Lexington

Open to the public.

Program will include:

- Roundtable discussions for adults and teens on contemporary lessons of the Holocaust
- Memorial service and candle lighting
- Reading of the Emilie Szekely Essay Contest winning submissions
- Music performed by the Ohavay Zion Synagogue and Temple Adath Israel Choirs, under the direction of Anat Rubinstein and Lorne Dechtenberg

All OZS and TAI Religious School classes will be held at OZS that morning.



Yom Ha'atzmaut ISRAEL INDEPENDENCE DAY Sunday, May 6, 2012

at

Temple Adath Israel
124 N. Ashland Avenue, Lexington

*Free and
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*With Two
Performances!*

Lunch will be available for purchase from

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Temple Adath Israel

124 N. Ashland Avenue
President, Ken Slepian • (859) 269-2979

Chavurat Chochma program

We will meet again on April 27 at 11:30 a.m. in the social hall for an interesting program following lunch. Cost is \$6 per person. While this program was designed for those sixty and over, anyone may attend. RSVP to Sandee by March 28 at 269-2979.

Kollel Study Group

Kollel meets at 9 a.m. every two weeks in the TAI Library. The group explores cultural, ethical, and historical aspects of our 4000-year tradition. Its emphasis is on dialog and exploration. We are in the midst of a survey of "Reform" beginning with Abraham's move to Canaan and the Israelite exodus from Egypt, and sweeping through the establishment of Israelite centers of learning in Babylon, the Pharisaic reforms, Jesus and the rise of Christianity, Mohammed and the rise of Islam, the Jewish Enlightenment in Germany and Eastern Europe, thus, the oneness of the Jewish-Christian-Islamic Civilization. If you enjoy matters of the mind, please join us any time. April 7 & 21

Torah study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9 a.m. in the Library. April 14 & 28.

Parsha

Join us each Saturday morning at 11 a.m. to take a look at the Torah portion for each week. Rabbi will lead some, and everyone will take turns. Join us on April 7, 14, & 28. We will join the Bar Mitzvah ceremony on April 21. See you in the library!

Adult Jewish growth

Friday, April 20th 8:15 p.m. Adult Education presents an Art Talk! In the Temple Adath Israel Library after 7:30 p.m. services:
"The Sepharad--The Art and Culture of the Jews in Medieval Spain" presented by Dr. Leslie Blackberg. For many, their knowledge of Jewish Spain begins and ends with the year 1492--the date that the Catholic Monarchs, Ferdinand and Isabella, expelled the Jews. This talk will cover the community's rich and long history on the Iberian peninsula. It will focus

especially on the Jewish visual arts, the manuscripts and synagogues that define the community at the peak of their prominence.

Dr. Leslie Ann Blackberg has a PhD in Art History from the University of Pennsylvania. She is currently an adjunct assistant professor in Humanities in the Department of Foreign Languages and Humanities at Eastern Kentucky University.

Sisterhood news

Rebecca Young, President

Thanks to our Sisters

Once again, Sisterhood along with Junior League, provided the residents and staff of the Florence Crittenton Home with a wonderful Valentine's dinner event. Mimi Kaufman and Elissa Weinstein organized the dinner and activity. Laura Creamer, Starr Gantz, and Debbie Masters also helped make the night special for the girls. Our thanks go out to these generous women who continually give of themselves on behalf of Sisterhood.

Upcoming events you won't want to miss

Sisterhood Goes To Keeneland - Sunday, April 15 - Racing begins at 1:05 p.m. We have a small block of tickets reserved in the grandstand. Please contact me at 271-5597 or rsy2@hotmail.com for availability.

WRJ Central District HUC Weekend April 27-29

All Sisterhood women of the Central District Sisterhoods (that's us) are invited for a fabulous weekend in Cincinnati. We will attend the Rock Shabbat Service and Shabbat Dinner hosted by the WRJ Rockdale Temple. Saturday will be spent on the campus of HUC/JIR beginning with Torah study and services. After lunch, there will be docent guided tours of the Skirball Museum, the Rare Book Room, and the American Jewish Archives. I would love to have a large group. It is possible to attend only the Saturday events. Registration closes April 15. Please contact me for more information.

Sisterhood Shabbat and Installation May 18 at 7:30 p.m.

Please join Sisterhood for this special service that will include installation

of our 2012-2014 board, guest speaker from WRJ Central District, and our Anita W. Mersack Woman of Valor Award honoree.

As always, Sisterhood programs are open to all congregants and friends.

Congregational Passover Seder

Temple Adath Israel
6 p.m. Saturday, April 7, 2012

Reservations required by Monday, April 2, and must be accompanied by a check. There will be a late charge of \$5 a person after Monday, April 2.

ONLY 200 SEATS AVAILABLE

	MEMBERS	NON-MEMBERS
Adults	\$18	\$23
Children	\$8	\$10
(12 and younger)		

Make check payable to: Adath Israel Sisterhood

Send reservations to: Passover Seder
c/o Temple Adath Israel
124 North Ashland Avenue
Lexington, KY 40502

Menu: maztzo ball soup, gefilte fish, chicken, brisket, oven-browned potatoes, assorted vegetables, dessert, wine, juice and coffee

Sim Shalom news

By Jesse Weil, from Budapest, Hungary

The other shoe has dropped, and I have to sadly report that the Hungarian Parliament last Monday refused to recognize Reform Judaism as a legitimate movement in the greater Hungarian Jewish community. This was in spite of great efforts by Rabbi Stephen Fuchs and Leslie Bergman, Presidents of World Union for Progressive Judaism and European UPJ respectively, who both visited here last fall to lobby with the government on our behalf. The Parliament had last summer recognized the Orthodox, including Chabad, and the Neolog movements, but for reasons that we don't understand, would not recognize Reform Judaism on an equal basis. It seems to be a political decision since it was made by the Parliament or perhaps by the Prime Minister. What is especially frustrat-

ing is that the Ministerial offices we've been dealing with since last summer all assured us that we were on track to be added to the list of recognized churches in the recent modification of the Church Law.

This will have immediate unpleasant consequences. The one we are most aware of so far is that we will not be eligible for our supporters to designate 1% of their annual income tax as a donation to us. This money amounts to something like \$25,000 or 25% of our annual budget. This means that we have to immediately start looking for new sources of financial support. We will do this by looking for foundations to which we can make applications, and by making an appeal to our many supporters in the U.S. and in England.

I'm letting you all know about this so that you can be on the lookout for any possible new grant support to which we can apply to help us make up this deficit. We would need it for at least a year, I think, and quite possibly longer, depending on the political climate here in the years to come. According to the law, we can apply again for recognition a year from now, but have no idea what would happen at that time in the uncertain political climate that is now causing all sorts of problems in Hungary.

And if you'd like to give us some support yourself, just logon to www.friendsofsimshalom.org

Note from "Friends of Sim Shalom" (FSS)

FSS is the United States' fundraising arm of Sim Shalom, the first Progressive (Reform) Jewish Congregation in Budapest, Hungary. FSS reaches out to American Jews to support the programs and operations of Congregation Sim Shalom.

If you are interested in supporting Congregation Sim Shalom, please visit our web site at www.friendsofsimshalom.org to donate.

Thank you,
Lowell Nigoff, President
Judy Engelberg, Vice President

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\$10 LUNCH MENU

1 Chopped Beef/Pork/Chicken with Kapau (Phat Kapau Neua/Moo/Gai)
(coarsely chopped beef flavored with Thai herb roots finely chopped, basil leaves, onions, garlic, and hot chili peppers. Can be served mildly spicy to fiery hot (Isaan style). Served with rice.

2 Papaya Salad + 2 Thai Egg Rolls
(green papaya thinly sliced, cherry tomatoes, yard long beans (seasonal), ground peanuts, garlic and squeezed lemon juice. Spicy or plain. Our Thai egg rolls are prepared fresh every morning.

3 Isaan Stir Fried Mixed Vegetables with a Side of Rice + 1 Egg Roll
(broccoli, cauliflower, carrots, celery, bean sprouts stir fried with Thai thin sauce, oyster sauce, touch of sugar, and garlic.

MADE Thai Fried Rice with Chicken (Khao Phat Gai)
(fried rice with fresh lime, cucumber, spring onions, and nam pla phrik (chilies in fish sauce).

Stir-fried Glass Noodles (Phat Wun-Sen) + 1 Thai Egg Roll
(bean sprouts, green onion, egg, peanuts, and tofu; stir-fried with black sauce, centered with hot chili.

Seared Rump Steak (Yam Neua) with Rice
(seared and thinly sliced rump steak with pepper, lemon, and mint sauce. Mildly spicy.

Chicken in Sweet'n Sour Sauce (all homemade)
(breaded chicken pieces, pineapple, cucumber, tomato slices, onions, peppers, in sweet and sour sauce.

FROM THE DINNER MENU



Isaan Spicy Papaya (Som Tam Isaan)
CHEF'S FAVORITE!
Papaya, garlic, long beans, Thai chilies, fish sauce, tomatoes, palm sugar, green beans. Very spicy - a real challenge!

Sour Soup - Chicken, Shrimp, or Seafood (Tom Yam Ka Gai/Gung/Thale)
Fresh broth cooked and served with Thai herb roots and spices, with oyster mushrooms, button mushrooms, onions, and coriander. Slightly sour. Recommended to order spicy.



Black Sauce Noodles (Phad Si-ew)
Fried flat rice noodles with black soy sauce, scrambled egg, chicken strips, lettuce, bean

sprouts, spring onions. Can be prepared with chicken, pork, beef, or tofu.

Coconut Milk with Sweet Potato (Gaeng Man-Thed Gai) LOCAL FAVORITE!
Also called "pumpkin curry". Herb roots paste, sweet potatoes, chicken strips, basil leaves, lime leaves. With chicken, beef, pork, or tofu.

Sweet sticky rice with mango (Khao Niao Mamuang) Sticky rice cooked in sweetened coconut milk, topped with fresh sliced mango.

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The Lexington Chapter of Hadassah

Jane Chaput, President

Zachor! Remember!

By Jane Chaput, President

Jews place great importance on memory. A centennial is a special opportunity "to zachor," to remember, and to walk down memory lane. When the first Hadassah meeting took place in New York City at Temple Emanu-El in 1912, what other great events were shaping Zionist history?

Tel Aviv was three years old in 1912, and there was an air of excitement and hope as people began building modern houses and establishing new neighborhoods. Built on clean white sand dunes, it was the first Jewish city established in almost 2000 years. Tel Aviv would be the antithesis of the *shtetl*.

In 1912, The Herzliya Gymnasium, Tel Aviv's first Hebrew high school, offered the first physical education enrichment course. In 1912, a fifteen-year-old Jewish youth, spurred by the thrill of the Olympics, formulated the concept of a Maccabia to be held in Eretz Yisrael.

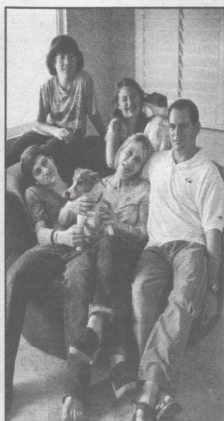
In 1912 Haifa, the Technion, a university dedicated to science, was founded. During this period, a battle raged over Technion's teaching language. Should the institution teach in German, the *lingua franca* of the scientific world, or Hebrew, the language of the Jewish people? This war, dubbed the "War of the Languages," finished with the victory of the Hebrew language. Hebrew's victory shaped the national identity of the Zionist settlement and was one of the milestones in the pro-

cess of creating a new Hebrew culture.

In 1912, Eliezer BenYehuda, the revivalist of modern Hebrew, was already strengthening Hebrew as the country's spoken language, even though a large percentage of the population was still speaking Yiddish. Jewish intellectuals were just beginning to see Jerusalem as a city with a future - not just a past. Jerusalem could not boast of pristine new buildings or newly paved streets, as did Tel Aviv. It had none of the sophistication of Haifa and its Technion. It was a primitive backwater city where disease, filth, and malnutrition reigned, yet to Jews all over the world, Jerusalem was our eternal city.

Hadassah's founding in 1912 changed Israel and Jerusalem's history. When our two nurses stepped onto the landscape of Jerusalem and introduced modern medicine, they paved the way for other institutions and cultural organizations to view the city as potential for Jewish growth and renaissance. Today, Jerusalem is no longer a sleepy little town. It boasts of a great university, a world-class tertiary hospital, internationally acclaimed museums, etc.

Judaism has no particular celebration for a hundred year anniversary. In the Tanach, it is the Jubilee year, the 50th, which offers opportunities for festivities. However, in this Centennial Year, we will honor Hadassah when we come together in Jerusalem in October 2012. We will sound the trumpet, celebrate, give thanks, and remember. ✧



SAVE THE DATE
JFS Family Life Education Program
May 9, 2012 at 7:00 p.m.

"Interfaith Families & Couples"

Please join in to learn from and share experiences with other interfaith families and couples.

There will be two types of discussion groups, for:

1. Interfaith families and couples

&

2. Parents and grandparents of interfaith families and couples

Space is limited. For more information contact
talia@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Ohavay Zion Synagogue

2048 Edgewater Court • President, Jonathan Glixon • (859) 266-8050

OZS APRIL EVENTS

Passover is Here!

Please see below for some fun and joyous Passover events. Also note: The OZS office will be closed April 13th.

Shabbat Dinner-Passover Style

After the Seders, come join our OZS community for a relaxing Shabbat meal (Kosher for Passover) at OZS on Friday April 13th at 6:00pm. We will eat matzah, sing and shmooze. The cost is \$10 per adult, \$5 per child. Please R.S.V.P to ozslex@insightbb.com or call (859) 266-8050 by April 6th.

Passover Service Schedule at OZS:

Saturday, April 7th
9:30 am - Festival Morning Service

Sunday, April 8th
9:30 am - Festival Morning Service

Friday, April 13th
9:30 am - Festival Morning Service
6:00pm - Dinner and Shabbat/Festival Evening Service

Saturday, April 25th
9:30 am - Shabbat/Festival Morning Service, Yizkor will be recited

A very Happy Passover to everyone!

Kids' Shabbat And PJ Library

A monthly Friday evening Shabbat Service for children: with pizza and play, song and stories. We read amazing PJ Library books (available for free through the Jewish Federation of the Bluegrass). Please join us and feel free to bring friends. The next Kids' Shabbat is April 20th.

OZS CLASSES

Introduction to Judaism

This class is open for anyone seeking a greater connection to Judaism, and it is essential for all considering conversion to Judaism through OZS. The class will generally meet every other week on Sunday afternoons from 4:00PM to 5:30PM. Please email Rabbi Smolkin (Rabbi.Smolkin@gmail.com) for more information or if you know someone

who might be interested.

Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30am followed by a light breakfast and study. Newcomers are always welcome!

SERVICES

Weekday Minyan

A Minyan is held Tuesday and Thursday afternoons at 5:45pm, and Friday mornings at 7:30am. Please come and help make a minyan!

SHABBAT SCHEDULE

Come Celebrate Shabbat! The Friday night schedule for April is:

April 6th - First Seder at Home
April 13th - Shabbat Dinner at 6:00PM
April 20th - Kids' Shabbat at 5:30PM
April 27th - Centennial Celebration (See event schedule below)

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30am with Kiddush Lunch following in the Social Hall.

CENTENNIAL EVENT SCHEDULE

April 27th: Shabbat Service and Oneg 8:00PM
April 28th: Shabbat Service and Kiddush Lunch 9:30AM
Gala at Lyric Theatre 8:30PM
April 29th: Farewell Brunch at Joe Bologna's 10:00-11:30AM
Cemetery Service Noon

MEMBERSHIP

If you know someone new to the Lexington area interested in learning more about Ohavay Zion please call Membership Chairs Ricki Rosenberg at 221-2121 or Harriet Cooper at 269-1136.

Gan Shalom Preschool

An Early Childhood Program
for Toddlers & Preschoolers
at Ohavay Zion Synagogue

Now enrolling for the
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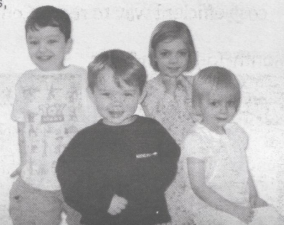
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- Cultural Awareness, Highly Qualified Teachers,
- Small Child/Adult Ratios

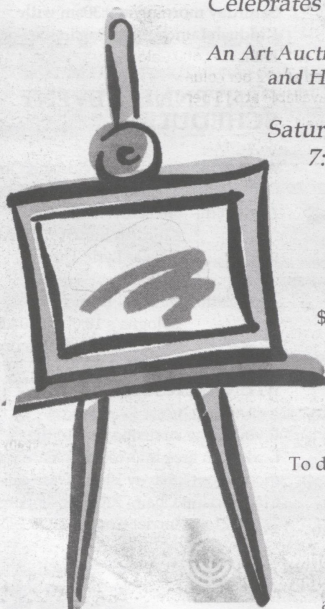
Convenient Location: On Alumni Drive
just off of New Circle Road. Five Minutes from UK.

For more information 335-9922 or visit www.ganshalom.com



Temple Adath Israel Celebrates Art and Bourbon with An Art Auction, Bourbon-Tasting and Hors d'oeuvres

Saturday, June 2, 2012
7:00 - 9:00 p.m.



DONATE
Framed artwork for
our silent auction.

ATTEND
\$10 per person/\$18 per couple

SPONSOR
Sponsorship for event
available from \$150

To discuss donation or sponsorship
contact Laura Hopkins:
laurhop146@aol.com
859-269-1659

(Contributions will be
accepted after April 1, 2012)

JFB's Women's Event, March 14



(Left) Jennifer Miller, Gail Cohen, Evelyn Geller, Ricki Rosenberg, Leanne Zimmerman



Amy Faust Mayer, Jen Algire, and Rebecca Craft Carlos.



7 of our Chico's Models: Judy Saxe, Lynn Furness, Anat Rubinstein, Jane Chaput, Susan Goldstein, Ruth Poley, and Lori Bernard.

The Lexington Havurah

Jeremy D. Popkin, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at popkin@email.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdffm@insightbb.com.

In Search of the Perfect Matzo Ball

By Jeremy Popkin

Pesach is the one holiday the Lexington Havurah has never tried to celebrate together. Our members have seders with their family or close friends. As a consequence, my fellow Havurah members are in ignorance of one important fact about me: I make terrific matzo balls. And even though I didn't learn this skill in the Havurah, the Havurah spirit is one of the things that goes into them.

I didn't learn anything about traditional Jewish cooking from my mother. My parents both came from families that had rejected Jewish traditions, including those having to do with food. Over the years, my mother became a talented cook, and she was ahead of her time in the 1950s in trying to teach me, as well as my sister, some kitchen skills. Her lessons didn't take, however.

I arrived in graduate school, in my early 20s, with gastronomic ambitions limited to things like tuna casserole. But the times they were a-changin', as Bob Dylan sang. Women were moving out of the kitchen, and some of us young men began to move into it. I stole my mother's dog-eared copy of *The Joy of Cooking* and began to teach myself.

When it came to matzo balls, however, I was on my own. I followed the recipe on the Manischewitz matzo meal box. The results were not always outstanding, or even digestible. Since I married a non-Jewish wife, she could not provide me any guidance. She willingly integrated the Seder into our

family routine, but left it up to me to make the meal.

Over the years, I have tinkered with the classic Manischewitz recipe. I learned that making the chicken soup a day ahead of time and using schmaltz skimmed from it instead of vegetable oil gives the dumplings a richer flavor, and that separating the egg whites and beating them until they get stiff before mixing them into the dough makes the balls lighter. The fresh parsley from my wife's garden gives them a special zest.

By now, I have served my matzo balls to many Lexington friends, and I take special pride in the fact that my own children and those of the friends with whom we share the Seder have grown up thinking of them as the gold standard by which matzo balls should be measured.

Although I don't get to share my matzo ball making skills with most of my fellow Havurah members, I also like to think that something of the Havurah's can-do spirit flavors them. I had no Jewish tradition to draw on when I set out to create the perfect matzo ball, but I learned that I could do it. That's the same spirit with which our group has set about learning to conduct our participatory services. Like my matzo balls, they have become richer and more satisfying over the years. ☆

Upcoming services:

The Lexington Havurah will hold a Shabbat evening service on Friday, April 13. Contact Jeremy Popkin (335-6254) or David Wekstein (269-4454) for details.



The Jewish Federation
OF THE BLUEGRASS



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Advertise Your Business

The **Shalom Newspaper** is published ten times per year. It is mailed to over 1,200 local businesses and households. **Shalom** is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 11.42" \$220 BW \$300 Color	1/2 Page Vertical 5" x 11.42" \$132 BW \$215 Color	1/2 Page Horizontal 10.167" x 5.645" \$132 BW \$215 Color
1/4 Page 5" x 5.645" \$88 BW \$132 Color	1/8 Page 5" x 2.72" \$60 BW \$105 Color	Business Card 3.277" x 2.15" \$40 BW \$82 Color

Center Spread 21"x11.42" \$440 BW • \$600 Color

*All other ads are billed at \$12 per column inch.

*Ad production is available at \$15 per hour.

Rates for contracted terms (per issue)**

Size	5x	10x	w/Color
Full	210	198	+75
1/2 Vert.	125	121	+75
1/2 Horiz.	125	121	+75
1/4	82	77	+40
1/8	55	50	+40
Bus. Card	38	28	+40
Dbl. Truck	420	396	+160

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please
contact Tamara Ohayon at the JFB office.
(859) 268-0672 or tamara@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Around the Community

Please note: Information for *Around the Community* comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvah, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos, too!

Mazal tov to:

Ann Liebschutz who recently entered the US Supreme Court Bar.

Bob Orbach on his recent appointment by Mayor Jim Gray to a three-year term on the Human Rights Commission.

Condolences to:

Karen & Jerry Sander, on the death of her father, **Melvin Machesney**.

Janice & Larry Newman, on the death of her mother **Henrietta "Henny" Witzer**.

show
your
support

**Our advertisers
support this paper.**

*Please support our
advertisers.*

Make a donation to the Jewish Federation in honor or memory of someone, or in celebration of a special occasion, and help JFB nurture the values of *tikkun olam* (repairing the world), *tzedakah* (charity and social justice) and *Torah* (Jewish learning) within our Jewish community at home and abroad.

Send us your special contributions with a note specifying its intent. Also, let us know if you would like your contribution published in this box in *Shalom*.

Celebrate your loved ones and support our Jewish community by giving a special contribution.

Thank you for your support.

We extend thanks to:

Judy Wortman for her donation in memory of Janice Newman's mother.



The Jewish Federation
OF THE BLUEGRASS

Our connection. Our voice. Our community.

ATTENTION proud grandparents, parents, and students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Jewish Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the Federation office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859) 268-0672 or tamara@jewishlexington.org

Are you on the Jewish Federation's email list?

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.

tamara@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS



**Temple Adath Israel
Preschool and
Pre-Kindergarten**

**OPEN
ENROLLMENT**

- **Half-day program (8:30 a.m.-noon)**
- **Classes for 2-, 3- and 4-year-olds**
- **Jewish, music and art enrichment programs for all ages**
- **Excellent student-teacher ratio**
- **Nurturing, family environment**

**CALL: Katherine Henry, director
269-2979**

124 North Ashland Avenue

"25 Years of Excellence"



Lunch and Learn with our
Lexington community rabbis

Tuesday, April 24
with Rabbi Moshe Smolkin

At 12 noon on the last Tuesday of each month, in the JFB office, rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest.

A dairy lunch is offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.



First and third Sundays of the month

Yiddish Drop-in!

10:30 a.m. at the JFB office. An hour of Yiddish with Refoyl Finkel (Rafi Finkel). Beginners welcome, fluent speakers welcome, and those who remember "a por verter fun der heym" also welcome. We'll adjust what we do to the levels of those who come. No long-term commitment necessary. No charge. Worth every cent, at least!



The Jewish Federation
OF THE BLUEGRASS



Do you have the winter blahs?

Do you wish spring was here?

Hadassah has the answer...

Flower Power is coming!

Certificates on Sale Soon

You will be able to buy cash certificates to be redeemed at Proper Plants on Military Pike.

You will find a beautiful selection of hanging baskets, patio plants, flowers, herbs, and vegetables.

Members of the Lexington Chapter of Hadassah will have certificates shortly to help you with your gardening needs.

Start planning now! Contact Hanna Smith at 859-223-9682 or hannab.smith@qx.net for additional information.

**Retirement Living
at it's Finest!**



3310 Tates Creek Road,
Lexington Kentucky 40502
(Across from Lansdowne Shoppes)

- INDEPENDENT LIVING & LICENSED PERSONAL CARE APARTMENTS
- ELEGANT DINING WITH CHEF DIRECTED MENU
- PRIVATE DINING ROOM FOR SPECIAL OCCASIONS
- PERSONAL TRANSPORTATION

- ACTIVE SOCIAL & EDUCATION PROGRAMS
- BEAUTY & BARBER SHOP LOCATED IN PREMISE
- NEWLY RENOVATED APARTMENT HOMES AVAILABLE

CALL TODAY FOR YOUR PERSONAL TOUR.

(859) 266-2129

www.mayfairseniors.com



Stewart Home Visits -Volunteers Welcome!



Jewish Family Services of JFB welcomes volunteers who wish to visit Jewish residents at the Stewart Home School in Frankfort, Kentucky. Stewart Home visits are both meaningful and fun for both volunteers and residents. Volunteers typically carpool from Lexington.

This year's schedule:

APRIL - Passover celebration.

MAY 18 (FRI) - Shabbat service/dinner during parents' weekend.

JUNE 28 (THURS) - Program run by JFB staff and volunteers.

AUGUST 21 (TUES) - Fun program and pre-Rosh Hashanah celebration.

OCTOBER 4 (THURS) - Special program and Sukkot celebration.

DECEMBER - Chanukah party.

To find out more or volunteer, contact Talia Smolkin at jfs@jewishlexington.org or 859-269-8244.



The Jewish Federation
OF THE BLUEGRASS Jewish Family Services

*Help make a
difference in the
lives of others.
Volunteer now!*



Community Calendar

• **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**

1050 Chinoe Road, Suite 112 • 268-0672 • Robert Grossman, President

• **OZS - Ohavay Zion Synagogue - www.ozs.org**

2048 Edgewater Court • 266-8050 • Jonathan Glixon, President

Minyan Tuesdays and Thursdays, 5:45 p.m. Tuesdays are D'vine Minyan: wine at 5:00 p.m, service follows. Friday evening rotating Kabbalat Shabbat 5:45 p.m., Kids' Shabbat 5:15 p.m., Shabbat dinners 6:00 p.m., Young OZS-ers' Shabbat dinners 6:00 p.m. Check OZS Google calendar for monthly schedules. Shabbat Services Saturdays 9:30 a.m.

• **TAI - Temple Adath Israel - www.lextai.org**

124 N. Ashland Avenue • 269-2979 • Ken Slepyan, President

Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

• **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**

Jane Chaput, President • chaput1@windstream.net

• **HAV - The Lexington Havurah - www.lexhavurah.uscjhhost.net**

338-5725 • Jeremy Popkin, President • popkin@uky.edu • Shabbat Services monthly, call for schedule.

• **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**

1050 Chinoe Road, Suite 112 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Havurah Education Retreat		Lunch and Learn with our local rabbis	JFB Board Mtg			
B'nai B'rith Brunch						
Hadassah Cabaret Night 25	26	27	28	29	30	31
JFB Yiddish Class		JFS Advisory Committee Meeting (Members only)			JFB Office Closed	
Hadassah Book Club						
April 1	2	3	4	5	6	7
		Chabad-Rabbi Litvin visits			JFB Office Closed	
8	9	10	11	12	13	14
JFB Yiddish Class			JFS Leisure Club		TAI Bar Mitzvah	TAI Bar Mitzvah
15	16	17	18	19	20	21
JFB Yom HaShoah Community Commemoration		Lunch and Learn with our local rabbis JFB Board Mtg			OZS Centennial Celebration	OZS Centennial Celebration
22	23	24	25	26	27	28
OZS Centennial Celebration		JFS Advisory Committee Meeting (Members only)				
29	30	May 1	2	3	4	5