

Shalom

Newspaper of the Central Kentucky Jewish Federation



JUNE / JULY 1994



JEWISH FAMILY LIFE EDUCATION LECTURE SERIES

Presenter: **Philip J. Goodman, L.C.S.W., A.C.S.W.**

Admission: **Free of charge**

Time: **Thursdays, 7:00-8:00 p. m.**

Location alternates between:

(OZ) Ohavay Zion Synagogue, 2048 Edgewater Court,
Lexington, Ky. 40502, (606) 266-8050
and

(TAI) Temple Adath Israel, 124 N. Ashland Avenue,
Lexington, Ky. 40502, (606) 269-2979

SCHEDULE OF TOPICS:

June 9 OZ **Coping with Grief**

July 14 TAI **Helping Children Cope with Divorce**

Aug. 11 OZ **Coping with Major Illness in the Family**

Sept. 8 TAI **Surviving Your Child's Adolescence -
Tips for Coping**

Oct. 13 OZ **Keeping Your Child Safe from Drugs**

Nov. 10 TAI **The Challenge of Retirement**

Dec. 8 OZ **Protecting Your Young Child from Abuse**

For further information please contact: Jewish
Family Services, Central Kentucky Jewish Federation, 340
Romany Rd., Lexington, KY 40502, (606) 269-8244.

U.S. AMBASSADOR TO ISRAEL ANNOUNCES RESIGNATION

MA'ARIV reports that less than six months after assuming his post as U.S. Ambassador to Israel, Edward Djerejian resigned from the U.S. foreign service to head a new foreign policy institute in Texas. A U.S. State Department spokesperson said that Djerejian will leave Israel sometime this summer. Israel Radio reports that Djerejian's resignation took Jerusalem by surprise. KOL YISRAEL quotes sources in Jerusalem who noted that over the past several years, three U.S. ambassadors have left Israel after serving short terms.

THE BEST AGREEMENT ISRAEL COULD GET

'HA'ARETZ', (P.1) May 5, 1994 -
Analysis by Ze'ev Schiff

The central questions on the agenda following the signing of the agreement in Cairo are whether the Palestinian administration can fulfill its promises, primarily with regard to the prevention of terror, and whether it will have sufficient economic resources to support the territories under its control; in these areas live about one million people, most of whom have no source of income.

The agreement, with all its various appendices, is the best that Israel could have achieved under the current circumstances and pressures of time. It also embodies an attempt to correct a number of distortions contained in the Document of Principles reached in Oslo. This time, the security appendix is formulated in a more cautious manner than was the case with the Oslo agreement. Still, this agreement also contains obtuse points. The interim agreements are naturally vague, given the fact that they are temporary. Future disputes are apparently inevitable -- but if the Palestinian administration manages to prevent terror from within its borders, it will be possible to find a common language, correct faults and progress to the next stages.

The assessment in Israel is that the Palestinian side is still unprepared to accept complete responsibility for the territory. What is of greater concern, however, is the absence of any

coordination on important Civil Administration matters. For the Palestinians, the acceptance of responsibility is accompanied by fear and a lack of experience. In addition, the PLO is entering the area at a time when its coffers are empty. If the Palestinian administration does not succeed in raising the funds necessary for its daily existence, salaries and rapid investment, many Palestinians will certainly claim that nothing has changed. In any event, a drop in the standard of living is anticipated in the territories being transferred to the authority of the PLO. This is likely to strengthen Hamas and other opponents of peace among the Palestinians.

The agreement allows Israel to intervene militarily in the event that there is a severe violation of the agreement. The IDF estimates that there will be no such deterioration. The security appendix enables the IDF to protect the communities of Gush Katif, but preventing terrorism from within the Gaza Strip will depend more upon the Palestinian administration. Will its forces take effective control of the territory? Will they seek to act against those perpetuating acts of terrorism? Will they be prepared to cooperate with the Israeli security branches? The security appendix commits the PLO to cooperate in various areas. The Palestinians will apparently be ready for cooperation in the military sphere, but -- in order to combat terror -- they will have to also display a willingness to cooperate in the realm of intelligence. The head of the GSS returned yesterday from a visit to Cairo, and it would seem that this was one of the issues that occupied his time there.

Possible points of friction will exist mainly on the roads, where there will be joint patrols between the IDF and the Palestinian police. If these patrols operate without incident, it will be a great success, but a similar experiment once conducted by the PLO and the Lebanese army failed after one month. It is possible for Israel to control both out-going and in-coming traffic from/to the Gaza Strip and Jericho area, as well as between these two areas. In the first stage, traffic between the two areas will be allowed on one route, but traffic will later be permitted on four routes. Israel will do everything so that the majority of Palestinian vehicular traffic does not pass near Israeli population centers.

What will determine the extent of success are not the stipulations of the agreement and the manner in which they were formulated. The real test will ultimately be on the ground. Many in the defense establishment have doubts in this regard. But there are also those who speculate that, when the PLO manages to assert control over the area, it will do everything possible to meet its commitments.

Dry Bones



CKJF
340 Romany Road
Lexington, KY 40502

Non-Profit Org.
U.S. POSTAGE
PAID
Permit No. 719

THE TORAH THIS MONTH

by Rabbi Eric Slaton

June 4, 1994
Shalach

Approaching *Canaan*, Moses sends out 12 spies. They all report the land is rich. Ten of the spies say that the inhabitants are too strong for the Israelites to overcome. Frightened, the people begin to discuss returning to Egypt. Only Joshua and Caleb urge the people to trust in God and move forward, but the people do not listen. God threatens to destroy the people, only Moses' intercession saves them. God says they will indeed not enter the land, but die in the desert, only their children will enter the land. The ten spies who spoke against entering *Canaan* die immediately.

The people are alarmed and now attempt to enter *Canaan*. Moses warns them not to transgress God's command, again they do not listen. The *Canaanites* and *Amalakites* deliver a crushing defeat.

Some miscellaneous topics conclude the portion, the meal, dough, and sin offerings and the law of fringes (*tzitzit*). A man who picks up sticks in violation of the Shabbat is sentenced to death.

June 11, 1994
Korach

This portion is named after one of the men who begins another rebellion. The people are disheartened after learning they will not enter *Canaan* and are again persuaded to rebel against Moses' authority. Moses tells the rebels to come to the Tabernacle with their incense pans. God is again ready to destroy the entire people who support the rebellion, but Moses persuades God to destroy only the rebels. The earth opens up and they are swallowed alive. Their pans are then taken and beaten into a covering for the altar to remind the people of what happened.

The people are again angry that the rebels died and begin to demonstrate. Only Aaron's atonement using incense saves the entire people by death from a plague. The right of the tribe of Levi to serve in the Tabernacle is proved when each tribe is told to bring a staff with its name written on it before the ark. In the morning, Aaron's staff has sprouted almond blossoms. The portion concludes with the duties and gifts that belong to the *Kohanim* and *Levites*.

June 18, 1994
Chukkat

This portion begins with the law of the red heifer, whose ashes mixed with water are used to purify all who come in contact with a dead body. Miriam's death occurs, and the people again complain about water. Moses and Aaron assemble the people near a cliff. Moses strikes the rock from which water pours forth. The *Edomites* refuse permission for the Israelites to pass through their land. Aaron's death is recorded, and he is mourned for thirty days. His son Eleazar takes

his place as *Kohen Gadol*, High Priest.

The people again complain about water, and poisonous snakes bite the people. Moses made a copper snake and placed it on a pole. Whomever looked on this snake would survive.

The Kings *Sichon* and *Og* refuse the Israelites permission to travel through their land. They are defeated, and the people camp near Jericho.

June 25, 1994
Balak

Balak is the king of the Moabites who is frightened by the success of the Israelites. He sends for *Beelam* (or *Balaam*) to curse the Israelites. At first God warns *Beelam* not to go, but finally gives him permission. God send a messenger to kill *Beelam*, though his donkey saves him by avoiding the messenger twice. Seeing the messenger at a narrow pass, the donkey refuses to go on, and *Beelam* beats him. God then lets the donkey speak, and *Beelam* realizes that he has erred. Arriving at *Balak's* camp, *Beelam* tells the king that he can only say what God puts in his mouth. Every time *Balak* brings *Beelam* to curse Israel, he blesses them.

Unable to defeat Israel in battle, *Midianite* women are sent into the camp of Israel to cause them to sin through immoral acts. The idolaters are then executed, though a plague kills many until all the idolaters are punished.

July 2, 1994
Pinchas

Pinchas, son of Aaron, who killed two of the idolaters is rewarded with a special covenant by God. A census of all the people is taken to prepare for the dividing up of the land through a lottery.

The daughters of *Tzelaftahad* come to Moses with a case. Their father had died leaving no male heirs. God tells Moses that they entitled to their fathers land.

Moses is told he will soon die, and Joshua is chosen to be his successor. The portion ends with a description of the sacrifices for the holidays.

July 9, 1994
Mattot, Massai
Rosh Hodesh Av

The first part of the double portion begins with the laws concerning vows. The *Midianites* are engaged in battle and defeated. Eleazar tells the soldier returning that they must purify themselves and their booty taken in battle. The part of the booty was given to the *Levites* and part was given for use in the Tabernacle.

The tribes of Reuben and Gad wish to settle in the land just

captured. They are allowed to settle their families and flock, but the soldiers must continue on to help the rest of the tribes fight.

The second part of the double portion begins with a review of the journey of Israel from Egypt. God tells Moses that once the people occupy the land, they must destroy all idols. The land will then be divided by a lottery. The boundaries are established by God directly. A new leader is chosen for each tribe.

Special cities are designated. The *Levites* who have no land, are given cities in which to dwell. Cities of refuge are set aside for those guilty of committing manslaughter. Outside these cities they may be killed by a family member seeking to punish them. Only inside these cities are they safe. Those guilty of intentional murder are not given refuge.

Finally, the integrity of tribal land is maintained. Women who are in a position to inherit land may not marry outside of their own tribe.

Traditional Congregations read a special Maftir and Haftarah for the new month.

July 16, 1994
Devarim

This portion is the first in the book of Deuteronomy. Moses begins a review of what has happened to the Israelites: the division of leadership, the episode of the spies and the decree that only the children will enter *Canaan*, the peoples' subsequent attempt to enter the land (against God's instructions) and their defeat. Moses avoided war when possible, but when permission for the people to pass through version kingdoms was denied, he was left with no choice, the permission given to the tribes given to Reuben and Gad to settle East of the Jordan and the naming of Joshua as successor to Moses.

This Shabbat precedes *Tisha B'Av* (the ninth of Av, the Anniversary of the Destruction of the Temples), and the special Haftarah from Isaiah serves to rebuke us for failing follow the precepts of God.

July 23, 1994
Vaetchanan
Shabbat Nachamu

This portion continues the first speech of Moses to the people. Moses explains that God has denied him permission to cross the Jordan river. Moses tells the people they must be faithful, unlike in the past. Concluding this speech, Moses creates three cities of refuge for the involuntary murderer on the East Bank of the Jordan. Moses begins a second speech and repeats the Ten Commandments. He reviews the history of the people during their wanderings. Moses pronounces the *Shema* (Hear O Israel, the Eternal our God the Eternal is

One) and the *Vahava* (You shall love the Eternal your God with all Your heart...). He strongly warns them to remain faithful to God and not to stray after foreign gods.

The Haftarah on the Shabbat that follows *Tisha B'Av* is one of consolation to the Jewish People and begins with the word *nachamu* which means be comforted.

July 30, 1994
Ekev

Moses tells the people they will be blessed if they follow the covenant with God. In the new and fertile land they must remember how God sustained them in the wilderness. Should they forget, they will be punished.

God tells them that they will encounter mighty foes upon entering the land but they should not fear. Yet they are not to think that this was done due to their righteousness but because of the promise God made to Abraham and Sarah. They have rebelled many times already so they should be warned. Moses recalls the sin of the molten calf and how he broke the stone tablets and had to return to the mountain for 40 more days.

The people will be rewarded with rain and good crops should they follow God's laws. verses 13-21 of Chapter 11 are the second paragraph of the Shema in traditional Congregations.

Published
ten times annually by
the Central Kentucky
Jewish Federation, Inc.



Ellie Goldman,
President

Howard L. Ross,
Executive Director

Philip Goodman,
Social Services Director

Samye Miller,
Editor and Advertising
Manager

Elena Domotova,
Office Manager

Editorial Board
Members:

Michael Adelstein
Gloria Katz
Fannie Miller

Please send address changes
to:

340 Romney Road
Lexington, KY 40502
(606) 268-0672
fax: (606) 268-0775

■ ■ ■
The appearance of any
advertising in this
publication does not
represent a kashrut
endorsement on the part of
CKJF or any other agency or
organization.



WE WANT YOU!

Shalom would like to hear from you. We hope that the readers of this newspaper will also become contributors. We would like to hear what you want to see in *Shalom*. We welcome any comments, articles, or information that may add to this newspaper to make it of more interest to the Central Kentucky Jewish Community. If you've read an interesting, or awful book, let us know. If you have a concern or comment, we would like to print it. The newspaper depends on you, the reader, and we would be more than pleased to hear from you. Write to *Shalom* at the CKJF office or phone us.

C R C

The Community Relations Committee of the Central Kentucky Jewish Federation sponsored the Yom Hashoa program at Ohavay Zion Synagogue. It was well received and proved to be an outstanding evening. Everyone who participated was acknowledged with appreciation. There was also concern for wider religious involvement in this observance and a greater understanding of the religious message of the Holocaust.

Members of Federation attended the meeting of the Mayor's Commission on Race Relations in April and May. From the impressions of our representatives, Federation's membership would be beneficial for us and for the Commission. The CRC is still very much concerned about the total lack of Black-Jewish relations in Lexington and will continue to pursue this matter.

The CRC is concerned about how to improve the understanding of school officials and teachers of the absence of Jewish students for Jewish holidays. The fact that different families have their children absent in what is seeming inconsistent patterns is very confusing to teachers and administrators. There are also areas of concern that need to be considered regarding introduce community observances. The CRC will be distributing Jewish holiday calendars once more in the local schools and to other community agencies with the hope that exams and other events in which members of the Jewish community are involved will not be scheduled when there is a Jewish holy day.

The CRC is also concerned that some departments at the University of Kentucky continue to schedule exams on Rosh Hashanah and Yom Kippur and how to inform them of the difficulties that this scheduling present to Jewish students.

The CRC wants to continue its active work in the community. The new activity year starts in May and we want every Jewish organization in Lexington to have a representative on the CRC. Let us know who they will be. Please contact the CKJF office at 268-0672.

CENTRAL KENTUCKY JEWISH FEDERATION NEWS

***** INSTITUTE ON JUDAISM FOR CLERGY

The second Institute on Judaism for Clergy, sponsored by the Community Relations Committee of the Central Kentucky Jewish Federation, was held on Wednesday, May 11, at Temple Adath Israel. The morning long session was attended by Rabbis Adland, Leffler and Slaton, Howard Ross, Executive Director of CKJF and eighteen non-Jewish clergy from Lexington. Rabbi Richard Sarason led the session with a discussion of the history and development of Jewish worship, as well as the prayers which we use daily.

During the first hour Rabbi Sarason traced the development of Jewish worship from the sacrificial forms of the Temple in Jerusalem to the forms with which we are familiar today. He referred to the historic changes which have occurred as well as the limited literary resources which are available to discuss how and when many of these changes took place.

The second hour was devoted to a general overview of Jewish worship and the ideas found and expressed in our prayerbook.

At the conclusion of the Institute, a light luncheon was served. Mary Birenbaum and Susan Cantor assisted with the luncheon.

The Institute provided an excellent program and a way of helping non-Jewish clergy both to understand Judaism better and to gain a greater awareness of the Jewish roots of their own religion. All those who participated indicated that they learned a great deal and appreciated the opportunity to come to the Institute on Judaism for Clergy.

(Editor's note: The following is a letter received by Rabbi Leffler, co-chairman of the CRC from Rev. Richard G. Elliott expressing his appreciation for the opportunity to attend the Institute on Judaism for Clergy.)

May 12, 1994

Dear Bill,

I would like to thank you and the CKJF for the wonderful program at Temple Adath Israel yesterday. Many programs for Christian ministers tend to deal with Judaism on a very basic level, and it was a joy to hear and interact with a real scholar on a subject of some depth and interest to me. I hope that the next Institute on Judaism for Clergy will be sooner than two-and-a-half years away.

Thank you again,

Richard G. Elliott

**PROGRAM DIRECTOR/
RESETTLEMENT COORDINATOR POSITION
AVAILABLE
PART TIME**

**FOR FURTHER INFORMATION PHONE
THE CKJF OFFICE AT 268-0672 or 268-0775
or SEND A RESUMÉ TO:
CENTRAL KENTUCKY JEWISH FEDERATION
340 ROMANY ROAD
LEXINGTON, KY 40502**

**Come see why we were voted
BEST coffee house in the Bluegrass!**
It could be our homemade soups, or salads, or maybe our sandwiches or quiche. It could even be one of our great desserts...or here's a thought: could it be the COFFEE? Come see us & let us know what you think.

**COMMON GROUNDS
COFFEE HOUSE**
Not just a coffee house
343 East High Street Lexington 233-9761
Mon.-Thu 7-12am • Fri 7-1am
Sat 8-1am • Sun 8-midnight

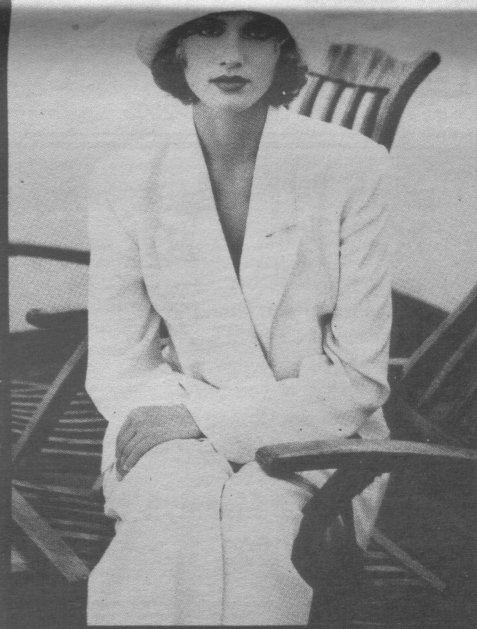
**THE
PAPERWEIGHT**
109 Clay Avenue
Lexington, Kentucky 40502

We Specialize In:

- Wedding Invitations and Announcements • Engraved or Thermography
- Quick Calligraphy Service for Addressing Envelopes & Place Cards
- Personalized Napkins, Stationery, Informals, Calling Cards

Come and see us.
Hours: M - F, 10-5 Saturday, 10-2
252-8106

A Fashion is a Statement by Design



Designers from
Chicago • Los Angeles • New York

RANDY • KEMPER
Uniquely Different

Tribeca

105 Walton, Lexington • 226-0933

Ranked "Highest" in Financial Soundness Six Years in a Row

1988
1989
1990
1991
1992
1993

Bauer Financial Reports, Inc. for six consecutive years has ranked First Federal Savings and Loan in their highest category for financial soundness.

What this means to you is that you can depend on the strength and stability of First Federal. With solid

management, strong capital and good assets, we provide you with quality services and products to fit your individual needs. . . And, we've been offering this quality to our customers for years.

Come in and see us! You'll be glad you did.



FIRST FEDERAL

Savings & Loan Association of Lexington
Lexington • Georgetown

253-2605

MEMBER FDIC



**Baby
It's
You!**



Kitties for the Aflicionado.
Only two remain, a brother and a sister. Both are very sweet but very shy. If you derive pleasure from developing trust in felines, these kitties are for you!

**Call Aaron or Maralyn
at 846-4900.**



Bill Burns, Manager

Jeanette DeHaviland, President

Member LAA

PROFESSIONAL
pest management inc.

(606) 223-0333

1352 Trace Blvd.
Lexington, KY 40514

LETTERS

Hello,

My family has an apartment in Jerusalem, and we would like to find renters from July 20 to January 20, when we'll be going back there. Could you please help me by posting this on an electronic or physical bulletin board, or otherwise notifying people who might be interested? I think that students going to Jerusalem for a semester for some sort of study-in-Israel program or olim who need a place to stay for a few months might appreciate being able to lease an apartment for a six-month period, since leases of less than a year are usually very difficult to find. The apartment is in the San Simon neighborhood (Katamon). It has three rooms, and it is fully furnished, including futon, beds, tables, chairs, bookshelves, rugs, oven, refrigerator, washing machine and even a very nice piano! It has milchig dishes, and central heating, and it's on bus lines to downtown, Mount Scopus, and Givat Ram. It is within walking distance from Rehavia.

I can be contacted at
617-783-4156,
jfox@husc.harvard.edu

Shalom,

Joshua Fox

ADDING DIMENSION TO OUR RESETTLEMENT PROGRAM

As most members of the Central Kentucky Jewish community are aware, a portion of annual contributions made to the "Exodus for All" campaign is used to resettle Jews from the former Soviet Union in Israel. A second portion is used to resettle immigrants and refugees from eastern Europe in the United States and in Central Kentucky. Until now, we have had to focus on resettlement; on providing New Americans with a range of resources needed for them to function as self sufficient constituents of a new economic environment.

These new members of our community need more. Since the first family arrived, they have asked for a program to assist them in learning that which is essential to their becoming productive and contributing members of the Jewish community and of the community at large. To this end, we are embarking upon an acculturation program; an undertaking designed to help the New Americans in their efforts to learn more about Judaism, their heritage and history as members of the Jewish people, as well as their privileges and responsibilities as Americans.

Currently, Rabbis Slaton and Adland have begun teaching a brief course on Judaism. The classes include information on Jewish history and prayer, T a n a c h , the synagogue/temple, the Holy Days and holidays, and Jewish rituals and customs. As part of this effort, we want to be able to present each family with, at least, a prayer book, a reference book on Jewish history, a Kiddush cup, a pair of candlesticks, and books on Jewish ritual and observances. Early in the program, Temple Adath Israel began this process by presenting each new family with a mezzuzah. We intend to continue this process and would appreciate any donations from the community of any of the items listed above. We are particularly anxious to see

that all families receive a Kiddush cup and a pair of candlesticks. If anyone is able to contribute to this new and long awaited effort, please contact Rabbi Slaton (266-8050), Rabbi Adland (269-2979) or Evelyn Dantzic Geller (272-8972). It will be a true Mitzvah.

From the outset, Judy Baumann has oriented the New Americans to the complexities of nutrition and shopping in an American super market. Her efforts have been received with great enthusiasm and much gratitude.

Still in development, but soon to be a reality, are plans for classes to help the New Americans learn to handle matters we tend to take for granted, i. e. preparing tax forms, health maintenance, buying insurance, purchasing a car or home, dealing with banks, educational opportunities and much more. To assure that these issues are addressed appropriately and correctly, we need volunteers who are experts in accounting, law, insurance, sales, health maintenance, and the like to volunteer to teach SHORT courses (reasonably, two to four hours each) in these areas. We plan to offer these lessons on an as needed basis; probably no more than twice a year. The advantage to volunteering for this aspect of the resettlement program is that it offers you the opportunity to perform a Mitzvah on a time limited basis. To participate, call Evelyn or contact the CKJF office at 268-0672.

**DEADLINE
FOR THE
AUGUST
ISSUE:**

JULY 10

MAZEL TOV...

...to Adam Goldstein who is a member of the chess team from Lexington Traditional Magnet School that placed third in the 22nd Junior High National Chess Championship in Rye Brook, New York, on April 15-17. Adam is the son of Susan and Steven Goldstein.

...to Elaine Silver on becoming president of the Bloomington, Indiana chapter of Hadassah. Elaine is the daughter of Gail and Irwin Cohen and the sister of Alex Charney Cohen.

...to Kathy Feinberg, who recently earned her Masters of Library Science from the University of Kentucky.

...to Hanna Smith on receiving an award for her outstanding work in social services.

...to Rabbi and Rabbitzin Avram Litvin on the birth of a daughter on May 10, 1994, in Louisville, Kentucky.

...to Robin and Phillip Gail Levy on the birth of their son, Isaac, on March 13, 1994. The proud grandparents are Erle and Sara Levy of Lexington.

...to Laura Szekely, on being one of the winners of the 1994 Ashland Teacher Achievement Awards. Laura teaches emotionally, behaviorally disturbed children at Jessie M. Clark Middle School in Lexington.

...to Elizabeth Kessler, a rising Senior at Rollins College in Winter Park, FL, who was named NCAA All American in Tennis at the tournament in Los Angeles, CA. where she competed in doubles. Elizabeth is the granddaughter of Ruth Kessler and the daughter of Jeffrey and Jean Kessler.

...to Wendy Weil, granddaughter of David and Vivian Weil and daughter of Sally & David Weil, Jr., who graduated from the University of Pennsylvania Summa Cum Laude. She was selected along with 20 other graduates to write a speech and her speech was selected to be read at commencement. Wendy was also selected to be a Dean's Scholar and is a Phi Beta Kappa.

...to the new LEXTY Board: Brandon Wides, President, Emily Fried & David Cantor, Vice-Presidents, Adam Miller, Treasurer, and Elissa Brown, Secretary.

...to Alex Charney Cohen on his promotion to the rank of Captain in the United States Air Force Reserve.

GET WELL WISHES

to Lois Germain
and Jenny Wilson

CONDOLENCES TO...

...Ed Hirsh, bother of Bernie Hirsh, who passed away in Phildephia, Pennsylvania, on April 25, 1994.

...Fran Dyer on the death of her uncle, Jack Foreman, of Chicago, Illinois, on April 27, 1994.

...Sara Charney Cohen, whose grandmother, Ruth Phillips, of New York city, New York, died on April 30, 1994.

...Howard Kemp, son of Rose Kemp of Cincinnati, Ohio, who passed away on May 8, 1994.

...Bob Flashman, whose father, Isadore Flashman, of (blank), died on (blank).

...Natasha Williams, on the death of her mother, Lucy Isakova, of Lexington, on May 10, 1994.

...David and Judy Miller on the death of Judy's father, Chester E. Lundquist on May 17, 1994.

SHALOM TO A WONDERFUL FRIEND

When Bill Leffler moves from Lexington to Maine this summer, he will leave a significant void in our community. Since arriving here in 1964, Bill had devoted his life to improving Jewish and community life. His quest for fairness, tolerance and justice has set a high standard for others to follow as a result of his work in civil rights and open housing, and with the homeless.

During his years here, Bill has served with numerous organizations. Perhaps his most memorable community work has been with the Lexington Public Library. His leadership on our local board has resulted in the tremendous improvement in our local library's services and physical plant. For this work, he has been appointed a member of the national Friends of Libraries USA Libraries USA. He is also a founder of the State Friends of Maine Libraries.

Among other organizations that Bill has worked with are the Community Kitchen, Speak-Out Lexington, Waveland Museum, and Girl Scouts-Wilderness Road Council. He has co-lead the Catholic-Jewish Dialogue group since its inception in the 1970's and founded the Lexington Alliance of Religious Leaders.

Father Bill Poole, who has served with Bill, recently stated, "A Leffler-free Lexington will be a poorer place because Bill Leffler has been a voice of challenge to the secular and religious communities with consistency and clarity and charity."

Bill has never been afraid to speak out for the right cause, no matter how unpopular his belief may be. He has often been recognized for his contributions, including an honorary doctorate from Hebrew Union College and the recent Chat Award for lifetime achievement from the Central Kentucky Jewish Federation.

Since retiring from the rabbinate, Bill has had a little more time to devote to his "hobbies" (as Bill refers to them) and to his whole new career in financial planning. Friends will miss Bill Leffler, jam and jelly maker, gourmet cook, gardener, genealogist, counselor, and friend. Lexingtonians will miss Bill Leffler, activist, newspaper letter writer, civic-minded citizen, and champion of the less fortunate. We wish him well.

THANK YOU, SARA

For the past year, Sara Charney Cohen has been editor of *Shalom*. The May issue was her last and CKJF would like to thank her for her time and expertise. She took the change in the newspaper format, which began in March, 1993, and continued to produce a polished product. Each month, the newspaper looked more professional and became more interesting and informative. Even doing all this, she still continued with her active involvement in the Jewish community and her busy life at home. Being editor takes a great deal of time and care, which Sara contributed with each issue. Her role as editor will be missed at CKJF. We all owe her a debt of gratitude for her hard work.

BOOKS WORTH READING

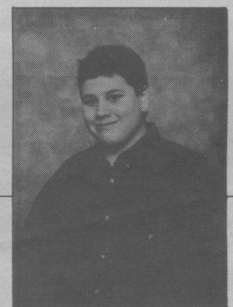
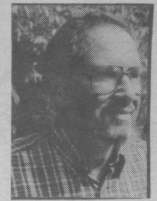
Arthur Schlesinger, Jr. has written a short, interesting, powerful book (138 pages) entitled *The Disuniting of America*, which advocates the assimilation of hyphenated Americans (the melting pot concept) instead of the fragmentation brought about by multiculturalism.

Schlesinger admits the importance of recognizing such groups as African-Americans, Native Americans, women, and Hispanics, but he argues that the cult of ethnicity has gone too far. Instead, he urges that Americans unite in view of their common ideals and culture.

Schlesinger refers to Jewish-Americans only in passing. He points out that Jewish-American have succeeded "out of proportion to their numbers" without school curricula glorifying their history and culture. Thus he refutes the argument that black children need a glorification of Afrocentrism in order to study harder and better. In this connection, he refutes the idea that Egypt was black and that Western civilization resulted from its influence.

The Disuniting of America is written with grace and clarity by Arthur Schlesinger, Jr., one of our most eminent historians. The book is available at the Lexington Public Library (973.Sch38d 1992).

Michael E. Adelstein



BAR MITZVAH JEFFREY ALAN NEWMAN

Janice and Larry Newman invite
you to
celebrate with them
at the Bar Mitzvah of
their son
Jeffrey Alan,
Saturday, June 4, 1994
10:30 AM
at Temple Adath Israel
Kiddush luncheon following services
Open house party
7:30 to 11:30 PM
at Temple Adath Israel
Everyone is invited.

THE ITALIAN OVEN RESTAURANT

More Real Italian Food.
Less Lira.

Man o' War Place • 115 Locust Hill Drive
Richmond Rd. at Man o' War (MegaMarket)
266-OVEN (6836)

Janet of Edgewood

Specialty Cake Shop
887-2501

108 Robert Rd.
Nicholasville, KY 40356

Janet Frederick

donut BAKERY

RETAIL & WHOLESALE
DONUTS & COOKIES & ROLLS
BIRTHDAY & WEDDING CAKES

NEILL DAY
OWNER & MANAGER

★ BRING IN THIS AD AND GET 69¢ OFF ONE DOZEN DONUTS ★

185 SOUTHLAND DRIVE
LEXINGTON, KY 40503 606 277-9414

REMEMBER FATHER'S DAY JUNE 19!!

BALLOONS & CLOWNS

Give Dad
a Lift
with Balloons!

918 S. BROADWAY
(606) 252-8634

Lexington Is Traveling
With

Leather, Inc.
luggage & leather goods

• Hartmann	• Tumi
• French	• Samsonite
• Delsey	• Andiamo
• Schlesinger	• Coach
• Scully	• Halliburton
• Travelpro	• Bosca

Lexington Green
New Circle Rd. at Nicholasville Rd.
273-1382

NOW SERVING DINNER

LE CAFE

on Romany



355 Romany Road
Lexington Ky 40502
(606) 268-2133

Serving Dinner from
5:30 PM
Monday-Saturday

LERRY'S HAIR DESIGN
2000A FAMILY CIRCLE DRIVE
LEXINGTON, KENTUCKY 40505
252-8700 or 252-0577

LERRY CAMPBELL, owner
(Behind McDonalds & Ace Rental
on New Circle Road)

We specialize in:
*HAIR REPLACEMENT *CLOTHING BOUTIQUE
*NAILS *HAIR COLOR *PERMS

Mon.-Thu.; 11:30 a.m.-10:30 p.m. Thu., 5-10 p.m. Fri. for dinner, 11:30

HAPPY HOUR!!
15¢ Wings and
1/2 Price on Selected Appetizers
Mon-Saturday 4 pm - 7 pm, 10 pm - 1 am
Sunday 4 pm til Closing

jellybeans
Grille

307 S. Ashland Avenue / 266-6545

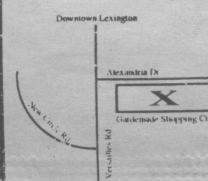
Lexitalia
Ristorante

Lexington's Only Four Star Italian Restaurant
A Casual Dining Experience
Serving Excellent Authentic Italian Cuisine Since 1976

PRIVATE ROOMS AVAILABLE
FOR 20 TO 100 PEOPLE

Lunch Mon-Fri 11:00am-2:00pm
Dinner Sun-Thurs 5:00pm-10:00pm
Fri-Sat 5:00pm-11:00pm

277-1116
1765 Alexandria Drive



CENTRAL KENTUCKY JEWISH FEDERATION COMMUNITY CALENDAR

Shalom . . . June/July, 1994 . . . Page 7

JUNE 1994



VATICAN- ISRAEL AGREEMENT OBSERVANCE

On Wednesday evening May 10, a special observance of the recent agreement between the Vatican and the State of Israel was held at Phoenix Park in downtown Lexington. The event was sponsored by Rabbi William Leffler and Father William Poole's Catholic/Jewish Dialogue Group. Participating with Rabbi Leffler and Father Poole were Mary Birenbaum and Sister Mary Kevin Siebert. Excerpts were read from the agreement and Sandy Adland led those in attendance in the singing of "Hiney Ma Tov," ("how good and pleasant it is for brethren to dwell together"), which is the first verse of Psalm 133.

After the service in the park, a wine and cheese reception was held at Temple Adath Israel. The reception, which was hosted by Mary Birenbaum, Linda Harvey, Simone Salomon and Joan Stoeckinger, provided an opportunity for those present to introduce themselves and describe why they were interested in a Catholic/Jewish dialogue. It is the hope of the sponsors and those who attended this special observance that this will mark the beginning of further Catholic/Jewish get togethers, as well as interaction with other groups, for a chance to share ideas and concerns.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Hadasah Board Meeting 7:30 PM New Americans Judaism class TAI 7:30	2	3	4 Jeff Newman Bar Mitzvah TAI
5 2-5 pm OZS Picnic 7:30 pm OZS Education Comm	6	7 TAI and OZS Board Meeting	8 Second New Americans Nutrition class CKJF 7:30 pm	9 Family Life Ed. OZS 7:00 - 8:00	10	11
12 CKJF Class at library for New Americans OZS Teachers' Retreat	13	14 OZS visit the Sick Committee meeting 6 pm Caller home Flag Day	15 CKJF Exec Comm	16	17	18
19 Father's Day	20	21 Resettlement Meeting	22 CKJF Board Meeting New Americans Judaism class 7:30 OZS	23	24	25
26 Fast	27 Third New Americans Cooking Class 7:30 pm CKJF	28 CRC Meeting	29	30		

JULY 1994

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Independence Day	5 TAI and OZS Board Meeting	6 New Americans Judaism class TAI 7:30	7 Caller Fundraiser Mitch McConnell 7:00 pm	8	9
10 Hadasah Road Rally 7pm	11	12 Hadasah Board pm	13	14 Family Life Ed TAI 7:00-8:00	15	16
17 Tisha B'Av	18	19	20	21	22	23
24 Fast	25	26 CRC Meeting	27 New Americans Judaism Class OZS 7:30	28	29	30
31						



Paul Semonin Realtors
3358 Tates Creek Road
Lexington, Kentucky 40502

CHARLES STERN
Realtor

Office:
(606) 269-7331
Home:
(606) 277-0350
Pager:
(606) 232-9853
Voice Mail:
(606) 293-7139



Semonin Sells with Service

HAVURAH NEWS

On Tuesday, June 7, the annual meeting of the Havurah will be held. At this meeting the election of new officers will take place. The time and place to be announced.

Morning Shabbat Services are scheduled for Saturday, June 11, at 10 AM. The services will be held at the Speech and Hearing Center.

The National Havurah Institute will be at the University of Hartford in Hartford, Connecticut from August 8 through 14. For further information contact:

The National Havurah Committee Institute
7318 Germantown Ave.
Philadelphia, PA 19119
(215) 248-9835

Include your mailing address in order to receive a brochure.

Locally you can contact:
Judy or Robert Baumann at
223-1299

An evening Shabbat Service is planned for August 19. The time and place to be announced.

TAI 'INTERFAITH' HABITAT HOUSE CONSTRUCTION CONTINUES

Temple Adath Israel and the churches of the Episcopal Diocese are continuing to build a Habitat for Humanity house together. The construction will take place every Sunday from 7 AM to 7 PM on Race Street on the following dates: June 5, 12, 19 & 26.

Call the Temple office or Cookie Wencker, project chair, 269-4221, to put your name on the list.

TEMPLE BOOK CLUB

The Temple Book Club is reading and will review

BY THE RIVERS OF BABYLON

by Nelson DeMille
Tuesday, July 12 7:30PM
at the home of
Jerry and Rose Rita
Wurmser
3409 Westridge Circle

TAI NEWS

SHABBAT SERVICES

Friday, June 3rd

Sisterhood Shabbat Service
8 PM
Jeffrey Newman Bar Mitzvah
Torah Portion: Shelach
Lecha

Numbers 13:1-15:41
Child Care Available

Candle Blessor:

Janice Newman

Oneg Shabbat Hostesses/Hosts:

Cookie & Bill Wencker

Holly Barnhill

Cindy Beeman

Marty Kaplan

Saturday, June 4th

Torah Study
9:30 AM
Jeffrey Newman Bar Mitzvah
10:30 AM
Open House
7:30 - 11:30 PM at TAI

Friday, June 10th

Erev Shabbat Service
8 PM
Torah Portion: Korach
Numbers 16:1-18:32
NO Child Care Available
Candle Blessor: Roz Rozen
Oneg Shabbat Hostesses/Hosts:
Ida & Lester Waldman
Roz & Morris Rozen
Marianne & Randy Waldman

Friday, June 17th

Erev Shabbat Service
8 PM
Torah Portion: Chukat
Numbers: 19:1-22:1
NO Child Care Available
Candle Blessor: Renee Hymson
Oneg Shabbat Hostesses/Hosts:
Ellie & Alvin Goldman
Julie & Bob Bloom
Renee & Cokie Hymson

Friday, June 24th

Erev Shabbat Service
8 PM
Torah Portion: Balak
Numbers 22:2-25:9
NO Child Care Available
Candle Blessor: Starr Gantz
Oneg Shabbat Hostesses/Hosts:
Beverly & Jerold Osner
Marcia & David Brown
Starr & Bruce Gantz

Friday, July 1st

Kabbalat Shabbat Service
6 PM
Torah Portion: Pinchas
Numbers: 25:10-30:1
NO Child Care Available

Friday, July 8th

Kabbalat Shabbat Service
6 PM
Torah Portion: Matot-Mas'ey
Numbers: 30:2-36:13
NO Child Care Available

Friday, July 15th

Kabbalat Shabbat Service
6 PM
Torah Portion: Devarim
Deuteronomy: 1:1-3:22
NO Child Care Available

Friday, July 22nd

Kabbalat Shabbat Service
6 PM
Torah Portion: Va'etchanan
Deuteronomy: 3:23-7:11
NO Child Care Available

Friday, July 29th

Kabbalat Shabbat Service
6 PM
Torah Portion: Ekev
Deuteronomy: 7:12-11:25
NO Child Care Available

SISTERHOOD SHABBAT

Friday, June 3, 8 PM
The service will include the installation of new officers and a service conducted by our

Women of Reform Judaism.

COMMITTEE MEETINGS:

EXECUTIVE COMMITTEE MEETING

Thursday, June 2, 1994
7:30 PM

BOARD OF TRUSTEES MEETING

Tuesday, June 7, 1994
7:30 PM

EXECUTIVE COMMITTEE MEETING

Thursday, June 30, 1994
7:30 PM

BOARD OF TRUSTEES MEETING

Tuesday, July 5, 1994
7:30 PM

EXECUTIVE COMMITTEE MEETING

Thursday, July 28, 1994
7:30 PM

O Z S NEWS

June 1994

Sivan/Tammuz 5754

June 3-4, Sivan 25
Shabbat Shelach

Friday Evening 8:00 pm	Shabbat Morning
Bima: Lewis Bowling	Preliminary Service 9:30 am
Oneg: Marilyn Swan	Shacharit 10:00 am
Judy and Avram Levine	Bima: Evalynne Elias
Bobby Levine	
Gail and Ernie Cohen	

June 10-11, Tammuz 2
Shabbat Korach

Friday Evening 8:00 pm	Shabbat Morning
Bima: Sue Ezrine	Preliminary Service 9:30 am
Oneg: Harry Rosenberg	Shacharit 10:00 am
Ricki and Joe Rosenberg	Bima: Arthur Frank
Susan and Jack Westerman	

June 17-18, Tammuz 9
Shabbat Chukkat

Friday Evening 8:00 pm	Shabbat Morning
Bima: Larry Fox	Preliminary Service 9:30 am
Oneg: Kate & Steve Davis-Rosenbaum	Shacharit 10:00 am
Sara & Erle Levy	Bima: Ricki Harrison

June 24-25, Tammuz 16
Shabbat Balak

Friday Evening 8:00 pm	Shabbat Morning
Bima: Nancy Hoffman	Preliminary Service 9:30 am
Oneg: Aida and David Fine	Shacharit 10:00 am
Jessica and Terence Ross	Bima: Alan Kirschenbaum

*Please note: Erev Shabbat services in JULY will begin on Fridays at 6:00 pm.

OHAVAY ZION SYNAGOGUE ANNUAL PICNIC

Don't forget! The Congregation will hold a cookout on Sunday, June 5, from 12 noon to 3 PM. There is no charge and everyone (kids too) is welcome. Come ready to enjoy the food and exchange of ideas. Dress is casual. Call Sue Ezrine (299-4404) or Dana (266-8050) for more information and to make reservations.

FRANK B'NAI MITZVAH

BAR MITZVAH OF
MATTHEW JOSHUA
AND
BAT MITZVAH OF
REBECCA RUTH

Please join with our family in sharing the joy of celebrating the
B'nai Mitzvah
of our son and daughter,
Matthew and Rebecca
Saturday, August 27, 1994
ten o'clock in the morning
Congregation Ohavay Zion
Kiddush luncheon following services
Matthew and Rebecca will also help
conduct services Friday evening
August 26, 1994
eight o'clock in the evening
Congregation Ohavay Zion
Arthur and Joanne Frank

NEWS IN BRIEF

'MARCH OF BOOKS' FOR YOUTH IS CONCLUDED

(Ma'ariv' Apr. 28) The Educational Television Network broadcast the concluding ceremonies of the 'March of Books' for Youth programs, with the Minister of Culture, Science and the Arts, Shulamit Aloni, awarding the prize for the best two students of the 16 who reached the final round of literary quizzes. The series was sponsored by the ministry's Council for the Arts.

BAUHAUS FILMS TO BE SHOWN AT TEL AVIV CINEMATHEQUE IN MAY

(Ha'aretz' May 2) In the International Style Month, the Tel Aviv Cinematheque will screen films connected with the Bauhaus style of architecture during May, including documentaries made in Germany in 1928, films from the Walter Gropius School of Architecture and Design, and other programs linked to this theme.

THE ENVIRONMENT IN FILM

(Ha'aretz' May 3) The Jerusalem Cinematheque is planning a series of screenings in May in conjunction with the Information Center and one of the TV Cable Channels ('Discover') in the framework of the first International Film Festival on the Environment. The films will show the harmony between the Earth and its inhabitants up to the nuclear age and were chosen from the London 'Green Screen' festival. There will also be entries from Beloruss, Hungary, Colombia, Canada and other countries.

CZECH FILMS IN ISRAELI CINEMATHEQUES

(Ma'ariv' Apr. 27) Israel's three Cinematheques -- in Jerusalem, Tel Aviv and Haifa -- will be showing Czech films during May from various periods, mainly the Sixties and the Nineties. The Czech film industry produces about 40 films a year, beginning in the first decade of this century. The process was interrupted by World War II, but after 1945 the industry resumed activity in full force. Film directors from the Czech Republic will visit Israel, accompanying the screenings of their works.



Lynn Cooper and Kim Slaton hard at work finalizing plans for Camp Shalom.

COMMENT

THE TIMES THEY ARE A-CHANGIN'!

After not having a Jewish member on the Supreme Court since Abe Fortas resigned in 1969, the country now may look forward to having two--Ruth Bader Ginsburg and Stephen Breyer. What is surprising about Breyer's nomination, the *Courier Journal* stated, is that few people in the media mentioned his religion. Does this signify that Jewish-Americans have moved into the mainstream?

Michael E. Adelstein



Imperial Plaza On Waller Ave.
(606) 23F-RESH
Limit one card per visit.

Present this
card for
**ONE
FREE
BAGEL**
EXPIRES 7/31/94

★ ★ ★ ★ ★
★ MAKE SHALOM A ★
★ MEMBER OF YOUR ★
★ MARKETING TEAM. ★
★ CALL THE CKJF ★
★ OFFICE AT 268-0672 ★
★ FOR INFORMATION ★
★ ABOUT ADVERTISING ★
★ IN SHALOM. ★
★ ★ ★ ★ ★

Wayne Isaac Worley

Piano Tuning & Repair

2988 Tulip Trace
Lexington, KY 40503
(606) 276-5339

David L. Feinberg Ph.D.

Licensed Clinical Psychologist

Specializing In:

Individual & Couple Counseling
communication development
reducing depression & anxiety
anger control
enhancing self-confidence
increased enjoyment of life

(606)233-3390/233-3141

520 East Maxwell Street

Lexington, KY 40502

Evening Appointments Available

Bella Rose

Beautiful Clothing for Women

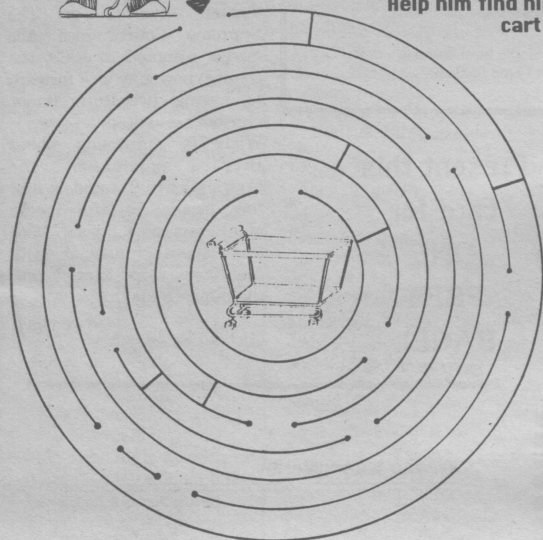
126 W. Maxwell 255-2565



It's A-Maze-Ing!

START

Joe is grocery shopping for the special Shabbat Dinner. Help him find his way through the maze to the grocery cart before he spills everything.



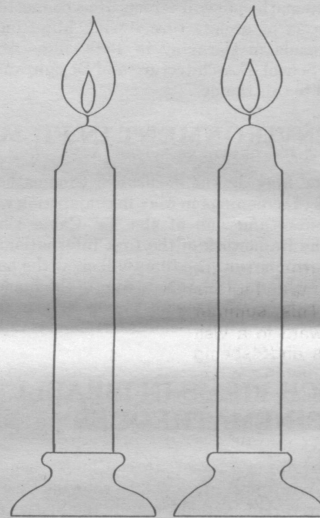
fun...fun...fun...
←

WORD UP

Shabbat: Seventh day of the week. The Bible commands that each Jew, and his or her family, servants, and work animals must rest on the Sabbath.



LIGHTING THE CANDLES



COOKING JEWISH

Making Hallah (twisted bread) You will need a grown-up to help you



You will need:

Heavenly hallah makes 2 loaves

1/4 cup oil
extra oil for greasing the dough and the cookie sheet
1 teaspoon salt
1/2 cup hot water
1 package dry yeast
1/4 cup lukewarm water
2 eggs
3 1/2-4 cups flour
extra flour for kneading dough
1/4 cup sesame seeds or poppy seeds

measuring cup
measuring spoons
large mixing bowl
mixing spoon
2 small bowls
fork
pastry board for kneading
clean dish towel
cookie sheet
pastry brush

TO BRAID THE HALLAH:

LAY THREE ROLLED PIECES OF DOUGH SIDE BY SIDE

PINCH THE THREE ENDS TOGETHER

CROSS 1 OVER 2

CROSS 3 OVER 1

CROSS 2 OVER 3

REPEAT UNTIL YOU RUN OUT OF DOUGH, THEN PINCH THE THREE ENDS TOGETHER



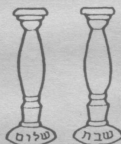
We welcome Shabbat by lighting the candles. Color in the candles with a wax candle. Next, rub different colored pencils over the candles to decorate the page around the candles. Your Shabbat candles will shine through!

UPON KINDLING THE CANDLES

ברוך אתה יי אלהינו מלך העולם. אשר קדשנו
במצותיו. וצונו להדליק נר של שבת:

Baruh ata Adonai, Eloheynu meleh ha-olam,
asher kid-shanu b'mitz-votav, v'tzivanu
l'hadlik neyr shel shabbat.

Praised are You, Lord our God, King of the universe, who has
taught us the way of holiness through the Mitzvot, and enjoined
upon us the kindling of the Sabbath light.



Candle Holders...
Please draw candles.
We couldn't find any!

source: The Jewish Kids Catalog by Chaya M. Burstein



KIM'S KID KORNER

by Kim Slaton



Jewish Kids of Lexington

Shabbat Shalom

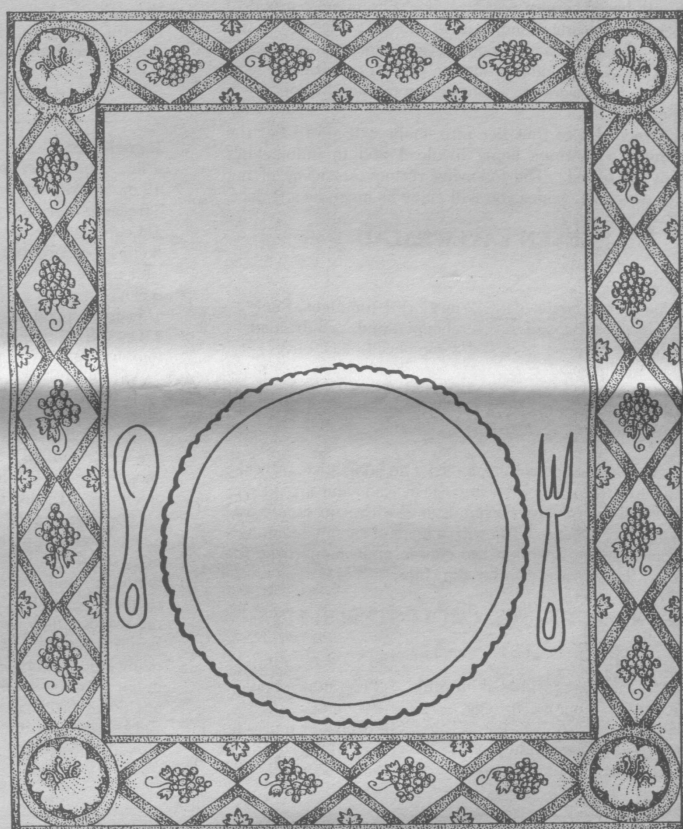
The seventh day of each week



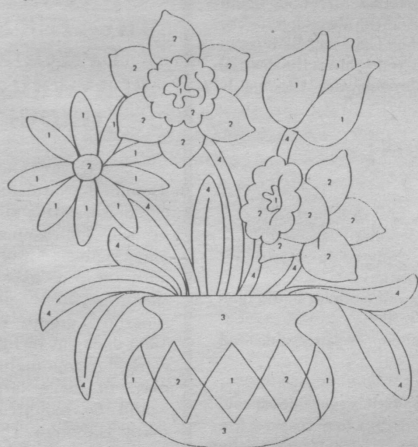
Joshua Adland

Joshua Adland is 9 years old. He attends Southern Elementary School and is a member of Temple Adath Israel. His favorite Jewish food is Latkes and his favorite Holiday is "Purim, because of funny times, and it's happy." Joshua enjoys playing with friends, watching T.V. and the Indians Baseball Team. This summer Joshua is looking forward to a visit with his Grandparents and seeing his friends at G.U.C.I. camp. When asked what message he would like to share, he replied, "Violence isn't a way to settle things - talking is the way to peace."

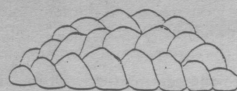
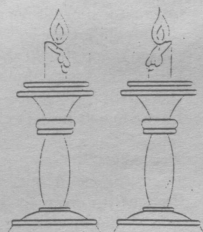
Setting the Table for Shabbat



Decorate for Shabbat



1. Red 2. Yellow 3. Blue 4. Green



Color the Shabbath candles, wine cup, and hallah. Cut them out and decorate your Shabbat Dinner Table.

GUEST CHEF OF THE MONTH

Evelyn Dantzic Geller arrived in Lexington in time to start teaching at U.K.'s College of Nursing on August 28, 1968. Her diverse and rewarding involvement in the Jewish community began almost immediately, and has included service to the Federation - beginning long before it became the Federation, Ohavey Zion Synagogue, Hadassah and the Lexington Havurah. Over the years she has held such offices and committee positions as President of the Havurah, President of Hadassah, chair and member of the Central Kentucky Jewish Federation Social Services Committee, chair of the Ohavey Zion Education Committee, member of the CKJF Board, interim Director of CKJF, and a host of other exciting community service opportunities.

In addition, she has been an active officer and member of the Kentucky Nurses Association, the Bluegrass Oncology Nursing Society, the American Cancer Society, the American Lung Association and several other professional and community based service organizations. She is most proud to have been a founding member of what is now Hospice of the Bluegrass. Evelyn has been and continues to be an invaluable source of help and information to every organization with which she has worked, whether professionally or as a volunteer.

Evelyn hopes that her retirement will afford her the opportunity to continue being involved and to indulge her penchant for travel. The following recipes are some of her favorites which she hopes you will enjoy as much as she does.

SEVEN LAYER SALAD

Ingredients:

- | | |
|-------------------------------|--|
| 1 1/2 cups refried beans | 2 large ripe tomatoes, finely chopped and well drained |
| 1 large avocado, chopped | 1/2 cup sliced black olives |
| 2 Tbs. lemon juice | 1/2 cup sliced green onions |
| 1 1/2 tsp. garlic powder | shredded yellow cheese |
| 1/2 cup sour cream | |
| 1 pkg. dry taco seasoning mix | tortilla chips |

Method:

Spread the beans in a shallow two quart dish. Mix the lemon juice and garlic powder into the avocado and spread over the beans. Combine the seasoning mix with sour cream and spread over the avocado. Top with a layer of chopped tomatoes and sliced olives. Sprinkle the cheese and onions over the tomatoes. Serve with crisp tortilla chips.

CORN PUDDING, CHOLESTEROL FREE

Ingredients:

- | | |
|---|---------------------------------------|
| 2 12 oz. cans evaporated skim milk | 1/3 cup minced onion |
| 8 egg whites or equivalent egg substitute | 1 tsp. salt |
| 1 bag (28 oz.) frozen yellow corn | 10 drops (or more) hot |
| 1/3 cup minced red bell pepper | 1 tsp. Butter Buds (or more to taste) |

Method:

Heat the oven to 325 degrees F. Grease or spray with butter flavored vegetable spray, a shallow two quart baking dish. Heat the milk just to boiling. Do not let the milk come to a full, rolling boil. Pour four egg whites, the Butter Buds, and all but one cup of the corn in the blender and blend until smooth. Beat the remaining egg whites and add the remaining corn, the bell pepper, the onion and the seasonings. Remove the milk from the heat and add the corn egg and corn mixture. Carefully pour this mixture into the egg mixture. Turn into the baking dish and bake, uncovered, for forty-five minutes, or until firm to touch.

ISRAELI MARINATED VEGETABLES

Ingredients:

- | | |
|---|---|
| 1 large cabbage | 1 1/2 cups sugar (or equivalent sugar substitute) |
| 2 cucumbers | 2 cups white vinegar |
| 2 green peppers | 2/3 cup water |
| 1 bunch green onion (or more if you like) | 1/4 or less salt |
| 4 cloves garlic | 1/2 cup oil |

Method:

Chop the vegetables and the garlic. Mix the marinade in a glass container and add the vegetables. Cover securely and refrigerate for three days. Mix at least twice a day.

CARROTS WITH GRAPES AND DILL

Ingredients:

- | | |
|--|--|
| 3 lbs. carrots, peeled and cut into 1 1/2 inch chunks (8 cups) | 1/2 tsp. salt |
| 1/4 cup reduced calorie margarine | 1/2 cup snipped fresh dill or cilantro |
| 2 cups seedless red grapes | |

Method:

Cook the carrots in a large pot of boiling water until crisp tender. Drain and cool to room temperature. In a heatproof serving dish, using a metal grid to protect the bottom of the dish if necessary, melt the margarine over medium heat. Add the drained carrots. Stir over medium heat until the carrots are coated with margarine. Add the grapes and salt. Cook about two minutes or until the grapes are heated through. You may also do the last part in a microwave being careful to adjust the heating time and to cover the dish. Sprinkle with dill or cilantro and serve.

PASTA SAUCE RAPHAEL

Ingredients:

- | | |
|--|--|
| 4 lbs. ripe meaty tomatoes | 1/2 cup finely chopped parsley |
| 12 oz. marinated artichoke hearts (reserve marinade) | 1 small dried red pepper, finely chopped |
| 1/4 cup reserved marinade | 4 cups shredded cooked turkey or chicken |
| 2 cups coarsely chopped onion (or more) | 1/2 lb. fresh mushrooms, sliced |
| 6 cloves minced garlic (or more) | salt and pepper to taste |
| 1/4 cup chopped fresh basil | Cabernet Sauvignon or chicken broth |
| 1 Tbs. dried oregano | |
| tomato paste | |

Method:

Peel and coarsely chop the tomatoes. If fresh tomatoes are not available, use an equivalent amount of coarsely chopped canned Italian tomatoes. Put into a large saucepan or crock-pot. Drain the artichoke hearts and heat the reserved 1/4 cup of marinade in a large saucepan. Add the onion, garlic, basil, oregano, parsley and red pepper and sauté over medium heat for five minutes. Add the sautéed ingredients to the tomatoes and simmer, uncovered, for at least two hours (longer, if possible). Watch closely to see that the sauce does not dry out; add some Cabernet Sauvignon or chicken broth if liquid is needed. If using a crock-pot, follow directions about using a lid and try to simmer all day. Add the shredded turkey or chicken, the mushrooms, 1/2 to one cup Cabernet Sauvignon or chicken broth and enough tomato paste to obtain the desired thickness. Simmer until the mushrooms are thoroughly cooked. Serve over mushroom pasta.

BAKED SALMON

Ingredients:

- | | |
|---|---|
| 1 one lb. can salmon | 1/4 tsp. grated lemon rind |
| 1/4 cup (or more if needed) vegetable broth | 1 tsp. lemon juice |
| 1 large onion, finely chopped | 1 Tbs. chopped parsley |
| 1 large rib celery, finely chopped | 1 egg, beaten |
| 1 1/4 cup soft bread crumbs | 1 cup liquid (salmon liquid plus skim milk) |
| | dash hot pepper sauce, if desired |

Method:

Spray a one quart casserole with vegetable spray. Preheat the oven to 350 degrees F. Drain and reserve the salmon liquid; discard the salmon skin and bones. Heat the vegetable broth in a skillet; add onions and celery and sauté until soft. Add bread crumbs and sauté lightly, stirring constantly. Remove from the heat as soon as the crumbs are "toasted" and add the egg, liquid, lemon juice and rind, parsley and pepper sauce. Blend well. Stir in the salmon carefully so as not to mash it. Pour the mixture into the prepared casserole and bake for thirty minutes.



WELL KNOWN PHOTOGRAPHER TO SHOOT 'ONE DAY IN THE LIFE OF ISRAEL'

('Yediot Aharonot' Apr. 25) Fifty-five leading photo-journalists in the world, including 15 from Israel, will take part in the largest project of its kind in the country, when for one day, they will scatter to different parts of Israel from Metulla on the Lebanese border to Eilat on the Red Sea, and take photos during 24 hours of events in the country. These will include tourist sites, border villages, and simple citizens of various religions and origins. Thousands of photos will be submitted to an international judges panel and the best 200 will be published in a book 'A Day in the Life of Israel' which will be the 13th in an international series of that name. It will be published around the world, by Harper and Collins in the U.S. and in Israel by the publishing branch of the Ministry of Defense.

NATIONAL THEATER SETS UP YOUNG PLAYWRIGHTS GROUP

('Davar' May 3) The 'Habimah' National Theater of Israel is setting up a special branch for young Israeli playwrights' works, in addition to its existing three theaters and permanent repertory group, which for 1995 does not include Israeli works. A top-quality Israeli play, fit for a large stage, would be mounted by the main 'Habimah' Theater, its directorate has said, but at the moment no such new Israeli work has been written. The new branch is designed to encourage young playwrights to train their talents to produce works for the large theater.

NO LONGER 'ONE BANNER'

(Commentary by Danny Rubinstein, 'Ha'aretz', p.B1, May 18, 1994)

The internal tensions within Palestinian society over the establishment of the Autonomy are too difficult to bear. They include rivalries on almost every possible subject: what societal regime will be fashioned in the Palestinian Authority areas? What will the relationship between religion and state (the PLO and Hamas) be? What weight will that half of the Palestinian People living outside [the territories], a large number of whom still live in refugee camps, have in the new Self-Governing Authority? Then, of course, there are disagreements on economic and political questions: what relations will there be with Jordan, and how will the Palestinians progress towards their primary aspiration -- the establishment of an independent state in all the areas of the country which [Israel] captured in 1967?

Each of these questions is a powder keg which is liable to explode, and even now there are signs of this on the ground. At the beginning of the week, for example, General Nasser Youssef, the commander of the Palestinian police force in Gaza and Jericho, announced that only his men would be able to carry weapons in the Gaza Strip. In the wake of this announcement, Hisham Abd al-Razaq, a Fatah activist from Gaza, said that all the armed militias in Gaza would have to disarm, including Hamas' Iz A-Din al-Kassam squads (his statements were printed in the publication of the Islamic Movement in Israel, 'Sauth al-Haq W'al Hurriyah'). An outburst immediately ensued, and a Hamas activist in Gaza, Muhammad Abbas, angrily asked Fatah personnel: What will you do, declare [those who carry weapons] fugitives and begin a manhunt for them? (according to the 'Al-Quds' newspaper).

The internal tensions are delaying the appointment of the Autonomy Council. Yasser Arafat tried to form a list of dignitaries which would reflect a broad Palestinian consensus. However, many of those whom he approached, both in the territories and abroad, rejected the offer. Currently, the clear majority of the list is comprised of Fatah members, including organizational functionaries who take their orders from Arafat or who are dependent upon him for their livelihood.

The problems concerning the composition of the Council will become even more acute when the subject of general elections in the territories is raised (the planned date is mid-October). These are not merely power struggles between the various Palestinian factions, but also raise more substantive questions. In the West Bank and Gaza, there is a firm demand for free elections and for completely democratic processes. [Officials] at PLO [headquarters in] Tunis are not excited over this, since it is clear to them that in such elections the residents of the West Bank and Gaza will elect their own people; and what about representation for the Palestinians in Lebanon and Syria, and in the rest of the diaspora? Will the Palestinian Authority concern itself only with the 'local' interests of the territories?

Answers for some of these questions were formulated at the beginning of the week in a publication of the Fatah's Central Committee, which established the principles of the new Authority. The document contains several important points: 'Religion is for God and the homeland is for us all' (an old and worn slogan of the fading Arab nationalism); 'the PLO is the sole representative of the Palestinian People' (and not, for example, the Autonomy Council which will be elected in the territories); 'freedom of expression and political association -- each group will be able to exercise this right as long as it does not infringe on the rights of others'; 'striving for national unity through constructive means of tolerance and dialogue between the various groups and people'; nurturing the links to the Arab world: preserving the rights of the individual, in accordance with the values of religion and the International Declaration of Human Rights; encouraging civil activity for the benefit of the public and society; preserving and strengthening family ties. At the end of the document, there is a recommendation (not a decision) by the Central Committee to improve the status of women, so that women will be able to participate in the activity of the institutions.

At the heart of these general and cautious phrases lies the central problem of Fatah, since the day of its founding. For years, Fatah -- as a central organization of the Palestinian national movement -- postponed discussion of the Palestinians' social issues until after liberation. In contrast to the Marxist leftist organizations, which held a lot of power in the past, and to the Muslim extremists, which currently have a great deal of power, Fatah personnel asserted that no other subject should be dealt with except the struggle for national liberation. From this standpoint, Fatah supported the principle of 'one banner', to use a classic Zionist term of the Revisionist Movement. The organization became a sort of supermarket of converging social positions, upon whose flag only one slogan was etched.

Now, with the establishment of the first Palestinian Authority, it is doubtful whether it will be possible to postpone the debate on questions of government, society, religion and economics, which will weigh heavily on the Palestinian public in the territories and abroad.

COMPUTER CHIPS MADE TO ORDER BY SIZE

('Ha'aretz' Apr. 28)

The Tsoren Co. has found a market for computer chips of specialized application and, in the 11 years of its existence, has operated in Israel and in Silicon Valley, California, under Levi Gertzberg, an Israeli engineer educated at Stanford University. The company has supplied military needs as well as video-TV instruments, and has recently begun producing sophisticated computer chips designed by computers according to a required size. This has been an innovation and can produce sound systems for the home with the same quality as the best cinema sound systems in existence. Meanwhile, the Dolev Co. has produced a revolutionary algorithm, called AC-3, enabling the process of digital recording on six separate sound tracks which can be combined into a single track for final recording.

ISRAEL BOND SPEAKER

Tuesday, June 14

David Alexander, managing director of *Habimah*, the national theater of Israel, will speak at The Clubhouse at The Greenhouse, 3543 Tates Creek Road, on Tuesday, June 14, 7:30 PM on behalf of Lexington State of Israel Bonds. The title of the program is, "Israel: It's Not Just Politics."

Alexander has long been a part of the performing arts in Israel both professionally and as a volunteer. His experience includes acting as director of the Yehoshua Rabinowitz Foundation for the Arts in Tel Aviv, serving as a member of the academic staff of the Theater Arts Department of Tel Aviv University, working as a theater critic for Israel Television, and teaching at the Thelma Yelin High School for the Performing Arts.

He has also served in volunteer Leadership capacities for various theater and performing groups in Israel. In addition, he recently served as a leader in the recently concluded "March for the Living" program in Poland.

Alexander received his Ph.D. from Tel Aviv University, for which he submitted a thesis entitled, "Political Satire in Israeli Theater."

Reservation for the event are requested and can be made by calling the Israel Bonds Office, 1-800-883-0707.

State of Israel Bonds is an international organization offering securities issued by the government of Israel. Since its inception in 1951, State of Israel Bonds has secured more than \$13 billion in investment capital for the development of every aspect of Israel's economy, perfect record on the payment of principal and interest on the securities it has issued. Israel Bonds proceeds play a major role in absorbing Jews from the former Soviet Union, Ethiopia and elsewhere.

RABIN: ISRAEL NOT OBLIGATED TO ALLOW RETURN OF PALESTINIANS DISPLACED IN '67

Israel Radio, (5-6-94) KOL YISRAEL, quotes Prime Minister Yitzhak Rabin who said that Israel is not obligated to allow the return of Palestinians displaced in the 1967 Six-Day War. Rabin said that according to the Declaration of Principles, a joint Israeli-Palestinian-Egyptian-Jordanian committee will be established to discuss this issue. Rabin also said that the matter of Palestinians displaced during the 1948 War of Independence will be discussed during the negotiations on the permanent status of the Territories. At that time, said Rabin, Israel will raise the problem of Jewish refugees who fled to Israel from Arab countries after 1948.

INTERNATIONAL NEWS

"SCHINDLER'S LIST" BLACKLISTED IN KUWAIT ON GROUNDS SPIELBERG IS A JEW.

"Schindler's List" has been blacklisted by the Kuwaiti boycott office, according to the Arab Times. Various grounds were given by the Kuwaiti information ministry to justify its action. One reason given is that Steven Spielberg, the director of the film, is a Jew; another that the film will arouse sympathy for Jews and Israelis and therefore hurt the Arab cause. Part six of the official Arab boycott regulations devotes four pages to "Foreign Cinema and Television Companies" and cites the various grounds upon which they may be blacklisted. Among these grounds are:

- 1) "Proven to gave pro-Zionist sympathies or acting in Israel's interest"
- 2) "Repeated production of films intended to arouse sympathy for Israel."
- 3) "If foreign actors or actresses of proven pro-Zionist sympathies take part in the film."

Arabbycott authorities in the past have blacklisted Barbara Streisand and Omar Sharif.

The Kuwaiti action is all the more offensive because Kuwait has promised the State Department to relax the secondary boycott, i.e., the blacklisting of American concerns.

QATAR READY FOR COMMERCIAL COOPERATION WITH ISRAEL ON CONDITION THAT PEACE PROCESS IS ACCELERATED

Israel Radio, (5-2-94) KOL YISRAEL, quotes Qatar's Foreign Minister who confirmed news reports that he met with Israeli Ministers Shimon Peres and Moshe Shahal. He said that the Israeli ministers proposed that the two countries cooperate in the field of commerce and added that Qatar is willing to agree to such cooperation on condition that the peace process is accelerated.

KING HASSAN TO RABIN: ISRAELIS AND PALESTINIANS CAN CREATE NEW MIDDLE EAST

Israel Radio, KOL YISRAEL, reports that King Hassan of Morocco sent Prime Minister Yitzhak Rabin a message stressing the importance of continuing the peace process and expressing his belief that Israelis and Palestinians can live together and create a new Middle East. The message was transferred to Rabin by Knesset Member Rafi Edri who was in Morocco over the weekend. KOL YISRAEL adds that Israeli and Moroccan representatives are currently discussing establishing economic offices in both Jerusalem and Rabat and setting up direct flights, phone and postal services between the two countries.

ISLAMIC JIHAD LEADER: RON ARAD IS ALIVE

HA'ARETZ (5-10-94) reports on an interview with Islamic Jihad leader in Syria Fat'hi Shkaki who said that of all the Israeli MIA's, Ron Arad is the only one alive. Shkaki spoke in a special interview with an Israel Television reporter who had spent several days in Damascus. He added that he does not know where Arad, a missing Israel Air Force navigator, is being held.

MA'ARIV: ISRAEL WOULD AGREE TO SYRIAN EARLY-WARNING STATION INSIDE ISRAEL

According to MA'ARIV, Israel is willing to agree to a Syrian early-warning station inside Israel as part of the security arrangements of an Israeli-Syrian peace agreement. This was disclosed by sources involved in the negotiations with Syria. According to the sources, Israel rejects the Syrian demand for "symmetric" security arrangements, but would agree to "mutual" arrangements. This means that Israel would allow the Syrians to have security arrangements similar to those demanded by Israel, but on a smaller scale. In an interview on KOL YISRAEL, Foreign Minister Shimon Peres was asked to comment on the MA'ARIV report about a Syrian early-warning station in Israel. Peres said that such reports are only premature speculations. The current problems between Israel and Syria center on principles, said Peres, not on technical matters.

WORLD BANK REPORT SAYS ISRAEL'S GNP DOUBLED OVER LAST 5 YEARS

HA'ARETZ cites a report published by the World Bank in Washington stating that Israel's Gross National Product has doubled over the past five years. The report, which cites statistics on socio-economic development in 190 countries, notes a dramatic increase in per capita GNP in Israel from \$6,663 in the years 1980-85 to \$13,220 in the period between 1987 and 1992.

THE LEXINGTON CEMETERY



DO YOU HAVE QUESTIONS ABOUT THE SPINOZA SOCIETY'S NEW SECTION?

GIVE US A CALL.

Serving Central Kentucky Since 1849.

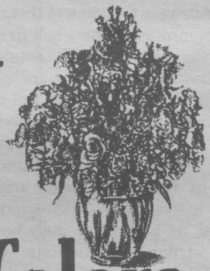
833 West Main Street

Lexington, Kentucky

4 0 5 0 8 - 2 0 9 4

(6 0 6) 2 5 5 - 5 5 2 2

Show Your True Colors.



Celebrate a RED letter day. Surprise someone from out of the BLUE. Tell a friend they're worth their weight in GOLD. Flowers can help you express a rainbow of emotions. And right now, they're specially priced to save you some GREEN.

IMPERIAL FLOWERS & GIFTS

(606) 233-7486

TOLL FREE (800) 888-7486



THE BURDEN OF PROOF

Commentary by Uzi Benziman, "Ha'aretz", 22.5.94, p.B1

The first days of the Palestinian Authority's operation in Gaza and Jericho have aroused concern, to the point of raising questions about the fundamental validity of the assumption that it is possible to place control of these two areas in the PLO's hands. From the moment the agreement was implemented, all the forces opposing it were aroused and began to attack it in order to bring about its collapse. One cannot minimize this effort and chalk it up solely to problems in adjustment, it hides a real threat to the first serious attempt at reconciliation between Israel and the Palestinians. If Israel and the PLO do not immediately mobilize all the resourcefulness and resources required to bolster the agreement, the attempt will fail and relations between the two peoples will become mired in a violent quagmire, which will make the intifada look like child's play in comparison.

The burden of proof falls, first and foremost, on the Palestinians. True, the agreement provides only a limited answer to the Palestinians' aspirations for independence, and a daily reality has been created which highlights the friction between the two nations, and perhaps even makes it worse. However, that is the agreement which was signed and those are its terms, and the PLO is not at liberty to exempt itself from fulfilling it, saying that it continues to adhere to the position that the settlements are an obstacle to peace (as its spokesmen did on Friday).

First and foremost, the PLO must prove that it has introduced a norm of government in Gaza and Jericho which seeks to uphold law and order, without exception. A norm of law and order means, primarily, trying and punishing all those who continue to commit violence, not to mention terrorism; without exception means that none are exempt from the rules of implementation -- both as to whom they apply (such as Hamas members), and to those who are the victims (such as the IDF or Israelis living in the communities there). A regime of law and order is indivisible: those who accept (and perhaps even encourage) attacks by the rejectionist organizations against Israelis, will quickly find themselves struggling for their very existence.

These truths, which apparently are self-evident and known to Yasser Arafat, and to his subordinates as well, are being re-written in light of the complacent response of PLO leaders in Gaza to the attack on Friday, in which two IDF reservists were murdered, and to another attempt to kill a resident of Gush Katif. From its point of view, the State of Israel has gone a long way ideologically towards the Palestinians, in signing the Oslo and Cairo Agreements, and it deserves something of equal practical value in return from the PLO: a reduction in terrorism and a real effort to capture the murderers and punish them.

The second sphere in which the PLO must prove its ability to realize its ambition to manage the Palestinians' lives is the economic one. Arafat must prove acceptable to the states which have promised to funnel money to the Palestinian Autonomy, satisfying their concerns over the procedures and controls through which they will supervise the use of their contributions. He must change the administrative patterns to which he has been accustomed, delegate some of his authority and establish a modern governing apparatus. If he brings to Gaza and Jericho the type of rule used by the Turkish pashas, he will, with his own hands, be laying the groundwork for the demise of the Palestinian Authority.

Israel, too, faces a test: we are not able to greatly influence the PLO's ability and readiness to institute the rule of law and order, both with regard to the Palestinian population and in preventing terrorist attacks against us. However, we do have a fairly large amount of room to maneuver in extending aid to the Palestinian Authority, as it comes to grips with the Gaza Strip's economic problems. As frustrating as things may sound, against the background of the recent attacks, it is in Israel's interest that the idea of autonomy in Gaza and Jericho succeed, and to this end it must support the Palestinian Self-Governing Authority's coffers directly, and, indirectly, its residents' standard of living.

There is another sphere in which the [Israeli] Government must act in order to neutralize one of the serious threats to the experiment's success: soothing the settlers' irritability. The Jewish settlers coming to the synagogue in Jericho, passing scornfully by the Palestinian policemen and ignoring their orders, show that they still do not understand that anything has changed in Jericho. First and foremost, they demonstrate a lack of respect for Palestinian policemen and for the standing that they have been granted by the agreements which [the Israeli] Government has signed. The Jewish settlers, and if not them, the entire State, need to ask themselves in what way the humiliation of Palestinians by Israelis contributed to the outbreak of the intifada. The blatant brandishing of weapons is a proven prescription for clashes between settlers and Palestinians in Gaza and Jericho.

The main burden of proof for implementing the agreement falls, as was said, on the PLO -- but Israel must do its part to neutralize the explosive potential in relations between the settlers and the Palestinians. That is not a simple task, and it demands that the political echelon be decisive and that the IDF be determined in carrying it out. (...) It is essential.

Shalom ... June/July, 1994 ... Page 15

PIONEER PLAYHOUSE

1994 Season

Boy Meets Girl

June 11 - June 25

Baby Uptages Film Star in Hollywood Speed

Look Homeward, Angel

June 28 - July 9

Prize-winning Drama of Southern Family

The Man Who Came to Dinner

July 12 - July 23

Inscrutable Invalid Drives Hosts to the Brink

Scapin!

July 26 - August 6

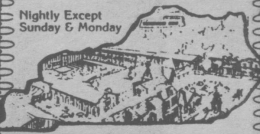
Upstairs Classic with New Twists

Social Security

August 9 - August 20

Cranky Grandmom Moves in and Starts Dating

Nightly Except
Sunday & Monday



(INDOORS IN CASE OF RAIN)

FOR RESERVATIONS: (606) 236-2747

	Theatre	Dinner	Only
Reserved Seats	\$15.95	\$19.50	
General Admission	\$14.95	\$18.50	
Children (Under 12)	\$6.50	\$13.50	

DINNER SERVED 7:30 PM SHOW TIME 8:30 PM (EDT)

USE OUR FACILITIES

For club nights, R.V. conventions, seminars, craft shows, and biking hub

Write Pioneer Playhouse, Col. Eben Henson,
840 Stanford Road
Danville, KY 40422-9300
For Reservations: (606) 236-2747



COOPERATION IN OUTER SPACE

(Davar' Apr. 27) The French National Center for Space Research and the Israeli Agency for Space have signed an agreement defining their cooperation in space activities. It is for three months and will promote projects between the two countries and their space industries. These include programs for observing the Earth and the environment, meteorology, satellite communications, and space technologies, linked to robotics and small satellites.

344 Romany Road

Lexington, Kentucky 40502



Only the best!

Walt Barbour

(606) 266-0471
Fax 266-6594



REMEMBER DAD ON FATHER'S DAY JUNE 19

The Professional Touch.

Stress Relief/Sports Massage

30 min. \$20 60 min. \$35

Reflexology (Foot Treatment) \$28

Paraffin Wax (Hands or Feet) \$10



LEXINGTON'S
PROFESSIONAL MASSAGE
CENTER

Upstairs in Historic Dudley Square • 231-1RUB (231-1782)
M-F 8-8 • Sat. 9-5 • Sun. 1-4



DAVE'S TACKLE BOX
WOODHILL SHOPPING
CENTER
606-266-4506

LET US SUPPLY YOUR FISHING NEEDS
WE CARRY THESE NATIONALLY KNOWN BRANDS

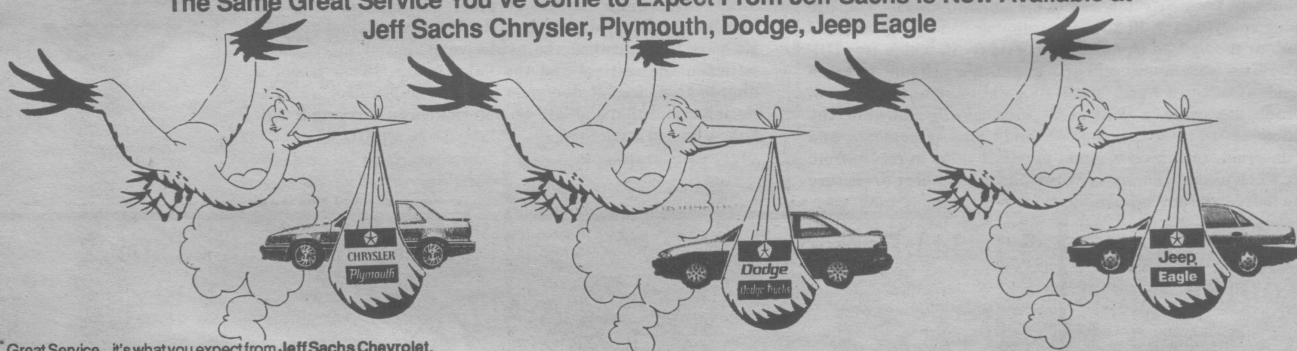


FROM NOW TO FATHER'S DAY:
10 PERCENT OFF ALL GIFT CERTIFICATES

ROD AND REEL REPAIRS
MINN KOTA MOTORS SERVICED AND REPAIRED
FISHING LICENSE - LIVE BAIT
ACCEPT VISA, MASTER CHARGE, DISCOVER

The Jeff Sachs Family is Expecting Again...

The Same Great Service You've Come to Expect From Jeff Sachs is Now Available at
Jeff Sachs Chrysler, Plymouth, Dodge, Jeep Eagle



Great Service...it's what you expect from Jeff Sachs Chevrolet, Buick, Geo and Nissan. Now you can receive the same great service from Jeff Sachs Chrysler, Plymouth, Dodge, Jeep, Eagle - the newest member of the Jeff Sachs family. Come in and test drive one of our new cars, trucks or mini-vans today at Jeff Sachs Chrysler, Plymouth, Dodge, Jeep, Eagle. It's our newest location - just off the By-Pass on Schenkel Lane, next to Hardee's. And remember, Jeff Sachs will service your vehicle, no matter where you bought it.



JEFF **Sachs**

CHEVROLET • BUICK • GEO • NISSAN

Versailles Road, Route 60
Frankfort

1-800-777-1693



JEFF **Sachs**

CHRYSLER • PLYMOUTH • DODGE • JEEP • EAGLE

735 Schenkel Lane, Just off the
Bypass, Next to Hardee's, Frankfort

1-800-289-8223

WHAT MAKES VADIM RUN?

In the 40's, people wanted to know "What Makes Sammy Run?" These days, around UK and Lexington, some are asking, "What Makes Vadim Run?"

Unlike Sammy Glick, who rose from a New York slum to become a Hollywood mogul, Vadim came from Grodno-Belor in White Russia to Skokie, Illinois, with his parents when he was sixteen. He became a top long distance runner. In the 5,000 meter division, he is a member of the All-America team. In the cross country, he is all-SEC. But unlike Sammy, Vadim is particularly unknown, even on campus, in Lexington, or in our Jewish community.

When he is not running or practicing for the 5,000 meter and cross country races, Vadim is studying for a degree in electrical engineering, a highly demanding major. He is also serving as president of Hillel at UK and volunteering as a Big Brother.

Track meets keep Vadim from attending Friday night services. Usually, the team leaves Thursday afternoons, rests and practices Fridays, and runs on Saturdays. On these trips, Vadim must keep up with his studies, which he does, often reading while listening to music varying from classical to rock.

His move to the United States was arranged by Jewish agencies. Vadim and his family traveled to Vienna where they stayed for two weeks, then on to Rome for two months, and after a stop in New York, they finally arrived in Skokie. Vadim attended high school for two years in Skokie and while there his track records came to the attention of University of Kentucky track coaches, who offered him a scholarship.

Along with other members of his team, Vadim is disappointed at the lack of track sports coverage in the Kernel and the Herald-Leader. Although UK has three SEC indoor track champions hardly anyone outside the team knows. In contrast, track is considered to be far more newsworthy at LSU and Tennessee, where newspaper accounts feature the runners.

Comparing the difference between his Skokie high school and the one attended in Grodno-Belor, a city about the size of Lexington, Vadim points out that he had many more classes there, sometimes as many as fifteen a semester, each class meeting three times a week. As a result, he believes that students abroad take many more advanced courses than students here. The students take quizzes but few exams, rather studying for a comprehensive one at the end of eight years, which serves to reveal what they have comprehended, understood, and retained.

As for anti-Semitism abroad, Vadim recalls that his mother, who worked hard in Grodno-Belor, was denied the opportunity to attend medical school because she was Jewish.

Vadim appreciates the freedoms Americans have, particularly the freedom to travel whenever and wherever they wish in contrast to the severe restrictions abroad. But he does wonder whether freedom of speech has not gone too far here and he is concerned about the relative lack of family values and the frequency of divorce.

Sidelined at present from running due to arthroscopic surgery, Vadim is looking forward to the late spring when he can start practicing again. What makes Vadim run? Certainly not fame and fortune although the scholarship helps. But he has the competitive spirit--to strive to run will, to be the best, to win SEC meets, and perhaps one day--who knows, if he keeps practicing!

SUMMER ART EXHIBITION AT BLUEGRASS AIRPORT

The Lexington Art League will sponsor a summer exhibition at the Bluegrass Airport Gallery of photographs and paintings by Tamara and Joseph Fitzpatrick. Tamara, a graduate student at New York University/International Center for Photography, is an intern this summer with the Vice-President's photographer, in Washington, D. C. Joseph Fitzpatrick is an Emeritus Professor of Art, University of Kentucky. "People and Places" will feature portraits and candid closeups of people in a variety of settings by Tamara and landscape paintings and drawings by Joseph. The exhibition will close with a reception on Friday, September 23, 5:00 to 7:00 PM. Please join the artists at this event!

ANNUAL STUDENT ESSAY CONTEST

The Southern Jewish Historical Society will award \$500 for the best paper dealing with Southern Jewry by a current graduate or undergraduate college student. The presentation will be made at the society's annual meeting in Raleigh, North Carolina, in October.

Submissions should focus on a subject related to Southern Jewish history, use primary sources and appropriate documentation. Papers should be double-spaced. The submitter's name, address and academic affiliation must appear only on the cover letter and not in the body of the paper.

Papers must be submitted by July 1, 1994 to:

Professor Berkley Kalin,
Chair Student Prize
Committee, SJHS
Department of History
Memphis State University
Memphis, Tennessee 38152

TOWELL'S BLUE GRASS AUTOMOTIVE

Parts and Service for Toyotas
1111 Mechanic St.
Lexington, KY 40507



(606) 233-1173
Toll free in KY
1 (800) 221-6043

Compu Graphics

Dave Messner
606/263-2111

- Custom Brochure Design
- Large Format Color Output
- 4 Color Process
- Scanning
- Computer Graphics
- Desktop Publishing
- Logo Design
- Typesetting

887 Spyglass Lane • Lexington, KY 40509
Fax: (606) 263-2111

LISA
GIANARDI

ECONOPRINT

407 SOUTH BROADWAY
LEXINGTON, KY 40508
(606) 253-2003

Affordable Decorating At The...

rag peddler

Below Wholesale Prices

- Drapery & Upholstery Fabrics
- Designer Comforters
- Leather Hides
- Gifts

931 Liberty Rd.
Mon.-Sat. 10 Til 6

233-2151

10% off

ON ANYTHING IN
OUR STORES
(10.00 Maximum Discount)



PURDON'S
RENTAL SALES

2341 Woodhill Drive
P.O. Box 54641
Lexington, Kentucky 40555

(606) 266-1197

HARBER'S SHOE REPAIR

Luggage, Belts, Purses, Etc.



Zandale Center
2232 Nicholasville Rd.
Lexington, KY 40503
276-2256



Prudential Securities

Tomas Milch H.
Vice President-Investments

Prudential Securities Incorporated
Lexington Financial Center, Suite 2900
250 West Main Street, Lexington, KY 40507
606 233-0321 KY 800 998-8766 Nat'l 800 354-9066

UNDERSTANDING AND COPING WITH GRIEF

PHILIP J. GOODMAN L.C.S.W., A.C.S.W.

"To every thing there is a season, and a time for every purpose under the heaven:

"..... A time to be born, and a time to die."

Ecclesiastes :1-2

"..... A time to mourn, and a time to dance;

Ecclesiastes 3:4

Clearly, the bible sees bereavement as a process which should be time limited and eventually overcome. Grief is the specific human reaction to a loss. People experience grief due to the death of a spouse, child, parent, or family member to name just a few examples. Grief can also occur as the result of alienation from significant people in our lives, or be experienced in a person's own loss of self-esteem, or significant changes in lifestyle.

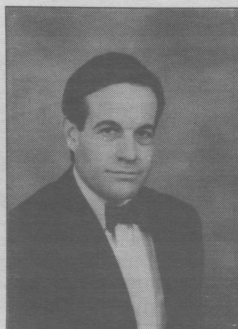
Loss can occur in many forms and in differing degrees of severity due to an individual's personality, life experiences, and coping skills. One should not and cannot underestimate the effect grieving can have on an individual. Dr. Thomas H. Holmes, Professor of psychiatry at the University of Washington (Seattle), developed a list of the forty-three most stressful life events. Not surprisingly the top figure on this list, rated at one hundred points, is "death of a spouse". This figure is followed by "divorce, marital separation, jail term, death of a close family member..." and even these four events involve some type of loss, (i.e. the loss of companionship and the loss of freedom).

Stress from grief, if not dealt with effectively, can cause exhaustion, anxiety, physical symptoms, changes in a person's physical or mental functioning, psychosomatic illnesses, or any one or more of the stress related diseases. Dr. Arthur H. Schmale, of the Rochester Group, found a correlation between stress from grief and the occurrence of cancer, diseases of the heart and blood vessels, rheumatoid arthritis, diabetes, and diseases of the nervous

system. The literature indicates that a grieving person is at a greater danger for mental illness and physical illness than the average person. Therefore, a person suffering from grief is wise to seek assistance from a physician should there be any questions concerning his or her health. The bereaved can also find valuable assistance from mental health professionals when coping with grief or stress.

Sigmund Freud coined the term "grief work" when referring to the task of mourning. Grief work is the normal human process of dealing with the feelings of grief which enable an individual to begin the healing process. When referring to grief work Dr. Freese stated it is "hard, long, painful, slow, repetitive, a suffering through the same effort over and over..." Yet grief work is essential for a person to grow and change as he or she experiences the maturational crises points of gains and losses throughout a lifetime. With the successful mourning of the losses in life one can change, adapt, progress and continue to enjoy life to the fullest.

Grief work is the task of mourning in which the individual tests reality, to prove to him or herself that the loved one is really dead and that the loss is real. The individual now must challenge this new reality by functioning to the best of his or her ability until the feelings have a chance to catch up. Only through repeated confrontation of feelings and situations surrounding the loss can the person's denial be addressed. A mourner can say and know logically that a loved one is dead, but at the same time feel that it



cannot be real or believed. The bringing together of the rational (logic, conscious) and the irrational (feeling, unconscious) is a challenge that only time, effort, strength, endurance, patience, and learning can achieve. The growth one can achieve from grief work is the freedom to go on living without the deceased.

Each individual goes through his or her specific grief work in his or her own personal way. The bereaved needs to explore a new way in which to define his or her identity. Each individual will have to redefine what meaning, purpose, or significance life will hold for the individual in this new reality. While the mourner can find assistance from family, friends, physicians, therapists, or others ultimately there must be the internal grief work for healing to occur.

One way to better survive this time of pain is to have a thorough understanding of the process and the stages anyone suffering a loss may experience. Dr. Elizabeth Kubler-Ross has identified five stages that the mourner can pass through during the bereavement process. These stages are shock-denial, anger, depression, bargaining, and acceptance. The mourner does not necessarily pass through these stages in sequence and several stages can be experienced at once and regression to earlier feelings can also occur.

During the shock-denial stage the bereaved typically experiences an emotionally protective numbness. The person who is emotionally not able to accept the loss denies unconsciously and sometimes consciously that the death actually has occurred.

CONNECTIONS

Presented by Jewish Family Services

Jewish Family Services will present a series of articles entitled "CONNECTIONS". It is our hope that these articles will address concerns of members of the community. Please contact the office if you have suggestions or comments.

The anger stage is typified by the mourner experiencing anger as well as other intense feelings. The anger or feelings can be focused on themselves, doctors, the family, the deceased, God, religious leaders, or others. The anger and rage usually serve the role as a distraction for the bereaved allowing them to not have to focus on the loss and the associated feelings.

The depression stage occurs as the reality of the loss begins to flood into the person's mind. Feelings of helplessness, guilt, loneliness, and sadness are common at this time.

The bargaining stage is a stage of emotional longing and searching for the deceased. Some mourners will try to strike a bargain with God if he will restore the loved one to them.

During the process of recovering from grief it is common at different periods for people to have relapses of acute grief. Such a relapse at a particular stage of recovery can be very disheartening, frightening, and depressing. If the bereaved knows that this is a normal phenomenon it can be helpful in getting through such painful but only temporary times. Typically as the process of recovery continues along and if "good grief work" is being done by the mourner the relapses will occur less and less and with less intensity.

The stages of grief and bereavement are so individually determined it is difficult to put time frames on the grieving - bereavement process. The stage of acceptance occurs when the individual acknowledges the death or loss and is again able to enjoy and experience life.

Although it is difficult to project any individual's time table for experiencing the bereavement process, a structural framework can be helpful in facilitating "good

grief work". Orthodox Jewish mourning customs developed and refined over thousands of years can create such a framework.

The mourning period of Sheloshim corresponds to the stage of grief known as shock and denial. For the first week relatives and friends take over needed household tasks and bring and prepare food for the mourner. When family and visitors talk with the bereaved about the deceased it can help break through the denial and help the mourner achieve a recognition of the death in a safe protective environment. The presence of caring family and friends provides relief for the mourners feelings of loneliness, loss, and isolation. Also in this protective environment the mourner can cry, wail, and express feelings which can facilitate the working through feelings of anger, guilt and separation.

The ritual of sitting Shiva can have healing qualities as it is a time when feelings of grief are shared by the bereaved with others. This opportunity for emotional farewells can help break through the bereaved's denial concerning the death as well as giving the bereaved the feeling of a connectedness with others during this time of ultimate separation.

Unfortunately our society exacerbates the recovery problem. Death has become an unmentionable issue. The mourner is often avoided by people or kept at an emotionally safe distance.

Conversations with the mourner regarding the death are short or are diverted even though the mourner may want to discuss the deceased and could benefit from such a conversation.

In part people avoid thinking or talking about death because with every death it is a reminder of our own mortality. This

continued on page 19

avoidance is a relatively new phenomena. In fact, societies use to have a more intimate relationship with death due to the younger mortality rates. Children would even incorporate the subject of death into their nursery rhymes.

*"Doctor, doctor, will I die?
Yes my child, and so shall I."*

But today partly due to prolonged lives with the advances in medicine, death has become a subject which is considered taboo in our society. Society has silently designated professionals including doctors, nurses, social workers, therapists, counselors, and religious leaders to handle grief and grief work. This prevailing attitude keeps death and the subject of death relatively invisible. Hopefully in the future, people will find a more accepting view of death as the natural phenomenon that it is. Then society will be in a better position to assist the bereaved and the terminally ill and their families in more helpful, caring, and compassionate ways.

The Amidah prayer in a Jewish daily prayerbook reflects a human yearning for a connection with God and the hope for compassion for the dead. This prayer can also be a source of comfort for the bereaved.

*"You support the falling,
and heal the sick,
and free those who are bound up,
and keep your faith with those who sleep in the dust."*

**MAKE SHALOM
A MEMBER OF YOUR
MARKETING TEAM
CALL THE
CKJF OFFICE
FOR INFORMATION
ABOUT ADVERTISING
IN SHALOM
268-0672**



by Lyudmila Shur

I'll NEVER FORGET!

My family arrived in Lexington at the end of May, 1993. The first time I visited the Synagogue (4.7.93) and the Church of St. Luke (Christians-Methodists, 4.11.93) were memorial days devoted to "Catastrophe". I was very sad on those days of Babi Yar. There is one general grave for 100,000 murdered Jews.

After 50 years, in 1991, the government held a meeting in Babi Yar in a very solemn manner, where they officially announced the date and the number of the Jewish population that was completely eradicated in Babi Yar.

Almost every Jewish resident of Kiev lost someone in Babi Yar: their relatives, friends, neighbors. We'll never forget them!

Kiev has had a long history of anti-semitism. Let's remember the Beylik's Case, when an innocent Jew was blamed for the ritual killing of a Russian boy.

From the years 1910 through 1912 a wave of pogroms against the Jewish population took place in the Ukraine.

In Dnepropetrovsk (Yelisavetgrad) my aunt on mother's side perished. In 1912 the famous writer, Sholom Aleichem, who lived and worked in Kiev, emigrated to America. Thousands of Jews emigrated to the United States during the early 1900's, including my great-grandfather.

I am writing this article because in my conversations with Americans even with Jewish-Americans, I am convinced they don't know the history of Russian Jews. We are from the Ukraine. Kiev can't forget, we'll remember it throughout our entire life.

In Babi Yar 100,000 Jews were murdered. They were gathered by order of the Gestapo, on the morning of September 27, 1941, and sent along Artyom street in the direction of the cemetery and further on to Babi Yar, which was on the outskirts of Kiev. Young pregnant women, women with babies, sick people and invalids were going towards the general grave, some of them were taken there by the carts used on the farms. There were school-aged children and those who had just learned to walk. On both sides of the street, there were Kievites - Russians and Ukrainians, separated from the Jews by policemen with guns and dogs. Some of the Kievites were horrified looking around but there were some who were glad that Kiev would be cleansed of Jews- (Jeeds).

On that day nobody knew where they were being taken. The non-Jewish population thought the Jews would be removed somewhere. They realized what happened when they heard the sounds of rifles and machine guns from Babi Yar. The majority of the population of Kiev had met those who occupied Kiev with flowers and sweet bread. They hadn't understood how the occupation would affect them and their children.

We'll never forget those who were taken and shot in Babi Yar. In 1941, I finished the 5th grade. I and my classmates were 13 years old. Ten of my classmates perished in Babi Yar. Though I am 65 now my classmates remain 13 years old and nobody knows what they would have become.

Clara Shupuk was the youngest daughter in her family. In 1941 her brother Boris had finished the 8th grade; her sister Rose had finished the 10th grade and was going to enter the Kiev University. All of them were the best pupils in their classes, and the pride of our school. I'll never forget!

Chichi Turbovsky wasn't tall; he was funny and kind. In the fall of 1940 his parents invited the whole class to his birthday party. It was so fun and bright, we wished him a lot of joy, health and success. His face is still before my eyes. I could write the same about my other classmates. Some of them were better, some worse, some were kind and some

angry, some merry, some sad, but they were ... and now they are not. We'll never forget them.

My poor Aunt Ellie, was neither happy nor rich, but she too shared the fate of those thousands of Jews who were shot in a tractor plant in Kharkov. I never will forget my childhood playmate from my neighborhood, Roska-- "Crocodile." He was stubborn and liked to fight. That's why he was called "Crocodile". On September 27, he and his parents were taken to Babi Yar. He ran away from the policemen, and twice the yardmen took him back. I guess that on the third try he failed and eventually nobody saw him after that.

This was in Ukraine, not in Denmark. Denmark is a small country with greathearted (noble) people, who saved all the Jews of their country and embraced them after the war, routing Hitlerism.

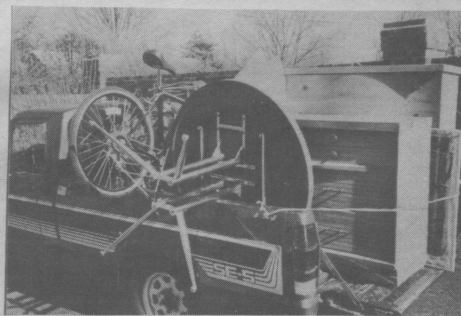
But in order to be objective, I'd like to remember those Ukrainians who risked their lives to help the Jews. My former boss, Vladimir Lazarevich Dmitrienko, and his brother managed to run away from Babi Yar. Being children of 13 and 10 years old they were sheltered, fed and clothed by a simple Ukrainian lady. They moved around Germany and Austria. They were fortunate to meet many kind people and after the war was over, they returned to Kiev, their mother's town. She had perished in Babi Yar, but they stayed with their father, who came back from the war. They were so grateful to the Dmitrienkos that they changed their surnames to Dmitrienko! It really was easier to live and work in the Ukraine with that name.

I'll never forget! I was walking along the street in Kiev, very soon after the war, when suddenly I heard an inhuman cry behind me. I turned back and saw a rather pretty young lady. When I heard the same cry for the second time, another lady beside me explained that the young lady behind us was crying. It turned out that she saved herself from Babi Yar by crawling out from under the corpses piled there. But for her whole life, the pain of this harrowing experience caused her to cry wildly.

My friend whom I met after the war, Roman Bregman, lost his parents, two brothers and sister in Mogilev. He escaped by himself. Thanks to chance, on June 21, 1941, he left Mogilev for Moscow to see his relatives. I'll never forget how he told me about that!

How can people who have never been to Kiev, Kharkov, Mogilev and the other cities where blood was streaming, state that the Holocaust didn't occur, but was the fiction of the Jews?

I hope it never happens again to anybody; that there will ever be a repeat of what mankind calls Catastrophe, which we will never forget.



Furniture is always needed for the New Americans.
Call CKJF for pick up.

Here Are The Cards Our Clients Need To Access Their 24-Hour Bankers.

Around-the-clock access to most banks means slipping a nice plastic card into a machine for instant cash. But for clients of Vine Street Trust, the need for constant communication is served by professionals who understand and often anticipate their banking needs.

Superior service comes with a bank whose owners are day-in and day-out going beyond the normal expectations of their clients. Why?

Because at Vine Street Trust, you will work with the owners of the bank,



Allison S. Arnett McCauley
Private Banking Officer

The Vine Street Trust Company
360 East Vine Street
Lexington, Kentucky 40507
606-281-2126 • Fax 606-231-8694

Central Kentuckians who have invested their time and money into the future of Lexington. And working directly with the owners translates into timely, efficient decisions on your financial

needs as well.

Vine Street Trust continues to be one of Kentucky's banking success stories. Personal

service from experienced professionals who know

24-hour banking is more than getting cash from a machine at 3 a.m.



James Clay Smith
Senior Lending Officer

The Vine Street Trust Company
360 East Vine Street
Lexington, Kentucky 40507
606-281-2122



Scott P. Cvengros
Commercial Banking Officer

The Vine Street Trust Company
360 East Vine Street
Lexington, Kentucky 40507
606-281-2123



F. Lee Hess
President and
Chief Executive Officer

The Vine Street Trust Company
360 East Vine Street
Lexington, Kentucky 40507
606-281-2121



360 Old East Vine • 281-2120
Member FDIC • Equal Housing Lender