

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS



ELUL/TISHREI 5770

SEPTEMBER 2010

Nina Sundell to speak at Hadassah opening meeting

Nina Sundell, regional director of the Anti-Defamation League's Ohio/Kentucky/Allegheny Region, will speak at Hadassah's opening meeting on Sunday, September 12 at 2:00 p.m. The meeting will take place at the Tates Creek Library community room. Light refreshments will be served.

and community institutions across the U.S.

The above statement from the ADL's 2009 audit, the provocative issue of text book selection in the U.S., and separation of church and state will be touched on by Ms. Sundell in what promises to be a lively discussion. She also is prepared to answer questions and to talk about the latest hot-button issues facing the American Jewish community today.

Please RSVP to Angie Smith at (859) 338-2829 or lexhadassah@yahoo.com. Seating is limited. ☆

From the ADL website:

The number of anti-Semitic incidents in the U.S. remained at a "sustained and troubling" level in 2009. The 2009 ADL Audit of Anti-Semitic Incidents counted a total of 1,211 incidents of vandalism, harassment and physical assaults against Jewish individuals, property,

CAMPAIGN NEWS

Thank You Event to be held on Saturday, November 6

The Thank You Event to honor contributors to the 2010 campaign will be held on Saturday evening, November 6 at 8:00 p.m. at Mike Scanlan's garage. This will be a comedy night starring Caryn Bark. The program is a gift from the family of Elizabeth Rosenberg. The chair of the event is Pat Shraberg and the co-chairs are Ruth Poley and Teri Solomon. Reservations must be made by calling the Jewish Federation of the Bluegrass at (859) 268-0672. Space is limited and reservations will be accepted on a first-come, first-served basis. There will be no charge. Light refreshments will be served.

Caryn Bark is a comedian, writer, novelist, and playwright. She is the creator/performer of the critically acclaimed one woman show "Diary

of a Skokie Girl," which has played to sold-out audiences in Chicago, Kansas City, Little Rock, Phoenix, and Winnipeg. She has appeared on Lifetime Channel's *Girls Night Out* and worked for HBO and Comedy Central. She has performed at numerous comedy clubs and studied at Chicago's famed Second City.

Caryn's novel, *Mittelschmerz*, is a comic romance about Chicago's Jewish community. She currently performs her evening of comedy, "What's so Funny About Being Jewish," at JCCs, synagogues, and Jewish Federations across North America. Caryn lives in Chicago with her husband and three children.

More information will follow in the October issue of *Shalom*. ☆

Summertime sizzles with music Israeli Scouts and Rick Recht bring life to Lexington

By Jana LaZur

This summer boasted two weeknight concerts of internationally rated artistic groups that brought in more than 300 fans. First, in June, came the Israeli SCOUTS, eight 17-year-old ambassadors of Israel who sang, danced, promoted



Tsofim performing with Rick Recht at Camp Shalom

Israel, and taught a session about leadership to counselors of JFB's Camp Shalom and Camp Geshet. Then in August, during camp, there was a community concert—"Camp Rocks"—held at the campsite. The entire community was invited to enjoy Rick Recht, a real-life Jewish rock star. This concert was made possible by generous donations from Hadassah, Havurah, Ohavay Zion Synagogue, Temple Adath Israel, and Camp Shalom/JFB, as well as two private donations from community families.

Since Lexington is the perfect stop-over between Ohio and Tennessee, the Tsofim Israeli Scouts could visit for less than 24 hours and accept home hospitality in exchange for a great community performance. It was a short time, but they made a large impact. The day started for the Scouts with meeting their host families during a Subway lunch subsidized by the Kaplan family at the beautiful Gainesway Horse farm, owned by the Beck family. After lunch, our host families and Scouts were given a full tour of the farm. Many thanks to those who donated time and money to help make this performance possible, especially our host families: the Graffs, Grisés, Kaufmans, Ravvins and Satins. These families really made a difference by driving, opening their

homes, and even helping the Scouts wash clothes.

The Scouts said they will not forget Lexington, and will recommend other troops perform in Lexington. They much appreciated the more than 150 people who attended their show.

Our next performer, Rick Recht, made a return trip to Lexington on August 3. His soundman and his wife and two boys traveled with him. His young sons played their guitars and joined their dad on several songs. Rick also invited the community to bring musical instruments, and Lexington newcomer Anat Rubenstein brought her recorder and played along with him on several songs. Rick ran some music workshops with campers before the concert and invited them to come on stage and be part of his band at various points. Though the temperature was high, the crowd did not seem to mind. He even invited all of the Camp Shalom and Geshet staff to come up and sing a couple of songs. His music was about hope and *tikkun olam*, as well as about Israel and its blessings.

We hope that you made it to at least

see *Summertime*, page 15

Non-Profit Org.
U.S. Postage
PAID
Lexington, KY
Permit # 719

Change Service Requested

Jewish Federation of the Bluegrass
1050 Chinese Road • Suite 302 • Lexington, KY 40502

IN THIS ISSUE

Camp Shalom enjoys new campsite.....	3
Giant rummage sale and New York-style deli opening soon.....	3
President's Message.....	4
Third Opinion.....	5
From the Director.....	6
Ken Freedman Scholarship to be awarded.....	7
Save the date: Piano recital at OZS to feature Inon Barnaton.....	7
JFS: At Your Service.....	8
RSVP program launched with grant to United Way of the Bluegrass.....	8
Essay - Thoughts on parenthood.....	9
Israel Bonds High Holiday appeals are continuation of decades-long tradition.....	10
Opinion - The new name.....	10
Opinion - A personal view of Kashrut.....	11
Summertime sizzles with music.....	14
ISRAEL 21c: A cancer turn-off.....	16
B'tayavon.....	17
Ask A Rabbi.....	18
The Lexington Chapter of Hadassah.....	19
The Lexington Havurah.....	20
Temple Adath Israel.....	21
Ohavay Zion Synagogue.....	22
Around the Community.....	23
Calendar.....	24

Shalom

Published ten times per year by the
Jewish Federation of the Bluegrass, Inc.
1050 Chinoe Rd., Suite 302, Lexington, KY 40502
Phone (859) 268-0672 • Fax (859) 268-0775
email: shalom@jewishlexington.org

SEPTEMBER 2010, VOLUME XVII, ISSUE 8

Linda Ravvin, President
Judy Wortman, Executive Director
Jana LaZur, Activities Director
Paula Clancy, JFS Director
Tamara Ohayon, Communications Director

SHALOM EDITORIAL BOARD

Ruth Poley, Editor-in-Chief
Mary Heléne Rosenbaum, Editor/Administrator
Jane Chaput
Peter Schogol

CONTRIBUTING WRITERS

Laurence H. Kant, Fran Morris Mandel, Bonnie Sobel

LOCAL DISTRIBUTION SERVICES

Lowell and Betty Nigoff

Production Services by Georgetown News-Graphic

The editorial staff has the right to edit all articles submitted for publication in *Shalom*. The appearance of any advertising in this publication does not represent either a kashruth or any other endorsement on the part of the Federation or any other agency or organizations.

Opinions expressed in *Shalom* are not necessarily those of the *Shalom* editorial staff or the JFB or its constituent organizations.

Shalom is partially supported by the advertisements appearing in the paper.

Copyright © 2010, Jewish Federation of the Bluegrass. All rights reserved. For reprint permission contact Ruth G. Poley, Editor-in-Chief, *Shalom*, at rgp@insightbb.com

Rabbi Smolkin to speak on Tuesday, September 28

The Jewish Federation will sponsor its second Lunch and Learn with the Rabbi on Tuesday, September 28 at 12:00 noon at the Federation office, 1050 Chinoe Road, Suite 302. The speaker will be Rabbi Moshe Smolkin of Ohavay Zion Congregation. A dairy lunch will be served for a minimal charge. Please call Judy Wortman at (859) 268-0672 and let her know if you will attend. Rabbis Smolkin, Kline, Smith, and Wortman will be alternating as teachers on the last Tuesday of each month. Please join us.



MAZON IS Corners of Our Fields • Hunger Relief
• Food Pantries • Social Justice • *Tikkun Olam*
• Soup Kitchens • Advocacy • Home Delivered
Meals for Seniors • *Tzedakah* • Self-Empowerment
• Nutrition for Children • Sustenance •
Food Banks • **THE JEWISH COMMUNITY'S
RESPONSE TO HUNGER**

MAZON®

A JEWISH RESPONSE TO HUNGER

10495 Santa Monica Blvd., Ste. 100 | Los Angeles, CA 90025
Tel 310.442.0020/800.813.0557 | Fax 310.442.0030
mazon.org | mazonmail@mazon.org

If you are not receiving Jewish Weekly email and would like to, please send your name and email address to lexadmin@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Federation President

Linda Ravvin

Executive Committee

Robert Grossman, Vice President
Angie Ornstein, Secretary
Bill Lucas, Treasurer
Bruce Broudy, Member-At-Large
Evelyn Dantzic Geller, Member-At-Large

Federation Board

Evalyn Block
Jane Chaput
Susan Cobin
Gail Cohen
Larry Kant
Amy Faust Mayer
Jennifer Miller
Angie Ornstein
Jeremy Popkin

Ricki Rosenberg
Kathye Schattner
Kae Schennberg
David Shakib
David Shraberg
Hanna Smith
David Wekstein
Gary Yarus

Shalom Deadline

Deadline for articles for the October *Shalom* is September 7.
Email articles to jfb.shalom@hughes.net

Camp Shalom enjoys new campsite

Camp was hot this summer, and we're not just talking about the temperature. It was a luxury to have all ten days of camp in one location rather than at multiple sites. With over 60 acres of beautiful rolling Kentucky bluegrass, campers enjoyed a swimming pool, archery range, lake for canoeing and fishing, basketball, gaga, art, *teva* (nature) adventures, and even a large community concert with Jewish rock star Rick Recht.

This year boasted a high attendance and a staff well supervised by Director Kathy Feinberg and Assistant Director Rachel Heller. Thanks are due to them and to Tamara Ohayon, Federation marketing director, for her attention to detail with photos, website, and Rick Recht.

The dedication of the entire Camp Shalom and Camp Geshher staff results in personalized attention, hugs, and fun. As one staff member said, "I consider the campers and camp staff of this camp to be like family." We are lucky to enjoy so many unique talents, responsible young adults, and the camaraderie among our staff.

The *Ofarim* group, who are 4 and 5, enjoyed swimming, art, storytelling by guest story tellers in the spellbinders' group, physical/sports movement, nature, and even a couple of snack times daily. They ate lunch as a group under a large shelter, an event preceded by the Hamotzi and ending with dance. Many thanks to Dani Heller for being group leader and directing Jessica Geddes, Eli Gould, Jessica Foster, and Abby Miller.

Tsofim is for 6- to 8-year old campers and *Chalutzim* is for 9- to 10-year-olds. These two groups were offered the same schedules as above, but with age-appropriate additions. They partook in *chugim* in the afternoons, which included a choice of an extra swim, *teva*, cooking, archery, and sometimes drama/music/song. The days were action-packed thanks to *Tsofim* leader Lizzie Engel and her staff: Jonathan Feinberg, Ryan LaZur, Emily Miller, and Adira Jarman. The *Chalutzim* group leader was Josh Kline; his staff included Chaz Foster, Justin Graff, and Mara Slepian.

Geshher, meaning "bridge" in Hebrew, is for campers from 11 to 13 years old. Thanks to Kaitlin Graff, group leader, and her staff of Danny Shapiro, Rachel Swanson, and Tomer Ezer.

Maccabiah, or Color Wars, is a full camp event that everyone looks forward to each year. It is structured like the Olympics. Camp is divided into four teams, and each is assigned a color. Campers and staff spent a good portion of the morning putting on their war paint and hair spray to show spirit for their team. It was quite a lot of fun and lead to many great pictures, as you can see in our spread.

All campers participate in a mitzvah project, donating time, money, and energy to a group in need. Camp Shalom tried to help encourage *tikkun olam* this year by making horse treats for the Kentucky Equine Humane Center, a horse rescue program; Rachel Heller personally delivered the treats to the horses. After camp ended, our remaining food was donated to people in need.

Newcomer to camp Rachel Meltzer did a great job with music and dance. Alex Shapiro taught campers about living a healthy lifestyle. Tyler Nelson, our *Teva* specialist, made good use of guests who taught campers about animals. She also conducted nature walks, collecting creatures with nets. It is a treat to see little girls in nice clothing telling their parents, "Wait, I want to show you this bug before we go home." Finally, Kendall Levenson, assisted by Hannah Gould, led art activities from painting to making marionettes out of paper towel and toilet paper rolls. Thanks to all our specialists for sharing their talents.

A special aspect of our camp is our sense of community. Camp Shalom is 42 years old; many of our founders still support it by sending their grandchildren and helping with activities whenever we ask. Though it is a Jewish camp, some non-Jewish families consider it their community as well. One year we rented an Episcopal church bus, used a Christian camp, and sang Hebrew songs—all while making mitzvah projects for all UK hospital child patients and sending letters to soldiers at war. How is that for diversity? We are also fortunate to have community volunteers who help with storytelling, cooking, and baking challah, among other tasks. Thank you to those who work, send campers, donate money, or just spread the good word about what we do. Camp Shalom and Geshher would not exist without all of you. ☆

Giant rummage sale and New York-style deli opening soon

October 10 to be big day at TAI

Save the date! Sunday, October 10 will be the opening of the New York-style deli at Temple Adath Israel (name still undetermined at the time of this writing). It will be in conjunction with a huge rummage sale. There will be bargains galore at the sale, and succulent, delectable deli sandwiches and salads available for your gustatory delight.

The sale will be a one-day event where you'll be able to shop for all manner of treasures and bargains; the deli will be open on an occasional basis throughout the year.

Opportunities are still available for you to design (from our list of ingredients) your own sandwich and name it. For a donation of \$500, your sandwich will appear on our menu and can be enjoyed by the entire community. Call (859) 263-9606 or email Marsha Rose

(marsharose06@comcast.net) for more information.

We will be accepting rummage at the Temple from Monday, September 20 until Wednesday, October 6. There are lots of opportunities for getting involved here, folks. You can donate to the rummage sale and/or offer to help set it up and run it, you can help in the deli by preparing salads and sandwiches; we'll need many hands to run these events successfully. We're anticipating lots of fun with these projects, and we'd love to have you with us. Call (264-8857) or email (patshra@aol.com) to join the fun.

The sale and deli will be open to the entire community and we hope to see lots of you there. ☆

Two new programs at the Federation office!



Last Tuesday of the month:

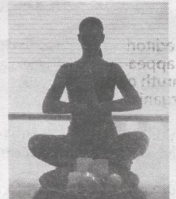
"Lunch and learn with our Lexington community rabbis" continues on Tuesday, September 28 with Rabbi Moshe Smolkin of Ohavay Zion Synagogue. Each month at 12 noon in the JFB office the rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week and other

topics of interest. A dairy lunch will be offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.

Every Monday and Wednesday:

Get fit and have fun with the Federation staff for a midday exercise session. Bring in exercise videos or lead a class for the group. All ages and abilities welcome!

Call Jana LaZur at 859-269-0672 for more information or to volunteer.



The Jewish Federation
OF THE BLUEGRASS



President's Message

Linda Ravvin

JFB (Jewish Federation of the Bluegrass) President

The High Holidays are early this year and my mind is focusing on reflection.

Have I lived up to my own expectations this past year? What about those of my family? And my friends? There are certainly many times throughout the year when I could have and should have done better, been more considerate and spoken more gently. As Rosh Hashanah approaches, these thoughts circle through my head.

We, as Jews, live within two traditions, one religious and one secular, which afford us the opportunity to review our behavior twice a year (at the least). Within our Jewish tradition, the High Holidays provide us with a mirror, one in which we are supposed to take a realistic look at ourselves and judge ourselves before we face the judgment of G-d. We are required to make amends for our bad behavior with recognition of our failures and the asking of forgiveness from others. To paraphrase: we must ask for forgiveness from those against whom we have sinned; we can expect forgiveness from G-d only for those sins committed against G-d. Thus once a year we have the extraordinary possibility of wiping the slate clean and starting over fresh.

Our secular tradition offers us the opportunity on December 31 at New Year's Eve to make resolutions about what changes we would like for the next year. It also offers us the op-

portunity to change our ways and acknowledge our weaknesses—we all pledge to go on diets, stop smoking, start exercising, and so forth. However, these are all things that we promise for ourselves alone, and we do not start January 1 having apologized to others for our past behaviors. We merely set goals for ourselves for the new secular year without cleaning up from the year before. And how long do we really keep our New Year's resolutions, anyway? Gym memberships expand by huge amounts (no reference to poundage) at the beginning of January, but by March or April exercise classes have gone back down to their November numbers.

Judaism imposes different expectations upon us than our secular mores do. It is not enough to try to change and do better in the future. We must deal with our past relationships before we can move into the New Year.

Leon and I went to Montreal at the beginning of August to visit our mothers. As usual, we went to a local kosher bakery to pick up bread and goodies to bring home. We almost always bring an empty suitcase with us for bread and bagels. This time I made an order in advance because I wanted to get round challahs for the High Holidays. We went in person before Shabbat to place the order for Sunday morning pick-up and had a wonderful conversation with the owners—an older religious couple with Hungarian accents.

On Sunday morning, we dutifully went at the appointed time to pick up

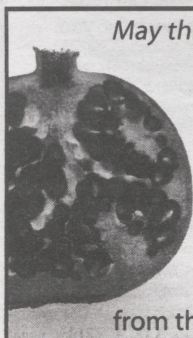
our breads and were told that some employees had not shown up after Shabbat ended the night before and our order was not ready. We were told that it would be ready by noon and that I could call first to make sure. I called and was told that the order would not be ready until about 1:00 p.m. On our way to the airport at 1:45, we stopped at the bakery to pick up our challahs and we were told by the lovely owner that she had sold them when we didn't show up at noon. We were very upset at the misunderstanding, but how could we stay upset when this wonderful, older woman said to us over and over: "Please don't be angry with me, darling, it's almost Rosh Hashanah!"

My angry reaction was halted immediately! How indeed could I remain angry with someone who believed fully in the obligation to seek forgiveness for any thoughts and/or deeds which might have been offensive or done in error?

So, to my family and friends: I seek forgiveness for any thoughts or deeds I have committed throughout the past year that caused you pain in any way. This includes any things that I may have done by omission—any friendly calls you did not receive, assistance not offered, and any other ways in which I may have offended you.

We all have such a limited time on this earth—we must use the time to the best of our abilities. We must constantly strive to do better, both for ourselves and for all those around us. Hopefully, it will involve a continued and growing commitment to our community through Jewish Federation of the Bluegrass.

Shanah Tovah! With hopes for a wonderful year full of good health, joy, and peace. ☆



May this New Year be one of joy, happiness, and good health. May we celebrate community and family and strive to strengthen the bonds between us. May we continue to hold Israel dear to our hearts and wish for peace—for her, and for all the world.

L'Shanah Tovah

from the Jewish Federation of the Bluegrass



**Caryn
Bark**

**SAVE THE DATE
COMEDY NIGHT
SAT NOV 6 2010**

**Mike Scanlan's Fleetwood Garage
540 East 2nd Street**



**The Jewish Federation
OF THE BLUEGRASS**

Ask A Rabbi

Rabbi Moshe Smolkin



Q: If a non-Jewish person converts to Judaism and then reverts to his or her original religion, what is the person's standing in the Jewish community?

A: A preliminary answer can be found within Rabbi Yosef Caro's *Shulchan Aruch* (from the 16th century). Concerning a man who is converting, it says:

Once he has immersed in a *mikveh*, he is like any other Jew. If he returns to his prior religion, then he is like any other apostate Jew, and therefore if he betroths a Jewish woman, his betrothal is a valid one. (*Shulchan Aruch*, Yoreh De'ah, 268:2)

Here we have what appears to be a clear answer to our question. A person who converts is like any other Jew. And one who subsequently returns to the prior religion is simply like any other apostate Jew.

Traditionally, apostates would be cut off from the Jewish community. Not only would they be barred from the synagogue, Jews would not even do business with them. And yet at the same time, the Jewish community would consider them to be Jewish and would hold them accountable for their actions with respect to Judaism. Moreover, the Jewish community would continue to hope for their return to Judaism.

Today, I would hope that we would mainly focus on the last part, remaining open to the Jewish apostate and hoping for a choice to return to Jewishness. Such a person might not be able to come to synagogue to lead services, but I would hope that we would remain warm, making it possible for a return. And even if a person does not choose to return to Judaism, let us nonetheless continue to show the same compassion and respect that we must have for everyone.

Let us now consider another text from Rabbi Yosef Caro's *Shulchan Aruch*.

When one comes to convert, we investigate whether they are motivated to convert for money, for power, or from fear. If it is a man, we investigate whether he is motivated to convert for a Jewish woman.

And if it is a woman, we investigate whether she is motivated to convert for a Jewish man.

If no improper pretext is found, we inform them about the challenges of living a Jewish life so that they might abandon conversion. However, if they should accept the challenges, and we see that they are motivated from a love of Judaism, we accept them.

If we did not investigate their motivation or we failed to inform them of the rewards and punishments for compliance or violation of the commandments, yet there was circumcision [for a man] and immersion in a *mikveh* [for both genders] that was done under the auspices of three Jews, then their conversion is valid.

Even if it is known that their motivation for conversion was improper, once there was circumcision [for a man] and immersion in a *mikveh* [for both genders], they are no longer non-Jews, though we remain dubious concerning them until they demonstrate their honest commitment to Judaism.

Even if they return to their prior religion, they are like any other apostate Jew whose betrothal is valid. (*Shulchan Aruch*, Yoreh De'ah, 268:12)

With this text, Rabbi Yosef Caro adds a new piece to the puzzle: the issue of motivation. One is supposed to convert to Judaism as a result of a love of the Jewish ways, and not for an ulterior motive.

In our time, while there may be many motivating factors, love does often enter the mix. Even a person who converts merely for love is considered a Jew just like any other Jew, and yet here Rabbi Yosef Caro inserts an interesting caveat. The community formally acknowledges the convert's Jewishness, though there may remain some doubts concerning sincerity until the convert demonstrates an honest commitment to Judaism.

With this text, Rabbi Yosef Caro raises an important issue: the difference

between the letter of the law and the spirit of the law. Rabbi Yosef Caro notes that according to the letter of the law, as long as a person converts under the auspices of three Jews and there is circumcision and immersion in a *mikveh*, then the person is fully Jewish. However, Rabbi Yosef Caro suggests that if the convert's motivation was not pure, then that person may easily abandon Judaism if the alternative reason for being Jewish disappears. As such, in terms

of the spirit of the law, the convert's Jewishness is suspect. The only way to be fully accepted, in terms of the spirit of the law, is if, over a period of time, one demonstrates an honest commitment to Judaism.

Rabbi Moshe Isserles formalizes the spirit of the law in his commentary to the *Shulchan Aruch*, known as the *Mapah* (also from the 16th century). Right after Rabbi Yosef Caro mentions, "Even if they return to their prior religion, they are like any other apostate Jew whose betrothal is valid," Rabbi Moshe Isserles comments:

An apostate Jew who returns to Judaism does not technically need to immerse in a *mikveh*, but by a rabbinic decree, they should immerse in a *mikveh* and formally express their commitment to Judaism under the auspices of three Jews. (*Shulchan Aruch*, Yoreh De'ah, 268:12)

Rabbi Moshe Isserles is not disputing the letter of the law that a convert who returns to the prior religion is still a Jew. Rather, he is formalizing the spirit of the law by an obligation to quasi-re-convert.

In a sense, he is saying, "Yes, we accept that you are technically Jewish, but before we can fully embrace you as a fellow Jew, you must formally express your commitment to Judaism."

In reviewing the *Shulchan Aruch* and the *Mapah*, we can therefore see that Judaism would claim that the convert who returns to the prior religion is Jewish. A further question we can ask is: What is the status of the children?

If the children continued their Jewish observance, there is no question that they are not only Jewish by the letter of the law, but also by the spirit of the law.

However, if the children followed the parent in practicing another religion, what is their status then?

Again Rabbi Yosef Caro provides us with an initial answer. Concerning a male apostate, he says:

If a Jewish apostate betroths a Jewish woman, his betrothal is valid, and she would need a get [a Jewish divorce document] to divorce. And even if his son, who was born after he became an apostate, should betroth a Jewish woman, his son's betrothal is valid. This is provided that the son is born of a Jewish woman, even a Jewish woman who is herself an apostate. (*Shulchan Aruch*, Even HaEzer, 44:9)

Again we see that by the letter of the law, the children would be Jewish. And yet, I would say that like the case above, if the children wish to return to Judaism, then they should formally acknowledge their Jewishness.

In all of these cases, we see that the person is technically Jewish but is considered an apostate and held at a distance from the community. As we acknowledge that truth, I would also ask us to keep in mind another teaching from our tradition. This teaching from the Talmud cautions us concerning our behavior toward those who may diverge from the path:

see Ask A Rabbi, page 19

From the Director

Judy B. Wortman

As I sit here to write my New Year greeting to the community, it is 95 degrees outside. As I have said in my earlier columns, our deadline for *Shalom* is the 10th of the prior month, so we often feel out of synch with the publication date. It is therefore very hard to get myself spiritually ready for the High Holidays when I feel like it is the middle of a very hot summer. However, spiritual readiness should depend on neither the date nor the climate.

It remains a mystery to me that so many of my fellow Jews attend religious services only on Rosh Hashanah and Yom Kippur and rarely enjoy the spirituality of Shabbat, which is our weekly blessing. I know this is true of many non-observant Jews regardless of the stream of Judaism with which they identify. Yes, the rituals and prayers and melodies of the High Holidays are different than those of Shabbat or the Festivals and they evoke a kind of majesty. But there is something very comforting about regular Shabbat prayer that for me punctuates my weekly life with the opportunity for rejuvenation, meditation, and community.

However, we are now in the month of Elul and it is the time of preparation for the Holidays. As we contemplate the arrival of Rosh Hashanah, there is much to think about. It is a time to review the past year and plan for the next one. Unlike the process of confession in Christianity, in Judaism we look not at sin, but at where we have missed the mark and how we can make changes in the future. We learn that before we can ask God for forgiveness, we must approach those individuals whom we may have wronged or hurt and ask their pardon. This is the ideal time to make that phone call to a family member to whom we have stopped speaking or to contact an old friend who may need encouragement. It is a time to attend a shiva minyan even if you don't know the family so that those who need to say Kaddish are ensured a quorum. It is the time to invite a person who has had to give up his or her car for an afternoon outing. It is also time to give tzedakah, whether to the federation, the congregations, or other organizations.

As your children start back to school, I suggest you discuss the meaning of Rosh Hashanah and Yom Kippur with them. What are their goals for the year? How might they want to change their behavior?

How can they be of help to others in their class—those who are new to the community or who seem different or who have been bullied? This is a time to teach tzedakah to them as well. Perhaps they will save a percentage of their allowance and research the appropriate organization to which it can be sent. This can begin long before the bar/bat mitzvah year. In fact, it would be great to incorporate putting money in a tzedakah box right before candle lighting each Shabbat.

As I review my past year and prepare for the next, I have much to celebrate. My husband survived a double transplant in December and I recovered from a broken foot and surgery. I thank the community here for all the support you gave us during our illnesses. You were remarkable. I completed the first year of my tenure here at the Jewish Federation. We had a great year and for that I thank Linda Ravvin and the officers and board of directors, our incredible staff and our generous donors. I hope that all of you will continue to support the Jewish Federation of the Bluegrass and let us know when you need help or have suggestions on how we can do things better. I pray that you will all continue to give and increase your donations so that we can accomplish more here and abroad.

In the coming year I have some very exciting family events to anticipate. Our son Ari and daughter-in-law Zhanna, who live in Brooklyn, will have their first baby in December. Our oldest grandson, Yosi, will become bar mitzvah in Palo Alto in July. We will be having coast-to-coast simchas. I look forward to sharing our *naches* with you and look forward to becoming even more involved in the lives of our wonderful Jewish community here.

Shanah Tovah Tikatevu. May you be inscribed for a good year. ☆



HAPPY NEW YEAR! ROSH HASHANAH

The Lexington Chapter of Hadassah wishes everyone in the Jewish community in Central Kentucky a very healthy and happy new year. *L'Shanah Tovah.*

Thank you to all of our sponsors for a great evening with Rick Recht at Camp Shalom this summer!

Our "Camp Rocks" Sponsors

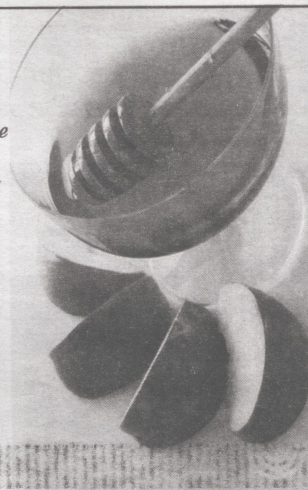
Susan & Steve Caller, Camp Shalom/JFB, the Dil Darlington Camp Fund, the Lexington Chapter of Hadassah, the Lexington Havurah, Ohavay Zion Synagogue and friends, and Temple Adath Israel.

Shanah Tovah

To all of our friends in the central Kentucky Jewish community

A happy and blessed New Year!

The members of
Ohavay Zion Synagogue



Ken Freedman Scholarship to be awarded

The Kenneth Freedman Social Action Award of \$500 is given to a Jewish student attending the University of Kentucky. The recipient is required to be in good standing at the University and actively involved in improving social problems. It will be awarded again this year on December 5 at the Winter Dinner.

Ken attended UK between 1967 and 1991, and was a member of Zeta Beta Tau Fraternity. In 1985 he returned to UK as an employee, where he took great pride in his career as an academic advisor; eventually, he became assistant director of central advising. Throughout his life, Ken participated in civic activities. He generously supported many organizations including the Jewish Federation of the Bluegrass, served as president of the Brotherhood and treasurer at Temple Adath Israel, and volunteered at Eastern State Hospital.

This award combines Ken's love of working with students at UK and his strong belief in *tikkun olam* and *tzedakah*. The Federation coordinates the award process.

To be eligible, students must maintain a minimum 2.5 grade point average. Applicants should submit a statement about their community involvement by November 1, 2010 to Judy Wortman at 1050 Chinoe Rd., Suite 302, Lexington, 40502, or email it to jfb@jewishlexington.org. ☆

Accessible Home Health Care

(859) 313-5167

Personal Care	Alzheimer's Care
Companionship	Parkinson's Care
Housekeeping	Family Respite
Bathing/Dressing	Post Op Surgery
Meal Preparation	Hourly and Live-in

Investigated, Trained & Experienced Caregivers

"We Guarantee Compassionate Care"

Jewish Family Services Upcoming Programs

Family Life Education Adoption Series

Moses Was A Foster Child: Foster Care and Adoption in the Jewish Community

October 6 and December 8
7:00 p.m. to 8:30 p.m.

Fayette County Cooperative Extension Office Building
1140 Red Mille Place

For more information about these events, to RSVP, or to arrange transportation to the event location, please contact Paula Clancy at

(859) 269-8244 or

jfs@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Save the date: November 17 piano recital to feature Inon Barnaton

Pianist Inon Barnaton will present a special program on Wednesday, November 17, 2010 at 3:00 p.m. at Ohavay Zion Synagogue. The program will consist of a short piano recital followed by discussion with the artist.

Born in Tel Aviv, Barnaton has earned acclaim for the variety of his repertoire, which ranges from Beethoven to Messiaen to Schubert. He debuts with the Lexington Philharmonic on November 19 under the baton of conductor Scott Terrell.

Inon Barnaton, who received a prestigious Avery Fisher Career Grant in 2009, is a significant

emerging artist in his own right, displaying seemingly limitless facility, infectious gusto and no shortage of interpretative maturity. *Denver Post*

The real revelation of this concert was young Israeli pianist Inon Barnaton... a talent we should follow closely... He emerged as a real master of the keyboard. *Jerusalem Post*

Please plan to join us, and bring your friends and family, and participate in this unique opportunity for our community to come together to support an Israeli-born artist. ☆

The Jewish Federation of the Bluegrass accepts donations for special occasions in honor or memory of important people in your life.

What an excellent way to both celebrate your loved ones and support the Jewish community at home and abroad.

Send us your special contributions with a note specifying the intent of your donation and let us know if you would like your contribution published in *Shalom*.

Thank you for your support of the 2010 Jewish Federation Community Campaign.

Thank you to:

John and Paula Frank in honor of Paul Tillier

Judy and Rabbi David Wortman in honor of Ted Friedman's 90th birthday, and in memory of Graham Beck and Talia Smolkin's grandmother



The Jewish Federation
OF THE BLUEGRASS

JFS: At Your Service

By Paula Clancy, MSW, CSW, Director,
Jewish Family Services

Upcoming JFS Foster Care and Adoption Series

The JFS Committee is hard at work on a two part Family Life Education series: "Moses Was a Foster Child: Foster Care and Adoption for Families in the Jewish Community."

This series is sponsored by the Sue Friedman Memorial Fund and will be held on two Wednesday evenings, Oct. 6 and Dec. 8 from 7:00 to 8:30 p.m. at the Fayette County Cooperative Extension Office, 1140 Red Mile Place in Lexington. We are collaborating once again with Marion Gibson, director of the SKY Families Program. Because of the fund sponsorship and community collaboration there is no charge to attend the series. Members of the JFS committee will provide dessert and refreshments. Attend either one or both of the sessions. Come and join us if you would like to open your heart and also to learn.

The first session (Oct. 6) will focus on general information about foster care and adoption. A panel of experts will present information and answer questions. The presenters include Judy Freundlich Tiell, adoption specialist and director of Jewish Family and Career Services, Louisville; Ellie Goldman, attorney; Jane Grise, attorney and Temple Adath Israel Youth Education Director; Melanie Tyner-Wilson, adoptive parent support group leader; and Mike Grimes, division director of adoption, Kentucky Cabinet for Health and Family Ser-

vices.

The second session (Dec. 8) will focus more specifically on parents and the Jewish community. Rabbi Marc Kline will speak about the Jewish aspects of fostering, adoption, and community. A panel will include parents who have completed domestic and international adoptions, an adult adoptee, a foster parent, Deputy Commissioner of Adoption for the Kentucky Cabinet for Health and Family Services Teresa James, and Virginia Sturgeon, national trainer for the Child Welfare League.

There will also be information tables with exhibits and representatives of support organizations on hand to answer questions at both sessions.

Questions will be accepted on file cards at the beginning of each session as well as by advance email. To register, please contact me at (859) 269-8244 or jfs@jewishlexington.org. We hope you will join us. ☆



RSVP program launched with grant to United Way of the Bluegrass

Program seeks senior volunteers

I have some great news to share and wanted you to be among the first to know. United Way of the Bluegrass has been awarded a federal grant to help improve education in Central Kentucky!

In partnership with Big Brothers Big Sisters of the Bluegrass, United Way will utilize the experience and expertise of retired seniors to help local children through extended school day programs. The Retired Senior Volunteer Programs, or RSVP, are a great way to engage so many who want to give back while preparing school children for success. The three-year \$275,000 federal grant for new RSVP programs will give more older Central Kentuckians the opportunity to use their skills and talents to help meet a great need facing our community.

The new programs will be in Anderson, Clark, Scott, and Woodford counties. United Way already supports RSVP programs in Fayette, Jessamine and Montgomery counties.

I also wanted to thank the Corporation for National and Community Service, the funding source of this opportunity. Your United Way was the only Kentucky grantee named, and we are proud to be among the organizations chosen nationally for this project.

This is just one of many activities happening at your United Way to improve the lives of all Central Kentuckians. Our focus is on education, income and health—the building blocks for a good quality of life. Thank you for your support.

Sincerely,
Bill Farmer, President, United Way of the Bluegrass

P.S. We are looking for retired seniors who want to get involved in this program when it launches this fall. If you or someone you know is interested, please contact Giancarlo Moise at Giancarlo.moise@uwbg.org for information about how you can help our youth achieve their potential. ☆

Saif Amoozegar

Mon - Sat: 9 AM - 8 PM
Sun: 11 AM - 6 PM



Best Quality Friendly Service

859-268-7387

2626 Richmond Rd • Lexington, KY 40509

MCA, Inc. (Micro Computer Analysts, Inc.)

Computer Sales and Service – Printer Repair – Consulting Services
Computer Systems – Workstations – Servers – Laptops
PC's – Networking – Design – Cabling – Installation – Maintenance
Consulting – Web-Design – Web Hosting Services On-Premises
www.mcalex.com

Cyber Agents, Inc.

Computer-Digital Forensic Examinations
Expert Services – Consulting – Evidence Review
Pen-Testing Services – AUP Consulting
Employment Cases – IP Cases – Trade Secret
Data Recovery Services (non-evasive)
www.cyberagentsinc.com



128 Southland Drive – Lex., KY 40503 – (859)275-1228

Receive \$25 off on in-house labor when you bring in this ad

Gan Shalom Preschool

An Early Childhood Program for Toddlers & Preschoolers at Ohavay Zion Synagogue

Now enrolling for the 2010-2011 school year.

Creativity & Learning through Diversity.

We welcome children from all ethnic, religious, social, and economic backgrounds.

- Flexible Full Day and Part-time Programs
- Warm, Nurturing Environment
- Special Enrichment Programs
- Ages 18 months to 5 years (Pre-K)
- Quality, Licensed Childcare and Preschool Programs
- Weekly Fitness and Music Programs
- Real Life Activities, Hands-on Learning,
- Cultural Awareness, Highly Qualified Teachers,
- Small Child/Adult Ratios

Convenient Location: On Alumni Drive just off of New Circle Road. Five Minutes from UK.



For more information 335-9922 or visit www.ganshalom.com

**Gan Shalom has new hours
7:30 a.m. to 5:30 p.m.**

Essay

Thoughts on new parenthood (and an invitation to a group)

By Fran Morris Mandel

Since we became parents last November, our lives have changed dramatically. My husband likes to joke that all he does nowadays is feed our two babies (one human and one canine) and clean up their poop! While that's true, there is a lot more to it than that. After the initial shock of the newborn phase wore off, life settled into a new "normal" routine. Before, our home had areas of open, uncluttered space and we whiled away the time on the weekends doing solitary or couples' things. Now our living room is dominated by baby paraphernalia from a changing table and playpen to a bouncy chair and lots of toys. And now our weekends (and weekdays!) start in the morning with a baby crying and are filled with activities to entertain and stimulate her. The days end with the little one snuggled in one of our laps fast asleep. This is our new normal.

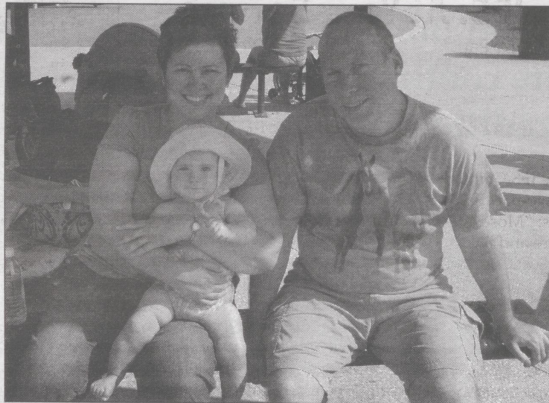
While it is true what they say about not being fully able to understand the changes your everyday life will take

until the baby arrives, it is also true that you can't fully understand the changes that will take place inside you. As new and seasoned parents alike know, there are no words to describe the feeling when your baby first smiles at you or when she giggles for the first time. You become fascinated with the changes of your growing baby so much so that rolling over, sitting up, and grasping objects are now experiences you scramble to capture on film. Our baby, Anna, at eight months has very good fine motor skills and she is able to pick up a piece of fluff off the floor or hold the tag from a toy with two fingers. These seemingly simple and ordinary movements, to us, indicate her coming abilities. We hope that, as an adult, Anna will use her hands to heal as her daddy does or that she will take after her mama and develop a love for crafting.

As new parents, we've also found our deep reserves of patience, and at times, our short fuses. After months of struggling through it, we now seem to have developed a system of tag-teaming so

that we can all eat, sleep, and go to the bathroom with as little interruption as possible. Teamwork is critical for parental sanity.

With the birth of this baby, I have also felt a profound appreciation for the eternal life cycle. This new being, so full of hope and promise just beginning her earth journey, has brought renewed energy into my own existence. Recently, our family celebrated my father's 65th birthday; seeing three generations together was very special. Little Anna seems to make usual events extraordinary. I marvel at how she is now experiencing things for the very first time that we older folks have done over and



Morris-Mandel family at the park.

over. As we are about to begin a new Jewish year, I am more aware and certainly more appreciative of the never-ending cycle of life.

To help support each other, another new mom and I would like to start a support and play group for Jewish parents. If you are the parent of a baby or child up to age 2, please contact me at franvmorris@yahoo.com or (859) 494-3726. We will meet on Sundays at a mutually agreeable place and time.

CONNECT
WITH OUR LAND

UNITE
WITH OUR PEOPLE

SECURE
OUR SHARED FUTURE

Participate In Your Congregation's Israel Bonds High Holy Days Appeal

Development Corporation for Israel
State of Israel Bonds
8170 Corporate Park Drive, Suite 135
Cincinnati, OH 45242
513-793-4440 • 888-852-3195
cincinnati@israelbonds.com
www.israelbonds.com
Follow Israel Bonds on
Facebook & Twitter



Development Corporation for Israel
ISRAEL BONDS

Member FINRA, SIPC

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in State of Israel bonds. Issues subject to availability. Photos: © istockphoto.com

Israel Bonds High Holiday appeals are continuation of decades-long tradition

A decades-old poster announcing Rosh Hashanah services for the year 5712 proclaims, "Open the New Year with a State of Israel Bond."

Nearly 60 years later, the essence and urgency of that message remains as relevant as it was when the first Israel Bonds High Holiday appeals were held in 1951. The appeals have been, and continue to be, among the most enduring aspects of the bonds campaign, providing a means of connecting with Israel in a vital, tangible way.

Over the years, the effectiveness of the appeals has translated into millions of dollars for Israel's development, as proceeds realized from the sale of Israel bonds have been utilized to strengthen the economy and support essential national infrastructure projects.

This indispensable aspect of the bonds organization has been repeatedly emphasized and praised by Israel's foremost leaders. Most recently, President Shimon Peres declared, "The strong ties between Israel Bonds and the State of Israel... have been as resilient and fruitful as the land of Israel itself."

The appeals are also a singular means of conveying unity with Israel. Although the most obvious example is Yom Kippur 1973, the appeals, from the very beginning, have provided an annual opportunity for individual expression.

Thus, at a time of strong spiritual feelings toward Israel, folding down a tab card indicating the intent to purchase an Israel bond underscores personal closeness and a desire to keep the nation economically strong.

Israel bonds can also fulfill a number of investment needs. With a range of maturities and a choice of either fixed or variable rate bonds, Israel bonds can be useful assets for numerous financial strategies.

Visit www.israelbonds.com for current rates, a prospectus, and local contact information.

This is not an offering, which can be made only by prospectus. Read the prospectus carefully to fully evaluate the risks associated with investing in Israel bonds. Issues subject to availability. ✧

Eight members of Lexington's Chapter of Hadassah enjoy the banquet at the Hadassah Convention in Hollywood, Florida in July.



Top row L to R - Marty Kaplan, Odette Kaplan, Lynn Furness, Judy Saxe, Gail Cohen.
Bottom row L to R - Kathie Kroot, Evalyn Block, Jane Chaput.
10 | September 2010 Shalom

Opinion

The new name

By Bonnie Sobel

Hershey, my Brittany spaniel, and I were walking past a large white dog with curly hair. I asked the owner if his beautiful dog was a standard poodle. "No," he said with pride, "my dog is part poodle and part golden retriever. He is a goldendoodle." Years ago, when the black lab jumped our neighbor's fence to rendezvous with her beagle, the product of this liaison was called a mutt. They were the cutest puppies, but their owner was not pleased and promptly gave them away for free. Today, so many puppies are spared that humiliation because they have a new name. They are called "designer dogs." Not only do they cost a lot, but everyone who owns one is very proud. What a win-win situation that name change created!

The fear of being called an "unwed mother" used to be enough to keep many a teenager from jumping into the back seat. Today there are no more "unwed mothers." They are called "single moms." The good news is that this title carries less of a stigma, and that's the bad news too, because there are more of them. But unless these girls are movie stars, being called single moms is not making their lives any easier.

One of the name changes I find most presumptuous is the elimination of words in our religious service that are gender specific. I realize that for many congregants having G-d appear as masculine is offensive. I am probably in the minority on this issue, but to me this change is unnecessary and distracting. When I hear "The Lord is my Shepherd" changed to "G-d is my Shepherd," the once comforting words no longer create a spiritual cushion for my thoughts; instead, they have a jarring effect on my composure. It is one thing to write new prayers with gender-neutral vocabulary, but it is another to change the old ones that have brought comfort to people throughout the ages. When did it become permissible to change age-old words to fit current agendas? I guess the copyrights have expired. Now I alone will have to make a decision of whether to ignore the changes or try to homeschool my spiritual life.

The word "journalism" has remained unchanged. It is defined in the *American Heritage Dictionary* as: "A style of writing characteristic of material in newspapers and magazines consisting

of the direct presentation of facts or occurrences with little attempt at analysis or interpretation." American journalists used to be very embarrassed if they inadvertently showed a personal bias when reporting about a political issue or politician. When this happened, it was almost always grounds for them to "retire early to spend more time with their family." What has changed is that many reporters think nothing of filtering their news through a biased lens. They unabashedly delete or dismiss important facts to put certain political causes in a more favorable light. This has profound ramifications for our way of life. We still call it journalism, but it strongly resembles "the systematic propagation of a given doctrine or of allegations reflecting its views and interests": the definition of propaganda.

We may feel comfortable with propaganda if it reinforces our political views; we may want to hear only bad things about the other guys. Yet, when the Israeli soldiers boarded the flotilla to check its cargo and the media "forgot" to mention a few crucial details about the "peaceful humanitarian workers" on the ship, it was scary and a cause for major concern.

I felt some of this same concern years ago. Our son had a bar mitzvah that he symbolically shared with a 13-year-old Russian boy who was forbidden to have his own religious ceremony. The Russian family knew about our bar mitzvah, but we were not allowed to communicate directly for fear the KGB would punish them. My concern then was for the Russian people. They had no freedom of religion or freedom of speech. They lived in a country where their lives were controlled by their government. All of their news came from the state-owned Pravda.

Just the other day, President Obama went on the air and complained that there is just too much information out there, and it may be necessary to curtail some of our Internet access. He also advised Americans not to watch Fox News. Hello, Pravda?

Freedom of speech and freedom of religion are so intertwined; as one goes, the other begins to unravel as well. We don't like to think this could happen in America but propaganda is replacing journalism. And, may the Lord help us if it becomes the official word in our land. ✧



Items & Prices Good September 3
thru September 10, 2010
344 Romany Road,
Lexington, KY

celebrating
**Rosh
Hashanah**



**Grape
Juice**

64 OZ BOTTLE
KEDEM

\$5.99
With Card

**Gefilte
Fishlets**

24 OZ JAR
MANISCHEWITZ

\$5.99
With Card

**Kosher Secrets
Soup**

1.9-4.3 OZ PKG
LIPTON

\$2.29
With Card

**Egg
Noodles**

12 OZ PKG
MANISCHEWITZ

\$1.99
With Card

**Cohen
Appetizers**

5.5-9.6 OZ

\$4.49
With Card

**Red Delicious
Apples**

FRESH,
LARGE SIZE

\$1.39
With Card
LB

**Kugel
Mix**

6 OZ PKG
MANISCHEWITZ

\$4.49
With Card

**Matzo Ball
Mix**

5 OZ PKG
MANISCHEWITZ

\$2.19
With Card

**Honey
Bear**

12 OZ JAR
KROGER

2\$5
FOR With Card

**Golden
Blintzes**

13 OZ PKG

\$2.99
With Card

**Memorial
Candles**

MANISCHEWITZ
YAHRETZ

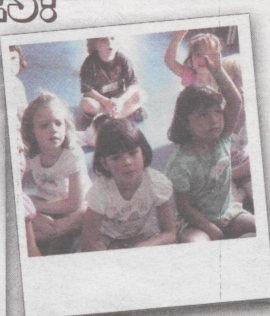
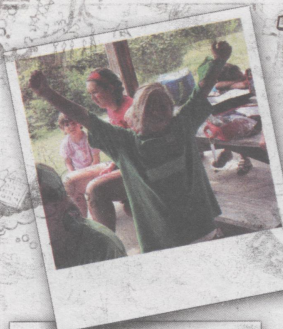
99¢
With Card

Friday 9/3 Jewish Lexington 1031

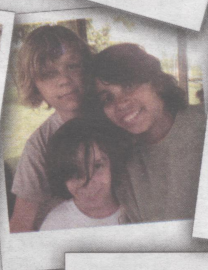
September 2010 *Shalom* | 11

THANKS FOR THE MEMORIES!

Camp
שלום
Shalom



GesheR
תורה



CAMP
2010
ROCKED!



The Jewish Federation
OF THE BLUEGRASS

Israeli Scouts and Rick Recht bring life to Lexington

Summertime (from page 1)

one of these performances, but if not please enjoy the pictures and try to come out for a future event. The

Federation of the Bluegrass is happy to offer such fine acts; please continue to look online and in *Shalom* to see what is coming up next. ☆



Rick sings with camp staff.



Ruth Poley, Jane Chaput, and Lynn Furness having a laugh.



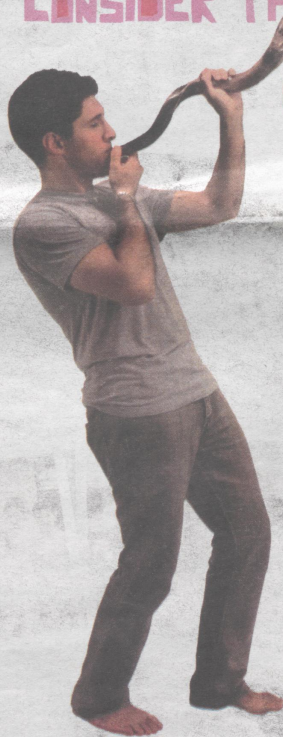
Rehearsing with Anat Rubinstein.

A man with dark hair is shown in profile, blowing into a large, dark, curved object that resembles a call to action. The object is thick and has a rough, textured surface. The background is a light, mottled grey. The text "CONSIDER THIS YOUR" is in a bold, sans-serif font at the top. The word "call" is in a large, stylized, cursive font in the center. The words "TO ACTION" are in a bold, sans-serif font at the bottom.

CONSIDER THIS YOUR

call

TO ACTION



WE ALL HAVE HOPE AND DREAMS FOR THE NEW YEAR. Rosh Hashanah and Yom Kippur provide us with a chance for reflection on the previous year. But the year ahead is still an open book, full of opportunity to make the world a better place. Begin the New Year with an act of tzedakah. Volunteer. Donate. Make a difference.



The Jewish Federation
OF THE BLUEGRASS

Our connection. Our voice. Our community.

לשנה טובה



As we celebrate our eighth decade of supporting
MDA in Israel, American Friends of Magen David Adom
wishes you a happy, healthy and peaceful 5771



AMERICAN FRIENDS OF
MAGEN DAVID ADOM

ARMDO • OHIO/KY/WESTERN PA

Cari Margulis Immerman, Director
23215 Commerce Park Road, Suite 306
Beachwood, OH 44122

Toll free 877-405-3913 • cimmerman@afmda.org

To **DONATE** please go to
www.afmda.org



70 YEARS OF
SAVING LIVES IN ISRAEL
1940-2010

Opinion

A personal view of kashrut

By Laurence H. Kant

Kosher observance, *kashrut*, entails many things. Each Jew who considers himself or herself to be "observant" calibrates the areas and degrees of that observance.

There are many theories about *kashrut's* origins: anthropological, sociological, moral, health-related. Torah doesn't offer any explicit reason other than God's command. Presumably, there are many factors. I'm more interested, however, in the outcomes of the practice than its origins.

"Keeping kosher" is commonly associated with not eating pork and shellfish, but it was my Evangelical Christian naturopath who convinced me to avoid both pigs and shellfish because they have inefficient digestive systems and retain toxins and allergens. I realized that kosher observance may have given Jews an adaptive advantage in terms of well-being and longevity, since our circulatory, neural, lymphatic, and digestive systems are healthier than those of others who eat toxin-filled foods.

There may be health reasons for separating meat and dairy, too. Vegans don't consume dairy products (nor meat), and there are naturopathic reasons for avoiding dairy, particularly homogenized/pasteurized milk products. Many naturopaths believe that the process of producing dairy products damages the food, making people less able to absorb nutrients. There's also a view that eating meat and dairy together makes our

bodies less able to break down foods in digestion, clogging our systems and raising cholesterol levels.

Beyond health, there are other reasons for maintaining kosher awareness. For one thing, it makes consumers and eaters more conscious of what they ingest. (My wife has long quipped that "organic" is the New Age "kosher.")

Keeping kosher is what Jews have always done and are commanded to do. While that's not enough for me, I originally stopped eating pork in order to maintain my connection to my ancestors. There's another reason that's difficult for non-Jews to understand. Kosher and Sabbath observances have always distinguished Jews from others. Being different is part of what it means to be Jewish. Jews are, frankly, notoriously contrarian (even enjoying breaking their own rules) and don't follow the crowd. The Jewish path is a less traveled one.

This "otherness" gives us a different perspective and allows us to see connections others don't. It's what has allowed Jews to help make the world a better place. Look at the number of Jewish Nobel Prize winners, artists, and humanitarians—well beyond the

percentage of Jews in the population. Sadly, this very habit of life and mind that has advanced the world is what offends non-Jews and makes them suspicious of us. Despite this, Jews (religious and secular) continue to live distinctively, often without realizing they're doing so.

I don't view Judaism as solely a religion, but rather as a way and philosophy of life that has made one people take an "alternate route" for three millennia. For me, what distinguishes Jews isn't the obvious, but an array of things that most don't notice. These include non-religious elements, such as pursuit of learning, challenging authority, taking pleasure in debate, love of good food, and humor. Jews adopt the cultural influences around us. One of the distinctive characteristics of Jews has been our capacity to adapt what it means to be Jewish and still remain Jews. We're protean, able to take on different roles and appearances, but still keep a Jewish perspective and way

of life wherever we go. That's what continues to make me Jewish—not dietary law, per se.

I value thinking about food and believe that *kashrut* encourages this. My personal understanding of *kashrut* isn't very traditional. For me, kosher dietary practice means being conscious of food, how it's grown, raised, and prepared, and where it comes from. It also includes the humane treatment of animals. Organic practices are a form of *kashrut* for me, and I consider free-range/non-hormonal chickens more truly kosher than chickens prepared according to rabbinical standards. (If I could easily obtain and afford kosher/free range/non-hormonal chickens, I would prefer them.)

That's my highly idiosyncratic understanding of *kashrut*: it preserves ancient traditions that possess great wisdom, and, together with modern organic foods, it makes sense to me. ✱

Selma's Catering

A fresh approach to fresh food
www.selmacatering.com

Selma Owens - Caterer
email selmacooks@aol.com

859-971-2763
cell 396-4357

2010 Community Campaign

Equine Division Event—Monday, October 11

Thank You Event—Saturday, November 6



The Jewish Federation
OF THE BLUEGRASS

Planning on leaving town for a few months? Going on a long vacation? Moving any time soon?

You can help save the Jewish Federation money by informing us of your plans and preventing the U.S. Postal Service from charging us for returned mail and address change notices.

Before you go, call the Federation office or send us an email and let us know if you would like the mail sent temporarily to a different address, at no charge to you, or halted for a certain number of months. Give us a chance to get it right for you on the first mailing.

Contact Tamara at (859) 268-0672 or
tamara@jewishlexington.org

Are you on the Jewish Federation's email list?

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.

tamara@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

2010 Community Campaign Equine Division Event

Monday, October 11
at Bluewater Farm
6:00 p.m. to 8:00 p.m.

Contact Judy Wortman at
jfb@jewishlexington.org or (859) 268-0672
for more information about this event.

The Jewish Federation
OF THE BLUEGRASS



ISRAEL 21c: A cancer turn-off

By ISRAEL21c Staff

Israeli researchers believe that a biological "switch" found in plants may hold the secret for a new cancer treatment for humans.

Scientists believe a process in plants to switch on cell growth could be used in humans to switch off tumor growth.

An Israeli researcher has identified a common fat molecule that functions like a switch, in that it can "switch on" cell growth in plants. Now he's suggesting that the same mechanism can "turn off" the process that leads to the growth of cancerous tumors.

Although plants and animals are very different organisms, they share a surprising number of biological mechanisms, says Prof. Shaul Yalovsky of Tel Aviv University (TAU).

In his research, Yalovsky, of the university's Molecular Biology and Ecology of Plants Department, found that the fat molecule, or "switch," in plants modulates a group of proteins called ROPs that are responsible for cell growth.

Proteins very similar to ROPs also exist in humans. In humans they are involved in wound healing, development of nerve cells in the brain, and also provide the chemical signals that tell cancer when to metastasize.



TAU-Cancer-Treatment
Manipulating proteins to halt tumors

In a laboratory setting, Yalovsky and his research collaborators, Prof. Yoav Henis and Dr. Joel Hirsch of TAU's Departments of Neurobiology and Biochemistry, were able to use this switch mechanism in plants to reshape plant cells, grow new tissues, and respond to bacterial and viral invaders.

ROPs bind to a small molecule called GTP, which then breaks up into another molecule called GDP. It's a known concept in the plant sciences community that when bound to GDP, ROPs become inactive. With his team, Yalovsky created a second type of mutant molecule that prevents ROP proteins from binding to the GTP molecule, creating an inhibitory effect.

Photo by Chen Leopold/Flash90

With this knowledge, the researchers believe they are now one-step away from turning off this ROP-like switch in humans—a process which could prevent tumor growth.

"We've stumbled upon an ancient mechanism that regulates the function of these proteins, proteins which are found in both plants and humans," says Yalovsky, explaining that this mechanism already regulates the immune response to pathogen invaders in the human body.

A new line of defense

"When these proteins are turned 'on,' they can initiate processes like cell division and growth," says Yalovsky. "Through our genetic engineering, these proteins could be manipulated in humans to speed up tissue healing, or

turned off to slow or stop the growth of tumors."

According to the scientists, their research could also be applied in agriculture to reduce the need for chemical pesticides. The mutant molecule they devised induces plants to respond as though they are being attacked by pathogens. They then create a biological defense that protects them from infection.

In their research paper, published in the scientific journal *Current Biology*, the TAU scientists describe how these mutations and mechanisms work, providing a new mechanism to control metastasis in cancer, or stop the deterioration of certain nerve cells in the brain. In a broader sense, the researchers have created a long-desired platform to test the function of proteins.

"It is common for plant and animal geneticists to identify proteins, but remain unaware of their functions. We now have a mechanism to test our hypotheses," concludes Yalovsky. ☆

dolci
by Phyllis

A Dessert Company for All Occassions
Cakes & Tarts, Cookies, Fudge Brownies & Tarts

Phyllis Pierorazio Shakib
President
Cell: 859-227-9444
www.dolcibyphyllis.com
Facebook: Dolci by Phyllis
e-mail: phyllis@dolcibyphyllis.com

SPARE PARTS & EQUIPMENT
60 Years of Service

346 Richmond Avenue
Lexington, KY 40502-1458
(859) 266-2188 or Fax (859) 268-1877

Mitchell Barnes - Owner

Phone: (859) 277-1830

MASALA
Fine Indian Dining

3801 Nicholasville Center Way • Suite 305 • Lexington, KY 40503

Lunch Buffet: 11:00 am - 2:30 pm Mon-Fri
12:00 pm - 3:00 pm Sat-Sun
Dinner: 5:00 pm - 10:00 pm Sun-Thur
5:00 pm - 10:30 pm Fri-Sat
Carry Out Available • Catering Any Size Party

nine-time winner
wine spectator award of excellence

portofino
italian cuisine with
a california accent

open nightly for dinner • lunch mon-fri
private rooms available

249 east main st. • downtown lexington
859.253.9300 • www.portofinolexington.com
Open Table

sister restaurant SERAFINI downtown frankfort 502.875.5599

the Morris book shop.

408 Southland Drive • Lexington, Kentucky
859-276-0494 • morrisbookshop.com

new books for book lovers: mystery dictionary kentucky history
poetry children classic contemporary computer cookbook criticism
crossword crime young-adult how-to sci-fi poli-sci self-help manga
romance journal pulp art atlas anthology almanac graphic garden
games gazetteer guide green history fantasy memoir economics
thesaurus philosophy physics psychics science drama travel beach
time photography humanities stories bestseller health music film
business sport essay parenting religion journalism biography

Petra
Mediterranean
BAR AND GRILL

Text petra
to 313131 to
receive a free
appetizer.

Lexington's Only Mediterranean Bar and Grill
featuring upscale Greek and middle eastern cuisine

116 Marketplace Ph: 859.272.0044
Lexington, KY 40503 Fax: 859.559.0021
www.petralex.com

B'tayavon (Hearty Appetite)

By Ruth Poley

A Rosh Hashanah Treat

The High Holidays are here again. (Didn't we just celebrate them last month?) Ever on the lookout for some new recipes for Rosh Hashanah dinner, my ears perked up when Jane Chaput mentioned this new potato kugel she had tried out last year. I don't have a really great potato kugel (*lokshen*, now that's another matter); mine tend to be very dense, a little gummy, and not so flavorful (that sounds appealing, doesn't it?) so I'm delighted to give this one a look. I haven't tried it yet, but the recipe looks good and I plan to use it this month. You should try it. If you don't like it, complain to Jane.

Lacy Potato Kugel

Serves 12

6 large Idaho potatoes, peeled
2 large onions, 1 diced and 1 quartered
4 large eggs, lightly beaten
5 tablespoons oil
2-3 teaspoons salt
freshly ground pepper
¼ cup potato starch
1 cup boiling water
¼ cup oil

Preheat oven to 500°. Sauté the diced onion, using some of the 5 tablespoons of oil, until nicely caramelized and golden. While the onion is caramelizing, shred the potatoes using the fine shredding disc of your food processor. Squeeze the liquid out of the potatoes, discard the liquid, and place the potatoes in a large mixing bowl.

Process the raw onion with the same blade and pour the resulting pulp and juices into the bowl with the potatoes. Stir in the eggs, remaining oil from the 5 tablespoons, salt, pepper, and caramelized onions. Sprinkle the potato starch on top, pour the boiling water over all, and stir thoroughly.

Pour the ¼ cup of oil into a 9x13 baking pan and heat in the oven for about a minute; do not allow to burn. Carefully pour the potato mixture into the pan and bake for 20 minutes. Lower the oven heat to 400° and bake for another 40 minutes or until the top is deep golden brown.

Enjoy your dinner and L'Shanah Tovah. ☆

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com



Cool Facts About Israel

JERUSALEM TO BUILD ELEVATOR TO WESTERN WALL, EASING ACCESS FOR VISITORS

Jerusalem, Israel - 17 August 2010 - The Western Wall, one of the most important sites for visitors to Israel, has long been nearly inaccessible for visitors in wheelchairs or with other disabilities. That is about to change with the construction of an elevator from street level to the level of the Wall.



The elevator, which was proposed by the Company for the Reconstruction and Development of the Jewish Quarter, would start at Misgav Ledach Street and descend about 70 feet to a pedestrian tunnel, which would then lead to the plaza in front of the Western Wall.

The project, which has been discussed various times over the years, was finally pushed forward with the financial assistance of a New York businessman, Baruch Klein, who also lives part-time in Jerusalem. In his honor, the elevator will be called "Ma'lot Baruch."

The Company for the Reconstruction and Development of the Jewish Quarter hopes to make the elevator free of charge. They are also working on ways to allow the elevator to operate on Shabbat.

[For the list of Travel+Leisure's Top Cities in Africa and the Middle East, visit www.travelandleisure.com/worldsbest/2010/cities/africa-middle-east-cities/15. For more information about travel to Israel, visit www.goisrael.com.]

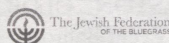
Big Bad Voodoo Daddy
with
THE LEXINGTON PHILHARMONIC
Scott Terrell
Music Director & Conductor

Thursday, September 30
8pm, Singletary Center

Tickets: \$30-75
On sale NOW!

859.233.4226 | www.lexphil.org

Fortnight Festival 2010



STEWART HOME SCHOOL

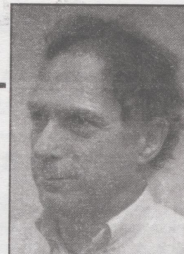
Contact Jana LaZur for the fall schedule



The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike. Please call Jana at (859) 268-0672 or email jana@jewishlexington.org for more information

Third Opinion

Stanley Ned Rosenbaum, PhD



Conversion to Judaism

When our daughter underwent a Conservative conversion to Judaism in 1978, it cost us nothing. We made a modest contribution to the synagogue, but that was it. The conversion had required eighteen months of study, many meetings with the rabbi, a very kosher *mikvah* and a *beth din* (convening of a judgment panel), but all of this cost nothing.

Now I hear, and know—because it happened to a former student of mine in Lexington—that Orthodox conversions can cost thousands of dollars and, in the end, be ruled invalid. I am compelled to conclude that these

"conversions" are the next thing to a scam. And yet the Israeli Knesset was recently considering a bill that would make

all conversions anywhere subject to the approval of the Orthodox rabbinate in Israel. (I'm proud to say that one of my former students, now the President of the Cleveland Jewish Federation, was part of the delegation that talked Netanyahu into tabling the proposal.)

Guess it's lucky for biblical Ruth that there was no rabbinate in the period of Judges or her simple declaration of adherence to her mother-in-law's people would not have been recognized as sufficient.

There have always been real problems with figuring out who is Jew-

ish; the Samaritans (4th pre-Christian century) and Karaites (8th century) come to mind. And these days it's harder than ever. We have the people from Ethiopia who started arriving in Israel in 1977, the B'nei Menasche from India—I like them because I think my descent is from Manasseh, too, so they must be cousins—the immigrants from the former Soviet Union, and various groups of self-styled Jews from the U.S. Even Solomon might have difficulties determining which of these groups is in and which is out. But that's not the worst part.

A consequence of the law, intended or not, would be to put Conservative, Reform, and Reconstructionist

[F]or me religious orthodoxy of any sort inexorably shades off into pathology. This is most clearly visible among our Muslim cousins, but also among Christians such as those who think that our soldiers' deaths in Afghanistan are God's punishment on us for tolerating gays and lesbians.

conversions (they do have them, don't they?) under the ultimate control of the Israeli Orthodox rabbinate.

This is intolerable.

Again, I understand full well that the rabbinate wants, insists even, that all converts be sworn to uphold halacha as Orthodox Judaism understands it. Our daughter signed a paper to that effect. But what would the Orthodox think of her subsequent (second) marriage to a Japanese man? Now there's an outside chance that their son, now age 6, could become the first Jewish Emperor of Japan, but a better chance that some Orthodox rabbi would seek to revoke her conversion for having made an intermarriage with a non-convert.

Talk about two Jews having three opinions! But this is far more serious than a 1920s Paris café political argument. The future viability of Judaism is very much in question here.

Maybe the Orthodox rabbinate thinks that HaShem will protect them even as they alienate large stretches of the Diaspora community. Maybe they think Israel—a state in which not all of them believe!—will get by without the moral, political, and financial support of the majority of the world's Jews. But would the United States, for example, be so willing to give billions of dollars in aid to Israel if Jews here were largely indifferent to it?

I'm not a medical doctor, but for me religious orthodoxy of any sort inexorably shades off into pathology. This is most clearly visible among our Muslim cousins, but also among Christians such as those who think that our soldiers' deaths in Afghanistan are God's punishment on us for tolerating gays and lesbians.

I remain indebted to our Orthodox brethren for keeping the light of Judaism burning during all those terrible centuries of oppression and outright persecution. They paid a

fearful price for it and not only in terms of deaths; they have increasingly adopted a

"circle the wagons" mentality that now seeks to leave most of us outside the circle. And what then?

Is it too much to suggest that this time we could succeed in doing to ourselves what Hitler and Stalin between them could not? ☆

Stanley Ned Rosenbaum, PhD (Brandeis), is a retired professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."

College Advising & Boarding School Placement

Jane Schoenfeld Shropshire

Shropshire Educational Consulting, LLC
3079 1/2 Royster Road
Lexington, Kentucky 40516
(859) 396-9508

www.shroped.net



Dedicated to finding the right school.

Fine, loose-leaf tea served in casual, pleasant surroundings. Free WiFi.



Tea for everyone!

591 W. Short Street
Lexington, KY 40508

Corner of Short and
Jefferson. Downtown.

859-232-8900

M-F: 7-7
S: 10-7

Prudential
Janice Brock, ABR, CNRS, CRS, GRI
Certified Prudential Relocation
Certified Tourist Ambassador
A. S. de Movellan Real Estate
171 Prosperous Place
Lexington, KY 40509
Cell 859-533-7669 Fax 859-268-2636
janice@janicebrock.com www.janicebrock.com

Lil' b's Cleaning Service
Outshining All Expectations!
* general house cleaning
* reasonable rates
Call Barbara
(859) 244-1908 or (859) 319-5254

THE LIMESTONE CLUB
Downtown Event Ballroom
For your personal occasion.
www.limestoneclub.com
James Brown 859.253.1950
info@limestoneclub.com

The Lexington Chapter of Hadassah

Lynn Furness, President

A new year starts soon in the Jewish calendar. New years bring with them the promise of the future as well as a chance to look back. As Hadassah moves toward its 100th year and a commemorative celebration in Israel in 2012, we look back to its beginning. The beginning really occurred in 1904 when Henrietta Szold and her mother, Sophia, traveled to Palestine. On this trip, they witnessed untreated disease and unrelieved poverty throughout the area.

Back in the United States, Henrietta had a study group for women. We are told that her mother remarked, "This is what your group ought to do... you should do practical work in Palestine." The seed was planted and three years after Miss Szold returned to the U.S., her women's study group became an activist Zionist organization. Hadassah was born with the express mission of Aruhah Bat Ami, or "the healing of the daughter of my people."

Today Hadassah still embodies this mission by teaching, healing, and rescuing through the various projects it supports with the help of its members, associates, and friends. Hadassah is also a powerful leader on women's issues in the United States, especially in the health field.

Hadassah's work in all its breadth and depth

continues to challenge us in our fast-changing world. Technological advances permit us to advance our humanitarian work well beyond America and Israel to the farthest corners of Europe, Asia, and Africa. We can look back with pride to our modest beginning and look forward with confidence to a future Hadassah is prepared to meet with resourcefulness and competence.

We say that "on Rosh Hashanah it is written and on Yom Kippur it is sealed." This means that our fate for the New Year is decided during these sacred holidays. As we pray for ourselves and our families during this time, let us also hope that all those connected to Hadassah—our members, our patients and the State of Israel—are inscribed in the Book of Life for the coming year. May we continue to see opportunities in the challenges and may we be rewarded with a year filled with sweetness and growth.

L'Shanah Tovah. ☆

Ask A Rabbi (from page 5)

May it always be that as the left hand pushes away, the right hand brings closer, not like Elisha who pushed away Gehazi with both hands, nor like Yehoshua ben Perachiyah who pushed away Yeshu [Jesus] of Nazareth with two hands. (Sanhedrin 107b)

By considering converts who return to a prior religion to be apostates, we push them away with our left hand. May we at the same time be open to their return to Judaism, bringing them closer with our right. And may none feel that we have pushed them away with both hands, rather let them feel that, irrespective of their relationship with Judaism, we have treated them with kindness and respect. ☆

Have a question?

Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to jfb.shalom@hughes.net and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.



Kae & Richard Schennberg
Principal Broker - Broker
(859) 626-1312 Phone
(859) 806-3845 Kae
(859) 806-4288 Richard
(859) 624-0528 Fax
Web Sites: Schennberg.com
Schennbergrealty.com

Schennberg
Realty, LLC
P.O. Box 145 • Richmond, KY 40476

Relocation Specialists

11-14-2010
Live and Become
12-12-2010
Nora's Will
1-9-2011
Saviors in the Night
2-6-2011
A Matter of Size

Save these dates!

JFB Film Series

 The Jewish Federation OF THE BLUEGRASS



Temple Adath Israel
Preschool and
Pre-Kindergarten

OPEN
ENROLLMENT

- Half-day program (8:30 a.m.-noon)
- Classes for 2-, 3- and 4-year-olds
- Jewish, music and art enrichment programs for all ages
- Excellent student-teacher ratio
- Nurturing, family environment

CALL: Katherine Henry, director
269-2979

124 North Ashland Avenue

"25 Years of Excellence"

The Lexington Havurah

Jeremy Popkin, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at popkin@email.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdjfm@insightbb.com.

When she turned over the duties of president of the Lexington Havurah to me recently, my friend Judy Goldsmith left me with all the hard work, but we agreed to share the pleasure of writing the monthly column for *Shalom*. Judy's columns, like her annual sermons at our High Holiday services, are always witty but also thoughtful and heartfelt. I am glad that her unique voice will still be heard in our community newspaper. And I know I speak for both of us in wishing all members of the Jewish community a *Shanah Tovah*.

Just as Judy Goldsmith contributes something special to Lexington's Jewish community, so does the Lexington Havurah as a whole. No, this is not another effort to recruit members for our group, although we are always delighted to see new faces at our services. After more than 30 years of existence, however, we in the Havurah know that what we have to offer is not what everyone in the local Jewish community is looking for. We are pleased to have attracted a number of new members in recent years, but we know that we will always be a small group.

Still, I am convinced that our presence and our example matters to the whole community. Why? Because the Havurah is the living proof that even in a small Jewish community like Lexington, there is a place for local initiative. The Havurah was created in 1978 and has been kept going ever since by committed Jews who wanted to "do it ourselves": learn to put together our own religious services, deepen our personal understanding of our religious and cultural heritage, put our own imprint on our Judaism.

Some of the things that were special about our group in the past are no longer so special

today. In 1978, it was radical to have an egalitarian congregation, in which women read from the Torah and led services; now the local Conservative congregation can boast of having had, for a number of years, a woman rabbi. The Temple, too, is very different from what it was 30 years ago. Perhaps our group's particular way of doing things no longer seems as relevant as it did in our early years.

Nevertheless, the Havurah's existence still sends an important message to the whole Jewish community. It says to everyone, "Don't be afraid to experiment!" Our presence shows that not every aspect of Jewish life, even in a small community, has to take place under aegis of a large institution or a national organization. Much as I hate to face the fact, the Lexington Havurah in its present form may not last forever. That is the price of being a small organization without much institutional structure. But some day a new group of local Jews will feel the urge to do something creative on their own, and I hope they will take inspiration from the thought that if the Havurah could do it, they can, too! ☆

FAIR TRADE EMPOWERS

Lucia's World Friendly Boutique

Shop Lucia's Boutique for fair trade gifts, jewelry, and clothing

723 E. High St. | In The Woodland Triangle | 859.389.9557
Mon-Sat 11-6 Sun 1-5 | LuciasBoutique.com



For a day that is worth the best...
Bar and Bat Mitzvahs
at

MALONE'S
BANQUETS

Lansdowne Shoppes
For more information, call Jennifer Burckett at 859.325.9500, ext. 105
or email her at jburckett@mgic.com.

Advertise Your Business

The *Shalom Newspaper* is published ten times per year. It is mailed to over 1,200 local businesses and households. *Shalom* is distributed free of charge and is the most effective, cost-efficient way to reach Central Kentucky's Jewish community.

Month-To-Month Rates

Full Page 10.167" x 11.42" \$200 BW \$300 Color	1/2 Page Vertical 5" x 11.42" \$132 BW \$215 Color	1/2 Page Horizontal 10.167" x 5.645" \$132 BW \$215 Color
1/4 Page 5" x 5.645" \$88 BW \$132 Color	1/8 Page 5" x 2.72" \$60 BW \$105 Color	Business Card 3.277" x 2.15" \$40 BW \$82 Color

Center Spread 21"x11.42" \$440 BW • \$600 Color

*All other ads are billed at \$12 per column inch.

*Ad production is available at \$15 per hour.

Rates for contracted terms (per issue)**

Size	5x	10x	w/Color
Full	210	198	+75
1/2 Vert.	125	121	+75
1/2 Horiz.	125	121	+75
1/4	82	77	+40
1/8	55	50	+40
Bus. Card	38	28	+40
Dbl. Truck	420	396	+40

**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please
contact Tamara Ohayon at the JFB office.
(859) 268-0672 or shalom@jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

Temple Adath Israel

124 N. Ashland Avenue • President, Ken Slepyan • (859) 269-2979

High Holiday Schedule

September 8 Erev Rosh Hashanah

7:00 p.m.—Child Care *
8:45 p.m.—No Child Care

September 9 Rosh Hashanah

8:30 a.m.—No Child Care
10:45—Child Care *
Tashlich, Youth Service and Picnic 5:00-
7:00 p.m., Jacobson Park Shelter #1

September 10 2nd Day Rosh Hashanah

Torah Study 10:30 a.m.

September 12

Cemetery Memorial Service 1:00 p.m.,
Lexington Cemetery

September 17 Kol Nidre

7:00 p.m.—Child Care *
9:00 p.m.—No Child Care

September 18 Yom Kippur

8:30 a.m.—Early Service, No Child Care
10:45 a.m.—Late Service, Child Care *
1:30 p.m.—Children's Service, No Child Care
1:30 p.m.—Afternoon Study, No Child Care
3:00 p.m.—Afternoon Service, Child Care *
4:30 p.m.—Yizkor Service—Child Care *
5:15 p.m.—Concluding Service, Child Care *
Break-the-fast following services
* Child care will be offered only if reservations are made for the service(s) you will be attending.

Special Shabbat Shuvah blessings to those married 50 years and longer
Continuing a custom started several years ago, those TAI couples celebrating marriages of 50 years and longer are invited to receive a special blessing on Shabbat Shuvah. This year Shabbat Shuvah is Friday, September 10. Everyone is encouraged to attend this special service and celebrate with these couples. (See Around the Community for honorees.)

Temple choir re-forming

The adult choir is re-forming. New Temple member Lorne Dechtenberg will be our conductor. Lorne is an active singer, composer, and private teacher in the community, as well as artistic director and conductor of the Bluegrass Opera. If you like to sing, join the choir. Our first meeting is Sunday, September 26 at 11:00 a.m. in the

Temple Social Hall near the stage. You don't have to audition or read music. Whether you're male or female, 18 or 80, if you can carry a tune, we want you! For more information, contact Lorne Dechtenberg at (859) 940-9379.

God's Pantry Night on Tuesdays

Please join representatives from the entire Jewish community at God's Pantry on the **third Tuesday of each month**, from 6:00 to 7:30 p.m. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. For more information and directions, please contact Karen Petrone at (859) 226-9145 or Petrone@uky.edu. Join us on **September 21**

Chavurat-Chochma (A Friendly Gathering of Wisdom)

We will meet again on September 24 to gather and schmooze and enjoy an informative program. The cost is \$6 per person. Please RSVP by September 22.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, biblical and traditional injunctions and laws, Jewish history, principles of the Reform movement, and the relation of Judaism to Christianity, Islam, and Buddhism. Drop in the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. **September 4 and 25.**

Torah study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the library. **September 11**

Parsha

Join us each Saturday morning at 11:00 a.m. to take a look at the Torah portion for each week. The rabbi will lead some, everyone will take turns for others. We plan to reintroduce classical texts and write the new midrash that will become classical over the next hundred years. The format will be different from either Torah study or Kollel. It is brown bag, bring your lunch.

Don't forget: Rosh Hashanah baskets benefit TAI preschool. ☆

JEWISH COMMUNITY Heroes



The Jewish Federations
OF NORTH AMERICA

Do you know a Jewish community hero?

The second-annual Jewish Community Heroes campaign organized by The Jewish Federations of North America (JFNA) celebrates the selflessness and courage of those who put others before themselves. This is our community's opportunity to shine a national spotlight on the unsung, whether their work impacts five people or 5,000. **Nominate your hero by October 3, 2010.**

www.jewishcommunityheroes.org

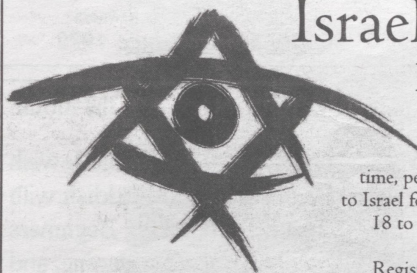
*May the inscriptions we
author in the Book of Life
be only for the good...
for ourselves, for our
communities, and for the
world! May this season of
holiness bring us to be and to do our best to face chal-
lenging times that cause us to struggle and moments
of celebration that lift our hearts. Shanah tovah!*

Temple Adath Israel



Want a free trip to Israel?

It's possible!



Taglit-Birthright Israel provides a gift of first time, peer group, educational trips to Israel for Jewish young adults ages 18 to 26 from around the world.

Registration for North America Winter 2010-2011 trips begins September 14! * Previous applicants can pre-register on September 13.

*Due to the high volume of applicants, registration on the first day is strongly recommended!

TAGLIT • תגלית
birthright israel
www.birthrightisrael.com

Ohavay Zion Synagogue

2048 Edgewater Court • President, Beth Goldstein • (859) 266-8050

High Holidays

Ohavay Zion Synagogue welcomes those new to the community, the unaffiliated, and students to join us for High Holiday Services. Please call the synagogue office at (859) 266-8050 for more information. There is no charge, but donations are welcome. The High Holiday schedule is available online at <http://www.ozs.org/default.htm>.

Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m., followed by a light breakfast and study. Newcomers are always welcome.

Weekday Minyan

Services are held each Tuesday and Thursday afternoon at 5:45 p.m. in the Sanctuary. Please come and help make a minyan.

D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS Library (or outside when the weather is nice). The brief afternoon/evening minyan follows in the sanctuary. A great way to end your day.

Kids' Shabbat

A monthly Friday evening Shabbat for children ages 4 to 9, with pizza, song, and schmoozing: 5:15 p.m. on September 24.

September Shabbat Schedule

Celebrate Shabbat. The Friday night schedule for September is:

September 3 – Family & Friends Shabbat at Home. No service at OZS.

September 10 – Family & Friends Shabbat at Home. No service at OZS.

September 17 – Kol Nidre

September 24 – Kids' Shabbat at 5:15 p.m. - Pizza in the Hut

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30 a.m. with Kiddush Lunch following in the Social Hall.

Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion, please call Simone Salomon, Membership Chair, at (859) 269-1585.

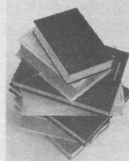
OZS office holiday schedule

The OZS office will be closed for High Holidays on September 9, 10, 23, 24, and 30, and on October 1. ☼



111 Mechanic Street
(859) 233-1173
www.chooselowells.com

Lowell's
Independent Toyota and Lexus Service
Rob and Suzanne Morris, Owners
Quality Service Since 1979



First and third Sundays of the month

Yiddish Drop-in! 10:00 a.m. at the Jewish Federation office. An hour of Yiddish with Refoyl Finkl (Rafi Finkel). Beginners welcome, fluent speakers welcome, and

those who remember "a por verter fun der heyem" also welcome. We'll adjust what we do to the levels of those who come. No long-term commitment necessary. No charge. Worth every cent, at least!

Here is my contribution to help keep *Shalom* solvent

☐ \$18 Chai

☐ \$36 Double Chai

☐ \$54 Three Times Chai

☐ \$72 Habono (Builder)

☐ \$90+ Gibor (Hero)

Name _____

You ☐ may ☐ may not publish my name

Mail to:

JFB, 1050 Chinoe Rd., Suite 302, Lexington, KY 40502
Make checks payable to JFB and write "*Shalom*" on the memo line.

Our 2010 *Shalom* Contributors

Thank you for your generous contributions to keep *Shalom* solvent.

Chai

Eleanor Benblatt
Jane & Leo Chaput
Lois & Ken Germain
Nina & Izzy Goldis
Joseph Hernandez
Eva & Alan Kaplan
Angie & Rich Ornstein
Greta Rothschild
C.B. Sridham

Double Chai

Susan Cobin & Randall Roorda
Lynn & Jim Furness
Cathy Grinstead
Robert & Sheila Orbach

Gibor (hero)

Ruth & Neil Poley
Gene Sittenfeld & Sally Mulholland
3 anonymous

Three Times Chai

Judy and Rabbi David Wortman*

*In memory of Ruth Poley's mother.

POSITION AVAILABLE!

Shalom is searching for a new editor.

Editor/Administrator: will solicit material under the direction of the editor-in-chief, copyedit and proofread, present edited material for revision by editorial committee, transfer revised text files to production company, and help review galley. In addition to editing and English language skills, familiarity with Jewish practice and custom is essential; some knowledge of Hebrew and Yiddish common terminology is desirable. **This is a paid position.**

Submit resume and cover letter to
Judy Wortman, Executive Director
by email to jfb@jewishlexington.org.



The Jewish Federation
OF THE BLUEGRASS

Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvot, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to jfb.shalom@hughes.net. Remember, we welcome photos, too!

Mazel tov to...

The following couples honored by

TAI for 50 years or more of marriage:

Raymond and Edna Miller	2/3/35
Jack and Frances Goldenberg	3/9/43
Lester and Ida Waldman	9/8/43
John and Paula Frank	12/23/45
Irvin and Sybil Stern	7/14/46
Warren and Betty Rosenthal	8/31/46
Jerry and Rose Rita Wurmser	6/18/47
Stan and Phyllis Scher	6/12/49
Max and Mindy Kovinow	6/15/49
Norman and Adele Potter	6/11/50
Charles and Leona Stern	6/17/51
Irving and Irma Rosenstein	8/2/51
Abe and Marian Rabiner	11/25/51
Joe and Judy Engelberg	4/11/54
Arthur and Marilyn Lieber	6/27/54
Harold and Kaye Frankel	6/19/55
David and Jan Doctrow	10/28/56
Alvin and Ellie Goldman	11/23/56
Henry and Lynn Meyer	6/15/58
Martin and Barbara Barr	6/4/60

Rhona Beck, Antony Beck, and Andrew, Emma, Henry, Lily, and William Beck on the death of husband, father, and grandfather Graham Beck on July 26, 2010 in London, England.

The family of Charlene Frank, who died in Naples, Florida several months ago.

Ruth and Neil Poley on the death of Ruth's mother, Sophie Altschuler Gerard, on August 14, in Long Island, New York. She was 102.

Fran Jarvis on the death of her husband, Dale, on August 11, 2010.

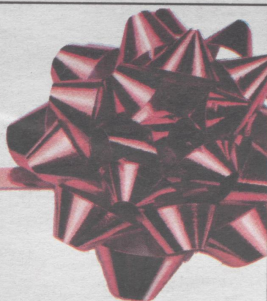
Ruth Barrett and Stephanie Barrett on the death of Ruth's husband, Stephanie's grandfather, Matthew Barrett, on August 13, 2010.

Laura and George Szekely on the death of Laura's mother, Ruth Feigenbaum, on August 11, 2010, and their grandchildren, Ilona, Jacob, and Ana.

Condolences to...

Meryl and Robert Shapiro on the death of their son, Keith Shapiro, on August 5, 2010, and to Keith's wife, Summer, and daughters Anna and Ella.

Hadassah selling Macy's Gift Cards



Make your gift giving easy, save gas and time, and help the Lexington Chapter of Hadassah raise funds for its valuable programs here in the U.S. and in Israel by purchasing Macy's Gift Cards.

Send a check payable to Hadassah. Macy's Gift Cards are available in \$25, \$50, or \$100 denominations and are usable at any of the over 400 Macy's nationwide stores. They can be used as gifts for any and all occasions or for yourself for shopping you'll do anyway. No expiration date.

Send your check to Odette Kaplan. Contact her at omkaplan@aol.com or (859) 271-8332.



Attention proud grandparents, parents, and students

We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to jfb.shalom@hughes.net

Save the Date
Winter
Dinner
Sunday, December 5



THE BLUEGRASS PALETTE OF ANDRE PATER

JUNE 27 - OCTOBER 10, 2010



ANDRE PATER, *Grey Thoroughbred and Jockey in Red Silks*, pastel, lent by the artist



The Art Museum
AT THE UNIVERSITY OF KENTUCKY

Ross Street and Euclid Avenue, Lexington, KY 40506
(859) 257-5716 www.ky.edu/artmuseum



Community Calendar

- **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**
• 1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President
- **OZS - Ohavay Zion Synagogue - www.ozs.org**
• 2048 Edgewater Court • 266-8050 • Moshe Smolkin, Rabbi; Beth Goldstein, President
• Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday Evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.
- **TAI - Temple Adath Israel - www.lextai.org**
• 124 N. Ashland Avenue • 269-2979 • Marc Kline, Rabbi; Ken Slepian, President
• Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.
- **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**
• Lynn Furness, President • mamanewbs@yahoo.com
- **HAV - The Lexington Havurah - www.lexhavurah.uscjhst.net**
• Jeremy Popkin • popkin@email.uky.edu
- **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**
• 1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Yiddish Class at JFB	30 Labor Day JFB office is closed	31 Shalom newspaper deadline	September 1 JFB office closes early	2 Rosh Hashanah JFB office closed	3 Rosh Hashanah JFB office closed TAI - honors couples married 50+ years	4 Shabbat Shuvah
5 Tzom Gedaliah - Fast of Gedaliah Hadassah Opening Meeting TAI memorial service at Lex. Cemetery at 1PM	6 Midday exercise at JFB	7 Hadassah Board meeting	8 Midday exercise at JFB	9 JFB office closes early Kol Nidre	10 Yom Kippur	11
12 Yiddish Class at JFB	13 JFB Board Meeting Midday exercise at JFB	14 God's pantry night - OZS/TAI	15 JFB office closes early	16 JFB office closed Sukkot	17 JFB office closed Sukkot Chavurat Chochma lunch at TAI New members Oneg at TAI	18 Sukkot
19 Sukkot Young Bluegrass Jews Sukkot Picnic	20 Sukkot Chabad - Rabbi Litvin visits	21 Sukkot Lunch and learn with Rabbi Smolkin, JFB office	22 Sukkot Miday exercise at JFB	23 JFB office closed Shemini Atzeret	24 JFB office closed Simchat Torah	25
26 Yiddish Class at JFB	27 Midday exercise at JFB	28 JFS Family Life Education "Adoption" Midday exercise at JFB	29	30	October 1 Rosh Chodesh Heshvan Shalom newspaper deadline	2
3	4	5	6	7	8	9