

# SHALOM

NEWSPAPER OF THE CENTRAL KENTUCKY JEWISH FEDERATION

OCTOBER 2009

TISHREI/HESHVAN 5770

## Former Israeli prime minister to speak at UK

Former Israeli Prime Minister Ehud Olmert will deliver a public lecture at the University of Kentucky at 7:30 p.m. on Wednesday, Oct. 14, at the Singletary Center for the Performing Arts. The lecture is free and open to public.

Mr. Olmert's lecture is the first of two the university will sponsor this academic year as part of what will be a continuing campus and community dialogue on the Middle East. In March 2010, the university will host the visit of a prominent Palestinian public figure. Both speakers will offer their views on the prospects and preconditions for peace in the Middle East. The goal is to inform the university and broader Kentucky community and to facilitate thoughtful dialogue.

This discussion will be sustained in the long-term by the establishment of a Peace House Living-Learning Community. Peace House is conceived as a student residential community dedicated to the cause of peace, both locally and

internationally. The prospects for peace in the Middle East will be a principal focus of the Peace House initiative.

The university intends to recruit undergraduate residents of Peace House from the Middle East (Palestinian and Israeli alike) and from the state of Kentucky.

"The University of Kentucky intends to establish the Peace House as a site of civil discourse, creative and respectful thought and action, and

see **Prime minister**, page 6



Former Israeli Prime Minister Ehud Olmert

## — CAMPAIGN NEWS —

### Pacesetters Event success sets stage for upcoming programs

The Pacesetters Event on August 30 was a wonderful success. Many thanks to Judy and Bob Baumann for hosting the wine and cheese party in their lovely home and garden and to the Campaign co-chairs Pat Shraberg and Angie Ornstein and their committee for all their hard work. Thank you also to Rob Rosenstein and Liquor Barn for the donation of refreshments. More than 40 people attended and an additional \$117,000 was raised that evening.

This represents about a three percent increase over what was raised last year. The 2008 Campaign experienced a large drop, so many needs in this community and overseas were not met. We hope that those who have not yet made their 2009 gift will try to stretch so we can continue this upward trend.

Our next two programs will be the Equine Division Event, which will be held on October 20 at the home of Antony and Angela Beck, and the Benefactors Event, which will be held on October 25 at Portofino. The speaker at both events will be Gavriel Azulay, director of the horseback

see **Campaign**, page 3

### Tikkun Lexington's Annual Day of Giving becomes "Tzeason of Tzedakah"

Entire month of tzedakah possibilities to be offered  
♦ ♦ ♦

For the past several years, Christmas time has provided an opportunity for Tikkun Lexington, a volunteer group of the Central Kentucky Jewish Federation, to donate time, energy, and money to community organizations. Originally called "Mitzvah Day," and "Day of Giving" in more recent years, the event actually evolves over weeks. People are encouraged to donate items such as baby supplies and toys, coats, and toiletries for the entire month of December. Donations may also be delivered to such places as Florence Crittenton Home and the M.A.S.H. group home for at-risk youth on the nights leading up to December 25. People at these facilities look forward to our good times and good meals, which we typically bring earlier in the month to accommodate students who go home for the holidays. So we've decided to change our name again to reflect the reality, but not to change the great tasks that help our community.

see **Tzedakah**, page 3

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## SHALOM

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## 2009 CKJF/UJC Community Campaign

Equine Division - October 20  
Benefactors Event - October 25  
Film Night - November 15



## STEWART HOME SCHOOL VISITATION SCHEDULE:

Nov. 24th & Dec. 8th at 6:30 p.m.

The Stewart Home, located in Frankfort, Kentucky, is a residential school for individuals with disabilities. It is renowned throughout the country for the high quality of care given to the students, and attracts people from all across the country. Tikkun Lexington brings celebration to the Stewart Home's Jewish students by honoring Shabbat and Jewish holidays. It is a very special evening for all who participate, volunteers and students alike.

Please call Jana at (859) 268-0672  
or email [jana@jewishlexington.org](mailto:jana@jewishlexington.org) for more information



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## Shalom Deadline

Deadline for articles for the November *Shalom* is October 8.  
Email articles to [di-ifr@bardstown.com](mailto:di-ifr@bardstown.com).



## TAI Sisterhood to give American Girl luncheon

**Rebecca Rubin doll will be door prize**

♦ ♦ ♦

The TAI Sisterhood October meeting will be a tea/luncheon with an American Girl theme. To be held on Sunday, October 25, immediately following religious school, the tea is open to all members of the Temple including grandmothers, mothers, and daughters.

Rebecca Rubin is the newest doll in the American Girl line. Hers is the story of a Jewish girl born in Russia who comes to America with her family in the early 20th century. The doll will be given away to one lucky attendee at the end of the tea.

Elena Domatov, who was born in Russia, will give a brief talk about her experience in immigrating to this country.

This tea is sure to be an enjoyable experience for girls of all ages (men and boys are welcome to attend if they really want to) and we urge you to bring your daughters and granddaughters. The cost is \$5 for girls 12 and under, \$8 for Sisterhood members, and \$10 for anyone over 12 who is not a member of Sisterhood.

Reservations are **required**. Please call Sandee at the Temple, (859) 269-2979, no later than October 21 to reserve your place(s).

Our paid-up members' dinner will be at the Summit Restaurant on November 18. The cost will be \$25 per person and will include a three-course meal, tax, and gratuities. A cash bar will be available. Please pay your membership dues now to insure your place at this event. Contact Christy Roth for membership information. ♦

### Campaign (from page 1)

riding therapy program at the Ben Yakir Youth Aliyah Village in Israel.

Youth Aliyah began as a rescue operation to save Jewish children from Nazi Germany and has evolved into a highly effective network that is transforming the lives of Israel's at-risk youth. During its 70-year history, Youth Aliyah has served more than 350,000 children and teens including many *olim* from the former Soviet Union and Ethiopia.

The intervention provided at the villages enables the young people to cope with the difficulties of integration, to break the cycle of poverty, and to become contributing members of Israeli society. Programs include tutoring, therapy, counseling, and positive extracurricular activities such as sports, the arts, and animal care.

Funds raised through the CKJF annual campaign support both the horseback therapy and music programs at Ben Yakir. In order to register for either of these events, please call Judy Wortman at (859) 268-0672. ♦

## TAI to sponsor Holocaust symposium

In commemoration of the opening of its Holocaust Museum, Temple Adath Israel will sponsor a symposium on the Holocaust on November 1 and 8. The presentations, conducted by local experts, will address a broad range of topics intended for a general audience, covering issues such as the significance of material artifacts, theology, current historical controversies, Holocaust education, and genocide in the post-Holocaust world. All sessions will be held at Temple Adath Israel and are open to the general public.

### Presentation Schedule:

#### Sunday, November 1

10:00 a.m.: Opening Remarks

10:15 a.m.: "Understanding the Past for Changing the Future: Museum Artifacts and Their Historical Significance"

David Schneidt, Founder of the TAI Holocaust Museum and Dr. Kenneth Slepian, Professor of History, Transylvania University

11:00 a.m.: "Where is God in the Midst of Destruction?"

Rabbi Marc Kline J.D., Temple Adath Israel

#### Sunday, November 8

9:30 a.m.: "New Perspectives in the Holocaust History Classroom"

Dr. Jeremy Popkin, Professor of History, University of Kentucky

10:15 a.m.: "Facing History and Ourselves: An Approach to Teaching Tolerance through Understanding the Holocaust"

Rachel Belin, Trained Facilitator, Facing History Ourselves Holocaust education program

11:00 a.m.: "The Holocaust and Other Genocides: A Jewish Call to Action"

Dr. Laurence H. Kant, Executive Director, Gateway to Civic and Spiritual Renewal (the Gateway) ♦

### Tzedakah (from page 1)

Our mission is simple: to come into a location and help. If possible, we work on Christmas day or Christmas Eve to take the place of workers who can then be home celebrating with their families. However, we have come to realize that if we come in on a holiday, employees may have to come in as well, thus defeating the purpose. We now only perform services at places that are open for business no matter when Christmas falls; for those closed for the holiday, we take treats and spend time earlier in the month.

We are looking for many good people not only to volunteer their time to help others, but also to share ideas and visions of places that you know need help. We have set the foundation, but there is no limit to what we can accomplish together. Please contact Jana at (859) 268-0672 or jana@jewishlexington.org to become part of the advisory committee. This is a great short-term commitment that affects more than 200 lives by volunteering and making a difference. If planning is not your thing, then please just say you will help. Watch future *Shalom* issues for opportunities and make the commitment to volunteer in December, the "Tzeason of Tzedakah." ♦



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## President's Message

Linda Ravvin



We have some very special events occurring in our community in the month of October (and no, I do not mean Halloween). On October 14, the University of Kentucky will welcome the visit and public lecture of former prime minister of Israel Ehud Olmert. It is with great pleasure that CKJF accepted an invitation to work with UK to facilitate the broad participation of our community in the event. Mr. Olmert's visit is part of an effort by the university to promote open dialogue regarding the possibilities and conditions for future peace in the Middle East. This wonderful theme is to be continued in the spring with a visit from a prominent Palestinian public figure.

The university is also looking ahead toward the establishment of "Peace House," a meeting ground for Israeli, Palestinian, and Kentucky students to share common goals and experiences, with an understanding and respect for differences. They will have an extraordinary opportunity to grow both as university students

and as unofficial ambassadors for peace. The university is launching this new program with the visit of Mr. Olmert.

Please make sure that you are at Singletary Center on Wednesday, October 14 at 7:30 p.m. to welcome him to our community, to hear what he has to say, and to ask questions if offered the opportunity. We all know the old saying that if there are two Jews in a room, there are at least three opinions. Israeli politics and Middle Eastern politics are controversial arenas—you need not necessarily agree with Mr. Olmert's point of view. However, please do not let this opportunity pass by without coming to listen to one of the most influential leaders in the Jewish world and the Middle East.

On October 20, the Equine Division of the CKJF/UJC Campaign will meet to honor and thank Warren and Betty Rosenthal for their role in the Equine Division. It was under the initiative and encouragement of Warren and Betty that the Equine Division got its start, and over the past few years it has developed into a significant part of our community campaign and a meeting point for those involved in the horse industry in Central Kentucky. The project the division has taken on has grown, along with the commitment to improve conditions and education for underprivileged and at-risk children at Ben Yakir (a Youth Aliyah facility near Hadera in Israel.) We are delighted that Gavriel (Gabi) Azulay, the director of the Horse Therapy Program at Ben Yakir, will

speak at the event, which will take place at Gainesway Farm, owned by Antony and Angela Beck. The event will also feature the dedication of the Betty and Warren Rosenthal Equine Section of the Ben Yakir Library. If you are part of the Equine Division, please make sure that you are with us to welcome Gabi, help us honor Warren and Betty, and participate in the Equine Division CKJF/UJC 2009 Campaign.

We are also delighted that Gabi will be extending his visit to include our Benefactors Event on Sunday, October 25 at Portofino Restaurant. Gabi will speak not only about the Horse Therapy program, but also about Ben Yakir generally and about the Music Program, which is our new Israel-directed commitment for Campaign. The Music Program reaches out to challenged children in the same way that the Horse Therapy Program at Ben Yakir does. It offers an opportunity for the children from truly distressed family situations to let down their guards, to open themselves to new challenges, and to learn how to trust while gaining new skills and growing enormously in self esteem.

Please help us help others! Your participation in the CKJF/UJC Campaign not only benefits those in need in Israel and around the world, but our local community programs and events. Join me in making our community and our Jewish world a better place! See you at the events. ☆

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# GIACOMO'S

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## Third Opinion

Stanley Ned Rosenbaum, PhD

### To see or not to see *Inglourious Basterds*

♦ ♦ ♦

I didn't want to see Quentin Tarantino's film *Inglourious Basterds* because of déjà vu. You see, I've been entertaining World War II revenge fantasies since I was a teen-ager watching Frank Capra's *Why We Fight* films and listening to audios of the Nuremberg Trials. (Apparently, the executive producers—both Weinstein brothers—did, too.) It's pleasurable to think of Nazis getting riddled by good guys' bullets, and if they're Jewish good guys' bullets, that makes it all the more satisfying. But two things bother me.

First, we, the Jews, lost that war big-time. Two-thirds of our fellow Jews living in Europe lost their lives. Six mil-

lion, give or take a few. Seeing some screen Nazis get killed is no compensation for these losses. We may take some comfort from knowing that Hitler's fanatical obsession with Jews probably cost him the war, as he committed so many men and so much war materiel to our destruction. Not to mention what he might have done had he enlisted Germany's Jews to fight for him. Most of the scientists who built our atomic bomb—Einstein, Teller, Szilard, Segre, Fermi—were Jewish refugees.

Second, who says that all those dead German soldiers were dedicated Nazis, or even Nazis at all? Leni Riefenstahl's famous film *Triumph of the Will* (1934) is, admittedly, a propaganda piece, but it shows that German soldiers looked a lot like our kids in uniform. Their politics weren't visible, but what do teenagers know?

I was reminded of this recently when I read the touching story\* of a German woman born in 1934 in Berchtesgaden, which, you will remember, was the place above which Hitler later made his summer home. She notes that many of the townspeople were not at all happy with this internal Nazi invasion, the more so since many of their houses, businesses, and community institutions were taken over or destroyed to make room for the Fuehrer's military entourage.

Her own father had been a Nazi party member, but left it in 1932, before Hitler was elected Germany's chancellor. Papa was a blue-collar worker, a painter who decorated china at a local factory. Married in 1933, he had two daughters by the time he was drafted in 1940. At 34, he was perhaps a little old for service, but he didn't get much older. He was killed in France in July, 1941. His older daughter, then 7, came home from school to hear her mother say, *Der Vati ist Tot* ("Daddy is dead.") There was

no chance for her to visit his grave.

World War II was a "good war," relatively speaking, because sides and issues were clearly drawn and all the soldiers wore uniforms, unlike Brad Pitt's select Jewish unit in the movie



**Cartoonish depictions of friends or enemies do little more than amuse children even while they inculcate in them a view of the world that is dangerously two-dimensional.**

or our opponents in the two Middle Eastern wars. Real Germans, however, as I saw on two extended visits there, are hardly more uniform than, say, Kentuckians and New Yorkers. Cartoonish depictions of friends or enemies do little more than amuse children even while they inculcate in them a view of the world that is dangerously two-dimensional.

If we are to solve our own internal problems, let alone continue to lead the free world, we have to see things in Technicolor or at least in shades of gray.

Full disclosure: after writing this piece I saw the movie.

\*Irmgard A. Hunt (née Pohlmann) earned a B.A. from Columbia in 1986 and lives in Washington, D.C. with her husband, a Freudian psychoanalyst, and their two children. Her book, *On Hitler's Mountain: Overcoming the Legacy of a Nazi Childhood*, was published in 2005 by Wm. Morrow. ☆

Stanley Ned Rosenbaum, PhD (Brandeis), is an adjunct professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."

The Board and Staff of CKJF would like to thank the following people for helping to make the Pacesetters Campaign event possible:

- Our hosts Judy and Bob Baumann
- Rob Rosenstein and Liquor Barn for providing refreshments
- Campaign Co-Chairs Pat Shraberg & Angie Ornstein
- David Shraberg, Rich Ornstein and the Campaign Committee
- Speaker, Dr. Gary Zola



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## From the Director

Judy B. Wortman



For a number of years, I have had the pleasure of spending part of the Sukkot festival with my daughter, son-in-law, and four adorable grandsons in Bloomington, Indiana. This past May, soon after I arrived in Lexington, they moved to Palo Alto, California. While I will not be with them on Sukkot this year, I will be with them for several days before, during, and after Yom Kippur. Like other Jewish families throughout the world, we will begin erecting a sukkah right after Yom Kippur ends.

When I was growing up in Philadelphia in the '50s and '60s, I didn't know anyone who actually built their own sukkah. I thought it was something done only by communities at congregations or Hillel Houses, or perhaps by Orthodox families. Years later, when our children were very young, my husband and I tried to build our first one—according to the instructions published in the first *Jewish Catalogue*. While the *Jewish Catalogue* was an incredible "How to Be Jewish" book, its authors were not skilled carpenters. As we were having our first meal in the beautiful sukkah decorated by our kids' artwork and with Marimekko fabric as walls, a fierce October wind blew and, alas, the sukkah fell down around us.

After some minor repairs, we were able to erect it again and continued to do so for many years. Each year we made it a tradition to invite a new family to celebrate with us—one that had never built their own sukkah. After experiencing a meal or a play-date there or helping us construct it, many of these families began building their own sukkot.

I often said that once Jewish children experienced the joy of having their

own sukkah, they would find the appeal of their neighbors' Christmas trees diminished.

The sukkah became a place to eat outdoors, a playhouse, an array of art projects, and a tent for sleep-outs, weather permitting. Having watched my children's, and now my grandchildren's, delight as they anticipate the arrival of the holiday, I strongly recommend that our Lexington Jewish families who have not yet adopted this mitzvah consider it. It is also a wonderful way of introducing some interesting concepts to your families and guests.

One of the traditions associated with Sukkot is *ushpizin*. This is the tradition of inviting our matriarchs and patriarchs into the sukkah to celebrate with us. Before the holiday you might consider asking your children whom they might like to invite to celebrate with them. Once you are actually in the sukkah, you can discuss the famous or historical people they would have invited and why. It is also a tradition to invite those in need for a meal in the sukkah and to give some of the newly harvested food to those who are hungry. This is certainly a good time to introduce the concept of *tzedakah* to your children.

Another concept that I associate with the holiday is the fragility of life. Just as the sukkah is transient and subject to whims of weather, so too are our lives.

May you all be blessed with the opportunity to celebrate the wonderful festival of Sukkot, *z'man simchateynu*, the season of our joy. ☆

### Prime minister (from page 1)

hope," said Provost Kumble R. Subbaswamy.

Mr. Olmert's lecture will begin at 7:30 p.m. and will be followed by a question and answer session. While the lecture is free and open to the public, tickets must be reserved in advance of the event. Ticket information is available by contacting the Singletary Center Box Office at (859) 257-4929 or

visiting the center's Web site at [www.singletarytickets.com](http://www.singletarytickets.com).\*

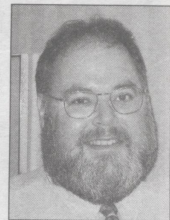
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\*Tickets must be picked up at The Singletary Center Box Office. ☆



## Ask a Rabbi

Rabbi Marc A. Kline



**Q** : I keep hearing rabbis talk about the need to belong to a congregation. I have been Jewish all of my life—proudly Jewish. I have never belonged to a congregation. I want to know why a rabbi thinks I should affiliate.

**A** : This is a great question. My first answer is, "Tradition!" Of course, that did not work very well for Tevya and his family, so... I guess it is a weak first answer. A second answer might be, "Because of the Holocaust." I candidly think that this is a horrid reason to affiliate. Guilt is a terrible motivator and the posthumous redemption of those who perished will not happen because someone decided to make a financial contribution to a congregation. There are lots of reasons not to affiliate. In some communities it really is about money. I know, however, that in this community, the Temple, Synagogue, and Havurah are uniform in not turning anyone away because of what one can or cannot contribute. For others, their youth involvement in Jewish institutions lacked spiritual or educational value. For still others, there might have been the infighting that drove them away or made them feel the need to leave. For many more, like the questioner, it was just never an issue. My own upbringing probably touched many of these issues.

So, I am left with my own story. I was not always involved. I was thrown out of the synagogue after my bar mitzvah for arguing with the rabbi about what God was. In fact, through most of high school, all of college, and part of law school, I was as uninterested as humanly possible. Perhaps one could even call me anti-affiliatory. I found myself trying to establish myself in law school at the University of Arkansas at Little Rock. I sensed that even though I was not religious, I should belong to a temple, even if only to meet a Jewish girl or meet people to help me establish my new law practice—it is what Jews do. I did not know why belonging was important. I just knew that I was missing business and social opportunities and, of course, violating some tradition that would make my ancestors roll over in their graves if I neglected it.

It helped that, at Temple B'nai Israel, I liked the rabbi, whose son Lazar and I were working on what would be one of the final pieces of the decision in *Brown vs. The Board of Education of Topeka, Kansas*. I started going to services to "hang out" with these people. Lazar was there because his dad expected him to be there, and I was there to talk with Lazar. It is funny that neither of us was there for worship. I cannot remember services being special, but the time with people that I really liked was invaluable. My more immediate involvement came because my late wife started attending the Introduction to Judaism class and already knew more about being Jewish than I did.

The immediate cause of our joining the temple was that we were getting married. It was cheaper to join the temple and use it as members than it was to pay for it as outsiders. I also agreed to teach religious school as a way of further reducing my dues. Of course, I never thought then that I would be confessing these facts as

a rabbi, today. I did not know what membership meant (other than that I had to pay something).

In addition, the way that congregation treated their rabbi after 25 years of service almost made me quit. But it was not until the temple was without a rabbi that I really began to figure out the value of membership. Two young men were preparing for bar mitzvah and there was no one to teach them. I remembered the prayers from my bar mitzvah by

heart; they had been drilled into me by a cantor who, shortly after my bar mitzvah, left the temple to open a real estate firm. So I agreed to help them out. When the next rabbi came, he assumed that I had been doing all of the bar/bat mitzvah tutoring forever. He just started sending students to me. For the next four years, until I left for rabbinical school, I taught every bar/bat mitzvah student in Central Arkansas.

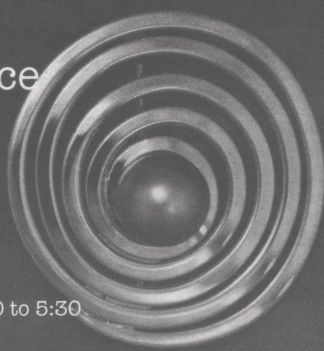
Over the course of that time, I got to know a lot of families and their stories—well. As a congregant, I learned just what having a congregational family could mean. I saw how we not only helped students but also came to the aid of families in need. We helped families celebrate and commiserate. I learned that temple membership is a reciprocal engagement. Membership gives to the temple so that it can provide and give back. The resources—spiritual and financial, of time and of energy—that one gives are returned manifold in one's own times of need and celebration.

I learned, being a member, of the blessings and curses of temple membership. I have been the dues payer. But, given the nature of the organization and its relationship with its members, I always resented calling it dues: temples are not country clubs. It was an offering, even an investment, but not dues. In fact, beyond the norms of my job, I am still a regular financial contributor to our temple; the commitment is sacred, as much for me as for anyone.

Having lived the roles of both rabbi and congregant, I have learned a couple of things. I know that what we ask for and offer must be a sacred commitment and nothing less. I have also learned that it is tough to be a Jew; being one comes with a whole assortment of responsibilities and blessings. We are obligated to support each other, and to do so in ways that keep us and our faith relevant in our lives—and in the lives of our parents and our children—and all at the same time. It is a core Jewish value that those who can are obligated to take care of those who can't, and even those who won't. When members in our community take this obligation seriously, we all flourish.

see Ask a rabbi, page 10

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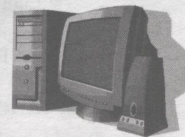
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## Hadassah membership stimulus plan

- If you are not already a Hadassah Life Member, or
- If you have put off making your daughters or granddaughters Hadassah Life Members, or
- If the men in your life are not already Hadassah Associates or
- If you wish to become or remain an annual member of Hadassah, please take note.

Hadassah has rolled back its fees for Members and Associates. Hadassah Life Membership dues are reduced to \$250 from \$360. Current paid members can "upgrade to Life" by paying the difference between current paid dues and \$250. For example, if you have already paid \$36 for the current year dues, the cost of Life Membership is \$214. Hadassah Associate enrollment fee is reduced to \$200 from \$300. Hadassah Annual Dues are reduced from \$36 to \$25 per person. This applies whether you are a new or a current member. In addition, current members may pay multiple years at \$25 per year. While this is a good option, Hadassah Life Membership remains the best bargain and most helpful to Hadassah financially. These offers expire December 31, 2009, so act now. For more information, please contact Odette Kaplan, Lexington Chapter of Hadassah Membership V.P. at (859) 271-8332 or [omkaplan@aol.com](mailto:omkaplan@aol.com). ☆

## Think Ahead...

The *Shalom* December/January issue deadline is November 10. Please plan to submit any news or events for that issue by or before November 10th

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## JFS: At Your Service

By Paula Clancy, MSW, CSW, Director, Jewish Family Services



*JFS: At Your Service is a monthly column covering a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to JFS: At Your Service, c/o Jewish Family Services, 1050 Chinoe Road, Suite 302, Lexington, KY 40502. You can also call in your confidential questions at (859) 269-8244 or email them to us at [JFS@jewishlexington.org](mailto:JFS@jewishlexington.org).*

### Flu Shots



Everyday we are bombarded by media information about available services. We mentally note that services exist. When we actually need the service for our particular situation we pay a different kind of attention to the details.

Flu season is upon us, so here are the details. This year there are two strains of the virus to prepare for: seasonal flu and also the new H1N1 flu. While the vaccines for these are designed to work alongside each other, it is recommend that individuals get the seasonal flu shot as soon as possible. Remember, each year over 30,000 people die from seasonal flu.

Since influenza is a public health concern, the Lexington-Fayette County Health Department is offering two waves of shots. The phone number for the Flu Hotline is (859) 288-7529.

The first wave: Seasonal flu shots will be offered during September and October at all Health Department branches and many other public locations through October 21. The seasonal flu shot is recommended for anyone from the age of six months. The cost is \$25. Medicare, Medicaid, other insurance, and cash are accepted. Call (859) 288-7529. Some dates, times, and sites for walk-in clinics are:

**Sat. Oct. 3, 12:30 – 2:30**  
Joseph Beth Booksellers, Lexington Green

**Thurs. Oct. 8, 8:00 – Noon**  
Fifth Third Bank, Lexington Financial Center, Main Street

**Mon. Oct 12, 9:00 – Noon**  
Lexington Senior Citizens Center, Nicholasville Road

**Thurs. Oct. 15, 9:00 – Noon**  
Lexington Public Library, Tates Creek Branch

**Fri. Oct 16, 9:00 – 12:00**  
Lexington Public Library, Eagle Creek Branch

**Thurs. Oct 16, 1:00 – 4:00**  
Lexington Public Library, Main Street Branch

**Sat. Oct. 17, 9:00 – Noon**  
Lexington Public Library, Beaumont Branch

The second wave: The Lexington-Fayette County Health Department will provide free H1N1 vaccines starting in late October or early November. The Health Department will distribute the H1N1 shots through its locations and other public locations as described above.

H1N1 vaccination is targeted to pregnant women, people between the ages of 6 months and 24 years, people who live with/care for children younger than 6 months of age, people ages 25 to 64 with chronic health disorders or compromised immune systems, and healthcare and emergency services personnel.

Remember, the H1N1 vaccine is not a substitute for the traditional seasonal flu shot! ☆

## Please answer the call

The evening of October 22 will find Lexington Chapter of Hadassah volunteers on the phone for the organization's annual Donor Phonathon. Through the generosity of its members, Hadassah creates miracles every day. In the United States, Young Judea offers a three-fold approach through camps, local activities, and Israel programs to help American Jewish youth become familiar with their heritage. In Israel, Hadassah researchers have seen breakthroughs in stem cell research in reversing the effects of debilitating diseases such as Parkinson's, multiple sclerosis, and spinal cord injuries and degeneration. Hadassah College Jerusalem, Youth Aliyah, and Hadassah Medical Centers at Ein Karem and Mt. Scopus fulfill Hadassah's mission of educating and healing the Jewish people and our neighbors. Hadassah needs the support of each member.

Please give generously when you are called. ☆



# Opinion: There's no blessing for Spam

By Peter Schogol

When I was a kid and people would ask me what I wanted to be when I grew up I would say "thinner." It never occurred to me to answer, "a resident of Lexington, Kentucky and a creative and productive member of its Jewish community." To be honest, all I knew about Kentucky was bourbon, the Derby, and fried chicken. At least I knew where it was on a map; most of my friends didn't know Kentucky from Kansas.

I moved here in 2000 to be with my new partner and quickly found a job as assistant to the pastor of a well-heeled Lexington church. Before leaving New York I had been employed by his denomination in various capacities for about twelve years. Even though many New York Jews over the years had sought social approbation by converting to this faith, every so often I would get asked how I managed to get these jobs (as if I were some kind of undocumented alien) and I would invariably point to the cross and say, "He gave me a good reference." So I figured that with all my street cred as a gay I would have no problem with my new position.

The pastor in question had a few problems with me, however. He didn't like Israel and extended that dislike to me, assuming—as many do—that all Jews automatically rubber-stamp every action Israel takes. He also was something of a "weightist," constantly asking me if I found the environment comfortable for someone my size. I really wanted to tell him that if he removed the harpoon I shouldn't have any trouble fitting in the cubicle he assigned me, but I needed the job and kept my blow-hole shut. When it became apparent that Ahab and I didn't see eye to eye, I found another job as a 911 operator for Lexington-Fayette.

Around this time I gave some thought to religious affiliation. I knew next to nothing about Adath Israel and Ohavay Zion and I believed that all of Lexington's Chosen could be found in the Yellow Pages under "Jew." I was too intimidated to approach the rabbis as I was gay with a gentile partner, had no synagogue skills, was not an unqualified supporter of Israel, and most of all wasn't on speaking terms with the Eternal. I knew there were others like me, that I just had to find them. I started with the usual places: Unitarian Universalist churches, Quaker meetings, Buddhist temples, library book sales, farmers markets, and Chinese restaurants. Everyone I met, though, shared a basic anti-Judaic viewpoint. They were okay with being Jews as long as they didn't have to be with other Jews unless those were Jews who didn't like to be with other Jews. They tended to form sub-cultures within their larger contexts where they could kvetch simultaneously about Jews who go to shul and the gentiles whose contexts they had crashed. It felt like nothing so much as being with the passengers on the first-class deck of the *Titanic*.

For a number of years I would alternate between these groups and keeping my own company but there was a call to move along, to engage myself, to stop comparing myself to better-adjusted Jews, Jews who brokered power, Jews whose opinions were listened to (if not respected). It was time to get serious. Unfortunately, my work schedule was more conducive to a Christian's getting serious,

as at the time I worked Fridays and Saturdays. I didn't know how to get serious and I was getting frustrated.

One Friday night on a break I found myself at Kroger in search of Diet Green Tea when I saw the sun set. Normally I don't pay attention to the physical passing of time, preferring clocks and calendars to bookmark my days. Still, the transition to darkness was dramatic and it triggered a recollection, much as the smell of a grade school stairway brings back memories of childhood. It was Shabbes and I had to do something. I rushed into Kroger, bypassed the Green Tea, swung around the corned beef hash and Spam—nearly colliding with the 5-for-5 ravioli—down the international foods aisle hoping to find Sabbath candles, memorial lights, anything I could fire up in my car while I said the *brakha*. As luck would have it, the only candles I could find were huge and pink and bore an image of Our Lady of Guadalupe. Out of time, out of luck, and unaccountably anxious I grabbed for the first thing that

**Holding in each hand a bottle of Manischewitz Reduced Sodium Borscht I wailed, "O Thou In Whom I'm Fairly Sure I Don't Believe, it's the Sabbath, and I'm homesick."**

made sense. Holding in each hand a bottle of Manischewitz Reduced Sodium Borscht I wailed, "O Thou In Whom I'm Fairly Sure I Don't Believe, it's the Sabbath, and I'm homesick. I've left the security of the Lower East Side. I have no friends here. I don't even like borscht. Help me get the hang of this Jewish thing."

I now attend the Saturday morning studies at Adath Israel, the occasional Sabbath service at Beth Adam in Cincinnati (a humanistic congregation), and gatherings of a secular havurah in Louisville. It's a bit scattershot, but for the first time in Lexington I feel connected. However, in the spirit of Jewish theologian Franz Rosenzweig—who, when faced with the mitzvah of kashrut said, "Not yet!"—I still watch for sales on cans of Spam. ☆

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## Genetic counseling: Your family's past meets the present

We all carry changes in our genes that may lead to disease. Most of us never have the opportunity to have these changes identified and therefore to take steps to decrease our risk for disease. Genetic counselors are working to change that. For a few conditions, we can piece together clues from family history, ethnicity, and genetic testing and warn individuals of their disease risk.

Ethnicity is a clue we often use to guide our genetic risk assessment. The Ashkenazi Jewish population has an increased risk for various conditions over other Americans. This population is at increased risk for breast, ovarian, and colon cancer. This is because individuals of Ashkenazi Jewish descent have an increased incidence of mutations in various genes, including BRCA1 and BRCA2. These two genes protect us from breast and ovarian cancer. The risk for any American to have a BRCA1 or BRCA2 mutation is approximately 1 in 500, but the risk for an individual of Ashkenazi Jewish descent to have a mutation in one of these two genes is 1 in 40. These genes confer a very high risk for early onset breast and ovarian cancer, which can often be prevented in individuals who are aware of their genetic status.

Individuals of Ashkenazi Jewish descent are also at increased risk for a group of genetic disorders that are often debilitating or fatal in childhood (for example, Canavan disease, cystic fibrosis, Tay Sachs disease). These conditions can be seen in individuals of non-Jewish descent, but they are much more common in individuals of Ashkenazi Jewish ancestry.

Shannon Morrill-Cornelius, MS, CGC is a Certified Genetic Counselor at the Genetic Counseling Center at Central Baptist Hospital. She coordinates the Comprehensive High Risk Cancer Program (CHRCPP) there. Because of this, she sees patients throughout their lifecycle. If you are considering a pregnancy or wondering about a family history of cancer, she can discuss your screening options with you. Whether the condition is cystic fibrosis or breast cancer, early detection and early treatment are often the key to improving prognosis.

Shannon will be speaking at the Temple Adath Israel Sisterhood meeting on Wednesday, March 17, 2010. ☆



## Reflection: Curtain call

By Hanna B. Smith

At the recent shiva for Rae Eldot—may her memory be for a blessing—Marilyn Moonsnick reminisced about her term as Sisterhood president at Ohavay Zion Synagogue in the early 1960s, with Rae as her vice president. Through Rae's fund-raising efforts, Sisterhood was able to replace the worn-out stage curtain in the social hall of the old synagogue building on Maxwell Street with a new curtain in a beautiful patterned fabric.

Not everyone was happy with the new curtain, though, as Rae's daughter, Andrea Doren, reminded Marilyn. Apparently there was a faction that wanted the former red curtain restored. According to Andrea, this faction got its wish on the 100th birthday of Liz Levy, of blessed memory.

Now, I am a relative newcomer to Lexington, having moved here in 1985. Still, I remember the 100th birthday of the late Mrs. Levy. She was a family friend whose sister, Babe Gertzman, had been our landla-

dy in Cincinnati. Mrs. Levy's centennial occurred during my husband's tenure as rabbi of Ohavay Zion in the mid-1980s. It was celebrated in the new building on Edgewater Court.

When my husband and I first arrived at OZS the congregation was still in the Maxwell Street building, and I should have known something about the curtain. Certainly nothing was mentioned at Mrs. Levy's birthday. Not wanting to start an argument at so solemn an occasion as a shiva, I kept silent. In the car on our way home the thought suddenly hit me. If I was ready to argue over shul furnishings with long-time members, then I must feel at home in Lexington!

Fewer people in our mobile society stay long enough in one location to feel at home. For good mental health people need a place where they belong, where they feel accepted. We Jews perforce developed an expertise at resettling by seeking out and contributing to the Jewish communities wherever we found ourselves. When

I interviewed David Wekstein and his late wife Merle in 2007, Merle gave a modern spin to the old problem.

Coming to Lexington as a young wife and mother, Merle wanted her family to develop roots in their new home. Merle first sought out Hadassah, and then became active at Ohavay Zion Synagogue and within the wider Jewish community. Helping to found Jewish Family Services and Camp Shalom are among her many services to the Lexington Jewish community. Merle advised people pressed for time to become involved in the

Jewish community anyway. Even a few hours of service a month leads to meeting people and to becoming anchored in the community.

I felt good that evening at Rae's shiva, even as I left a house of mourning. The good feeling continued as my husband and I ran into an acquaintance at the Sahara Restaurant, Gary Harris from Temple Adath Israel. Gary introduced us to his dinner guest, a Catholic priest who is serving a parish in this area. A rabbi and a priest met in an Arab restaurant... but that is another story! ✧

### Ask a rabbi (from page 7)

So, it is a matter of tradition. It is a matter of keeping our tradition relevant. Moreover, affiliation is a matter of recognizing that whatever labels we wear, the truth about who we are stands with... where we stand. Owning a Picasso to say that one owns a Picasso means a whole lot less spiritually than owning a print of a Picasso, chosen from a favorite period of his work or culled from the many social commentaries that he painted.

I cherish my affiliation beyond my position. In this transient world, my children and I have family—even

here where I did not grow up, and where I moved knowing nobody. Notice, for the record, with all of this, though I am deeply faithful, I listed lots of reasons that had nothing to do with religion per se. Certainly our connection to Torah is, in my opinion, something to be cherished, honored, and secured for the future. And everyone uses God as a reason to join; I think it is a great reason, but there is so much more.

I hope this helps. Call any one of us, maybe we can answer more pointed questions as well. ✧

## COOL FACTS ABOUT ISRAEL

CACHE OF 120 COINS FROM ROMAN PERIOD DISCOVERED IN JUDEAN HILLS



Jerusalem, Israel - 11 September 2009 - Archaeologists from Hebrew University and Bar-Ilan University uncovered a collection of coins and other artifacts from around 135 AD in a cave in the Judean Hills - the largest such find from this period.

The objects are believed to have belonged to Jews hiding out in the cave during the Bar Kochba rebellion of 132-135 AD.

They prove definitively the theory that Jews found refuge in the Judean Hills during that time period. They also help further historians' understanding of the Jewish presence outside of Jerusalem during the Roman occupation of Israel.

The gold, silver and bronze coins were found in excellent condition, helping archeologists to determine their age and use. Most were Roman manufactured, but insignias imprinted by the Jews could be clearly seen. The Jewish fighters dated the coins with the years of the rebellion and imprinted images of Jerusalem, presumably to help spread the message of the rebellion via currency exchange. Other artifacts found at the site included iron weapons, storage jars, oil lamps and glass bottles.

The Bar Kochba Revolt was the last of the wars between Jewish and Roman forces that took place during the first and second centuries AD. Led by Simon Bar Kochba, the rebellion attempted to force out the Romans from the land of Israel. Bar Kochba managed to establish a Jewish state over parts of Judea during the years of his leadership. While Jewish fighters were able to inflict heavy casualties on the Roman Army, they were eventually defeated in 135 AD.

For more information, visit [www.goisrael.com](http://www.goisrael.com) or contact Julie Cooper, Director of Public Relations at (312) 803-7077 or [juliec@imot.org](mailto:juliec@imot.org)  
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## Have a question? Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to [di-ifr@bardstown.com](mailto:di-ifr@bardstown.com) and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered—or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

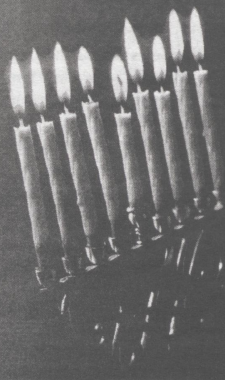
CKJF's Annual

## Winter Dinner

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## Bipartisan congressional leadership and administration show strong support for preventing nuclear armed Iran

Washington, D.C., September 10, 2009 – In a unified showing of bipartisan Congressional support for stopping Iran from acquiring nuclear weapons capability, both Democratic and Republican leadership called for increasing pressure on Iran and pushing forward the Iran Refined Petroleum Sanctions Act, H.R. 2194, at the National Jewish Leadership Advocacy Day on Iran held today in Washington, DC. Senior Administration officials also

delivered off-the-record briefings on Iran and the dangers posed to the region and around the world. In his remarks, Rep. Howard Berman (D-CA), Chairman of the House Committee on Foreign Affairs, said, "Absent some compelling evidence as to why I should do otherwise, I will mark up [the Iran Refined Petroleum Sanctions Act] next month and begin the process of tightening the screws on Tehran."

Rep. Steny Hoyer (D-MD), House Majority Leader, Rep. John A. Boehner (R-OH), Rep. Eric I. Cantor (R-VA), House Republican Whip, Rep. Nita Lowey (D-NY), Foreign Operations Appropriations Subcommittee Chair, and Rep. Ileana Ros-Lehtinen (R-FL), Republican Ranking Member, House Foreign Affairs Committee, also addressed the national and community leaders gathered at the Sixth and I Historic Synagogue in Washington.

armed Iran threatens fundamental U.S. national interests."

Reflecting support for President Obama's position that Iran's acquisition of nuclear arms capacity is "unacceptable," the Advocacy Day was focused on urging implementation of strong economic and diplomatic measures directed at the Iranian regime and the expeditious adoption of key legislative initiatives now before Congress, including the Iran Refined Petroleum Sanctions Act.

The National Jewish Leadership Advocacy Day was organized by the Inter-Agency Task Force on Iran, which includes the Conference of Presidents of Major American Jewish Organizations, the Jewish Council for Public Affairs, UJC/Federations of North America, and NCSJ. Advocates on behalf of Jews in Russia, Ukraine, the Baltic States and Eurasia, as well as numerous national Jewish organizations and friends of the community. ☆

More than 300 leaders of national Jewish organizations and 30 communities met with large numbers of members of Congress to encourage the Administration to take full advantage of the tools provided by the proposed legislation to advance the international effort to prevent Iran from gaining a nuclear arms capability. In opening the day's proceedings, Joe Kanfer, Chair, UJC/The Jewish Federations of North America, commented that "We come to our nation's capital not only as Jews, but as Americans, because a nuclear

## Rubin family hosts camp staff for pool party

By Jana LaZur

This year of camp featured mild summer weather and many avid campers. Every year, it seems we cannot outdo the one before, but each time we say again, "It was the best year ever!"

Barbara Rubin was so inspired as a parent/volunteer that she offered to throw an end of camp bash at her house. The staff had fun together one last time before going back to school: pizza and a pool were wonderful, and the company even better. Thank you to the Rubin family—Mark and Barbara as well as campers Seth and Abigail—for their generous hospitality.

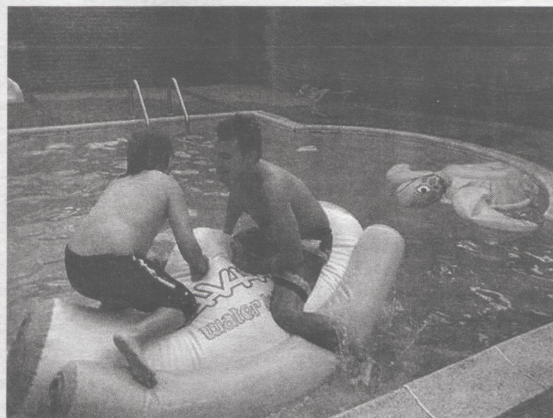
The event illustrated that Camp Shalom and Camp Gesher are more than just camps, they're opportunities for community gathering: for people of all ages to create memories that will last a lifetime. With an aver-

age of 100 years of experience among our staff, it's no surprise that we met the challenge of holding camp at two different campsites, accomplished our first ever out-of-town weekend Gesher field trip, and hosted 70 campers the second week. Our ten new CITs shifted from the status of camper to staffer with ease. Thank you to all our staff for a job well done this summer. Hope to see you all again next year.

Watch *Shalom* over the winter for announcements, sign-up forms, hiring requests, and winter gathering announcements. Our opening meeting will be late November or early December. Email [campshalom@jewishlexington.org](mailto:campshalom@jewishlexington.org) to sign up, or call (859) 268-0672 with any questions or suggestions. ☆



Republican Whip Eric Cantor (R-VA) and House Majority Leader Steny Hoyer (D-MD) demonstrate bipartisan support for preventing a nuclear armed Iran at the National Jewish Leadership Advocacy Day on Iran in Washington, DC. Other participants included Rep. John A. Boehner (R-OH), House Republican Leader, Rep. Howard Berman (D-CA), Chairman of the House Committee on Foreign Affairs Rep. Nita Lowey (D-NY), Foreign Operations Appropriations Subcommittee Chair, and Rep. Ileana Ros-Lehtinen (R-FL), Republican Ranking Member, House Foreign Affairs Committee. Photo: Ron Sachs/CNP



Camp Shalom counselors enjoying post-camp pool party.

CKJF's Day of Giving is now the

# Tzeason of Tzedakah



Volunteer during the month of December.  
Additional volunteer opportunities available!  
Contact Jana LaZur at 268.0672.



## B'tayavon (Hearty Appetite)

By Ruth Poley

### Harvest treat for Sukkot

The seasons do keep rolling around and here we are at fall once more. This is the time of year that always makes me want to start cooking again. Sure, I make things in the summer time but, to my mind, summer food is not real cooking. Soups, stews, cakes—those are the things my thoughts turn to as the weather starts to cool. This month I'm giving you a recipe for a wonderful sweet loaf that always draws raves. I should start by telling you not to let the name turn you off. I am not a lover of pumpkin desserts. Neil is, and over the years I have tried innumerable recipes for pumpkin cakes and pies and never found one I liked. Consequently, Neil does not get his pumpkin pie itch scratched by me. And you will never find pumpkin pie at my Thanksgiving table. This loaf, however, is rich, sweet, delicious, and absurdly easy to make. Sometimes I make three bowls simultaneously and then, instead of baking them in full-size loaf pans, I make five or six smaller loaves to give as gifts. ☆

#### Pumpkin Bread

- 1 2/3 cups unsifted flour
- 1/4 teaspoon baking powder
- 1 teaspoon baking soda
- 3/4 teaspoon salt
- 1/2 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1/2 teaspoon cloves
- 1 1/2 cups sugar
- 1/2 cup salad oil
- 1/2 cup water
- 2 large eggs
- 1 cup canned pumpkin (not pumpkin pie filling)
- 1 cup chopped dates (available in packages already chopped)
- 1 cup chopped walnuts

Grease and flour a 9 x 5 x 3 inch loaf pan. Stir together everything but the dates and nuts. Beat at medium speed until smooth and blended, about 2 minutes. Stir in nuts and dates. Pour into prepared pan and bake at 350° for 1 1/2 hours or until a toothpick inserted in middle comes out clean. If you're making smaller loaves, bake for about an hour and then test for doneness. If not quite baked, check at five minute intervals until the tester comes out clean. Cool completely before wrapping.

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at [rgp@insightbb.com](mailto:rgp@insightbb.com).

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The CKJF Equine Division annual reception will be  
Tuesday, October 20, 2009  
from 5:30 - 7:00 p.m. at Sainesway Farm

We will be honoring **Betty & Warren Rosenthal** for their  
service to the Equine Division, CKJF and Ben Yakir.

Our guest speaker will be **Savriel (Gabi) Azulay**  
Director of Horseback Riding Therapy at Ben Yakir Youth Aliyah Village

Please contact Judy Wortman for additional information at  
(859) 268-0672 or [ckjf@jewishlexington.org](mailto:ckjf@jewishlexington.org).

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Central Kentucky  
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12 | October 2009 Shalom



The Campaign Committee of  
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Refreshments will be served.



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Today, a small community of Jews remains in Yemen.

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CKJF has sent financial assistance to those Yemenite Jews who will move to the United States. Please help us recoup the cost of this act of *tzedakah* by sending in your donation. We currently have \$104 of our \$500 gift.



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Dr. Allen Brenzel

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Fayette County Extension Office  
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Light supper will be served.  
RSVP to 269-8244 by October 5.



*This presentation is open to the entire Jewish community.*



## UK ag school recognizes student for contribution to CKJF camps

By Katie Pratt

Incoming University of Kentucky freshman Tyler Nelson had no idea she was passionate about insects until she attended the Kentucky Forest and Entomology Leadership Program two summers ago. Now, she shares her love of bugs as a camp counselor at Camp Shalom, the Central Kentucky Jewish Federation's summer camp.

"The most exciting thing for us is when somebody like Tyler comes to our camp, doesn't know that much about insects, and leaves with enough knowledge to go teach it to someone else," said Blake Newton, entomology extension specialist in the UK College of Agriculture. "To me, that's one of the true aims of extension—to send out people, almost like an army of teachers, who can go out and spread more knowledge."



Tyler Nelson with curious kids at Camp Shalom.

The Kentucky Forest and Entomology Leadership Program is a week-long, overnight camp where UK forestry and entomology specialists teach high school students about issues in entomology and forestry. Campers choose their area of concentration, but by the end of the camp week, they have a better understanding of both subjects and their relationship in nature. In addition to forestry and entomology, the campers learn about many other environmental topics from UK and state specialists in areas such as water education.

"These young people have some interest in nature and come to us with a background in basic biology," said Doug McLaren, UK extension forestry specialist and camp coordinator. "At this camp, they have an opportunity to see how everything is integrated together and how one thing affects another in nature."

Camp participants who attend one section of the camp may want to attend the other next year. Nelson attended both and was attracted to the study of insects after she learned about the vital roles they play in nature.

"If you think about it, bugs are a lot different than anything else," she said. "They live almost everywhere in the world and eat anything. If they died, we would have a huge, catastrophic breakdown of every system on Earth."

Currently, she teaches about 80 young people at Camp Shalom about teva, or nature. Using materials she has amassed, she teaches campers how to use a microscope and collect insects and other creatures at the campsite. Each of the past two years, she has invited Newton to talk to the campers about insects and bring UK's insect zoo for them to see.

Campers study teva in the mornings; some participants elect to attend more in-depth sessions in the afternoons. Even though it only began four years ago, teva quickly became the most popular elective among Camp Shalom campers.

"Tyler has a lot of enthusiasm, and she sparks the campers," said Jana Lazur, activities director for the Central Kentucky Jewish Federation and Camp Shalom.

"Tyler had an interest in nature and wanted to take advantage of the natural environment of the camp," said Kathy Feinberg, Camp Shalom director. "So she went out and caught things in the stream and brought back bugs. She was like the Pied Piper, the campers just followed."

The Kentucky Forest and Entomology Leadership Program is open to high school students who have completed their freshman year. While this year's Kentucky Forest Entomology Leadership Program has already occurred, it's not too early to think about next year's camp, which is scheduled for May 31 through June 4 at the Lake Cumberland 4-H Educational Center in Jabez. The camp is limited to 25 campers and spots are filled on a first come, first served basis. Interested individuals can contact McLaren at (859) 257-7203 or Newton at (859) 257-7453 with any questions about next year's camp.

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Contact Tamara at (859) 268-0672 or tamara@jewishlexingtonron.org

**Are you on CKJF's email list?**

We send updated announcements and special event details weekly to those who wish to receive them.

Send Tamara Ohayon an email if you would like to join the list.  
tamara@jewishlexington.org





CKJF is pleased to announce that we are now accepting donations for special occasions in honor or memory of important people in your life.

What an excellent way to both celebrate your loved ones and support the Jewish community at home and abroad.

Send us your special contributions with a note specifying the intent of your donation and let us know if you would like your contribution published in *Shalom*.

Thank you for your support of the 2009 CKJF/UJC Community Campaign

Thank you to:

M.B. and Edna Zale Family Foundation for their donation in honor of Emily Falik's birthday.

Evelyn Dantzig Geller for her donation allocated to Jewish Family Services for the following:

- the recovery of Judy Wortman's husband
- the success of Linda Ravvin's surgery
- the election of Dr. Robert Baumann, Professor of Neurology and Pediatrics at the University of Kentucky, to the Board of Directors of the American Academy of Neurology
- the selection of Dr. Francie Chassen-Lopez as the 2009 Distinguished Professor of Arts and Sciences at the University of Kentucky
- the award to Dr. Michael Rie, Associate Professor of Anesthesiology at the University of Kentucky, the Grenvick Family Award for Ethics from the Society for Critical Care Medicine
- Ricki Rosenberg for receipt of the CKJF President's Award
- Dr. David Feinberg for receipt of the CKJF Volunteer of the Year Award
- Kathy Feinberg and the Camp Shalom/Camp Geshet staff and volunteers
- Judy Wortman, our new CKJF director, and our CKJF/JFS staff and volunteers



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Director of the Horseback Riding Therapy Program at Ben Yakir Youth Aliyah Village

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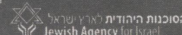
Contact Judy Wortman to RSVP or for more information. (859) 268-0672 or [ckjf@jewishlexington.org](mailto:ckjf@jewishlexington.org).



### Gavriel Azulay

Gavriel grew up in Sderot, the youngest of seven sisters and one brother. After serving as a paratrooper and combat medic in the Israeli Army, he studied alternative medicine, specializing in nutrition, vitamins and minerals, and western healing plants. His dream was to start a horseback therapy program in Sderot; then the director of the Ben Yakir village asked him to lead their horseback riding therapy program.

"Many of the teenagers at Ben Yakir have so many failures during their young lives. They are afraid to trust, afraid to try, and have lost their belief in others. Working with horses gives these kids the chance to open up, to connect, to believe in themselves," says Gavriel. "It is a process that takes time, but when we see the results, it is incredible."



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## The Lexington Chapter of Hadassah

Lynn Furness, President

This month we celebrate the Festival of Sukkot, the holiday that commemorates the 40-year period during which the Jews wandered in the desert, living in temporary shelters. Thus, during Sukkot, which in Hebrew means "booths" or "huts," we build and dwell in temporary, fragile structures—sukkot (plural of sukkah). Most people fulfill the commandment of dwelling in a sukkah by eating their meals there, although some sleep in the sukkah as well.

A contemporary joke summarizes Jewish holidays this way: "They tried to kill us, we survived, let's eat." But unlike many Jewish holidays, where we celebrate surviving attacks from our enemies, during Sukkot we celebrate our sustenance and our gratitude and joy at being sustained. Sukkot is actually one of the most joyous of the Jewish holidays, and is sometimes referred to as *Z'man Simchateinu*, the Season of our Rejoicing.

Welcoming guests is a time-honored tradition in Judaism, and on Sukkot there is a special emphasis on hospitality. Much of the joy of Sukkot comes from inviting guests to share meals in our own sukkah. Sukkot celebrates our unity as a people, for as the Talmud says, "It is fitting that all Jews eat in one sukkah." (Sukkah 27b) The values of sharing and inclusiveness are so integral to Sukkot that the holiday also goes by the name *Chag Ha-asif*, the Festival of the Ingathering.

As we begin our Hadassah programming year and reflect on the significance of Sukkot, it is a perfect time to reach out and invite new people into Hadassah. Just as tradition teaches us that Abraham and Sarah had an opening on each side of their tent so that travelers could come in from any direction, Hadassah offers many channels to draw women (and men as Associates) into our work: our love for Israel, our commitment to medical excellence, our advocacy efforts in the United States, and our open door to women and men in hundreds of communities across the country. This month, let's make a special effort to invite them in.

May your sukkot and your lives be overflowing with guests and joy during this special season. ☆

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## The Lexington Havurah

Judy Goldsmith, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibilities for all services. For additional information about services or membership in the Havurah, please contact me at (859) 269-7218, [goldsmith@cs.uky.edu](mailto:goldsmith@cs.uky.edu), or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, [evelynkadimah@aol.com](mailto:evelynkadimah@aol.com), or David Feinberg, (859) 223-1304, [kdfjm@insightbb.com](mailto:kdfjm@insightbb.com).

The Lexington Havurah always amazes me. A group of people whose training ranges from "I flunked Hebrew School" to "I am a rabbi" gets together and puts on fabulous, moving, joyful services. This year was no different from others, except in the particulars: the sermons were once again moving, but I was moved in slightly different directions than by the ones last year. The shofar shook me, down to my roots. The singing lifted me up, particularly during Kol Nidre. What a treat to have a trained musician. (Thanks, Larry!)

We talk a lot about herding cats. A Havurah board meeting can be a thing to behold. I remember one particularly controversial suggestion (I lie—I don't remember the suggestion, just the reaction): I looked around and each board member was explaining, with great animation, why their position was the only logical one. Such gesticulating! Such convincing prosody! And yet, we are able to work together to pull off the best High Holiday services I've ever attended.

Our next service will be the annual Soup in the Sukkah, at my house on Sunday, October 4, 5:00 to 7:00 p.m. For years, the Havurah had a potluck soup process. Everyone was supposed to bring an ingredient, and we created soup. Two soups, usually—one with tomatoes, one without. But talk about metaphor there! (Okay, I won't.)

I don't know whether it was the raw garbanzos someone brought once that did this tradition in, or whether we are just taking a break. Blame it on global warming; sometimes Sukkot is too warm to make soup appealing. This time we are having pizza in the hut. (Sorry. But really.) People are invited to bring a topping

(dairy, please!). The Havurah will supply dough, sauce, and basic cheese. We'll assemble and bake. There will be an education program as well, with Iranian-born David Shakib as our speaker. And, of course, there will be good conversation. The Havurahniks are fascinating people, and the conversation is always good.

You don't need to be a member to join us for any of our services or educational programs. Educational programs will include Israeli movies, talks, and discussions—whatever our education committee cooks up. If you want to suggest or offer a program, contact Judy Saxe or Larry Bitensky. And feel to call me at (859) 338-5725 for more information about the Havurah or about a particular event.

Correction from the last issue: Lynn Furness is Havurah membership chair. ☆



## Temple Adath Israel

124 N. Ashland Avenue • President, Samye Miller Stith • (859) 269-2979

### Blood and Bagels

Temple Adath Israel's annual blood drive will be held Sunday, October 11, from 9:00 to 1:00 p.m. at Temple. This is a mitzvah that literally saves lives. Many sick and injured people desperately need blood (giving is quick and painless.) Donors are asked to sign up in advance. Walk-ins are welcome, but sign-ups will get priority if there is a wait. Best of all, donors will feast on bagels and lox and other tasty treats. Don't assume that you cannot give because of some medical condition or circumstance. The rules are complicated; no harm in asking blood center personnel whether or not you can give: the answer may surprise you.

### Chavurat-Chochma (A Friendly Gathering of Wisdom)

We will meet on Friday, October 30, 2009 at 11:30 a.m. While invitations are sent to members of the congregation 60 years old and more, all are welcome! We meet most months to schmooze, nosh (lunch), and share our wisdom.

### Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Among these are spirituality, the nature of God, biblical and traditional injunctions and laws, Jewish history, principles of the Reform movement, and the relation of Judaism to Christianity, Islam, and Buddhism. Drop in the library on alternate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. **October 3, 17, & 31**

### Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the library. **October 10 & 24**

### God's Pantry Night on Tuesday

Please join representatives from the entire Jewish community at God's Pantry on the third Tuesday of each month, from 6:00 to 7:30 p.m. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. For more information and directions, please contact Karen Petrone at (859) 226-9145 or Petrone@uky.edu. Join us on **October 20, 2009**.

### 2009-2010 Temple Mini-U Courses

Temple Adath Israel's "Mini University" is now enrolling for classes for the Fall 2009 term. Mini U courses emphasize discussion and hands-on activity, with short readings to be done in class. No prior knowledge of the subject matter is necessary—just a willingness to participate in conversation about a subject that interests you.

You may take as many Mini U. courses per academic year as you like. The one time registration fee of \$18.00 covers all courses for the 2009-2010 academic year (though some courses may charge additional fees for class materials). Enrollment is open to the entire Jewish community. Here

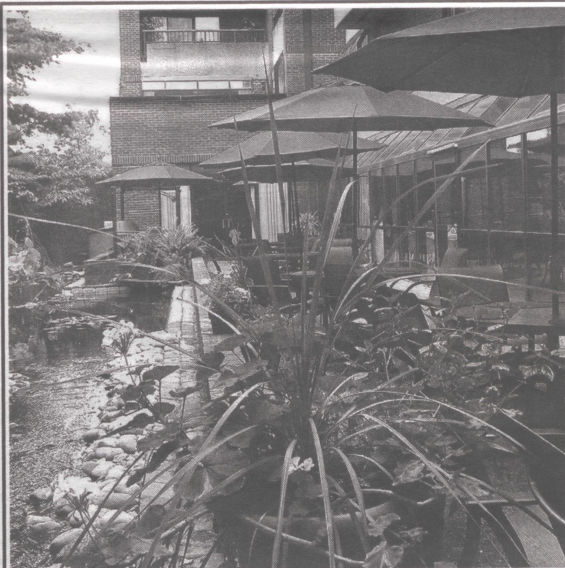
are the courses offered for the Fall 2009 term:

**Pre and Post Retirement Planning with Ben Kaufmann (Mondays, 7:00 pm at TAI, Oct. 19, 26, Nov. 2, 9, and 16; enrollment limit: 20)**

**Pies and Pastries with Eden Myers (Sundays, 6:30 pm at TAI, Nov. 15, Nov. 22, Nov. 29, Dec. 6, Dec. 20, Dec. 27; an additional \$20 per student for ingredients, enrollment limit: 10; childcare can be arranged with advance notice).**

To enroll, or if you have any questions, contact Ken Slepyan at kslepyan@transy.edu or call at (859) 226-9145. (Do not call the Temple.) You may enroll at any time, but the sooner the better to guarantee your place. Please make checks out to "Temple Adath Israel" and write on the memo line "Mini U."

Views expressed by Mini U instructors are their own and do not necessarily reflect those of Temple Adath Israel. ☆



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# Ohavay Zion Synagogue

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## OZS Adult Education

OZS is proud to present the following Adult Education classes taught by Rabbi Smolkin:

### The Prayers of Shabbat (Sunday Mornings: October 18-December 13)

This class will explore the prayers of Shabbat. What are we saying? Why are we saying it? And how can we use these ancient prayers to connect with God today? There will be an extra skills class, just before the main class, for anyone who wants to get more comfortable with the Hebrew texts themselves. We will use the synagogue's prayer books. Coffee from 10:00 to 10:15 a.m., Skills Class from 10:15 to 10:45 a.m., Main Class from 10:45 to 11:30 a.m.

### The Weekly Torah Portion (Sunday Evenings)

Join us as we unlock the secrets of the Torah. For thousands of years, this text has guided our people. It has been a *Ner Tamid*, a continual light, shining meaning into our lives. Come and explore what it can mean for you today. We will use the synagogue's Etz Hayim Torah text, primarily in the English translation, 7:00 to 8:00 p.m.

### The Writings of the Bible (Wednesday Middays: October 21 - December 16)

The Hebrew Bible comprises the Torah, the Prophets, and the Writings. In this class, we will explore this final section of the Bible: The poetry of the Psalms, the misery of Job, the sensuality of Song of Songs, the musings of Ecclesiastes, the loyalty of Ruth, the adventures of Daniel, and others. Please bring a Bible with English translation to class and a dairy lunch if desired, 12:00 to 1:00 p.m.

### Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m. followed by a light breakfast and study. Newcomers are always welcome!

### Weekday Minyan

Our daily minyan is held each Tuesday and Thursday Afternoon at 5:45 p.m. in the Sanctuary. Please come and help make a minyan!

### D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS library (or outside when the weather is nice). The brief afternoon/evening minyan follows in the sanctuary from 5:45 p.m. to 6:15 p.m. A great way to end your day!

### Tish Gathering with Rabbi Smolkin

*Tish*, n. (Yiddish, fr. German Tisch, table): a gathering around the rabbi's table, usually on Shabbat, often with singing, story telling, or discussion. Each event will have a different topic to be announced in advance. Watch the OZS website (<http://www.ozs.org/>) for the coming months' *Tish* schedule and topics.

## UK to present talk on Jesus in modern Hebrew literature

Dr. Neta Stahl of Johns Hopkins University will give a lecture on Monday October 19 at 8:00 p.m. in the Singletary Center, University of Kentucky. Her title is "The Homecoming of the Other: Representations of Jesus in Twentieth Century Hebrew Literature." She will be looking at the literary and rhetorical devices which modern Hebrew authors have adopted to appropriate the figure of Jesus, who has traditionally been conceived of as the ultimate Other in pre-modern Jewish literature. The talk is based on her Hebrew book *Tzelem Yehudi: Yitzugav shel Yeshu basifrut halvrit shel ha-Mea ha-Esrim* (Tel Aviv, 2008). ☆

## Tot Shabbat

Starting in November, OZS will offer a Shabbat service for families and young children. Come join us as we sing songs and share stories. Please watch the website (<http://www.ozs.org/>) for schedule details. USY The USY Fall Boards/Freshman Kinnus are October 15-18 in Toledo, Ohio.

## October Shabbat and Holiday Schedule

Celebrate Shabbat! The Friday night and Sukkot schedules for October are:

- October 2: Minhah/Erev Sukkot/Kabalat Shabbat service begins at 5:45 p.m. at OZS.
- October 3: Shabbat/Festival Morning Service at 9:45 a.m.; Minhah Festival Service at 5:45 p.m.
- October 4: Festival Morning Service at 9:45 a.m. at OZS
- October 9: Minhah/Festival Evening/Kabalat Shabbat Service begins at 5:45 p.m. at OZS.
- October 10: Shabbat/Festival Morning service at 9:45 a.m. at OZS; Erev Simchat Torah
- October 11: Simchat Torah at 9:45 a.m. at OZS
- October 16: Matthew Feinberg Bar Mitzvah-Friday Shabbat Service begins at 5:45 p.m. at OZS
- October 23: Kabbalat Shabbat service begins at 5:45 p.m.
- October 30: Family and Friends Shabbat at Home.  
No scheduled OZS service.

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:45 a.m. with Kiddush Lunch following in the Social Hall.

## Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion, please call Simone Salomon, Membership Chair, at (859) 269-1585. ☆

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Five Minutes from UK



## Around the Community

**Please note:** Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement, except for b'nai mitzvot; we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to [DI-IFR@Bardstown.com](mailto:DI-IFR@Bardstown.com). Remember, we welcome photos, too!

### Mazel Tov to...

**Marshall Roorda** on becoming a National Merit Semifinalist. Marshall is the son of **Randall Roorda and Susan Cobin**.

**Aaron Davidson** on becoming a National Merit Semifinalist. Aaron is the son of **Jeff Davidson and Janet Tamaren**.

### Bnai Mitzvah...

**Sara Rose Cereel Suhl**

**Sara Suhl**, daughter of **Dr. Jeremiah Suhl and Dr. Sylvia Cereel-Suhl**, will embark on the path toward adult Jewish life when she is called to the Torah at Temple Adath Israel on October 24, 2009. Her



Sara Suhl

older brother, **Adam**, will join in the celebration.

Sara is currently a seventh grade student in the Lexington School. She says she "really likes all subjects," but that she is particularly intrigued by writing and reading. She also likes listening to stories and studying history to learn about other cultures. Her extracurricular activities include running both track and cross country.

Outside of school, Sara enjoys acting and is involved in children's theater and other acting groups. Sara participates in dance groups and rides horseback. She does a great deal of reading at home and in the library.

For her Mitzvah Project, Sara sings and generally helps at Best Friends, a group for people with Alzheimer's Disease. She reports that this activity has been "very fun. This has been a really wonderful experience and a great way to relate to the community and learn about my culture."

### Matthew Feinberg

**Matthew Feinberg**, son of **Dr. David and Kathy Feinberg**, will embark upon the road toward adult Judaism when he is called to the Torah as a bar mitzvah at Ohavay Zion Synagogue on October 17, 2009. His older brother, **Jonathan**, will join him in this joyous event.



Matthew Feinberg

Outside of school, Matt likes to bike. This summer he also swam a great deal.

Matthew says, "I haven't figured my Mitzvah Project out yet." He has a couple of ideas that interest him and will decide as soon as possible. He reported that it was "hard but fun preparing for my bar mitzvah."

### Condolences to...

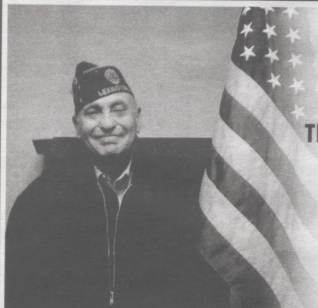
**Audrey Rubin**, wife of **Saul Rubin**, who passed away on September 3, 2009.

The family of **Elliott Marcus**, who died on August 25, 2009.

## Jewish Family Services Upcoming Programs

*jfs*

### Leisure Club



**Pearl Harbor  
Remembrance Prayer**  
with guest speaker  
**Bob Orbach**

**Thursday, November 19  
11:30 a.m. - 1:30 p.m.**

Bella Notte Restaurant  
3715 Nicholasville Road  
Lunch on your own.  
RSVP to Paula Clancy  
at (859)269-8244

Save  
the  
Date!

**Tuesday, December 15  
Hanukkah Party at TAI**  
Good food, great entertainment, and  
first-class company.

For more information about these events,  
to RSVP, or to arrange transportation to  
the event location, please contact  
Paula Clancy at (859)269-8244  
or [jfs@jewishlexington.org](mailto:jfs@jewishlexington.org).

Central Kentucky  
Jewish Federation



## Temple Adath Israel Preschool Newly Expanded Quality Program

for toddlers and preschoolers  
is now enrolling for the 2009 school year.

- Full-day and Half-day programs available (8:00 a.m. - 5:30 p.m.)
- Classes available for children 18 months-5 years of age
- Extended care options daily until 5:30 p.m.
- Foreign language, music and art enrichment programs for all ages
- Nurturing, family environment

CALL: 269-1915

124 North Ashland Avenue  
Lexington, KY

"23 Years of Excellence"





## Community Calendar

**CKJF - Central Kentucky Jewish Federation - [www.jewishlexington.org](http://www.jewishlexington.org)**

1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President

**OZS - Ohavay Zion Synagogue - [www.ozs.org](http://www.ozs.org)**

2048 Edgewater Court • 266-8050 • Beth Goldstein, President

Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday Evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.

**TAI - Temple Adath Israel - [www.lextai.org](http://www.lextai.org)**

124 N. Ashland Avenue • 269-2979 • Samye Miller Stith, President

Shabbat Services first & second Friday at 6:30 p.m., remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.

**HAD - The Lexington Chapter of Hadassah - [www.centralstates.hadassah.org](http://www.centralstates.hadassah.org)**

Lynn Furness, President • [mamanewbs@yahoo.com](mailto:mamanewbs@yahoo.com)

**HAV - The Lexington Havurah - [www.lexhavurah.uscjhhost.net](http://www.lexhavurah.uscjhhost.net)**

269-7218 • Judy Goldsmith, President • [goldsmi@cs.uky.edu](mailto:goldsmi@cs.uky.edu) • Shabbat Services monthly, call for schedule

**BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**

1050 Chinoe Road, Suite 302 • Bruce Broudy, President • [bbrou@lexclin.com](mailto:bbrou@lexclin.com)

| Sunday                                                                                                           | Monday                           | Tuesday                                              | Wednesday                                            | Thursday              | Friday                              | Saturday                            |
|------------------------------------------------------------------------------------------------------------------|----------------------------------|------------------------------------------------------|------------------------------------------------------|-----------------------|-------------------------------------|-------------------------------------|
| Kol Nidre                                                                                                        | Yom Kippur<br>CKJF Office Closed |                                                      |                                                      |                       |                                     |                                     |
| 27                                                                                                               | 28                               | 29                                                   | 30                                                   | October 1             | 2                                   | 3                                   |
| Sukkot                                                                                                           | Sukkot                           | TAI Board Meeting<br>6:30 p.m.<br>OZS Board Meeting  | JFS Family Life Education<br>6:30 p.m. (see page 13) | Shalom Deadline       | Hoshana Rabbah                      | Shmini Atzeret                      |
| 4                                                                                                                | 5                                | 6                                                    | 7                                                    | 8                     | 9                                   | 10                                  |
| Simchat Torah                                                                                                    |                                  | Chabad-Rabbi Litvin visits<br>Hadassah Board Meeting |                                                      |                       | OZS Bar Mitzvah<br>Matthew Feinberg | OZS Bar Mitzvah<br>Matthew Feinberg |
| 11                                                                                                               | 12                               | 13                                                   | 14                                                   | 15                    | 16                                  | 17                                  |
| Rosh Chodesh Heshvan                                                                                             | Rosh Chodesh Heshvan             | CKJF Equine Division Event                           |                                                      | Hadassah Phone-a-thon | TAI Bat Mitzvah<br>Sara Suhl        | TAI Bat Mitzvah<br>Sara Suhl        |
| 18                                                                                                               | 19                               | 20                                                   | 21                                                   | 22                    | 23                                  | 24                                  |
| TAI sisterhood American Girl<br>Luncheon<br>CKJF Benefactors' Event<br>6:00 to 8:00 pm,<br>Portofinos restaurant |                                  |                                                      | CKJF Board Meeting                                   |                       |                                     |                                     |
| 25                                                                                                               | 26                               | 27                                                   | 28                                                   | 29                    | 30                                  | 31                                  |
|                                                                                                                  |                                  |                                                      |                                                      |                       | OZS Smolkin Sub Shabbat             |                                     |
| November 1                                                                                                       | 2                                | 3                                                    | 4                                                    | 5                     | 6                                   | 7                                   |