

Shalom



Volume XV
Issue 7
Elul 5776/
Tishrei 5777
October 2016

Camp Shalom

By Tamara Ohayon



The summer of 2016 brought us another two-week opportunity for fun and Jewish experiences at our community day camp, Camp Shalom. With returning and new staff, a wonderful influx of new campers, new programming, and yet another year on the beautiful Camp Shawano Girl Scout site, we had all the right ingredients to make our 48th season a success.

This year we were very excited to see a big surge of four year olds, which in combination with returning campers bumped up the number of little ones to two thirds of our camp enrollment! This shift in ages meant that some of our groups at camp changed. We added the Soussim (horses) for five and six year olds and combined our Chalutzim, Gesher, and Leaders-In-Training groups into one Gesher unit.

Each morning we gathered together to sing Modeh Ani and a selection of lively camp songs. On Monday of the second week we also started with a brief havdallah service led by Rabbi Cohen. Tuesday of week 1 was filled with Israel-focused activities led by the visiting Tzofim (Israel Scouts) Friendship Caravan and even included a special performance of their touring music and dance show just for us. On Wednesday of the second week we broke up into teams to compete, cheer, and show our ruach (spirit) in our annual Maccabiah. And on Fridays, after a day of Shabbat-focused activities including our own tradition of challah braiding, our last gathering together before dismissal was a meaningful welcoming of Shabbat with Rabbi Cohen.

Both weeks we were blessed with special guests who read stories, led discussions, played games, coordinated cooking or art activities, led special educational activities, or came in to just be an extra hand taking pictures and supporting the staff. Amongst these menschen were Rabbis Shlomo Litvin, Moshe Smolkin, and David Wirtschafter (who also helped lead us in song one morning), Jill Rappoport, Talia Smolkin, Efron Danzig, Marshall Roorda, Katy Brennan, Mimi Kaufman (who spearheaded the bulk of challah making), Malka Hartman (who taught Israeli dancing and helped with challah baking), Amy Faust Mayer (who helped with drama and taking photos), Kathie Kroot, Daniel Baker, and Debbie Masters. Kathy Feinberg even pre-made some challah dough for the kids during week 1. And a special thanks to Victor Orlov who was again kind enough to take group photos and help with our staff CPR and First-Aid certification.

In addition to these highlights, each day was filled with the classic arts and crafts (omanut), nature (teva), cooking (bishul) with staff or guests, water play, and sports (ha-sport). Once again, sports was lead by camper favorite Chaz Foster, who helped the campers learn sportsmanship and physical fitness skills through team and individual games and even some creative new games he invented just for rainy days.

On staff we welcomed Ilyssa Salomon (Ofarim Group Leader), Todd Ryser-Oatman (Omanut/Art Specialist), Hinzee Smith (Counselor), and Rabbi Sharon Cohen (Jewish Program Director) to our team. We were also thrilled to have returning senior staff Danielle Rosenkrantz (Assistant Director), Hanna Martin (Soussim Group Leader), Hannah Gould (Tsofim Group Leader), William Bourne (Gesher Group Leader), Josh Kline (Program Coordinator), Jorge Masson (Nurse), and Charles Foster (Tsofim Co-Group Leader and Sports Specialist). We also had returning counselors Riley Bresnahan (also Teva/Nature Specialist), Maya Creamer (also Drama Specialist), Maya Danzig (Drama Specialist), Andres Gedaly, Max Kaufman, Holly Mattox, and Emily Robinson.

Camp Shalom is not possible without the watchful eye of our dedicated committee—Kristen Hoffman, Leah Murphy, Linda Ravvin, Shayna Sheinfeld, Jill Rappoport and Elissa Weinstein, Chairperson—as well as the Federation board and staff for their support and time helping at camp.

And of course, Camp Shalom would not be possible if it were not for the support of our local organizations and Jewish community: our site hosts, the Girl Scouts of Kentucky Wilderness Road Council and their staff; the Jewish Heritage Fund for Excellence for their financial support to our staff and transportation funds; our local congregations, Ohavay Zion Synagogue for use of their parking lot and facility space on rainy afternoons; and generally both OZS and Temple Adath Israel for their input, rabbinical time, and promotion of camp; our local donors, without whom Camp would cease to run; and most importantly, our Camp parents who have entrusted our staff (*continued on p. 2*)

(*Camp Shalom, continued from p.1*) with the care of their children. Thank you!

Looking ahead to the next two years, Camp Shalom will be working to create an official alumni list with which we hope to prepare for our big 50th Anniversary celebrations in 2018. If you or someone you know would be interested in assisting us with our anniversary events or alumni list, please contact the Federation office right away to get involved!

Introducing Your New Federation Staff

By Daniel Baker and Tamara Ohayon

Jewish Federation of the Bluegrass (JFB) is proud to announce the hiring of two new staff members, Rabbi Sharon Cohen and Daniel Baker. Rabbi Cohen will serve as Director of Adult and Youth Education; Daniel will serve as Director of Marketing, Outreach and Engagement. Tamara Ohayon, previously Assistant Director, has stepped into the Federation leadership role as Executive Director.

Tamara Ohayon grew up in Los Angeles, CA and earned her Bachelor of Arts from University of Kentucky in 2005. Shortly after graduating, she was hired as a Staff Associate for JFB and has since transformed her role multiple times. Having served as Communications Director, Director of Marketing, Outreach, and Engagement, Assistant Director, and Camp Director, Tamara has extensive knowledge of JFB to support her as Executive Director. Tamara and her daughter Rebecca also participate in PJ Library and the many wonderful family programs our community has to offer.

Rabbi Sharon Cohen, originally from Miami, FL, has an extensive background in Jewish studies, having earned a Masters of Hebrew Letters from the University of Judaism (now American Jewish University) in Los Angeles, and a Masters of Rabbinic Literature with a concentration in Jewish Education, and Rabbinic Ordination at the Jewish Theological Seminary in New York. She joined the Lexington community as Rabbi at Ohavay Zion Synagogue (OZS), where she served for 9 years. She currently serves as a Pool Chaplain at St. Joseph Hospital and St. Joseph East. Rabbi Cohen's proudest accomplishments are as a wife to Jeffrey and mom to 3-year-old Jonah and 1-year-old Joshua.

Daniel Baker, originally from Paterson, NJ, and a 2011 University of Kentucky graduate, joins JFB after having assisted with a variety of Federation initiatives, including Yom Ha'Atzmaut festivities and coordinating Young Bluegrass Jews (YBJ) programming. His local involvement came shortly after a Taglit-Birthright Israel trip in 2012. "I fell in love with the Jewish community during my trip to Israel," he said. "I am so excited to give back to the Lexington community through my role at Federation!" He has also been active at Temple Adath Israel (TAI) through Generation TAI, the Temple's chavurah for adults ages 20-40. His role with JFB includes working on Shalom, managing JFB's website and social media accounts, and assisting with YBJ outreach and programming.

Though the staff is small, they are always eager to produce quality programming and services for Lexington's Jewish community. Additional staff members include Talia Smolkin, Director of PJ Library and Outreach; Mimi Kaufman, Director of Jewish Family Services; Barbara Goldman, Shalom Editor-in-Chief; Kathie Kroot, Bookkeeper; and Kasey Hall, Marketing Assistant.

JFB encourages all community members to reach out to the staff to promote events, request information or services, and provide feedback on community programming. For more information about Jewish Federation of the Bluegrass, or to visit our Community Calendar, visit www.jewishlexington.org.

Wine News for the New Year

By Malka Hartman

Trader Joe's, 2320 Nicholasville Road, has a nice selection of kosher wines: Baron Herzog from California, Terrenal from Spain, Chile and Argentina, and Sara Bee Moscato from Italy. Most are kosher-mevushal (flash pasteurized), except those from Spain, which are non-mevushal.

This month's spotlight is on **Baron Herzog**.

The Herzog family has been making kosher wines since 1848, and were royal winemakers to the Austro-Hungarian court. Emperor Franz Josef appreciated the wines so much, he granted Philip Herzog the title of Baron.

During World War II, the Herzog winery was seized by the Nazis. Philip's grandson, Eugene, saved his family from the Holocaust by hiding them in the Slovakian countryside.

In 1948, after the Communist takeover of Czechoslovakia, Eugene emigrated (*continued on p. 3*)

(*Wine News*, continued from p. 2) to America with his wife Sidonia, their six children and two war orphans. They arrived in New York with nothing but the clothes on their backs.

Eugene found a job at a small kosher wine company on Manhattan's Lower East Side, where he was winemaker, salesman and truck driver. His employer often paid him with shares instead of cash. By 1958, Eugene was majority shareholder, and he and his sons purchased the company and renamed it Royal Wine Corporation.

Royal Wine Corporation now has more than one million cases of wine and grape juice in annual sales, and is a leading player in the current kosher wine revolution.

In 1985, the Herzogs expanded to California, where in 2005, they built a state-of-the-art winery and visitor center in Oxnard, near Santa Barbara. Their wines have earned high ratings from wine publications and hundreds of gold and silver medals in competitions.

For pairing with meat and poultry try Baron Herzog Cabernet Sauvignon, Paso Robles, 2014 (the 2012 was "Editors' Choice" in *Wine Enthusiast*) or Baron Herzog Merlot, Clarksburg, 2011 - both \$14.99 at Trader Joe's.

Baron Herzog Jeunesse Black Muscat, California, 2013 is a sweet, deep red wine perfect for spicy dishes, barbecue, or dessert. \$13.99.

Baron Herzog Chardonnay, Clarksburg, 2014 is crisp, refreshing, and goes well with poultry and fish. Serve chilled. \$13.99.

Other wines that may be available at Trader Joe's are Baron Herzog Old Vine Zinfandel and Baron Herzog Sauvignon Blanc.

Israeli Wines at Corner Wine, 855 Euclid Ave.: Recanati Yasmin Red, Galilee, 2014 is sold out, but owner Gary Doernberg will try to order it in time for the High Holidays. 80% Cabernet Sauvignon 20% Merlot, it's a *Wine Enthusiast* "Best Buy" with 90 points! Kosher-mevushal. \$12.95.

Recanati Yasmin White, Galilee, 2015. There are a few bottles left of this 60% Chardonnay 40% Sauvignon Blanc. Kosher-mevushal. \$12.95.

With their beautiful labels, a pair of the red and white makes a nice gift - and supports Israel! Shana tova and....l'chaim!



The October 15 *Wine Spectator* Magazine cover is "Wines of Israel" and features stories on wine and travel in Israel! Take a look: <http://www.winespectator.com/issue/show/date/2016-10-15>

Director's Message

By Tamara Ohayon



Wishes for the New Year

The month of Tishrei is upon us. This period of reflection and renewal at the head of the year gives us an opportunity to make positive change in every aspect of our lives. As your new Federation Director, it is also a perfect time for me to reflect on the Jewish Federation's year so that I may do the best possible job to unite our community in moving forward. This will be done in part by our JFB staff and lay leaders who will carry out and expand on all the programs of Federation.

2016 has brought much change for the Jewish Federation. We are slowly adjusting to the absence of Judy Wortman, who retired this past July. Her seven years of leadership and loving care were invaluable to the organization and moved us in numerous positive directions both fiscally and in broadening our programming.

In July and August we also enthusiastically welcomed two new staff members to our team. Rabbi Sharon Cohen has joined us as our new Adult and Youth Education Director. Rabbi Cohen will be working on many of our regular programs and hopes to add an increased Jewish depth and breadth to everything we do. Daniel Baker is our new Director of Marketing, Outreach, and Engagement and will be working on improving the quality of our print, web and social media channels, coordinating our Young Bluegrass Jews group, and also assisting the staff in all outreach efforts within our Jewish and wider Central Kentucky communities.

5776 was a great program year. Our youth programs, PJ Library and Camp Shalom, welcomed new families and engaged local children in positive Jewish experiences. Our adult learning and community holiday programming continued in their past successes, and our sponsorship and coordination of community-wide events like Yom HaShoah and Yom Ha'atzmaut were again well attended. Our fundraising campaign remains stable and continues to allow us to send financial support to families and communities in need around the world, in Israel, and in areas of crisis. Additionally, Federation has continued participation on the Presidents Council and is working with the other member organizations to evaluate the results of the Ukeles Associates Jewish community study and report.

Overall, like many nonprofits and Jewish Federations across the U.S., we still operate on a scarcity model. We are constantly asking ourselves how we can do more for the community with fewer resources. In looking ahead, it is my hope that together we can find ways to do more with more.

Take advantage of what JFB is able to provide. The Federation staff and board members are truly committed to our many causes and passionate about our overall mission to support and care for our entire Jewish community—here at home, in Israel and in over 70 countries around the world. As a JFB team, and as part of our Jewish community team, we strive to fulfill this mission; and through our work we hope to continue strengthening Jewish life in the Bluegrass and supporting efforts in North America and abroad.

At the head of this new year, please reflect on how you can do more for our Jewish community through Federation. Participate. Volunteer. Share feedback. Give generously—both in dollars and time—and may 5777 be a year when we all come together and celebrate the sweetness of living Jewishly in true community and growth.

Right - Campers learn about Havdallah at Camp Shalom 2016!



Campaign News

By Tamara Ohayon

While the start of our Jewish new year is upon us, our fiscal year is not yet complete. The Annual Community Campaign is just slightly ahead in terms of funds raised compared with last year but also slightly behind this time last year in terms of the number of gifts or pledges received.

The JFB Community Campaign supports the majority of our operating, allocations, social services and programming budgets and is vital to the success and growth of our organization. As such, the quality and reach of everything Federation does is dependent on each dollar received.

If you have not yet pledged or sent in your donation, please do so today or let us know if you plan to participate in one of the ways still to come this year. To those who have already pledged or sent in donations, thank you for your commitment to the work of Jewish Federation.

There are numerous ways to give to Federation: by check, through your bank's Bill Pay service – in either one-time payments or monthly installments, or even by credit card on our jewishlexington.org website, and by calling the office to set up a one-time or recurring monthly payment.

Another opportunity to give launches on November 29, as Federation will again participate in the **GoodGiving Guide Challenge!** This is a really fun and rewarding way to give above and beyond your regular Annual Campaign pledge. More about this special event will be featured in the November Shalom.

Additionally, there are many alternate ways to give beyond the Annual Campaign in the form of Tribute and Memorial gifts in honor of friends or loved ones. You may also make donations to our many small funds which support specific programs or services. These funds will be highlighted in a future article.

And of course there is always the opportunity to consider how the work of Federation fits into your Legacy giving plans either with a one-time gift or a fund which could support our work in perpetuity.

The 2016 Annual Campaign will close on December 31. When you give, please give generously.

L'Shanah Tovah U'Metukah from the Jewish Federation of the Bluegrass

May this new year be filled
with the sweetness of joy,
good health, happiness, and
peace for our community,
for Israel, and all the world.

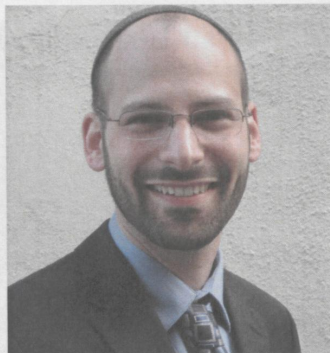


The Jewish Federation
OF THE BLUEGRASS



Ask A Rabbi

By Rabbi Moshe Smolkin



Question: I've been struggling with a repentance issue. I have a great deal of anger towards the person who is now my boss. This person has embarrassed me and has done things that hurt my position within the company. Every time we interact, I feel angry. I keep saying to myself that I need to get past this, now so close to the High Holidays, but it's just so hard to do. What's the standard rabbinical advice here?

Answer:

I'm so sorry you are having to deal with this.

Here's some advice from our tradition: In the Torah we are told that it is a mitzvah to rebuke our fellow (Leviticus 19:17).

As with other teachings from the Torah, our tradition helps us to better understand how to observe this mitzvah.

The first and most important determination we need to make is whether or not our fellow can receive the rebuke: Will they be able to hear the message? Will they be able to change? If we feel fairly certain that our rebuke will have no effect or will make things worse, then we are not supposed to give it. In that case, it can be helpful to do Tashlich, and to the best of our ability, try to let it go. This is certainly not easy, but sometimes there's nothing else productive to do.

If we do think that the person may be able to hear our message, then it is incumbent upon us to deliver the message in a way that they can hear. We should speak with them in private, and we can begin by asking if this is a good time for them to talk, and if they are open to discussing the situation.

(Once when I asked someone if they were open to constructive feedback, they said they were not open to it at the moment, but to check back with them in a week. After a week, I was in touch with them, we had a good conversation, and the issue was resolved.)

If they are open to speaking about the issue, we should try to present the situation to them in a tone that is non-confrontational. For example, we might try to calmly say, "I don't know if you were aware of this, but you stepped on my foot."

Rebuking our fellow, or perhaps better, giving them constructive feedback can be a challenging mitzvah to perform. It is not easy to give constructive feedback in a way that can be heard, just as it can be hard to receive, especially if the other person is not gentle in their approach. Yet, despite the challenges, this mitzvah is one of the most important in Judaism.

The Torah states, "You shall not hate your kinsfolk in your heart. Reprove your kinsman but incur no guilt because of him. You shall not take vengeance or bear a grudge against your countrymen. Love your fellow as yourself: I am the Lord. (Leviticus 19:17-18, JPS translation)

This mitzvah is central to this holy period of time for it deals with the important task of striving to move away from anger and towards love. It's often difficult, and sometimes it's not possible to truly make amends, but it is a central aspiration of our tradition.

Again, I am so sorry you are having to deal with this difficult situation. If your boss might be open, then consider giving them constructive feedback in a way they might be able to hear. If they are not open, then perhaps working on letting go or evading confrontation will help. I hope that some of this advice will be beneficial, and I wish you a good and sweet new year – a year where there will be goodness for you and a year in which even the bitterness may be sweetened.

Have a Question? Ask a Rabbi.

The Rabbis write columns in response to questions submitted by the readers. We encourage you to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our Rabbis. If you have an issue you would like to see addressed, please email it to shalom@jewishlexington.org and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no Rabbi selects it.) You will not be identified as the writer of the question to either Rabbis or readers, nor will you be asked to specify which Rabbi should answer.

ASK JFS: Bullying Awareness

By Mimi Kaufman



October has become Bullying Awareness month nationally. When we think of bullying we tend to think of school children, but bullying encompasses all ages. What is the definition of bullying? According to Google, it is use of "superior strength or influence to intimidate (someone), typically to force him or her to do what one wants." Bullying is "any behavior that hurts, harms, or humiliates either physically or emotionally." These definitions can apply to school as well as the workplace. No one thinks of themselves as a bully, but since October is an awareness month, self reflection is called for. In the case of school-age children, let us not forget to take a look at ourselves internally. Are we setting a good example? Let's make sure that we are not inadvertently encouraging bullying behavior. For example, are we laughing at jokes that make fun of people in front of our children? Youngsters learn what they live and children are extremely perceptive.

Now, think about older kids and adults for that matter. There is a real game changer as if bullying is not already a complex enough subject. The game changer is cyber bullying. Cyber bullying is getting a lot of attention, and anyone can be a victim of public shaming. The debate is happening everywhere: radio shows, movies, books, TV shows, blogs and especially social media.

Unfortunately sometimes people have not properly learned empathy. To be empathetic is to remember what it would feel like to be in the other person's shoes. If you have experienced pain yourself, you learn to be empathetic. We also learn empathy from the time we are very young, reading facial cues of the person we may have hurt. Behind a computer or screen you cannot see or hear the person that you are writing, so how would you know or learn what you did or said was hurtful. Now add in the anger that people may feel when they feel that something is unfair or unjust. It becomes easy to see how a mob could unleash on-line. People don't join these on-line public shaming mobs with the intention of being mean. We can easily forget that there is a person on the other side of that keyboard and screen. In summary, one of the best things that we can do as adults to help curb bullying behavior is to teach children to be empathetic, think twice about what they post on social media outlets, and to not misuse their power and influence as they get older and are in leadership roles.

School children today are well educated about what to do if they are being cyber-bullied, but for more information about Kentucky Anti-Bullying Laws and Policies, go to StopBullying.gov. There is detailed information on what to do and what your rights are if you or your school-age child are having a problem as well as information about prevention.

JFS: At Your Service is a monthly column covering a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send them either by mail to Jewish Family Services at 1050 Chinoe Road Suite 112, or by email to jfs@jewishlexington.org. You can also always call with your confidential questions at (859) 269-8244.

Get ready for the 2016
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**GOOD
GIVING**
CHALLENGE

November 29 – December 31
www.bggives.org

Show Your Support

Help us keep Shalom solvent.

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1050 Chinoe Rd Ste 112, Lexington, KY 40502.

Please make checks payable to JFB and write
"Shalom" on the memo line.

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Chai - \$18; Double Chai - \$36; Three Times Chai -
\$54; Haboneh (Builder) - \$72; Gibor (Hero) - \$90

Thank you to these generous donors!

Odette Kaplan
Roberta and Lou Shain

Israel 21c: 10 fabulous food tours in Israel

By Abigail Klein Leichman

(Originally published online September 7, 2016)



Culinary tours are the main travel megatrend this year. Eat (and drink) your way through Israel with these mouthwatering trips led by experts.

In the 1950s, a very young Israel experienced severe food shortages. But in an amazingly short time, Israel's desert was blooming with fresh produce prized in Western markets.

Israel's dairy cows give a record amount of milk, the ancient wine industry was resurrected to international praise and Israeli gourmet chocolate gets global kudos.

World-class chefs are winning awards for a new class of healthful Israeli cuisine melding homegrown ingredients with classic Mideast fare and dishes that immigrants brought with them from every corner of the diaspora.

Today's tourists want more of those delectable delights beyond the famous Israeli breakfast. And as culinary tourism was identified as the top travel megatrend for 2016, Israeli tour guides are constantly adding to the menu of gustatory options. Here are 10 to whet your appetite.

1. In Search of Israeli Cuisine

This tour idea came from viewers of Roger Sherman's documentary of the same name. "It's quite amazing: Wherever I've presented the film I'm asked if we're organizing tours. It's usually among the first questions," Sherman tells ISRAEL21c.

The first one took place last May, and additional groups are booked for October 2016 and January and May 2017. Created by Via Sabra tour company founder Avihai Tsabari, the film's culinary guide, the itinerary includes many of the restaurants, street-food vendors, markets, wineries, cheese makers, farms and ancient ruins where the movie was filmed.

"The response has been wonderful. Guests get to meet the chefs, eat the food and learn firsthand why Israel has the most dynamic food scene in the world," says Sherman. "We're also offering custom Israeli Cuisine tours for families or groups. We're even planning one for a group of ultra-marathoners who will do a week of runs before running a marathon in Israel next year."

2. Flavors of Florentin

Taste the Mediterranean-Sephardic influence in this hip South Tel Aviv neighborhood established by Jewish immigrants from Salonika, Greece, while getting an up-close look at Florentin's world-famous street art and architecture, with Aaron Gertz Tours.

Gertz takes visitors to gustatory icons such as Bourekas Mis; a Turkish family deli in Levinsky Market (cheese-stuffed hibiscus flowers, anyone?); masters of marzipan Conditoria Albert; and Benny's Soda, a.k.a. Gazoz or Levinsky 41 (fizzy drinks from homemade syrups and greens). Details: algertz@gmail.com, +972-(0)52-640-8998

3. Shuk and cook (Tel Aviv)

Many different culinary tours guide visitors through the open-air market ("shuk") in Tel Aviv and Jerusalem. Participants sample and shop at produce, spice, meat and fish stalls with the guidance of a chef and then cook an ethnic meal in the chef's home or restaurant using their purchases.

Among those in Tel Aviv are Inbal Baum's Delicious Israel and Orly Ziv's Cook in Israel.

Baum takes groups to Carmel Market and back to her kitchen studio nearby to learn about and prepare kosher-style Israeli dishes such as herbed shakshuka, sabich sliders, flame-grilled eggplant, seasonal market salads – for example, kohlrabi, pomelo and fennel salad – and malabi custard and cardamom-laced coffee for dessert.

Baum also offers a tasting tour, Eat Tel Aviv, encompassing back-street shops and eateries in the Jaffa Flea Market, Neve Tzedek, Yemenite Quarter and Carmel Market. Details: info@deliciousisrael.com

Ziv, a clinical nutritionist of Greek heritage, starts her tour in Carmel Market with breakfast at hole-in-the-wall bakeries and eateries, followed by shopping and a cooking class in (*Continued on p. 9*)

(Israel 21c, continued from p. 8) her Ramat Hasharon home. Participants share the abundant kosher-style Sephardi meal with Ziv's family. On Thursdays and Fridays, the experience includes challah-baking.

"The first time I had people from Asia, they loved every bite," Ziv tells ISRAEL21c. "One of them came with her chopsticks and ate Moroccan fish with them." Details: info@cookinisrael.com.

A less hands-on luxury option: Israel Unlimited Boutique Tours takes visitors to Levinsky Market for tastings prior to a chef-prepared lunch at a winery, boulevard-hopping in downtown Tel Aviv, bistro visits, and a tour of Jaffa ending with dinner and a show by blind and deaf actors at the Nalaga'at Theater and its Blackout restaurant. Details: office@israelunlimited.com

4. Shuk and cook (Jerusalem)

The original Machane Yehuda market tour was launched by chef Tali Friedman in 2009. "Come hungry because we eat all day long," says Friedman. She takes participants to an array of vendors to purchase seasonal ingredients, and demonstrates how to turn them a simple multi-course Mediterranean meal in her atelier above the heart of the shuk. Details: +972-(0)53-809-4872, tali@haatelie.com

For North African delicacies such as mufleta, matbucha and Moroccan fish, book a personal lunchtime or dinnertime slot (Sunday to Thursday) with Jerusalem Cooking Classes. You'll go on a guided tasting and shopping trek, then prepare meals with Chef Kobi Peretz (who speaks English, Spanish, French and Italian) of Shem Tov, a small eatery inside the market. Details: +972-(0)2-566-1441, fun@zu-zu.co.il.

The Chef Guided Food Tour of Machane Yehuda pairs participants with a professional chef to learn about the culinary secrets and stories behind the shopkeepers and restaurateurs. Stops include a bread bakery, specialty spice shop, fresh fruit and vegetable stalls, butcher, fromagerie and more. Details: contact@yallabasta.co.il, +972-(0)55-664-6684

5. Biblical Food Tour

This option from My Israel Wine Tours takes visitors to vineyards, farms, olive-oil producers and bread bakeries in search of the flavors from biblical times and how they are produced using ancient and modern methods.

Adjusting the route according to region, season and participants' religion, guide Amir Katz relates historical and fun facts about the seven indigenous foodstuffs listed in the Bible: wheat, barley, grape wine, figs, pomegranates, olive oil and date honey. (For example, did you know that date honey financed the Crusades?) A Mediterranean-style picnic lunch caps off the tour. Details: amir@my-israelwinetours.com, 720-538-5447 (US), +972-(0)52-727-5422

6. Old City taste and tour, Jerusalem

Israel Unlimited Boutique Tours offers a culinary exploration of the Old City of Jerusalem to impart an "understanding of the influence of every ethnic group and religious group on the food of Israel," says CEO Aviv Jasman.

Apple strudel, hummus, tahini and sweets in the Arab market; a meeting with an Armenian chef; lunch in an ancient dwelling; and dinner in a chef restaurant are interspersed with a tour of the Western Wall tunnels, pottery-making and views from the Mount of Olives and a balcony overlooking the heart of the Old City. Details: +972-(0)77-408-0230, 312-212-3919 (US), office@israelunlimited.com

(Continued on p. 10)

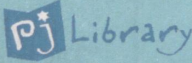
pj playgroup
For young families to get together

**October 2nd
Veteran's Park
Shelter #1
10:15 - 11:30 am**

**Please RSVP to
pjlibrary@jewishlexington.org**

Spend time with your kid(s) and other families with free play, snack, and a couple group activities.

**PJ Playgroup is best for kids under 4.
A joint endeavor of Ohavay Zion Synagogue,
Temple Adath Israel, and PJ Library.**



(Israel 21c, continued from p. 9) **7. Coffees of Nazareth**

Via Sabra introduces participants to coffee culture in Nazareth, exploring generations-old establishments that founder Avihai Tsabari calls "a hidden treasure." While in Nazareth – the largest Arab city in Israel – you'll also tour its ancient marketplace and hip new restaurants. Details: info@viasabra.com; +972-(0)3-518-8188.

Another Nazareth culinary tour, run by Delicious Israel, includes a visit to a tahini factory, an old-time sweet shop, a 100-year-old spice mill and the ultra-local produce market.

8. Western Galilee taste and tour

Also from Israel Unlimited Boutique Tours comes this multicultural visit encompassing the Acre (Akko) Baha'i Gardens, a cozy Tunisian synagogue, and the marketplace inside a Crusader fortress to sample hummus and sweet coffee and learn about medicinal herbs. After lunch at an Acre fish restaurant, where participants may assist the chef, visitors ride the Rosh Hanikra cable car and see a show at the remains of a castle followed by dinner in a bistro. Details: +972-(0)77-408-0230, 312-212-3919 (US), office@israelunlimited.com.

9. Wineries/breweries

My Israel Wine Tours, Israel Wine Journeys, Israel Wine Tours, Wine Tours in Israel, Israel Wine Tour and Delicious Israel are among several operators that lead explorations of Israel's burgeoning wine and beer scene in the Golan Heights, Galilee, Carmel, Judea and Samaria, Judean Hills, central Israel and the Negev.

10. Foraging in the fields

For the pick-your-own-salad crowd, Via Sabra and Foraging Israel offer foraging adventures. (Foraging tours also are sponsored by the Society for the Protection of Nature in Israel.)

Via Sabra's Tsabari leads winter treks in different parts of Israel looking for everything from truffles to wild sage and thyme. In summer, the foraging focuses on spices, figs and wild olives. Either way, the experience ends with outdoor cooking using what was found. "You can find pretty amazing things," says Tsabari. Details: info@viasabra.com; +972-(0)3-518-8188.

Ronit Peskin of Foraging Israel offers a Wild Edibles Walk and Wild Edibles classes and cooking workshops anywhere within 90 minutes of Jerusalem for toddlers to senior citizens. Participants learn about wild edible greens such as purslane; seeds, spices, vegetables and fruit, as well as medicinal plants. Details: +972-(0)50-710-1791, RMPeskin@gmail.com

Source: <http://www.israel21c.org/10-fabulous-food-tours-in-israel/>



NOV. 20.16
A project of the Aleph Society

**Under The Same Sky:
"The Earth is Full of Your Creations"
Learning about our world and nature**

On the morning of November 20th, at Ohavay Zion Synagogue, join us as we share a day of Jewish learning, dialogue and exploration, joining together in celebration of all that unites us, with Jewish communities around the world.

Details about the day will be available in the November *Shalom!* Contact Rabbi Sharon Cohen, rabbisharon@jewishlexington.org, with questions!



For Rosh Hashanah 2016 we have:

- o Challah
- o Rugelach
- o Hamentashen
- o Honey Cake

To guarantee holiday availability, please order in advance at: (859) 296-0581

Hours of deliciousness:

- o Monday–Friday: 7am–6pm
- o Saturday: 7am–6pm
- o Sunday: Closed

3101 Clays Mill Rd. Suite 108

My Annual Fall Drive

By Reva Schottenstein



Around this time four years ago, I made a wonderful new friend named Dani Rose. Dani had just moved to Lexington and was feeling homesick. I wanted very much to ease her transition by sharing with her the things that make Lexington special to me. I wanted her to feel as at home here as I did. So, one day we took a drive together.

One of my favorite things about Lexington is that it is surrounded by miles and miles of beautiful countryside and long curvy roads to explore. Even better is that the vistas from these country roads are always changing with the seasons. In the winter, there are pine trees and fences blanketed with snow. The spring paints the fields with the most beautiful purple wildflowers. The summer shows off the Kentucky Bluegrass in all its glory. Then in the autumn, all of the leaves turn bright

red, yellow, and orange and begin falling from the trees.

An autumn drive down Pisgah Pike and Old Frankfort Pike was just the thing to allow us a moment to appreciate the beauty around us. Our friendship was solidified by this time together in the car, chatting and sipping on chai lattes while we oohed and awed at the colors around us.

Every year since then, when the colors are at their peak we head out on our annual fall drive together, celebrating Lexington and our friendship. We don't always follow the same route; we explore different side roads and communities we didn't realize existed. This is our time to just wander together, to veer from our normal path and get a little lost.

I encourage you this October to take some time out of one day, even if it is just for an hour or thirty minutes, to take a drive down a road you've never been on, and take notice of the stunning beauty of the world in which we live.

Follow Reva's local travel blog at thoroughlykentucky.com.



Kesivah
v'Chasima
Tovah

May you be signed and sealed
for a good sweet year!

from Chabad of the Bluegrass



CAMP SHALOM 2016

Check out these great photos from Camp Shalom's 48th Season!



Campers have lots of time for fun with arts and crafts!



Take-home birdhouses was a fun addition to arts and crafts for the Soussim group.



Friendly competition and good sportsmanship are a must when playing camper favorite, Ga-ga ball.



Riley led outdoor yoga for the Ofarim group at the Birds' Nest site.



Rabbi Cohen teaches campers how to lead Havdallah.



Rabbi Cohen leads *limmud* (Jewish learning) with the Tsofim group.

Chabad Opens New Student Center Near UK

By Rabbi Shlomo Litvin



Over 100 people gathered at 568 Columbia Avenue on Monday evening, September 5, as Laura Szekeley read a proclamation from the Mayor and Rabbi Avrohom Litvin, Director of Chabad of Kentucky, cut a ceremonial blue ribbon stretched across the front porch of the Chabad Jewish Student Center.

"Over the past year, our student involvement has grown tremendously" said Shoshi Litvin, co-director and program coordinator for the new center. "So, it's only natural that our programing and building must grow as well."

Students and community members watched as students unveiled a sign; Rabbi Uri Smith hung a mezuzah and the shofar was blown.

The Jewish Student Center is open to all, including the students at UK as well as the surrounding schools. "Students come from as far as Murray State, and as close as across the street" said Rabbi Shlomo Litvin. "We have had 8 day-old

babies and 90 year-old great-grandmothers. Chabad is for everyone."

The Center offers Shabbat meals, and holiday and educational programs, as well as a home away from home for students.



Above - Community members attend the opening of the Chabad Jewish Student Center near UK's campus.

Left - Attendees unveiled the sign for the new Chabad Jewish Student Center at 568 Colombia Ave.

Ohavay Zion Synagogue
wishes you a

Shana Tova u'Metuka

a good and sweet new year!



*May all of us be inscribed for a
year of health, happiness and
kindness. We pray that this
season of holiness brings us to
be and to do our best to face
challenging times that cause us
to struggle and moments of
celebration that lift our hearts.*

*Shanah Tovah u' Metukah
Wishing You
A Good and Sweet Year!
Temple Adath Israel*



Celebrate LIFE with us

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Magnolia Springs
SENIOR LIVING

**Submissions for the November Shalom are due
October 7!**

Contributor articles are always welcome!

THE LEXINGTON CHAPTER OF HADASSAH

Dianne Bazell, President

Can it be a New Year already? The old one has flown past so quickly. It must be because we've been having fun; even over the summer, our local Hadassah chapter has been busy.

In August, our Associates, led by Kathy and David Feinberg, hosted a BBQ at the Firebrook Clubhouse, where we focused on Hadassah's "Research in the Service of Humanity," which forms the core of Hadassah philanthropy. Our keynote speaker, Dr. John T. Slevin, professor of neurology at the University of Kentucky, shared some of his findings and clinical expertise on the nature and treatment of Parkinson's disease. Our members also viewed the latest videos on advances in stem cell research targeting neurodegenerative diseases, such as multiple sclerosis, age-related macular degeneration, and amyotrophic lateral sclerosis (ALS), as well as immunotherapy in the treatment of melanoma, made at the Hadassah Medical Organization (HMO) in Jerusalem. We also got a glimpse of the newly completed 13-room operating room complex 50 feet beneath the Sarah Wetsman Davidson Hospital Tower, where complex surgical procedures can be completed in a setting that is fortified against conventional, biological, or chemical attacks. It was an informative, fun, and delicious occasion, as our Hadassah gatherings tend to be.

Our book club also has been active over the summer and early fall. Jane Chaput, our very own "Boston Girl," led a discussion of Anita Diamant's book of the same title, and subsequent gatherings focused on Cathleen Schine's *They May Not Mean To, But They Do*, and *The Bridal Chair*, by Gloria Goldreich (Marc Chagall's daughter). All Hadassah book club selections have a Jewish theme, but they include fiction and non-fiction and range widely in topic. Call Gail Byers or Vivian Bitensky if you're interested in participating.

In September, Lisa Satin convened a panel discussion on human trafficking, which is only recently drawing the public attention it merits. Each year, over 20 million men, women, and children are recruited, abducted, transported, or harbored for exploitation, including forced labor, prostitution, and even organ procurement around the world, including in the United States. Called "a modern form of slavery," human trafficking is second only

to drug trafficking as the most profitable form of transnational crime. Hadassah is a staunch advocate for federal and state anti-human trafficking legislation, including the Justice for Victims of Trafficking Act passed by Congress in 2015, as well as various policies and initiatives to protect victims of trafficking. Representatives from the Kentucky Attorney General's office, Catholic Charities of Louisville, and The Well (a survivors' support organization) discussed the situation here in Kentucky and explained how our chapter can help combat this problem.

Our first event of 5777 will be our ever-popular biennial Progressive Dinner, Sunday, November 13. We'll gather for hors d'oeuvres at Portofino's and share meals in the homes of our members, convening once again for dessert. It's always fun, and if you're interested in participating—and possibly hosting—contact Melanie Shapiro, Jane Chaput, or Shirley Bryan, who are busy planning this event.

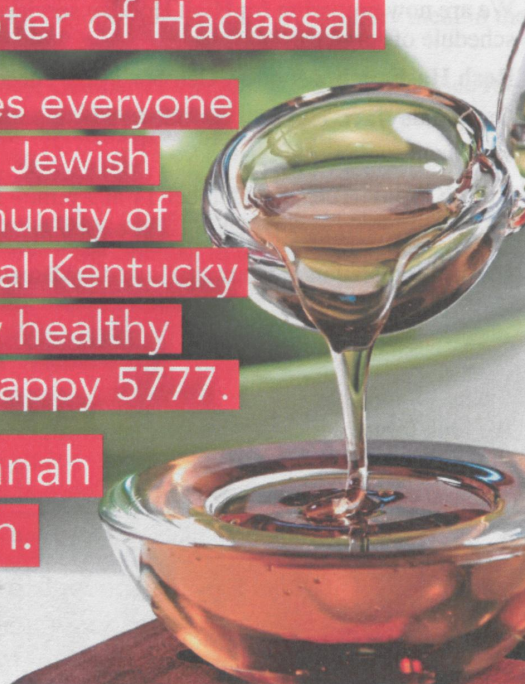
The Lexington Chapter of Hadassah wishes the entire Lexington community a sweet New Year and welcomes new members and associates to join us in this happy season. *L'shanah tova!*

HADASSAH
the power
of women
who **DO™**

The Lexington
Chapter of Hadassah

Wishes everyone
in the Jewish
community of
Central Kentucky
a very healthy
and happy 5777.

L'Shanah
Tovah.



THE LEXINGTON HAVURAH

Steve Shedlofsky, President • shedlof@uky.edu

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and "tikkun olam" (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogues of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at shedlof@uky.edu.

By Gail Cohen

The Havurah celebrated a lovely end to the summer with a Havdalah service. We began, of course, with one of our marvelous potluck suppers. Eating at poolside, or on a screened porch, or, for those who could not tolerate the lovely summer temperatures, in the air conditioning, everyone enjoyed not only the meal and the good conversation, but the friendship which we feel as members of the Havurah.

During the evening, Beth Goldstein and Rafi Finkel shared some of the experiences they had this past year, as they spent their sabbatical abroad. We look forward to hearing more from Beth and Rafi during the coming year.

That evening also served as the Annual Meeting of the Havurah. We reviewed the year from many perspectives as we had reports from various committees. It served to remind us of the times of fun, the times of study, as well as the prayerful times we have spent together during the past year.

It was also time to elect a new slate of officers. The following people were elected to the Board:

President – Steve Shedlofsky

Vice President – Judy Baumann

Secretary – Judy Saxe

Treasurer – Jeremy Popkin

Religious Committee Co-Chairs – Hanna Smith, Larry Kant

Education Committee Chair – Francie Chassen-Lopez

Social Committee Co-Chairs – Kathie and Lou Kroot

We are now preparing for High Holiday services, which are all led by members of the Havurah. Following is the schedule of services:

Rosh Hashanah: Monday, October 3 and Tuesday October 4 at 9:46 a.m.

On Monday, services will be followed by a potluck lunch and Tashlich ceremony.

Yom Kippur: Tuesday, October 11 at 7 p.m. – Kol Nidre

Wednesday, October 12 Services at 9:46 a.m.

Mincha and Neilah at 5 p.m., followed by Break the Fast

Sukkot: Sunday, October 23, there will be a Sukkot celebration (Time to be announced)

We look forward to another exciting and successful year with this new Board. We hope you will consider joining us for any or all of our activities. If you want any information about the Lexington Havurah, or location of High Holiday services, please contact Gail Cohen at 272-1459 or gail.cohen@twc.com.

CONTRIBUTORS WANTED

We are always looking for contributors to write articles on a wide variety of topics!

To include YOUR voice in *Shalom*, contact Barbara Goldman, Editor-in-Chief, at

shalom@jewishlexington.org.

Chabad of the Bluegrass

By Rabbi Shlomo and Mrs. Shoshi Litvin
568 Columbia Ave.

Women, Wine and Wisdom

We continue our discussion on taking charge of our lives. Greeting the new year, and the month of Tishrei, we begin to look at how we can control our emotions. Women ages 21+ are invited to join the discussion on October 5 at 8 p.m. at the home of Evalyn Block. For more information please contact Shoshi Litvin via email or at 347-746-3771.

Shofar @ The Library

Join the Jewish Community at UK to hear the Shofar and celebrate Rosh Hashanah. Everyone is welcome outside the William T. Young Library at 3 p.m. on Monday, October 3.

Shofar Chauffer

Do you know someone who is homebound or in a nursing home or a hospital and can't make it to Shul, but would like to hear the *shofar* or shake the *lulav* and *etrog*? Chabad would like to ensure every Jew has those opportunities. Please contact Chabad if you know of someone we can help!

For more information, visit ChabadBluegrass.com or call 859-813-0770.

High Holidays at Chabad

All Chabad services are free and open to the entire community. To RSVP, please call 859-813-0770 or email Chabadofthebluegrass@gmail.com.

Rosh Hashanah

Sunday, October 9 - 7:30 p.m. - Service followed by traditional Rosh Hashanah Meal

Monday, October 10 - 3:00 p.m. - Shofar blowing and Rosh Hashanah celebration at William T. Young Library

Monday, October 10 - 8:00 p.m. - Service followed by traditional Rosh Hashanah meal

Sukkot

Sunday, October 16 - 7:30 p.m. - Festive service followed by meal in the Sukkah

Monday, October 17 - 2 p.m. - Celebratory meal in the Sukkah

Monday, October 17 - 7:30 p.m. - Festive service followed by meal in the Sukkah

Tuesday, October 18 - 2 p.m. - Celebratory meal in the Sukkah

Friday, October 21 - 7:30 p.m. - Kabbalat Shabbat and Shabbat in the Sukkah

Make a Donation to JFB in Someone's Honor or Memory

Make a donation to the Jewish Federation in honor or memory of someone, or in celebration of a special occasion, and help JFB nurture the values of *tikkun olam* (repairing the world), *tzedakah* (charity and social justice) and *Torah* (Jewish learning) within our Jewish community at home and abroad.

Send us your special contributions with a note specifying its intent. Also, let us know if you would like your contribution published in this box in Shalom. You may also make your special contribution online.

Celebrate your loved ones and support our Jewish community by giving a special contribution. Thank you for your support.

Thank you to these generous donors:
Drew Fried in memory of Bobbi Fried

OHAVAY ZION SYNAGOGUE NEWS

2048 Edgewater Court • Kathy Grossman, President • (859) 266-8050

WELCOME

Ohavay Zion Synagogue is a warm and welcoming congregation in Lexington, Kentucky. Through the framework of Conservative Judaism, we explore our Jewish identities and form a community. We celebrate our diversity and welcome newcomers. Please join us!

HOLIDAY CELEBRATIONS AT OZS FOR 5777

Please join us at OZS for our holiday celebrations. All are welcome! Please call if you have any questions.

Rosh Hashanah First Evening: October 2, 6:00 p.m.

Rosh Hashanah First Day: October 3, 9:15 a.m.

Rosh Hashanah Second Evening: October 3, 6:00 p.m.

Rosh Hashanah Second Day: October 4, 9:15 a.m.

Cemetery Service Honoring Loved Ones: October 9, 1:00 p.m.

Yom Kippur Evening: October 11, promptly at 6:30 p.m.

Yom Kippur Morning: October 12, 9:15 a.m. with Yizkor

Sukkot First Day: October 17, 9:30 a.m.

Shemini Atzeret: October 24, 9:30 a.m. with Yizkor

Simchat Torah: October 25, 5:30 p.m.

3RD ANNUAL OZS BLOOD DRIVE IN MEMORY OF HARRIET COOPER

Harriet Rudman Cooper, a long-standing member of the OZS family, cared for and nurtured this family in both her "official" and "unofficial" capacities at OZS for many, many years. Through the course of her illness, Harriet required multiple blood transfusions. It will be a great gift to the community to contribute blood in Harriet's memory.

The Bloodmobile will be in the OZS parking lot on Sunday, October 9 from 9:00 a.m. to 1:00 p.m. We will schedule 2 appointments per 15-minute time slot. Please allow one hour for screening and donating. Please indicate all blocks of time that you are available. Refreshments will be provided. Please reserve your spot now by emailing Sue Ezrine at Sue.ezrine@gmail.com.

KABBALAT SHABBAT

Please join us on **Friday, October 28** at 5:30 p.m. for

our Kabbalat Shabbat Services. What a terrific way to begin the weekend, with a brief but spirited service and with beautiful melodies and wonderful friends. Everyone is welcome. Let's bring in Shabbat together!

KIDS' SHABBAT

Please join us for this month's Kids' Shabbat service on **October 21** at 5:30 p.m. Kids' Shabbat is our monthly Shabbat Service for younger children. We light candles, drink grape juice, eat pizza, sit together on beautiful carpets, sing songs, and read amazing stories from PJ Library. Newcomers and friends are always welcome! For more information or to RSVP, email Dominique Olbert at domino456@aol.com.

This year's Kids' Shabbat services will be held Fridays at 5:30 p.m. at Ohavay Zion Synagogue on the following dates: November 18, December 2, January 20, February 17, March 17, April 21, May 5

SHABBAT MORNING SERVICES

Please join us any Saturday morning of the year, as Ohavay Zion Synagogue celebrates Shabbat. We begin at 9:30 a.m. though please feel free to join at any time during the service. Our worship is filled with joyous song and fascinating Torah discussions. The service concludes around noon, and all are invited to schmooze over lunch after the service. This is a wonderful way to celebrate Shabbat and to meet some nice Jewish folks here in Lexington. Newcomers and friends are always welcome!

TUESDAY MINYAN WITH LEARNING FOR EVERYONE

Tuesday Minyan is a special time at OZS. During this brief service, students and adults both pray and learn together. There is a warm atmosphere and something for everyone to enjoy. Please join us Tuesday afternoons from 5:45 p.m. to 6:15 p.m. All are welcome!

STUDYING THE PROPHETS

Please join us Wednesdays at noon as we explore the book of Ezekiel through the teachings of our Jewish tradition. We have a wonderfully diverse group of learners and terrific conversations. All are welcome!

TALMUD STUDY

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with a brief Shacharit service at 7:30 a.m., followed by a light breakfast, and then a fascinating study of the
(Continued on p. 21)

TEMPLE ADATH ISRAEL

124 N. Ashland Ave • Jonathan Miller, President • (859) 269-2979

WHO WE ARE

Temple Adath Israel is a Reform Jewish congregation - We celebrate Torah, justice, tradition, and faith. Our mission is to inspire Jews, to ensure a vibrant Jewish present and future by nurturing a multi-generational love for our tradition. Our "Community Center" approach to Judaism gives families a host of unique ways in which to love living relevant, soulful and experiential Jewish lives. Please call the Temple Administrator for more information if you are interested in affiliating with the Temple. The phone number is 269-2979.

PJ LIBRARY READING TIME

TAI has dedicated space in our Youth Library and our Anita Mersack Outdoor Reading Garden for families to share in our growing collection of PJ Library Books, before, during, and after religious school. The collection is in our Youth Library and these books provide our young children with wonderful introductions to the magic of Jewish storytelling.

KOLLEL STUDY GROUP

Kollel meets at 9 a.m. every two weeks in the TAI Library. The group explores cultural, ethical, and its historical aspects of our 4000-year tradition. The emphasis is on dialogue and exploration. Please join us any time. **Our next sessions will be October 1, 15 & 29.**

TALMUD STUDY

We explore selected readings in rabbinic literature on alternate Saturdays at 9 a.m. in the library. The discussion is always lively and informative, and you can join the group anytime. **We will meet on October 8 & 22.**

PARSHA

Join us each Saturday morning at 11 a.m. in the library as we take a look at the Torah portion for each week. Various Temple members will lead some discussions, and everyone will take turns. **We will meet on October 1, 8, 15, 22, & 29.**

SISTERHOOD NEWS

Shalom Sisters! Can you believe that fall is here? Cooler weather is upon us as well as the holidays. As we ready ourselves for the High Holidays, it's important to take a little time and ready ourselves for the year ahead. My objective this year is to connect. I would like to connect with all of the different women that make up this great Temple of ours. As I connect with you, I hope that everyone can find a way to connect with Sisterhood.

On September 7, a wonderful group met for our opening meeting at Beth Pitman's home for dessert, coffee and some good company. It was great seeing lots of new faces as well as some familiar ones. We heard about fun programs that are planned for the year and can't wait to get started! Our first program will take place in October. Sisterhood will be hosting a Wine and Canvas night. Stay tuned for more information about this fun evening.

Looking ahead this fall, we are fortunate to be so close (geographically) for the next WRJ (Women of Reform Judaism) event! WRJ Central District Convention will be taking place November 3-6 in Louisville. There are wonderful speakers, entertainment, yummy food and best of all is the chance to spend some time with some truly wonderful women! I hope that you all will take this opportunity to join me and the rest of our Sisterhood in Louisville this November. If you're interested in getting involved, please let me know as there are plenty of opportunities for helping!

If you are interested in becoming involved with Sisterhood, please don't hesitate in contacting me (263-1859) or (taisisterhoodpresident@gmail.com).

Shanah tovah,

Elissa

GENERATION TAI

Generation TAI is our Chavurah group for young adults. Programming runs the spectrum from worship to social action and from Shabbat to holiday meals. This month we will have:

Friday, October 14 - Potluck Dinner, Theme TBD, following Erev Shabbat services.

Please email Lizz Hawkey at emphawkey@gmail.com to reserve your seat, or go to our Facebook page for more information on all of our activities.

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HOME & CONTENTS

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JIM MISCHNER

High Holy Day Service Schedule at Temple Adath Israel

Saturday, September 24

7:30 p.m. --Program
8:45 p.m. --Refreshments
9 p.m. --Slichot Service

Sunday, October 2

Erev Rosh HaShanah
7 p.m. --Early Service with Child Care*
9 p.m. --Late Service (Shir Adat) & No Child Care

Monday, October 3

Rosh HaShanah
8:30 a.m. --Early Service and Children's Program--No
Child Care
10:45 a.m. --Late Service with Child Care* (Shir Adat)
1:30 a.m. --Tashlich at Jacobson Park, Shelter #1

Tuesday, October 4

10:30 a.m. --2nd Day Rosh HaShanah Program

Sunday, October 9

1 p.m. --Cemetery Memorial Service Lexington Cemetery

Enrichment Program

Through the generosity of a grant, an Enrichment Program for children ages 4 to 7 will be offered during the Rosh Hashanah and Yom Kippur Early Services at 8:30 a.m. The children will gather at 8:30 a.m. and work on holiday projects with Jo Stone. The children will return to the sanctuary as a group in time for the Shofar Service.

Tuesday, October 11

Kol Nidre
7 p.m. --Early Service with Child Care*
9 p.m. --Late Service with No Child Care (Shir Adat)

Wednesday, October 12

Yom Kippur
8:30 a.m. --Early Service and Children's Program--
--No Child Care
10:45 a.m. --Late Service-Child Care* (Shir Adat)
1:15 p.m. --Study Session--No Child Care
3 p.m. --Afternoon Service--Child Care*
4:45 p.m. --Yizkor Service--Child Care*
5:30 p.m. --Ne'ilah--Child Care*
Break-the-fast following services.

Sunday, October 16

6 p.m. --Sukkot decoration & Pizza
Brief Erev Sukkot service to follow

Friday, October 21

7 p.m. --Erev Shabbat, Consecration

Monday, October 24

Simchat Torah @ OZS
9:30 a.m. --Festival
11:30 a.m. --Yizkor
7 pm. --Simchat Torah Service

*Child care will be offered only if reservations are made for the service you will be attending. Forms available in the Temple office or call the office at 269-2979.



Rabbi Wirschafter and the CITs lead morning *shira* for all.

--- AROUND THE COMMUNITY ---

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvah, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos too!

B'nai Mitzvah Announcements

With your upcoming Bar or Bat Mitzvah, the Jewish Federation of the Bluegrass wishes to announce your event in *Shalom*. Please email Barbara Goldman, shalom@jewishlexington.org, the following information by the 10th day of the month prior to the event for inclusion in *Shalom*. Please include the child's name, when and where the event is being held, mitzvah project, names of parents and grandparents, and a photo.

Mazel Tov

Congratulations to Anya Slepian for being named a semifinalist in the 2017 National Merit Scholarship Program. Anya is the daughter of Ken Slepian and Karen Petrone. She attends Henry Clay High-school.

(*Ohavay Zion Synagogue, continued from p. 18*) Talmud. Newcomers are always welcome!

BACKPACKING FOR GOD'S PANTRY

Join us each month during the school year as backpacks are filled with food that children take home on weekends from Mary Todd Elementary School. All of the food is child-friendly, nonperishable, easily consumed and vitamin fortified. Check weekly announcements and Facebook for date and times.

INTERESTED IN OZS?

Ohavay Zion Synagogue is a warm and welcoming Jewish community. If you are interested, or if you know someone who may be interested in learning more about Ohavay Zion Synagogue, please call the office at 859-266-8050 or email Rabbi.Smolkin@gmail.com. We would love to hear from you!

ATTENTION PROUD GRANDPARENTS, PARENTS, & STUDENTS

We want to publish any original writing produced by our community's elementary and high school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to Barbara Goldman at shalom@jewishlexington.org.

HADASSAH SELLING MACY'S CARDS FOR YOUR GIFT SHOPPING



Make your gift giving easy, plus enjoy saving on gas and time while helping the Lexington Chapter of Hadassah raise funds for its valuable programs here in the US and

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Contact Odette Kaplan for your Macy's Gift Cards at okmkaplan@gmail.com or 859-271-8332.

In Memoriam

Heather Creamer, mother of Trevor (Laura) Creamer and grandmother of Maya, Julia and Jonah Creamer on August 29, 2016.

Jeffrey Mark Wurmser, son of Rose Rita, Zichrona Livrach (of Blessed Memory) and Jerry Wurmser; brother of Judi Wurmser (Paul Cable), Terri Wurmser and Linda Noffsinger (Jeff); uncle of Lauren Higdon, Matthew Higdon, Jared Noffsinger and Jeremy Noffsinger; great-uncle of Joshua Tag Howard and Noah Howard.

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Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS

Shalom is published 10 times per year. Shalom is produced by the staff of the Jewish Federation of the Bluegrass.

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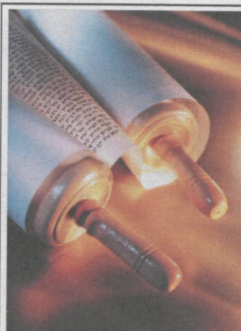
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The Jewish Federation
OF THE BLUEGRASS

Lunch and Learn with our Lexington community rabbis

**No October Lunch and Learn due to Simchat Torah.
Please join us again on November 22!**

At 12 noon on the last Tuesday of each month, in the JFB office, rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest. A dairy lunch is offered at a nominal charge. If you are interested in attending, please call Rabbi Sharon at 859-268-0672 so we can order lunch for you.