

Shalom

Newspaper of
The Jewish Federation
OF THE BLUEGRASS

December 2010/January 2011

Kentucky
UNBROKEN SPIRIT

KISLEV/TEVET/SHEVAT 5771

Visit to Israel yields interesting encounters, intriguing coincidences

By Betty Nigoff

Since 2001, Lowell and I have traveled to Israel a total of six times, the last four coupled with Sar-El, a three-week volunteer program in which we worked on IDF (Israeli Defense Force) army bases. (For more about those sojourns, see the links at the end of this article.) On this most recent trip, we had some other experiences I'd like to share.

After our Army stint, we went to Jerusalem to meet our Aish.com group, headed by Mordechai Kaplan. Aish.com provides opportunities for Jews of all backgrounds to discover their heritage. Its headquarters are in the Old City of Jerusalem in a newly enlarged

six-floor building that looks out on the Kotel (Western Wall). Our group consisted of 29 people looking for a "dynamic and inspirational eight-day journey through Israel." The speakers were Rabbi Jaakov Salomon, Sara Yoheved Rigler, Rabbi Eric Coopersmith, Rabbi Ken Spiro, Lori Palatnik, Shraga Simmons, and Dr. Gerald Schroeder. The topics were "Seven Wonders of Jewish History," "How to Pass Life's Tests," "Soul and the Afterlife: Where Do We Go From Here?" "Discovering the Real You: Understanding Yourself and Appreciating Others," "How To Get Your Prayers Answered," "The Spiritual GPS: Choosing Your Destination," "Media Coverage and the

see Visit, page 10

Trip to Israel an enlightening experience

JFB's scholarship allows student to make life discoveries

By Maria Alkhasova

We are awakened at three in the morning, a dangerous time to be around sleep-deprived teenagers. After a night of sleeping under the stars at the bottom of the Masada plateau, we quickly roll up our sleeping bags, change into our less filthy shirts, and trek in silence up the mountain. All 38 of us finally reach the top, make breakfast, and separate at the top of the mountain to watch the sunrise in isolation.

After some amount of time has passed—in the desert time passes at a

different pace—I walk up and sit next to the tour guide, Nadav. After a few moments I blurt out, "Why do you like this job?" As the sun is slowly rising and there is nothing but the calm breeze, he sweeps his arm across the vast expanse of the horizon and says, smiling, "Because this is my office." His smile said nothing of obligation and everything of content, of being at peace with himself and his surroundings. Never before have I seen a smile so honest, so reflective of the emotions this man was experiencing.

see Trip, page 9

CAMPAIGN NEWS

Thank-you event with Caryn Bark draws 200 guests

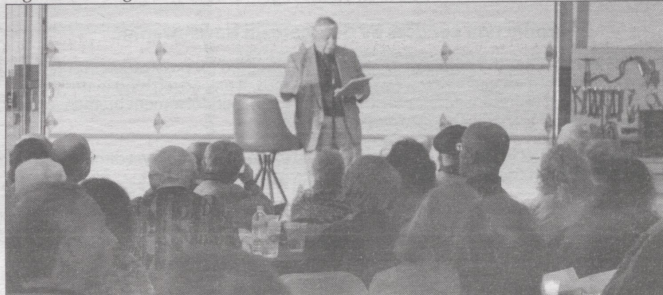
On Saturday night, December 6, our Jewish community was treated to a night of comedy, desserts, and antique cars. Thanks go out to many who were involved in the program that was underwritten by the Elizabeth Rosenberg Endowment Fund. Ricki Rosenberg, the daughter-in-law of Elizabeth Rosenberg, was instrumental in making the evening such a success. Thanks

also to Terri Solomon and Pat Shraberg, co-chairs, Alan Stein, our illustrious master of ceremonies, Mike Scanlan, who gave us the use of his garage, Harold Sherman, who entertained us with beautiful music, and all our volunteers and staff who baked brownies, shopped, set up, and cleaned up.

see Thank-you, page 15



Camel ride in the desert (Lowell and Betty onboard).



Alan Stein introduces Caryn Bark.

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Shalom

Published ten times per year by the
Jewish Federation of the Bluegrass, Inc.
1050 Chinese Rd., Suite 302, Lexington, KY 40502
Phone (859) 268-0672 • Fax (859) 268-0775
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DECEMBER 2010/JANUARY 2011, VOLUME XVII, ISSUE 11

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Production Services by Georgetown News-Graphic

The editorial staff has the right to edit all articles submitted for publication in *Shalom*. Articles should not exceed 500 words. The appearance of any advertising in this publication does not represent either a kashruth or any other endorsement on the part of the Federation or any other agency or organizations.

Opinions expressed in *Shalom* are not necessarily those of the *Shalom* editorial staff or the JFB or its constituent organizations.

Shalom is partially supported by the advertisements appearing in the paper.

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Join the Central Kentucky Jewish Community
as we walk with Lexington to commemorate
Martin Luther King, Jr. Day.

March for Freedom

Monday, January 17, 2011

Lineup starts at 9:00 a.m. in Heritage Hall at the Lexington
Center downtown. The march begins at 10:00 a.m.; the MLK
Celebration program will be at
11:00 a.m. in Heritage Hall.



The Jewish Federation
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Shalom Deadline

Deadline for articles for the February *Shalom* is January 10.
Email articles to shalom@jewishlexington.org

New editor takes helm of *Shalom*

Jane Chaput, chair of the *Shalom* editorial committee, announced after a thorough search process that Rabbi David Wortman would be the new editor of the newspaper. She noted, "Wortman comes to this position with a significant background in editing and writing. We look forward to a smooth transition and continued progress in improving the quality of our publication."

During his lengthy career in academia and Jewish public service, Wortman edited an academic journal, an informational newsletter for the UJA, and several books. He has published articles in newspapers, journals, and books. He edited and was primary au-

thor of *The Exodus Haggadah*, used by the UJA to launch Operation Exodus in 1990.

When asked about his vision for *Shalom*, Wortman responded, "I hope to build on the foundation established by my predecessors and to build the success of the paper. For instance, I will be encouraging more letters to the editor, more dialogue, and more contributors. As a monthly publication, *Shalom* can be educational as well as a source of news."

David Wortman is married to Judy Wortman, the executive director of JFB, and has four children and four grandchildren, with another on the way. ☆

Film showing to honor Dr. King

One World Films, in conjunction with Lexington's celebration of Dr. Martin Luther King, Jr. Day, Monday, January 17, 2011, will sponsor a showing of the documentary *Soundtrack for a Revolution* at 2:00 p.m. in the Kentucky Theatre, 214 E. Main St. The film showing, 82 minutes long, is free and open to the public.

The film tells the story of the American civil rights movement through its powerful music: the freedom songs protest-

ers sang on the picket lines, in mass meetings, and in jail cells as black and whites fought for justice and equality. The documentary features new performances of the freedom songs by top artists, archival footage, and interviews with well-known civil rights leaders such as Julian Bond, Andrew Young, and Congressman John Lewis.

The film is not rated. For additional information, contact Annette Mayer, (859) 266-6073. ☆

Editorial

The time has come

If it's true that time flies when you're having fun I guess I've been on one hell of a party for the past six years, as it seems only yesterday that I became editor-in-chief of *Shalom*. When then-president David Feinberg finished his yearlong arm-twisting campaign and I agreed to take this position I could not foresee where the journey would take us.

During my ten years on the editorial board I have watched this paper grow from a pastiche of wire service articles to a vehicle that touches the entire Jewish community, from a publication that had to beg for material to one that sometimes has no room for all the content submitted, from a paper no one perceived as a serious publicity tool to one in which organizations rush to announce their activities.

I cannot take credit for all of this. When I came on board, Stanley Saxe, Marcia Blacker, Judy Levine, and Evelyn Geller were already hard at work reinventing *Shalom*. Prior to my taking the helm Marcia Blacker did a great job as editor-in-chief for over a year. At various times in the past six years Marcia, Judy, Jane Chaput, and Mary Rosenbaum have been the backbone of the editorial board. They all contributed freely of their talents and insights; this would not be the paper it is today without their work.

Mary Rosenbaum, our only paid editorial board member, brought her immense gifts to us and we have partaken of them freely; I never could have done this job without her at my side. This is Mary's last issue as well. Good luck and thank you, dear friend, for all you've done and for making us all look good.

Of course, the Federation staff has contributed in myriad ways. Tamara Ohayon has produced outstanding graphics and ridden herd on all the advertising; Jana LaZur has kept us abreast of Federation activities; and, in addition to writing their monthly columns, the presidents, directors, and social workers have pitched in whenever and wherever they were needed. I thank you all for your dedication and hope you'll forgive my occasional heavy handedness. Please know that it was done only in the service of making this the best newspaper possible.

So the time has come for me to hang it up; it is not without regret that I do so. I have loved serving as editor and providing a voice for the many constituents of this community—thank you for allowing me that privilege. And please give your wholehearted support to David Wortman, who will be taking the helm with the February 2011 issue. ☆

B'Shalom,
Ruth Poley

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President's Message

Linda Ravvin, JFB President

It was as a small group, bonded together by principles, beliefs, and with more than a little

divine intervention, that the Maccabees were able to succeed in their outnumbered quest: to regain control of the Temple as a symbol of Jewish freedom and strength. The recounting of this historic event has become the basis of Hanukkah, a holiday that seems to gain in importance every year. It is symbolic of the minority status Jews have always had throughout time and also symbolic of the internal strength of our beliefs, moral character, and sense of worldwide "family." Throughout the centuries, we have often been misunderstood, maligned, and persecuted for maintaining our ancient (although adapting) creed; Hanukkah is a reminder to us all to stand strong, fight for what we believe in, and maintain our family bond.

We often come together as family, friends, and community to celebrate this historic event with music, laughter, and, of course, always food. When I was growing up, the traditional gift for children was a single coin for each night of Hanukkah—in my case, it was a silver dollar, none of which I was smart enough to keep. The gift giving was for children only and really only a way to get us to listen long enough to hear the retelling of our history and, as we got older, its possible implications. Now, especially in North America, it has become, in many ways, the Jewish balance to Christmas and more recently to Kwanzaa. However, to me, the best part of the holiday is our gathering together as a unified, but not homogeneous, group to celebrate our sense of community. So much has transpired since the struggle of the Maccabees and throughout it all we, as Jews, have miraculously survived and generally prospered. We have consistently relied on our bonds as a world-wide family to work together to ensure the wellbeing of all.

We as a local community need to work together in the same way. In this regard, it greatly pleases

me that through limited yet very open discussions, the Federation has been instrumental in starting dialogue between Temple Adath Israel, Ohavay Zion Synagogue, and Jewish Federation of the Bluegrass on how we might help each other save money for each of our organizations and for the community as a whole. These are the three organizations with the largest budgets, the most professional staff, and the costliest facilities in Central Kentucky's Jewish community. We have begun by exploring possible mutual cost savings in areas such as insurance, where appropriate, with the goal of offering better coverage and lowering costs. We are looking at other areas such as office supplies, printing, maintenance, and security where applicable to see if and how we can be more fiscally responsible and community conscious. We started the dialogue based on a discussion that Judy Wortman had with a community leader about six months ago. We are now each using our skills and building on our accomplishments to answer the challenge of our harder economic times; at the same time, we are working together to build the basis for a better future for all of us. Through teamwork, we hope we can save on day-to-day costs, allowing each of us to offer more and better services and programs in the coming years.

It is by building connections, working together, and always striving to improve that we, as Jews, have maintained our identity and our worldwide family through the centuries. By doing the same on a local level through greater cooperation and an increased sense of commitment, we will all be strengthened as individuals, as individual organizations, and as a community.

Tell our story, celebrate our history and always look to the future! Happy Hanukkah! ☆

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At sixes and sevens

By Mary Helène Rosenbaum

Lately I've been talking about having been editor/administrator of *Shalom* for the past seven years. I'd even started composing a farewell message linked to the symbolic importance of the number seven in Jewish tradition. Today I thought it might be a good idea to look at my files—and discovered I've actually only been doing this for six years. Time flies...

But seriously, folks: I have had a great time at this job. One of my motives in applying for it back in 2004 was that I wanted to get to know the Lexington community better. Working for *Shalom* and developing relationships with the people who produce it and the people who are its subjects has accomplished that—to my great enrichment. Of course, there's a limit to how well one can get to know a community from behind a computer. I expect to keep deepening my engagement in person, especially through membership in the Havurah and commitment to the Federation.

Still, after six years, I do feel it's time for a fresh eye and a new perspective to inform *Shalom*. I know that Rabbi

Wortman will bring that, and his considerable talents, to the benefit of the paper and the community. He's going to do a superb job; I'm looking forward to watching from the sidelines and cheering him on.

Finally, I'll dearly miss the regular encounters with community leaders, JFB staff, and *Shalom* committee members. It's been great fun and a significant learning experience for me to hash out each issue under the direction of the mentor and friend some of us fondly refer to as Mother Superior, Ruth Poley.

Now that Ned has retired from teaching (for the second time), we'd both like to quit making that hour-and-a-half commute to Lexington. We're going to be focusing on our own writing now. He'll devote his energies to his book on intermarriage in biblical times (though he hopes to continue writing his *Shalom* column). I've just completed the first in a projected series of seven Young Adult novels set in the 1950s. Be sure I'll let y'all know as they become available, and that I'll keep in touch. Come down to Nelson County and see us some time! ☆

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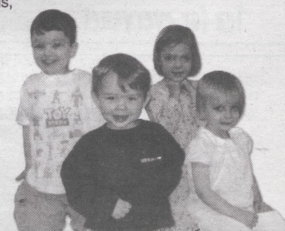
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TAI on Rye Deli to be open on Sunday, January 23

What? You haven't been to TAI on Rye yet? If you haven't, you have no idea what good stuff you're missing. If you have, then you won't want to miss it when we open again. In either case, put Sunday, January 23, on your calendar, come to our Temple deli, and enjoy some real New York food—it's a great way to beat the winter blahs. And, in case you're getting tired of our usual fare we'll be offering a few menu

specials. Bring your kids, neighbors, friends, companions, lovers, weekend guests—we welcome everyone. You don't have to be Jewish to love good deli.

In case of inclement weather, we will be open instead on Sunday, January 30. Check our Facebook page (www.facebook.com/TAIonRye) or the Temple website (www.lextai.org) for updates if the weather is questionable. ☆

GoodGiving.net: Charitable giving in the Bluegrass

JFB a recent addition



By Lisa Ashmer Adkins, President & CEO, Blue Grass Community Foundation

It's often been said that knowledge is power, and that's never been more true than it is today. Blue Grass Community Foundation has just unveiled a powerful new source of knowledge for those who want to make a difference through their charitable giving. This new online tool, GoodGiving.net, gives our community simple, quick access to the vital facts needed to make informed, effective charitable contributions to Kentucky nonprofits. Goodgiving.net encourages openness among nonprofits and makes it easier for donors to get information about causes they care about.

Launched December 1, the site is a robust source of information about a growing number of Kentucky nonprofits, including, for example, the Jewish

Federation of the Bluegrass. "We see GoodGiving.net as an easy way to enhance our credibility and extend our reach. I'm confident that when people know more about the work we do through GoodGiving.net, they'll be more likely to invest in that work," said Judy Wortman, director of the Jewish Federation.

The Community Foundation will not charge fees for donations made online at GoodGiving.net. "GoodGiving.net puts the donor in control of how to best invest in our community's future," said Art Salomon, a director of Blue Grass Community Foundation.

Participation in GoodGiving.net is free of charge, and is open to all nonprofits serving Kentucky. For information on establishing a nonprofit portrait in GoodGiving.net, or to establish your own charitable fund at the Blue Grass Community Foundation, contact Lisa Adkins at ladkins@bgcf.org or (859) 948-5188. ☆

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The Jewish Federation is in need of new sales associates to bring in advertising for *Shalom*. Set your own hours—earn your commissions.

Contact Tamara Ohayon at the JFB office if you are interested in joining our team. (859) 268-0672 or tamara@jewishlexington.org



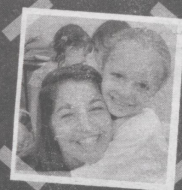
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Camp Shalom and Camp Gesher are now accepting applications for staff positions. Both camps will be in session from July 25 to August 5, 2011.



Camp Shalom - *Olarim* - campers ages 4 and 5
Isolim - campers ages 6 and 7
Chalutzim - campers ages 8 to 10
 Camp Gesher - campers ages 11 to 15

Counselors must be above the age of 15. Counselors-in-training must be at least 14 years of age.

Staff are responsible for supervising and engaging their campers, ensuring their well-being throughout the day, and assisting, or sometimes leading, programs. Individuals who feel they have expertise or experience in a particular specialty area should mention these abilities in their applications.

Interviews will be held at the JFB office. Please call ahead to arrange a time.

Applications may be obtained through the JFB office or online at www.jewishlexington.org by following the links to Camp Shalom.

Call Jana LaZur at 859.268.0672 or email to jana@jewishlexington.org for more information.



The Jewish Federation OF THE BLUEGRASS



From the Director

Judy B. Wortman



Impressions of the GA

The GA (General Assembly) of the Jewish Federations of North America met in New Orleans from November 7 through November 9. More than 4,000 lay leaders and professionals working in the Jewish community attended. Our federation was represented by Bob Grossman, our vice president, David Wortman, who will be the new editor-in-chief of *Shalom*, and me. The highlights of the conference included speeches by Vice President Joe Biden, Israel's Prime Minister Benjamin Netanyahu, and Israel's opposition leader, Tzippi Livni, as well as a huge hands-on volunteer project for thousands of conference participants who worked on restoring areas of New Orleans devastated by Hurricane Katrina. In addition to these major events, there were hundreds of seminars, classes, and meetings for smaller groups of attendees.

I have participated in about fifteen GA's during my career in federation work; at each one there is a major issue that becomes the overriding theme of the conference. Past issues have included saving Soviet Jewry, the aliyah of Ethiopian olim, intermarriage, and the recession and its effect on federations' ability to provide service. This year, in addition to the emphasis on hands-on service, there were two major themes. The first was the response to the world's attempt to delegitimize the State of Israel. The second was the

need to reach out to the younger generation in order to perpetuate the philanthropy and service that was established by their parents and grandparents. In this month's column I will try to give an overview of the current Israel crisis. Next month I will discuss the need to open the Jewish communal tent to the younger generation and other disenfranchised Jews such as those who are gay, lesbian, bisexual, and transgendered, and to the intermarried.

Many of you undoubtedly remember the United Nations campaign to equate Zionism with racism. The current campaign is another attempt to defame and harm Israel through international boycotts, divestment, and sanctions. So pervasive are these attacks on Israel that an acronym has been coined: The BDS Movement. This anti-Israel activity has been seen on college campuses such as Berkeley, where the student senate attempted to pass a resolution calling for the divestment of university assets from Israel, and UC Irvine, where anti-Israel students shouted Israeli Ambassador Michael Oren off the stage. It has been seen in the cultural arena, where performers such as Elvis Costello cancelled concerts in Israel, and at the Toronto Film Festival, which was boycotted by artists because of a program honoring Tel Aviv's 100th anniversary. It is also seen in politics and diplomacy. For example, Tzippi Livni was threatened with prosecution

for war crimes in the event that she visited the United Kingdom. Turkey, once Israel's most important ally in the Middle East, is on the brink of cutting off diplomatic relations with Israel. Trade unions in South Africa have called for an international resolution labeling Israel an apartheid state.

Individually, each of these events strikes a blow at Israel's image and diplomacy efforts. If we look at these events together with others too numerous to list here, we begin to see a pattern of assault on Israel's legitimacy. Many see these activities as yet another manifestation of anti-Semitism. These events are not just criticisms of governmental policies from those on the Left. Such criticism from either camp is always welcome and de rigueur in a democratic state. This is a system of international attacks that attempt to deny the right of Israel to exist.

In order to respond actively and aggressively to attacks on Israel's legitimacy, to educate North American Jewry about the BDS movement, and to teach communities how to counter these activities, the Jewish Federations of North America and the Jewish Council for Public Affairs have established The Israel Action Network. You will be hearing much more about this new endeavor over the next several weeks.

While Israel has its own share of warts, as has every country, it is our homeland and the only democratic state in the Middle East. The Israel Action Network will give us all the tools to understand the threats on its existence and to advocate for its survival. ✧

Camperships and Israel Scholarships are now available

Want to give your children a special and cherished Jewish experience? Concerned about the cost?

Jewish Federation of the Bluegrass, through the confidentiality of Jewish Family Services, is now accepting applications for Jewish summer camperships and Israel scholarships.



Scholarships are specifically for Israel programs and are not tied to income. Camperships are for not-for-profit Jewish day or overnight camps, including Camp Shalom and Camp Geshet. Income is one of the criteria used to evaluate eligibility for camperships.

Deadline for applications is April 1, 2011. Applications can be requested from JFS or downloaded from the JFS page at <http://www.jewishlexington.org>.

To obtain an application or more information, please contact Paula Clancy, Director of Jewish Family Services, at (859) 269-8244 or via email at jfs@jewishlexington.org.



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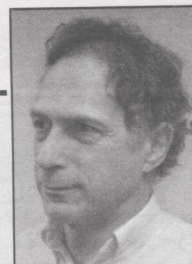
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Third Opinion

Stanley Ned Rosenbaum, PhD



FDR and the Jews

Students of history will recall that the Roman Emperor Caligula appointed his horse to the Roman Senate. I once infuriated my mother, z"l, for suggesting that her mother, my dear grandmother, would have voted for the nag had he run on a Republican ticket. Not true, of course, but both my parents and all four grandparents were staunch Republicans. Hence, I was raised with no particular admiration for Franklin D. Roosevelt.

As a student of American history at Tulane and then at the University of Chicago, I didn't acquire any more respect for FDR. Sure, he appointed Jews to high positions and was friends with Rabbi Stephen S. Wise, one of the last rabbinical *shtadlanim* (spokespersons for the Jewish community), but his administration did little to help Jews before or even during the war.

He couldn't get Congress to admit 20,000 Jewish refugee children or even to give permission to land the 930 Jewish passengers on the *SS St. Louis* in 1939; they went back to Europe, where most of them perished. (Our more lenient treatment of "boat people" from Cuba, Haiti, and Vietnam may reflect a lingering embarrassment engendered by our refusal to accept those Jews.) So for Jews, FDR was simply seen as a better choice than the alternative, Republican isolationists. How much better can't be readily calculated.

I have more admiration for FDR's successor, President Harry S. Truman, who recognized Israel as a state the day it was declared in 1948. Asked why he acted so precipitously, the president is said to have replied, "I don't have six million Arabs among my constituents." Whether or not he did say that, the story illustrates that our political parties and government act in their own self-interest as, indeed, do all governments.

When Jewish conservatives tell me that President Obama will cheerfully "throw Israel under the bus," I have to respond that Republicans have already done so. Twice. In 1956 and again in 1973, Republican presidents put the brakes on Israelis who would otherwise have dealt Egypt two enormous defeats. During the second of these events, the Yom Kippur War, our secretary of state was Henry Kissinger, himself a Jew.

At the time, I approved of both decisions, though I now wonder whether they were correct. Here's the thing: I

don't trust either of our political parties to "do right" by Israel unless it fits what they see as our own national or domestic agenda. On the upside, I see continuing support of Israel, both open and clandestine, as in our best interests for a very long time. Of course, another

When Jewish conservatives tell me that President Obama will cheerfully "throw Israel under the bus," I have to respond that Republicans have already done so. Twice.

studied insult like the one tendered Vice President Biden on his recent visit there sure wouldn't help, and it matters little whether President Netanyahu was

aware of the clearance for 1,600 new housing units in East Jerusalem. Israel is a democracy and a model of stability in a very turbulent neighborhood. It is a major trade partner with us in many key areas—not in oil, unfortunately, but you can't have everything. (Note to Jewish Republicans: support alternative energy sources and we won't have to be so considerate of the Saudis and other repressive, anti-Israel regimes.)

Jews who live in such places as New York, Florida, and Illinois have some political influence, too.

But America now has almost as many Muslims as Jews, and while I don't expect them to be any more united than we are, they will likely become an effective domestic counterweight.

So to anyone who urges me to vote for this or that party on the grounds that it will be more favorably disposed to Israel and/or Jewish concerns, I say, go back and look at the history. ✱

Stanley Ned Rosenbaum, PhD (Brandeis), is a retired professor of Hebrew at UK and professor emeritus of Judaic Studies at Dickinson College in Carlisle, Penn. The title of this recurring column is drawn from the old chestnut, "Two Jews, three opinions."

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The Jewish Federation
OF THE BLUEGRASS



Cool Facts About Israel

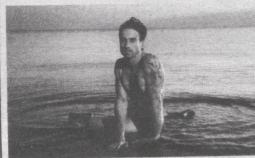
Israeli dancer and choreographer
Ido Tadmor
campaigns for the Dead Sea



New York - November 5, 2010: Popular Israeli dancer and choreographer Ido Tadmor recently released a series of photographs and a video inspired by and taken at the Dead Sea as part of his volunteering to promote tourism to the region. The photos, which were taken at Kalya Beach on the north side of the sea, are part of the international marketing campaign to promote the Dead Sea's advancement in the finals of the New7Wonders of Nature competition. The video, which documents the special dance created by Tadmor, will be available for viewing in December 2010.

"The Dead Sea is my favorite spot in Israel," says Ido Tadmor. "For me this is one of the most amazing places on earth, and it is important for me to be an active part of its care and development."

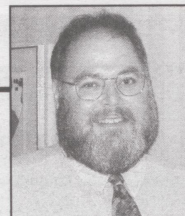
The Dead Sea is one of 27 finalists in the New7Wonders of Nature online competition. Vote for the Dead Sea by visiting www.votedeadsea.com.



For more information about the Dead Sea in the finals of the New7Wonders of Nature online competition, visit www.facebook.com/votedeadsea. For more information about travel to Israel, visit www.goisrael.com.

Ask A Rabbi

Rabbi Marc A. Kline



Q: I remember, growing up, going to religious school with money for the pushke. The teacher said we were giving tzedakah, and I thought that meant "charity." Recently, I heard that it does not, so—what is it?

A: Many of us grew up believing that tzedakah was the money we brought to religious school or gave to a variety of organizations as a donation or even a tithe: in short, charity. It is not, however, charity. Charity is a gift one brings to help another person out of a temporal situation. Tzedakah really means "justice" or "righteousness."

In Deuteronomy we read, "Tzedek, tzedek tirdof"—"Justice, justice, you shall pursue it."

The word tzedakah is an evolved form of that word. Justice solves problems. And it happens at many different levels. Maimonides, one of the most respected Jewish scholars of all time, wrote that there are eight levels of tzedakah. They range from giving grudgingly to helping people completely out of poverty by training them to take care of themselves. Unfortunately, we have come to consider any giving, even grudging, a benevolent act.

Maimonides did not speak of giving, he spoke of healing. He was not referring to stop-gap measures, but to solutions. Wanting to give with a full heart is admirable and fulfills a great many other mitzvot, but the Jew-

ish understanding of tzedakah is that healing the problems of one in need is an obligation, not a choice. Charity is rooted in compassion, but it does no healing of wounds; it is simply the bandage that covers the festering sore of poverty. Charity is necessary to help people move forward, but when the act is finished, the problem remains. An act of justice/righteousness solves a problem, not masks it.

Many people support food pantries with food and financial donations. Here is a sobering statistic: according to the USDA, two tons, or 4,000

pounds, of food will feed a mere 48 people for only a month or four people for one year. To solve hunger, we must create opportunities for people to fill their own cabinets and refrigerators. The food is the necessary charity. Job creation, garden creation, cooperative sharing of

resources (as in the Israeli Kibbutz)—these are solutions to hunger. These are the acts that are just and righteous.

When we speak of peace, a promise not to shoot any more weapons in a temporary cease-fire is a charitable act, but the establishment of peace among people who have never found ways to live together is tzedakah. Coexisting in a home may bring comfort, but engagement of souls is where tzedakah finds its home. At weddings, I remind couples that love between couples is a gift and a blessing. Righteousness and respect between them is an absolute obligation.

Going back to the pushke in religious school: Yes, planting a tree is sustainable change. Yes, building a shelter in a war-torn area is sustainable change. One tree will not regrow a forest and a shelter will not end the threat that war imposes upon its potential victims. The temporary aid is an essential one; we need to keep filling our tzedakah jars. Until we have solved all of this world's problems, we still need to help each other cope along the way. We just cannot stop there. We need to finish some

of the work, so the next generation can move on to the next task. Remember that we are all each other has. Where we fail each other today, we cost ourselves more dearly tomorrow—when it will be our turn to be in need. ☆

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The Jewish Federation
OF THE BLUEGRASS

"Lunch and learn with our Lexington community rabbis" continues on Tuesday, December 28 with Rabbi Marc Kline. At 12 noon on the last Tuesday of each month in the JFB office the rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest. A dairy lunch will be offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 268-0672 so we can order lunch for you.

Have a question?

Ask a rabbi

The rabbis write columns in response to questions submitted by the readers. We encourage you—whether you are a member of the Jewish community or not—to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis.

If you have an issue you would like to see addressed, please email it to shalom@jewishlexington.com and put "Ask a Rabbi" in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

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Save the date for Hadassah January program on the changing role of palliative care

The Hadassah program at 7:00 p.m. on January 25, 2011 at the Tates Creek Library will focus on the changing role of palliative care in the treatment of disease. Jan Braun, a long-time palliative care nurse, will discuss some of the ways in which palliative care is changing. For example, palliative care experts are now called in when

a patient is first diagnosed with a serious illness rather than when the disease has progressed. Studies have found that the early intervention helps prolong life in many instances. Ms. Braun will discuss this important finding as well as other cutting-edge changes in palliative care. ☆

Trip (from page 1)

gram is community building, traveling and learning about Israel, and exploring our identities. We had speakers such as Moshe Feiglin to come talk to us about the Israeli-Palestinian conflict. The program gave us different perspectives on the situation in Israel. Shortly after returning to America (I only spent three nights in my own bed) my parents and I began the sixteen-hour expedition to Brandeis. I can now say with confidence that I learned more in the six weeks I spent in Israel than I have in an entire semester of college.

One story does not begin to capture what I learned in Nesiya about the nature of human emotions, of group dynamics, of my relation to Judaism, or the motivation that guides us throughout our lives. Nonetheless, one experience can help portray my profound appreciation for my experiences in Israel. The choices I make should be solely based on what I need, what I want, and not what society dictates as normal. To be a tour guide in Israel is a very well respected job, and is by no

means looked down upon by society. To reach this mindset when you begin acting on personal belief alone is a goal we should all strive for. What is normal? Why follow our perception of this imaginary concept when what is best for us often deviates from convention?

I have accepted that no matter how many stories I tell, what happened this summer is meant to stay with me. Perhaps that's the wonder of individuality—no one will ever see what you have seen the way you saw it. All I can say is that this summer was my personal utopia precisely because Nesiya provided an environment in which everyone acted on their uninhibited thoughts and emotions. I realize that this environment isn't replicable, but I can now use my experiences from Nesiya to enrich my daily life.

Maria Alkhasova, a freshman at Brandeis University, has been a teacher's aide at OZS for the past four years. She lives in Lexington with her parents, Shebetey and Svetlana Alkhasov; her brother is a senior at Case Western Reserve University. She attended Nesiya on a scholarship from JFB. ☆



From left to right: Leya Robinson, Aliyah Cohen, Maria Alkhasova, taken in Tzfat.

JFS: At Your Service

By Paula Clancy, MSW, CSW, Director,
Jewish Family Services

Resource updates for you or someone you know

It's the time of the year again for several programs that might be of interest to you or someone you know.

(859) 233-4600 to arrange application.



Medicare Part D and Medicare Advantage Open Enrollment ends December 31, 2010. Everyone with Medicare is encouraged to review their Part D coverage during Open Enrollment. Assistance is available to help you determine if a better plan is available for you during 2011. Some of the current Part D plans are not renewable, which means you may need to choose a new plan.

Help is available by appointment at the Lexington Senior Citizens Center. Contact Diana Caldwell at (859) 278-6072, ext. 310. You may also contact SHIP (State Health Insurance Assistance Program) for help at (866) 516-3051.

Funds are now available to help with winter heating bills through Community Action Agency. You will need to bring proof of household income for the previous month plus a recent heating bill or verification that heat is included in your rent. Call

The Family Caregiver Support Program assists families by providing counseling, support groups, and supplemental and respite services to caregivers for people over 60 years of age and to those who provide care to children through the age of 18. The program often assists generously with purchasing supplemental equipment such as medical alarms and bathroom grab bars, and also pays for respite care to relieve the caregiver. It is funded through the Federal Administration on Aging Services and administered by the local Bluegrass Area on Aging. It is very simple to participate and requires little paperwork. Call (859) 269-8021.

If you are struggling with any issues or problems in daily living I hope that you will call me at JFS, (859) 269-8244, so that we can put our heads together to find support and solutions. ☆

Letter to the Editor

"The old order yieldeth, giving way to new"—so Lord Tennyson would have us believe. Turns out, he's right—at least as far as this paper is concerned. This issue is the last that will bear the imprint of Ruth Poley and Mary Rosenbaum, and next month's issue will feature the beginning of new leadership as Rabbi David Wortman takes on the task of *Shalom's* production.

I would urge the community to continue to support this paper by stepping up and volunteering to write an article, to submit stories and pictures, and, yes, to contribute financially to the paper's existence. I know that it is costly to produce, and while advertising has increased, it is still not enough to make *Shalom* self-sustaining.

Although most of the organizations belonging

to JFB have their own sources of news, *Shalom* is the "gathering place" for all that goes on in the community, and as such, is a valuable disseminator of information, exchange of ideas, and entertainment.

Won't you be supportive of the "new order" and help maintain this special part of the special organization that is the Jewish Federation of the Bluegrass?
Marcia Blacker

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Visit (from page 1)

Peace Process," and "Genesis and the Big Bang." We also toured the Western Wall Tunnel, City of David, Gush Etzion, Masada, and Rachel's Tomb.

We heard a heart-rending yet inspiring story from Seth Mandell, whose 13-year-old son was murdered by terrorists while hiking near his home in Tekoa. Seth and his wife, Sherri, have created the Koby Mandell Foundation, which provides therapeutic retreats for Israeli victims of terror.

We floated in the Dead Sea, rode camels, had dinner in a Bedouin desert tent, welcomed Shabbat at the Kotel, and had a traditional Shabbat lunch with a local family. We were told that Mark Twain said, "All things are mortal but the Jews." We learned that you cannot take your soul with you when you die, but you can send it ahead. We were told the difference between the New Year observances of Rosh Hashanah and January 1 is accountability. We discovered that three people in our group were children of Holocaust survivors, one was the daughter of a Holocaust liberator, and one charming man was himself a Holocaust survivor.

We met a Chabadnik in Tzfat while we were eating lunch. He wanted Lowell to wrap tefillin with him, but Lowell said he would do that later. We asked this 24-year-old man to sit down, and he talked with us for more than an hour. During our weekend in Tzfat, many Chabadniks offered to help Lowell wrap tefillin, and Lowell told them all that he promised someone else that opportunity, and he was looking for him. Finally, on our last night in Tzfat, another man approached Lowell, and since we hadn't seen our young friend again, they went to the yeshiva and wrapped tefillin. Sunday morning as we waited for the bus to take us from Tzfat back to our army base, I turned around and saw our young Chabad

friend. We told him we had looked for him all weekend, and that Lowell had finally wrapped tefillin at the yeshiva. This made our new friend smile. We then began to get on the bus, and turned to say "good bye," but he was gone... disappeared.

While in Tzfat, we were looking for a museum that housed a model of the Third Temple. We asked three men having breakfast on a patio in front of a store who were speaking English. They said it was right behind where we were standing. One of the men said he had built that model, but that it had been placed in storage and was no longer at the museum. Coincidence? We then discovered that the youngest man, David Katz, had moved from Indiana to Tzfat about six years ago. When we told him we were from Lexington, he asked us if we knew Michael Ravvin. He had gone to some youth group convale with some kids from Lexington, and remembered Michael.

Back in Jerusalem, Lowell and I passed a soup kitchen "for the needy" filled with many bearded men wearing black hats. Two came outside carrying plates of food, and told us we should go inside to get some lunch. I explained to them that we were not needy, and one of the men proceeded to tell us about certain people (by name) who were paid more than this man thought they merited. Then Lowell reminded these two bearded, black-hat-wearing Orthodox Jews about *lashon hara* (evil speech), and that they were doing this. I thought it funny that my husband should be reminding this Orthodox Jewish duo that they were committing a transgression.

Another time, Lowell and I were walking in the ultra-Orthodox Jerusalem neighborhood of Mea She'arim just taking in the sights. Lowell was giving out *tzedakah*—in American dollars, so the needy would know where the money came from. We passed by a

white-bearded man, sitting with his plastic cup out, and Lowell gave him a one-dollar bill. The man said in perfect English "Thank you and welcome home." As can be imagined, this took Lowell by surprise, so he stopped to speak with the man. From Akron, Ohio, he had moved to Israel 32 years ago and advised us to do the same. He was extremely disenchanted with the American government; we didn't ask about his life in Israel.

There is so much more to relate about our trip, but that will have to wait for future articles. If you have any questions, please email us: Betty: bnigoff@yahoo.com Lowell: killshot@iglou.com

The Sar-El website: <http://www.sar-el.org/>
The VFI (volunteers for Israel) website: <http://www.vfi-usa.org/>
The Aish.com website has some pictures from our tour. ☆



Lowell and his Chabad friend in Tzfat.



Helmets Betty Nigoff refurbished and painted.
10 | December 2010/January 2011 Shalom

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Avatar Production Designer Finds Shen Yun "Inspiring"

LOS ANGELES — Emmy and Academy Award winner Robert Stromberg was the production designer for *Avatar* and *Alice in Wonderland*.

He saw Shen Yun at The Music Center's Dorothy Chandler Pavilion, in Los Angeles in 2010.

"The show was absolutely beautiful. It was so inspiring, I think I may have found some new ideas for the next *Avatar*. It was tremendous to see the wide-ranging different types of performance art come together as one. It was very beautiful to see it, it became this one big poetic event. And the color, the lights and the movement. The performers were fantastic. I thought it was wonderful."

He says Shen Yun's dances had elements he had never seen before.

"Especially, I loved the dances where they synchronized the sounds as well with the costumes and what they're wearing, the women with the silver and the men with the chopsticks. I think that would make a great dance in a film someday. You know that type of thing. The environments, the background, the use of color, the use of color and costume together, those types of things were very unique and inspirational."

He comments on the use of digital backdrops to frame the dance.

"It was an interesting use of, an interactive element, which I think as it develops it could become a new art form in itself. A live performance mixed with digital projection and maybe 3D eventually, who knows. Using those two techniques together it would be almost like going to the theater and a



Robert Stromberg, Avatar Production Designer

movie at the same time."

Mr. Stromberg appreciated Shen Yun's presentation of traditional Chinese culture: "Working as a designer myself, I have done a lot of research on China and the landscapes of China and how beautiful they are. Seeing a traditional performance with the authentic dance moves and authentic backgrounds—it all came together."

"What can I say? It was a terrific performance and a wonderful experience."

Robert Stromberg won Emmy Awards and an Academy Award for his work as a special-effects artist.

During his time on *Star Trek*, Mr. Stromberg earned an Emmy Award. Since then, he has been nominated for and has won a number of Emmy Awards while working in television and film. In 2010 he won, along with others, the Academy Award for Best Achievement in Art Direction for *Avatar*.

A PERFORMANCE 5,000 YEARS IN THE MAKING

A performance by Shen Yun is traditional Chinese culture as it was meant to be: a study in grace, wisdom, and all the virtues distilled from millennia of Chinese civilization. The classically trained dancers, musicians, and singers of Shen Yun Performing Arts share a vision: to revive and restore Chinese culture to its former, glorious state.

Based in New York, Shen Yun Performing Arts is distinguished by its conscious effort to remain independent of China's communist regime, which has abused and impoverished the arts for decades. In fact, a show like Shen Yun's can no longer be found in China today. As one well-traveled New Yorker noted: "I've seen China before with my eyes, but this show had me experience China with my soul."

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No other art form in the world boasts such strong expressive qualities and diversity of technique as classical Chinese dance. It takes years of rigorous training to master the many leaps, flips, and delicate gestures. Dancers must also be versed in Chinese culture to achieve the bearing needed to bring ancient legends and heroic figures to life.

In addition to the classical forms, Shen Yun features the distinctive colors and styles of ethnic and folk dance. Choreographers draw upon over 20 dynasties and 50 ethnic groups to create pieces that range from the northern steppes of Mongolia to the lush forests of Yunnan. Among the most impressive elements of any Shen Yun show are the large-scale ensemble pieces in which dozens of dancers appear to move as one body across the stage.

Shen Yun has also created its very own brand of story-based dance, which often deals with universal, thought-provoking themes. As one distinguished ballet dancer noted, "There's a lot of depth and meaning. It's a new realm of dance."

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Letter to the Editor

Jews had lived in Germany for 1,000 years before Hitler. Bonnie Sobel's Opinion piece last month asks why they didn't flee before the Holocaust overwhelmed them. In fact, most did. Of the approximately 700,000 Jews in Germany and Austria before 1939, some 430,000 to 490,000 did flee. (Precise numbers are hard to determine.) More might have done so if the rest of the world had been willing to take them in. (Please look up the results of the Evian Conference). Some, like Otto Frank's family, did not go far enough

and were swallowed up later, but most of the Nazis' Jewish victims, over 5.5 million, were Eastern European Jews who had little or no chance to escape.

I marvel that so many German Jews were willing to tear out such deep roots. In their place, I might have said that I'm too old to leave and that I have children and grandchildren here, that anti-Semitism is nothing new, and, finally, how bad could Sarah Palin be, anyway?

Stanley Ned Rosenbaum

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November 14 *Live and Become* ("Va, vis et deviens") Temple Adath Israel (124 N. Ashland Ave.)

A young Ethiopian boy, Solomon, is swept up in Operation Moses, a joint effort between American and Israeli troops to relocate Jewish refugees from Africa to Israel. Hoping to shield her son from an impoverished life, Solomon's Christian mother forces him to declare himself Jewish and join the exodus. From writer-director Radu Milheleanu, maker of the acclaimed "Train of Life", comes an award-winning film about the mysteries of survival, identity, and the healing force of love. Spoken languages: French, Hebrew, Amharic with English subtitles.



December 12 *Nora's Will* ("Cinco días sin Nora") Temple Adath Israel (124 N. Ashland Ave.)

Nora had a plan. It would bring her ex-husband, Jose, and the rest of their family together for a magnificent Passover feast. But there is a flaw in her plan—a mysterious photograph from the past, hidden under the bed, which leads Jose to re-examine their relationship and rediscover their undying love for each other. Winner of several international film awards, "Nora's Will" is a warm and entertaining film which reminds us that the biggest love stories are sometimes hidden in the smallest places. Spoken languages: Spanish with English subtitles.



January 9 *Saviors in the Night* ("Unter Bauern")

Ohavay Zion Synagogue (2048 Edgewater Court)

"Saviors in the Night" is based on the memories of Marga Spiegel. In her narrative, published in 1965, she describes how courageous farmers in southern Münsterland hid her, her husband Siegfried (named Menne) and their little daughter Karin from 1943 until 1945, thus saving them from deportation to the extermination camps in the East. The film tells this story of survival with a sense for the absurd in daily life and not without the typical Westphalian humor.

Spoken languages: German, French, English with English subtitles.



February 6 *A Matter of Size*

Ohavay Zion Synagogue (2048 Edgewater Court)

Four overweight friends from the Israeli city of Ramle are fed up with dieting. When Herzl loses his job as a cook and starts working as a dishwasher in a Japanese restaurant he discovers the world of Sumo where large people such as himself are honored and appreciated. Through Kitano, the restaurant owner and former Sumo coach, he falls in love with the sport. Herzl wants Kitano to be their coach but Kitano's reluctant they first have to earn their spurs. From directors Sharon Maymon and Erez Tadmor comes a comedy about a 'coming out' of a different kind—overweight people learning to accept themselves.

Spoken languages: Hebrew and Japanese with English subtitles.



www.menemshafilms.com

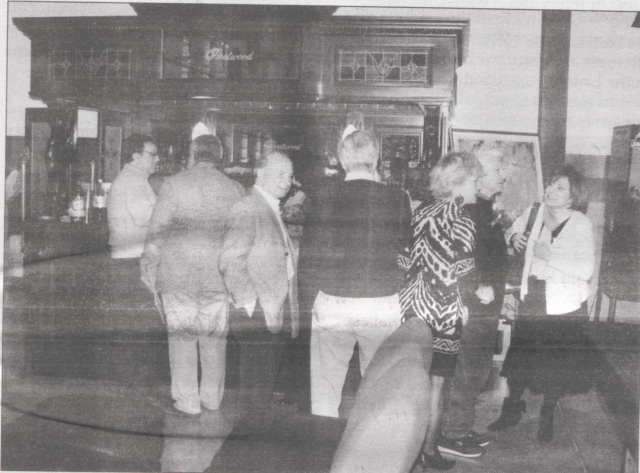
Thank-you (from page 1)

Caryn Bark, our comedian, received rave reviews. Belly laughs resounded through the room, particularly from the baby boomers who remember our mothers-in-law in housecoats and our '60s Jewish families who just didn't resemble those we watched on *Father Knows Best* and *Leave it to Beaver*.

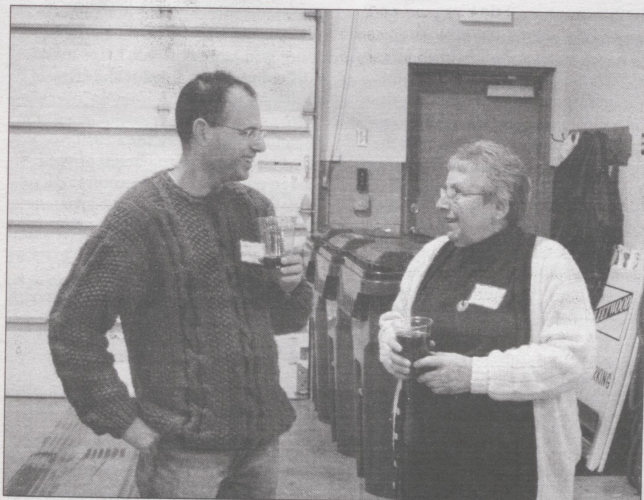
Our deepest thanks go to the generous donors who have made pledges and gifts to the 2010 Federation campaign. Our evening was created to honor you because of your commitment to your fellow Jews in Lexington, Israel and around the world. You are responsible

for a myriad of mitzvot: your gifts provide help for those in economic crises, support for the elderly, scholarships for children at camp Shalom, and making Jewish life meaningful for thousands. For those of you who have not yet made your 2010 pledge, please do so by calling us at (859) 268-0672 or emailing us at jfb@jewishlexington.org. For those of you who have made pledges, please be sure to pay those commitments by the end of December when the campaign ends.

Thank you for your generous hearts. ✧



Pre-show crowd.



Chen Rubinstein and Gail Cohen enjoying a moment

Share your
light
with the Jewish
community
and the world.



Your Jewish Federation helps countless people overcome poverty, hunger, and despair. We also provide funding to programs that sustain Jewish identity and enrich our community.

This Hanukkah, help us
share the light
here at home, in Israel
and around the world.

It's not too late to give
to the 2010 Campaign.
Send your donation by December 31, 2010.

*Honor the past.
Ensure the future.*

Support the 2010 Jewish
Federation Community Campaign.



**The Jewish Federation
OF THE BLUEGRASS**

Our connection. Our voice. Our community.

Vice President Biden and Prime Minister Netanyahu address the General Assembly of Jewish leaders from North America in New Orleans

By David Wortman

On November 7, the General Assembly of the Jewish Federations of North America began with the opening plenary at the New Orleans Marriott. The primary speaker at this initial session was Vice President Joe Biden. The vice president, when a senator from Delaware, worked closely with the Jewish Federation of Delaware (and neighboring Philadelphia) in support of Jewish causes—local, national, international, and in the Middle East. As chair of the Senate Foreign Relations Committee, he was a strong supporter of Israel as both friend of the U.S. and strategic ally in the region.

Biden reassured the assembled leadership that his support for Israel stems from childhood, when his love of Israel was nurtured by his father, "one of those who spoke passionately—he spoke passionately about the Jewish people and the profound historical connection to Israel."

His first visit to Israel, in 1973, brought him together with then Prime Minister Golda Meir. She told him about Israel's secret weapon: "We have nowhere else to go."

He added that his commitment to Israel is matched by President Obama. He emphasized that "disagreements when they've existed have only been tactical in nature. They have never been fundamental." Further, he cited the president's remarks in Cairo: "It should be clear to all that efforts to chip away at Israel's legitimacy will only be met by unshakable opposition by the United States of America."

Biden's central theme of the steadfastness of the administration in support of Israel extended to his comments about Iran and Iraq. He concluded his speech with a personal declaration: "I am proud, and I've always been proud, to stand with you. Our nation has been proud to stand with Israel from its founding 60 years ago. And I absolutely guarantee you as long as there's a breath in me, this government, this nation, will stand with Israel."

The next day, Prime Minister Benjamin Netanyahu spoke to the assembly. He structured his remarks around comments from Theodore Herzl, father of modern Zionism. Herzl identified three stages in nation building: 1) Recognize danger; 2) Use opportunities; 3) Forge unity.

Regarding the first stage, Netanyahu cited two primary dangers facing Israel today. The first is a nuclear Iran. He noted that Israel appreciates American sanctions. Nevertheless, he added, "The United States must convince Iran that it is prepared to use military power." Otherwise, he argued, Iran will not take sanctions or diplomacy seriously.

Israel's second greatest danger is the international attempt to delegitimize the Jewish state—"Israel is being demonized." He applauded the joint effort of JFNA and the Jewish Council for Public Affairs (JCPA) to form the Israel Action Network to combat attempts at delegitimization of Israel in the United States and Canada. "The absurd attempt to erase our past will fail as we reconnect a new generation of Jews with their history. The Jewish people are not strangers in the land of Israel; it is our home. It has always been our home and it will always be our home," said Netanyahu.

Herzl's second stage, "using opportunities," is focused on peace and prosperity. Netanyahu argued that there is a real opportunity for peace. "We are willing to recognize Palestine as a secure state for the Palestinian

people if they recognize Israel as a Jewish state for Jews." He is willing to talk to the Palestinians without preconditions. "There is only one path toward peace—a negotiated settlement." After achieving peace, "immeasurable economic opportunities" will be unleashed. A prosperous new Middle East will emerge.

Finally, the prime minister spoke to the issue of forging unity. "I will not permit anything to undermine the unity of our people. Israel must always be a place that each and every one of you can call home." There will be joint efforts between North America and Israel in Jewish education. Further, he cited his wish to restore Jewish and Israeli sites in Israel to better link tourists with their history.

Netanyahu's remarks were interrupted five times by young Jewish student protesters who oppose Israeli policies. They were quickly removed from the room by security.

Both Biden and Netanyahu received standing ovations from the assembled leaders. Their combined message re-kindled hope in the continued fight for peace, security, and progress in the Middle East. ☆

JFNA mourns the passing of Marty Krarr

With great sadness, The Jewish Federations of North America, its Board of Trustees and staff mourn the passing of Martin S. Krarr, z"l, a devoted friend and longtime supporter of the Jewish people.

Marty, as he was known, was 69 when he passed away November 1. He was the executive vice president of the American Committee for the Weizmann Institute and had 37 years of professional involvement with Jewish communal life.

Prior to his appointment at Weizmann in 1998, he served as the executive vice president of the Council of Jewish Federations for ten years. Atlanta-born and Chattanooga-raised, Marty was pivotal to the merger between CJF and its fundraising counterpart, the United Jewish Appeal, as United Jewish Communities (now JFNA).

"It is with a heavy heart we note the passing of our friend and beloved colleague, Marty Krarr," said Jerry Silverman, president and CEO of JFNA. "He led our organization with vision, courage, and wisdom through a period

of transition, and spent his life devoted to the betterment of the Jewish people. We honor his memory with gratitude for the wonderful *gimilut chasadim*, acts of loving kindness, he performed on behalf of our people and will continue to find inspiration in the legacy of his leadership."

Marty received a certificate in social work from the Hebrew University in Jerusalem. He subsequently made his way to the forefront of Jewish community centers and Jewish Federations. Over the past three decades, he held executive positions with Jewish organizations in many cities across the country including Memphis, Nashville, St. Louis, and Detroit, in addition to a two-year stint as the first director-general of CJF's Israel office.

He is to be buried in Florida, next to his parents and two brothers. A memorial service will be held in New Jersey. He is survived by his beloved wife, Lynda, and four daughters: Shanna, Anita, Miriam, and Yona. May the entire Krarr family be comforted among the mourners of Zion and Jerusalem and may his memory be a blessing. ☆

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Hadassah Donor Campaign continues

Pledges still being accepted

The annual phone-a-thon for the Hadassah Donor Campaign took place at the home of Angie Smith on October 14, 2010. *Today rabah* to Angie Smith for not only hosting the phone-a-thon, but also keeping the records for us. We appreciate those who made calls that night: Jane Chaput, Janice Newman, Vinnie Dubilier, Lynn Furness, Melanie Shapiro, and Evalyn Block. Their efforts resulted in 36 pledges; follow-up calls yielded additional pledges.

Today rabah also to those who helped with calls after the phone-a-thon: Vivian Bitensky, Gail Cohen, Fran Friedman, Evelyn Geller, Odette Kaplan, Judy Saxe, and Carole Wilson. We hope you will support Hadassah with a pledge when they call, if you haven't already received your call or made a pledge.

A big thank-you to everyone who has contributed or pledged to this year's Donor Campaign. It is only with your support that we can continue to sup-

port Hadassah's worthwhile projects in Israel and the United States. Every donor gift, large or small, helps make a difference in the lives of children, adults, and families.

Remember, to qualify for a 2010 tax-year deduction, payment of your pledge must arrive by December 31, 2010. If you prefer a 2011 tax-year deduction, you may pay on or before April 15, 2011.

Please send your pledge payment to Kathie Kroot. If you have not been called, and want to make a pledge, contact Kathie at (859) 269-8034 or Kvk4660@aol.com. ☆

ISRAEL 21c: Supplying the missing building block in brain atrophy

By Gilah Kahn-Hoffman

Having identified the protein building block missing in patients with brain atrophy, Israeli researchers can now conceive of a way to replace it.

An Israeli scientist has identified a genetic mutation that leads to progressive brain atrophy. His research team has detected a defect in the 21st amino acid that results in a progressive disease of severe mental retardation and epilepsy that begins in infancy.



Professor Ohad Birk, head of the Genetics Institute at the Soroka Medical Center and The Morris Kahn Lab of Human Genetics at Ben-Gurion University of the Negev.

Prof. Ohad Birk, of the National Institute for Biotechnology in the Negev, who also heads the Genetics Institute at the Soroka Medical Center and The Morris Kahn Lab of Human Genetics, at Ben-Gurion University (BGU) of the Negev determined that the defect is associated with the production of the 21st amino acid, selenocysteine (SEC), which leads to progressive brain atrophy.

"The full name of the disease is Progressive Cerebro-Cerebellar Atrophy (PCCA), in which there is a genetically-determined, progressive wasting away of cells throughout the brain," Birk tells ISRAEL21c, adding that "affected individuals have psychomotor retardation which is severe by one to two years of age, and spasticity (stiffness

of the body, especially arms and legs). Most also have epilepsy."

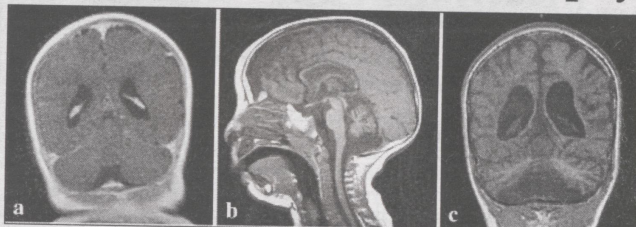
Prenatal screening may lead to prevention

According to Birk, "One out of every 40 Jews of both Moroccan and Iraqi ancestry may be carriers of this mutation, and it is estimated that in Israel there are about 200 cases of the disease. As the disease is both severe and common, testing for these mutations is expected to become a routine prenatal genetic screening test in these two populations, enabling prevention of future cases."

Explaining the significance of his research results to couples at risk, Birk says that "if both parents are found to be carriers of a mutation in the gene, they are at 25 percent risk for the disease in each child. They can opt to be tested by chorionic villi sampling (CVS) as of week 10 of the pregnancy or by an amniotic fluid test as of week 16... Another option is to undergo in-vitro fertilization (IVF) with pre-implantation genetic diagnosis (PGD) at day one or two of the pregnancy, and implant in the mother's womb an embryo that has been tested to be disease free... these options are offered to every couple at risk, and in Israel all the procedures are fully covered by the public health system.

"We assume that once the testing for mutations in this gene is implemented in genetics institutes throughout the world, many cases will be revealed in other countries," he explains.

It is also believed that further research will identify these other mutations in the same gene as the cause of mental retardation with epilepsy in additional communities.



The figures depict the progressive wasting away of brain tissue, beginning with normal appearance at eight months (left), moving to progressive loss of brain tissue by 18 months (middle) and then at three years (right).

As the disease is progressive, elucidation of its molecular mechanisms may open new venues to treatment, preventing disease progression. Or in other words says the professor, "We have identified the amino acid (the protein building block) that is missing in these patients. One can think of conceiving ways to supply the missing building block."

Defective amino acid leads to malfunction

The human genetic code, as deciphered some 50 years ago, encodes 20 amino acids which are the building blocks of all proteins in the human body. However, in recent years it became apparent that a 21st amino acid exists. Known as Selenium, it enters the body via food and is incorporated in human tissues into what is known as selenocysteine.

This 21st amino acid is unique in that it is encoded by what is normally a stop codon—that is, a DNA sequence that normally instructs the protein-building system to end the chain of amino acids, terminating the generated protein. In contrast with most genes, some 25 genes have a unique component that manipulates the stop codon so that instead of terminating the evolving protein chain, it inserts an SEC building block at that point.

"SEC is an amino acid that is a building block which is essential in the formation of some 25 proteins in our bodies, many of which are essential for normal brain function," Birk tells ISRAEL21c. "The mutation in the affected individuals prevents the formation of SEC. In the absence of SEC, the 25 proteins do not form normally, leading to severe malfunction of the brain."

The research was conducted by Birk, his Ph.D. student Orly Agamy, and Drs. Bruria Ben Zeev, Tally Sagie, Dorit Lev, and Dieter Soll. It was funded by the Morris Kahn Family Fund, the Legacy Heritage Fund and the Israel Science Foundation and published recently in the *American Journal of Human Genetics*.

A little research about the researcher reveals that this most serious scientist is also blessed with a sense of humor. A click on a myspace page in his name leads to an intriguing blog entry that begins thus: "Minimal bio: Born, raised and will die. Detailed bio: Born, raised, played piano, wrote music. Fell in love, made love, had kids. Loves wife, loves kids. Seeing patients. Doing research. Teaching students. Helping some. Discovering some. Entertaining some. Music: Writing music and texts, playing piano/keyboard + musical arrangements." ☆

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B'tayavon (Hearty Appetite)

By Ruth Poley



A Trio of Cruciferous Vegetables

Since this issue of *Shalom* covers both December and January, and Hanukkah will most likely be over by the time you receive it, I've decided to give you something for the new year. Once the holidays are over and the long cold winter sets in, along with the reality of what we've done to ourselves with all that holiday food, it's time to look to healthier options. Cruciferous vegetables are among the food powerhouses. They provide all kinds of nutrients and anti-oxidants. The following recipes are delicious and pretty much good for you (OK, so the cream cheese not so much, but you can use low fat).

Broccoli Purée

(makes 4-6 servings)

1 large russet potato, peeled and cut into 1-inch chunks
1 pound broccoli florets
½ cup chicken broth
4 ounces cream cheese
¼ cup freshly grated Parmesan or Pecorino Romano cheese
Salt and freshly ground black pepper

Fill a large pot with enough water to come 2 inches up the sides of the pot. Set a steamer rack in the pot, cover, and bring the water to a boil over high heat. Add the potato chunks and cook until they are very tender, about 18 minutes. Transfer the potatoes to a medium bowl and mash until smooth.

Place broccoli into steamer rack and steam over medium heat until the broccoli is very tender, about 12 minutes. Transfer the broccoli to the bowl of a food processor. Add the broth, cream cheese, and Parmesan. Process until the broccoli is puréed and almost smooth. Stir the broccoli purée into the mashed potato and blend well. Season the purée to taste with salt and pepper, and serve.

Brussels Sprouts with White Beans and Pecorino

(makes 8 servings)

8 tablespoons extra virgin olive oil, divided
2 pounds Brussels sprouts, trimmed, cut in half lengthwise
6 garlic cloves, chopped

1 cup low-salt chicken broth
1 15-ounce canellini beans, drained
2 tablespoons butter
1 cup (about 4 ounces) coarsely grated young Pecorino

Heat 3 tablespoons oil in heavy large skillet over high heat. When just about to smoke, add half the brussels sprouts. Cook until brown, stirring occasionally, about 5 minutes. Transfer to large bowl. Heat 3 tablespoons oil in same skillet. Add remaining brussels sprouts, reduce heat to medium-high, and cook until brown, stirring occasionally, about 5 minutes. Transfer brussels sprouts to same bowl. Add remaining 2 tablespoons oil to skillet; increase heat to high. Add garlic; sauté until brown, stirring constantly, about 1 minute. Add broth and brussels sprouts. Cook until brussels sprouts are crisp-tender, stirring frequently, about 3 minutes. Add beans and butter; stir until butter melts and broth is reduced to glaze, about 1 minute. Season with salt and pepper (not too much salt as the Pecorino is very salty). * Stir in cheese.

*Can be prepared up to this point and held or refrigerated. When ready to serve, reheat in a microwave and then add cheese and serve.

Red Cabbage

3 tbsps. butter
1 large red cabbage, thinly sliced
½ cup white vinegar
¼ cup each white and brown sugar
2 tbsps. salt, or to taste
1 small onion, thinly sliced
1-2 granny smith apples, shredded

Saute onion in butter. Add cabbage and stir well. Add vinegar, sugar, and salt.

Cover and simmer 2-3 hours, adding apple about halfway through. This can also be cooked in a 325° oven for 2 hours. Before putting in oven, bring to a boil on top of the stove. ☆

NOTE: If you have an appropriate food story you'd like to share, or a recipe you think others in the Jewish community might enjoy, please email me at rgp@insightbb.com

The Lexington Chapter of Hadassah

Lynn Furness, President

We're celebrating Hanukkah, the Festival of Lights, as you read this issue of *Shalom*. The candles we light in the menorah remind us of the miracle that the oil recovered by the Maccabees to light the *Ner Tamid* in the Temple in Jerusalem lasted eight days instead of one. Similarly, each candle reminds us of the miracles performed by Hadassah and the various ways Hadassah projects illuminate the universe.

The *shamash* is Henrietta Szold, an incredible visionary, who originally lit the way for Hadassah, the Women's Zionist Organization of America, and whose words and leadership example continue to light our way.

The first candle is for Hadassah Medical Organization, which brightens the world with its medical advancements and equal treatment for all. Among other miracles it works, Hadassah Hospital is close to starting human trials on stem cell therapies for macular degeneration. The building of the Sara Wetsman Davidson Tower to provide security for future emergency medical care in Israel with five levels below ground impervious to biological, chemical, and nuclear threats seems miraculous too.

The second candle is for Youth Aliyah, which shines purpose and education into the lives of at-risk youth, Israelis and immigrants alike. Each child helped is a small miracle. Tsila is a case in point. She came to Hadassah Neurim in the ninth grade, and despite her efforts to do her homework and prepare for tests, she did not receive good grades. Following a special diagnostic exam, Tsila learned she had above-average intelligence, but a problem with absorption of facts and concentration. Newly focused, Tsila gained self-confidence and her grades began to improve. Tsila said, "I know I can live a productive life because of this village and the women who support us."

The third candle is for Hadassah College of Jerusalem, which trains and nurtures students who in turn brighten Israel's economy with their highly focused skill sets. HCJ is not only known for its high academic excellence, but also for serving the community through clinics offering diagnostic and therapeutic care. For example, the

optometry clinic includes eye, visual therapy, and contact lens services provided by students in the optometry track at HCJ.

The fourth candle is for Young Judea, a beacon for summer campers across the United States, and for Year Course participants in Israel. Here in the Central States Region we own the camp located in Waupaca, Wisconsin, which has been attended by several generations of Lexington families. Year Course is the largest gap-year program in Israel for recent high school graduates, providing living and learning experiences in various settings before the students start college in the U.S.

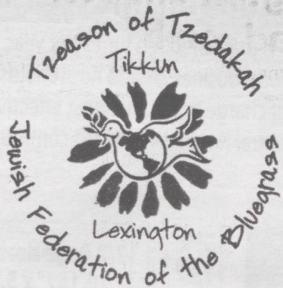
The fifth candle is for Jewish National Fund, whose mission to re-forest and re-water the State of Israel casts the green light of the miracle of reclamation. JNF has created more than 1,000 parks and built more than 200 reservoirs and dams. It has planted over 240 million trees in Israel since 1901 and still plants over 3 million new saplings each year.

The sixth candle is for Hadassah friendships, whose glow attracts members and enriches their lives. Through programs in our local chapters, regional conferences, and National Convention we meet energetic, knowledgeable, capable, and successful women who are full of ideas for making our world a better place and creating more miracles.

The seventh candle is for the Associates, who stand alongside the members and have their own commitments to stem cell research and other priorities, including raising \$36,000 to name the 10th Floor Internal Medication Station in the new tower by attracting 360 participants with a minimum \$100 contribution.

The eighth candle is for treasured children and grandchildren, who we hope will carry on our traditions creating their own miracles while lighting the candles in their menorahs.

May the joys and brightness of Hanukkah sustain us all. May the candles burn brightly and the miracles continue, not just for Hadassah, but for all of Israel and people everywhere. ☆



2010 Tzeason of Tzedakah Volunteer Sign-up

Name: _____

Phone: _____

Email: _____

If you are able to donate time during one or more of the shifts listed below, please mark those shifts with an X. *Volunteers will receive a confirmation letter by email or snail mail with additional details.*

M.A.S.H. Unit (Metro Alternative Shelter Homes) - meal and activity.

___ Mon., Dec. 6 - 5:30 p.m. Arrive with donation items, make dinner with youth residents. Run activity.

___ Tues., Dec. 21 - 11:00 a.m. Arrive with donation items and make lunch with youth residents. Run activity.

Stewart Home School Visit

___ Wed., Dec. 8 - 6:00 p.m. Hanukkah party with the Jewish residents.

Florence Crittenton Home

___ Sun., Dec. 12 - 1:00 p.m. Prepare and eat lunch with residents.

Shriner's Hospital

___ Mon., Dec. 20 - 1:00-3:00 p.m. Music by Anat Rubinstein, crafts and cookies.

Catholic Action Center Christmas Store (Call Jana LaZur for more details at 859-268-0672.)

___ Tues., Dec. 21 Shifts (same each day): ___ 8 to 11 a.m.

___ Wed., Dec. 22 ___ 11 a.m. to 2 p.m.

___ Thurs., Dec. 23 ___ 2 to 5 p.m.

Thursday, December 23

___ **Moveable Feast** - Meal delivery. 4 routes starting at 5:00 p.m.

___ **Lexington Humane Society** - 11 a.m. to 1 p.m. - Delivering supplies, assisting with tasks assigned by LHS staff.

Friday, December 24

___ **Mayfair Manor** - 1-3p.m. Holiday Bingo, prizes, and goodies.

___ **Meals On Wheels** - Following a set route to deliver meals to people's homes.

___ Second Presbyterian Church - Downtown off Main Street - 11 a.m. (approx. 1 hr)

___ Trinity Hill Church - At the corner of Armstrong Mill and Bates Creek Road

10:45 a.m. (1 hour to 1 hour 15 minutes)

___ Trinity Baptist Church - Off Winchester Road. Ask Jana for start time 859-268-0672.

We will also be accepting donations of the following items to be collected at TAI, OZS, and JFB during the month of December until 10 a.m. on Monday, December 22.

-Baked goods.

-New/gently used toys for the Catholic Action Center and Ronald McDonald House.

-Pet supplies for the Lexington Humane Society (dry food, collars, leashes, bowls, chew toys, cat play toys, old towels, blankets, crates/cages, cat litter, sheets, and pillowcases.

-Baby supplies for the Florence Crittenton Home.

-Toiletries, warm clothes, coats.

Mail to: JFB, 1050 Chinoe Rd Ste 302, Lexington, KY 40502
Or go online: www.jewishlexington.org



The Jewish Federation
OF THE BLUEGRASS

December 2010/January 2011 *Shalom* | 19

The Lexington Havurah

Jeremy Popkin, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogue of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at popkin@email.uky.edu, or the co-chairs of the Membership Committee, Evelyn Geller (859) 278-3609, evelynkadimah@aol.com, or David Feinberg, (859) 223-1304, kdfjm@insightbb.com.

Reading David Grossman's *To the End of the Land*

I wish my grandmother Zelda Popkin had lived long enough to read Israeli novelist David Grossman's powerful new novel, *To the End of the Land*. Lauded earlier this fall in lengthy reviews in the *New York Times* and the *New Yorker*, Grossman's book—a best-seller in Israel—brings home the human cost of the seemingly unending Israeli-Palestinian conflict with excruciating vividness. When the son of the book's central character, a Jerusalem housewife named Ora, is called up for duty at the outbreak of the Second Intifada in 2000, she is unable to bear the thought of sitting in her apartment, dreading the knock on the door that would signal the arrival of army personnel coming to notify her of his death. Recently abandoned by her husband, Ilan, she hunts down his best friend, Avrum, a traumatized veteran of the 1973 war, and drags him along on a cross-country hike she had planned to take with her son. As the two stumble through the hills of northern Israel, Ora pours out the story of her son Ofer's life, as if talking about him would somehow protect him. It is a story that takes readers back to the Six-Day War of 1967—when Ora, Ilan, and Avrum first met and formed the bonds that would shape their lives—and up to the present. A note at the end of the book tells us something of which every Israeli reader of Grossman's book is acutely aware: in 2006, the author's own son was killed in the Israeli incursion in southern Lebanon.

I mention my grandmother because she, like Grossman, was a novelist, and she, too, wrote a book in which she tried to combine her commitment to what was then the newly born Jewish state with her sense of the high human price that had to

be paid to ensure its survival. At the center of her novel *Quiet Street*, published in 1951, was an Israeli mother confronted with the same dilemma that faces Ora in *To the End of the Land*: "Which do I want more, the Jewish state which has been my life-long ideal or my living child?" What my grandmother tried to do, with limited success, David Grossman has brilliantly achieved. A few parts of the story struck me as overly contrived, but at its best, his writing has an almost hallucinatory force. Gripping as the book is, I had to take it in small doses because of its emotional intensity. Some passages, such as the opening episode in which Ora unthinkingly engages the family's customary Palestinian taxi-driver to take her and her son to the army assembly point where his unit is preparing to enter the occupied territories, illuminate the tensions that define Israeli life as vividly and painfully as anything I have ever read. I would urge all those who want to feel in their gut what the lives of Israelis are like to read Grossman's novel.

(Zelda Popkin's *Quiet Street* is available in a 2002 reprint edition put out by the University of Nebraska Press.)

Upcoming Havurah Events

Saturday, December 4, 6:00 p.m.:
Hanukkah celebration at the home of Kathy and David Feinberg

Friday, January 21, time TBA: Tu b'Shevat seder, home of David Weinstein ☆

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**A contract must be signed prior to insertion of the first ad. Prepaid contracts will be discounted 10% off the total.

Terms

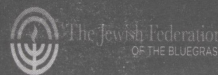
The Jewish Federation of the Bluegrass will not be responsible for errors, except to cancel charge for such portion of advertisements as may be rendered valueless by error.

All material is subject to approval by the Federation. The Federation reserves the right to reject any material it deems objectionable for any reason.

Deadline

Deadline for camera-ready art is the 10th of the month prior to the month of publication.

For more details about advertising please contact Tamara Ohayon at the JFB office.
(859) 268-0672 or tamara@jewishlexington.org



Temple Adath Israel

124 N. Ashland Avenue • President, Ken Slepyan • (859) 269-2979

Chavurat-Chochma

~a friendly gathering of wisdom~ welcomes Susan Owens of Tales for Telling who will present "Save a Life! Tell Your Story" We all have interesting unique life stories. Learn how to share yours. Friday, December 3 - 11:30 gather ~ lunch at noon ~ presentation to follow. \$6. Please RSVP by November 29 ~ (859) 269-2979. Temple Adath Israel Caring Connections Committee

Gift shop

The Sisterhood gift shop now has a website affiliated with Judaica Beautiful. The website is maintained and managed by Judaica Beautiful. However, 20 percent of all purchases will be donated back to our Sisterhood. The website will carry some items we carry in our shop, but there are many more items that we don't have room for. The new website is <http://lxtai.judaica-beautiful.com>. Please check it out for all of your holiday gifts and general Judaica needs when you can't make it to our gift shop.

Sisterhood

Rebecca Young, President
Everyone has been invited to create their own personal yad. If you did so,

the exact materials will be shipped; we will meet to put our yads together on December 12. Marilyn Lieber and I will have our own yads on display in the glass cabinet in the Temple hallway.

Sisterhood Members Brunch—January 8 As a thank you for your support, the Sisterhood board invites all Sisterhood members to brunch on Saturday, January 8 at 10:30 a.m. at my home. Carpooling is possible. Please RSVP to Sandee by January 3. If we have to cancel because of bad weather, the make-up date is Jan. 29.

God's Pantry Night on Tuesdays Please join representatives from the entire Jewish community at God's Pantry on the **third Tuesday of each month**, from 6:30 to 8:00 p.m. We will sort food to be distributed to the homeless and assist God's Pantry in fulfilling the needs of the hungry in Kentucky. For more information and directions, please contact Karen Petrone at (859) 226-9145 or Petrone@uky.edu. Join us on **December 21**.

TAI on Rye Deli open January 23
What? You haven't been to TAI on

Rye yet? If you haven't, you have no idea what good stuff you're missing. If you have, then you won't want to miss it when we open again. In either case, put Sunday, January 23, on your calendar, come to our Temple deli, and enjoy some real New York food. Bring your kids, neighbors, friends, companions, lovers, weekend guests—we welcome everyone. You don't have to be Jewish to love good deli. In case of inclement weather, we will be open instead on Sunday, January 30. Check our Facebook page (www.facebook.com/TAIonRye) or the Temple website (www.lxtai.org) for updates if the weather is questionable.

Kollel Study Group

Joe Engelberg leads this study of fundamental ideas of Jewish life and thought. Drop in the library on alter-

nate Saturdays at 9:00 a.m. and join in the provocative and friendly discussion. **December 4, 18 and January 1, 15, and 29.**

Torah Study

Rabbi Kline conducts the study of the Tanakh (the Bible) from the Book of Joshua and beyond using the new Jewish Study Bible on alternate Saturdays at 9:00 a.m. in the library. **December 11, 25, and January 8 and 22.**

Parsha

Join us each Saturday morning in the library at 11:00 a.m. to take a look at the Torah portion for each week. The rabbi will lead some; attendees will take turns leading others. Each third Saturday will be a worship service with a large study component.

The Jewish Federation of the Bluegrass accepts donations for special occasions in honor or memory of important people in your life.

What an excellent way to both celebrate your loved ones and support the Jewish community at home and abroad.

Send us your special contributions with a note specifying the intent of your donation and let us know if you would like your contribution published in *Shalom*.

Thank you for your support of the 2010 Jewish Federation Community Campaign.

Thank you to:

Mimi Schreiber in memory of Pauline Ravvin.

Linda & Leon Ravvin in honor of Bob Baumann's 70th birthday.

Judy & Rabbi David Wortman wishing Linda Ravvin *refuah shlemah*.

Harry Gordon in honor of Linda & Leon Ravvin.



The Jewish Federation
OF THE BLUEGRASS

Temple Adath Israel
Preschool and
Pre-Kindergarten

OPEN
ENROLLMENT

- **Half-day program (8:30 a.m.-noon)**
- **Classes for 2-, 3- and 4-year-olds**
- **Jewish, music and art enrichment programs for all ages**
- **Excellent student-teacher ratio**
- **Nurturing, family environment**

CALL: Katherine Henry, director
269-2979
124 North Ashland Avenue
"25 Years of Excellence"

Ohavay Zion Synagogue

2048 Edgewater Court • President, Beth Goldstein • (859) 266-8050

Kids' Shabbat

A monthly Friday evening Shabbat for children ages 4 to 9, with pizza, song, and schmoozing - 5:15 pm on December 3—a Hanukkah celebration in conjunction with the Religious School.

Young Professionals' Shabbat

Young Jewish professionals in their 20's and 30's get together Fabulous Friday Nights for food, fun and festivities. Please join us and feel free to bring friends. The next Young Professionals' Shabbat is scheduled for December 10.

Community Shabbat

Join us as our religious school shifts its day from Sunday to Shabbat. Students will join in leading services. Parents will have a chance to learn with the rabbi. And the whole community will celebrate Shabbat together. Community Shabbat this month is on December 11.

Jewish Short Stories

Jewish Short Stories is a monthly program open to everyone. We munch on lunch, read, and engage in conversation. RSVP to Ohavay Zion Synagogue at (859) 266-8050 so that we may order the correct amount of food. The next Jewish Short Stories is scheduled for December 16 at noon.

Bible Study

Wednesdays at noon. This month we will continue our exploration of the Book of Judges.

Friday Morning Talmud Study

The Talmud Study group meets each Friday morning for prayer, food, and study. The morning begins with the brief Shaharit service at 7:30 a.m., followed by a light breakfast and study. Newcomers are always welcome.

Weekday Minyan

A service is held each Tuesday and Thursday afternoon at 5:45 p.m. in the sanctuary. Please come and help make a minyan.

D'Vine Minyan on Tuesdays

Tuesday is D'Vine Minyan Day at OZS. Join your friends for a relaxing glass of wine and socializing each Tuesday afternoon beginning at 5:00 p.m. in the OZS library (or outside when the weather is nice!). The brief afternoon/evening minyan follows in the sanctuary. A great way to end your day.

December Shabbat schedule

Celebrate Shabbat! The Friday night

schedule for December is:

December 5 - Kids' Shabbat/Religious School Hanukkah Party at 5:15 p.m.

December 12 - Young Professionals' Shabbat at 6:00 p.m.

December 24 - Family & Friends Shabbat at home. No evening service at OZS

December 31 - Family & Friends Shabbat at home. No evening service at OZS

We hope you will join us for our spirited Shabbat Morning Service each Saturday morning at 9:30 a.m. with

Kiddush Lunch following in the social hall.

Membership Committee

If you know someone new to the Lexington area interested in learning more about Ohavay Zion please call Membership Chair Simone Salomon at (859) 269-1585.

OZS office holiday schedule

The OZS office will be closed on December 24 and 31.



a gathering of local Jewish adults, ages 21 to "40ish" (about 45), who get together at least monthly for social events.

Join our mailing list. Contact Tamara Ohayon at tamara@jewishlexington.org, (859) 268-0672, or find us on Facebook!

UPCOMING EVENTS

Sunday, December 12
A Movie and dinner out

Thursday, January 13
Dinner and Financial Planning workshop



Moses was a Foster Child: Foster Care and Adoption in Families and the Jewish Community

This free workshop series continues on

Wednesday, December 8

Judaic Aspects of Foster Care and a Parent/Family Panel Discussion

7:00 p.m. to 8:30 p.m.

at the Fayette County Cooperative Extension
1140 Red Mile Place, Lexington

The panel will include:

Laura Ades (adoptive mother), Kathy Feinberg (adoptive mother), David Feinberg (adoptive father), Teresa James (Deputy Commissioner of the Kentucky Cabinet for Health and Families), Virginia Sturgeon (adoptive parent and consultant with the National Resource Center for Adoption), and Rabbi Marc Kline (foster parent and panel moderator)

Presented by

The Sue Friedman Memorial Fund
and



The Jewish Federation
OF THE BLUEGRASS

Jfs

Jewish Family Services



Around the Community

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvot, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos, too!

Mazel tov to...

Elissa and Alan Weinstein on the birth of their daughter, **Arly Caroline**, September 9, 2010.

Lauren and Brian Clark on the birth of their son, **Chase**, October 6, 2010. The proud grandparents are **Jerry and Karen Sander**.

Whitney and Josh Steiner on the birth of their son, **Carson John**, October 15, 2010.

Judy Craft, who received the Platinum Award, the highest honor in the President's Challenge physical fitness program. She earned one million exercise points for burning one million calories over the past four years.

Ron Hustedde, who received an award for excellence in entrepreneurship.

Gerald Dubilier, whose children, **Alex and Gabrielle**, will become b'nai mitzvah at OZS December 18, 2010.

Jonathan and Wendy Waltman, whose son, **Samuel**, will become bar mitzvah January 15, 2011 at TAI.

Condolences to...

Gitson Capilouto on the death of her father, **Joseph Eli Capilouto** October 28, 2010.

Jfs Jewish Family Services Upcoming Programs

Leisure Club

Thursday,
January 20, 2011
12 noon to 2:00 p.m.
at the JFB office

with Rabbi Moshe Smolkin
who will discuss the Jewish holiday of
Tu b'Shevat (Jewish Arbor Day).
A salad bar lunch will be provided.



Save the date!

Leisure Club - Thursday, February 17, 2011.

For more information about these events, to RSVP, or to arrange transportation to the event location, please contact Paula Clancy at (859) 269-8244 or jfs@jewishlexington.org.



The Jewish Federation
OF THE BLUEGRASS

Here is my contribution to help keep *Shalom* solvent

- ☐ \$18 Chai ☐ \$36 Double Chai
☐ \$54 Three Times Chai ☐ \$72 Habono (Builder)
☐ \$90+ Gibor (Hero)

Name _____

You ☐ may ☐ may not publish my name

Mail to:

JFB, 1050 Chinoe Rd., Suite 302, Lexington, KY 40502
Make checks payable to JFB and write "Shalom"
on the memo line.

Our 2010 *Shalom* Contributors

Thank you for your generous contributions
to keep *Shalom* solvent.

Chai

Eleanor Benblatt
Jane & Leo Chaput
Lois & Ken Germain
Nina & Izzy Goldis
Joseph Hernandez
Renee Hymson
Eva & Alan Kaplan
Angie & Rich Ornstein
Susannah Roitman
Greta Rothschild
Robert & Louis Shain
C.B. Stidham

Double Chai

Susan Cobin & Randall
Roorda
Lynn & Jim Furness
Evelyn Dantzig Geller
Cathy Grinstead
Katherine & John Kane

Three Times Chai

Marcia Blacker *
Judy & Rabbi David
Wortman**

Gibor (hero)

Robert & Sheila Orbach
Ruth & Neil Paley
Becky & Scott Savage
Gene Sittenfeld &
Sally Mulholland
3 anonymous

* In honor of Jane Chaput, Ruth Paley, and Mary Rosenbaum.
** In memory of Ruth Paley's mother.

If you have
not yet
pledged to
the 2010
Jewish
Federation
Community
Campaign
please
contact the
Federation
staff at
859.268.0672.

Honor the past. Ensure the future.



The Jewish Federation
OF THE BLUEGRASS

Our connection. Our voice. Our community.

December 2010/January 2011 *Shalom* | 23



Community Calendar

- **JFB - Jewish Federation of the Bluegrass - www.jewishlexington.org**
1050 Chinoe Road • Suite 302 • 268-0672 • Linda Ravvin, President
- **OZS - Ohavay Zion Synagogue - www.ozs.org**
2048 Edgewater Court • 266-8050 • Moshe Smolkin, Rabbi; Beth Goldstein, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Shabbat Service, Friday evenings at 5:45 p.m.; on the last Friday of the month at 7:30 p.m. with Oneg & program following • Shabbat Services Saturday at 9:45 a.m.
- **TAI - Temple Adath Israel - www.lextai.org**
124 N. Ashland Avenue • 269-2979 • Marc Kline, Rabbi; Ken Slepyan, President
Shabbat Services first & second Friday at 6:30 p.m.; remaining Fridays 7:30 p.m.; Worship Service Saturday 10:30 a.m.
- **HAD - The Lexington Chapter of Hadassah - www.centralstates.hadassah.org**
Lynn Furness, President • mamanewbs@yahoo.com
- **HAV - The Lexington Havurah - www.lexhavurah.uscjhost.net**
Jeremy Popkin, President • popkin@email.uky.edu
- **BB - B'nai B'rith Mid-America Region, Stanley Rose Lodge #0289**
1050 Chinoe Road, Suite 302 • Bruce Broudy, President • bbrou@lexclin.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Lunch & Learn with our local rabbis	Hanukkah Party with the Bowling's at Natasha's	Hadassah Chanukah Party	Chavurat Chochma TAI	Havurah Hanukkah Party
28 Yiddish Class at JFB	29 Tzeason of Tzedakah starts see p. 19	30 December 1	1 JFS Family Life Education Adoption 2nd Session	2	3	4
5 Community Winter Dinner	6	7 Chabad-Rabbi Litvin visits	8 JFB Board Meeting	9	10 OZS Bar & Bat Mitzvahs Alex & Gabi Dubilier	11 OZS Bar & Bat Mitzvahs
12 Hadassah Board Meeting TAI Sisterhood Program JFB Jewish Film Series YBJ Dinner & a Movie	13	14 God's Pantry	15	16	17 Young Bluegrass Jews at Catholic Action Center	18
19	20	21 Lunch and Learn with our local rabbis	22	23	24	25
26	27	28	29	30	31 January 1	
2 Hadassah Board Meeting	3 Shalom newspaper deadline	4 Chabad-Rabbi Litvin visits	5	6 YBJ Dinner and Program	7 TAI Bar Mitzvah Samuel Waltman	8 TAI Bar Mitzvah
9 JFB Film Series	10 Federation Office Closed	11 God's Pantry	12	13 Leisure Club JFB Office	14 Havurah Tu b'Shevat Seder	15
16 Jewish Short Stories OZS	17 MLK March	18	19	20	21	22 OZS Karaoke Party
23 TAI on Rye	24 One World Film	25 Lunch and Learn with our local rabbis Hadassah Program	26	27	28	29
30	31 February 1	2	3	4	5	